

1o Helicon Mountain Race 2025 1) Helicon Mountain Race 36k +2.200m

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 36KM	FINISH 36KM
1	1	1	ALL	Male	1004	GR	VASILIS BALAMOTIS	-	SALOMON HELLAS	0:00:00.116(00:00:00)	3:30:55.840(03:30:55)
2	2	2	ALL	Male	1032	GR	ATHANASIOS PAGOUNADIS	-	SALOMON GREECE- VASKOS TRAINING	0:00:00.116(00:00:00)	3:32:01.340(03:32:01)
3	3	3	ALL	Male	1156	GR	ΣΤΕΛΙΟΣ ΠΕΤΡΟΥΤΣΟΣ	-	Maurten	0:00:00.116(00:00:00)	3:48:23.920(03:48:23)
4	4	1	30-39M	Male	1184	GR	ΓΙΩΡΓΟΣ ΧΑΡΙΣΤΟΣ	-	ΓΑΣ Ο ΙΛΙΣΣΟΣ	0:00:01.940(00:00:00)	3:49:59.900(03:49:57)
5	5	2	30-39M	Male	1135	GR	ΤΖΩΡΤΖΗΣ ΞΥΠΟΛΙΤΙΔΗΣ	-		0:00:04.400(00:00:00)	3:51:21.713(03:51:17)
6	6	3	30-39M	Male	1076	GR	ΑΝΤΩΝΙΟΣ ΔΟΥΣΗΣ	-	ΑΠΣ ΔΡΟΜΕΩΝ ΕΥΒΟΙΑΣ	0:00:00.116(00:00:00)	3:57:47.540(03:57:47)
7	1	4	ALL	Female	1016	GR	CHRISTINA GIAZITZIDOU	-	SALOMON HELLAS, ALL TERRAIN RUNNERS	0:00:00.116(00:00:00)	4:00:01.686(04:00:01)
8	7	4	30-39M	Male	1089	GR	ΔΗΜΗΤΡΗΣ ΚΑΚΟΥΡΗΣ	-	PRIVATE TRAINING BY VASILIS YIANNIOSIS	0:00:00.116(00:00:00)	4:01:56.076(04:01:55)
9	8	1	40-49M	Male	1114	GR	ΙΟΡΔΑΝΗΣ ΜΑΚΡΟΠΟΥΛΟΣ	-	Σύλλογος δρομέων .Nitro 2 power	0:00:00.116(00:00:00)	4:08:32.193(04:08:32)
10	9	1	50-59M	Male	1128	GR	ΝΙΚΟΛΑΟΣ ΜΠΙΡΜΠΙΛΗΣ	-	ΝΕΑ ΣΜΥΡΝΗ	0:00:02.290(00:00:00)	4:10:46.956(04:10:44)
11	10	2	50-59M	Male	1155	GR	ΝΙΚΟΛΑΟΣ ΠΕΤΡΟΠΟΥΛΟΣ	-	TSIRIGO SVELTA RUNNERS	0:00:03.133(00:00:00)	4:12:14.080(04:12:10)
12	11	2	40-49M	Male	1100	GR	ΑΘΑΝΑΣΙΟΣ ΚΟΛΕΤΣΙΟΣ	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΤΡΙΚΑΛΩΝ	0:00:00.963(00:00:00)	4:12:52.336(04:12:51)
13	12	3	40-49M	Male	1085	GR	ΑΛΕΞΑΝΔΡΟΣ ΙΑΤΡΟΥ	-	ALLTERRAINRUNNERS	0:00:04.400(00:00:00)	4:13:40.710(04:13:36)
14	13	5	30-39M	Male	1011	GR	YANNIS FKARAS	-		0:00:09.326(00:00:00)	4:14:03.196(04:13:53)
15	14	3	50-59M	Male	1125	GR	ΓΙΩΡΓΟΣ ΜΠΑΤΗΣ	-	TSIAVTARIS ATHLETIC SCIENCES	0:00:02.290(00:00:00)	4:16:17.566(04:16:15)
16	15	6	30-39M	Male	1183	GR	ΙΩΣΗΦ ΧΑΝ	-	ΣΔΥΜ ΘΗΒΑΣ-LCREW-NITRO2POWER-RUNFORU	0:00:03.133(00:00:00)	4:16:57.263(04:16:54)
17	16	4	40-49M	Male	1087	GR	ΔΗΜΗΤΡΗΣ ΚΑΖΑΚΟΣ	-	ΚΟΜΟΤΗΝΗ	0:00:05.720(00:00:00)	4:19:42.390(04:19:36)
18	17	5	40-49M	Male	1186	GR	ΓΙΑΝΝΗΣ ΧΟΝΔΡΟΓΙΑΝΝΗΣ	-	ΑΝΕΞΑΡΤΗΤΟΣ	0:00:05.720(00:00:00)	4:21:51.320(04:21:45)
19	18	4	50-59M	Male	1131	GR	ΝΙΚΟΣ ΜΥΛΩΝΑΚΗΣ	-	ΑΝΩ ΛΙΟΣΙΑ	0:00:03.513(00:00:00)	4:23:33.186(04:23:29)
20	19	6	40-49M	Male	1034	GR	VASILIS PAPASTAMATIS	-	ΘΗΒΑ	0:00:01.383(00:00:00)	4:24:40.886(04:24:39)
21	20	7	40-49M	Male	1083	GR	ΔΙΟΝΥΣΗΣ ΘΕΟΔΟΣΗΣ	-	ΠΔΣ ΟΔΥΣΣΕΑΣ	0:00:09.326(00:00:00)	4:26:11.636(04:26:02)
22	21	5	50-59M	Male	1020	GR	DIMITRI KONOMI	-		0:00:05.720(00:00:00)	4:29:57.090(04:29:51)
23	22	1	18-29M	Male	1044	GR	GIIANNIS VASILEIOU	-		0:00:04.400(00:00:00)	4:29:57.203(04:29:52)
24	23	7	30-39M	Male	1021	GR	GRIGORIOS KONTOGIANNIS	-		0:00:03.133(00:00:00)	4:35:13.753(04:35:10)
25	24	8	30-39M	Male	1194	GR	ΒΑΣΙΛΗΣ ΣΜΠΙΛΙΡΗΣ	-	NITRO 2 POWER	0:00:00.536(00:00:00)	4:35:14.973(04:35:14)
26	25	9	30-39M	Male	1005	GR	DIMITRIOS BERTOLIS	-	ALL TERRAIN	0:00:04.400(00:00:00)	4:36:52.186(04:36:47)
27	26	6	50-59M	Male	1035	GR	ALEXANDROS PARTHENIS	-	ΣΔΥ ΘΗΒΑΣ	0:00:09.326(00:00:00)	4:39:02.990(04:38:53)
28	27	8	40-49M	Male	1084	GR	ΠΑΝΑΓΙΩΤΗΣ ΘΕΟΧΑΡΗΣ	-	-= ΕΠΙΛΟΓΗ -=	0:00:01.620(00:00:00)	4:40:09.100(04:40:07)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 36KM	FINISH 36KM
29	28	7	50-59M	Male	1062	GR	ΔΗΜΗΤΡΗΣ ΓΕΡΑΝΤΩΝΗΣ	-	MONO AEK	0:00:00.736(00:00:00)	4:43:53.856(04:43:53)
30	29	9	40-49M	Male	1030	GR	GIANNIS NETZIPIS	-		0:00:03.133(00:00:00)	4:45:05.200(04:45:02)
31	30	10	30-39M	Male	1164	GR	ΓΙΩΡΓΟΣ ΣΙΝΟΣ	-	ALL TERRAIN RUNNERS	0:00:04.400(00:00:00)	4:46:59.220(04:46:54)
32	31	8	50-59M	Male	1193	GR	ΑΝΑΣΤΑΣΙΟΣ ΝΙΚΟΛΑΟΥ	-	MONO AEK	0:00:00.116(00:00:00)	4:47:22.236(04:47:22)
33	32	11	30-39M	Male	1051	GR	ΑΘΑΝΑΣΙΟΣ ΑΝΑΓΝΩΣΤΟΠΟΥΛΟΣ	-	GEO_DIALEKTOS	0:00:20.120(00:00:00)	4:47:24.023(04:47:03)
34	33	10	40-49M	Male	1039	GR	VASILEIOS STEFANOPOULOS	-	VASKOS TRAINING/EOS XELMOY	0:00:00.963(00:00:00)	4:48:39.520(04:48:38)
35	34	11	40-49M	Male	1006	GR	PANAGIOTIS CHALKIDIS	-	ΑΠΟΛΛΩΝ ΔΥΤΙΚΗΣ ΑΤΤΙΚΗΣ	0:00:07.353(00:00:00)	4:49:01.430(04:48:54)
36	35	12	40-49M	Male	1053	GR	ΑΡΙΣΤΕΙΔΗΣ ΑΝΔΡΙΟΠΟΥΛΟΣ	-	ΠΑΤΡΑ	0:00:05.720(00:00:00)	4:50:28.773(04:50:23)
37	36	13	40-49M	Male	1112	GR	ΝΙΚΟΣ ΛΙΒΑΝΟΣ	-	ΚΑΛΙΑΓΚΑΚΙ 14	0:00:07.353(00:00:00)	4:51:34.446(04:51:27)
38	37	9	50-59M	Male	1059	GR	ΣΠΥΡΙΔΩΝ ΒΕΝΕΤΣΙΑΝΟΣ	-	THE RUNNERS' PROJECT	0:00:04.400(00:00:00)	4:52:34.210(04:52:29)
39	38	2	18-29M	Male	1159	GR	ΜΑΡΙΝΟΣ ΠΕΝΕΣΗΣ	-	ΑΜΦΙΣΣΑ	0:00:09.326(00:00:00)	4:54:22.026(04:54:12)
40	39	10	50-59M	Male	1025	GR	ΔΗΜΗΤΡΙΟΣ ΖΙΑΜΠΑΡΑΣ	-	ΙΣΟΒΙΟ ULTRA	0:00:04.400(00:00:00)	4:55:25.980(04:55:21)
41	40	11	50-59M	Male	1064	GR	ΝΙΚΟΛΑΟΣ ΓΕΩΡΓΟΥΛΑΣ	-	ΜΕΛΙΣΣΙΑ ΑΤΤΙΚΗΣ	0:00:05.720(00:00:00)	4:56:00.066(04:55:54)
42	41	12	30-39M	Male	1036	GR	ALEX -AMIR RATZA	-	SDYM THIVAS	0:00:03.133(00:00:00)	4:58:58.460(04:58:55)
43	42	14	40-49M	Male	1168	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΣΤΡΑΤΟΣ	-	ΚΤΗΜΑ ΣΤΡΑΤΟΥ	0:00:26.640(00:00:00)	4:59:55.606(04:59:28)
44	43	15	40-49M	Male	1116	GR	ΣΩΡΗΡΗΣ ΜΑΝΤΖΑΦΛΑΡΑΣ	-	PANTOFL RUNNING TEAM	0:00:15.750(00:00:00)	5:01:10.523(05:00:54)
45	44	12	50-59M	Male	1072	GR	ΜΙΛΤΙΑΔΗΣ ΔΑΝΙΗΛ	-	DIMOPOULOS COACHING	0:00:05.720(00:00:00)	5:01:19.156(05:01:13)
46	45	16	40-49M	Male	1177	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΦΑΡΔΕΛΛΑΣ	-	ΑΝΕΞΑΡΤΗΤΟΣ ΛΙΒΑΔΕΙΑ	0:00:02.290(00:00:00)	5:03:27.773(05:03:25)
47	46	17	40-49M	Male	1007	GR	DIMITRIOS CHARCHANTIS	-		0:00:07.353(00:00:00)	5:04:17.406(05:04:10)
48	47	18	40-49M	Male	1173	GR	ΔΗΜΗΤΡΗΣ ΤΟΥΜΠΑΝΗΣ	-		0:00:05.720(00:00:00)	5:04:30.540(05:04:24)
49	2	5	ALL	Female	1096	GR	ΑΛΕΞΑΝΔΡΑ ΚΑΡΖΗ	-		0:00:12.280(00:00:00)	5:04:37.643(05:04:25)
50	48	19	40-49M	Male	1148	GR	ΧΡΗΣΤΟΣ ΠΑΠΑΝΤΩΝΙΟΥ	-		0:00:11.123(00:00:00)	5:04:38.530(05:04:27)
51	49	20	40-49M	Male	1106	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΚΟΥΤΣΟΥΚΟΣ	-	#STRAYDOGS	0:00:15.750(00:00:00)	5:04:57.993(05:04:42)
52	50	13	30-39M	Male	1040	GR	HARRYS THEOCHARIDIS	-	CJ MFS	0:00:15.750(00:00:00)	5:08:58.693(05:08:42)
53	51	14	30-39M	Male	1001	GR	GIORGOS ALOUPIS	-	MINDSET FITNESS	0:00:01.173(00:00:00)	5:09:10.686(05:09:09)
54	52	15	30-39M	Male	1088	GR	ΔΗΜΗΤΡΙΟΣ ΚΑΚΟΤΑΡΙΤΗΣ	-		0:00:00.963(00:00:00)	5:09:40.663(05:09:39)
55	53	16	30-39M	Male	1103	GR	ΒΑΣΙΛΕΙΟΣ ΚΟΥΡΒΕΛΟΣ	-		0:00:07.353(00:00:00)	5:09:41.883(05:09:34)
56	54	13	50-59M	Male	1109	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΚΩΝΣΤΑΝΤΟΠΟΥΛΟΣ	-	ΑΓΝΩΣΤΟΣ ΔΡΟΜΕΑΣ	0:00:07.353(00:00:00)	5:10:39.650(05:10:32)
57	55	21	40-49M	Male	1170	GR	ENTY ΤΑΛΛΙΟ	-	LONE WOLF	0:00:00.116(00:00:00)	5:10:58.680(05:10:58)
58	56	14	50-59M	Male	1014	GR	ΙΟΑΝΝΙΣ ΓΕΩΡΓΙΟΥ	-		0:00:09.326(00:00:00)	5:12:39.316(05:12:29)
59	57	15	50-59M	Male	1166	GR	ΔΗΜΗΤΡΗΣ ΣΠΥΡΟΠΟΥΛΟΣ	-	ΔΡΟΜΕΙΣ ΕΥΒΟΙΑΣ	0:00:00.963(00:00:00)	5:13:12.300(05:13:11)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 36KM	FINISH 36KM
60	3	6	ALL	Female	1132	GR	ΕΛΕΝΗ ΜΩΡΑΪΤΗ	-	ALL TERRAIN RUNNERS/ALIARTISTAS	0:00:15.750(00:00:00)	5:13:20.153(05:13:04)
61	58	22	40-49M	Male	1013	GR	PASCHALIS GARGANIS	-	ΔΡΟΜΕΙΣ ΑΜΥΝΤΑΙΟΥ	0:00:02.290(00:00:00)	5:14:18.850(05:14:16)
62	59	23	40-49M	Male	1024	GR	VASILEIOS LEKKAS	-	ENDURANCE TRAINING SOLUTION/OPEΣIBIOI	0:00:04.400(00:00:00)	5:14:19.856(05:14:15)
63	60	17	30-39M	Male	1038	GR	ANDREAS SITARAS	-	FREEDOM RUNNING TEAM	0:00:14.900(00:00:00)	5:18:01.000(05:17:46)
64	4	1	30-39W	Female	1129	GR	MARINA ΜΠΟΤΟΝΑΚΗ	-		0:00:12.280(00:00:00)	5:18:28.130(05:18:15)
65	5	1	40-49W	Female	1172	GR	ΑΛΙΝΑ ΤΖΙΝΟΥ	-	ΣΧΟΠ ΘΗΒΑΣ	0:00:00.963(00:00:00)	5:19:16.810(05:19:15)
66	61	18	30-39M	Male	1099	GR	ΞΕΝΟΦΩΝ ΚΙΟΥΣΗΣ	-	ΛΙΒΑΔΕΙΑ	0:00:17.850(00:00:00)	5:19:16.810(05:18:58)
67	62	24	40-49M	Male	1018	GR	PANAGIOTIS KAPONIS	-	ΠΥΡΓΟΣ	0:00:09.326(00:00:00)	5:19:17.140(05:19:07)
68	63	19	30-39M	Male	1095	GR	ΝΙΚΟΛΑΟΣ ΚΑΡΑΜΠΕΡΑΣ	-	ΘΕΣΣΑΛΟΝΙΚΗ	0:00:12.280(00:00:00)	5:19:54.256(05:19:41)
69	64	16	50-59M	Male	1023	GR	MANOS KYRIAKAKIS	-	ATHENS - ILIOUPOLI	0:00:09.326(00:00:00)	5:22:37.073(05:22:27)
70	65	20	30-39M	Male	1104	GR	ΝΙΚΟΣ ΚΟΥΤΗΣ	-	Kasimis Training	0:00:07.353(00:00:00)	5:23:12.013(05:23:04)
71	6	1	50-59W	Female	1091	GR	ΚΕΛΛΥ ΚΑΡΑΒΙΤΗ	-	THE RUNNERS PROJECT	0:00:09.326(00:00:00)	5:24:02.690(05:23:53)
72	66	21	30-39M	Male	1180	GR	ΠΑΝΑΓΙΩΤΗΣ ΦΛΕΣΣΑΣ	-	ΚΕΡΑΤΣΙΝΙ	0:00:04.400(00:00:00)	5:27:28.283(05:27:23)
73	67	1	60-69M	Male	1117	GR	ΣΟΦΟΚΛΗΣ ΜΑΡΑΒΕΓΙΑΣ	-	ADVENDURE	0:00:16.236(00:00:00)	5:28:05.770(05:27:49)
74	68	17	50-59M	Male	1066	GR	ΙΩΑΝΝΗΣ ΓΚΕΡΛΕΣ	-		0:00:09.326(00:00:00)	5:28:30.263(05:28:20)
75	69	18	50-59M	Male	1149	GR	ΓΙΩΡΓΟΣ ΠΑΠΑΧΑΡΑΛΑΜΠΟΥΣ	-	ΑΓΝΩΣΤΟΣ ΔΡΟΜΕΑΣ	0:00:05.720(00:00:00)	5:28:31.670(05:28:25)
76	70	19	50-59M	Male	1041	GR	ANTONIOS TSIMROGOS	-	ADVENDURE	0:00:16.720(00:00:00)	5:28:41.953(05:28:25)
77	71	20	50-59M	Male	1175	GR	ΠΑΝΑΓΙΩΤΗΣ ΤΣΟΓΚΑΡΑΚΗΣ	-	ADVENDURE	0:00:16.236(00:00:00)	5:28:41.953(05:28:25)
78	72	25	40-49M	Male	1060	GR	ΠΕΤΡΟΣ ΒΙΔΑΛΛΗΣ	-	ENDURANCE TRAINING SOLUTION/ORESIVIOI	0:00:00.963(00:00:00)	5:28:42.620(05:28:41)
79	73	22	30-39M	Male	1113	GR	ΑΝΔΡΕΑΣ ΛΙΟΝΤΟΣ	-	ΔΕΣΦΙΝΑ	0:00:11.123(00:00:00)	5:28:44.290(05:28:33)
80	7	2	40-49W	Female	1063	GR	ΓΕΩΡΓΙΑ ΓΕΩΡΓΙΟΥ	-		0:00:16.236(00:00:00)	5:29:49.733(05:29:33)
81	74	21	50-59M	Male	1185	GR	ΜΙΧΑΛΗΣ ΧΑΡΙΤΟΠΟΥΛΟΣ	-	MUSTUKULURU TRAIL TEAM	0:00:16.236(00:00:00)	5:30:28.670(05:30:12)
82	75	26	40-49M	Male	1061	GR	ΠΕΤΡΟΣ ΕΙΡΗΝΑΙΟΣ ΒΙΔΑΛΛΗΣ	-	MRT	0:00:15.750(00:00:00)	5:30:29.666(05:30:13)
83	76	22	50-59M	Male	1146	GR	ΑΓΓΕΛΟΣ ΠΑΠΑΛΟΥΚΑΣ	-	ΚΑΡΕΣ TEAM	0:00:15.750(00:00:00)	5:30:47.996(05:30:32)
84	77	27	40-49M	Male	1161	GR	ΕΥΑΓΓΕΛΟΣ ΣΑΚΕΛΛΑΡΗΣ	-	ΑΛΙΜΟΣ ΑΤΤΙΚΗΣ	0:00:00.116(00:00:00)	5:31:21.540(05:31:21)
85	78	28	40-49M	Male	1029	GR	VASSILIS MENEKLIS	-	RUN RUN RUN JUMP	0:00:12.280(00:00:00)	5:32:26.783(05:32:14)
86	79	23	50-59M	Male	1080	GR	ΔΗΜΗΤΡΙΟΣ ΖΑΦΕΙΡΟΠΟΥΛΟΣ	-	ΦΑΛΑΝΘΙΟΙ	0:00:03.133(00:00:00)	5:33:04.000(05:33:00)
87	80	24	50-59M	Male	1081	GR	ΑΝΑΣΤΑΣΙΟΣ ΖΟΥΜΠΟΥΛΗΣ	-	ΣΔΥ ΜΕΣΣΗΝΙΑΣ	0:00:14.900(00:00:00)	5:33:39.433(05:33:24)
88	8	2	50-59W	Female	1078	GR	ΜΑΡΙΑ ΔΡΙΤΣΑ ΔΡΙΤΣΑ	-	KOURKOURIKIS... ALIARTISTAS	0:00:15.750(00:00:00)	5:33:49.930(05:33:34)
89	81	23	30-39M	Male	1110	GR	ΜΙΧΑΗΛ ΚΩΝΣΤΑΝΤΟΥΔΗΣ	-		0:00:12.280(00:00:00)	5:33:58.270(05:33:45)
90	82	24	30-39M	Male	1094	GR	ΔΗΜΗΤΡΗΣ ΚΑΡΑΜΑΝΟΣ	-	ΑΠΣ ΔΡΟΜΕΩΝ ΕΥΒΟΙΑΣ	0:00:04.400(00:00:00)	5:34:08.693(05:34:04)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 36KM	FINISH 36KM
91	83	25	50-59M	Male	1169	GR	ΙΩΑΝΝΗΣ ΣΧΟΙΝΑΣ	-	ΜΑΡΟΥΣΙ	0:00:09.326(00:00:00)	5:35:18.106(05:35:08)
92	84	25	30-39M	Male	1158	GR	ΒΑΣΙΛΕΙΟΣ ΠΙΑΣ	-		0:00:05.506(00:00:00)	5:36:32.150(05:36:26)
93	9	2	30-39W	Female	1145	GR	ΠΕΓΚΥ ΠΑΠΑΚΩΝΣΤΑΝΤΙΝΟΥ	-	ALIARTISTAS RUNNING TEAM	0:00:15.750(00:00:00)	5:39:04.543(05:38:48)
94	85	26	30-39M	Male	1070	GR	ΗΛΙΑΣ ΓΟΥΣΙΟΣ	-	ΑΠΣ ΔΡΟΜΕΩΝ ΕΥΒΟΙΑΣ	0:00:09.326(00:00:00)	5:41:39.870(05:41:30)
95	86	27	30-39M	Male	1124	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΜΠΑΜΠΑΣ	-		0:00:19.450(00:00:00)	5:44:34.666(05:44:15)
96	87	29	40-49M	Male	1049	GR	ΓΙΑΝΝΗΣ ΑΓΓΕΛΟΠΟΥΛΟΣ	-		0:00:00.963(00:00:00)	5:46:18.856(05:46:17)
97	88	26	50-59M	Male	1073	GR	ΕΥΑΓΓΕΛΟΣ ΔΗΜΗΤΡΙΟΥ	-	ΑΟ ΕΛΠΙΣ ΔΙΜΟΡΟΥΛΟΣ COACHING	0:00:04.400(00:00:00)	5:47:28.326(05:47:23)
98	89	28	30-39M	Male	1019	GR	GEORGIOS KIOUSIS	-		0:00:19.450(00:00:00)	5:47:35.123(05:47:15)
99	90	2	60-69M	Male	1190	GR	ΔΗΜΗΤΡΗΣ ΨΑΛΤΙΔΗΣ	-	TURN ON TUNE IN DROP OUT	0:00:00.116(00:00:00)	5:50:14.580(05:50:14)
100	91	27	50-59M	Male	1057	GR	ΓΙΑΝΝΗΣ ΒΑΡΔΑΣ	-	ΚΑΜΑΤΕΡΟ	0:00:17.850(00:00:00)	5:50:19.136(05:50:01)
101	92	30	40-49M	Male	1037	GR	SOTIRIOS SARDELIS	-		0:00:14.900(00:00:00)	5:53:05.416(05:52:50)
102	93	28	50-59M	Male	1042	GR	ΑΡΟΣΤΟΛΟΣ ΤΣΟΥΚΑΛΑΣ	-	TEAM ΚΟΥΜΠΑΡΟΣ	0:00:12.280(00:00:00)	5:53:58.633(05:53:46)
103	94	3	60-69M	Male	1162	GR	ΓΕΩΡΓΙΟΣ ΣΒΑΡΝΑΣ	-	ΣΥΛΛΟΓΟΣ ΜΑΡΑΘΩΝΟΔΡΟΜΩΝ ΝΟΜΟΥ ΛΑΡΙΣΑΣ	0:00:12.280(00:00:00)	5:55:52.840(05:55:40)
104	95	31	40-49M	Male	1090	GR	ΓΙΩΡΓΟΣ ΚΑΛΛΙΜΑΝΗΣ	-	ΑΜΑΛΙΑΔΑ	0:00:09.326(00:00:00)	6:00:18.250(06:00:08)
105	96	29	30-39M	Male	1150	GR	ΓΙΩΡΓΟΣ ΠΑΡΑΣΧΟΣ	-	ΑΝΩ ΠΕΤΡΑΛΩΝΑ	0:00:07.353(00:00:00)	6:01:28.476(06:01:21)
106	97	29	50-59M	Male	1138	GR	ΠΑΝΑΓΙΩΤΗΣ ΠΑΛΙΟΥΡΑΣ	-		0:00:09.326(00:00:00)	6:02:30.290(06:02:20)
107	98	32	40-49M	Male	1010	GR	ΕΦΘΥΜΙΟΣ ΦΙΛΙΠΠΟΥ	-	DNF TEAM	0:00:09.326(00:00:00)	6:02:31.163(06:02:21)
108	99	30	50-59M	Male	1179	GR	ΘΩΜΑΣ ΦΙΛΗΣ	-	ΣΔΥΝΜ ΘΗΒΑΣ	0:00:11.123(00:00:00)	6:02:38.033(06:02:26)
109	100	31	50-59M	Male	1026	GR	ALEXIOS LYMPERIS	-	PERISTERI	0:00:00.963(00:00:00)	6:02:41.013(06:02:40)
110	101	32	50-59M	Male	1178	GR	ΣΤΕΦΑΝΟΣ ΦΑΡΜΑΚΗΣ	-	ΑΝΕΞΑΡΤΗΤΟΣ	0:00:15.750(00:00:00)	6:02:52.216(06:02:36)
111	102	33	50-59M	Male	1009	GR	CHRISTOS EVANGELIDIS	-		0:00:18.590(00:00:00)	6:03:59.780(06:03:41)
112	103	34	50-59M	Male	1105	GR	ΝΙΚΟΛΑΟΣ ΚΟΥΤΡΟΥΛΗΣ	-	ΑΘΗΝΑ	0:00:14.900(00:00:00)	6:07:13.740(06:06:58)
113	10	3	50-59W	Female	1052	GR	ΒΙΚΥ ΑΝΑΣΤΑΣΙΑΔΟΥ	-	ΑΓΝΩΣΤΟΣ ΔΡΟΜΕΑΣ	0:00:00.963(00:00:00)	6:09:47.890(06:09:46)
114	104	30	30-39M	Male	1050	GR	ΜΙΧΑΛΗΣ ΑΪΒΑΘΙΑΔΗΣ	-		0:00:04.400(00:00:00)	6:12:07.970(06:12:03)
115	105	35	50-59M	Male	1134	GR	ΓΙΩΡΓΟΣ ΞΗΝΤΑΡΑΚΟΣ	-		0:00:11.123(00:00:00)	6:12:33.603(06:12:22)
116	106	33	40-49M	Male	1119	GR	ΠΑΝΑΓΙΩΤΗΣ ΜΑΥΡΟΓΙΑΝΝΗΣ	-	ΜΑΡΑΘΩΝΟΔΡΟΜΟΙ ΔΡΟΜΕΙΣ ΑΡΓΟΛΙΔΟΣ	0:00:09.326(00:00:00)	6:13:02.743(06:12:53)
117	107	36	50-59M	Male	1118	GR	ΗΛΙΑΣ ΜΑΤΖΟΥΚΗΣ	-	ΤΖΟΥΚ TRAIL TEAM	0:00:01.173(00:00:00)	6:14:15.630(06:14:14)
118	108	37	50-59M	Male	1069	GR	ΓΙΩΡΓΟΣ ΓΚΟΛΙΑΣ	-	Α.Π.Σ Αυθεντικός Φειδιππίδειος Δρόμος	0:00:16.720(00:00:00)	6:15:43.173(06:15:26)
119	109	34	40-49M	Male	1152	GR	ΗΛΙΑΣ ΠΕΛΕΚΟΥΔΑΣ	-	ALLTERRAINRUNNERS	0:00:04.400(00:00:00)	6:15:51.273(06:15:46)
120	110	35	40-49M	Male	1027	GR	MIKE MARINELIS	-		0:00:16.236(00:00:00)	6:17:19.136(06:17:02)
121	111	38	50-59M	Male	1055	GR	ΠΑΝΑΓΙΩΤΗΣ ΑΝΤΩΝΑΚΗΣ	-	ΣΔΥΜ ΘΗΒΑΣ	0:00:15.750(00:00:00)	6:17:36.940(06:17:21)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 36KM	FINISH 36KM
122	112	36	40-49M	Male	1086	GR	ΠΕΤΡΟΣ ΚΑΒΑΛΑΚΗΣ	-	RUNRUNRUN JUMP	0:00:14.900(00:00:00)	6:18:42.613(06:18:27)
123	113	39	50-59M	Male	1147	GR	ΠΑΝΑΓΙΩΤΗΣ ΠΑΠΑΝΙΚΟΛΑΟΥ	-	TRAIL RUNNERS4FUN	0:00:09.326(00:00:00)	6:18:42.946(06:18:33)
124	114	40	50-59M	Male	1111	GR	ΕΥΣΤΡΑΤΙΟΣ ΛΙΑΠΗΣ	-		0:00:09.326(00:00:00)	6:19:11.570(06:19:02)
125	115	37	40-49M	Male	1115	GR	ΔΗΜΗΤΡΙΟΣ ΜΑΝΕΤΑΣ	-	ΠΑΤΡΑ - ΑΧΑΪΑΣ	0:00:14.900(00:00:00)	6:20:57.033(06:20:42)
126	116	41	50-59M	Male	1188	GR	ΠΑΝΑΓΙΩΤΗΣ ΧΡΙΣΤΟΦΟΡΙΔΗΣ	-		0:00:09.326(00:00:00)	6:21:08.096(06:20:58)
127	117	38	40-49M	Male	1102	GR	ΔΗΜΗΤΡΗΣ ΚΟΥΡΑΚΟΣ	-	ΑΠΣ ΔΡΟΜΕΩΝ ΕΥΒΟΙΑΣ	0:00:15.750(00:00:00)	6:21:32.256(06:21:16)
128	118	42	50-59M	Male	1189	GR	ΙΩΑΝΝΗΣ ΨΥΧΟΓΥΙΟΣ	-		0:00:09.326(00:00:00)	6:22:19.100(06:22:09)
129	119	31	30-39M	Male	1074	GR	ΑΝΑΣΤΑΣΙΟΣ ΔΙΟΝΥΣΟΠΟΥΛΟΣ	-	ΣΠΙΖΑΕΤΟΙ	0:00:15.750(00:00:00)	6:22:42.016(06:22:26)
130	120	43	50-59M	Male	1058	GR	ΑΠΟΣΤΟΛΟΣ ΒΑΣΙΛΑΚΗΣ	-	ΑΘΗΝΑ	0:00:09.326(00:00:00)	6:23:00.723(06:22:51)
131	121	4	60-69M	Male	1136	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΟΙΚΟΝΟΜΟΠΟΥΛΟΣ	-	ΣΔΥΜ ΘΗΒΑΣ	0:00:12.280(00:00:00)	6:23:44.220(06:23:31)
132	122	39	40-49M	Male	1181	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΧΑΛΒΑΝΤΖΗΣ	-	SCIENCETRAINING	0:00:09.326(00:00:00)	6:26:28.286(06:26:18)
133	123	44	50-59M	Male	1139	GR	ΠΑΝΟΣ ΠΑΝΑΓΙΩΤΙΔΗΣ	-	KIFISSIA	0:00:15.750(00:00:00)	6:28:27.493(06:28:11)
134	124	32	30-39M	Male	1137	GR	ΑΝΑΣΤΑΣΙΟΣ ΟΥΤΣΑΣ	-	ΕΟΣ ΛΙΒΑΔΕΙΑΣ	0:00:12.280(00:00:00)	6:28:53.740(06:28:41)
135	125	40	40-49M	Male	1075	GR	ΔΗΜΗΤΡΗΣ ΔΙΟΝΥΣΟΠΟΥΛΟΣ	-	Α.Σ ΑΓΩΝ	0:00:07.353(00:00:00)	6:29:03.486(06:28:56)
136	126	3	18-29M	Male	1068	GR	ΔΗΜΗΤΡΙΟΣ ΓΚΙΟΚΕΖΑΣ	-		0:00:12.280(00:00:00)	6:29:17.760(06:29:05)
137	127	45	50-59M	Male	1121	GR	ΑΝΔΡΕΑΣ ΜΕΝΑΓΙΑΣ	-	ΣΜΑΧ ΦΕΙΔΙΠΙΔΗΣ ΣΔΥ ΠΑΤΡΑΣ ΔΑΓΚΟΓΛΟΥ	0:00:07.353(00:00:00)	6:29:54.563(06:29:47)
138	128	41	40-49M	Male	1141	GR	ΓΕΩΡΓΙΟΣ ΠΑΝΟΥ	-	ΥΜΙΤΤΟΣ RUNNERS	0:00:00.116(00:00:00)	6:33:20.936(06:33:20)
139	129	46	50-59M	Male	1122	GR	ΚΩΣΤΑΣ ΜΕΤΑΞΑΣ	-	Π.Δ.Σ ΟΔΥΣΣΕΑΣ	0:00:17.560(00:00:00)	6:33:36.816(06:33:19)
140	11	3	30-39W	Female	1165	GR	ΜΕΡΟΠΗ ΣΚΛΕΠΑΡΗ	-		0:00:12.280(00:00:00)	6:39:23.406(06:39:11)
141	130	47	50-59M	Male	1093	GR	ΑΛΕΞΑΝΔΡΟΣ ΚΑΡΑΙΣΚΟΣ	-	ΑΙΓΑΛΕΩ	0:00:04.400(00:00:00)	6:39:30.750(06:39:26)
142	131	48	50-59M	Male	1092	GR	ΔΗΜΟΣ ΚΑΡΑΔΗΜΟΣ	-		0:00:09.326(00:00:00)	6:40:01.603(06:39:52)
143	132	42	40-49M	Male	1107	GR	ΙΩΑΝΝΗΣ ΚΟΥΤΣΟΥΜΠΑΣ	-	Α.Κ.Ο. ΛΙΒΑΔΕΙΑΣ	0:00:19.450(00:00:00)	6:42:34.470(06:42:15)
144	12	3	40-49W	Female	1144	GR	ΣΩΤΗΡΙΑ ΠΑΠΑΔΙΑ	-	Α.Ο.Δ ΛΙΒΑΔΕΙΑΣ	0:00:19.873(00:00:00)	6:42:35.153(06:42:15)
145	133	43	40-49M	Male	1133	GR	ΓΙΩΡΓΟΣ ΝΟΝΑΣ	-	ARLA PROTEIN	0:00:09.326(00:00:00)	6:44:08.836(06:43:59)
146	134	44	40-49M	Male	1048	GR	ΑΘΑΝΑΣΙΟΣ ΑΓΓΕΛΗΣ	-	RUN RUN RUN JUMP	0:00:12.280(00:00:00)	6:44:40.406(06:44:28)
147	135	45	40-49M	Male	1191	GR	ΙΩΑΝΝΗΣ ΨΑΡΟΥΛΗΣ	-	RUN RUN RUN JUMP	0:00:12.280(00:00:00)	6:44:41.180(06:44:28)
148	13	4	50-59W	Female	1126	GR	ΓΑΡΥΦΑΛΙΑ ΜΠΕΚΡΗ	-	ΣΔΥΜ ΘΗΒΑΣ	0:00:14.900(00:00:00)	6:50:43.116(06:50:28)
149	136	49	50-59M	Male	1108	GR	ΑΘΑΝΑΣΙΟΣ ΚΡΟΚΟΣ	-	MTR	0:00:19.450(00:00:00)	6:51:39.536(06:51:20)
150	137	50	50-59M	Male	1195	GR	ΑΘΑΝΑΣΙΟΣ ΓΚΕΡΤΣΟΣ	-	MRT MUSTUKULURU	0:00:19.450(00:00:00)	6:51:40.203(06:51:20)
151	138	46	40-49M	Male	1071	GR	ΣΤΑΥΡΟΣ ΔΑΛΔΑΡΑΣ	-	ΑΥΤΟΔΙΑΧΕΙΡΙΖΟΜΕΝΗ ΚΟΙΝΩΝΙΚΗ ΚΟΥΖΙΝΑ 'ΜΟΝΑΣΤΗΡΑΚΙ'	0:00:17.850(00:00:00)	6:53:39.680(06:53:21)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 36KM	FINISH 36KM
152	139	51	50-59M	Male	1143	GR	ΝΙΚΟΛΑΟΣ ΠΑΠΑΓΕΩΡΓΙΟΥ	-	ΑΝΕΞΑΡΤΗΤΟΣ	0:00:11.123(00:00:00)	7:00:20.840(07:00:09)
153	140	33	30-39M	Male	1176	GR	ΧΡΗΣΤΟΣ ΤΣΩΝΗΣ	-		0:00:03.133(00:00:00)	7:21:03.586(07:21:00)
154	141	5	60-69M	Male	1015	GR	KONSTANTINOS GIANNAKEAS	-	TRAIL RUNNERS 4FUN	0:00:09.326(00:00:00)	7:21:17.240(07:21:07)
155	142	47	40-49M	Male	1153	GR	ΔΗΜΗΤΡΙΟΣ ΠΕΡΓΑΜΑΛΗΣ	-	ΣΚΥΡΟΣ	0:00:16.236(00:00:00)	7:23:45.180(07:23:28)
156	143	52	50-59M	Male	1003	GR	PANAGIOTIS ATHANASOPOULOS	-		0:00:00.963(00:00:00)	7:40:23.380(07:40:22)
157	144	34	30-39M	Male	1127	GR	ΣΤΑΥΡΟΣ ΜΠΙΜΠΑΣ	-		0:00:12.280(00:00:00)	7:57:07.590(07:56:55)
158	14	5	50-59W	Female	1142	GR	ΓΑΡΥΦΑΛΛΙΑ ΠΑΠΑΓΕΩΡΓΙΟΥ	-	ΑΝΕΞΑΡΤΗΤΗ	0:00:11.123(00:00:00)	7:58:20.853(07:58:09)
159	145	53	50-59M	Male	1028	GR	ΝΙΚΟΣ ΜΕΝΑΓΙΑΣ	-	G & M CLUB	0:00:14.900(00:00:00)	7:58:53.196(07:58:38)
160	15	7	ALL	Female	1192	GR	ΑΘΑΝΑΣΙΑ ΛΑΜΠΑΔΙΑΡΗ	-		0:00:00.963(00:00:00)	-
161	146	4	18-29M	Male	1065	GR	ΒΙΚΤΩΡ ΓΚΑΓΚΑΡΗΣ	-		0:00:17.560(00:00:00)	-

1ο Helicon Mountain Race 2025 2) Helicon Mountain Race Relay 36k +2.200m (12k +1.100m / 24k +1.100m)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START RELAY 36KM	FINISH RELAY 36KM
1	1	1	ALL	Male	2013	GR	ΓΙΩΡΓΟΣ ΜΟΣΧΟΝΑΣ	-	MAD GOATS	0:00:02.290(00:00:00)	4:20:22.853(04:20:20)
2	2	2	ALL	Male	2008	GR	ΓΙΑΝΝΗΣ ΘΑΝΑΣΙΑΣ	-	Α.Σ.ΔΙΟΝΥΣΟΣ ΑΜΦΙΚΛΕΙΑΣ	0:00:11.123(00:00:00)	4:28:20.703(04:28:09)
3	1	3	ALL	Female	2006	GR	ΙΟΥΛΙΑ ΖΑΧΟΥ	-	ΑΛΙΑΡΤΙΣΤΑΣ / ΛΥΚΟΙ ΚΕΧΑΓΙΟΓΛΟΥ	0:00:11.123(00:00:00)	4:44:41.930(04:44:30)
4	3	4	ALL	Male	2003	GR	ANTREAS PAVLIS	-	ΔΡΟΜΕΙΣ ΑΝΟΡΘΩΣΗΣ ΑΜΜΟΧΩΣΤΟΥ	0:00:00.963(00:00:00)	4:46:19.223(04:46:18)
5	4	5	ALL	Male	2007	GR	ΓΕΟΡΓΙΟΣ ΠΑΠΑΘΑΝΑΣΙΟΥ	-	ΒΟΙΩΤΟΙ ΗΜΕΡΟΔΡΟΜΟΙ	0:00:03.133(00:00:00)	4:50:40.460(04:50:37)
6	2	6	ALL	Female	2010	GR	ΒΑΓΙΑ ΤΣΙΩΛΗ	-	ENDURANCE TRAINING SOLUTIONS	0:00:03.133(00:00:00)	4:52:58.490(04:52:55)
7	5	7	ALL	Male	2002	GR	ΒΑΣΙΛΗΣ -ΙΩΑΝΝΗΣ ΠΑΠΑΓΕΩΡΓΙΟΥ	-	ΑΘΛΗΤΙΚΟΣ ΟΜΙΛΟΣ ΔΡΟΜΕΩΝ ΛΙΒΑΔΕΙΑΣ	0:00:07.353(00:00:00)	5:27:15.386(05:27:08)
8	3	8	ALL	Female	2012	GR	ΤΖΕΝΗ ΜΗΤΣΙΟΥ	-	ΑΚΟΛ	0:00:02.290(00:00:00)	5:29:00.000(05:28:57)
9	4	9	ALL	Female	2014	GR	ΧΡΥΣΑ ΠΑΝΑΓΙΩΤΟΠΟΥΛΟΥ	-	ΑΚΟΛ - PERFORMANCE ACTION & HEALING	0:00:00.963(00:00:00)	6:00:42.890(06:00:41)
10	6	10	ALL	Male	2005	GR	ΗΡΑΚΛΗΣ ΜΑΥΡΙΑΝΙΔΗΣ	-	NAVALTECH	0:00:16.720(00:00:00)	6:12:07.530(06:11:50)
11	7	11	ALL	Male	2011	GR	ΑΝΤΩΝΗΣ ΠΑΛΟΓΟΣ	-	NAVALTECH	0:00:18.186(00:00:00)	6:16:40.040(06:16:21)
12	8	12	ALL	Male	2004	GR	ΗΛΙΑΣ ΛΑΜΠΡΟΥ	-	ΑΚΟΛ	0:00:09.326(00:00:00)	6:23:02.723(06:22:53)
13	9	13	ALL	Male	2009	GR	ΙΩΑΝΝΗΣ ΠΑΠΑΙΩΑΝΝΟΥ	-	ΔΡΟΜΕΙΣ ΕΥΒΟΙΑΣ	0:00:17.560(00:00:00)	6:49:24.936(06:49:07)