

| A/A | Σειρά | Σειρά<br>/Ηλικ. | Σειρά<br>/Φύλο | BIB  | Όνομα Φύλο - Γεν. (Ηλ.ομάδα)<br>Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο | 7.5 Km               | 15km                 | 25Km                 | Announc<br>ement     | Finish               |
|-----|-------|-----------------|----------------|------|------------------------------------------------------------------------|----------------------|----------------------|----------------------|----------------------|----------------------|
| 1   | 1     | 1               | 1              | 9040 | ΚΑΠΛΑΝΕΛΗΣ ΓΙΑΝΝΗΣ Άνδρας - 1958 (M)                                   | -                    | 01:28:49<br>01:28:45 | 02:26:28<br>02:26:25 | 02:57:46<br>02:57:43 | 02:58:21<br>02:58:17 |
| 2   | 2     | 1               | 1              | 9113 | ΠΑΡΑΣΧΑΚΗ ΕΥΑΓΓΕΛΙΑ Γυναίκα - 1986 (F) ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ            | -                    | 01:29:07<br>01:29:07 | 02:26:37<br>02:26:37 | 02:58:00<br>02:58:00 | 02:58:32<br>02:58:32 |
| 3   | 3     | 2               | 2              | 9069 | ΤΟΥΜΠΟΓΙΑΝΝΗ ΑΘΗΝΑ Γυναίκα - 1983 (F)                                  | 00:48:28<br>00:46:29 | 01:40:23<br>01:38:24 | 02:48:03<br>02:46:03 | 03:25:28<br>03:23:29 | 03:26:06<br>03:24:06 |
| 4   | 4     | 2               | 2              | 9128 | ΝΑΤΣΙΑΣ ΓΙΩΡΓΟΣ Άνδρας - 1990 (M)                                      | -                    | 01:34:07<br>01:33:26 | 02:50:34<br>02:49:54 | 03:28:11<br>03:27:30 | 03:28:42<br>03:28:01 |
| 5   | 5     | 3               | 3              | 7084 | KARAGIANNIS VASILIS Άνδρας - 1988 (M)                                  | 00:48:40<br>00:48:29 | 01:41:12<br>01:41:01 | 02:51:49<br>02:51:38 | 03:29:14<br>03:29:03 | 03:29:44<br>03:29:32 |
| 6   | 6     | 3               | 3              | 9112 | ΚΟΛΛΙΑ ΓΕΩΡΓΙΑ Γυναίκα - 1969 (F) ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ                 | 00:48:56<br>00:48:48 | 01:44:55<br>01:44:47 | 02:56:10<br>02:56:01 | 03:32:42<br>03:32:34 | 03:33:20<br>03:33:12 |
| 7   | 7     | 4               | 4              | 9059 | ΠΑΝΟΣ ΓΙΑΝΝΗΣ Άνδρας - 1989 (M)                                        | 00:48:30<br>00:48:20 | 01:40:25<br>01:40:14 | 02:52:32<br>02:52:21 | 03:33:19<br>03:33:08 | 03:34:02<br>03:33:52 |
| 8   | 8     | 5               | 5              | 9042 | ΚΑΤΡΑΚΑΖΗΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1978 (M)                                  | -                    | 01:37:28<br>01:37:27 | 02:52:13<br>02:52:12 | 03:34:31<br>03:34:30 | 03:35:17<br>03:35:16 |
| 9   | 9     | 4               | 4              | 9084 | ΣΙΩΤΟΥ ΙΩΑΝΝΑ Γυναίκα - 1979 (F) Σ.Δ.ΙΩΑΝΝΙΝΩΝ                         | -                    | 01:39:43<br>01:39:38 | 02:54:22<br>02:54:17 | 03:38:08<br>03:38:03 | 03:38:46<br>03:38:41 |
| 10  | 10    | 6               | 6              | 9080 | ΚΑΡΔΑΡΑΚΟΣ ΓΡΗΓΟΡΙΟΣ Άνδρας - 1977 (M) ΣΜΑΧ ΦΕΙΔΙΠΠΙΔΗΣ                | 00:55:47<br>00:55:44 | 01:55:51<br>01:55:49 | 03:05:49<br>03:05:47 | 03:39:56<br>03:39:53 | 03:40:23<br>03:40:21 |
| 11  | 11    | 7               | 7              | 9088 | ΒΟΥΔΟΥΡΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1975 (M) Σ.Δ.Υ. ΠΑΤΡΑΣ                 | 00:50:05<br>00:49:54 | 01:48:27<br>01:48:16 | 03:06:03<br>03:05:51 | 03:39:57<br>03:39:45 | 03:40:26<br>03:40:14 |
| 12  | 12    | 8               | 8              | 7700 | ΤΖΙΑΛΛΗΛΑΣ ΚΛΕΑΝΘΗΣ Άνδρας - 1984 (M)                                  | -                    | 2:00:50              | 3:04:19              | 3:40:04              | 3:40:42              |
| 13  | 13    | 5               | 5              | 9093 | ΕΞΑΡΧΟΥ ΝΙΚΗ Γυναίκα - 2002 (F)                                        | 00:58:50<br>00:58:42 | 02:02:57<br>02:02:49 | 03:03:10<br>03:03:01 | 03:40:45<br>03:40:37 | 03:41:25<br>03:41:17 |
| 14  | 14    | 9               | 9              | 9095 | ΚΑΠΙΤΣΙΜΑΔΗΣ ΦΡΑΓΚΙΣΚΟΣ Άνδρας - 1964 (M)                              | 00:49:41<br>00:49:33 | 01:50:13<br>01:50:06 | 03:00:34<br>03:00:27 | 03:42:03<br>03:41:56 | 03:42:48<br>03:42:40 |
| 15  | 15    | 6               | 6              | 9038 | ΖΩΗ ΚΑΣΣΙΑΝΗ Γυναίκα - 1999 (F)                                        | -                    | 01:41:44<br>01:41:41 | 02:59:41<br>02:59:38 | 03:42:54<br>03:42:51 | 03:43:30<br>03:43:27 |
| 16  | 16    | 10              | 10             | 9025 | ΒΑΣΙΟΣ ΙΩΑΝΝΗΣ Άνδρας - 1971 (M)                                       | 00:49:16<br>00:49:13 | 01:46:38<br>01:46:36 | 03:04:25<br>03:04:22 | 03:43:26<br>03:43:23 | 03:44:01<br>03:43:59 |
| 17  | 17    | 11              | 11             | 9057 | ΜΠΕΗΣ ΦΙΛΙΠΠΟΣ Άνδρας - 1967 (M)                                       | 00:49:16<br>00:49:16 | 01:46:37<br>01:46:37 | 03:04:13<br>03:04:13 | 03:43:26<br>03:43:26 | 03:44:02<br>03:44:02 |
| 18  | 18    | 7               | 7              | 9081 | ΤΡΥΦΩΝΟΠΟΥΛΟΥ ΟΛΓΑ Γυναίκα - 1971 (F) ΣΜΑΧ ΦΕΙΔΙΠΠΙΔΗΣ                 | 01:00:19<br>01:00:14 | 02:03:13<br>02:03:07 | 03:12:05<br>03:11:59 | 03:51:17<br>03:51:12 | 03:51:57<br>03:51:51 |
| 19  | 19    | 12              | 12             | 9031 | ΔΑΣΙΟΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1959 (M)                                      | 00:48:13<br>00:48:13 | 01:49:51<br>01:49:51 | 03:09:26<br>03:09:26 | 03:53:10<br>03:53:10 | 03:53:45<br>03:53:45 |
| 20  | 20    | 13              | 13             | 9060 | ΠΑΠΑΔΕΡΟΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1962 (M)                                   | 00:48:14<br>00:48:14 | 01:49:51<br>01:49:51 | 03:09:28<br>03:09:28 | 03:53:10<br>03:53:10 | 03:53:45<br>03:53:45 |
| 21  | 21    | 8               | 8              | 9053 | ΜΕΝΤΗ ΚΑΤΕΡΙΝΑ Γυναίκα - 1970 (F)                                      | 00:54:10<br>00:53:49 | 01:56:28<br>01:56:06 | 03:11:56<br>03:11:34 | 03:53:27<br>03:53:05 | 03:54:02<br>03:53:40 |
| 22  | 22    | 14              | 14             | 9046 | ΚΥΠΑΡΙΣΣΙΔΗΣ ΑΝΑΣΤΑΣΙΟΣ Άνδρας - 1979 (M)                              | 00:56:40<br>00:56:37 | 01:58:21<br>01:58:18 | 03:15:25<br>03:15:22 | 03:54:28<br>03:54:25 | 03:54:59<br>03:54:56 |
| 23  | 23    | 9               | 9              | 9063 | ΠΛΑΤΩΝΗ ΚΑΤΕΡΙΝΑ Γυναίκα - 1976 (F) ΑΘΗΝΟΔΩΡΟΣ ΑΙΓΕΥΣ                  | 00:55:40<br>00:55:38 | 01:57:55<br>01:57:53 | 03:15:20<br>03:15:18 | 03:56:52<br>03:56:50 | 03:57:42<br>03:57:40 |
| 24  | 24    | 15              | 15             | 9004 | ΚΑΝΤΖΙΟΣ ΙΩΑΝΝΗΣ Άνδρας - 1977 (M) ΔΗΜΟΣ ΙΩΑΝΝΙΤΩΝ                     | 01:02:04<br>01:02:00 | 02:07:34<br>02:07:31 | 03:19:59<br>03:19:55 | 03:57:52<br>03:57:48 | 03:58:29<br>03:58:25 |
| 25  | 25    | 16              | 16             | 9005 | ΚΟΝΤΑΞΗΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1975 (M) ΔΗΜΟΣ ΙΩΑΝΝΙΤΩΝ                  | 01:02:03<br>01:02:01 | -<br>03:19:56        | 03:19:59<br>03:19:56 | 03:59:01<br>03:58:58 | 03:59:49<br>03:59:46 |
| 26  | 26    | 17              | 17             | 9091 | PAPPAS DIMITRIOS Άνδρας - 1969 (M)                                     | 00:50:22<br>00:50:19 | 01:49:08<br>01:49:04 | 03:11:47<br>03:11:43 | 03:59:16<br>03:59:13 | 04:00:03<br>04:00:00 |
| 27  | 27    | 10              | 10             | 9123 | ΝΙΚΟΛΑΙΔΟΥ ΛΙΛΛΥ Γυναίκα - 1966 (F) APOLLON DYTIKIS ΑΤΤΙΚΙΣ            | 00:58:58<br>00:58:51 | 02:05:10<br>02:05:03 | 03:21:33<br>03:21:26 | 04:02:24<br>04:02:17 | 04:03:04<br>04:02:57 |
| 28  | 28    | 18              | 18             | 9056 | ΜΠΑΡΔΑΚΗΣ ΑΓΓΕΛΟΣ Άνδρας - 1988 (M)                                    | 01:05:26<br>01:05:21 | 02:05:58<br>02:05:52 | 03:21:50<br>03:21:45 | 04:04:22<br>04:04:16 | 04:04:58<br>04:04:52 |
| 29  | 29    | 19              | 19             | 9049 | ΜΑΡΚΟΣ ΜΕΝΕΛΑΟΣ Άνδρας - 1978 (M)                                      | 00:59:03<br>00:58:56 | 02:05:24<br>02:05:17 | 03:24:36<br>03:24:30 | 04:05:44<br>04:05:37 | 04:06:26<br>04:06:20 |
| 30  | 30    | 11              | 11             | 9062 | ΠΑΣΧΑΛΙΔΟΥ ΠΟΛΥΞΕΝΗ Γυναίκα - 1965 (F)                                 | 00:55:36<br>00:55:36 | 01:59:24<br>01:59:24 | 03:23:23<br>03:23:23 | 04:08:17<br>04:08:17 | 04:09:02<br>04:09:02 |
| 31  | 31    | 20              | 20             | 9073 | ΤΣΟΥΣΚΙΔΗΣ ΙΩΑΝΝΗΣ Άνδρας - 1971 (M) ΕΦΥΡΑΙΟΙ ΩΚΥΠΟΔΕΣ                 | 00:52:37<br>00:52:33 | 01:53:58<br>01:53:54 | 03:21:27<br>03:21:23 | 04:08:20<br>04:08:16 | 04:09:03<br>04:08:59 |
| 32  | 32    | 21              | 21             | 9007 | ΝΙΚΟΥ ΘΩΜΑΣ Άνδρας - 1956 (M) ΔΗΜΟΣ ΙΩΑΝΝΙΤΩΝ                          | 00:58:06<br>00:58:06 | 02:05:54<br>02:05:54 | 03:19:32<br>03:19:32 | 04:09:01<br>04:09:01 | 04:09:43<br>04:09:43 |
| 33  | 33    | 22              | 22             | 9001 | ΓΚΟΥΓΙΑΝΝΟΣ ΑΘΑΝΑΣΙΟΣ Άνδρας - 1984 (M) ΔΗΜΟΣ ΙΩΑΝΝΙΤΩΝ                | 00:58:41<br>00:58:39 | 02:05:55<br>02:05:54 | 03:19:32<br>03:19:31 | 04:09:01<br>04:08:59 | 04:09:43<br>04:09:41 |
| 34  | 34    | 23              | 23             | 9094 | ΠΛΙΤΣΗΣ ΖΗΣΗΣ Άνδρας - 1978 (M) Σύλλογος Δρομέων Φαλάνης               | 00:53:58<br>00:53:45 | 01:56:41<br>01:56:28 | 03:26:17<br>03:26:04 | 04:10:29<br>04:10:16 | 04:11:07<br>04:10:54 |
| 35  | 35    | 24              | 24             | 9034 | ΔΗΜΗΤΡΙΑΔΗΣ ΘΑΝΑΣΗΣ Άνδρας - 1984 (M)                                  | 01:00:53<br>01:00:44 | 02:07:23<br>02:07:14 | 03:27:02<br>03:26:53 | 04:10:46<br>04:10:37 | 04:11:24<br>04:11:15 |

| A/A       | Σειρά     | Σειρά<br>/Ηλικ. | Σειρά<br>/Φύλο | BIB         | Όνομα Φύλο - Γεν. (Ηλ.ομάδα)<br>Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο | 7.5 Km                             | 15km                               | 25Km                               | Announc<br>ement                   | Finish                             |
|-----------|-----------|-----------------|----------------|-------------|------------------------------------------------------------------------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|
| <b>36</b> | <b>36</b> | <b>25</b>       | <b>25</b>      | <b>9098</b> | <b>ΜΕΝΤΕΣΙΔΗΣ ΑΝΑΣΤΑΣΙΟΣ Άνδρας - 1965 (M)</b>                         | <b>01:00:55</b><br><b>01:00:53</b> | <b>02:08:22</b><br><b>02:08:20</b> | <b>03:28:56</b><br><b>03:28:54</b> | <b>04:10:42</b><br><b>04:10:40</b> | <b>04:11:35</b><br><b>04:11:33</b> |
| 37        | 37        | 26              | 26             | 9100        | ΠΟΖΟΓΛΟΥ ΙΣΑΑΚ Άνδρας - 1969 (M)                                       | 01:00:56<br>01:00:55               | 02:08:21<br>02:08:19               | 03:28:46<br>03:28:45               | 04:10:42<br>04:10:40               | 04:11:36<br>04:11:34               |
| 38        | 38        | 12              | 12             | 9050        | ΜΑΡΚΟΥ ΣΤΑΥΡΟΥΛΑ Γυναίκα - 1955 (F)                                    | 00:54:27<br>00:53:55               | 01:58:46<br>01:58:13               | 03:25:51<br>03:25:19               | 04:11:03<br>04:10:31               | 04:11:58<br>04:11:26               |
| 39        | 39        | 27              | 27             | 9074        | ΥΦΑΝΤΗΣ ΑΡΗΣ Άνδρας - 1964 (M)                                         | 01:07:08<br>01:07:02               | 02:16:40<br>02:16:34               | 03:33:22<br>03:33:16               | 04:12:05<br>04:11:59               | 04:12:39<br>04:12:33               |
| 40        | 40        | 28              | 28             | 9076        | ΧΑΧΟΥΛΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1981 (M) ΦΑΝΑΡΙ ΚΑΡΔΙΤΣΑΣ                   | 01:01:12<br>01:01:07               | 01:59:28<br>01:59:23               | 03:31:25<br>03:31:20               | 04:13:33<br>04:13:28               | 04:14:14<br>04:14:09               |
| <b>41</b> | <b>41</b> | <b>29</b>       | <b>29</b>      | <b>9036</b> | <b>ΕΥΣΤΑΘΙΟΥ ΒΑΣΙΛΕΙΟΣ Άνδρας - 1988 (M) ΦΑΝΑΡΙ ΚΑΡΔΙΤΣΑΣ</b>          | <b>01:00:58</b><br><b>01:00:53</b> | <b>02:02:44</b><br><b>02:02:39</b> | <b>03:31:24</b><br><b>03:31:19</b> | <b>04:18:26</b><br><b>04:18:21</b> | <b>04:19:05</b><br><b>04:19:00</b> |
| <b>42</b> | <b>42</b> | <b>30</b>       | <b>30</b>      | <b>9067</b> | <b>ΣΤΟΥΜΠΟΣ ΠΑΝΤΕΛΗΣ Άνδρας - 1981 (M)</b>                             | <b>01:06:34</b><br><b>01:06:28</b> | <b>02:16:40</b><br><b>02:16:34</b> | <b>03:36:29</b><br><b>03:36:22</b> | <b>04:20:02</b><br><b>04:19:56</b> | <b>04:20:43</b><br><b>04:20:37</b> |
| <b>43</b> | <b>43</b> | <b>13</b>       | <b>13</b>      | <b>9111</b> | <b>ΚΑΛΦΟΠΟΥΛΟΥ ΟΛΓΑ Γυναίκα - 1974 (F) ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ</b>        | <b>00:55:29</b><br><b>00:55:28</b> | <b>02:03:12</b><br><b>02:03:11</b> | <b>03:32:31</b><br><b>03:32:30</b> | <b>04:21:33</b><br><b>04:21:32</b> | <b>04:22:17</b><br><b>04:22:16</b> |
| <b>44</b> | <b>44</b> | <b>14</b>       | <b>14</b>      | <b>9028</b> | <b>ΓΡΑΜΜΑΤΙΚΟΠΟΥΛΟΥ ΚΥΡΙΑΚΗ Γυναίκα - 2002 (F)</b>                     | <b>-</b>                           | <b>02:08:24</b><br><b>02:08:19</b> | <b>03:35:54</b><br><b>03:35:49</b> | <b>04:23:04</b><br><b>04:22:59</b> | <b>04:23:44</b><br><b>04:23:39</b> |
| <b>45</b> | <b>45</b> | <b>31</b>       | <b>31</b>      | <b>9099</b> | <b>ΜΥΛΩΝΑΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1966 (M)</b>                             | <b>00:49:35</b><br><b>00:49:35</b> | <b>01:57:38</b><br><b>01:57:38</b> | <b>03:32:31</b><br><b>03:32:31</b> | <b>04:23:18</b><br><b>04:23:18</b> | <b>04:23:54</b><br><b>04:23:54</b> |
| 46        | 46        | 15              | 15             | 9054        | ΜΙΧΟΠΟΥΛΟΥ ΚΑΤΕΡΙΝΑ Γυναίκα - 1982 (F)                                 | 01:02:25<br>01:02:15               | 02:10:25<br>02:10:15               | 03:37:08<br>03:36:57               | 04:23:21<br>04:23:11               | 04:23:55<br>04:23:45               |
| 47        | 47        | 16              | 16             | 9055        | ΜΠΑΛΑΣΚΑ ΒΑΣΙΛΙΚΗ Γυναίκα - 1981 (F) Olympia runners                   | 01:00:17<br>01:00:14               | 02:05:44<br>02:05:40               | 03:34:28<br>03:34:24               | 04:23:20<br>04:23:16               | 04:24:05<br>04:24:01               |
| 48        | 48        | 32              | 32             | 9027        | ΓΚΑΜΠΛΙΩΝΗΣ ΛΑΜΠΡΟΣ Άνδρας - 1982 (M) ΦΑΝΑΡΙ ΚΑΡΔΙΤΣΑΣ                 | 01:01:11<br>01:01:05               | 02:03:19<br>02:03:14               | 03:33:02<br>03:32:56               | 04:24:47<br>04:24:41               | 04:25:27<br>04:25:22               |
| <b>49</b> | <b>49</b> | <b>17</b>       | <b>17</b>      | <b>9047</b> | <b>ΛΕΠΙΔΑ ΚΑΤΕΡΙΝΑ Γυναίκα - 1982 (F)</b>                              | <b>00:58:31</b><br><b>00:58:21</b> | <b>02:06:12</b><br><b>02:06:02</b> | <b>03:36:35</b><br><b>03:36:25</b> | <b>04:24:35</b><br><b>04:24:25</b> | <b>04:25:29</b><br><b>04:25:19</b> |
| <b>50</b> | <b>50</b> | <b>33</b>       | <b>33</b>      | <b>9089</b> | <b>ΖΑΧΑΡΗΣ ΧΡΙΣΤΟΔΟΥΛΟΣ Άνδρας - 1981 (M) ΙΚΕΑ</b>                     | <b>01:03:37</b><br><b>01:03:34</b> | <b>02:13:02</b><br><b>02:12:58</b> | <b>03:43:20</b><br><b>03:43:16</b> | <b>04:28:01</b><br><b>04:27:58</b> | <b>04:28:50</b><br><b>04:28:46</b> |
| 51        | 51        | 18              | 18             | 9051        | ΜΑΣΤΟΡΑ ΚΑΤΕΡΙΝΑ Γυναίκα - 1993 (F)                                    | 00:54:35<br>00:54:32               | 02:00:28<br>02:00:25               | 03:36:44<br>03:36:40               | 04:28:55<br>04:28:52               | 04:29:44<br>04:29:41               |
| 52        | 52        | 19              | 19             | 9015        | GRIGORIOU CHRISTINE Γυναίκα - 1994 (F)                                 | 00:54:36<br>00:54:36               | 02:00:28<br>02:00:28               | 03:36:43<br>03:36:43               | 04:28:55<br>04:28:55               | 04:29:44<br>04:29:44               |
| 53        | 53        | 20              | 20             | 9043        | ΚΑΤΣΙΚΗ ΜΑΡΙΑ ΕΛΕΝΗ Γυναίκα - 1978 (F)                                 | 01:08:43<br>01:08:38               | 02:13:40<br>02:13:35               | 03:39:46<br>03:39:41               | 04:29:38<br>04:29:32               | 04:30:18<br>04:30:13               |
| <b>54</b> | <b>54</b> | <b>21</b>       | <b>21</b>      | <b>9030</b> | <b>ΓΡΥΠΑΡΗ ΧΑΡΙΚΛΕΙΑ Γυναίκα - 1970 (F)</b>                            | <b>01:03:46</b><br><b>01:03:37</b> | <b>02:14:13</b><br><b>02:14:04</b> | <b>03:43:27</b><br><b>03:43:18</b> | <b>04:30:03</b><br><b>04:29:54</b> | <b>04:31:02</b><br><b>04:30:53</b> |
| <b>55</b> | <b>55</b> | <b>22</b>       | <b>22</b>      | <b>9029</b> | <b>ΓΡΥΠΑΡΗ ΜΑΡΓΑΡΙΤΑ Γυναίκα - 1966 (F)</b>                            | <b>01:03:46</b><br><b>01:03:37</b> | <b>02:14:14</b><br><b>02:14:05</b> | <b>03:43:27</b><br><b>03:43:19</b> | <b>04:30:03</b><br><b>04:29:54</b> | <b>04:31:02</b><br><b>04:30:53</b> |
| 56        | 56        | 34              | 34             | 9083        | ΙΩΑΝΝΟΥ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1979 (M) Σ.Δ.ΙΩΑΝΝΙΝΩΝ                   | 00:59:54<br>00:59:45               | 02:07:34<br>02:07:25               | 03:39:50<br>03:39:41               | 04:31:11<br>04:31:02               | 04:32:18<br>04:32:09               |
| <b>57</b> | <b>57</b> | <b>35</b>       | <b>35</b>      | <b>9077</b> | <b>ΧΡΙΣΤΟΠΟΥΛΟΣ ΣΩΤΗΡΙΟΣ Άνδρας - 1977 (M)</b>                         | <b>01:02:21</b><br><b>01:02:19</b> | <b>02:12:15</b><br><b>02:12:13</b> | <b>03:42:22</b><br><b>03:42:20</b> | <b>04:31:24</b><br><b>04:31:22</b> | <b>04:32:23</b><br><b>04:32:21</b> |
| 58        | 58        | 23              | 23             | 9066        | ΣΠΥΡΙΔΑΚΟΥ ΜΑΡΙΑΝΝΑ Γυναίκα - 1996 (F)                                 | 00:50:36<br>00:50:31               | 01:55:41<br>01:55:37               | 03:34:08<br>03:34:04               | 04:31:26<br>04:31:21               | 04:32:30<br>04:32:25               |
| 59        | 59        | 24              | 24             | 9114        | ΡΗΤΑ ΣΤΕΛΛΑ Γυναίκα - 1978 (F) ΣΔΥ ΙΩΑΝΝΙΝΩΝ                           | 01:02:59<br>01:02:59               | 02:15:40<br>02:15:40               | 03:49:04<br>03:49:04               | 04:34:06<br>04:34:06               | 04:34:49<br>04:34:49               |
| 60        | 60        | 25              | 25             | 9037        | ΖΙΩΓΑ ΧΡΙΣΤΙΝΑ Γυναίκα - 1978 (F)                                      | 01:05:31<br>01:05:27               | 02:19:08<br>02:19:05               | 03:49:59<br>03:49:56               | 04:34:56<br>04:34:53               | 04:35:25<br>04:35:21               |
| <b>61</b> | <b>61</b> | <b>26</b>       | <b>26</b>      | <b>9052</b> | <b>ΜΑΥΡΙΔΟΥ ΒΟΥΛΑ Γυναίκα - 1964 (F)</b>                               | <b>01:06:34</b><br><b>01:06:28</b> | <b>02:17:10</b><br><b>02:17:04</b> | <b>03:46:16</b><br><b>03:46:10</b> | <b>04:35:32</b><br><b>04:35:26</b> | <b>04:36:15</b><br><b>04:36:09</b> |
| <b>62</b> | <b>62</b> | <b>27</b>       | <b>27</b>      | <b>9117</b> | <b>ΜΠΑΛΗ ΓΙΑΣΜΙΝ Γυναίκα - 1980 (F) Jasmin</b>                         | <b>01:02:59</b><br><b>01:02:59</b> | <b>02:15:44</b><br><b>02:15:44</b> | <b>03:49:35</b><br><b>03:49:35</b> | <b>04:36:32</b><br><b>04:36:32</b> | <b>04:37:13</b><br><b>04:37:13</b> |
| 63        | 63        | 28              | 28             | 9103        | ΧΑΤΖΗΚΩΣΤΗ ΑΝΤΡΙΑ Γυναίκα - 2002 (F)                                   | 00:58:51<br>00:58:43               | 02:10:51<br>02:10:43               | 03:48:59<br>03:48:51               | 04:38:04<br>04:37:56               | 04:38:42<br>04:38:34               |
| <b>64</b> | <b>64</b> | <b>29</b>       | <b>29</b>      | <b>9118</b> | <b>ΤΣΙΤΟΥ ΜΑΡΙΑ Γυναίκα - 1999 (F) REVOLUTION FIT</b>                  | <b>01:03:06</b><br><b>01:03:02</b> | <b>02:12:12</b><br><b>02:12:09</b> | <b>03:46:46</b><br><b>03:46:43</b> | <b>04:40:48</b><br><b>04:40:45</b> | <b>04:41:52</b><br><b>04:41:49</b> |
| <b>65</b> | <b>65</b> | <b>30</b>       | <b>30</b>      | <b>9116</b> | <b>ΒΛΑΧΟΥ ΔΩΡΑ Γυναίκα - 1987 (F) REVOLUTION FIT</b>                   | <b>01:03:06</b><br><b>01:03:04</b> | <b>02:10:20</b><br><b>02:10:17</b> | <b>03:46:47</b><br><b>03:46:45</b> | <b>04:40:48</b><br><b>04:40:45</b> | <b>04:41:53</b><br><b>04:41:51</b> |
| <b>66</b> | <b>66</b> | <b>36</b>       | <b>36</b>      | <b>9012</b> | <b>ΣΑΤΑΛΙΝ CORNELIU Άνδρας - 1968 (M)</b>                              | <b>01:06:51</b><br><b>01:06:44</b> | <b>02:21:05</b><br><b>02:20:58</b> | <b>03:54:13</b><br><b>03:54:06</b> | <b>04:42:32</b><br><b>04:42:25</b> | <b>04:43:31</b><br><b>04:43:24</b> |
| 67        | 67        | 31              | 31             | 9011        | BARTOS ANDA Γυναίκα - 1981 (F)                                         | 01:06:51<br>01:06:45               | 02:21:06<br>02:21:00               | 03:54:14<br>03:54:08               | 04:42:32<br>04:42:26               | 04:43:31<br>04:43:25               |
| 68        | 68        | 37              | 37             | 9065        | ΣΟΦΟΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1984 (M)                                       | 01:05:44<br>01:05:40               | 02:06:01<br>02:05:57               | 03:46:21<br>03:46:16               | 04:42:45<br>04:42:41               | 04:43:50<br>04:43:46               |
| <b>69</b> | <b>69</b> | <b>32</b>       | <b>32</b>      | <b>9124</b> | <b>ΒΟΥΡΔΗ ΓΙΟΥΛΑ Γυναίκα - 1957 (F) APOLLON DYTIKIS ΑΤΤΙΚΙΣ</b>        | <b>00:58:52</b><br><b>00:58:49</b> | <b>02:08:19</b><br><b>02:08:17</b> | <b>03:47:12</b><br><b>03:47:10</b> | <b>04:43:13</b><br><b>04:43:11</b> | <b>04:44:13</b><br><b>04:44:10</b> |
| <b>70</b> | <b>70</b> | <b>33</b>       | <b>33</b>      | <b>9070</b> | <b>ΤΡΥΦΩΝ ΘΕΟΔΩΡΑ Γυναίκα - 2000 (F)</b>                               | <b>01:04:41</b><br><b>01:04:35</b> | <b>02:19:01</b><br><b>02:18:55</b> | <b>03:53:54</b><br><b>03:53:48</b> | <b>04:44:08</b><br><b>04:44:02</b> | <b>04:44:49</b><br><b>04:44:43</b> |

| A/A | Σειρά | Σειρά<br>/Ηλικ. | Σειρά<br>/Φύλο | BIB  | Όνομα Φύλο - Γεν. (Ηλ.ομάδα)<br>Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο | 7.5 Km               | 15km                 | 25Km                 | Announc<br>ement     | Finish               |
|-----|-------|-----------------|----------------|------|------------------------------------------------------------------------|----------------------|----------------------|----------------------|----------------------|----------------------|
| 71  | 71    | 38              | 38             | 9021 | ΑΘΑΝΑΣΙΟΥ ΙΩΑΝΝΗΣ Άνδρας - 1997 (M)                                    | 01:04:41<br>01:04:35 | 02:19:04<br>02:18:58 | 03:53:55<br>03:53:48 | 04:44:09<br>04:44:02 | 04:44:49<br>04:44:42 |
| 72  | 72    | 39              | 39             | 9110 | ΑΘΑΝΑΣΟΠΟΥΛΟΥ ΓΙΩΡΓΙΑ Άνδρας - 1970 (M) ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ           | 01:03:31<br>01:03:31 | 02:15:43<br>02:15:43 | 03:49:35<br>03:49:35 | 04:44:18<br>04:44:18 | 04:45:09<br>04:45:09 |
| 73  | 73    | 34              | 34             | 9090 | NABBE MARINA Γυναίκα - 1966 (F) aperghitravel.gr                       | 01:05:12<br>01:05:03 | 02:19:22<br>02:19:13 | 03:54:13<br>03:54:04 | 04:44:27<br>04:44:18 | 04:45:21<br>04:45:12 |
| 74  | 74    | 35              | 35             | 9018 | TARASIDOU ANNA Γυναίκα - 2003 (F)                                      | 01:05:09<br>01:05:03 | 02:18:16<br>02:18:10 | 03:53:25<br>03:53:19 | 04:46:33<br>04:46:27 | 04:47:14<br>04:47:08 |
| 75  | 75    | 40              | 40             | 9041 | ΚΑΤΑΤΣΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1974 (M)                                    | 01:00:26<br>01:00:24 | 02:11:56<br>02:11:54 | 03:48:51<br>03:48:48 | 04:47:37<br>04:47:35 | 04:48:36<br>04:48:33 |
| 76  | 76    | 41              | 41             | 9119 | ΠΑΠΠΑΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1969 (M) ΔΗΜΟΣ ΙΩΑΝΝΙΝΩΝ                  | 01:05:53<br>01:05:48 | 02:20:36<br>02:20:31 | 03:56:57<br>03:56:52 | 04:48:17<br>04:48:12 | 04:49:08<br>04:49:03 |
| 77  | 77    | 42              | 42             | 9023 | ΑΥΔΗΣ ΑΛΕΞΗΣ Άνδρας - 1976 (M) SAUCONY GREECE                          | 01:05:15<br>01:05:06 | 02:20:45<br>02:20:36 | 04:00:15<br>04:00:06 | 04:49:37<br>04:49:28 | 04:50:25<br>04:50:16 |
| 78  | 78    | 43              | 43             | 9101 | ΣΤΑΥΡΟΥΛΑΚΗΣ ΑΝΤΩΝΗΣ Άνδρας - 1985 (M)                                 | 01:03:23<br>01:03:22 | 02:16:13<br>02:16:12 | 03:54:12<br>03:54:12 | 04:50:31<br>04:50:30 | 04:51:38<br>04:51:37 |
| 79  | 79    | 44              | 44             | 9086 | ΤΣΕΡΑΠΑΔΑΚΙΣ CHARILAOS Άνδρας - 1952 (M) APOLLON ΔΥΤΙΚΙΣ ΑΤΤΙΚΙΣ       | 01:04:00<br>01:03:47 | 02:20:08<br>02:19:55 | 03:58:17<br>03:58:03 | 04:51:26<br>04:51:13 | 04:52:32<br>04:52:19 |
| 80  | 80    | 45              | 45             | 9016 | KARIMALIS NIKOLAOS Άνδρας - 1976 (M)                                   | 01:01:43<br>01:01:35 | -                    | 04:00:07<br>04:00:00 | 04:52:49<br>04:52:41 | 04:53:19<br>04:53:12 |
| 81  | 81    | 36              | 36             | 9115 | ΣΑΜΟΛΑΔΑ ΜΑΡΙΑ Γυναίκα - 1963 (F) ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ                 | 01:09:13<br>01:09:13 | 02:26:33<br>02:26:33 | 03:59:13<br>03:59:13 | 04:52:18<br>04:52:18 | 04:53:30<br>04:53:30 |
| 82  | 82    | 46              | 46             | 9082 | ΖΑΧΑΡΙΑΣ ΑΠΟΣΤΟΛΟΣ Άνδρας - 1978 (M) ΣΜΝΛΑΡΙΣΑΣ                        | 01:02:00<br>01:01:52 | 02:14:39<br>02:14:31 | 03:56:11<br>03:56:03 | 04:53:41<br>04:53:33 | 04:54:37<br>04:54:28 |
| 83  | 83    | 37              | 37             | 9079 | ΚΑΡΑΝΙΚΟΛΟΥ ΚΩΝΣΤΑΝΤΙΝΑ Γυναίκα - 1972 (F) ΣΜΑΧ ΦΕΙΔΙΠΠΙΔΗΣ            | 01:01:37<br>01:01:32 | 02:14:42<br>02:14:37 | 03:56:13<br>03:56:08 | 04:53:44<br>04:53:39 | 04:54:37<br>04:54:32 |
| 84  | 84    | 47              | 47             | 9064 | ΣΙΣΚΟΣ ΧΡΗΣΤΟΣ Άνδρας - 1969 (M)                                       | 01:05:19<br>01:05:12 | 02:21:07<br>02:21:00 | 04:00:29<br>04:00:22 | 04:54:12<br>04:54:04 | 04:55:14<br>04:55:07 |
| 85  | 85    | 38              | 38             | 9061 | ΠΑΡΘΕΝΑΚΗ ΣΟΦΙΑ Γυναίκα - 1978 (F) ΕΛΕΥΘΕΡΑ ΑΘΛΟΥΜΕΝΗ                  | 01:05:21<br>01:05:14 | 02:21:08<br>02:21:01 | 04:00:29<br>04:00:22 | 04:54:12<br>04:54:05 | 04:55:15<br>04:55:08 |
| 86  | 86    | 48              | 48             | 9022 | ΑΠΟΣΤΟΛΟΠΟΥΛΟΣ ΚΙΜΩΝΑΣ Άνδρας - 1953 (M)                               | 01:04:55<br>01:04:33 | 02:23:31<br>02:23:09 | 04:00:38<br>04:00:17 | 04:55:35<br>04:55:13 | 04:56:25<br>04:56:03 |
| 87  | 87    | 39              | 39             | 9096 | ΛΕΚΚΑ ΠΟΠΗ Γυναίκα - 1971 (F)                                          | 01:02:00<br>01:01:58 | 02:16:12<br>02:16:10 | 04:02:25<br>04:02:22 | 04:55:30<br>04:55:27 | 04:56:37<br>04:56:35 |
| 88  | 88    | 49              | 49             | 9013 | ΦΕΤΙΝΤΖΕ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1976 (M)                                | 01:03:40<br>01:03:29 | 02:17:45<br>02:17:34 | 04:01:29<br>04:01:18 | 04:56:09<br>04:55:58 | 04:57:18<br>04:57:07 |
| 89  | 89    | 40              | 40             | 9019 | VERTZINI ΛΙΤΟ Γυναίκα - 1981 (F)                                       | 01:03:41<br>01:03:29 | 02:14:36<br>02:14:25 | 04:01:30<br>04:01:18 | 04:56:09<br>04:55:58 | 04:57:18<br>04:57:06 |
| 90  | 90    | 41              | 41             | 9125 | KLEFTAKI CHRISTINA Γυναίκα - 1969 (F) APOLLON ΔΥΤΙΚΙΣ ΑΤΤΙΚΙΣ          | 01:08:29<br>01:08:29 | 02:23:40<br>02:23:40 | 04:01:40<br>04:01:40 | 04:56:19<br>04:56:19 | 04:57:22<br>04:57:22 |
| 91  | 91    | 50              | 50             | 9087 | ΤΣΙΜΑΚΙΔΙΣ ΣΤΑΥΡΟΣ Άνδρας - 1962 (M) APOLLON ΔΥΤΙΚΙΣ ΑΤΤΙΚΙΣ           | 01:08:47<br>01:08:44 | 02:23:39<br>02:23:36 | 04:01:43<br>04:01:41 | 04:56:19<br>04:56:17 | 04:57:23<br>04:57:20 |
| 92  | 92    | 51              | 51             | 9039 | ΖΩΤΟΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1958 (M)                                     | 01:08:59<br>01:08:59 | 02:28:10<br>02:28:10 | 04:07:20<br>04:07:20 | 05:00:41<br>05:00:41 | 05:01:35<br>05:01:35 |
| 93  | 93    | 42              | 42             | 9108 | ΣΤΑΥΡΟΥ ΕΥΦΡΟΣΥΝΗ Γυναίκα - 1970 (F) Βίκος Running Team                | 01:05:29<br>01:05:29 | 02:21:38<br>02:21:38 | 04:07:38<br>04:07:38 | 05:03:20<br>05:03:20 | 05:04:16<br>05:04:16 |
| 94  | 94    | 52              | 52             | 9020 | ΑΘΑΝΑΣΙΟΥ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1980 (M)                               | 01:07:22<br>01:07:14 | 02:23:27<br>02:23:19 | 04:08:49<br>04:08:41 | 05:04:55<br>05:04:48 | 05:06:01<br>05:05:53 |
| 95  | 95    | 43              | 43             | 9127 | ΒΕΜΜΟΥ ΙΩΑΝΝΑ ΜΑΡΙΑ Γυναίκα - 1996 (F)                                 | 01:05:53<br>01:05:40 | 02:24:08<br>02:23:55 | 04:11:17<br>04:11:04 | 05:05:41<br>05:05:28 | 05:06:28<br>05:06:15 |
| 96  | 96    | 44              | 44             | 9126 | ΗΛΙΟΠΟΥΛΟΥ ΒΑΣΙΛΙΚΗ Γυναίκα - 1996 (F)                                 | 01:05:49<br>01:05:36 | 02:24:08<br>02:23:54 | 04:10:57<br>04:10:44 | 05:05:42<br>05:05:28 | 05:06:28<br>05:06:14 |
| 97  | 97    | 45              | 45             | 9109 | ΤΣΩΛΗ ΒΑΣΙΛΙΚΗ Γυναίκα - 1976 (F) Βίκος Running Team                   | 01:08:37<br>01:08:37 | 02:31:33<br>02:31:33 | 04:15:27<br>04:15:27 | 05:18:16<br>05:18:16 | 05:19:31<br>05:19:31 |
| 98  | 98    | 46              | 46             | 9092 | ΑΛΟΓΔΙΑΝΑΚΗ ΑΙΚΑΤΕΡΙΝΗ Γυναίκα - 1965 (F)                              | 01:08:53<br>01:08:51 | 02:23:25<br>02:23:22 | 04:16:25<br>04:16:22 | 05:18:55<br>05:18:52 | 05:19:54<br>05:19:51 |
| 99  | 99    | 53              | 53             | 9102 | ΣΥΜΕΩΝΙΔΗΣ ΑΠΟΣΤΟΛΟΣ Άνδρας - 1967 (M)                                 | 01:06:04<br>01:06:01 | 02:14:59<br>02:14:56 | 04:16:22<br>04:16:19 | 05:18:54<br>05:18:51 | 05:19:54<br>05:19:51 |
| 100 | 100   | 47              | 47             | 9120 | ΜΠΕΖΑ ΚΩΝΣΤΑΝΤΙΝΑ Γυναίκα - 1975 (F)                                   | 01:18:37<br>01:18:32 | 03:06:30<br>03:06:26 | 04:15:02<br>04:14:57 | 05:25:05<br>05:25:00 | 05:26:12<br>05:26:07 |
| 101 | 101   | 54              | 54             | 9122 | ΣΦΑΚΙΑΝΑΚΗΣ ΓΙΩΡΓΟΣ Άνδρας - 1979 (M) ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ             | 01:13:33<br>01:13:19 | 02:40:32<br>02:40:19 | 04:31:22<br>04:31:08 | 05:27:05<br>05:26:51 | 05:28:09<br>05:27:55 |
| 102 | 102   | 48              | 48             | 9105 | ΚΑΡΡΑ ΧΡΥΣΟΥΛΑ Γυναίκα - 1976 (F) Βίκος Running Team                   | 01:08:37<br>01:08:37 | 02:31:32<br>02:31:32 | 04:26:25<br>04:26:25 | 05:28:27<br>05:28:27 | 05:29:34<br>05:29:34 |
| 103 | 103   | 49              | 49             | 9058 | ΟΥΖΟΥΝΗ ΣΤΑΥΡΟΥΛΑ Γυναίκα - 1971 (F) ΑΠΣ ΔΡΟΜΕΩΝ ΠΙΕΡΙΑΣ "ΖΕΥΣ"        | 01:08:52<br>01:08:43 | 02:29:39<br>02:29:30 | 04:25:39<br>04:25:30 | 05:29:32<br>05:29:23 | 05:30:40<br>05:30:31 |
| 104 | 104   | 55              | 55             | 9014 | ΓΙΑΝΝΟΠΟΥΛΟΣ ΜΕΝΕΛΑΟΣ Άνδρας - 1969 (M)                                | 01:10:54<br>01:10:45 | 02:25:15<br>02:25:06 | 04:33:36<br>04:33:27 | 05:35:46<br>05:35:37 | 05:37:09<br>05:37:00 |
| 105 | 105   | 50              | 50             | 9017 | MISTRIOTI VASILIKI Γυναίκα - 1974 (F)                                  | 01:05:30<br>01:05:22 | 02:23:47<br>02:23:38 | 04:29:55<br>04:29:47 | 05:35:46<br>05:35:37 | 05:37:09<br>05:37:01 |

| A/A | Σειρά | Σειρά<br>/Ηλικ. | Σειρά<br>/Φύλο | BIB  | Όνομα Φύλο - Γεν. (Ηλ.ομάδα)<br>Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο | 7.5 Km | 15km                 | 25Km                 | Announc<br>ement | Finish               |
|-----|-------|-----------------|----------------|------|------------------------------------------------------------------------|--------|----------------------|----------------------|------------------|----------------------|
| 106 | 106   | 56              | 56             | 9121 | ΜΠΡΕΧΑΣ ΛΟΥΚΑΣ Άνδρας - 1963 (M)                                       | -      | 03:35:32<br>02:34:39 | 05:19:05<br>04:18:11 | -                | 06:12:07<br>05:11:14 |