

## GOULINAS TRAIL 2026 Goulinas Trail 30k

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start 30km	CP30k	12500m	Prefinish30k	Finish 30km
1	1	1	ALL	Male	9	GR	ANTONIS DOUSIS	-	ΑΠΣ ΔΡΟΜΕΩΝ ΕΥΒΟΙΑΣ-NITRO2POWER	0:00:00(00:00:00)	0:00:35(00:00:35)	1:22:01(01:22:00)	3:00:11(03:00:10)	3:00:50(03:00:49)
2	2	2	ALL	Male	27	GR	ELEFTHERIOS ΜΡΑΚΑΤΣΕΛΟΣ	-	MOUNTAINTRAINNINGSOLUTIONS	0:00:00(00:00:00)	0:00:32(00:00:31)	1:25:02(01:25:01)	3:04:47(03:04:46)	3:05:25(03:05:24)
3	3	3	ALL	Male	97	GR	ΙΩΣΗΦ ΧΑΝ	-	ΣΔΥΜ ΘΗΒΑΣ -NITRO2POWER-KAILAS GREECE	0:00:03(00:00:00)	-	1:32:11(01:32:08)	3:20:09(03:20:06)	3:20:47(03:20:44)
4	4	4	ALL	Male	72	GR	ΝΙΚΟΛΑΟΣ ΜΠΟΥΤΣΙΝΗΣ	-	ΣΔΥΜ ΘΗΒΑΣ	0:00:03(00:00:00)	0:00:43(00:00:39)	1:36:31(01:36:27)	3:24:52(03:24:48)	3:25:21(03:25:17)
5	5	5	ALL	Male	23	GR	ΙΟΡΔΑΝΙΣ ΜΑΚΡΟΠΟΥΛΟΣ	-	ΔΡΟΜΕΙΣ ΕΥΒΟΙΑΣ/NITRO2 POWER	0:00:00(00:00:00)	0:00:35(00:00:34)	1:39:34(01:39:33)	3:30:27(03:30:27)	3:31:10(03:31:09)
6	6	6	ALL	Male	57	GR	ΑΘΑΝΑΣΙΟΣ ΚΑΤΣΙΚΗΣ	-	KASIMIS TRAINING	0:00:03(00:00:00)	0:00:44(00:00:40)	1:38:45(01:38:41)	3:32:40(03:32:36)	3:33:23(03:33:19)
7	7	7	ALL	Male	13	GR	ΔΙΑΓΟΡΑΣ ΚΑΛΑΙΤΖΟΓΛΟΥ	-		0:00:05(00:00:00)	0:00:44(00:00:38)	1:41:30(01:41:24)	3:36:28(03:36:23)	3:37:14(03:37:08)
8	8	8	ALL	Male	73	GR	ΣΑΚΗΣ ΝΙΚΟΒΙΩΤΗΣ	-	PITSI TEAM/ΕΠΟΣ ΜΑΚΡΑΚΩΜΗΣ	0:00:01(00:00:00)	0:00:38(00:00:36)	1:38:01(01:37:59)	3:38:47(03:38:45)	3:39:28(03:39:26)
9	9	9	ALL	Male	71	GR	ΑΛΚΗΣ ΜΠΟ	-	ΣΑΦΑΝΣ- ΑΥΘΕΝΤΙΚΟΣ ΦΕΙΔΙΠΠΙΔΕΙΟΣ ΔΡΟΜΟΣ	0:00:03(00:00:00)	0:00:36(00:00:32)	1:44:28(01:44:24)	3:40:52(03:40:48)	3:41:46(03:41:42)
10	10	10	ALL	Male	3	GR	SOSIPATROS BIRNTACHAS	-		0:00:02(00:00:00)	0:00:40(00:00:37)	1:41:28(01:41:25)	3:43:37(03:43:34)	3:43:45(03:43:42)
11	1	11	ALL	Female	53	GR	ΚΩΝΣΤΑΝΤΙΝΑ ΚΑΡΑΓΙΑΝΝΗ	-	GEO DIALEKTOS TEAM	0:00:00(00:00:00)	0:00:35(00:00:34)	1:44:40(01:44:39)	3:45:59(03:45:58)	3:46:35(03:46:35)
12	11	12	ALL	Male	25	GR	GEORGIOS MASTROCHRISTOS	-	TECNICA/ΣΔΥΜ ΘΗΒΑΣ	0:00:04(00:00:00)	0:00:47(00:00:43)	1:45:29(01:45:25)	3:50:55(03:50:50)	3:51:42(03:51:38)
13	12	13	ALL	Male	94	GR	ΧΡΥΣΟΒΑΛΑΝΤΗΣ ΤΡΙΑΝΤΑΦΥΛΛΟΠΟΥΛΟΣ	-	ΤΡΑΧΙΝΑ	0:00:01(00:00:00)	0:00:37(00:00:36)	1:42:13(01:42:12)	3:51:04(03:51:03)	3:51:43(03:51:42)
14	13	14	ALL	Male	28	GR	MARIUS NEDELEA	-	ΣΧΟΠ ΘΗΒΑ	0:00:08(00:00:00)	-	1:50:54(01:50:45)	3:53:48(03:53:39)	3:54:33(03:54:24)
15	14	15	ALL	Male	88	GR	ΑΝΑΣΤΑΣΙΟΣ ΣΕΡΑΚΙΩΤΗΣ	-		0:00:08(00:00:00)	-	1:45:34(01:45:26)	3:55:17(03:55:08)	3:56:04(03:55:56)
16	15	16	ALL	Male	41	GR	ΙΟΑΝΝΙΣ ΒΛΑΧΟΣ	-	GRE.A.T.	0:00:07(00:00:00)	0:00:49(00:00:41)	1:45:49(01:45:41)	3:58:21(03:58:13)	3:59:08(03:59:01)
17	16	17	ALL	Male	29	GR	STELIOS ΝΤΟΥΝΟΣ	-	DROMEIS EVIAS	0:00:06(00:00:00)	0:00:50(00:00:43)	1:50:40(01:50:33)	4:00:20(04:00:13)	4:01:15(04:01:08)
18	17	18	ALL	Male	75	GR	ΔΙΟΝΥΣΗΣ ΟΙΚΟΝΟΜΟΥ	-	LESS IS MORE	0:00:04(00:00:00)	0:00:47(00:00:42)	1:53:14(01:53:09)	4:03:56(04:03:51)	4:04:36(04:04:32)
19	18	19	ALL	Male	14	GR	ΙΛΙΑΣ ΚΑΡΟΓΛΙΣ	-	FOLLOW YOUR INSTICT	0:00:02(00:00:00)	0:00:43(00:00:40)	1:50:59(01:50:56)	4:04:06(04:04:03)	4:04:48(04:04:46)
20	19	20	ALL	Male	90	GR	ΓΙΑΝΝΗΣ	-	ΠΥΡΟΣΒΕΣΤΙΚΟ ΣΩΜΑ	0:00:09(00:00:00)	0:00:52(00:00:42)	1:48:26(01:48:16)	4:04:18(04:04:08)	4:05:03(04:04:53)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start 30km	CP30k	12500m	Prefinish30k	Finish 30km
							ΣΤΑΜΟΚΩΣΤΑΣ							
21	20	21	ALL	Male	16	GR	SPYROS KERKOULAS	-	MARATHON CLUB	0:00:06(00:00:00)	0:00:48(00:00:41)	-	4:04:37(04:04:31)	4:05:25(04:05:18)
22	21	22	ALL	Male	89	GR	ΣΠΥΡΟΣ ΣΠΥΡΟΠΟΥΛΟΣ	-	Ο.Μ.Γ	0:00:00(00:00:00)	0:00:39(00:00:38)	1:55:19(01:55:18)	4:08:13(04:08:12)	4:09:02(04:09:01)
23	22	23	ALL	Male	38	GR	PANAGIOTIS SAKELLARIS	-	TPAXINA - ENDURANCE TRAINING SOLUTIONS	0:00:07(00:00:00)	0:00:49(00:00:41)	1:54:08(01:54:01)	4:08:32(04:08:25)	4:09:25(04:09:18)
24	23	24	ALL	Male	93	GR	ΓΕΩΡΓΙΟΣ ΤΡΕΜΜΑΣ	-	ΣΥΛΛΟΓΟΣ ΜΑΡΑΘΩΝΟΔΡΟΜΩΝ ΛΑΡΙΣΑΣ	0:00:12(00:00:00)	0:01:02(00:00:49)	1:53:50(01:53:37)	4:09:24(04:09:12)	4:10:16(04:10:04)
25	24	25	ALL	Male	96	GR	ΣΤΕΦΑΝΟΣ ΦΑΡΜΑΚΗΣ	-	ΑΝΕΞΑΡΤΗΤΟΣ	0:00:07(00:00:00)	0:00:49(00:00:41)	1:51:12(01:51:04)	4:11:02(04:10:54)	4:11:49(04:11:41)
26	25	26	ALL	Male	91	GR	ΝΙΚΟΛΑΟΣ ΤΕΤΡΙΜΙΔΑΣ	-	TPAXINA	0:00:12(00:00:00)	0:01:02(00:00:49)	1:55:17(01:55:04)	4:13:56(04:13:43)	4:14:44(04:14:31)
27	26	27	ALL	Male	67	GR	ΒΑΣΙΛΗΣ ΜΑΡΚΑΝΤΩΝΗΣ	-	THE GYM ASSER	0:00:04(00:00:00)	0:00:43(00:00:38)	1:55:25(01:55:21)	4:13:58(04:13:54)	4:14:46(04:14:41)
28	27	28	ALL	Male	49		ΔΗΜΗΤΡΗΣ ΖΙΑΜΠΑΡΑΣ	-		0:00:00(00:00:00)	0:00:40(00:00:40)	1:48:03(01:48:02)	4:16:48(04:16:47)	4:17:49(04:17:49)
29	28	29	ALL	Male	106	GR	GIORGOS AXIOTIS	-		0:00:03(00:00:00)	0:00:40(00:00:36)	1:53:04(01:53:00)	4:18:07(04:18:03)	4:18:52(04:18:48)
30	29	30	ALL	Male	35	GR	SERAFEIM PLOUMIS	-		0:00:05(00:00:00)	0:00:48(00:00:42)	1:53:20(01:53:14)	4:18:58(04:18:53)	4:19:54(04:19:49)
31	30	31	ALL	Male	40	GR	DIMITRIOS TYRALDOS	-	L-CREW   RUN FOREVER	0:00:05(00:00:00)	-	1:58:42(01:58:37)	4:21:08(04:21:03)	4:21:31(04:21:26)
32	2	32	ALL	Female	6	GR	EIRINI CHATZIKONSTANTINOU	-		0:00:05(00:00:00)	-	1:55:21(01:55:15)	4:21:11(04:21:05)	4:21:59(04:21:54)
33	31	33	ALL	Male	61	GR	ΑΝΔΡΕΑΣ ΚΟΥΤΣΙΚΟΣ	-	G. DIALEKTOS	0:00:10(00:00:00)	0:00:58(00:00:47)	1:54:13(01:54:02)	4:22:45(04:22:35)	4:23:37(04:23:26)
34	32	34	ALL	Male	33	GR	DIMITRIOS PΑΡΑΚΟΝΣΤΑΝΤΙΝΟΥ	-	MIRFI RUNNERS	0:00:06(00:00:00)	-	2:00:15(02:00:09)	4:23:02(04:22:55)	4:23:59(04:23:53)
35	33	35	ALL	Male	46	GR	ΠΑΝΑΓΙΩΤΗΣ ΒΛΑΧΟΣ	-	TPAXINA	0:00:05(00:00:00)	-	1:59:41(01:59:35)	4:24:49(04:24:43)	4:25:36(04:25:30)
36	34	36	ALL	Male	56	GR	ΣΑΒΒΑΣ ΚΑΡΑΤΑΤΗΣ	-		0:00:06(00:00:00)	0:00:57(00:00:50)	2:01:54(02:01:47)	4:27:52(04:27:46)	4:28:31(04:28:25)
37	35	37	ALL	Male	86	GR	ΑΡΗΣ ΣΑΒΒΑΣ	-	ΛΥΚΟΙ	0:00:11(00:00:00)	0:01:04(00:00:53)	1:58:46(01:58:34)	4:27:35(04:27:23)	4:28:35(04:28:24)
38	36	1	M 60+	Male	45	GR	ΝΙΚΟΛΑΟΣ ΑΝΤΩΝΙΟΥ	-	TPAXINA-ΛΥΚΟΙ ΚΕΧΑΓΙΟΓΛΟΥ	0:00:05(00:00:00)	0:00:45(00:00:40)	2:05:55(02:05:50)	4:28:05(04:28:00)	4:28:55(04:28:50)
39	37	2	M 60+	Male	55	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΚΑΡΑΔΗΜΟΣ	-	ΔΡΟΜΕΙΣ ΕΥΒΟΙΑΣ	0:00:01(00:00:00)	0:00:45(00:00:44)	2:05:27(02:05:26)	4:28:48(04:28:47)	4:29:37(04:29:36)
40	38	38	ALL	Male	60	GR	ΣΕΡΑΦΕΙΜ ΚΟΥΤΗΣ	-	ALIARTISTAS	0:00:07(00:00:00)	0:00:51(00:00:43)	2:01:51(02:01:44)	4:38:41(04:38:33)	4:39:48(04:39:40)
41	39	39	ALL	Male	68	GR	ΠΑΝΑΓΙΩΤΗΣ ΜΑΣΤΡΑΠΑΣ	-	ΚΕΡΑΥΝΟΣ ΚΡΙΚΕΛΛΟΥ	0:00:47(00:00:00)	1:07:49(01:07:02)	2:03:47(02:03:00)	-	4:40:31(04:39:44)
42	40	40	ALL	Male	37	GR	ΕΥΑΝΓΕΛΟΣ SAKELLARIS	-		0:00:01(00:00:00)	0:00:40(00:00:38)	1:59:05(01:59:03)	4:40:21(04:40:19)	4:41:23(04:41:21)
43	41	41	ALL	Male	11	GR	PANAGIOTIS	-		0:00:05(00:00:00)	0:00:52(00:00:47)	1:59:32(01:59:27)	4:46:37(04:46:31)	4:47:44(04:47:38)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start 30km	CP30k	12500m	Prefinish30k	Finish 30km
							GRAMMENOS							
44	42	42	ALL	Male	79	GR	ΓΙΩΡΓΟΣ ΠΑΠΑΧΑΡΑΛΑΜΠΟΥΣ	-	ΑΓΝΩΣΤΟΣ ΔΡΟΜΕΑΣ	0:00:03(00:00:00)	0:00:55(00:00:51)	2:09:22(02:09:18)	4:46:49(04:46:45)	4:47:47(04:47:44)
45	43	43	ALL	Male	2	GR	ΘΗΑΝΟΣ ΑΘΑΝΑΣΟΡΟΥΛΟΣ	-	NEXI GREECE RUNNING TEAM	0:00:13(00:00:00)	0:01:07(00:00:53)	-	4:47:44(04:47:30)	4:48:51(04:48:37)
46	44	44	ALL	Male	7	GR	CHRISTOS CHRISTODOULOU	-	ΤΕΛΜΗΣΣΟΣ-DΙΜΟΡΟΥΛΟΣ COACHING	0:00:06(00:00:00)	0:00:51(00:00:44)	2:06:39(02:06:32)	4:48:07(04:48:01)	4:48:57(04:48:50)
47	45	45	ALL	Male	44	GR	ΔΗΜΗΤΡΙΟΣ ΑΝΘΗΣ	-	.	0:00:04(00:00:00)	0:00:45(00:00:40)	2:15:37(02:15:32)	4:49:19(04:49:14)	4:50:06(04:50:01)
48	46	46	ALL	Male	48	GR	ΔΗΜΗΤΡΗΣ ΓΚΟΝΤΟΓΙΑΝΝΗΣ	-		0:00:07(00:00:00)	0:00:58(00:00:50)	2:10:19(02:10:11)	4:51:09(04:51:02)	4:51:49(04:51:42)
49	47	47	ALL	Male	82	GR	ΧΑΡΗΣ ΠΙΤΣΙΚΑΣ	-	DΙΜΟΡΟΥΛΟΣ COACHING	0:00:10(00:00:00)	0:00:52(00:00:41)	2:04:00(02:03:49)	4:51:16(04:51:06)	4:52:16(04:52:06)
50	48	48	ALL	Male	83	GR	ΝΙΚΟΣ ΠΡΕΣΣΑΣ	-		0:00:03(00:00:00)	-	2:05:24(02:05:20)	4:53:28(04:53:24)	4:54:27(04:54:23)
51	3	49	ALL	Female	4	GR	OLGA BRANI	-	FREEDOM RUNNING TEAM	0:00:08(00:00:00)	0:00:59(00:00:51)	2:10:13(02:10:05)	4:55:30(04:55:22)	4:56:22(04:56:13)
52	49	50	ALL	Male	12	GR	DIONYSIS GRIGORΟΡΟΥΛΟΣ	-	FREEDOM RUNNING TEAM	0:00:08(00:00:00)	0:01:01(00:00:52)	2:10:22(02:10:13)	4:55:32(04:55:23)	4:56:25(04:56:16)
53	50	51	ALL	Male	34	GR	ΝΙΚΟΛΑΟΣ ΡΑΤΑΤΟΥΚΟΣ	-		0:00:11(00:00:00)	0:01:00(00:00:48)	2:12:17(02:12:05)	4:56:01(04:55:50)	4:56:50(04:56:38)
54	51	52	ALL	Male	47	GR	ΓΙΩΡΓΟΣ ΓΚΟΛΙΑΣ	-	ARGITHEA MOUNTAIN RACE	0:00:09(00:00:00)	0:01:06(00:00:57)	2:13:04(02:12:54)	4:57:26(04:57:16)	4:58:15(04:58:05)
55	52	53	ALL	Male	70	GR	ΠΑΝΑΓΙΩΤΗΣ ΜΠΑΚΑΛΗΣ	-		0:00:13(00:00:00)	-	2:19:08(02:18:54)	4:58:28(04:58:14)	4:59:12(04:58:59)
56	53	54	ALL	Male	54	GR	ΜΑΝΩΛΗΣ ΚΑΡΑΔΗΜΗΤΡΙΟΥ	-	SANTA RUNNING TEAM	0:00:07(00:00:00)	0:00:57(00:00:49)	2:10:30(02:10:22)	4:58:46(04:58:38)	4:59:40(04:59:32)
57	54	55	ALL	Male	64	GR	ΔΗΜΗΤΡΗΣ ΛΑΜΠΑΔΙΑΡΗΣ	-	ΑΠΣ ΑΠΟΛΛΩΝ ΔΥΤ ΑΤΤΙΚΗΣ	0:00:08(00:00:00)	-	2:10:26(02:10:17)	4:58:46(04:58:38)	4:59:40(04:59:31)
58	55	56	ALL	Male	10	GR	THEODOSIOS GKOUNTOS	-	ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	0:00:11(00:00:00)	0:01:08(00:00:56)	2:15:47(02:15:35)	4:59:50(04:59:38)	5:00:56(05:00:45)
59	56	57	ALL	Male	62	GR	ΓΙΑΝΝΗΣ ΚΩΣΤΑΚΗΣ	-	ΚΟΛΟΚΙΘΙΑ RUNNING TEAM	0:00:08(00:00:00)	0:00:58(00:00:49)	2:08:50(02:08:41)	-	-
60	57	58	ALL	Male	81	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΠΑΤΡΩΝΑΣ	-		0:00:14(00:00:00)	-	2:09:31(02:09:16)	-	-
61	4	1	F 50+	Female	5	GR	DRAGANA CEJOVIC	-		0:00:05(00:00:00)	0:00:48(00:00:42)	2:13:02(02:12:56)	-	-
62	58	59	ALL	Male	32	GR	GEORGIOS PAPAGEORGIOU	-		0:00:06(00:00:00)	0:00:52(00:00:45)	2:13:05(02:12:58)	-	-
63	59	60	ALL	Male	26	GR	VASILEIOS MITSΟΡΟΥΛΟΣ	-	ROUTSOS	0:00:06(00:00:00)	-	2:13:07(02:13:01)	-	-
64	60	61	ALL	Male	36	GR	ΙΟΑΝΝΙΣ PSAROULIS	-	RUN RUN RUN JUMP	0:00:10(00:00:00)	0:01:04(00:00:53)	2:13:10(02:12:59)	-	-

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start 30km	CP30k	12500m	Prefinish30k	Finish 30km
65	61	62	ALL	Male	74	GR	ΑΛΕΞΑΝΔΡΟΣ ΝΤΖΟΥΝΑΣ	-		0:00:04(00:00:00)	0:00:48(00:00:43)	2:13:43(02:13:38)	-	-
66	62	3	M 60+	Male	39	GR	DIMITRIS TSITSOPOULOS	-	ΠΑΛΛΗΝΙΟΙ ΔΡΟΜΕΙΣ	0:00:09(00:00:00)	0:01:02(00:00:52)	2:16:40(02:16:30)	-	-
67	63	63	ALL	Male	69	GR	ΑΝΔΡΕΑΣ ΜΟΔΕΣ	-	SOURTZIS TEAM	0:00:11(00:00:00)	0:01:08(00:00:56)	2:18:34(02:18:22)	-	-
68	64	64	ALL	Male	51	GR	ΠΕΤΡΟΣ ΚΑΒΑΛΑΚΗΣ	-	RUNRUNRUNJUMP	0:00:10(00:00:00)	0:01:03(00:00:53)	2:18:38(02:18:27)	-	-
69	65	4	M 60+	Male	17	GR	DIMITRIOS KOSTAKIS	-	ΚΟΛΟΚΥΘΙΑ TRAIL RUNNERS	0:00:10(00:00:00)	-	2:18:58(02:18:47)	-	-
70	5	2	F 50+	Female	43	GR	ΒΙΚΥ ΑΝΑΣΤΑΣΙΑΔΟΥ	-	ΑΓΝΩΣΤΟΣ ΔΡΟΜΕΑΣ	0:00:04(00:00:00)	0:00:55(00:00:51)	2:20:15(02:20:10)	-	-
71	66	5	M 60+	Male	84	GR	ΗΛΙΑΣ ΡΕΝΙΟΣ	-	ΤΡΑΧΙΝΑ	0:00:10(00:00:00)	0:01:03(00:00:52)	2:22:07(02:21:56)	-	-
72	67	65	ALL	Male	95	GR	ΣΤΡΑΤΟΣ ΤΣΑΤΣΑΡΩΝΗΣ	-	SLOWRUNNERS	0:00:14(00:00:00)	-	2:23:43(02:23:28)	-	-
73	68	66	ALL	Male	22	GR	FOTIS LOUKIDIS	-		0:00:14(00:00:00)	0:01:08(00:00:53)	2:23:48(02:23:33)	-	-
74	69	67	ALL	Male	66	GR	ΔΗΜΗΤΡΗΣ ΛΙΑΣΚΑΚΗΣ ΛΙΑΣΚΑΚΗΣ	-	ΔΗΜΗΤΡΗΣ ΛΙΑΣΚΑΚΗΣ	0:00:06(00:00:00)	0:00:56(00:00:50)	2:25:07(02:25:00)	-	-
75	6	68	ALL	Female	19	CHINA	YUTING LI	-		0:00:11(00:00:00)	-	2:27:37(02:27:26)	-	-
76	70	69	ALL	Male	30	GR	GEORGE PANOU	-	ΥΜΙΤΤΟΣ RUNNERS	0:00:09(00:00:00)	-	2:28:27(02:28:18)	-	-
77	71	70	ALL	Male	21	GR	ANDREAS LINTZIOS	-		0:00:08(00:00:00)	0:00:57(00:00:48)	2:28:33(02:28:24)	-	-
78	72	71	ALL	Male	85	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΡΟΥΚΑΣ	-		0:00:12(00:00:00)	-	2:29:29(02:29:16)	-	-
79	73	72	ALL	Male	105	GR	ΚΩΣΤΑΣ ΠΑΦΙΛΗΣ	-		0:00:12(00:00:00)	0:01:04(00:00:51)	2:29:33(02:29:20)	-	-
80	74	6	M 60+	Male	20	GR	ΙΟΑΝΝΙΣ ΛΙΑΤΣΟΣ	-	ΤΡΑΧΙΝΑ	0:00:05(00:00:00)	0:00:56(00:00:50)	2:32:31(02:32:25)	-	-
81	7	3	F 50+	Female	77	GR	ΜΑΡΓΑΡΙΤΑ ΠΑΝΑΓΟΠΟΥΛΟΥ	-	ΣΔΥΜ ΘΗΒΑΣ	0:00:03(00:00:00)	0:00:49(00:00:45)	2:32:57(02:32:53)	-	-
82	75	73	ALL	Male	15	GR	CHRISTOS KARVOUNIS	-		0:00:12(00:00:00)	0:01:10(00:00:57)	2:35:05(02:34:52)	-	-
83	8	4	F 50+	Female	92	GR	ΕΛΕΝΗ ΤΖΙΜΑ	-	ΛΥΚΟΙ ΚΕΧΑΓΙΟΓΛΟΥ	0:00:08(00:00:00)	-	2:38:17(02:38:09)	-	-
84	76	74	ALL	Male	59	GR	ΔΗΜΗΤΡΙΟΣ ΚΟΤΖΙΑΣ	-	ΑΙΔΟΝΟΧΟΡΙ RUNNING TEAM / ΛΥΚΟΙ	0:00:12(00:00:00)	0:01:08(00:00:55)	2:40:01(02:39:48)	-	-
85	77	7	M 60+	Male	65	GR	ΓΕΩΡΓΙΟΣ ΛΑΜΠΡΙΝΟΣ DNF - 12k	-	ΣΔΥΠ	0:00:07(00:00:00)	0:01:00(00:00:52)	-	-	-
86	9	75	ALL	Female	58	GR	ΣΙΣΣΥ ΚΟΝΤΟΠΟΥΛΟΥ	-	MATRIX ENDURANCE	0:00:08(00:00:00)	0:01:05(00:00:56)	-	-	-

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start 30km	CP30k	12500m	Prefinish30k	Finish 30km
87	78	76	ALL	Male	8	GR	CHRISTOS DARTSIS	-	XOXLIOS TEAM	0:00:00(00:00:00) -	-	-	-	-

## GOULINAS TRAIL 2026 Goulinas Trail 12k

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start 12km	CP12k	Prefinish12k	Finish 12km
1	1	1	ALL	Male	249	GR	ΕΛΕΥΘΕΡΙΟΣ ΕΛΕΥΘΕΡΙΑΔΗΣ	-		0:00:00(00:00:00)	0:00:54(00:00:54)	1:10:14(01:10:13)	1:10:57(01:10:56)
2	2	2	ALL	Male	276	GR	ΘΕΟΦΙΛΟΣ ΜΟΥΡΑΤΙΔΗΣ	-		0:00:00(00:00:00)	0:00:52(00:00:51)	1:12:35(01:12:34)	1:13:15(01:13:14)
3	3	3	ALL	Male	223	GR	ROMEO SALI	-		0:00:00(00:00:00)	0:00:54(00:00:53)	1:13:06(01:13:05)	1:13:49(01:13:49)
4	4	4	ALL	Male	206	GR	VASILEIOS DROSATOS	-	FREEDOM RUNNING TEAM BY ELEFEURIΟΥ-ΑΠΣ ΔΡΟΜΕΙΣ ΕΥΒΟΙΑΣ	0:00:05(00:00:00)	0:01:01(00:00:56)	1:14:07(01:14:02)	1:14:49(01:14:44)
5	5	5	ALL	Male	231	GR	GEORGIOS ZOUGANELIS	-		0:00:00(00:00:00)	0:00:53(00:00:53)	1:15:01(01:15:00)	1:15:38(01:15:37)
6	6	6	ALL	Male	210	GR	THEMIS KALAMPAKAS	-	TRAXINA	0:00:05(00:00:00)	0:00:57(00:00:52)	1:15:20(01:15:15)	1:15:58(01:15:53)
7	7	7	ALL	Male	225	GR	EVANGELOS SARANTIS	-	ALL TERRAIN RUNNERS	0:00:05(00:00:00)	0:01:09(00:01:04)	1:18:42(01:18:37)	1:19:21(01:19:16)
8	8	8	ALL	Male	258	GR	ΗΛΙΑΣ ΚΑΡΑΛΗΣ	-	ΤΟ.ΣΥ.Ν ΑΜΦΙΚΛΕΙΑΣ	0:00:05(00:00:00)	0:00:57(00:00:52)	1:18:48(01:18:43)	1:19:32(01:19:27)
9	9	9	ALL	Male	297	GR	ΓΙΑΝΝΗΣ ΣΚΟΥΡΑΗΣ	-	RUNNA	0:00:03(00:00:00)	0:00:56(00:00:52)	1:21:35(01:21:32)	1:22:16(01:22:12)
10	10	10	ALL	Male	277	GR	ΑΝΤΩΝΗΣ ΜΠΑΙΡΑΚΤΑΡΗΣ	-	ΔΡΟΜΕΙΣ ΕΥΒΟΙΑΣ	0:00:01(00:00:00)	0:00:57(00:00:56)	1:21:36(01:21:35)	1:22:18(01:22:17)
11	11	11	ALL	Male	302	GR	ΠΑΝΑΓΙΩΤΗΣ ΣΩΤΗΡΙΟΥ	-		0:00:05(00:00:00)	0:01:05(00:00:59)	1:21:43(01:21:38)	1:22:24(01:22:18)
12	12	12	ALL	Male	272	GR	ΧΑΡΗΣ ΛΑΠΠΑΣ	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΚΑΡΔΙΤΣΑΣ	0:00:03(00:00:00)	1:22:04(01:22:01)	-	1:22:46(01:22:43)
13	13	13	ALL	Male	235	GR	ΕΥΑΓΓΕΛΟΣ ΑΛΤΑΝΗΣ	-		0:00:05(00:00:00)	0:01:03(00:00:58)	1:23:09(01:23:04)	1:23:49(01:23:44)
14	14	14	ALL	Male	304	GR	ΣΤΕΛΙΟΣ ΤΣΑΚΩΝΑΣ	-	ΣΔΥΜ ΘΗΒΑΣ / L-CREW	0:00:04(00:00:00)	0:01:01(00:00:56)	1:23:23(01:23:19)	1:23:58(01:23:53)
15	15	15	ALL	Male	291	GR	ΒΑΣΙΛΗΣ ΠΗΛΙΧΟΣ	-	GEO DIALEKTOS	0:00:01(00:00:00)	0:00:59(00:00:58)	1:23:21(01:23:20)	1:24:02(01:24:01)
16	16	16	ALL	Male	209	GR	KONSTANTINOS KALAMARAS	-		0:00:03(00:00:00)	1:23:28(01:23:25)	-	1:24:13(01:24:09)
17	1	17	ALL	Female	269	GR	ΗΛΙΑΝΑ ΚΟΥΡΕΛΗ	-	TRAXINA	0:00:05(00:00:00)	0:01:02(00:00:57)	1:23:35(01:23:30)	1:24:17(01:24:12)
18	2	18	ALL	Female	205	GR	ΟΛΙΑ ΔΙΜΙΤΡΙΟΥ	-	ΣΔΥΜ	0:00:03(00:00:00)	-	-	1:25:00(01:24:57)
19	17	19	ALL	Male	256	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΚΑΝΕΛΛΟΣ	-		0:00:04(00:00:00)	1:24:25(01:24:21)	-	1:25:03(01:24:59)
20	18	20	ALL	Male	245	GR	ΝΙΚΟΛΑΟΣ ΓΚΙΟΚΑΣ	-	ΣΧΟΠ.ΘΗΒΑΣ - MOSCHOPODI TRAIL	0:00:06(00:00:00)	0:01:12(00:01:06)	1:25:33(01:25:27)	1:26:16(01:26:10)
21	19	21	ALL	Male	251	GR	ΑΘΑΝΑΣΙΟΣ ΖΕΡΒΑΣ	-	ΑΣΤΕΡΑΣ ΣΤΙΡΦΑΚΑΣ	0:00:07(00:00:00)	0:01:16(00:01:08)	1:25:48(01:25:40)	1:26:36(01:26:28)
22	20	22	ALL	Male	253	GR	ΚΟΡΔΟΓΙΑΝΝΗΣ ΘΑΝΑΣΗΣ	-		0:00:14(00:00:00)	0:01:32(00:01:18)	1:27:16(01:27:02)	1:27:52(01:27:38)
23	21	23	ALL	Male	292	GR	ΝΙΚΟΣ ΠΙΝΑΚΟΥΛΑΣ	-	ΣΥΛΛΟΓΟΣ ΝΕΩΝ ΑΜΦΙΚΛΕΙΑΣ ΤΟΣΥΝ	0:00:04(00:00:00)	0:00:58(00:00:54)	1:27:36(01:27:32)	1:28:23(01:28:19)
24	3	24	ALL	Female	208	GR	ALINA GINU	-	ΣΧΟΠ ΘΗΒΑ	0:00:03(00:00:00)	0:01:03(00:01:00)	1:29:06(01:29:02)	1:29:52(01:29:49)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start 12km	CP12k	Prefinish12k	Finish 12km
25	4	25	ALL	Female	248	GR	ΜΥΡΤΩ ΔΡΑΚΟΥ	-		0:00:07(00:00:00)	0:01:16(00:01:09)	1:30:09(01:30:02)	1:30:56(01:30:49)
26	22	26	ALL	Male	294	GR	ΗΛΙΑΣ ΡΙΖΟΣ	-		0:00:05(00:00:00)	0:01:02(00:00:57)	1:30:37(01:30:32)	1:31:28(01:31:23)
27	23	27	ALL	Male	222	GR	MIKE ROUSSOS	-	ΑΡΟΕΛ RUNNERS	0:00:11(00:00:00)	0:01:28(00:01:16)	1:30:54(01:30:42)	1:31:47(01:31:35)
28	24	28	ALL	Male	322		FATMIR ALUSHI	-		0:00:05(00:00:00)	1:31:08(01:31:02)	-	1:31:53(01:31:48)
29	25	29	ALL	Male	259	GR	ΗΛΙΑΣ ΚΑΡΑΠΕΤΣΑΝΟΣ	-	ΑΜΦΙΚΛΕΙΑ	0:00:08(00:00:00)	1:31:18(01:31:10)	-	1:32:06(01:31:58)
30	26	30	ALL	Male	300	GR	ΘΕΟΔΩΡΟΣ ΣΠΥΡΟΠΟΥΛΟΣ	-		0:00:10(00:00:00)	1:31:41(01:31:31)	1:31:55(01:31:45)	1:32:22(01:32:12)
31	5	31	ALL	Female	279	GR	ΙΩΑΝΝΑ ΜΠΕΝΕΚΟΥ	-	ΘΒ TRAINING SOLUTIONS/ ΤΡΑΧΙΝΑ	0:00:04(00:00:00)	0:01:07(00:01:03)	1:32:15(01:32:10)	1:32:57(01:32:53)
32	27	32	ALL	Male	267	GR	ΗΛΙΑΣ ΚΟΡΚΙΝ	-		0:00:06(00:00:00)	1:32:16(01:32:10)	-	1:33:00(01:32:54)
33	28	33	ALL	Male	201	GR	GIORGOS ANTONIADIS	-		0:00:06(00:00:00)	1:32:24(01:32:18)	-	1:33:07(01:33:01)
34	29	34	ALL	Male	316		ΧΡΗΣΤΟΣ ΔΑΡΤΣΗΣ	-		0:00:04(00:00:00)	1:33:10(01:33:05)	-	1:34:06(01:34:02)
35	30	35	ALL	Male	246	GR	ΘΑΝΟΣ ΓΚΟΒΑΡΗΣ	-	LEVADEIA RUNNERS TEAM	0:00:00(00:00:00)	0:01:08(00:01:07)	1:33:38(01:33:37)	1:34:25(01:34:24)
36	31	36	ALL	Male	243	GR	ΑΠΟΣΤΟΛΗΣ ΓΙΩΤΑΣ	-		0:00:08(00:00:00)	0:01:23(00:01:15)	1:33:42(01:33:33)	1:34:33(01:34:24)
37	32	37	ALL	Male	241	GR	ΓΕΩΡΓΙΟΣ ΓΕΩΡΓΑΚΟΠΟΥΛΟΣ	-	ΤΡΑΧΙΝΑ	0:00:06(00:00:00)	0:01:14(00:01:08)	1:34:02(01:33:56)	1:34:48(01:34:42)
38	33	38	ALL	Male	270	GR	ΓΙΑΝΝΗΣ ΚΟΥΤΣΙΚΟΣ	-	ΛΥΚΟΙ ΚΕΧΑΓΙΟΓΛΟΥ	0:00:09(00:00:00)	0:01:26(00:01:16)	1:34:43(01:34:33)	1:35:25(01:35:16)
39	6	39	ALL	Female	275	GR	ΜΑΡΙΑ ΜΙΧΑΗΛ	-	ΛΥΚΟΙ ΚΕΧΑΓΙΟΓΛΟΥ	0:00:09(00:00:00)	0:01:26(00:01:17)	1:34:43(01:34:34)	1:35:25(01:35:16)
40	7	40	ALL	Female	215	GR	LINA KERATSA	-	-	0:00:01(00:00:00)	0:00:55(00:00:54)	1:35:13(01:35:12)	1:36:01(01:36:00)
41	8	41	ALL	Female	202	GR	ΜΑΤΙΝΑ ΑΝΤΟΝΙΟΥ	-		0:00:06(00:00:00)	0:01:10(00:01:04)	1:35:49(01:35:42)	1:36:33(01:36:26)
42	34	42	ALL	Male	261	GR	ΛΕΩΝΙΔΑΣ ΚΑΤΣΑΡΕΛΙΑΣ	-	ΑΠΣ ΔΡΟΜΕΩΝ ΕΥΒΟΙΑΣ	0:00:07(00:00:00)	0:01:14(00:01:07)	1:35:44(01:35:37)	1:36:36(01:36:29)
43	35	43	ALL	Male	240	GR	ΕΥΑΓΓΕΛΟΣ ΒΟΡΓΙΑΣ	-	ΑΠΣ ΔΡΟΜΕΩΝ ΕΥΒΟΙΑΣ	0:00:07(00:00:00)	0:01:14(00:01:07)	1:35:45(01:35:38)	1:36:36(01:36:29)
44	36	44	ALL	Male	314	GR	ΛΟΥΚΑΣ ΔΑΛΚΑΣ	-	ΑΘΛΗΤΙΚΟΣ ΟΜΙΛΟΣ ΔΡΟΜΕΩΝ ΛΙΒΑΔΕΙΑΣ	0:00:08(00:00:00)	0:01:22(00:01:14)	1:38:10(01:38:02)	1:38:47(01:38:39)
45	37	45	ALL	Male	320		ΠΑΝΑΓΙΩΤΗΣ ΚΑΣΤΑΝΗΣ	-		-	1:39:19 (--:--:--)	-	1:40:08 (--:--:--)
46	38	46	ALL	Male	315	GR	ΠΑΝΑΓΙΩΤΗΣ ΙΝΤΖΙΡΤΖΗΣ	-	-	0:00:07(00:00:00)	0:01:28(00:01:20)	1:39:22(01:39:15)	1:40:12(01:40:04)
47	39	47	ALL	Male	230	GR	GEORGE THEODORAKIS	-		0:00:06(00:00:00)	0:01:10(00:01:04)	1:40:04(01:39:58)	1:40:58(01:40:51)
48	9	48	ALL	Female	283	GR	ΜΑΡΙΑ ΠΑΠΑΔΗΜΗΤΡΙΟΥ	-		0:00:06(00:00:00)	0:01:10(00:01:03)	1:40:36(01:40:30)	1:41:25(01:41:18)
49	40	49	ALL	Male	274	GR	ΧΑΡΗΣ ΜΑΝΟΥΣΗΣ	-	RUNNTRAIL.GR / BALIOTIS NATURE TRAIL	0:00:08(00:00:00)	0:01:18(00:01:10)	1:40:47(01:40:39)	1:41:38(01:41:30)
50	41	50	ALL	Male	264	GR	ΓΕΩΡΓΙΟΣ ΚΟΝΤΟΒΑΣ	-	ΤΡΑΧΙΝΑ	0:00:08(00:00:00)	0:01:20(00:01:12)	1:40:59(01:40:51)	1:41:52(01:41:44)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start 12km	CP12k	Prefinish12k	Finish 12km
51	42	51	ALL	Male	252	GR	ΓΙΩΡΓΟΣ ΖΥΓΟΓΙΑΝΝΗΣ	-	VASKOS TRAINING TEAM-NITRO2POWER-ΣΔΥΜ ΘΗΒΑΣ	0:00:08(00:00:00)	0:01:13(00:01:05)	1:41:12(01:41:04)	1:41:54(01:41:46)
52	10	52	ALL	Female	239	GR	ΚΑΛΛΙΟΠΗ ΒΕΝΙΖΕΛΟΥ	-	ΣΔΥΜ ΘΗΒΑΣ - NITRO 2 POWER	0:00:05(00:00:00)	0:01:02(00:00:57)	1:41:15(01:41:10)	1:42:00(01:41:55)
53	43	53	ALL	Male	305	GR	ΔΗΜΗΤΡΗΣ ΤΣΕΛΟΣ	-	ΤΡΑΧΙΝΑ	0:00:10(00:00:00)	0:01:21(00:01:11)	1:41:21(01:41:11)	1:42:05(01:41:55)
54	44	54	ALL	Male	234	GR	ΔΗΜΗΤΡΗΣ ΑΘΑΝΑΣΙΟΥ	-		0:00:13(00:00:00)	1:41:26(01:41:12)	1:41:56(01:41:43)	1:42:12(01:41:58)
55	45	55	ALL	Male	219	GR	SPIROS PARADIMITRIOU	-	ΣΔΥΑ ΑΓΙΑΣ	0:00:11(00:00:00)	0:01:27(00:01:15)	1:42:55(01:42:43)	1:43:52(01:43:41)
56	46	56	ALL	Male	312	GR	ΑΠΟΣΤΟΛΟΣ ΧΥΤΑΣ	-		0:00:14(00:00:00)	0:01:31(00:01:17)	1:44:00(01:43:46)	1:44:46(01:44:32)
57	47	57	ALL	Male	309	GR	ΣΠΥΡΟΣ ΦΛΩΡΟΝΙΚΟΣ	-		0:00:07(00:00:00)	0:01:19(00:01:12)	1:43:58(01:43:51)	1:44:48(01:44:41)
58	11	58	ALL	Female	217	GR	ΤΖΟΑΝΑ ΝΤΙΝΟ	-	GEO DIALEKTOS TEAM	0:00:03(00:00:00)	0:00:59(00:00:56)	1:44:23(01:44:19)	1:45:11(01:45:07)
59	48	59	ALL	Male	288	GR	ΙΩΑΝΝΗΣ ΠΕΛΕΤΙΔΗΣ	-	ΤΗΡΜΑΙΚΟΣ RUNNERS/ΚΟΥΡΚΟΥΡΙΚΙΣ TR.GROUP	0:00:07(00:00:00)	0:01:20(00:01:12)	1:44:22(01:44:15)	1:45:11(01:45:03)
60	49	60	ALL	Male	289	GR	ΧΑΡΑΛΑΜΠΟΣ ΠΕΤΣΟΥΝΗΣ	-	ΑΟ ΚΑΣΤΡΙΟΥ	0:00:10(00:00:00)	0:01:27(00:01:17)	1:44:33(01:44:23)	1:45:22(01:45:12)
61	12	61	ALL	Female	306	GR	ΠΑΝΑΓΙΩΤΑ ΤΣΕΛΟΥ	-	ΤΡΑΧΙΝΑ	0:00:11(00:00:00)	0:01:29(00:01:18)	1:44:35(01:44:24)	1:45:26(01:45:15)
62	50	62	ALL	Male	311	GR	ΠΑΝΑΓΙΩΤΗΣ ΧΡΙΣΤΟΔΟΥΛΟΥ	-		0:00:05(00:00:00)	0:01:07(00:01:01)	1:44:42(01:44:37)	1:45:29(01:45:24)
63	51	63	ALL	Male	220	GR	THOMAS PARASMIRIS	-		0:00:07(00:00:00)	0:01:23(00:01:15)	1:44:59(01:44:51)	1:45:53(01:45:45)
64	52	64	ALL	Male	254	GR	ΠΑΝΑΓΙΩΤΗΣ ΚΑΚΟΓΙΑΝΝΗΣ	-	ΣΔΥ ΒΟΛΟΥ	0:00:05(00:00:00)	0:01:04(00:00:59)	1:45:57(01:45:52)	1:46:35(01:46:30)
65	53	65	ALL	Male	296	GR	ΠΑΝΑΓΙΩΤΗΣ ΣΕΪΝΤΗΣ	-	ΓΣ ΤΑ ΦΑΛΛΑΡΑ	0:00:07(00:00:00)	0:01:16(00:01:08)	1:46:00(01:45:52)	1:46:49(01:46:42)
66	13	66	ALL	Female	308	GR	ΔΗΜΗΤΡΑ ΥΦΑΝΤΗ	-		0:00:06(00:00:00)	0:01:11(00:01:05)	1:46:07(01:46:01)	1:46:54(01:46:48)
67	54	67	ALL	Male	232	GR	ΧΑΡΑΛΑΜΠΟΣ ΑΒΡΑΜΠΟΣ	-	ΣΧΟΠ ΘΗΒΑΣ	0:00:10(00:00:00)	0:01:29(00:01:19)	1:46:13(01:46:02)	1:47:03(01:46:52)
68	55	68	ALL	Male	303	GR	ΙΟΝ ΤΖΙΝΟΥ	-	ΣΧΟΠ ΘΗΒΑΣ	0:00:11(00:00:00)	0:01:32(00:01:21)	1:46:13(01:46:02)	1:47:05(01:46:54)
69	56	69	ALL	Male	278	GR	ΠΑΝΑΓΙΩΤΗΣ ΜΠΑΦΑΛΟΥΚΟΣ	-		0:00:11(00:00:00)	1:46:12(01:46:01)	-	1:47:08(01:46:57)
70	14	70	ALL	Female	237	GR	ΑΡΓΥΡΩ ΒΕΛΛΩΡΑ	-	ΤΡΑΧΙΝΑ	0:00:13(00:00:00)	0:01:35(00:01:22)	1:48:09(01:47:56)	1:49:00(01:48:47)
71	57	71	ALL	Male	293	GR	ΔΗΜΗΤΡΗΣ ΡΕΠΠΑΣ	-		0:00:12(00:00:00)	0:01:35(00:01:23)	1:49:36(01:49:24)	1:50:29(01:50:17)
72	58	72	ALL	Male	298	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΣΟΥΦΟΠΛΑΚΟΣ	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΚΑΡΔΙΤΣΑΣ	0:00:11(00:00:00)	0:01:29(00:01:17)	1:50:27(01:50:15)	1:51:18(01:51:06)
73	15	73	ALL	Female	260	GR	ΚΛΕΙΩ ΚΑΡΑΤΣΙΝΟΥ	-		0:00:11(00:00:00)	0:01:31(00:01:19)	1:50:56(01:50:44)	1:51:49(01:51:37)
74	59	74	ALL	Male	213	GR	ΑΘΑΝΑΣΙΟΣ ΚΑΡΑΜΑΝΙΣ	-	Σ.Δ.Υ.Μ.ΘΗΒΑΣ	0:00:09(00:00:00)	0:01:31(00:01:21)	1:51:44(01:51:34)	1:52:30(01:52:21)
75	16	75	ALL	Female	242	GR	ΣΩΤΗΡΙΑ-ΜΑΡΙΑ	-	L-CREW	0:00:06(00:00:00)	1:52:45(01:52:38)	-	1:53:36(01:53:30)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start 12km	CP12k	Prefinish12k	Finish 12km
							ΓΙΑΝΝΕΛΟΥ						
76	60	76	ALL	Male	287	GR	ΒΑΣΙΛΗΣ ΠΑΤΕΛΗΣ	-		0:00:12(00:00:00)	-	1:52:44(01:52:32)	1:53:44(01:53:32)
77	61	77	ALL	Male	301	GR	ΕΥΘΥΜΙΟΣ ΣΤΕΡΓΙΟΥ	-		0:00:06(00:00:00)	0:01:26(00:01:20)	1:54:04(01:53:58)	1:54:52(01:54:46)
78	62	78	ALL	Male	271	GR	ΓΙΑΝΝΗΣ ΚΥΡΙΑΚΟΥ	-	HELICON4ACTION 4ACTION	0:00:09(00:00:00)	0:01:33(00:01:24)	1:54:03(01:53:53)	1:54:55(01:54:45)
79	63	79	ALL	Male	268	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΚΟΥΚΟΥΒΙΝΟΣ	-	DANTES 42K	0:00:09(00:00:00)	1:54:38(01:54:29)	-	1:55:38(01:55:29)
80	17	80	ALL	Female	257	GR	ΘΑΛΕΙΑ ΚΑΠΕΤΑΝΑΚΗ	-	NÄAK/DESOCKS	0:00:05(00:00:00)	0:01:16(00:01:11)	1:54:55(01:54:50)	1:55:48(01:55:43)
81	64	81	ALL	Male	233	GR	ΓΙΩΡΓΟΣ ΑΓΓΕΛΟΥ	-	NÄAK/	0:00:09(00:00:00)	0:01:20(00:01:11)	1:55:05(01:54:55)	1:56:00(01:55:50)
82	18	82	ALL	Female	207	GR	ΚΟΝΣΤΑΝΤΙΝΑ ΦΟΥΝΤΑ	-		0:00:09(00:00:00)	0:01:25(00:01:16)	1:57:21(01:57:11)	1:58:16(01:58:06)
83	19	83	ALL	Female	273	GR	ΜΑΡΙΑ ΕΛΙΣΑΒΕΤ ΛΙΑΣΚΟΥ	-	ΑΝΕΞΑΡΤΗΤΗ	0:00:15(00:00:00)	0:02:00(00:01:44)	1:59:14(01:58:58)	2:00:08(01:59:52)
84	65	84	ALL	Male	310	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΧΑΛΙΑΣΟΣ	-	ΤΡΑΧΙΝΑ	0:00:13(00:00:00)	0:01:38(00:01:24)	1:59:13(01:59:00)	2:00:11(01:59:57)
85	20	85	ALL	Female	229	GR	POLLY THEODISIADOU	-	ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	0:00:10(00:00:00)	0:01:34(00:01:23)	2:02:41(02:02:30)	2:03:50(02:03:39)
86	66	86	ALL	Male	226	GR	ANDREAS SKREKOS	-		0:00:06(00:00:00)	0:01:26(00:01:20)	2:02:40(02:02:34)	2:03:51(02:03:45)
87	21	87	ALL	Female	204	GR	ANGELIKI CHATZIGIA	-		0:00:14(00:00:00)	0:01:38(00:01:24)	2:03:38(02:03:24)	2:04:36(02:04:22)
88	22	88	ALL	Female	228	GR	ΚΑΥΟΚΟ ΤΑΒΑΤΑ	-	RUN FOREVER	0:00:14(00:00:00)	0:01:39(00:01:24)	2:04:41(02:04:27)	2:05:46(02:05:31)
89	23	89	ALL	Female	262	GR	ΣΤΕΛΛΑ ΚΟΓΙΑ	-		0:02:19(00:00:00)	0:03:40(00:01:21)	2:05:10(02:02:51)	2:06:06(02:03:47)
90	67	90	ALL	Male	227	GR	LAMBROS SKREKOS	-	ON THE ROAD	0:00:06(00:00:00)	2:06:04(02:05:57)	-	2:07:27(02:07:20)
91	68	91	ALL	Male	285	GR	ΠΑΝΑΓΙΩΤΗΣ ΠΑΠΑΛΕΛΟΥΔΗΣ	-		0:00:13(00:00:00)	0:01:39(00:01:25)	2:13:14(02:13:00)	2:13:49(02:13:35)
92	69	92	ALL	Male	295	GR	ΝΙΚΟΣ ΡΟΥΣΣΟΣ	-		0:00:12(00:00:00)	2:15:55(02:15:43)	-	2:16:54(02:16:42)
93	70	93	ALL	Male	238	GR	ΔΗΜΗΤΡΙΟΣ ΒΕΝΙΖΕΛΟΥ	-	ΣΔΥΜ ΘΗΒΑΣ	0:00:09(00:00:00)	0:01:21(00:01:12)	2:16:50(02:16:41)	2:17:53(02:17:44)
94	24	94	ALL	Female	244	GR	ΚΑΡΜΕΝ ΓΚΑΝΕΑ	-	ΑΝΕΞΑΡΤΗΤΗ	0:00:04(00:00:00)	0:01:16(00:01:12)	2:19:20(02:19:16)	2:20:26(02:20:22)
95	25	95	ALL	Female	299	GR	ΚΩΝΣΤΑΝΤΙΝΑ ΣΠΙΝΟΥ	-	ΑΚΟ ΛΙΒΑΔΕΙΑΣ	0:00:08(00:00:00)	2:21:56(02:21:48)	-	2:22:58(02:22:50)
96	26	96	ALL	Female	250	GR	ΜΠΟΛΟΚΟΥΤΑ ΕΦΗ	-		0:00:10(00:00:00)	2:22:36(02:22:26)	2:23:14(02:23:04)	2:23:50(02:23:40)
97	71	97	ALL	Male	247	GR	ΔΗΜΗΤΡΙΟΣ ΔΕΛΗΣ	-		0:00:11(00:00:00)	0:01:35(00:01:23)	2:26:08(02:25:56)	2:27:29(02:27:18)
98	27	98	ALL	Female	216	GR	RAGNHILDUR KRISTJÁNSDÓTTIR	-		0:00:15(00:00:00)	0:01:41(00:01:26)	2:28:26(02:28:11)	2:29:34(02:29:19)
99	72	99	ALL	Male	236	GR	ΑΝΤΩΝΙΟΣ ΑΝΔΡΟΝΙΚΟΣ	-	ΑΝΕΞΑΡΤΗΤΟΣ	0:00:18(00:00:00)	0:02:01(00:01:43)	2:28:32(02:28:14)	2:29:57(02:29:39)
100	73	100	ALL	Male	224	GR	CHRISTOS SARAMOURTSIS	-	Α.Σ. ΑΡΗΣ ΘΕΣΣΑΛΟΝΙΚΗΣ	0:00:12(00:00:00)	0:01:34(00:01:22)	2:36:11(02:35:58)	2:37:27(02:37:14)

## GOULINAS TRAIL 2026 Entry Race 6km

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start 6km	CP6k	Prefinish6k	Finish 6km
1	1	1	ALL	Male	501	GR	CHRISTOS ADAMOPOULOS	-	VELOX TRIBE	0:00:00(00:00:00)	0:00:49(00:00:49)	0:29:52(00:29:52)	0:30:28(00:30:28)
2	2	2	ALL	Male	532	GR	ΘΑΝΑΣΗΣ ΧΑΔΟΣ	-	ΣΔΥ ΒΟΛΟΥ	0:00:01(00:00:00)	0:00:49(00:00:47)	0:31:52(00:31:51)	0:32:30(00:32:29)
3	3	3	ALL	Male	527	GR	ΔΗΜΗΤΡΗΣ ΤΣΑΚΩΝΑΣ	-		0:00:00(00:00:00)	0:00:50(00:00:49)	0:35:22(00:35:22)	0:36:11(00:36:11)
4	4	4	ALL	Male	503	GR	SEBASTIAN NEDELEA	-	ΣΧΟΠ ΘΗΒΑ	0:00:00(00:00:00)	0:00:53(00:00:52)	0:36:53(00:36:53)	0:37:27(00:37:27)
5	5	5	ALL	Male	522	GR	ΓΙΩΡΓΟΣ ΜΑΡΡΟΣ	-		0:00:02(00:00:00)	0:00:54(00:00:52)	-	0:37:42(00:37:40)
6	6	6	ALL	Male	506	GR	ΓΡΗΓΟΡΗΣ ΑΛΕΞΙΟΥ	-		0:00:04(00:00:00)	0:01:06(00:01:02)	0:38:12(00:38:08)	0:39:02(00:38:57)
7	1	7	ALL	Female	531	GR	ΕΦΗ ΣΟΥΡΑ	-		0:00:02(00:00:00)	-	0:39:05(00:39:03)	0:39:49(00:39:47)
8	7	8	ALL	Male	534		ΔΗΜΗΤΡΗΣ ΚΟΥΡΚΟΥΤΖΕΛΟΣ	-		0:00:01(00:00:00)	0:00:57(00:00:55)	-	0:40:08(00:40:07)
9	8	9	ALL	Male	508	GR	ΕΥΑΓΓΕΛΟΣ ΑΡΒΑΝΙΤΗΣ	-		0:00:02(00:00:00)	0:00:55(00:00:53)	0:40:50(00:40:48)	0:41:32(00:41:30)
10	9	10	ALL	Male	511	GR	ΧΡΗΣΤΟΣ ΖΕΣΤΟΣ	-		0:00:03(00:00:00)	0:00:56(00:00:53)	0:43:00(00:42:56)	0:43:42(00:43:39)
11	10	11	ALL	Male	519	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΚΟΥΤΣΟΓΙΑΝΝΗΣ	-	Ε.Α.Α.Σ. ΛΑΜΙΑΣ	0:00:04(00:00:00)	0:01:17(00:01:12)	0:43:16(00:43:11)	0:44:09(00:44:04)
12	2	12	ALL	Female	520	Gr	ΑΛΕΞΑΝΔΡΑ ΜΑΝΔΑΛΟΥ	-		0:00:01(00:00:00)	0:01:04(00:01:03)	-	0:44:36(00:44:35)
13	11	13	ALL	Male	538		ΧΑΡΗΣ ΚΑΡΠΟΥΖΗΣ	-		0:00:04(00:00:00)	0:01:09(00:01:04)	-	0:45:14(00:45:09)
14	3	14	ALL	Female	513	GR	ΓΩΓΩ ΚΑΛΛΟΥ	-		0:00:02(00:00:00)	0:01:01(00:00:58)	0:44:32(00:44:30)	0:45:18(00:45:16)
15	4	15	ALL	Female	530	GR	ΗΡΩ ΣΟΛΟΓΑΝΗ	-		0:00:02(00:00:00)	0:01:19(00:01:17)	0:48:40(00:48:38)	0:49:25(00:49:23)
16	12	16	ALL	Male	523	GR	ΗΛΙΑΣ ΝΙΩΡΑΣ	-		0:00:04(00:00:00)	0:01:23(00:01:18)	0:48:47(00:48:42)	0:49:40(00:49:36)
17	5	17	ALL	Female	526	GR	ΕΙΡΗΝΗ ΠΑΠΑΛΕΞΙΟΥ	-		0:00:04(00:00:00)	0:01:18(00:01:14)	0:49:12(00:49:08)	0:50:12(00:50:08)
18	13	18	ALL	Male	536		ΓΙΩΡΓΟΣ ΚΑΡΚΑΝΗΣ	-		0:00:03(00:00:00)	0:01:05(00:01:02)	0:49:23(00:49:20)	0:50:19(00:50:16)
19	6	19	ALL	Female	515		ΓΕΩΡΓΙΑ ΚΑΡΑΗΛΙΔΗ	-		0:00:02(00:00:00)	0:00:58(00:00:56)	0:51:53(00:51:51)	0:52:45(00:52:43)
20	7	20	ALL	Female	514	GR	ΔΗΜΗΤΡΑ ΑΙΚΑΤΕΡΙΝΗ ΚΑΜΒΑΣΗ	-		0:00:03(00:00:00)	0:01:25(00:01:22)	0:53:32(00:53:29)	0:54:22(00:54:19)
21	8	21	ALL	Female	529	GR	ΙΩΑΝΝΑ ΣΑΚΚΑ	-	ΚΑΣΙΜΙΣ TRAINING	0:00:00(00:00:00)	0:01:11(00:01:10)	-	0:55:49(00:55:48)
22	14	22	ALL	Male	533	GR	ΙΩΑΝΝΗΣ ΨΙΜΟΠΟΥΛΟΣ	-	ΑΝΕΞΑΡΤΗΤΟΣ	0:00:00(00:00:00)	0:01:28(00:01:28)	0:55:30(00:55:30)	0:56:16(00:56:15)
23	9	23	ALL	Female	512	GR	ΝΙΚΗ ΖΥΓΟΥΡΗ	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΚΑΡΔΙΤΣΑΣ	0:00:01(00:00:00)	0:01:08(00:01:06)	-	0:56:46(00:56:45)
24	15	24	ALL	Male	541		ΑΘΑΝΑΣΙΟΣ ΔΑΜΑΔΗΣ	-		0:00:05(00:00:00)	0:01:38(00:01:33)	0:56:45(00:56:40)	0:57:18(00:57:13)
25	10	25	ALL	Female	505	GR	ΧΡΥΣΑΝΘΗ ΑΓΓΕΛΙΔΕΛΛΗ	-		0:00:03(00:00:00)	0:01:30(00:01:26)	0:56:52(00:56:48)	0:58:00(00:57:57)
26	11	26	ALL	Female	521	GR	ΕΛΕΝΗ ΜΑΝΤΖΩΡΟΥ	-	ΑΝΕΞΑΡΤΗΤΗ	0:00:03(00:00:00)	0:01:21(00:01:18)	1:00:45(01:00:41)	1:01:54(01:01:50)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start 6km	CP6k	Prefinish6k	Finish 6km
27	12	27	ALL	Female	528	GR	ΒΑΝΕΣΣΑ ΠΙΤΣΙΚΑ	-		0:00:04(00:00:00)	0:01:53(00:01:48)	-	1:12:02(01:11:58)
28	16	28	ALL	Male	507	GR	ΓΕΩΡΓΙΟΣ ΑΝΔΡΟΝΙΚΟΣ	-	ΑΝΕΞΑΡΤΗΤΟΣ	0:00:06(00:00:00)	0:02:17(00:02:11)	1:45:37(01:45:31)	1:48:11(01:48:05)
29	13	29	ALL	Female	510	GR	ΕΡΙΚΑ ΔΕΣΙΠΡΗ	-	SANTA RUNNING TEAM	0:00:07(00:00:00)	0:01:53(00:01:46)	1:45:35(01:45:28)	1:48:12(01:48:04)