

8ος Ημιμαραθώνιος Ιωαννίνων ΑΓΩΝΑΣ 5KM

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
1	1	1	ΓΕΝΙΚΗ ΚΑΤΑΤΑΞΗ	Male	2792	Greek	NESTORAS KOLIOS	-	SAUCONY GREECE/AGSI	0:00:00.130(00:00:00)	0:07:59.677(00:07:59)	0:15:28.744(00:15:28)
2	2	2	ΓΕΝΙΚΗ ΚΑΤΑΤΑΞΗ	Male	2076	Greek	GEORGIOS TSAMPALAS	-	ΑΓΣΙ	0:00:00.130(00:00:00)	0:08:00.164(00:08:00)	0:16:16.900(00:16:16)
3	3	3	ΓΕΝΙΚΗ ΚΑΤΑΤΑΞΗ	Male	2254	Greek	KOSTIS TATSIS	-	ΑΓΣΙ	0:00:00.860(00:00:00)	0:08:19.424(00:08:18)	0:17:10.757(00:17:09)
4	4	1	BOYS16-18	Male	2075	Greek	GRIGORIS TSIOKIS	-	ΑΓΣ ΙΩΑΝΝΙΝΩΝ	0:00:00.480(00:00:00)	0:08:40.674(00:08:40)	0:17:45.627(00:17:45)
5	5	1	M19-29	Male	2895	GREEK	STAVROS GKINIS	-	SDI	0:00:02.964(00:00:00)	0:08:46.914(00:08:43)	0:17:46.854(00:17:43)
6	6	1	M40-49	Male	2120	Greek	ATHANASIOS SKORDAS	-	ΣΔΥΚΟΖΑΝΗΣ	0:00:00.480(00:00:00)	0:09:03.664(00:09:03)	0:17:56.634(00:17:56)
7	7	1	M30-39	Male	2262	Greek	EVANGELOS VLACHOS	-	AUTODRIVER ΚΤΕΟ ΗΠΕΪΡΟΥ	0:00:03.444(00:00:00)	0:09:35.674(00:09:32)	0:18:32.200(00:18:28)
8	8	2	M19-29	Male	2801	Greek	PETROS PLESKAS	-	ΣΔΥ ΑΛΜΩΠΙΑΣ	0:00:02.964(00:00:00)	0:09:03.664(00:09:00)	0:18:37.014(00:18:34)
9	9	2	M40-49	Male	2124	Greek	GEORGE CHRISTOU	-	SYLLOGOS DROMEON PREVEZAS	0:00:00.860(00:00:00)	0:09:27.174(00:09:26)	0:19:19.014(00:19:18)
10	10	2	BOYS16-18	Male	2011	Greek	IOANNIS MANTZIOUKAS	-		0:00:00.480(00:00:00)	0:09:34.180(00:09:33)	0:19:21.437(00:19:20)
11	11	1	M50-59	Male	2077	Greek	PANAGIOTIS MENAGIAS	-	OXFORD COMPANY	0:00:04.494(00:00:00)	0:09:41.914(00:09:37)	0:19:22.117(00:19:17)
12	12	2	M30-39	Male	2232	Greek	DIMITRIS ROSSIS	-		0:00:05.957(00:00:00)	0:09:46.917(00:09:40)	0:19:40.520(00:19:34)
13	13	3	M19-29	Male	2113	Greek	PETROS LOLIS	-	EKA DODONI IOANNINONSYLLOGOS DROMEON IOANNINON	0:00:04.090(00:00:00)	0:09:40.410(00:09:36)	0:19:41.960(00:19:37)
14	14	4	M19-29	Male	2014	Greek	STRATOS PAPPAS	-	EKA ΔΟΔΩΝΗ ΙΩΑΝΝΙΝΩΝ	0:00:04.494(00:00:00)	0:09:40.167(00:09:35)	0:19:42.850(00:19:38)
15	15	3	M30-39	Male	2763	Greek	IOANNIS ZISIS	-	ΣΔΥ ΒΟΛΟΥ	0:00:00.860(00:00:00)	0:09:34.914(00:09:34)	0:19:45.084(00:19:44)
16	16	1	BOYS15-	Male	2136	Greek	GIORGOS PANTOULAS	-	SDI	0:00:00.130(00:00:00)	0:09:35.417(00:09:35)	0:19:50.724(00:19:50)
17	17	2	M50-59	Male	2893	GREEK	MARINOS CHIRAS	-	HALL OF BRANDS	0:00:00.480(00:00:00)	0:09:44.424(00:09:43)	0:19:51.310(00:19:50)
18	18	3	M40-49	Male	2129	Greek	ANASTASIOS ARIDAS	-		0:00:00.130(00:00:00)	0:08:58.167(00:08:58)	0:19:52.954(00:19:52)
19	1	1	ΚΑΤΗΓΟΡΙΑ ΓΥΝΑΙΚΩΝ	Female	2128	Greek	KONSTANTINA STAMATELOU	-		0:00:00.130(00:00:00)	0:09:56.924(00:09:56)	0:19:52.954(00:19:52)
20	19	4	M30-39	Male	2103	Greek	THEODOROS PAPAGIANNIS	-	SDI	0:00:04.090(00:00:00)	0:09:41.914(00:09:37)	0:20:09.680(00:20:05)
21	2	2	ΚΑΤΗΓΟΡΙΑ ΓΥΝΑΙΚΩΝ	Female	2214	Belgian	LUNA DE TROUER	-		0:00:01.470(00:00:00)	0:09:58.924(00:09:57)	0:20:12.087(00:20:10)
22	20	3	M50-59	Male	2219	Greek	ILIAS NATSIAS	-	SDI	0:00:04.494(00:00:00)	0:10:07.664(00:10:03)	0:20:29.064(00:20:24)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
23	21	5	M30-39	Male	2160	Greek	ANDREAS TRIGKAS	-	TEAM TANTAROS	0:00:08.930(00:00:00)	0:10:02.910(00:09:53)	0:20:30.387(00:20:21)
24	22	6	M30-39	Male	2486	Greek	PAPAGIANNIS MARIOS	-	METRO RUNNING TEAM	0:00:04.494(00:00:00)	0:10:04.927(00:10:00)	0:20:49.944(00:20:45)
25	23	1	M60+	Male	2116	Greek	THEODOROS PAPAGIANNIS	-	SDI	0:00:00.130(00:00:00)	0:10:22.674(00:10:22)	0:20:56.374(00:20:56)
26	24	2	BOYS15-	Male	2084	Greek	ETHAN VRAVOSINOS	-	GREVENA	0:00:00.130(00:00:00)	0:10:03.924(00:10:03)	0:21:09.244(00:21:09)
27	25	1	ALL	Male	2911		NONAME_2024 ΩΩ_ΑΓΩΝΑΣ 5KM_19	-		-	0:09:14.674 (---:--)	0:21:19.964 (---:--)
28	26	2	ALL	Male	2910		NONAME_2024 ΩΩ_ΑΓΩΝΑΣ 5KM_18	-		-	0:09:14.417 (---:--)	0:21:20.854 (---:--)
29	27	3	ALL	Male	2912		NONAME_2024 ΩΩ_ΑΓΩΝΑΣ 5KM_2	-		-	0:09:14.417 (---:--)	0:21:21.087 (---:--)
30	28	5	M19-29	Male	2887	GREEK	ANGELOS VARSANIS	-	ΑΝΗΛΙΟ	0:00:00.130(00:00:00)	0:10:06.424(00:10:06)	0:21:41.884(00:21:41)
31	29	6	M19-29	Male	2144	Eritrean	GEBREMARYAM FILIMON DISQUALIFIED	-	HABIBI	0:00:33.617(00:00:00)	0:11:38.920(00:11:05)	0:21:42.477(00:21:08)
32	30	3	BOYS15-	Male	2117	Greek	ANGELOS PANTOULAS	-	SDI	0:00:00.130(00:00:00)	0:10:25.160(00:10:25)	0:21:45.197(00:21:45)
33	31	4	M50-59	Male	2091	Greek	BASILEIOS ANAGNOSTOPOULOS	-		0:00:03.090(00:00:00)	0:10:46.424(00:10:43)	0:21:49.337(00:21:46)
34	32	7	M19-29	Male	2073	Greek	DIMITRIS VRAZALIS	-	ΑΝΕΞΑΡΤΗΤΟΣ	0:00:11.854(00:00:00)	0:11:18.924(00:11:07)	0:21:52.694(00:21:40)
35	3	3	KATHΓΟΡΙΑ ΓΥΝΑΙΚΩΝ	Female	2760	Australian	CERINA TERNEZIS- NASTA	-		0:00:08.640(00:00:00)	0:11:22.914(00:11:14)	0:21:54.034(00:21:45)
36	33	4	BOYS15-	Male	2231	Greek	KONSTANTINOS TSIROGIANNIS	-		0:00:08.054(00:00:00)	0:11:09.677(00:11:01)	0:21:59.274(00:21:51)
37	34	8	M19-29	Male	2244	Greek	VASILIS MAVROEIDIS	-		0:00:23.400(00:00:00)	0:10:59.417(00:10:36)	0:22:12.924(00:21:49)
38	35	9	M19-29	Male	2260	Greek	KONSTANTINOS LAZOS	-		0:00:03.090(00:00:00)	0:10:48.674(00:10:45)	0:22:19.347(00:22:16)
39	36	5	M50-59	Male	2058	Greek	GERASIMOS MALANDRINOS	-	360 PERSONAL	0:00:00.354(00:00:00)	0:10:50.914(00:10:50)	0:22:20.787(00:22:20)
40	37	7	M30-39	Male	2139	Spanish	HURAY SERGIO	-	HABIBI	0:00:32.064(00:00:00)	0:15:11.414(00:14:39)	0:22:21.944(00:21:49)
41	38	8	M30-39	Male	2239	Greek	VASILEIOS BELLOS	-		0:00:10.467(00:00:00)	0:11:37.417(00:11:26)	0:22:40.890(00:22:30)
42	39	10	M19-29	Male	2679	Greek	DIMITRIOS KOTSONIS	-		0:00:23.190(00:00:00)	0:11:03.664(00:10:40)	0:22:41.254(00:22:18)
43	40	6	M50-59	Male	2064	Greek	KONSTANTINOS FILIPPOU	-	ΔΡΟΜΕΙΣ ΕΚΑΒ	0:00:02.964(00:00:00)	0:11:10.414(00:11:07)	0:22:44.570(00:22:41)
44	41	11	M19-29	Male	2009	Greek	VASILIS BRINIOS	-		0:00:08.054(00:00:00)	0:11:23.414(00:11:15)	0:22:45.777(00:22:37)
45	42	7	M50-59	Male	2158	Greek	GEORGIOS STAMOULIS	-	SDI	0:00:05.754(00:00:00)	0:11:11.680(00:11:05)	0:22:46.144(00:22:40)
46	43	8	M50-59	Male	2215	Greek	EVANGELLOS PEPONIS	-	KANALAKI RUN	0:00:05.727(00:00:00)	0:11:17.680(00:11:11)	0:22:50.710(00:22:44)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
47	4	1	W40-49	Female	2236	Greek	ATHANASIA NTALAGIANNH	-	GIANNIS MARKOS RACING TEAM	0:00:08.640(00:00:00)	0:11:30.167(00:11:21)	0:22:53.454(00:22:44)
48	5	2	W40-49	Female	2569	Greek	KATSAMPA DIMITRA	-	METRO RUNNING TEAM	0:00:13.294(00:00:00)	0:11:37.417(00:11:24)	0:22:54.490(00:22:41)
49	6	3	W40-49	Female	2310	Greek	GIANNOULI LAMPRINI	-	METRO RUNNING TEAM	0:00:13.294(00:00:00)	0:11:37.910(00:11:24)	0:22:55.004(00:22:41)
50	44	9	M50-59	Male	2283	Greek	MASTROGIANNIS DIMITRIS	-	METRO RUNNING TEAM	0:00:13.294(00:00:00)	0:11:37.910(00:11:24)	0:22:55.004(00:22:41)
51	7	4	W40-49	Female	2560	Greek	KATSAMPA MARIA	-	METRO RUNNING TEAM	0:00:13.294(00:00:00)	0:11:37.674(00:11:24)	0:22:55.004(00:22:41)
52	8	1	W30-39	Female	2415	Greek	KERTI VASILIKI	-	METRO RUNNING TEAM	0:00:13.294(00:00:00)	0:11:38.160(00:11:24)	0:22:55.004(00:22:41)
53	45	4	M40-49	Male	2485	Greek	SPYROPOULOS CHRISTOS	-	METRO RUNNING TEAM	0:00:13.294(00:00:00)	0:11:38.420(00:11:25)	0:22:55.147(00:22:41)
54	46	10	M50-59	Male	2178	Greek	SPYRIDON KARTSOUKIS	-	IRONBOX FITNESS TRIKALA	0:00:01.814(00:00:00)	0:11:25.910(00:11:24)	0:22:56.840(00:22:55)
55	9	1	W19-29	Female	2851	GR	OURANIA KARALI	-	PEAK PERFORMANCE	0:00:04.090(00:00:00)	0:10:58.420(00:10:54)	0:22:57.454(00:22:53)
56	47	5	M40-49	Male	2092	Greek	IOANNIS SPYROU	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΑΡΤΑΣ	0:00:01.814(00:00:00)	0:11:06.914(00:11:05)	0:22:57.454(00:22:55)
57	48	11	M50-59	Male	2901	GREEK	ANTONIOS MOMTSOS	-	HOLMES PLACE	0:00:04.090(00:00:00)	0:10:48.934(00:10:44)	0:23:02.244(00:22:58)
58	49	12	M50-59	Male	2797	Greek	GIORGOS GEORGIADIS	-		0:00:03.090(00:00:00)	0:11:13.167(00:11:10)	0:23:04.217(00:23:01)
59	50	12	M19-29	Male	2376	Greek	GARAFAS NONTAS	-	METRO RUNNING TEAM	0:00:08.054(00:00:00)	0:11:21.910(00:11:13)	0:23:11.494(00:23:03)
60	10	2	W30-39	Female	2062	Greek	NATALIA MOKA	-		0:00:02.224(00:00:00)	0:11:31.920(00:11:29)	0:23:11.680(00:23:09)
61	51	6	M40-49	Male	2241	Greek	DIMITRIS GKOULIOS	-	ΔΕΡΟΠΟΛΗ	0:00:05.727(00:00:00)	0:10:58.917(00:10:53)	0:23:16.497(00:23:10)
62	52	7	M40-49	Male	2017	Greek	PANAGIOTIS ARAMPATZIS	-	ΔΚΚ	0:00:08.930(00:00:00)	0:11:40.677(00:11:31)	0:23:24.584(00:23:15)
63	53	13	M50-59	Male	2022	Greek	CHRISTOS ZOGAKIS	-	SDI	0:00:01.860(00:00:00)	0:11:22.414(00:11:20)	0:23:33.954(00:23:32)
64	54	5	BOYS15-	Male	2098	Greek	APOSTOLIS CHAIDOS	-		0:00:20.847(00:00:00)	0:11:44.927(00:11:24)	0:23:39.664(00:23:18)
65	55	9	M30-39	Male	2141	Syrian	ALSALIH AGIAD	-	HABIBI	0:00:32.064(00:00:00)	0:12:03.424(00:11:31)	0:23:39.777(00:23:07)
66	11	1	GIRLS16-18	Female	2083	Greek	HLOI-SOFIA BRABOSINOU	-	GREVENA	0:00:01.470(00:00:00)	0:11:24.164(00:11:22)	0:23:42.884(00:23:41)
67	56	13	M19-29	Male	2859	GR	KONSTANTINOS LEKKAS	-	REVOLUTION FIT	0:00:25.444(00:00:00)	0:12:29.924(00:12:04)	0:23:46.890(00:23:21)
68	57	14	M50-59	Male	2892	GREEK	GEORGIOS VASILIOU	-	Σ.Δ.Ο.ΕΟΡΔΑΙΑΣ	0:00:37.774(00:00:00)	0:12:22.160(00:11:44)	0:23:48.224(00:23:10)
69	12	5	W40-49	Female	2857	GR	PANAGIOTA PAPAKYRIAKOU	-	REVOLUTION FIT	0:00:25.444(00:00:00)	0:12:29.424(00:12:03)	0:23:48.864(00:23:23)
70	58	3	BOYS16-18	Male	2049	Greek	KONSTANTINOS MOURKAS	-	360 PERSONAL	0:00:18.190(00:00:00)	0:12:02.924(00:11:44)	0:23:54.774(00:23:36)
71	59	8	M40-49	Male	2259	Greek	THANASIS SPANOS	-		-	0:11:09.164 (---:--)	0:23:55.987 (---:--)
72	60	14	M19-29	Male	2817	GR	DIMITRIOS TZORTZIS	-	FIFTH ELEMENT RUNNING	0:00:12.107(00:00:00)	0:12:56.420(00:12:44)	0:24:00.840(00:23:48)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
TEAM												
73	61	6	BOYS15-	Male	2127	Greek	BASILIEOS KOUTLAS	-		0:00:03.090(00:00:00)	0:11:55.167(00:11:52)	0:24:09.014(00:24:05)
74	62	7	BOYS15-	Male	2888	GREEK	KONSTANTINOS KOSMAS	-	TITANES IQANNINQN	0:00:00.130(00:00:00)	0:11:52.174(00:11:52)	0:24:11.104(00:24:10)
75	63	9	M40-49	Male	2123	Greek	KALYVAS LAMPROS	-	SD ARTAS	0:00:05.727(00:00:00)	0:12:12.174(00:12:06)	0:24:16.234(00:24:10)
76	13	2	W19-29	Female	2243	Greek	MAGDALINI FILIPPOPOULOU	-		0:00:11.934(00:00:00)	0:12:26.420(00:12:14)	0:24:16.247(00:24:04)
77	14	1	W50-59	Female	2168	Greek	ARETI AGGELI	-	SDI	0:00:01.974(00:00:00)	0:11:45.420(00:11:43)	0:24:24.030(00:24:22)
78	64	4	BOYS16-18	Male	2647	Greek	DIMITRIOS TSAROUCHEIS	-	TOPSPIN TENNIS TEAM	0:00:03.090(00:00:00)	0:12:22.664(00:12:19)	0:24:28.004(00:24:24)
79	65	10	M30-39	Male	2781	Greek	BASILHS EUSTATHOPOULOS	-	REVOLUTIONFIT	0:00:03.444(00:00:00)	0:11:31.174(00:11:27)	0:24:32.494(00:24:29)
80	66	11	M30-39	Male	2798	Greek	BAGKATZOUNIS NIKOS	-		0:00:41.240(00:00:00)	0:12:27.420(00:11:46)	0:24:37.957(00:23:56)
81	67	10	M40-49	Male	2907	GREEK	GIORGOS AVGERIS	-	SDI	0:00:15.524(00:00:00)	0:12:49.670(00:12:34)	0:24:42.847(00:24:27)
82	68	15	M50-59	Male	2151	Greek	SPIROS MISHA	-		0:00:04.724(00:00:00)	0:12:23.927(00:12:19)	0:24:48.654(00:24:43)
83	69	5	BOYS16-18	Male	2102	Greek	IOANNIS KASTAMONITIS	-		0:00:03.444(00:00:00)	0:12:36.917(00:12:33)	0:24:54.650(00:24:51)
84	70	12	M30-39	Male	2220	Greek	CHRISTOS KOSTAS	-		0:00:15.524(00:00:00)	0:13:05.174(00:12:49)	0:24:58.324(00:24:42)
85	71	11	M40-49	Male	2616	Greek	GIORGOS ZOTOS	-	METRO RUNNING TEAM	0:00:13.867(00:00:00)	0:12:34.924(00:12:21)	0:25:11.204(00:24:57)
86	72	13	M30-39	Male	2142	Ethiopian	DIREs FENTA	-	HABIBI	0:00:31.387(00:00:00)	0:12:13.674(00:11:42)	0:25:18.664(00:24:47)
87	73	16	M50-59	Male	2684	Greek	SOTIRIS MASTROGIANNIS	-		0:00:11.854(00:00:00)	0:12:42.424(00:12:30)	0:25:25.054(00:25:13)
88	15	3	W19-29	Female	2003	Greek	MARIA KAZAKOU	-	FIFTH ELEMENT RUNNING TEAM	0:00:05.727(00:00:00)	0:12:29.924(00:12:24)	0:25:27.474(00:25:21)
89	74	15	M19-29	Male	2245	Greek	GEORGIOS TOPALIDIS	-		0:00:24.624(00:00:00)	0:12:15.674(00:11:51)	0:25:30.064(00:25:05)
90	75	4	ALL	Male	2906	GREEK	MPAMPIS TSIKOS	-		0:00:09.070(00:00:00)	0:12:34.924(00:12:25)	0:25:47.757(00:25:38)
91	76	16	M19-29	Male	2645	Greek	ANDREAS PRINTEZIS	-		0:00:45.480(00:00:00)	0:13:36.670(00:12:51)	0:25:52.227(00:25:06)
92	77	12	M40-49	Male	2789	Greek	DIMITRIS MAKRIS	-	REVOLUTIONFIT	0:00:31.670(00:00:00)	0:13:06.920(00:12:35)	0:25:53.704(00:25:22)
93	16	3	W30-39	Female	2212	Greek	STAMATELA BASILAKI	-		0:00:19.920(00:00:00)	0:13:14.924(00:12:55)	0:26:02.117(00:25:42)
94	17	4	W19-29	Female	2065	Greek	CHRYSA SFRINTZERI	-		0:01:25.924(00:00:00)	0:14:01.680(00:12:35)	0:26:05.260(00:24:39)
95	78	8	BOYS15-	Male	2657	Greek	IASONAS MANTZIOS	-	TOPSPIN TENNIS TEAM	0:00:01.814(00:00:00)	0:12:28.667(00:12:26)	0:26:06.480(00:26:04)
96	79	6	BOYS16-18	Male	2646	Greek	IOANNIS KATSANOS	-	TOPSPIN TENNIS TEAM	0:00:01.814(00:00:00)	0:12:27.167(00:12:25)	0:26:08.284(00:26:06)
97	80	14	M30-39	Male	2171	Greek	POLYCHRONIS KARALIS	-	ZOE ANDRIKOPOULOU TEAM	0:00:11.057(00:00:00)	0:12:53.914(00:12:42)	0:26:09.070(00:25:58)
98	81	9	BOYS15-	Male	2820	GR	APOSTOLOS PAPATOLIS	-		0:00:05.727(00:00:00)	0:13:09.917(00:13:04)	0:26:10.720(00:26:04)
99	82	15	M30-39	Male	2226	Greek	VASILIS TZIVARAS	-	SDI	0:00:15.104(00:00:00)	0:13:02.920(00:12:47)	0:26:20.220(00:26:05)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
100	18	4	W30-39	Female	2196	Greek	ELPINIKI KONTAKSI	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ	0:00:13.867(00:00:00)	0:13:02.920(00:12:49)	0:26:20.337(00:26:06)
101	83	17	M19-29	Male	2756	Greek	THEODORA CHRISTIA	-	SOCIETY FOR THE PROMOTION OF MENTAL HEALTH IN EPIRUS	0:00:37.324(00:00:00)	0:13:21.184(00:12:43)	0:26:22.170(00:25:44)
102	19	5	W30-39	Female	2788	Greek	ERI LOLI	-	REVOLUTIONFIT	-	0:13:23.674 (---:--)	0:26:25.867 (---:--)
103	84	2	M60+	Male	2161	Albanian	MICHALIS TSIATOS	-		0:00:08.930(00:00:00)	0:13:20.174(00:13:11)	0:26:27.157(00:26:18)
104	85	16	M30-39	Male	2429	Greek	GALGOS VASILIS	-	METRO RUNNING TEAM	0:00:08.277(00:00:00)	0:12:37.674(00:12:29)	0:26:35.467(00:26:27)
105	86	13	M40-49	Male	2451	Greek	VARTZIOTIS FOTIS	-	METRO RUNNING TEAM	0:00:08.930(00:00:00)	0:12:37.674(00:12:28)	0:26:35.577(00:26:26)
106	87	18	M19-29	Male	2408	Greek	KOSTAS DIMITRIS	-	METRO RUNNING TEAM	0:00:09.237(00:00:00)	0:12:37.160(00:12:27)	0:26:35.577(00:26:26)
107	88	19	M19-29	Male	2810	Greek	VALLERIANOS CHATZINIKOLAOU	-		0:00:23.460(00:00:00)	0:13:23.914(00:13:00)	0:26:37.714(00:26:14)
108	89	17	M50-59	Male	2197	Greek	GRIGORIOS KONTAXIS	-	ΣΥΛΛΟΓΟΣ ΚΟΥΤΣΕΛΙΟΥ	0:00:15.104(00:00:00)	0:13:30.174(00:13:15)	0:26:38.810(00:26:23)
109	20	5	W19-29	Female	2769	Greek	TATIANI LIGONI	-	REVOLUTIONFIT	0:00:15.700(00:00:00)	0:13:55.167(00:13:39)	0:26:39.114(00:26:23)
110	90	17	M30-39	Male	2676	Greek	NIKOLAOS TZIMAS	-		0:00:15.524(00:00:00)	0:13:44.414(00:13:28)	0:26:42.597(00:26:27)
111	91	20	M19-29	Male	2143	Eritrean	BEHRE BENJAMIN	-	HABIBI	0:00:31.387(00:00:00)	0:13:22.910(00:12:51)	0:26:43.264(00:26:11)
112	92	18	M30-39	Male	2087	Greek	VASILIS STAMOULIS	-		0:00:05.754(00:00:00)	0:13:08.667(00:13:02)	0:26:45.200(00:26:39)
113	21	2	W50-59	Female	2686	Greek	MARIA TZOUVARA	-		0:00:10.014(00:00:00)	0:13:12.914(00:13:02)	0:26:45.470(00:26:35)
114	22	6	W19-29	Female	2071	Greek	EIRINI CHRISTOU	-	GYMNASION FITNESS CLUB MESOLOGGI	0:00:18.124(00:00:00)	0:13:42.670(00:13:24)	0:26:48.894(00:26:30)
115	93	3	M60+	Male	2020	Greek	ANTONIOS NTOULAS	-	SDI	0:00:08.087(00:00:00)	0:13:17.667(00:13:09)	0:26:49.937(00:26:41)
116	23	7	W19-29	Female	2004	Greek	CHRISTINA ZOI	-		-	0:13:21.184 (---:--)	0:26:51.787 (---:--)
117	24	8	W19-29	Female	2799	Greek	DIMITRA SAVVATI	-		0:00:09.237(00:00:00)	0:13:00.684(00:12:51)	0:26:55.374(00:26:46)
118	94	21	M19-29	Male	2690	Greek	ANTONIOS DARLIS	-		0:00:20.847(00:00:00)	0:13:03.414(00:12:42)	0:26:57.210(00:26:36)
119	25	6	W30-39	Female	2854	GR	ELENI BASIOU	-	REVOLUTION FIT	0:00:32.444(00:00:00)	0:13:52.667(00:13:20)	0:26:57.210(00:26:24)
120	26	7	W30-39	Female	2140	Spanish	JURADO ESTRELLA	-	HABIBI	0:00:30.940(00:00:00)	0:14:09.174(00:13:38)	0:26:57.757(00:26:26)
121	27	9	W19-29	Female	2147	Gernam	KOLACEK SVENJA	-	HABIBI	0:00:33.940(00:00:00)	0:14:09.670(00:13:35)	0:26:57.884(00:26:23)
122	28	3	W50-59	Female	2766	Greek	ELENI MARTIADOU	-	METRO RUNNING TEAM	-	-	0:26:58.674 (---:--)
123	29	4	W50-59	Female	2125	Greek	ELENI MARTIADOU	-		-	-	0:26:58.674 (---:--)
124	30	10	W19-29	Female	2112	Greek	ANGELINA VLASIOU	-	DRC ATHENS	0:00:03.854(00:00:00)	0:13:21.927(00:13:18)	0:26:59.407(00:26:55)
125	31	11	W19-29	Female	2028	Greek	DIMITRA VETSIU	-		0:00:01.150(00:00:00)	0:13:02.420(00:13:01)	0:26:59.407(00:26:58)
126	95	14	M40-49	Male	2648	Greek	ELEFTHERIOS DOUVANAS	-	TOPSPIN TENNIS TEAM	0:00:05.727(00:00:00)	0:13:24.174(00:13:18)	0:26:59.914(00:26:54)
127	96	18	M50-59	Male	2217	Greek	ANASTASIOS KEFALAS	-		-	0:13:49.920 (---:--)	0:27:02.140 (---:--)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
128	32	2	GIRLS16-18	Female	2218	Greek	THEODORA KEFALA	-		0:00:11.854(00:00:00)	0:13:49.664(00:13:37)	0:27:02.140(00:26:50)
129	33	8	W30-39	Female	2650	Greek	VASO TZABAZI	-	TOPSPIN TENNIS TEAM	0:00:03.090(00:00:00)	0:13:28.174(00:13:25)	0:27:03.534(00:27:00)
130	34	9	W30-39	Female	2882		STAVROULA PSILOGIANNI	-	HARMMA CAFE	0:00:05.754(00:00:00)	0:13:45.164(00:13:39)	0:27:09.080(00:27:03)
131	97	19	M30-39	Male	2695	Greek	MILTADIS TSAMATHS	-	AUTOLINEA	0:00:50.610(00:00:00)	0:14:09.670(00:13:19)	0:27:09.624(00:26:19)
132	98	22	M19-29	Male	2132	Greek	KONSTANTINOS KARAGIORGOS	-	KASSIOS DIAS	0:00:36.984(00:00:00)	0:13:04.170(00:12:27)	0:27:09.624(00:26:32)
133	99	20	M30-39	Male	2242	Greek	ANTONIS HRISTAKIS	-	AOF	0:00:08.930(00:00:00)	0:13:00.170(00:12:51)	0:27:21.174(00:27:12)
134	100	19	M50-59	Male	2694	Greek	EYAGELOS KOKKAS	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΑΡΤΑΣ	0:00:05.754(00:00:00)	0:13:17.667(00:13:11)	0:27:21.704(00:27:15)
135	35	10	W30-39	Female	2040	Greek	KATERINA MASTORA	-	360 PERSONAL	0:00:24.134(00:00:00)	0:13:45.164(00:13:21)	0:27:24.514(00:27:00)
136	101	15	M40-49	Male	2885	GR	PETROS PALASCHAS	-	ΣΔΙ	0:00:02.224(00:00:00)	0:13:53.417(00:13:51)	0:27:27.100(00:27:24)
137	102	21	M30-39	Male	2774	Greek	GIORGOS LAZOS	-	REVOLUTIONFIT	0:00:14.277(00:00:00)	0:14:16.420(00:14:02)	0:27:27.740(00:27:13)
138	36	11	W30-39	Female	2768	Greek	AGGELIKI MAMAKI	-	REVOLUTIONFIT	0:00:33.617(00:00:00)	0:14:09.174(00:13:35)	0:27:28.200(00:26:54)
139	37	12	W30-39	Female	2791	Greek	POPI REGGINA	-	REVOLUTIONFIT	0:00:33.867(00:00:00)	0:14:10.160(00:13:36)	0:27:28.307(00:26:54)
140	103	22	M30-39	Male	2235	Greek	DIMITRIS BARELIS	-	MAKIS TEAM	0:00:13.294(00:00:00)	0:13:38.670(00:13:25)	0:27:36.027(00:27:22)
141	38	12	W19-29	Female	2115	Greek	CHRISTINA MEMA	-		0:00:05.530(00:00:00)	0:13:20.670(00:13:15)	0:27:37.847(00:27:32)
142	104	23	M30-39	Male	2191	Greek	ALEXANDROS MOUTSOPOULOS	-		0:00:20.847(00:00:00)	0:13:16.417(00:12:55)	0:27:38.377(00:27:17)
143	39	13	W19-29	Female	2230	Greek	VALENTINATHEODORA NTENTIAEVA	-	ALEXOUBI	0:00:25.444(00:00:00)	0:13:28.174(00:13:02)	0:27:42.497(00:27:17)
144	105	23	M19-29	Male	2256	Greek	APOSTOLOS PAPADOUDIS	-		0:00:45.777(00:00:00)	0:14:10.667(00:13:24)	0:27:47.230(00:27:01)
145	106	24	M30-39	Male	2871	GR	ORESTIS KARAKATSIANIS	-	I.KTEO AUTODRIVER	0:00:34.284(00:00:00)	0:14:42.924(00:14:08)	0:27:48.607(00:27:14)
146	40	14	W19-29	Female	2761	Greek	AFRODITI LETSIOU	-		0:00:28.744(00:00:00)	0:13:26.410(00:12:57)	0:27:54.504(00:27:25)
147	107	10	BOYS15-	Male	2522	Greek	GKONDRAS IOANNIS	-	METRO RUNNING TEAM	0:00:23.460(00:00:00)	0:11:47.660(00:11:24)	0:27:57.970(00:27:34)
148	108	16	M40-49	Male	2027	Greek	CHRIS KOKKINOS	-	SDI	0:00:05.530(00:00:00)	0:13:05.924(00:13:00)	0:27:59.684(00:27:54)
149	41	13	W30-39	Female	2088	Greek	FAIH DANDOLA	-		0:00:07.000(00:00:00)	0:13:56.910(00:13:49)	0:28:00.744(00:27:53)
150	42	5	W50-59	Female	2069	Greek	MARIA KITSINELI	-	GYMNASION FITNESS CLUB MESOLOGGI	0:00:18.124(00:00:00)	0:13:51.920(00:13:33)	0:28:02.654(00:27:44)
151	43	15	W19-29	Female	2779	Greek	EUA KOUFOU	-	REVOLUTIONFIT	0:00:18.894(00:00:00)	0:14:08.660(00:13:49)	0:28:07.820(00:27:48)
152	109	24	M19-29	Male	2780	Greek	PANAGIOTIS MPATSHS	-	REVOLUTIONFIT	0:00:15.524(00:00:00)	0:14:08.174(00:13:52)	0:28:09.164(00:27:53)
153	110	25	M30-39	Male	2866	GR	GIANNIS DREPANAS	-	REVOLUTION FIT	0:00:26.564(00:00:00)	0:14:16.170(00:13:49)	0:28:13.510(00:27:46)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
154	111	17	M40-49	Male	2097	Greek	STEFANOS CHAIDOS	-		0:00:20.467(00:00:00)	0:14:00.420(00:13:39)	0:28:14.664(00:27:54)
155	112	4	M60+	Male	2251	Greek	ARIS YFANTIS	-		0:00:22.637(00:00:00)	0:14:13.167(00:13:50)	0:28:17.277(00:27:54)
156	44	6	W50-59	Female	2644	Greek	MAGDALENE SIATOUNI	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΗΓΟΥΜΕΝΙΤΣΑΣ	0:00:05.727(00:00:00)	0:13:56.177(00:13:50)	0:28:17.744(00:28:12)
157	45	16	W19-29	Female	2856	GR	LAMPRINI XHTA	-	REVOLUTION FIT	0:00:26.157(00:00:00)	0:14:19.417(00:13:53)	0:28:18.427(00:27:52)
158	46	14	W30-39	Female	2782	Greek	ELENA GEORGIOU	-	REVOLUTIONFIT	0:00:25.444(00:00:00)	0:14:18.914(00:13:53)	0:28:18.680(00:27:53)
159	113	25	M19-29	Male	2200	Greek	IOANNIS VOUKAKIS	-		0:00:58.610(00:00:00)	0:14:24.667(00:13:26)	0:28:24.264(00:27:25)
160	114	15	W30-39	Male	2874	IRISH	AINE O` GORMAN	-	HABIBI	0:00:33.940(00:00:00)	0:14:12.417(00:13:38)	0:28:25.497(00:27:51)
161	115	5	M60+	Male	2815	GR	ADAM VASILAKIS	-	KANALAKI RUN	0:00:05.727(00:00:00)	0:14:01.434(00:13:55)	0:28:26.054(00:28:20)
162	116	20	M50-59	Male	2705	Greek	EVANGELOS PARASCHOS	-	Σ.Δ.Ο.ΕΟΡΔΑΙΑΣ	0:00:58.610(00:00:00)	0:15:09.427(00:14:10)	0:28:29.474(00:27:30)
163	117	18	M40-49	Male	2777	Greek	AGGELOS MPALANTANHS	-	REVOLUTIONFIT	0:00:30.397(00:00:00)	0:14:22.417(00:13:52)	0:28:31.887(00:28:01)
164	118	26	M30-39	Male	2818	GR	KONSTANTINOS PAVLOU	-	FIFTH ELEMENT RUNNING TEAM	0:00:13.294(00:00:00)	0:13:33.177(00:13:19)	0:28:32.144(00:28:18)
165	47	16	W30-39	Female	2031	Greek	ANDRONIKI LOLOU	-	SDI	0:00:09.607(00:00:00)	0:14:15.917(00:14:06)	0:28:36.574(00:28:26)
166	119	27	M30-39	Male	2030	Greek	STAVROS MPOUGIAS	-	SDI	0:00:09.607(00:00:00)	0:14:17.174(00:14:07)	0:28:36.744(00:28:27)
167	120	28	M30-39	Male	2654	Greek	ALEXIOS BOUKAS	-	TOPSPIN TENNIS TEAM	0:00:00.607(00:00:00)	0:14:02.167(00:14:01)	0:28:36.744(00:28:36)
168	48	6	W40-49	Female	2689	Greek	LEFKOTHEA GEGIOU	-		0:00:08.930(00:00:00)	0:14:29.420(00:14:20)	0:28:38.350(00:28:29)
169	49	17	W19-29	Female	2785	Greek	MIRTO BELLOU	-	REVOLUTIONFIT	0:00:31.670(00:00:00)	0:14:21.164(00:13:49)	0:28:41.364(00:28:09)
170	121	26	M19-29	Male	2193	Greek	MICHALIS PAPATSIMPAS	-	HRC	0:00:16.024(00:00:00)	0:14:15.917(00:13:59)	0:28:45.657(00:28:29)
171	50	18	W19-29	Female	2192	Greek	MARIA VASILEIOU	-	HRC	0:00:16.024(00:00:00)	0:14:15.424(00:13:59)	0:28:47.834(00:28:31)
172	122	21	M50-59	Male	2164	Greek	IOANNIS TZIALLAS	-		0:00:13.867(00:00:00)	0:14:31.670(00:14:17)	0:28:49.120(00:28:35)
173	123	11	BOYS15-	Male	2696	Greek	NIKOLAOS AYGITAS	-	AUTOLINEA	0:00:16.377(00:00:00)	0:14:20.674(00:14:04)	0:28:51.027(00:28:34)
174	124	22	M50-59	Male	2047	Greek	DIMITRIS PAPAROUNAS	-	PHARMNET TEAM	0:00:05.727(00:00:00)	0:13:30.674(00:13:24)	0:28:51.027(00:28:45)
175	125	27	M19-29	Male	2100	Greek	PANAGIOTIS FERENTINOS	-		0:00:23.794(00:00:00)	0:14:41.664(00:14:17)	0:28:51.164(00:28:27)
176	126	23	M50-59	Male	2697	Greek	NEOKLIS AYGITAS	-	AUTOLINEA	0:00:15.104(00:00:00)	0:14:20.674(00:14:05)	0:28:51.690(00:28:36)
177	127	6	M60+	Male	2155	Greek	KOSTANTINOS PAPACHRISTOS	-		0:00:05.754(00:00:00)	0:14:04.664(00:13:58)	0:28:58.734(00:28:52)
178	51	19	W19-29	Female	2198	Greek	KASSIANI MARINA BOZIARI	-		0:00:57.487(00:00:00)	0:14:32.164(00:13:34)	0:29:01.400(00:28:03)
179	52	17	W30-39	Female	2655	Greek	NANTIA TZORTZI	-	TOPSPIN TENNIS TEAM	0:00:00.130(00:00:00)	0:14:02.167(00:14:02)	0:29:02.817(00:29:02)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
180	53	1	W60+	Female	2692	Greek	MARIA GIOTI	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΑΡΤΑΣ	0:00:08.930(00:00:00)	0:14:21.670(00:14:12)	0:29:05.934(00:28:57)
181	128	24	M50-59	Male	2033	Greek	ELEFThERIOS PANOGLOU	-		0:00:31.670(00:00:00)	0:16:29.914(00:15:58)	0:29:06.337(00:28:34)
182	54	7	W40-49	Female	2804	Greek	SOFIA KALOGIROU	-	FIFTh ELEMENT RUNNING TEAM	0:00:14.400(00:00:00)	0:14:50.164(00:14:35)	0:29:08.854(00:28:54)
183	55	18	W30-39	Female	2154	Greek	ALEXANDRA DALAGIANNI	-		0:00:08.294(00:00:00)	0:14:35.160(00:14:26)	0:29:14.050(00:29:05)
184	56	20	W19-29	Female	2661	Greek	VERA-PISTI ANTONOPOULOU	-	SDI	0:00:45.480(00:00:00)	0:14:36.174(00:13:50)	0:29:19.224(00:28:33)
185	129	29	M30-39	Male	2674	Greek	MAKIS GOULAS	-	EQUAL FITNESS STUDIO	0:00:12.107(00:00:00)	0:15:02.670(00:14:50)	0:29:21.610(00:29:09)
186	130	19	M40-49	Male	2261	Greek	KONSTANTINOS VARDALIS	-	EQUAL FITNESS STUDIO	0:00:13.294(00:00:00)	0:15:03.674(00:14:50)	0:29:21.610(00:29:08)
187	131	20	M40-49	Male	2900	GREEK	GEORGIOS GKIOLIAS	-		0:00:20.467(00:00:00)	0:14:21.670(00:14:01)	0:29:29.147(00:29:08)
188	132	30	M30-39	Male	2861	GR	XARIS KOSTAKIS	-	REVOLUTION FIT	0:01:06.340(00:00:00)	0:15:18.667(00:14:12)	0:29:34.640(00:28:28)
189	57	8	W40-49	Female	2860	GR	AFRODITI NTELGKANTO	-	REVOLUTION FIT	0:01:08.467(00:00:00)	0:15:19.427(00:14:10)	0:29:36.034(00:28:27)
190	133	28	M19-29	Male	2678	Greek	SPYRIDON TSIRKAS	-		0:00:47.444(00:00:00)	0:15:10.164(00:14:22)	0:29:39.207(00:28:51)
191	58	9	W40-49	Female	2185	Greek	MAIRH STERGIOPOULOU	-		-	0:14:10.914 (---:--)	0:29:39.654 (---:--)
192	134	31	M30-39	Male	2186	Greek	DIMITRIS HRYSANThOPOULOS	-		0:00:25.444(00:00:00)	0:15:25.170(00:14:59)	0:29:39.797(00:29:14)
193	59	19	W30-39	Female	2156	Greek	STAVROULA PETROU	-		0:00:12.107(00:00:00)	0:15:07.160(00:14:55)	0:29:43.354(00:29:31)
194	135	12	BOYS15-	Male	2173	Greek	SIOULAS NIKOLAOS	-	SDI	0:00:03.090(00:00:00)	0:15:27.927(00:15:24)	0:29:45.424(00:29:42)
195	136	32	M30-39	Male	2671	Greek	PANAGIOTIS GEORGOULAS	-	IRAKLIS RUNNING TEAM	0:00:10.467(00:00:00)	0:14:32.420(00:14:21)	0:29:46.614(00:29:36)
196	137	25	M50-59	Male	2172	Greek	STAVROS SIOULAS	-	SDI	0:00:03.644(00:00:00)	0:15:27.927(00:15:24)	0:29:46.750(00:29:43)
197	60	20	W30-39	Female	2767	Greek	KONSTANTINA KOMINOU	-		0:00:10.014(00:00:00)	0:14:47.174(00:14:37)	0:30:06.527(00:29:56)
198	61	3	GIRLS16-18	Female	2229	Greek	OLGA LEKKOU	-		0:00:27.354(00:00:00)	0:13:12.914(00:12:45)	0:30:11.627(00:29:44)
199	62	10	W40-49	Female	2811	GR	ELENI BAKOLA	-		0:00:22.644(00:00:00)	0:15:27.414(00:15:04)	0:30:12.590(00:29:49)
200	138	7	BOYS16-18	Male	2253	Greek	APOSTOLOS KITSANTAS	-		0:00:10.467(00:00:00)	0:14:18.164(00:14:07)	0:30:12.864(00:30:02)
201	139	13	BOYS15-	Male	2877	GR	GRISELDI FILAJ	-	FIFTh ELEMENT RUNNING TEAM	0:00:05.530(00:00:00)	0:14:26.430(00:14:20)	0:30:16.214(00:30:10)
202	140	14	BOYS15-	Male	2869	GR	ANASTASIOS TATIGIANNIS	-		0:00:08.054(00:00:00)	0:14:04.174(00:13:56)	0:30:17.070(00:30:09)
203	141	15	BOYS15-	Male	2868	GR	VASILEIOS MALLIOS	-		0:00:05.727(00:00:00)	0:14:02.924(00:13:57)	0:30:18.334(00:30:12)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
204	63	21	W19-29	Female	2248	Czech	DENISA HYÁNKOVÁ	-	PLEVHU	0:00:25.784(00:00:00)	0:14:06.424(00:13:40)	0:30:20.564(00:29:54)
205	142	29	M19-29	Male	2249	Slovakian	JAKUB PLEVKA	-	PLEVHU	0:00:25.627(00:00:00)	0:14:06.170(00:13:40)	0:30:21.404(00:29:55)
206	64	22	W19-29	Female	2688	Greek	EIRINI DIALYNAKI	-	ΑΛΕΞΟΥΜΠΙ	0:00:25.627(00:00:00)	0:15:58.427(00:15:32)	0:30:23.450(00:29:57)
207	143	21	M40-49	Male	2474	Greek	KASKORAS VASILEIOS	-	METRO RUNNING TEAM	0:00:57.270(00:00:00)	0:15:23.417(00:14:26)	0:30:26.664(00:29:29)
208	144	26	M50-59	Male	2070	Greek	GEORGIOS CHRISTOU	-	GYMNASION FITNESS CLUB MESOLOGGI	0:00:18.894(00:00:00)	0:15:46.664(00:15:27)	0:30:28.537(00:30:09)
209	65	21	W30-39	Female	2879	GR	KATERINA SKOULIKA	-		0:00:42.230(00:00:00)	0:16:01.164(00:15:18)	0:30:33.084(00:29:50)
210	145	5	ALL	Male	2878		GIORGOS ELEFThERiADIS	-		0:00:42.760(00:00:00)	0:16:00.664(00:15:17)	0:30:33.344(00:29:50)
211	66	22	W30-39	Female	2896	Greek	ALEXANDRA DALAGIANNI	-		-	0:15:53.924 (---:--)	0:30:34.390 (---:--)
212	146	33	M30-39	Male	2880	GR	EVANGELOS BOUTIS	-		0:00:43.680(00:00:00)	0:16:01.164(00:15:17)	0:30:34.477(00:29:50)
213	67	23	W19-29	Female	2772	Greek	KONSTANTINA LEFA	-	REVOLUTIONFIT	0:00:28.757(00:00:00)	0:15:33.670(00:15:04)	0:30:36.020(00:30:07)
214	147	24	W19-29	Male	2875		BENJA BLASHCKE	-	HABIBI	0:01:59.997(00:00:00)	0:16:07.420(00:14:07)	0:30:38.040(00:28:38)
215	68	7	W50-59	Female	2072	Greek	CHRISTINA KOKKA	-	PANIONIOS GS NSMYRNI	0:00:08.054(00:00:00)	0:15:17.174(00:15:09)	0:30:43.570(00:30:35)
216	148	27	M50-59	Male	2126	Greek	EUAGGELOS SINIS	-	ΣΥΛΛΟΓΟΣ ΜΑΡΑΘΩΝΟΔΡΟΜΩΝ Ν. ΛΑΡΙΣΑΣ	-	0:14:48.420 (---:--)	0:30:45.834 (---:--)
217	149	30	M19-29	Male	2669	Greek	DIMITRIS LIASKAS	-		0:00:35.864(00:00:00)	0:14:53.674(00:14:17)	0:30:46.477(00:30:10)
218	69	23	W30-39	Female	2680	Greek	EIRINI PAPACHRISTOU	-		-	-	0:30:47.160 (---:--)
219	70	1	GIRLS15-	Female	2385	Greek	ANASTASIS RALLIA	-	METRO RUNNING TEAM	0:01:07.370(00:00:00)	-	0:30:52.527(00:29:45)
220	150	22	M40-49	Male	2909	GREEK	KONSTANTINOS TSILIDIS	-		0:00:26.157(00:00:00)	0:15:52.174(00:15:26)	0:30:59.587(00:30:33)
221	151	16	BOYS15-	Male	2633	Greek	GKONDRAS THEOFILOS	-	METRO RUNNING TEAM	-	0:11:50.424 (---:--)	0:31:00.810 (---:--)
222	152	31	M19-29	Male	2677	Greek	ATHANASIOS MARKOPOULOS	-		0:00:45.777(00:00:00)	0:14:25.930(00:13:40)	0:31:03.284(00:30:17)
223	153	7	M60+	Male	2404	Greek	TSOUKAS MICHAIL	-	METRO RUNNING TEAM	0:00:28.744(00:00:00)	0:16:09.914(00:15:41)	0:31:07.367(00:30:38)
224	154	17	BOYS15-	Male	2672	Greek	KONSTANTINOS CHILIARCHOS	-		0:00:25.444(00:00:00)	0:16:08.174(00:15:42)	0:31:09.710(00:30:44)
225	155	28	M50-59	Male	2082	Greek	IOANNIS VRIVOSINOS	-	GREVENA	0:00:12.107(00:00:00)	0:15:11.414(00:14:59)	0:31:11.600(00:30:59)
226	156	34	M30-39	Male	2078	Greek	NIKOLAOS MARGARITIS	-		0:00:03.444(00:00:00)	0:14:40.680(00:14:37)	0:31:12.000(00:31:08)
227	71	8	W50-59	Female	2802	Greek	KONSTANTINA ZIAGKOU	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΗΓΟΥΜΕΝΙΤΣΑΣ	0:00:16.024(00:00:00)	0:15:42.670(00:15:26)	0:31:14.084(00:30:58)
228	72	24	W30-39	Female	2228	Greek	KASSIANI GKESOULI	-	SDI	0:00:09.520(00:00:00)	0:15:16.417(00:15:06)	0:31:15.324(00:31:05)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
229	157	23	M40-49	Male	2652	Greek	ARISTOTELIS NTALIAS	-	TOPSPIN TENNIS TEAM	0:00:03.090(00:00:00)	0:15:16.417(00:15:13)	0:31:16.770(00:31:13)
230	73	9	W50-59	Female	2019	Greek	KALLIOPI ZOI	-	SDI	0:00:09.520(00:00:00)	0:15:18.667(00:15:09)	0:31:20.000(00:31:10)
231	74	4	GIRLS16-18	Female	2250	Greek	VASILIKI BOUSIOU	-		0:00:25.444(00:00:00)	0:16:08.174(00:15:42)	0:31:20.000(00:30:54)
232	158	35	M30-39	Male	2002	Greek	DIMITRIS BONOVAS	-		0:00:19.920(00:00:00)	0:14:32.164(00:14:12)	0:31:20.227(00:31:00)
233	159	8	M60+	Male	2902	GREEK	KONSTANTINOS KALOGIROU	-	FIFTH ELEMENT RUNNING TEAM	0:00:15.524(00:00:00)	0:15:24.917(00:15:09)	0:31:23.694(00:31:08)
234	75	11	W40-49	Female	2653	Greek	XARA TZORTZI	-	TOPSPIN TENNIS TEAM	0:00:03.090(00:00:00)	0:15:16.417(00:15:13)	0:31:24.370(00:31:21)
235	160	18	BOYS15-	Male	2828	GR	XRISTOS PAKOS	-	360 PERSONAL	0:00:25.444(00:00:00)	0:16:08.174(00:15:42)	0:31:24.434(00:30:58)
236	76	5	GIRLS16-18	Female	2183	Greek	MARIA-VASILIKI TRACHANA	-	ANEY	0:00:27.514(00:00:00)	0:14:59.424(00:14:31)	0:31:26.584(00:30:59)
237	77	12	W40-49	Female	2580	Greek	ANDREOU ALEXANDRA	-	METRO RUNNING TEAM	0:01:10.414(00:00:00)	0:17:08.917(00:15:58)	0:31:27.147(00:30:16)
238	78	13	W40-49	Female	2105	Greek	EVI AVDI	-	SDI	0:00:08.930(00:00:00)	0:15:11.930(00:15:03)	0:31:29.690(00:31:20)
239	161	24	M40-49	Male	2106	Greek	DIMITRIS AVDIS	-	SDI	0:00:08.930(00:00:00)	0:15:11.930(00:15:03)	0:31:30.050(00:31:21)
240	79	25	W19-29	Female	2258	Greek	KONSTANTINA TENTI	-		0:00:47.584(00:00:00)	0:15:46.167(00:14:58)	0:31:30.347(00:30:42)
241	80	25	W30-39	Female	2190	Greek	MARIA ANGELAKOPOULOU	-	GOROW	0:00:37.774(00:00:00)	0:15:58.410(00:15:20)	0:31:32.897(00:30:55)
242	162	32	M19-29	Male	2863	GR	EMMANOUEL DIMITRIOU	-	REVOLUTION FIT	0:00:18.124(00:00:00)	0:14:58.910(00:14:40)	0:31:33.060(00:31:14)
243	81	10	W50-59	Female	2211	Greek	GEORGIA PAPPA	-		0:00:11.854(00:00:00)	0:15:21.667(00:15:09)	0:31:36.747(00:31:24)
244	82	14	W40-49	Female	2263	Greek	PANAGIOTA LOLOU	-		0:00:28.757(00:00:00)	0:15:55.414(00:15:26)	0:31:43.650(00:31:14)
245	163	25	M40-49	Male	2264	Greek	EVANGELOS SIOKOLIS	-		0:00:29.934(00:00:00)	0:15:54.414(00:15:24)	0:31:44.207(00:31:14)
246	83	26	M40-49	Female	2908	GREEK	AIKATERINI GEORGIOU	-	HAPPYRUNNERTRAVELLER	0:00:26.564(00:00:00)	0:15:35.670(00:15:09)	0:31:48.970(00:31:22)
247	84	15	W40-49	Female	2700	Greek	KATERINA VRANOU	-	AUTOLINEA	0:00:45.327(00:00:00)	0:16:12.167(00:15:26)	0:31:50.104(00:31:04)
248	85	26	W19-29	Female	2074	Greek	MIRSINI MATSA	-	ANEEAPHTH	0:00:10.944(00:00:00)	0:15:26.174(00:15:15)	0:31:52.884(00:31:41)
249	86	6	ALL	Female	2683	Greek	EYSTATHIA NTROUBA	-		0:01:01.997(00:00:00)	0:16:10.174(00:15:08)	0:32:03.137(00:31:01)
250	87	27	W19-29	Female	2221	Greek	RAFAILIA ANDREOU	-		0:00:58.610(00:00:00)	0:16:02.914(00:15:04)	0:32:06.577(00:31:07)
251	164	36	M30-39	Male	2872	GR	MICHAIL VASILEIOU	-	I.KTEO AUTODRIVER	0:00:34.280(00:00:00)	0:16:30.924(00:15:56)	0:32:19.134(00:31:44)
252	165	27	M40-49	Male	2246	Greek	ANASTASIOS KATSANOS	-		0:01:16.977(00:00:00)	0:16:49.674(00:15:32)	0:32:22.130(00:31:05)
253	88	28	W19-29	Female	2816	GR	EIRINI KLEITSA	-	FIFTH ELEMENT RUNNING TEAM	0:00:09.237(00:00:00)	0:15:54.414(00:15:45)	0:32:22.790(00:32:13)
254	166	33	M19-29	Male	2873		IOANNIS VERGOS	-	FIFTH ELEMENT RUNNING TEAM	0:00:08.930(00:00:00)	0:15:54.414(00:15:45)	0:32:22.904(00:32:13)
255	89	29	W19-29	Female	2255	Greek	KONSTANTINA FILIPPA GEORGOUTSOU	-		0:00:22.644(00:00:00)	0:16:08.410(00:15:45)	0:32:24.917(00:32:02)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
256	90	30	W19-29	Female	2209	Greek	DESPOINA SIORENTA	-		0:00:25.444(00:00:00)	0:16:43.670(00:16:18)	0:32:25.587(00:32:00)
257	167	37	M30-39	Male	2208	Greek	LEFTERIS RIZOS	-		0:00:24.200(00:00:00)	-	0:32:25.697(00:32:01)
258	91	11	W50-59	Female	2109	Greek	MARIA CHASIOTI	-		0:00:15.104(00:00:00)	0:16:06.424(00:15:51)	0:32:37.737(00:32:22)
259	168	9	M60+	Male	2402	Greek	MARKOPOULOS XARALAMPOS	-	METRO RUNNING TEAM	0:00:25.444(00:00:00)	0:15:53.924(00:15:28)	0:32:38.170(00:32:12)
260	169	29	M50-59	Male	2110	Greek	ANDREAS LIAKOPOULOS	-		0:00:15.524(00:00:00)	0:16:05.924(00:15:50)	0:32:39.297(00:32:23)
261	92	16	W40-49	Female	2150	Greek	STYLIANH MPILIKA	-		0:00:57.487(00:00:00)	0:16:56.674(00:15:59)	0:32:41.200(00:31:43)
262	93	31	W19-29	Female	2819	GR	TATIANA TZIMA	-	FIFTH ELEMENT RUNNING TEAM	0:00:08.054(00:00:00)	0:15:08.914(00:15:00)	0:32:43.524(00:32:35)
263	170	34	M19-29	Male	2691	Greek	RAFAIL GKARTZONIKAS	-	GSP GARTZONIKAS	0:00:22.637(00:00:00)	0:16:16.420(00:15:53)	0:32:43.854(00:32:21)
264	171	28	M40-49	Male	2332	Greek	CHRISTOU CHRISTOS	-	METRO RUNNING TEAM	0:00:35.610(00:00:00)	0:16:36.924(00:16:01)	0:32:44.300(00:32:08)
265	172	29	M40-49	Male	2085	Greek	SAKIS NTOUVLIS	-		0:00:19.920(00:00:00)	0:16:18.660(00:15:58)	0:32:44.717(00:32:24)
266	94	17	W40-49	Female	2086	Greek	NINA ZIKYRI	-		0:00:19.404(00:00:00)	0:16:18.910(00:15:59)	0:32:45.964(00:32:26)
267	95	32	W19-29	Female	2122	Greek	NIKOLETA KARATZA	-		0:00:31.670(00:00:00)	0:16:22.170(00:15:50)	0:32:50.870(00:32:19)
268	173	38	M30-39	Male	2121	Greek	BASILIS FOTIADIS	-		0:00:32.444(00:00:00)	0:16:21.664(00:15:49)	0:32:50.870(00:32:18)
269	96	26	W30-39	Female	2682	Greek	KATERINA ANDREOU	-		0:01:13.674(00:00:00)	0:16:41.414(00:15:27)	0:32:56.144(00:31:42)
270	174	30	M50-59	Male	2704	Greek	PANAGIOTIS KARAMANIDIS	-	Σ.Δ.Ο.ΕΟΡΔΑΙΑΣ	0:00:38.324(00:00:00)	0:16:44.924(00:16:06)	0:32:59.057(00:32:20)
271	97	33	W19-29	Female	2146	FRENCH	DREME MELINA	-	HABIBI	0:02:02.940(00:00:00)	0:17:06.170(00:15:03)	0:33:01.974(00:30:59)
272	98	18	W40-49	Female	2016	Greek	DIMITRA PAPPA	-		0:00:05.754(00:00:00)	0:15:53.424(00:15:47)	0:33:04.977(00:32:59)
273	99	19	W40-49	Female	2306	Greek	SOFIA SOFOKLIS	-	METRO RUNNING TEAM	0:00:10.880(00:00:00)	0:15:57.914(00:15:47)	0:33:12.390(00:33:01)
274	175	19	BOYS15-	Male	2843	GR	XARALAMPOS NOUSIS	-	360 PERSONAL	0:01:12.797(00:00:00)	0:16:45.674(00:15:32)	0:33:14.630(00:32:01)
275	100	2	GIRLS15-	Female	2649	Greek	VASILEIA PARASKEVA	-	TOPSPIN TENNIS TEAM	0:00:03.090(00:00:00)	0:15:28.924(00:15:25)	0:33:14.630(00:33:11)
276	101	20	W40-49	Female	2681	Greek	EVAGELIA ARAPOGIANNI	-		0:01:09.674(00:00:00)	0:17:08.414(00:15:58)	0:33:14.974(00:32:05)
277	176	30	M40-49	Male	2447	Greek	LAMPROS DIMITRIOS	-	METRO RUNNING TEAM	0:00:53.737(00:00:00)	0:16:21.664(00:15:27)	0:33:17.180(00:32:23)
278	177	31	M50-59	Male	2455	Greek	IFANTIS EVAGGELOS	-	METRO RUNNING TEAM	0:00:54.564(00:00:00)	-	0:33:19.064(00:32:24)
279	178	39	M30-39	Male	2067	Greek	DIMITRIS KARAGIORGOS	-		0:00:09.607(00:00:00)	0:16:03.667(00:15:54)	0:33:19.207(00:33:09)
280	102	27	W30-39	Female	2425	Greek	DIMATSA ANASTASIA	-	METRO RUNNING TEAM	0:00:08.930(00:00:00)	0:15:25.664(00:15:16)	0:33:19.207(00:33:10)
281	103	21	W40-49	Female	2582	Greek	GERANTONI STAVROULA	-	METRO RUNNING TEAM	-	-	0:33:20.514 (---:--)
282	179	35	M19-29	Male	2554	Greek	GEORGOYLAS VASILIS	-	METRO RUNNING TEAM	0:00:09.070(00:00:00)	0:15:25.170(00:15:16)	0:33:20.514(00:33:11)
283	180	20	BOYS15-	Male	2384	Greek	DEDES PANAGIOTIS	-	METRO RUNNING TEAM	-	-	0:33:20.514 (---:--)
284	104	22	W40-49	Female	2311	Greek	MPOLI MARIA	-	METRO RUNNING TEAM	-	0:15:25.664 (---:--)	0:33:21.230 (---:--)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
285	181	31	M40-49	Male	2026	Greek	DIMITRIOS DEZOS	-	SDI	0:00:05.754(00:00:00)	0:15:43.920(00:15:38)	0:33:24.290(00:33:18)
286	182	32	M40-49	Male	2675	Greek	VASILEIOS VLETSAS	-		0:00:05.530(00:00:00)	0:15:43.920(00:15:38)	0:33:24.627(00:33:19)
287	105	28	W30-39	Female	2133	Greek	DIMITRA PAPAGEORGIOU	-		0:00:08.087(00:00:00)	0:16:25.167(00:16:17)	0:33:27.534(00:33:19)
288	106	12	W50-59	Female	2005	Greek	ANTONIA PAPPA	-		0:00:05.727(00:00:00)	0:16:07.420(00:16:01)	0:33:29.400(00:33:23)
289	107	3	GIRLS15-	Female	2903	GREEK	MARIA PAPATOLI	-		0:00:05.727(00:00:00)	0:15:32.670(00:15:26)	0:33:30.764(00:33:25)
290	108	7	ALL	Female	2045	Greek	CHRISTINA TSIAMANTA	-		0:00:46.530(00:00:00)	0:17:46.910(00:17:00)	0:33:35.610(00:32:49)
291	109	29	W30-39	Female	2778	Greek	ELENI STRATOU	-	REVOLUTIONFIT	0:00:30.274(00:00:00)	0:16:39.667(00:16:09)	0:33:41.137(00:33:10)
292	110	23	W40-49	Female	2216	Greek	ELENI KANDRELI	-		0:00:41.240(00:00:00)	0:17:11.170(00:16:29)	0:33:46.457(00:33:05)
293	111	24	W40-49	Female	2730	Greek	DIMITRA KALYVA	-	360 PERSONAL	0:00:31.670(00:00:00)	0:17:05.424(00:16:33)	0:33:54.177(00:33:22)
294	183	32	M50-59	Male	2735	Greek	DIMITRIS VASILAS	-	360 PERSONAL	0:00:53.737(00:00:00)	0:17:05.424(00:16:11)	0:33:55.414(00:33:01)
295	184	33	M50-59	Male	2024	Greek	EVANGELOS. PAPAZOTOS	-		0:00:19.200(00:00:00)	0:16:31.424(00:16:12)	0:33:57.380(00:33:38)
296	185	10	M60+	Male	2089	Greek	KOSTANTINOS PAPADIMITRIOU	-	ΣΥΛΛΟΓΟΣ ΑΠΑΝΑΤΧΟΥ ΖΕΡΜΑΤΙΝΩΝ	0:00:03.090(00:00:00)	0:16:23.420(00:16:20)	0:34:01.084(00:33:57)
297	112	6	GIRLS16-18	Female	2182	Greek	KONSTANTINA TASSI	-		0:00:25.444(00:00:00)	0:16:07.674(00:15:42)	0:34:02.774(00:33:37)
298	113	7	GIRLS16-18	Female	2119	Greek	DOROTHEA DELIKOURA	-	ΑΟ ΣΠΑΡΤΑΚΟΣ ΙΩΑΝΝΙΝΩΝ	0:00:08.930(00:00:00)	0:16:07.674(00:15:58)	0:34:03.780(00:33:54)
299	114	8	GIRLS16-18	Female	2114	Greek	KLAIRI LIONTOU	-	EKA DODONI ΙΟΑΝΝΙΝΟΝ	0:00:36.810(00:00:00)	0:16:39.170(00:16:02)	0:34:11.000(00:33:34)
300	186	40	M30-39	Male	2227	Greek	PANTELIS KITSOS	-	SDI	0:01:18.084(00:00:00)	0:17:42.664(00:16:24)	0:34:13.794(00:32:55)
301	187	33	M40-49	Male	2222	Greek	PAYLOS ZOIS	-	SDI	0:01:21.544(00:00:00)	0:17:42.664(00:16:21)	0:34:15.234(00:32:53)
302	115	13	W50-59	Female	2179	Greek	AGGELIKI KONSTANTINOU	-	ΔΡΟΜΕΙΣ ΦΑΝΑΡΙΟΥ	0:00:27.354(00:00:00)	0:16:59.160(00:16:31)	0:34:20.150(00:33:52)
303	188	34	M50-59	Male	2398	Greek	CHRISTAKIS CHRISTOS	-	METRO RUNNING TEAM	0:00:06.650(00:00:00)	0:15:36.667(00:15:30)	0:34:25.410(00:34:18)
304	116	30	W30-39	Female	2775	Greek	DIMITRA VLACHA	-	REVOLUTIONFIT	0:00:44.040(00:00:00)	0:17:49.910(00:17:05)	0:34:26.774(00:33:42)
305	117	34	W19-29	Female	2783	Greek	ELEFThERIA ZIAVROU	-	REVOLUTIONFIT	0:00:28.757(00:00:00)	0:16:39.667(00:16:10)	0:34:31.174(00:34:02)
306	118	35	W19-29	Female	2166	Greek	EVAGGELIA KARYPIDOU	-		0:00:14.400(00:00:00)	0:15:48.417(00:15:34)	0:34:31.947(00:34:17)
307	189	36	M19-29	Male	2135	Greek	PARASKEVAS PAPADIMITROPOULOS	-		0:00:14.400(00:00:00)	0:15:48.417(00:15:34)	0:34:33.544(00:34:19)
308	119	36	W19-29	Female	2773	Greek	TERRY PALASXA	-	REVOLUTIONFIT	0:00:27.514(00:00:00)	0:16:39.667(00:16:12)	0:34:35.427(00:34:07)
309	120	37	W19-29	Female	2771	Greek	KATERINA LEFA	-	REVOLUTIONFIT	0:00:28.757(00:00:00)	0:16:38.167(00:16:09)	0:34:35.997(00:34:07)
310	190	37	M19-29	Male	2225	Greek	VASILIS VASILAKIS	-		0:00:38.644(00:00:00)	0:18:07.907(00:17:29)	0:34:48.150(00:34:09)
311	121	31	W30-39	Female	2224	Greek	EVDOXENIA SKOUMPOU	-		0:00:38.977(00:00:00)	0:18:07.924(00:17:28)	0:34:48.150(00:34:09)
312	191	38	M19-29	Male	2754	Greek	VLASIS PAPACHRISTOS	-	SOCIETY FOR THE	0:00:40.540(00:00:00)	0:16:24.424(00:15:43)	0:34:50.087(00:34:09)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
									PROMOTION OF MENTAL HEALTH IN EPIRUS			
313	122	4	GIRLS15-	Female	2744	Greek	THEODORA TSOFOPOULOU	-		0:00:38.977(00:00:00)	0:17:00.664(00:16:21)	0:34:50.470(00:34:11)
314	123	32	W30-39	Female	2742	Greek	MARIALENA LYRI	-		0:01:02.654(00:00:00)	0:18:09.407(00:17:06)	0:34:52.347(00:33:49)
315	192	39	M19-29	Male	2852	GR	GIANNHS TZIALLAS	-	REVOLUTION FIT	0:00:22.637(00:00:00)	0:16:02.417(00:15:39)	0:34:53.587(00:34:30)
316	124	25	W40-49	Female	2576	Greek	NTAGKA CHAROULA	-	METRO RUNNING TEAM	0:01:05.674(00:00:00)	-	0:34:55.834(00:33:50)
317	125	5	GIRLS15-	Female	2417	Greek	LADIA AGGELIKH	-	METRO RUNNING TEAM	0:01:05.674(00:00:00)	-	0:34:56.450(00:33:50)
318	126	26	W40-49	Female	2506	Greek	XRISTOGIANNI MARIA	-	METRO RUNNING TEAM	0:01:06.340(00:00:00)	-	0:34:56.930(00:33:50)
319	127	27	W40-49	Female	2904	GREEK	MELINA PAPPA	-		0:00:29.934(00:00:00)	0:17:36.160(00:17:06)	0:34:58.140(00:34:28)
320	193	34	M40-49	Male	2195	Greek	CHRISTOS BOSMOS	-		0:00:11.854(00:00:00)	0:16:26.160(00:16:14)	0:35:00.090(00:34:48)
321	194	11	M60+	Male	2199	Greek	GEORGIOS PAPANASTASIOU	-		0:00:17.220(00:00:00)	0:16:53.164(00:16:35)	0:35:01.574(00:34:44)
322	128	9	GIRLS16-18	Female	2698	Greek	CHRISTINA TSAKIRI	-	AUTOLINEA	-	0:15:10.164 (---:--)	0:35:02.937 (---:--)
323	129	6	GIRLS15-	Female	2137	Greek	ATHENA PAKAPOUKA	-		0:00:22.637(00:00:00)	0:17:45.667(00:17:23)	0:35:03.017(00:34:40)
324	195	35	M40-49	Male	2886		CHARIS MANTZIOS	-	ΣΔ ΙΩΑΝΝΙΝΩΝ	0:00:03.090(00:00:00)	0:16:03.924(00:16:00)	0:35:03.280(00:35:00)
325	130	33	W30-39	Female	2138	Greek	ELENI BOURTZOU	-	BEFUR	0:00:22.637(00:00:00)	0:17:46.164(00:17:23)	0:35:03.537(00:34:40)
326	196	35	M50-59	Male	2663	THRASYVOYLOS	THRASYVOYLOS PAGOYLATOS	-	METRO RUNNING TEAM	0:01:03.660(00:00:00)	0:17:37.910(00:16:34)	0:35:05.137(00:34:01)
327	131	14	W50-59	Female	2634	Greek	DASKALAKI DIMITRA	-	METRO RUNNING TEAM	0:01:03.660(00:00:00)	0:17:38.660(00:16:35)	0:35:05.917(00:34:02)
328	132	38	W19-29	Female	2889	GREEK	ALEXANDRA HYMA	-	ΣΔΥ ΤΡΙΚΑΛΩΝ	0:00:38.470(00:00:00)	0:17:33.167(00:16:54)	0:35:07.404(00:34:28)
329	197	8	ALL	Male	2890		NONAME_2024 ΩΩ_ΑΓΩΝΑΣ 5KM_45	-		0:00:06.764(00:00:00)	0:17:12.420(00:17:05)	0:35:16.614(00:35:09)
330	133	39	W19-29	Female	2096	Greek	KASSIANI ZOI	-		0:00:09.607(00:00:00)	0:17:28.410(00:17:18)	0:35:18.797(00:35:09)
331	134	15	W50-59	Female	2745	Greek	XARA PAPAILIA	-		0:00:23.794(00:00:00)	0:18:17.174(00:17:53)	0:35:27.764(00:35:03)
332	135	1	TPEΞE MAZI MOY	Female	2265	Greek	NOTOU STELLA	-	TPEΞE MAZI MOY	-	0:16:10.174 (---:--)	0:35:30.000 (---:--)
333	136	40	W19-29	Female	2130	Greek	MARIA KOUTSOURI	-	KASSIOS DIAS	0:00:38.977(00:00:00)	0:17:57.424(00:17:18)	0:35:31.227(00:34:52)
334	137	34	W30-39	Female	2840	GR	PANAGIOTA VARDAKA	-	360 PERSONAL	0:00:57.487(00:00:00)	0:17:31.414(00:16:33)	0:35:33.394(00:34:35)
335	138	41	W19-29	Female	2714	Greek	DESPOINA GOURNOPANOU	-	360 PERSONAL	0:00:56.160(00:00:00)	0:18:29.417(00:17:33)	0:35:33.534(00:34:37)
336	198	36	M40-49	Male	2753	Greek	IOANNIS XOULIARAS	-	SOCIETY FOR THE PROMOTION OF MENTAL HEALTH IN EPIRUS	0:00:39.357(00:00:00)	0:18:55.920(00:18:16)	0:35:56.230(00:35:16)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
337	139	35	W30-39	Female	2184	Greek	ANTA BLACKVELVET	-		0:00:52.620(00:00:00)	0:18:17.174(00:17:24)	0:36:03.607(00:35:10)
338	140	42	W19-29	Female	2107	Greek	ARTEMIS PLATOGIANNI	-		0:00:05.530(00:00:00)	0:17:09.410(00:17:03)	0:36:05.897(00:36:00)
339	199	21	BOYS15-	Male	2876		ALTEO FILAJ	-	FIFTH ELEMENT RUNNING TEAM	0:00:02.964(00:00:00)	0:16:57.920(00:16:54)	0:36:07.904(00:36:04)
340	141	16	W50-59	Female	2162	Albanian	STAVRULA TSIATOU	-		0:00:08.930(00:00:00)	0:17:48.174(00:17:39)	0:36:17.140(00:36:08)
341	200	36	M50-59	Male	2176	Greek	PANAGIOTIS KARAKOUSIS	-		0:01:05.294(00:00:00)	0:18:11.914(00:17:06)	0:36:18.014(00:35:12)
342	142	28	W40-49	Female	2803	Greek	MARA KALOGIROU	-	FIFTH ELEMENT RUNNING TEAM	0:00:19.404(00:00:00)	0:17:58.920(00:17:39)	0:36:20.540(00:36:01)
343	143	29	W40-49	Female	2809	Greek	ELENI TAMPA	-		0:00:19.404(00:00:00)	0:17:58.920(00:17:39)	0:36:20.920(00:36:01)
344	201	41	M30-39	Male	2758	Greek	PANAGIOTA KODOUDI	-	SOCIETY FOR THE PROMOTION OF MENTAL HEALTH IN EPIRUS	0:00:37.324(00:00:00)	0:18:59.924(00:18:22)	0:36:23.530(00:35:46)
345	202	40	M19-29	Male	2757	Greek	AFRODITI PAPAGEORGIOU	-	SOCIETY FOR THE PROMOTION OF MENTAL HEALTH IN EPIRUS	0:00:37.774(00:00:00)	0:18:56.914(00:18:19)	0:36:23.530(00:35:45)
346	203	12	M60+	Male	2267	Greek	LIAGKAS THEODOROS	-	METRO RUNNING TEAM	0:01:03.660(00:00:00)	0:17:50.164(00:16:46)	0:36:24.270(00:35:20)
347	144	43	W19-29	Female	2145	Belgian	GALICIA TINA	-	HABIBI	0:02:00.817(00:00:00)	0:19:30.924(00:17:30)	0:36:25.827(00:34:25)
348	145	17	W50-59	Female	2831	GR	ELENI TSIOVOULOU	-	360 PERSONAL	0:00:57.487(00:00:00)	0:18:53.184(00:17:55)	0:36:27.604(00:35:30)
349	146	30	W40-49	Female	2706	Greek	OLGA KYRIAKIDOU	-	Σ.Δ.Ο.ΕΟΡΔΑΙΑΣ	0:00:43.387(00:00:00)	0:18:15.424(00:17:32)	0:36:36.577(00:35:53)
350	147	9	ALL	Female	2814	GR	OLGA KOSTI	-		0:00:23.794(00:00:00)	0:18:18.167(00:17:54)	0:36:37.434(00:36:13)
351	148	7	GIRLS15-	Female	2808	Greek	HLEKTRA PAPADOPOULOU	-		0:00:20.467(00:00:00)	0:17:50.910(00:17:30)	0:36:42.550(00:36:22)
352	204	41	M19-29	Male	2673	Greek	DIMITRIOS TSIBLOULIS	-		0:01:05.294(00:00:00)	0:19:04.150(00:17:58)	0:36:58.390(00:35:53)
353	149	44	W19-29	Female	2167	Greek	NDILE EVANGELIA	-		0:00:05.727(00:00:00)	0:16:59.417(00:16:53)	0:37:02.987(00:36:57)
354	205	37	M50-59	Male	2233	Greek	THOMAS TZIMAS	-		0:00:23.794(00:00:00)	0:17:55.920(00:17:32)	0:37:08.047(00:36:44)
355	150	2	W60+	Female	2234	Greek	VOULA MAVRIDOU	-		0:00:22.637(00:00:00)	0:17:56.164(00:17:33)	0:37:08.047(00:36:45)
356	151	31	W40-49	Female	2668	Greek	ELENA KATERINI	-		0:00:22.637(00:00:00)	0:17:57.924(00:17:35)	0:37:08.047(00:36:45)
357	206	38	M50-59	Male	2194	Greek	NIKOLAOS TSARKOVISTAS	-		0:00:31.670(00:00:00)	0:18:36.664(00:18:04)	0:37:10.660(00:36:38)
358	152	45	W19-29	Female	2670	Greek	ALEXIA GKIKA	-	ALEXOUBI	0:00:25.627(00:00:00)	0:18:54.174(00:18:28)	0:37:13.200(00:36:47)
359	207	37	M40-49	Male	2292	Greek	BADAVELIS NIKOS	-	METRO RUNNING TEAM	0:00:27.354(00:00:00)	0:18:44.167(00:18:16)	0:37:14.827(00:36:47)
360	153	32	W40-49	Female	2821	GR	RENA ELMATZOGLOU	-	360 PERSONAL	0:00:57.487(00:00:00)	0:19:14.410(00:18:16)	0:37:25.194(00:36:27)
361	154	33	W40-49	Female	2037	Greek	AGGELIKI MPENOU	-	360 PERSONAL	0:00:57.487(00:00:00)	0:19:14.674(00:18:17)	0:37:25.194(00:36:27)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
362	155	36	W30-39	Female	2770	Greek	XARA LYRA	-	REVOLUTIONFIT	0:00:18.124(00:00:00)	0:18:22.424(00:18:04)	0:37:30.194(00:37:12)
363	156	34	W40-49	Female	2023	Greek	EFTHALIA BOIKOU	-		0:00:21.210(00:00:00)	0:18:47.927(00:18:26)	0:37:32.374(00:37:11)
364	157	37	W30-39	Female	2685	Greek	AIKATERINI MPAFA	-		0:01:01.997(00:00:00)	0:19:44.417(00:18:42)	0:37:44.630(00:36:42)
365	208	38	M40-49	Male	2298	Greek	STRATIS CHRISTOS	-	METRO RUNNING TEAM	0:00:39.357(00:00:00)	0:15:37.170(00:14:57)	0:37:45.717(00:37:06)
366	209	39	M40-49	Male	2572	Greek	MPISTAS PETROS	-	METRO RUNNING TEAM	0:00:35.610(00:00:00)	0:17:15.160(00:16:39)	0:37:46.994(00:37:11)
367	158	18	W50-59	Female	2734	Greek	ELENI MIXOU	-	360 PERSONAL	0:00:57.487(00:00:00)	0:18:46.667(00:17:49)	0:37:55.417(00:36:57)
368	210	22	BOYS15-	Male	2592	Greek	LOUPAS ILIAS	-	METRO RUNNING TEAM	0:00:43.387(00:00:00)	0:19:50.657(00:19:07)	0:37:57.077(00:37:13)
369	159	38	W30-39	Female	2341	Greek	ANTONIOU JENNY	-	METRO RUNNING TEAM	0:00:34.280(00:00:00)	0:20:00.170(00:19:25)	0:38:15.637(00:37:41)
370	160	35	W40-49	Female	2897	GREEK	ELLI MITSIONI	-		0:01:08.144(00:00:00)	0:19:36.167(00:18:28)	0:38:15.637(00:37:07)
371	161	19	W50-59	Female	2269	Greek	TSWLI LAMPRINI	-	METRO RUNNING TEAM	0:00:08.930(00:00:00)	0:18:12.917(00:18:03)	0:38:22.884(00:38:13)
372	162	20	W50-59	Female	2101	Greek	XRISTINA GKANIATSA	-		0:00:10.467(00:00:00)	0:18:58.164(00:18:47)	0:38:24.774(00:38:14)
373	163	36	W40-49	Female	2034	Greek	THEODORA MARGONI	-		0:00:32.174(00:00:00)	0:18:54.174(00:18:22)	0:38:24.774(00:37:52)
374	211	40	M40-49	Male	2007	Cypriot	PETROS KONSTANTINOU	-	ΑΘΛΗΤΙΚΗ'ΕΝΩΣΗ ΑΣΤΥΝΟΜΙΚΩΝ ΚΥΠΡΟΥ	0:00:27.514(00:00:00)	0:19:25.667(00:18:58)	0:38:37.454(00:38:09)
375	212	41	M40-49	Male	2459	Greek	KATSINOS ALEXANDROS	-	METRO RUNNING TEAM	0:00:26.564(00:00:00)	0:18:53.667(00:18:27)	0:38:48.317(00:38:21)
376	164	37	W40-49	Female	2320	Greek	GIANNETA STELLA	-	METRO RUNNING TEAM	0:00:27.677(00:00:00)	0:18:55.164(00:18:27)	0:38:48.640(00:38:20)
377	165	39	W30-39	Female	2335	Greek	GAZIKA ELENI	-	METRO RUNNING TEAM	-	-	0:38:48.770 (-:--:-)
378	166	38	W40-49	Female	2465	Greek	KOSTARA THEODORA	-	METRO RUNNING TEAM	0:00:27.354(00:00:00)	-	0:38:50.460(00:38:23)
379	167	46	W19-29	Female	2858	GR	MARIA KOUKOUDI	-	REVOLUTION FIT	0:00:25.444(00:00:00)	0:18:38.160(00:18:12)	0:38:53.417(00:38:27)
380	213	42	M40-49	Male	2525	Greek	TSIATOURAS GEORGIOS	-	METRO RUNNING TEAM	0:00:37.774(00:00:00)	0:17:13.674(00:16:35)	0:38:59.690(00:38:21)
381	214	39	M50-59	Male	2436	Greek	MILIONIS IOANNIS	-	METRO RUNNING TEAM	-	-	0:39:00.087 (-:--:-)
382	168	40	W30-39	Female	2362	Greek	CHARISIADI ATHINA DESPOINA	-	METRO RUNNING TEAM	0:01:01.257(00:00:00)	0:20:53.420(00:19:52)	0:39:01.917(00:38:00)
383	169	39	W40-49	Female	2787	Greek	ELENI STAMATIOU	-	REVOLUTIONFIT	0:00:27.514(00:00:00)	0:18:54.174(00:18:26)	0:39:02.830(00:38:35)
384	170	41	W30-39	Female	2723	Greek	ALEXIA ZOMPRA	-	360 PERSONAL	0:00:53.737(00:00:00)	0:19:40.674(00:18:46)	0:39:04.030(00:38:10)
385	215	8	BOYS16-18	Male	2175	Greek	IOANNIS KARAKOTHSIS	-		0:01:05.294(00:00:00)	0:18:29.920(00:17:24)	0:39:04.767(00:37:59)
386	216	23	BOYS15-	Male	2389	Greek	ZONIOS PABAGIOTIS	-	METRO RUNNING TEAM	0:00:46.214(00:00:00)	0:19:50.410(00:19:04)	0:39:09.997(00:38:23)
387	171	8	GIRLS15-	Female	2883	GR	ATHINA RADOU	-	470ACE COACHING	0:00:02.964(00:00:00)	0:19:16.177(00:19:13)	0:39:12.854(00:39:09)
388	172	21	W50-59	Female	2784	Greek	THEODORA KARTSAMPA	-	REVOLUTIONFIT	0:00:28.757(00:00:00)	0:18:55.417(00:18:26)	0:39:18.157(00:38:49)
389	173	40	W40-49	Female	2461	Greek	LOUPA RODOULA	-	METRO RUNNING TEAM	0:00:44.617(00:00:00)	0:20:00.170(00:19:15)	0:39:20.310(00:38:35)
390	217	42	M30-39	Male	2361	Greek	CHRISTIAS ANASTASIOS	-	METRO RUNNING TEAM	0:00:44.990(00:00:00)	0:19:59.664(00:19:14)	0:39:20.520(00:38:35)
391	174	47	W19-29	Female	2148	Italian	SPINNICCHIA CHIARA	-	HABIBI	0:02:00.670(00:00:00)	0:20:09.914(00:18:09)	0:39:30.554(00:37:29)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
392	175	10	ALL	Female	2157	Greek	MARIA EVANGELINOU	-		0:00:14.400(00:00:00)	0:18:51.924(00:18:37)	0:39:31.687(00:39:17)
393	218	43	M40-49	Male	2441	Greek	TZOUVARAS THOMAS	-	METRO RUNNING TEAM	-	-	0:39:33.344 (---:--)
394	176	22	W50-59	Female	2812	GR	VERA KARDASI	-		0:00:12.107(00:00:00)	0:19:58.410(00:19:46)	0:39:33.530(00:39:21)
395	177	23	W50-59	Female	2736	Greek	XRYSOULA ISKOU	-	360 PERSONAL	0:00:56.160(00:00:00)	0:19:02.420(00:18:06)	0:39:35.667(00:38:39)
396	178	41	W40-49	Female	2822	GR	ANDROMAXI KATAPODI	-	360 PERSONAL	0:00:52.620(00:00:00)	0:19:46.914(00:18:54)	0:39:35.667(00:38:43)
397	179	42	W40-49	Female	2834	GR	ERASMIA TAGKA	-	360 PERSONAL	0:00:56.160(00:00:00)	0:19:36.167(00:18:40)	0:39:35.707(00:38:39)
398	219	44	M40-49	Male	2497	Greek	RAKKAS DIMITRIS	-	METRO RUNNING TEAM	-	-	0:39:43.917 (---:--)
399	180	43	W40-49	Female	2456	Greek	PASCHALI EVI	-	METRO RUNNING TEAM	-	-	0:39:49.934 (---:--)
400	181	42	W30-39	Female	2360	Greek	TSIOLI CHRISTINA	-	METRO RUNNING TEAM	-	-	0:39:51.260 (---:--)
401	182	44	W40-49	Female	2297	Greek	KOLETSI MAGDALINI	-	METRO RUNNING TEAM	-	-	0:39:51.837 (---:--)
402	183	3	W60+	Female	2850		MARGARET ALISON SWANBERG	-		0:00:19.404(00:00:00)	0:19:42.667(00:19:23)	0:39:56.970(00:39:37)
403	184	43	W30-39	Female	2712	Greek	EVGENIA MANOUSHI	-	360 PERSONAL	0:00:54.124(00:00:00)	0:18:32.670(00:17:38)	0:39:59.574(00:39:05)
404	185	45	W40-49	Female	2827	GR	AGATHI MATSIKA	-	360 PERSONAL	0:00:27.060(00:00:00)	0:18:57.667(00:18:30)	0:40:02.307(00:39:35)
405	186	4	W60+	Female	2188	Greek	THEODORA KOSTAGIANNI	-		0:00:58.047(00:00:00)	0:21:00.920(00:20:02)	0:40:18.420(00:39:20)
406	220	24	BOYS15-	Male	2473	Greek	ZOTOS KONSTANTINOS	-	METRO RUNNING TEAM	0:01:12.334(00:00:00)	0:19:38.907(00:18:26)	0:40:21.540(00:39:09)
407	187	46	W40-49	Female	2056	Greek	EIRINI DEMERTZI	-	SDI	0:01:01.257(00:00:00)	0:20:52.164(00:19:50)	0:40:22.644(00:39:21)
408	221	43	M30-39	Male	2055	Greek	TILEMACHOS TZINEROS	-	SDI	0:01:02.134(00:00:00)	0:20:51.417(00:19:49)	0:40:23.984(00:39:21)
409	222	44	M30-39	Male	2057	Greek	MARIOS DROSOS	-	SDI	0:01:00.474(00:00:00)	0:20:51.417(00:19:50)	0:40:25.990(00:39:25)
410	223	25	BOYS15-	Male	2388	Greek	PAPANTONIOU GRIGORIS	-	METRO RUNNING TEAM	0:00:15.524(00:00:00)	0:18:12.410(00:17:56)	0:40:27.790(00:40:12)
411	188	44	W30-39	Female	2333	Greek	SARATSI OLGA	-	METRO RUNNING TEAM	0:00:15.104(00:00:00)	0:18:11.667(00:17:56)	0:40:27.857(00:40:12)
412	189	47	W40-49	Female	2807	Greek	FRYNI BEKRI	-		0:00:20.467(00:00:00)	0:19:40.157(00:19:19)	0:40:33.890(00:40:13)
413	190	48	W19-29	Female	2899	GREEK	KLEOPATRA KOTSIANI	-	ΣΔΥ ΑΡΤΑΣ	0:00:19.404(00:00:00)	0:19:07.920(00:18:48)	0:40:46.007(00:40:26)
414	224	40	M50-59	Male	2898		KONSTANTINOS KOTSIANIS	-	ΣΔΥ ΑΡΤΑΣ	0:00:19.920(00:00:00)	0:19:07.410(00:18:47)	0:40:46.737(00:40:26)
415	191	24	W50-59	Female	2111	Greek	SOFIA TESTEMPASI	-		0:00:38.470(00:00:00)	0:19:56.660(00:19:18)	0:40:52.187(00:40:13)
416	225	45	M40-49	Male	2500	Greek	BOURANTAS DIMITRIOS	-	METRO RUNNING TEAM	0:01:11.284(00:00:00)	0:20:39.910(00:19:28)	0:40:55.404(00:39:44)
417	226	42	M19-29	Male	2905	GREEK	CHRISTOS ANAGNOSTOPOULOS	-		0:00:43.024(00:00:00)	0:18:44.414(00:18:01)	0:41:04.400(00:40:21)
418	192	48	W40-49	Female	2748	Greek	VASILIKI FOTOPOULOU	-	SOCIETY FOR THE PROMOTION OF MENTAL HEALTH IN EPIRUS	0:00:44.680(00:00:00)	0:20:26.920(00:19:42)	0:41:04.447(00:40:19)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
419	193	49	W19-29	Female	2746	Greek	STAVROULA VLETSΑ	-	SOCIETY FOR THE PROMOTION OF MENTAL HEALTH IN EPIRUS	0:00:36.810(00:00:00)	0:19:27.674(00:18:50)	0:41:05.940(00:40:29)
420	227	46	M40-49	Male	2751	Greek	CHRISTOS KOUFAKIS	-	SOCIETY FOR THE PROMOTION OF MENTAL HEALTH IN EPIRUS	0:00:41.897(00:00:00)	0:19:13.920(00:18:32)	0:41:06.327(00:40:24)
421	228	47	M40-49	Male	2749	Greek	IOANNIS KATRITZIDIS	-	SOCIETY FOR THE PROMOTION OF MENTAL HEALTH IN EPIRUS	0:00:45.480(00:00:00)	0:20:27.914(00:19:42)	0:41:06.327(00:40:20)
422	194	45	W30-39	Female	2750	Greek	KATERINA POULIASI	-	SOCIETY FOR THE PROMOTION OF MENTAL HEALTH IN EPIRUS	0:00:36.984(00:00:00)	0:20:36.174(00:19:59)	0:41:06.327(00:40:29)
423	195	46	W30-39	Female	2093	Greek	ELENA ZENEMPISI	-		0:00:27.514(00:00:00)	0:20:38.667(00:20:11)	0:41:08.674(00:40:41)
424	229	48	M40-49	Male	2094	Greek	CHRISTOS KOURKOULOS	-		0:00:27.354(00:00:00)	0:20:38.174(00:20:10)	0:41:08.674(00:40:41)
425	230	49	M40-49	Male	2240	Greek	KOSTAS PASCHOS	-		0:00:24.200(00:00:00)	0:19:42.424(00:19:18)	0:41:24.147(00:40:59)
426	231	26	BOYS15-	Male	2394	Greek	VRANAS CHRISTOFOROS	-	METRO RUNNING TEAM	0:00:18.894(00:00:00)	0:19:28.670(00:19:09)	0:41:29.154(00:41:10)
427	196	9	GIRLS15-	Female	2567	Greek	TSIATOYRA OLGA ELENI	-	METRO RUNNING TEAM	0:00:37.774(00:00:00)	0:20:43.160(00:20:05)	0:41:35.524(00:40:57)
428	232	27	BOYS15-	Male	2401	Greek	TSIATOURAS MICHAEL AGGELOS	-	METRO RUNNING TEAM	0:00:37.774(00:00:00)	0:20:43.160(00:20:05)	0:41:35.524(00:40:57)
429	233	50	M40-49	Male	2170	Greek	KOSTAS IOANNOU	-	SDI	0:00:10.467(00:00:00)	0:19:29.170(00:19:18)	0:41:39.187(00:41:28)
430	197	47	W30-39	Female	2842	GR	NIOVI PAPATHANASIOU	-	360 PERSONAL	0:01:11.284(00:00:00)	0:20:39.170(00:19:27)	0:41:45.680(00:40:34)
431	234	51	M40-49	Male	2104	Greek	ALEXIS AVDIS	-	SDI/SAUCONY GREECE	0:00:11.854(00:00:00)	0:20:17.424(00:20:05)	0:41:51.874(00:41:40)
432	235	43	M19-29	Male	2514	Greek	GIOTIS IOANNIS	-	METRO RUNNING TEAM	0:00:51.504(00:00:00)	0:20:02.424(00:19:10)	0:41:56.007(00:41:04)
433	236	41	M50-59	Male	2288	Greek	NTZOUROPANOS SOTIRIS	-	METRO RUNNING TEAM	0:00:18.894(00:00:00)	0:24:53.174(00:24:34)	0:41:59.054(00:41:40)
434	237	42	M50-59	Male	2273	Greek	VRANAS CHRISTOS	-	METRO RUNNING TEAM	0:00:19.920(00:00:00)	-	0:42:00.327(00:41:40)
435	198	25	W50-59	Female	2090	Greek	DESPOINA ZAGOUDI	-		0:01:04.510(00:00:00)	0:20:56.674(00:19:52)	0:42:10.030(00:41:05)
436	199	26	W50-59	Female	2006	Greek	PANAGIOTIA FOUSEKI	-		0:00:35.610(00:00:00)	0:20:15.664(00:19:40)	0:42:15.264(00:41:39)
437	238	44	M19-29	Male	2149	Syrian	BEK DIRAR	-	HABIBI	0:07:59.457(00:00:00)	0:25:00.167(00:17:00)	0:42:23.914(00:34:24)
438	200	48	W30-39	Female	2844	GR	DIMITRA KONOMI	-	360 PERSONAL	0:00:52.620(00:00:00)	0:21:30.907(00:20:38)	0:42:26.120(00:41:33)
439	201	49	W30-39	Female	2731	Greek	DIMITRA KITSOU	-	360 PERSONAL	0:00:51.504(00:00:00)	0:21:30.410(00:20:38)	0:42:31.384(00:41:39)
440	202	50	W30-39	Female	2368	Greek	PANTOU MARIA ELENI	-	METRO RUNNING TEAM	-	-	0:42:36.530 (---:--)
441	203	50	W19-29	Female	2606	Greek	MILIONI KONSTANTINA	-	METRO RUNNING TEAM	0:01:14.560(00:00:00)	0:21:02.674(00:19:48)	0:42:43.274(00:41:28)
442	204	27	W50-59	Female	2021	Greek	VASILIKI PAPAZOTOU	-		0:00:19.920(00:00:00)	0:21:37.657(00:21:17)	0:42:57.024(00:42:37)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
443	205	10	GIRLS15-	Female	2131	Greek	ANGELIKI ANDRIANOPOULOU	-	OXI	0:00:56.380(00:00:00)	0:21:19.910(00:20:23)	0:43:00.880(00:42:04)
444	206	11	GIRLS15-	Female	2134	Greek	MARIA DIMOU	-	NO	0:00:55.377(00:00:00)	0:21:20.414(00:20:25)	0:43:00.947(00:42:05)
445	207	12	GIRLS15-	Female	2187	Greek	FREIDERIKI KOUTLA	-		0:00:55.377(00:00:00)	0:21:23.164(00:20:27)	0:43:05.034(00:42:09)
446	239	43	M50-59	Male	2759	Greek	KATERINA GIAGOU	-	SOCIETY FOR THE PROMOTION OF MENTAL HEALTH IN EPIRUS	0:00:45.480(00:00:00)	0:20:44.917(00:19:59)	0:43:05.877(00:42:20)
447	240	45	M30-39	Male	2628	Greek	SIARAVAS VASILIOS	-	METRO RUNNING TEAM	0:00:51.504(00:00:00)	0:21:12.407(00:20:20)	0:43:16.900(00:42:25)
448	208	49	W40-49	Female	2824	GR	PARASKEUI KONTOU	-	360 PERSONAL	0:00:53.737(00:00:00)	0:21:21.160(00:20:27)	0:43:53.014(00:42:59)
449	209	50	W40-49	Female	2726	Greek	EVLAMPIA OIKONOMIDI	-	360 PERSONAL	0:00:52.620(00:00:00)	0:21:20.414(00:20:27)	0:43:53.014(00:43:00)
450	210	51	W40-49	Female	2068	Greek	MYRTO DIMAKOPOULOU	-		0:01:06.340(00:00:00)	0:22:24.674(00:21:18)	0:44:03.520(00:42:57)
451	241	44	M50-59	Male	2066	Greek	GIORGOS KONIARIS	-		0:01:07.110(00:00:00)	0:22:25.157(00:21:18)	0:44:04.064(00:42:56)
452	211	10	GIRLS16-18	Female	2051	Greek	IFIGENEIA MPASIOU	-	360 PERSONAL	0:00:53.737(00:00:00)	0:21:53.164(00:20:59)	0:44:08.987(00:43:15)
453	212	52	W40-49	Female	2050	Greek	KERASINA KARGIOTI	-	360 PERSONAL	0:00:53.737(00:00:00)	0:21:53.164(00:20:59)	0:44:10.677(00:43:16)
454	242	28	BOYS15-	Male	2544	Greek	GARANATSI EUSTATHIOS	-	METRO RUNNING TEAM	0:01:05.860(00:00:00)	0:23:01.680(00:21:55)	0:44:11.850(00:43:05)
455	243	52	M40-49	Male	2440	Greek	GARANATSI VASILEIOS	-	METRO RUNNING TEAM	0:01:07.110(00:00:00)	0:23:02.924(00:21:55)	0:44:20.960(00:43:13)
456	244	29	BOYS15-	Male	2597	Greek	GARANATSI GEORGIOS	-	METRO RUNNING TEAM	0:01:06.340(00:00:00)	0:23:02.417(00:21:56)	0:44:21.647(00:43:15)
457	245	53	M40-49	Male	2442	Greek	IOANNIDIS ANASTASIOS	-	METRO RUNNING TEAM	0:00:53.964(00:00:00)	0:21:21.160(00:20:27)	0:44:24.774(00:43:30)
458	246	46	M30-39	Male	2348	Greek	VELLIOS GRIGORIOS	-	METRO RUNNING TEAM	0:00:53.964(00:00:00)	0:21:21.160(00:20:27)	0:44:25.777(00:43:31)
459	247	47	M30-39	Male	2046	Greek	ACHILLEAS GIANNOULAKOS	-		0:00:45.327(00:00:00)	0:22:29.914(00:21:44)	0:44:36.674(00:43:51)
460	248	54	M40-49	Male	2639	Greek	PLIAKOS ALEXANDROS	-	METRO RUNNING TEAM	0:00:32.444(00:00:00)	0:22:33.660(00:22:01)	0:44:45.657(00:44:13)
461	213	28	W50-59	Female	2667	Greek	ARTEMIS BITOU	-		0:01:09.204(00:00:00)	0:23:30.664(00:22:21)	0:45:00.704(00:43:51)
462	214	53	W40-49	Female	2632	Greek	VANAKA MARIA	-	METRO RUNNING TEAM	0:01:10.674(00:00:00)	0:22:37.670(00:21:26)	0:45:22.664(00:44:11)
463	215	29	W50-59	Female	2052	Greek	PARASKEYI KYRIAKOPOULOU	-	360 PERSONAL	0:00:58.610(00:00:00)	0:22:59.417(00:22:00)	0:46:08.407(00:45:09)
464	216	54	W40-49	Female	2483	Greek	MHLIONI OURANIA	-	METRO RUNNING TEAM	-	-	0:46:14.230 (---:--)
465	217	55	W40-49	Female	2636	Greek	FILIANOU GHRY SAYGI	-	METRO RUNNING TEAM	0:01:09.947(00:00:00)	0:23:34.920(00:22:24)	0:46:33.920(00:45:23)
466	218	13	GIRLS15-	Female	2813	GR	PARASKEVI HRISTOU	-		0:00:08.930(00:00:00)	0:23:05.160(00:22:56)	0:46:46.810(00:46:37)
467	219	30	W50-59	Female	2287	Greek	KOSTAKOU VIKTORIA	-	METRO RUNNING TEAM	0:00:18.750(00:00:00)	-	0:47:29.687(00:47:10)
468	249	48	M30-39	Male	2881	GR	PANAGIOTIS DEVELEGKAS	-		0:01:10.967(00:00:00)	0:24:32.660(00:23:21)	0:47:43.434(00:46:32)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
469	250	45	M50-59	Male	2421	Greek	ANTONIADIS CRISTOS	-	METRO RUNNING TEAM	0:00:25.784(00:00:00)	0:23:33.164(00:23:07)	0:47:53.574(00:47:27)
470	220	31	W50-59	Female	2538	Greek	RAPTI SPYRIDOULA	-	METRO RUNNING TEAM	0:00:25.444(00:00:00)	0:23:32.420(00:23:06)	0:47:54.930(00:47:29)
471	221	32	W50-59	Female	2573	Greek	MARKOPOULOU MAGDALINI	-	METRO RUNNING TEAM	0:00:25.784(00:00:00)	0:23:32.420(00:23:06)	0:47:55.014(00:47:29)
472	251	55	M40-49	Male	2794	Greek	MANOS XENIKAKIS	-		0:01:10.674(00:00:00)	0:24:28.420(00:23:17)	0:47:55.907(00:46:45)
473	252	45	M19-29	Male	2169	Greek	KYRIAKOS KARTAS	-		0:00:44.680(00:00:00)	0:23:12.410(00:22:27)	0:48:09.160(00:47:24)
474	222	56	W40-49	Female	2826	GR	XRISTINA FOTOU	-	360 PERSONAL	0:01:05.294(00:00:00)	0:23:20.660(00:22:15)	0:48:09.284(00:47:03)
475	223	57	W40-49	Female	2825	GR	MARIA SOULIOU	-	360 PERSONAL	0:01:05.860(00:00:00)	0:23:21.907(00:22:16)	0:48:10.504(00:47:04)
476	224	58	W40-49	Female	2036	Greek	MARIA GOUVA	-	360 PERSONAL	0:01:05.860(00:00:00)	0:23:22.414(00:22:16)	0:48:10.504(00:47:04)
477	225	59	W40-49	Female	2328	Greek	TOUFEKOULA CHRYSA	-	METRO RUNNING TEAM	0:00:20.540(00:00:00)	0:24:52.657(00:24:32)	0:48:10.684(00:47:50)
478	253	49	M30-39	Male	2364	Greek	YFANTIS CHRISTOS	-	METRO RUNNING TEAM	0:00:10.014(00:00:00)	0:24:52.414(00:24:42)	0:48:10.684(00:48:00)
479	226	33	W50-59	Female	2280	Greek	ARNAKI POLYXENI	-	METRO RUNNING TEAM	-	-	0:48:12.110 (-:-:-)
480	254	50	M30-39	Male	2349	Greek	PATSIA PANAGIOTIS	-	METRO RUNNING TEAM	-	0:24:26.407 (-:-:-)	0:48:22.807 (-:-:-)
481	255	56	M40-49	Male	2321	Greek	MOULARAS MICHALIS	-	METRO RUNNING TEAM	0:00:15.524(00:00:00)	-	0:48:22.937(00:48:07)
482	227	51	W30-39	Female	2345	Greek	KEGACHIA VASILIKI	-	METRO RUNNING TEAM	0:00:15.524(00:00:00)	-	0:48:22.937(00:48:07)
483	228	34	W50-59	Female	2291	Greek	STYLIARA SOFIA	-	METRO RUNNING TEAM	0:00:15.104(00:00:00)	0:25:01.414(00:24:46)	0:48:29.920(00:48:14)
484	256	51	M30-39	Male	2862	GR	DIMITRIS PAPPAS	-	REVOLUTION FIT	0:01:07.987(00:00:00)	0:23:00.910(00:21:52)	0:48:56.164(00:47:48)
485	257	13	M60+	Male	2213	Greek	KONSTANTINOS STERGIOU	-	ΣΔΥΚΟΖΑΝΗΣ	0:00:58.830(00:00:00)	0:25:23.407(00:24:24)	0:49:14.704(00:48:15)
486	229	51	W19-29	Female	2743	Greek	AIKATERINI-MARIA LAZARI	-		0:01:02.937(00:00:00)	0:25:37.410(00:24:34)	0:49:17.417(00:48:14)
487	258	57	M40-49	Male	2846	GR	GIORGOS SKOURAS	-	360 PERSONAL	0:00:57.487(00:00:00)	0:22:55.170(00:21:57)	0:49:29.684(00:48:32)
488	230	35	W50-59	Female	2053	Greek	TANIA PAPPA	-	360 PERSONAL	0:00:56.160(00:00:00)	0:23:48.177(00:22:52)	0:49:30.034(00:48:33)
489	259	14	M60+	Male	2795	Greek	THOMAS DASKAGIANNIS	-	Thomas Group	0:01:08.370(00:00:00)	0:26:31.410(00:25:23)	0:49:39.560(00:48:31)
490	231	14	GIRLS15-	Female	2386	Greek	ZONIOU SOFIA	-	METRO RUNNING TEAM	0:00:46.214(00:00:00)	0:25:36.157(00:24:49)	0:50:51.267(00:50:05)
491	232	52	W30-39	Female	2420	Greek	APOSTOLOU DESPOINA	-	METRO RUNNING TEAM	0:00:52.620(00:00:00)	0:26:32.927(00:25:40)	0:50:54.484(00:50:01)
492	233	60	W40-49	Female	2316	Greek	DOUVLI ALEXANDRA	-	METRO RUNNING TEAM	0:00:45.327(00:00:00)	0:25:40.910(00:24:55)	0:50:56.164(00:50:10)
493	234	36	W50-59	Female	2282	Greek	PAPAGEORGIOU VASO	-	METRO RUNNING TEAM	0:00:13.294(00:00:00)	0:25:01.907(00:24:48)	0:51:03.167(00:50:49)
494	235	61	W40-49	Female	2301	Greek	BAMPALI ROULA	-	METRO RUNNING TEAM	0:00:15.104(00:00:00)	0:25:01.907(00:24:46)	0:51:03.834(00:50:48)
495	236	37	W50-59	Female	2272	Greek	KOUSARIDA MARIA	-	METRO RUNNING TEAM	0:00:15.104(00:00:00)	0:25:01.907(00:24:46)	0:51:03.834(00:50:48)
496	237	53	W30-39	Female	2337	Greek	HETAJA NEXHMIJE STELLA	-	METRO RUNNING TEAM	0:00:15.104(00:00:00)	0:25:01.414(00:24:46)	0:51:03.834(00:50:48)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
497	238	54	W30-39	Female	2358	Greek	MOULAROGIANNI ELENI	-	METRO RUNNING TEAM	0:00:15.104(00:00:00)	0:25:01.907(00:24:46)	0:51:03.834(00:50:48)
498	260	52	M30-39	Male	2353	Greek	CHANTZARAS NIKOS	-	METRO RUNNING TEAM	0:00:15.700(00:00:00)	0:25:01.414(00:24:45)	0:51:04.050(00:50:48)
499	239	38	W50-59	Female	2463	Greek	PAPADOPOULOU AIKATERINI	-	METRO RUNNING TEAM	0:00:52.620(00:00:00)	0:26:01.417(00:25:08)	0:51:07.550(00:50:14)
500	240	52	W19-29	Female	2466	Greek	GIOTI ANNA	-	METRO RUNNING TEAM	0:00:31.670(00:00:00)	0:25:49.164(00:25:17)	0:51:11.204(00:50:39)
501	261	46	M19-29	Male	2521	Greek	KITSIOS KONSTANTINOS	-	METRO RUNNING TEAM	0:00:34.674(00:00:00)	0:25:50.677(00:25:16)	0:51:11.727(00:50:37)
502	241	39	W50-59	Female	2276	Greek	STATHOKOSTA ANTIGONI	-	METRO RUNNING TEAM	0:00:15.524(00:00:00)	0:24:28.170(00:24:12)	0:51:11.870(00:50:56)
503	242	40	W50-59	Female	2430	Greek	PAPADIMITRIOU ELENI	-	METRO RUNNING TEAM	0:00:59.120(00:00:00)	0:24:28.667(00:23:29)	0:51:15.780(00:50:16)
504	243	53	W19-29	Female	2374	Greek	LALACHOU EIRINI	-	METRO RUNNING TEAM	0:01:01.257(00:00:00)	0:24:27.910(00:23:26)	0:51:16.340(00:50:15)
505	244	62	W40-49	Female	2323	Greek	MOIRI MARIA	-	METRO RUNNING TEAM	-	0:24:26.407 (---:--)	0:51:18.337 (---:--)
506	262	46	M50-59	Male	2539	Greek	SIOMOS AXILLEFS	-	METRO RUNNING TEAM	0:00:36.810(00:00:00)	-	0:51:28.764(00:50:51)
507	245	63	W40-49	Female	2504	Greek	ZIOGA VASILIKI	-	METRO RUNNING TEAM	-	-	0:51:30.117 (---:--)
508	246	15	GIRLS15-	Female	2550	Greek	ZOTOU CHRISTINA	-	METRO RUNNING TEAM	0:01:12.797(00:00:00)	-	0:51:30.230(00:50:17)
509	247	41	W50-59	Female	2289	Greek	GRIZI MARIA	-	METRO RUNNING TEAM	0:00:18.124(00:00:00)	-	0:51:31.927(00:51:13)
510	248	64	W40-49	Female	2492	Greek	NTAMPOU SPIRIDOULA	-	METRO RUNNING TEAM	0:01:06.037(00:00:00)	0:27:07.410(00:26:01)	0:51:47.970(00:50:41)
511	263	58	M40-49	Male	2600	Greek	TATSIS KOSMAS	-	METRO RUNNING TEAM	0:01:07.987(00:00:00)	0:27:08.157(00:26:00)	0:51:47.970(00:50:39)
512	249	65	W40-49	Female	2314	Greek	TASI AIKATERINI	-	METRO RUNNING TEAM	0:00:44.990(00:00:00)	0:26:15.427(00:25:30)	0:52:18.087(00:51:33)
513	250	66	W40-49	Female	2513	Greek	SANTA ALIKH	-	METRO RUNNING TEAM	0:00:43.387(00:00:00)	0:26:16.910(00:25:33)	0:52:19.434(00:51:36)
514	264	30	BOYS15-	Male	2469	Greek	RIZOS ARIS	-	METRO RUNNING TEAM	0:00:44.164(00:00:00)	0:26:20.664(00:25:36)	0:52:19.434(00:51:35)
515	251	5	W60+	Female	2796	British	JOSEPHINE MASONDASKAGIANNIS	-	Thomas Group	0:01:08.370(00:00:00)	0:26:31.664(00:25:23)	0:52:21.680(00:51:13)
516	252	67	W40-49	Female	2477	Greek	SARITZOGLOU STYLIANI	-	METRO RUNNING TEAM	0:00:49.270(00:00:00)	0:26:20.664(00:25:31)	0:52:31.584(00:51:42)
517	253	16	GIRLS15-	Female	2395	Greek	KONTOU JOANNA	-	METRO RUNNING TEAM	0:00:50.427(00:00:00)	0:26:21.657(00:25:31)	0:52:35.227(00:51:44)
518	254	17	GIRLS15-	Female	2391	Greek	LIONTOY PARASKEYI	-	METRO RUNNING TEAM	0:01:00.097(00:00:00)	0:25:39.664(00:24:39)	0:52:40.707(00:51:40)
519	255	55	W30-39	Female	2350	Greek	PAGONA VASILIKI	-	METRO RUNNING TEAM	0:00:49.270(00:00:00)	0:26:50.914(00:26:01)	0:52:44.754(00:51:55)
520	256	56	W30-39	Female	2448	Greek	PAPPA KORINA	-	METRO RUNNING TEAM	0:00:51.504(00:00:00)	0:26:51.414(00:25:59)	0:52:45.227(00:51:53)
521	257	68	W40-49	Female	2432	Greek	XATZIAVRAAM ANASTASIA	-	METRO RUNNING TEAM	0:00:48.450(00:00:00)	0:28:35.674(00:27:47)	0:52:46.690(00:51:58)
522	258	69	W40-49	Female	2296	Greek	KOSTANASIOU AIKATERINI	-	METRO RUNNING TEAM	0:00:31.670(00:00:00)	0:26:00.914(00:25:29)	0:52:49.107(00:52:17)
523	259	18	GIRLS15-	Female	2621	Greek	PAPAIOANNOU KALLIOPI	-	METRO RUNNING TEAM	0:00:31.670(00:00:00)	0:26:00.914(00:25:29)	0:52:49.354(00:52:17)
524	260	42	W50-59	Female	2444	Greek	PAPPA AGLAIA	-	METRO RUNNING TEAM	0:00:44.164(00:00:00)	0:26:50.420(00:26:06)	0:52:52.674(00:52:08)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
525	265	31	BOYS15-	Male	2382	Greek	LIONTOS DIMITRIOS	-	METRO RUNNING TEAM	0:00:59.120(00:00:00)	0:25:41.427(00:24:42)	0:52:53.164(00:51:54)
526	266	47	M50-59	Male	2516	Greek	NTOBAS IOANNIS	-	METRO RUNNING TEAM	0:00:43.870(00:00:00)	0:26:41.910(00:25:58)	0:52:53.774(00:52:09)
527	267	48	M50-59	Male	2286	Greek	LIONTOS IOANNIS	-	METRO RUNNING TEAM	0:00:58.830(00:00:00)	0:25:41.427(00:24:42)	0:52:53.774(00:51:54)
528	261	57	W30-39	Female	2733	Greek	FANI KIOSSE	-	360 PERSONAL	0:00:57.487(00:00:00)	0:27:56.160(00:26:58)	0:52:57.644(00:52:00)
529	262	43	W50-59	Female	2467	Greek	LAPPA AIKATERINI	-	METRO RUNNING TEAM	0:00:48.844(00:00:00)	0:28:34.420(00:27:45)	0:53:03.100(00:52:14)
530	263	70	W40-49	Female	2602	Greek	SARAMPASINA EVANGELIA	-	METRO RUNNING TEAM	0:00:49.270(00:00:00)	0:28:34.914(00:27:45)	0:53:03.547(00:52:14)
531	264	44	W50-59	Female	2278	Greek	RAPTI MARIA	-	METRO RUNNING TEAM	0:00:51.504(00:00:00)	0:28:35.170(00:27:43)	0:53:04.917(00:52:13)
532	265	54	W19-29	Female	2618	Greek	CHALIASOU SOFIA PANAGIOTA	-	METRO RUNNING TEAM	0:00:44.680(00:00:00)	0:26:50.164(00:26:05)	0:53:04.917(00:52:20)
533	266	71	W40-49	Female	2491	Greek	ZOTOU ELENI	-	METRO RUNNING TEAM	0:00:43.387(00:00:00)	-	0:54:06.330(00:53:22)
534	267	19	GIRLS15-	Female	2387	Greek	PAPANIKOLAOU SMARGDA	-	METRO RUNNING TEAM	0:00:44.040(00:00:00)	0:26:32.927(00:25:48)	0:54:06.820(00:53:22)
535	268	32	BOYS15-	Male	2380	Greek	PAPANIKOLAOU IOANNHS	-	METRO RUNNING TEAM	0:00:43.387(00:00:00)	-	0:54:07.684(00:53:24)
536	268	55	W19-29	Female	2716	Greek	ALIKI MENTI	-	360 PERSONAL	0:01:00.097(00:00:00)	0:25:42.667(00:24:42)	0:54:11.537(00:53:11)
537	269	72	W40-49	Female	2715	Greek	VASILIKI POTSI	-	360 PERSONAL	0:01:00.097(00:00:00)	0:25:43.914(00:24:43)	0:54:11.974(00:53:11)
538	270	73	W40-49	Female	2720	Greek	ATHINA LEFKA	-	360 PERSONAL	0:01:05.294(00:00:00)	0:26:46.167(00:25:40)	0:54:16.780(00:53:11)
539	271	74	W40-49	Female	2721	Greek	AFRODITI FINOU	-	360 PERSONAL	0:01:05.860(00:00:00)	0:26:45.914(00:25:40)	0:54:16.780(00:53:10)
540	272	45	W50-59	Female	2512	Greek	PAPPA TZENI	-	METRO RUNNING TEAM	0:00:51.504(00:00:00)	0:28:41.414(00:27:49)	0:54:59.924(00:54:08)
541	273	58	W30-39	Female	2434	Greek	MPELLO KOSTANTINA	-	METRO RUNNING TEAM	0:00:51.504(00:00:00)	0:28:39.670(00:27:48)	0:54:59.924(00:54:08)
542	274	75	W40-49	Female	2718	Greek	STAVROULA TSOLAKI	-	360 PERSONAL	0:01:02.937(00:00:00)	0:28:11.670(00:27:08)	0:55:05.547(00:54:02)
543	275	46	W50-59	Female	2042	Greek	KATERINA GERASI	-	360 PERSONAL	0:01:03.660(00:00:00)	-	0:55:06.347(00:54:02)
544	269	53	M30-39	Male	2371	Greek	PAPPAS JOHN	-	METRO RUNNING TEAM	0:00:44.680(00:00:00)	0:28:21.904(00:27:37)	0:56:08.744(00:55:24)
545	276	59	W30-39	Female	2556	Greek	DIKAIΟΥ VASILIKI	-	METRO RUNNING TEAM	0:00:38.644(00:00:00)	0:28:38.907(00:28:00)	0:56:13.987(00:55:35)
546	277	20	GIRLS15-	Female	2462	Greek	GKONDRA SOFIA	-	METRO RUNNING TEAM	0:00:38.644(00:00:00)	0:28:38.664(00:28:00)	0:56:15.294(00:55:36)
547	278	76	W40-49	Female	2313	Greek	LEOUSI LINA	-	METRO RUNNING TEAM	0:00:38.977(00:00:00)	0:28:38.907(00:27:59)	0:56:15.344(00:55:36)
548	279	77	W40-49	Female	2584	Greek	TASOULA PINELOPI	-	METRO RUNNING TEAM	0:00:46.530(00:00:00)	0:28:57.664(00:28:11)	0:56:18.650(00:55:32)
549	280	21	GIRLS15-	Female	2400	Greek	BEKA ELEYTHERIA	-	METRO RUNNING TEAM	-	-	0:56:19.780 (---:--)
550	281	60	W30-39	Female	2727	Greek	NAGIA VASILEIOU	-	360 PERSONAL	0:00:58.610(00:00:00)	0:28:08.914(00:27:10)	0:56:33.097(00:55:34)
551	282	6	W60+	Female	2728	Greek	AGNI SVAIER	-	360 PERSONAL	0:00:58.610(00:00:00)	0:28:09.917(00:27:11)	0:56:36.074(00:55:37)
552	283	61	W30-39	Female	2604	Greek	KITSIOU KLEONIKI	-	METRO RUNNING TEAM	0:00:34.674(00:00:00)	-	0:56:49.547(00:56:14)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
553	284	22	GIRLS15-	Female	2524	Greek	PAPAIOANNOU OLYMPIA	-	METRO RUNNING TEAM	0:00:34.280(00:00:00)	0:26:33.657(00:25:59)	0:56:50.664(00:56:16)
554	270	54	M30-39	Male	2640	Greek	PAPPAS DIMITRIOS	-	METRO RUNNING TEAM	0:00:37.774(00:00:00)	0:28:36.907(00:27:59)	0:56:59.340(00:56:21)
555	285	56	W19-29	Female	2423	Greek	MOUMOURI ATIINA	-	METRO RUNNING TEAM	0:00:37.774(00:00:00)	0:28:36.164(00:27:58)	0:57:00.130(00:56:22)
556	286	23	GIRLS15-	Female	2585	Greek	DROSOY EVANGELLIA	-	METRO RUNNING TEAM	0:00:42.230(00:00:00)	0:29:01.657(00:28:19)	0:57:01.237(00:56:19)
557	271	33	BOYS15-	Male	2589	Greek	DROSOS GEORGIOS	-	METRO RUNNING TEAM	0:00:42.230(00:00:00)	0:28:59.654(00:28:17)	0:57:01.590(00:56:19)
558	272	49	M50-59	Male	2285	Greek	KITSIOS DIMITRIOS	-	METRO RUNNING TEAM	0:00:48.844(00:00:00)	0:30:09.907(00:29:21)	0:57:07.484(00:56:18)
559	273	50	M50-59	Male	2446	Greek	HANAS GEORGIOS	-	METRO RUNNING TEAM	0:00:43.387(00:00:00)	0:28:56.420(00:28:13)	0:57:08.014(00:56:24)
560	274	51	M50-59	Male	2508	Greek	TEFAS GEORGIOS	-	METRO RUNNING TEAM	0:01:03.660(00:00:00)	0:30:09.660(00:29:06)	0:57:09.240(00:56:05)
561	275	52	M50-59	Male	2449	Greek	MARGARITIS DIMITRIOS	-	METRO RUNNING TEAM	0:01:03.660(00:00:00)	0:30:10.664(00:29:07)	0:57:09.707(00:56:06)
562	276	59	M40-49	Male	2601	Greek	PALMANTOURAS PERIKLIS	-	METRO RUNNING TEAM	0:01:04.510(00:00:00)	0:30:10.920(00:29:06)	0:57:09.707(00:56:05)
563	287	47	W50-59	Female	2583	Greek	MAVROU GEORGIA	-	METRO RUNNING TEAM	0:00:31.670(00:00:00)	0:31:31.407(00:30:59)	0:57:16.454(00:56:44)
564	288	62	W30-39	Female	2552	Greek	STAVROU MARIANNA	-	METRO RUNNING TEAM	0:00:43.387(00:00:00)	0:29:12.160(00:28:28)	0:57:17.600(00:56:34)
565	277	34	BOYS15-	Male	2577	Greek	MATZOYKAS EYTHIMIOS	-	METRO RUNNING TEAM	0:00:42.230(00:00:00)	0:29:14.177(00:28:31)	0:57:17.600(00:56:35)
566	278	35	BOYS15-	Male	2515	Greek	CHAIOS PANAGIOTIS	-	METRO RUNNING TEAM	0:00:42.230(00:00:00)	0:29:10.414(00:28:28)	0:57:24.160(00:56:41)
567	289	63	W30-39	Female	2507	Greek	ZIKOY MARIA	-	METRO RUNNING TEAM	0:00:42.230(00:00:00)	0:29:08.920(00:28:26)	0:57:24.834(00:56:42)
568	290	48	W50-59	Female	2578	Greek	DOSI ZOI	-	METRO RUNNING TEAM	0:00:51.607(00:00:00)	0:29:17.167(00:28:25)	0:57:30.527(00:56:38)
569	291	49	W50-59	Female	2563	Greek	FASIA OLGA	-	METRO RUNNING TEAM	0:00:48.844(00:00:00)	0:29:16.917(00:28:28)	0:57:31.627(00:56:42)
570	279	36	BOYS15-	Male	2610	Greek	MPEHLIS SPYROS	-	METRO RUNNING TEAM	0:00:46.214(00:00:00)	0:29:08.407(00:28:22)	0:57:55.264(00:57:09)
571	292	24	GIRLS15-	Female	2475	Greek	FOLIA IOANNA SOFIA	-	METRO RUNNING TEAM	0:01:14.944(00:00:00)	0:29:52.410(00:28:37)	0:57:59.174(00:56:44)
572	293	25	GIRLS15-	Female	2468	Greek	TSIATOURA STAVROYLA VASILIKI	-	METRO RUNNING TEAM	0:00:37.774(00:00:00)	0:29:25.914(00:28:48)	0:58:06.097(00:57:28)
573	294	78	W40-49	Female	2510	Greek	TSIPA FROSO	-	METRO RUNNING TEAM	0:00:46.214(00:00:00)	0:29:16.414(00:28:30)	0:58:21.200(00:57:34)
574	280	37	BOYS15-	Male	2588	Greek	MPEHLIS BYPΩNAΣ	-	METRO RUNNING TEAM	0:00:48.844(00:00:00)	0:29:17.660(00:28:28)	0:58:22.340(00:57:33)
575	295	79	W40-49	Female	2626	Greek	TSALI PANAGIOTA	-	METRO RUNNING TEAM	0:00:37.774(00:00:00)	0:29:26.427(00:28:48)	0:58:31.840(00:57:54)
576	296	50	W50-59	Female	2413	Greek	PAPAPETROU ANASTASIA	-	METRO RUNNING TEAM	0:01:16.464(00:00:00)	0:30:31.927(00:29:15)	0:58:33.204(00:57:16)
577	281	53	M50-59	Male	2549	Greek	FOLIAS NIKOLAOS	-	METRO RUNNING TEAM	0:01:16.787(00:00:00)	0:30:32.660(00:29:15)	0:58:34.334(00:57:17)
578	297	80	W40-49	Female	2586	Greek	SIDERI IOULIA	-	METRO RUNNING TEAM	-	-	0:59:19.560 (---:--)
579	282	38	BOYS15-	Male	2581	Greek	PAPADOPOULOS APOSTOLOS	-	METRO RUNNING TEAM	-	-	0:59:20.657 (---:--)
580	298	81	W40-49	Female	2439	Greek	TSOUTSI ARTEMIS	-	METRO RUNNING TEAM	0:01:05.294(00:00:00)	-	1:00:16.387(00:59:11)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
581	299	82	W40-49	Female	2428	Greek	SAFH ZOI	-	METRO RUNNING TEAM	-	0:31:15.657 (---:--)	1:00:16.410 (---:--)
582	283	60	M40-49	Male	2318	Greek	SORONTILAS MICHAEL	-	METRO RUNNING TEAM	0:00:51.504(00:00:00)	0:32:21.660(00:31:30)	1:00:55.730(01:00:04)
583	300	64	W30-39	Female	2347	Greek	TSOUTSI DIMITRA	-	METRO RUNNING TEAM	0:00:51.504(00:00:00)	0:32:22.407(00:31:30)	1:00:58.530(01:00:07)
584	301	83	W40-49	Female	2435	Greek	TATSI ALEXIA	-	METRO RUNNING TEAM	0:00:34.674(00:00:00)	0:33:42.904(00:33:08)	1:04:37.594(01:04:02)
585	302	84	W40-49	Female	2619	Greek	PAPANIKOLAOU DIMITRA	-	METRO RUNNING TEAM	0:00:42.230(00:00:00)	0:33:42.904(00:33:00)	1:04:38.680(01:03:56)
586	284	55	M30-39	Male	2839	GR	MIXALIS KARAGIANNOPOULOS	-	360 PERSONAL	0:01:14.560(00:00:00)	0:32:51.167(00:31:36)	1:06:22.277(01:05:07)
587	303	65	W30-39	Female	2838	GR	GLYKERIA VELIVASI	-	360 PERSONAL	0:01:14.240(00:00:00)	0:32:51.167(00:31:36)	1:06:22.764(01:05:08)
588	285	56	M30-39	Male	2369	Greek	TSIOUTSIOURIS GEORGE	-	METRO RUNNING TEAM	-	-	1:08:19.917 (---:--)
589	304	51	W50-59	Female	2867	GR	VASILIKI TSOUNI	-	SDI	0:01:16.000(00:00:00)	-	1:49:20.927(01:48:04)
590	305	26	GIRLS15-	Female	2223	Greek	ELENI ZOI	-	SDI	0:03:05.614(00:00:00)	-	1:56:36.734(01:53:31)
591	306	52	W50-59	Female	2281	Greek	VLACHOU KATERINA	-	METRO RUNNING TEAM	-	0:24:29.917 (---:--)	-
592	307	85	W40-49	Female	2293	Greek	VIGLA PANAGIOTA	-	METRO RUNNING TEAM	-	0:24:53.410 (---:--)	-
593	308	66	W30-39	Female	2363	Greek	LIONTOU MAGDA	-	METRO RUNNING TEAM	-	0:28:36.414 (---:--)	-
594	286	9	BOYS16-18	Male	2118	Gambian	DEMBA AMADOU	-		0:00:00.130(00:00:00)	-	-
595	287	57	M30-39	Male	2355	Greek	LAMPROPOULOS VASILIS	-	METRO RUNNING TEAM	0:00:13.294(00:00:00)	-	-
596	309	27	GIRLS15-	Female	2596	Greek	NTOYGIA NEFELI	-	METRO RUNNING TEAM	0:00:18.750(00:00:00)	-	-
597	310	67	W30-39	Female	2354	Greek	SIVRIKA VASILIKI	-	METRO RUNNING TEAM	0:00:29.934(00:00:00)	-	-
598	311	68	W30-39	Female	2342	Greek	SAPLAOURA VASO	-	METRO RUNNING TEAM	0:00:29.934(00:00:00)	-	-
599	288	61	M40-49	Male	2309	Greek	KOUKOS THYMIS	-	METRO RUNNING TEAM	0:00:31.670(00:00:00)	-	-
600	312	69	W30-39	Female	2551	Greek	TSOUFI EIRINI	-	METRO RUNNING TEAM	0:00:31.670(00:00:00)	-	-
601	313	70	W30-39	Female	2590	Greek	YFANTH ARGYRO	-	METRO RUNNING TEAM	0:00:31.670(00:00:00)	-	-
602	314	28	GIRLS15-	Female	2393	Greek	KOYKOY DIMITRA	-	METRO RUNNING TEAM	0:00:31.670(00:00:00)	-	-
603	315	7	W60+	Female	2268	Greek	PRIOVOLOU KATERINA	-	METRO RUNNING TEAM	0:00:31.670(00:00:00)	-	-
604	289	62	M40-49	Male	2326	Greek	KARVOUNIS GEORGOS	-	METRO RUNNING TEAM	0:00:31.670(00:00:00)	-	-
605	316	71	W30-39	Female	2359	Greek	PAPATRECHA ALEKA	-	METRO RUNNING TEAM	0:00:32.444(00:00:00)	-	-
606	317	53	W50-59	Female	2271	Greek	DAVI KATERINA	-	METRO RUNNING TEAM	0:00:34.674(00:00:00)	-	-
607	290	58	M30-39	Male	2351	Greek	KALAMBALIKIS VASILIS	-	METRO RUNNING TEAM	0:00:34.674(00:00:00)	-	-
608	291	59	M30-39	Male	2365	Greek	KAVVADIAS VAGGELIS	-	METRO RUNNING TEAM	0:00:34.674(00:00:00)	-	-
609	318	86	W40-49	Female	2558	Greek	VASIOU GEORGIA	-	METRO RUNNING TEAM	0:00:38.980(00:00:00)	-	-
610	292	63	M40-49	Male	2331	Greek	PAPANIKOLAOU	-	METRO RUNNING TEAM	0:00:39.764(00:00:00)	-	-

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	CP 5KM	FINISH 5KM
DIMITRIS												
611	293	60	M30-39	Male	2755	Greek	VASILIS GLIATSATOS	-	SOCIETY FOR THE PROMOTION OF MENTAL HEALTH IN EPIRUS	0:00:42.230(00:00:00)	-	-
612	319	54	W50-59	Female	2747	Greek	KONSTANTINA SYGKOUNA	-	SOCIETY FOR THE PROMOTION OF MENTAL HEALTH IN EPIRUS	0:00:42.230(00:00:00)	-	-
613	294	47	M19-29	Male	2445	Greek	CRITASH BANGO	-	METRO RUNNING TEAM	0:00:58.047(00:00:00)	-	-
614	320	29	GIRLS15-	Female	2418	Greek	LADIA AGGELIKH	-	METRO RUNNING TEAM	0:01:04.510(00:00:00)	-	-
615	295	64	M40-49	Male	2319	Greek	ANASTASIS KLEANTHIS	-	METRO RUNNING TEAM	0:01:07.370(00:00:00)	-	-
616	321	55	W50-59	Female	2284	Greek	DROSOU EVAGGELIA	-	METRO RUNNING TEAM	0:01:07.987(00:00:00)	-	-
617	322	87	W40-49	Female	2312	Greek	ANDRIOTI ERASMIA	-	METRO RUNNING TEAM	0:01:09.204(00:00:00)	-	-
618	296	65	M40-49	Male	2315	Greek	KOULOURIS IASON	-	METRO RUNNING TEAM	0:01:10.414(00:00:00)	-	-