

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Start	600m	3100m	5000m	5600m	8100m	Finish
1	1	1	1	1002	SOUKOULIS ALEXANDROS Άνδρας - 1999 (M) - GRC	00:00:01 00:00:00	00:02:07 00:02:07	00:10:31 00:10:31	00:17:15 00:17:15	00:19:22 00:19:22	00:27:39 00:27:39	00:34:11 00:34:11
2	2	2	2	1001	MANKO JULIANO Άνδρας - 1999 (M) - GRC AO PALAIIOU FALIROU	00:00:01 00:00:00	00:02:07 00:02:07	00:10:31 00:10:31	00:17:15 00:17:15	00:19:22 00:19:22	00:27:39 00:27:39	00:34:11 00:34:11
3	3	1	3	1892	MADZIAR MATEUSZ Άνδρας - 1994 (M30) - POL	00:00:01 00:00:00	00:02:07 00:02:07	00:10:31 00:10:31	00:17:15 00:17:15	00:19:23 00:19:23	00:27:39 00:27:39	00:34:12 00:34:12
4	4	3	4	1004	ILIAS IOANNIS Άνδρας - 1997 (M) - GRC Under Armour Greece	00:00:01 00:00:00	00:02:09 00:02:09	00:10:36 00:10:36	00:17:29 00:17:29	00:19:39 00:19:39	00:28:00 00:28:00	00:34:41 00:34:41
5	5	1	5	1008	ALEXANDROPOULOS GIANNIS Άνδρας - 1981 (M40) - GRC ROUSSOS RUNNING TEAM	00:00:01 00:00:00	00:02:10 00:02:10	00:10:42 00:10:42	00:17:32 00:17:32	00:19:46 00:19:46	00:28:15 00:28:15	00:35:05 00:35:05
6	6	2	6	1003	PUZANOV MYKHAYLO Άνδρας - 1990 (M30) - UKR VG Distance Runners	00:00:01 00:00:00	00:02:10 00:02:10	00:10:46 00:10:45	00:17:50 00:17:49	00:20:03 00:20:02	00:28:45 00:28:44	00:35:35 00:35:34
7	7	2	7	1007	KASTRANTAS KONSTANTINOS Άνδρας - 1978 (M40) - GRC ATILAKOS RUNNING TEAM	00:00:01 00:00:00	00:02:16 00:02:16	00:11:01 00:11:01	00:18:08 00:18:08	00:20:26 00:20:26	00:29:18 00:29:18	00:36:26 00:36:26
8	8	3	8	1010	KATHARIOS ALEXANDROS Άνδρας - 1985 (M30) - GRC efood	00:00:01 00:00:00	00:02:15 00:02:15	00:11:01 00:11:01	00:18:08 00:18:08	00:20:27 00:20:27	00:29:33 00:29:33	00:36:41 00:36:41
9	9	4	9	1011	MELIGALLOTIS GEORGE Άνδρας - 1994 (M30) - GRC	00:00:01 00:00:00	00:02:14 00:02:13	00:11:10 00:11:09	00:18:27 00:18:26	00:20:53 00:20:52	00:29:56 00:29:55	00:37:22 00:37:21
10	10	5	10	1018	ROUPOTIAS ANDREAS Άνδρας - 1986 (M30) - GRC Γλυφάδας	00:00:07 00:00:00	00:02:28 00:02:21	00:11:32 00:11:25	00:18:45 00:18:38	00:21:08 00:21:01	00:30:22 00:30:15	00:37:28 00:37:21
11	11	3	11	1006	DANIIL KONSTANTINOS Άνδρας - 1978 (M40) - GRC VG DISTANCE RUNNERS	00:00:03 00:00:00	00:02:20 00:02:18	00:11:31 00:11:28	00:18:56 00:18:54	00:21:19 00:21:16	00:30:28 00:30:26	00:37:51 00:37:48
12	12	6	12	1012	VITZILAIOS APOSTOLOS Άνδρας - 1986 (M30) - GRC Bettersport	00:00:02 00:00:00	00:02:25 00:02:23	00:11:31 00:11:30	00:18:56 00:18:55	00:21:26 00:21:24	00:31:04 00:31:02	00:38:51 00:38:49
13	13	7	13	1014	BISMIKIS VASILIS Άνδρας - 1992 (M30) - GRC L-crew	00:00:09 00:00:00	00:02:28 00:02:20	00:11:44 00:11:35	00:19:21 00:19:12	00:21:49 00:21:41	00:31:18 00:31:10	00:38:54 00:38:46
14	14	8	14	1227	POLYZOS ANDREAS Άνδρας - 1985 (M30) - GRC Ανεξάρτητος	00:00:05 00:00:00	00:02:26 00:02:21	00:12:07 00:12:03	00:19:43 00:19:39	00:22:07 00:22:03	00:31:29 00:31:25	00:38:55 00:38:51
15	15	9	15	1157	KOUROUMBAS KONSTANTINOS Άνδρας - 1994 (M30) - GRC	00:00:01 00:00:00	00:02:18 00:02:18	00:11:34 00:11:34	00:19:22 00:19:22	00:21:50 00:21:50	00:31:31 00:31:31	00:38:57 00:38:57
16	16	1	16	1276	VASILEIOU ALEXIOS Άνδρας - 1974 (M50) - GRC	00:00:04 00:00:00	00:02:35 00:02:31	00:12:14 00:12:11	00:19:43 00:19:39	00:22:08 00:22:05	00:31:29 00:31:26	00:39:06 00:39:03
17	17	4	17	1260	TOUMPANAKIS THANASIS Άνδρας - 1977 (M40) - GRC ANEAPHTHOTOS	00:00:02 00:00:00	00:02:23 00:02:22	00:11:45 00:11:44	00:19:24 00:19:23	00:22:02 00:22:01	00:31:33 00:31:32	00:39:12 00:39:11
18	18	10	18	1186	MITTAS IOANNIS Άνδρας - 1993 (M30) - GRC	00:00:01 00:00:00	00:02:32 00:02:32	00:12:03 00:12:03	00:19:48 00:19:48	00:22:14 00:22:14	00:31:43 00:31:43	00:39:26 00:39:26
19	19	11	19	1285	XYGKOGIANNIS CHRISTOS Άνδρας - 1987 (M30) - GRC	00:00:16 00:00:00	00:02:38 00:02:23	00:12:11 00:11:56	00:19:48 00:19:33	00:22:15 00:22:00	00:31:54 00:31:39	00:39:32 00:39:17
20	20	5	20	1009	KONSTANTOPOULOS GEORGIOS Άνδρας - 1976 (M40) - GRC Run Tools	00:00:01 00:00:00	00:02:22 00:02:22	00:11:46 00:11:46	00:19:39 00:19:39	00:22:11 00:22:11	00:31:52 00:31:52	00:39:34 00:39:34
21	21	12	21	1017	VASILAKIS ANTONIS Άνδρας - 1987 (M30) - GRC Trainsmartproject	00:00:01 00:00:00	00:02:28 00:02:28	00:12:15 00:12:15	00:19:53 00:19:53	00:22:21 00:22:21	00:32:06 00:32:06	00:39:35 00:39:35
22	22	6	22	1055	ARVANITAKIS DIONYSIOS Άνδρας - 1981 (M40) - GRC RUN&FUN NEW BLOOD	00:00:03 00:00:00	00:02:34 00:02:31	00:12:26 00:12:23	00:20:16 00:20:13	00:22:48 00:22:46	00:32:28 00:32:25	00:39:37 00:39:35
23	23	13	23	1060	ATHANASOPOULOS GIANNIS Άνδρας - 1987 (M30) - GRC TrainSmartProject	00:00:04 00:00:00	00:02:31 00:02:28	00:12:22 00:12:18	00:20:05 00:20:01	00:22:33 00:22:29	00:32:07 00:32:03	00:39:38 00:39:34
24	24	7	24	1090	DIMAKAREAS STRATOS Άνδρας - 1979 (M40) - GRC ΤΑΛΑΙΠΩΡΟΙ ΔΡΟΜΕΙΣ ΠΕΡΑΜΑΤΟΣ	00:00:01 00:00:00	00:02:30 00:02:30	00:12:09 00:12:09	00:19:52 00:19:52	00:22:20 00:22:20	00:31:52 00:31:52	00:39:41 00:39:41
25	25	14	25	1255	THEODORAKIS VASILEIOS Άνδρας - 1987 (M30) - GRC DOLIH RUNNERS	00:00:04 00:00:00	00:02:34 00:02:31	00:12:26 00:12:23	00:20:16 00:20:13	00:22:48 00:22:45	00:32:28 00:32:25	00:40:02 00:39:59
26	26	15	26	1258	TIMPAS PAUL Άνδρας - 1987 (M30) - GRC ATHLETE TRAINING OAKA	00:00:03 00:00:00	00:02:34 00:02:32	00:12:24 00:12:22	00:20:07 00:20:05	00:22:39 00:22:37	00:32:23 00:32:20	00:40:05 00:40:03
27	27	8	27	1178	MARKOPOULOS GEORGIOS Άνδρας - 1976 (M40) - GRC	00:00:02 00:00:00	00:02:30 00:02:28	00:12:05 00:12:03	00:19:51 00:19:49	00:22:24 00:22:23	00:32:12 00:32:10	00:40:14 00:40:12
28	28	9	28	1167	LASKARATOS DIMITRIOS Άνδρας - 1979 (M40) - GRC VG DISTANCE RUNNERS	00:00:01 00:00:00	00:02:30 00:02:30	00:12:06 00:12:06	00:19:52 00:19:52	00:22:27 00:22:27	00:32:21 00:32:21	00:40:15 00:40:15
29	29	16	29	1766	LOERCH PASCAL Άνδρας - 1986 (M30) - DEU	00:00:50 00:00:00	00:03:37 00:02:48	00:12:46 00:11:57	00:20:26 00:19:37	00:22:56 00:22:07	00:32:31 00:31:42	00:40:20 00:39:31
30	30	10	30	1020	KOLOMTSAS ZAHARIAS Άνδρας - 1977 (M40) - GRC RUNNING TEAM	00:00:02 00:00:00	00:02:20 00:02:18	00:11:33 00:11:32	00:19:31 00:19:29	00:22:10 00:22:08	00:32:12 00:32:11	00:40:25 00:40:23
31	31	11	31	1177	MANOLAS EMMANOUIL Άνδρας - 1982 (M40) - GRC Απώλων δυτικής Αττικής	00:00:01 00:00:00	00:02:31 00:02:31	00:12:04 00:12:04	00:19:56 00:19:56	00:22:36 00:22:36	00:32:27 00:32:27	00:40:42 00:40:42
32	32	17	32	1198	NTOMORAS GEORGIOS Άνδρας - 1986 (M30) - GRC TrainSmartProject	00:00:02 00:00:00	00:02:29 00:02:28	00:12:21 00:12:19	00:20:17 00:20:16	00:22:50 00:22:49	00:32:45 00:32:44	00:40:47 00:40:45

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Start	600m	3100m	5000m	5600m	8100m	Finish
33	33	2	33	1019	GOULIANOS ATHANASIOS Άνδρας - 1970 (M50) - GRC ΓΣ ΚΑΡΔΙΤΣΑΣ	00:00:04 00:00:00	00:02:34 00:02:31	00:12:23 00:12:20	00:20:20 00:20:16	00:22:55 00:22:52	00:33:00 00:32:56	00:40:53 00:40:50
34	34	18	34	1098	GEORGIADIS ANTONIOS Άνδρας - 1993 (M30) - GRC	00:00:02 00:00:00	00:02:32 00:02:30	00:12:24 00:12:22	00:20:44 00:20:42	00:23:21 00:23:19	00:33:18 00:33:16	00:41:04 00:41:03
35	35	4	35	6235	BERBERAJ PANAGIOTIS Άνδρας - 1996 (M) - GRC Drc_athens	00:00:05 00:00:00	00:02:34 00:02:30	00:12:26 00:12:22	00:20:34 00:20:30	00:23:07 00:23:03	00:33:06 00:33:02	00:41:07 00:41:03
36	36	5	36	1211	PAPADOPOULOS FRAGKISKOS Άνδρας - 2002 (M) - GRC KROMMIDAS COACHING - TRISUTTO	00:00:04 00:00:00	00:02:28 00:02:25	00:12:10 00:12:07	00:20:19 00:20:16	00:22:56 00:22:53	00:33:02 00:32:59	00:41:14 00:41:11
37	37	12	37	1067	BARATA EDGAR Άνδρας - 1980 (M40) - PRT 9 Fingers Running Club	00:00:06 00:00:00	00:02:35 00:02:29	00:12:22 00:12:17	00:20:20 00:20:15	00:23:01 00:22:55	00:33:11 00:33:05	00:41:25 00:41:19
38	38	19	38	1052	ANGELIS ALEXANDROS Άνδρας - 1992 (M30) - GRC	00:00:04 00:00:00	00:02:31 00:02:28	00:12:12 00:12:09	00:20:24 00:20:21	00:23:06 00:23:03	00:33:36 00:33:33	00:42:02 00:41:58
39	39	20	39	1213	PAPAEMMANOUIL CHARIS Άνδρας - 1993 (M30) - GRC L crew	00:00:03 00:00:00	00:02:41 00:02:38	00:13:06 00:13:03	00:21:24 00:21:21	00:24:01 00:23:59	00:34:07 00:34:05	00:42:14 00:42:11
40	40	13	40	1107	GKINIS STEFANOS Άνδρας - 1984 (M40) - GRC	00:00:19 00:00:00	00:02:50 00:02:32	00:12:59 00:12:41	00:21:22 00:21:04	00:24:03 00:23:45	00:34:10 00:33:51	00:42:18 00:42:00
41	41	14	41	1203	PALANTZIDIS CHRISTOS Άνδρας - 1982 (M40) - GRC	00:00:10 00:00:00	00:02:49 00:02:40	00:13:12 00:13:03	00:21:25 00:21:16	00:23:59 00:23:49	00:34:08 00:33:59	00:42:19 00:42:10
42	42	21	42	1234	SARADOPOULOS DIMITRIS Άνδρας - 1994 (M30) - GRC	00:00:01 00:00:00	00:02:21 00:02:21	00:12:19 00:12:19	00:20:35 00:20:35	00:23:19 00:23:19	00:33:58 00:33:58	00:42:33 00:42:33
43	43	15	43	1066	BAMPALIS MANOLIS Άνδρας - 1982 (M40) - GRC Magginas Running Team	00:00:09 00:00:00	00:02:43 00:02:34	00:13:16 00:13:07	00:21:30 00:21:22	00:24:08 00:23:59	00:34:35 00:34:26	00:42:42 00:42:34
44	44	1	1	1301	KARAGIANNI AGORITSA Γυναίκα - 1987 (F30) - GRC Μαραθωνοδρόμοι Σεργίων	00:00:02 00:00:00	00:02:34 00:02:33	00:13:03 00:13:02	00:21:25 00:21:24	00:24:02 00:24:01	00:34:32 00:34:31	00:42:47 00:42:45
45	45	22	44	1072	BOZIKIS DIMITRIS Άνδρας - 1991 (M30) - GRC	00:00:09 00:00:00	00:02:50 00:02:41	00:13:05 00:12:56	00:21:24 00:21:15	00:24:02 00:23:53	00:34:09 00:34:00	00:42:48 00:42:40
46	46	1	45	1065	BAKATSELOS THEOCHARIS Άνδρας - 1964 (M60) - GRC SOLEMATES	00:00:07 00:00:00	00:02:43 00:02:37	00:13:15 00:13:08	00:21:35 00:21:28	00:24:15 00:24:08	00:34:38 00:34:31	00:42:53 00:42:47
47	47	6	46	1015	GATSIOULIS NIKOLAOS Άνδρας - 2003 (M) - GRC	00:00:01 00:00:00	00:02:29 00:02:29	00:13:04 00:13:04	00:21:45 00:21:45	00:24:35 00:24:35	00:34:54 00:34:54	00:42:56 00:42:56
48	48	16	47	1122	KAMPERIS MICHAEL Άνδρας - 1978 (M40) - GRC	00:00:06 00:00:00	00:02:38 00:02:33	00:12:42 00:12:36	00:21:04 00:20:58	00:23:45 00:23:40	00:34:12 00:34:06	00:43:01 00:42:55
49	49	1	2	1751	KOUKLOTIDOU DIMITRA Γυναίκα - 1998 (F) - GRC	00:00:15 00:00:00	00:02:45 00:02:30	00:12:57 00:12:42	00:21:21 00:21:07	00:24:02 00:23:47	00:34:32 00:34:17	00:43:04 00:42:50
50	50	17	48	1190	MPATILAS SOTIRIOS Άνδρας - 1978 (M40) - GRC	00:00:09 00:00:00	00:02:44 00:02:36	00:12:25 00:12:16	00:21:00 00:20:52	00:23:52 00:23:43	00:34:31 00:34:23	00:43:05 00:42:57
51	51	3	49	1158	KOUROUPAS KOSTAS Άνδρας - 1972 (M50) - GRC N.SMYRNI RUNNING TEAM	00:00:04 00:00:00	00:02:40 00:02:37	00:13:13 00:13:10	00:21:41 00:21:37	00:24:22 00:24:18	00:34:52 00:34:49	00:43:06 00:43:03
52	52	18	50	1170	LOUKA ZANETTOS Άνδρας - 1984 (M40) - CYP	00:00:13 00:00:00	00:02:52 00:02:40	00:12:34 00:12:21	00:20:57 00:20:44	00:23:43 00:23:31	00:34:26 00:34:13	00:43:09 00:42:56
53	53	23	51	1209	PANOS DIMITRIOS Άνδρας - 1986 (M30) - GRC	00:00:19 00:00:00	00:02:56 00:02:38	00:13:10 00:12:51	00:21:31 00:21:13	00:24:14 00:23:56	00:34:49 00:34:30	00:43:14 00:42:56
54	54	7	52	1220	PAPIGKIOTIS EPAMEINODAS Άνδρας - 1998 (M) - GRC	00:00:05 00:00:00	00:02:30 00:02:26	00:12:09 00:12:04	00:20:41 00:20:37	00:23:42 00:23:38	00:34:42 00:34:37	00:43:24 00:43:20
55	55	24	53	1133	KARAPETSANIS ATHANASIOS Άνδρας - 1986 (M30) - GRC	00:00:12 00:00:00	00:02:55 00:02:44	00:13:13 00:13:01	00:21:51 00:21:40	00:24:36 00:24:25	00:35:10 00:34:59	00:43:31 00:43:20
56	56	19	54	1199	NTOURZIOTIS CHRISTOS Άνδρας - 1979 (M40) - GRC ΔΡΟΜΕΙΣ ΕΥΒΟΙΑΣ / MAGGINAS RUNNING TEAM	00:00:15 00:00:00	00:02:55 00:02:41	00:13:48 00:13:34	00:22:16 00:22:02	00:24:54 00:24:40	00:35:19 00:35:05	00:43:32 00:43:18
57	57	8	55	1273	TZOITIS GIORGOS Άνδρας - 1999 (M) - GRC	00:00:10 00:00:00	00:02:51 00:02:41	00:13:21 00:13:11	00:21:51 00:21:42	00:24:34 00:24:24	00:35:11 00:35:01	00:43:35 00:43:25
58	58	2	3	1163	KREMMYDA IOANNA Γυναίκα - 1994 (F30) - GRC	00:00:09 00:00:00	00:02:31 00:02:23	00:12:29 00:12:20	00:21:32 00:21:24	00:24:26 00:24:17	00:35:01 00:34:53	00:43:39 00:43:31
59	59	2	4	1027	TSEGTKOU STELA Γυναίκα - 1997 (F) - GRC Rodopi Runners	00:00:04 00:00:00	00:02:43 00:02:39	00:13:20 00:13:16	00:21:53 00:21:49	00:24:37 00:24:33	00:35:16 00:35:13	00:43:42 00:43:38
60	60	25	56	1049	ANASTASIADIS NIKOLAOS Άνδρας - 1985 (M30) - GRC	00:00:07 00:00:00	00:02:37 00:02:30	00:12:42 00:12:36	00:21:32 00:21:26	00:24:15 00:24:08	00:35:02 00:34:56	00:43:45 00:43:39
61	61	9	57	1249	SPILIOPOULOS ANGELOS Άνδρας - 1997 (M) - GRC	00:00:08 00:00:00	00:02:44 00:02:36	00:13:07 00:12:59	00:21:47 00:21:39	00:24:31 00:24:23	00:35:22 00:35:14	00:43:48 00:43:41
62	62	10	58	1079	CHATZIANDREOU DINOS Άνδρας - 1999 (M) - GRC Περιπατητικοί	00:00:17 00:00:00	00:02:59 00:02:43	00:13:27 00:13:11	00:21:54 00:21:37	00:24:33 00:24:17	00:35:20 00:35:04	00:43:52 00:43:36
63	63	11	59	1855	XIROS NIKOLAS Άνδρας - 2002 (M) - GRC	00:00:00 00:00:00	00:02:50 00:02:50	00:14:09 00:14:09	00:23:12 00:23:12	00:25:53 00:25:53	00:36:13 00:36:13	00:43:54 00:43:54
64	64	26	60	1078	CHARINOS STAVROS Άνδρας - 1987 (M30) - GRC	00:00:15 00:00:00	00:02:43 00:02:29	00:12:46 00:12:31	00:21:21 00:21:07	00:24:08 00:23:54	00:35:01 00:34:47	00:44:00 00:43:46

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Start	600m	3100m	5000m	5600m	8100m	Finish
65	65	12	61	1100	GEORGIU ALEXIS Άνδρας - 1999 (M) - GRC	00:00:15 00:00:00	00:03:03 00:02:48	00:13:56 00:13:42	00:22:35 00:22:20	00:25:19 00:25:05	00:35:38 00:35:24	00:44:00 00:43:46
66	66	27	62	1101	GIALIAS IOANNIS Άνδρας - 1987 (M30) - GRC Peak performance team	00:00:03 00:00:00	00:02:42 00:02:39	00:13:10 00:13:08	00:21:54 00:21:52	00:24:44 00:24:42	00:35:51 00:35:49	00:44:09 00:44:07
67	67	28	63	1099	GEORGILADAKIS SPYRIDON Άνδρας - 1986 (M30) - GRC	00:00:01 00:00:00	00:02:41 00:02:41	00:13:31 00:13:31	00:22:09 00:22:09	00:24:56 00:24:56	00:35:41 00:35:41	00:44:20 00:44:20
68	68	29	64	1225	PLEVRIS PANAGIOTIS Άνδρας - 1993 (M30) - GRC	00:00:06 00:00:00	00:02:41 00:02:36	00:13:03 00:12:58	00:21:36 00:21:31	00:24:21 00:24:16	00:35:18 00:35:13	00:44:27 00:44:22
69	69	13	65	1264	TROIZIS RALLIS Άνδρας - 2002 (M) - GRC MARATHON CLUB	00:00:06 00:00:00	00:02:46 00:02:41	00:12:56 00:12:51	00:21:46 00:21:41	00:24:40 00:24:35	00:35:25 00:35:20	00:44:30 00:44:24
70	70	20	66	1222	PAVLOPOULOS NIKOS Άνδρας - 1977 (M40) - GRC RUN AMALIADA	00:00:18 00:00:00	00:03:03 00:02:45	00:13:32 00:13:14	00:22:10 00:21:52	00:24:56 00:24:38	00:35:42 00:35:24	00:44:30 00:44:13
71	71	4	67	1156	KOURGIANTAKIS PANTELIS Άνδρας - 1973 (M50) - GRC Marathon club	00:00:10 00:00:00	00:02:48 00:02:39	00:13:52 00:13:42	00:22:37 00:22:27	00:25:21 00:25:12	00:36:08 00:35:59	00:44:35 00:44:26
72	72	30	68	1680	BOUGIOURAS NIKOLAOS Άνδρας - 1989 (M30) - GRC	00:00:05 00:00:00	00:02:52 00:02:48	00:13:24 00:13:19	00:22:10 00:22:06	00:24:59 00:24:54	00:35:55 00:35:51	00:44:35 00:44:31
73	73	21	69	1165	LACHANAS CHRISTOS Άνδρας - 1975 (M40) - GRC	00:00:18 00:00:00	00:03:09 00:02:51	00:13:45 00:13:28	00:22:32 00:22:15	00:25:20 00:25:03	00:36:00 00:35:43	00:44:36 00:44:19
74	74	14	70	1183	MILTADIS KONSTANTINOS Άνδρας - 2000 (M) - GRC	00:00:16 00:00:00	00:02:51 00:02:35	00:13:15 00:13:00	00:21:52 00:21:37	00:24:51 00:24:36	00:36:11 00:35:56	00:44:37 00:44:22
75	75	22	71	1248	SPANOUDAKIS VAGELIS Άνδρας - 1981 (M40) - GRC	00:00:17 00:00:00	00:02:54 00:02:37	00:13:16 00:12:59	00:21:56 00:21:39	00:24:46 00:24:30	00:35:45 00:35:28	00:44:37 00:44:21
76	76	2	72	1298	SAGONAS CHRISTOS Άνδρας - 1958 (M60) - GRC	00:00:13 00:00:00	00:02:55 00:02:43	00:13:46 00:13:34	00:22:35 00:22:23	00:25:24 00:25:12	00:36:18 00:36:06	00:44:41 00:44:28
77	77	31	73	1197	NTALIS TRIFON Άνδρας - 1986 (M30) - GRC	00:00:19 00:00:00	00:03:11 00:02:52	00:14:03 00:13:45	00:22:45 00:22:27	00:25:28 00:25:10	00:36:23 00:36:05	00:44:42 00:44:24
78	78	32	74	1266	TSAOUSIS ILIAS Άνδρας - 1991 (M30) - GRC	00:00:18 00:00:00	00:02:59 00:02:41	00:13:42 00:13:24	00:22:36 00:22:18	00:25:21 00:25:04	00:36:10 00:35:52	00:44:46 00:44:28
79	79	3	5	1379	CHONDRONASIOU ELENI Γυναίκα - 1988 (F30) - GRC VASKOS TRAINING TEAM	00:00:03 00:00:00	00:02:49 00:02:47	00:13:44 00:13:42	00:22:57 00:22:55	00:25:47 00:25:45	00:36:36 00:36:34	00:44:52 00:44:49
80	80	33	75	1768	MACCHIA STEFANO Άνδρας - 1988 (M30) - ITA Adidas Runners Athens	00:00:06 00:00:00	00:02:58 00:02:53	00:13:34 00:13:29	00:22:33 00:22:28	00:25:21 00:25:16	00:36:15 00:36:10	00:44:52 00:44:47
81	81	23	76	1172	LYRIS PANAGIOTIS Άνδρας - 1977 (M40) - GRC ΣΔΥ ΑΘΗΝΑΣ	00:00:05 00:00:00	00:02:36 00:02:31	00:12:45 00:12:41	00:21:36 00:21:31	00:24:31 00:24:26	00:35:36 00:35:31	00:44:52 00:44:47
82	82	15	77	1153	KOSTAKIS GEORGIOS Άνδρας - 1997 (M) - GRC	00:00:05 00:00:00	00:02:36 00:02:32	00:12:22 00:12:18	00:21:16 00:21:12	00:24:13 00:24:08	00:35:19 00:35:14	00:44:53 00:44:48
83	83	34	78	1181	MERKOUROGLOU MERKOURIS Άνδρας - 1992 (M30) - GRC	00:00:11 00:00:00	00:02:48 00:02:38	00:13:28 00:13:18	00:22:16 00:22:06	00:25:09 00:24:59	00:36:20 00:36:10	00:44:58 00:44:48
84	84	35	79	1254	TETRADIS NIKOS Άνδρας - 1991 (M30) - GRC THEBROZ	00:00:07 00:00:00	00:02:50 00:02:43	00:13:35 00:13:28	00:22:37 00:22:30	00:25:28 00:25:21	00:36:32 00:36:25	00:44:58 00:44:52
85	85	24	80	1141	KAVOUKIS IOANNIS Άνδρας - 1977 (M40) - GRC PFR	00:00:11 00:00:00	00:03:04 00:02:53	00:13:58 00:13:47	00:22:41 00:22:30	00:25:29 00:25:18	00:36:31 00:36:20	00:44:59 00:44:49
86	86	25	81	1239	SIOUCHLERIS VASILIS Άνδρας - 1984 (M40) - GRC	00:00:13 00:00:00	00:02:57 00:02:44	00:13:55 00:13:42	00:22:39 00:22:26	00:25:26 00:25:14	00:36:26 00:36:13	00:44:59 00:44:47
87	87	5	82	1068	BATAVANIS NIKOS Άνδρας - 1972 (M50) - GRC tsimouras_full_on_training	00:00:04 00:00:00	00:02:45 00:02:42	00:13:18 00:13:15	00:22:10 00:22:07	00:25:06 00:25:02	00:36:03 00:35:59	00:45:03 00:44:59
88	88	26	83	1324	VAPORIDIS NIKOS Άνδρας - 1978 (M40) - GRC 11880 TEAM	00:00:15 00:00:00	00:02:55 00:02:41	00:13:46 00:13:32	00:22:35 00:22:21	00:25:24 00:25:10	00:36:21 00:36:07	00:45:06 00:44:51
89	89	27	84	1047	ALEXATOS STEFANOS Άνδρας - 1975 (M40) - GRC	00:00:16 00:00:00	00:03:00 00:02:44	00:13:42 00:13:26	00:22:41 00:22:25	00:25:30 00:25:15	00:36:29 00:36:13	00:45:12 00:44:57
90	90	28	85	1818	PSORRAS NIKOLAOS Άνδρας - 1982 (M40) - GRC -	00:00:00 00:00:00	00:02:39 00:02:39	00:13:27 00:13:27	00:22:24 00:22:24	00:25:15 00:25:15	00:36:16 00:36:16	00:45:14 00:45:14
91	91	36	86	1243	SKIADAS NIKOS Άνδρας - 1992 (M30) - GRC	00:00:10 00:00:00	00:02:54 00:02:45	00:14:17 00:14:08	00:23:17 00:23:08	00:26:03 00:25:54	00:36:57 00:36:48	00:45:15 00:45:06
92	92	6	87	1076	CHALKIADAKIS ALEXANDROS Άνδρας - 1974 (M50) - GRC	00:00:05 00:00:00	00:02:54 00:02:50	00:13:59 00:13:55	00:22:55 00:22:51	00:25:46 00:25:42	00:36:38 00:36:34	00:45:16 00:45:12
93	93	4	6	1026	KRITIKOU VASILEIA Γυναίκα - 1985 (F30) - GRC Αθλητικό Σωματείο Αγίας Παρασκευής	00:00:05 00:00:00	00:02:33 00:02:29	00:13:08 00:13:04	00:22:02 00:21:58	00:24:59 00:24:55	00:36:05 00:36:01	00:45:17 00:45:13
94	94	29	88	1168	LENTZOS DIMITRIOS Άνδρας - 1978 (M40) - GRC	00:00:05 00:00:00	00:02:51 00:02:47	00:13:47 00:13:43	00:22:37 00:22:33	00:25:29 00:25:25	00:36:39 00:36:35	00:45:26 00:45:22
95	95	7	89	1278	VASILEIOU CHRISTOS Άνδρας - 1969 (M50) - GRC	00:00:15 00:00:00	00:03:03 00:02:48	00:14:03 00:13:48	00:22:59 00:22:44	00:25:48 00:25:33	00:36:48 00:36:33	00:45:27 00:45:12
96	96	5	7	1025	KASMA MARIA Γυναίκα - 1991 (F30) - GRC Primal	00:00:22 00:00:00	00:02:58 00:02:36	00:13:13 00:12:51	00:22:21 00:21:59	00:25:17 00:24:56	00:36:18 00:35:56	00:45:27 00:45:06
97	97	16	90	1059	ATHANASAKOPOULOS IOANNIS Άνδρας - 1995 (M) - GRC	00:00:04 00:00:00	00:02:43 00:02:39	00:13:10 00:13:06	00:22:03 00:21:59	00:25:00 00:24:56	00:36:19 00:36:15	00:45:33 00:45:29

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Start	600m	3100m	5000m	5600m	8100m	Finish
98	98	17	91	1684	CHARELOS CHRISTOS Άνδρας - 1996 (M) - GRC	00:00:15 00:00:00	00:02:52 00:02:37	00:13:30 00:13:16	00:22:32 00:22:17	00:25:30 00:25:15	00:36:48 00:36:33	00:45:35 00:45:20
99	99	30	92	1204	PANAGIOTIS ARKOUDEAS Άνδρας - 1978 (M40) - GRC	00:00:17 00:00:00	00:02:35 00:02:19	00:12:09 00:11:52	00:20:31 00:20:14	00:26:05 00:25:49	00:36:58 00:36:42	00:45:36 00:45:19
100	100	8	93	1119	KALOGRIDIS FOTIOS Άνδρας - 1969 (M50) - GRC	00:00:07 00:00:00	00:03:00 00:02:54	00:14:07 00:14:01	00:23:12 00:23:06	00:26:03 00:25:57	00:36:57 00:36:51	00:45:38 00:45:32
101	101	9	94	1304	MOSTROUS THOMAS Άνδρας - 1973 (M50) - GRC RONIN	00:00:01 00:00:00	00:02:36 00:02:36	00:13:08 00:13:08	00:21:51 00:21:51	00:24:41 00:24:41	00:36:12 00:36:12	00:45:44 00:45:44
102	102	6	8	1021	LAKAKI NATALIA Γυναίκα - 1991 (F30) - GRC	00:00:05 00:00:00	00:02:55 00:02:50	00:13:58 00:13:54	00:22:52 00:22:47	00:25:48 00:25:44	00:36:57 00:36:52	00:45:49 00:45:44
103	103	31	95	1082	CHINIS CHRISTOS Άνδρας - 1981 (M40) - GRC Atrotos	00:00:17 00:00:00	00:02:58 00:02:42	00:13:59 00:13:43	00:22:56 00:22:39	00:25:49 00:25:32	00:37:00 00:36:43	00:45:54 00:45:37
104	104	18	96	1866	GERMANOULIDIS IOANNIS Άνδρας - 2006 (M) - GRC	00:00:12 00:00:00	00:02:56 00:02:45	00:13:50 00:13:39	00:22:45 00:22:33	00:25:34 00:25:23	00:36:45 00:36:33	00:45:56 00:45:44
105	105	10	97	1214	PAPAGEORGIOU GEORGIOS Άνδρας - 1974 (M50) - GRC	00:00:11 00:00:00	00:02:56 00:02:46	00:13:57 00:13:47	00:22:56 00:22:46	00:25:45 00:25:35	00:37:02 00:36:51	00:45:57 00:45:46
106	106	19	98	1787	NIKOLAIDIS PANAGIOTIS Άνδρας - 1998 (M) - GRC	00:00:00 00:00:00	00:02:45 00:02:45	00:14:06 00:14:06	00:23:14 00:23:14	00:26:01 00:26:01	00:37:17 00:37:17	00:46:02 00:46:02
107	107	37	99	1294	GIOUPE VASILIS Άνδρας - 1991 (M30) - ALB	00:00:03 00:00:00	00:02:31 00:02:28	00:13:17 00:13:14	00:22:34 00:22:31	00:25:36 00:25:33	00:37:08 00:37:05	00:46:03 00:46:00
108	108	38	100	1182	MILONOPOULOS GIANNIS Άνδρας - 1988 (M30) - GRC THEBROZ	00:00:09 00:00:00	00:02:50 00:02:41	00:13:35 00:13:26	00:22:37 00:22:28	00:25:28 00:25:20	00:36:54 00:36:46	00:46:04 00:45:56
109	109	39	101	1062	AVDIMIOTIS ATHANASIOS Άνδρας - 1987 (M30) - GRC	00:00:09 00:00:00	00:03:09 00:03:01	00:14:03 00:13:54	00:23:11 00:23:03	00:26:07 00:25:58	00:37:34 00:37:25	00:46:09 00:46:01
110	110	40	102	1327	AK EMRE Άνδρας - 1991 (M30) - GRC FILATHLITIKOS KALLITHEAS	00:00:06 00:00:00	00:02:52 00:02:46	00:14:03 00:13:58	00:23:22 00:23:16	00:26:18 00:26:12	00:37:47 00:37:42	00:46:11 00:46:06
111	111	20	103	1862	LOURAKIS DIMITRIOS Άνδρας - 2002 (M) - GRC	00:00:04 00:00:00	00:03:00 00:02:57	00:13:46 00:13:42	00:23:13 00:23:09	00:26:20 00:26:17	00:37:22 00:37:19	00:46:21 00:46:17
112	112	7	9	1247	SPANOU MATILDA Γυναίκα - 1994 (F30) - GRC	00:00:17 00:00:00	00:03:07 00:02:50	00:14:18 00:14:02	00:23:38 00:23:21	00:26:33 00:26:16	00:37:45 00:37:28	00:46:25 00:46:08
113	113	32	104	1121	KAMPAKIS KOSTAS Άνδρας - 1981 (M40) - GRC	00:00:21 00:00:00	00:03:05 00:02:45	00:13:59 00:13:38	00:23:00 00:22:40	00:25:54 00:25:33	00:37:30 00:37:10	00:46:27 00:46:07
114	114	21	105	1116	KAGKADIS KOSTAS Άνδρας - 1995 (M) - GRC	00:00:06 00:00:00	00:02:53 00:02:48	00:14:15 00:14:10	00:23:32 00:23:27	00:26:33 00:26:27	00:37:46 00:37:41	00:46:30 00:46:25
115	115	33	106	1046	ALEXANDROPOULOS AGGELOS Άνδρας - 1981 (M40) - GRC	00:00:14 00:00:00	00:03:04 00:02:50	00:14:20 00:14:06	00:23:37 00:23:24	00:26:34 00:26:20	00:37:44 00:37:30	00:46:35 00:46:21
116	116	8	10	1135	KASIMATI KATERINA Γυναίκα - 1990 (F30) - GRC Primal	00:00:23 00:00:00	00:03:18 00:02:56	00:14:26 00:14:04	00:23:30 00:23:08	00:26:24 00:26:01	00:37:48 00:37:26	00:46:38 00:46:16
117	117	9	11	1028	DIMINAKI EVANGELIA Γυναίκα - 1990 (F30) - GRC	00:00:03 00:00:00	00:02:47 00:02:44	00:13:38 00:13:35	00:23:02 00:22:59	00:26:04 00:26:01	00:37:12 00:37:09	00:46:40 00:46:37
118	118	11	107	1159	KOUTOVALIS LEONIDAS Άνδρας - 1974 (M50) - GRC ROADRUNNERS CHIOS	00:00:10 00:00:00	00:02:53 00:02:44	00:14:18 00:14:08	00:23:34 00:23:24	00:26:33 00:26:24	00:37:49 00:37:39	00:46:41 00:46:32
119	119	41	108	1200	OIKONOMAKIS VASILEIOS Άνδρας - 1986 (M30) - GRC	00:00:10 00:00:00	00:02:59 00:02:50	00:14:33 00:14:24	00:23:42 00:23:33	00:26:33 00:26:24	00:37:37 00:37:28	00:46:43 00:46:34
120	120	12	109	1041	STABOLOGLOU SAVVAS Άνδρας - 1971 (M50) - GRC FILATHLITIKOS KALLITHEAS	00:00:06 00:00:00	00:02:52 00:02:46	00:14:04 00:13:58	00:23:22 00:23:16	00:26:18 00:26:12	00:37:47 00:37:41	00:46:46 00:46:40
121	121	1	12	1030	CHIMONA CHRYSANTHI Γυναίκα - 1983 (F40) - GRC	00:00:14 00:00:00	00:03:03 00:02:49	00:14:05 00:13:51	00:23:20 00:23:06	00:26:17 00:26:04	00:37:32 00:37:19	00:46:48 00:46:34
122	122	34	110	1176	MAKRIDIS PARIS Άνδρας - 1984 (M40) - GRC	00:00:17 00:00:00	00:03:13 00:02:57	00:14:28 00:14:11	00:23:40 00:23:23	00:26:38 00:26:22	00:37:54 00:37:37	00:46:51 00:46:34
123	123	35	111	1151	KOSMIDIS STYLIANOS Άνδρας - 1980 (M40) - GRC	00:00:10 00:00:00	00:03:01 00:02:51	00:13:59 00:13:50	00:23:04 00:22:55	00:26:04 00:25:54	00:37:32 00:37:22	00:46:52 00:46:42
124	124	36	112	1081	CHELIS VASILEIOS Άνδρας - 1980 (M40) - GRC	00:00:14 00:00:00	00:03:16 00:03:03	00:14:52 00:14:38	00:24:05 00:23:52	00:26:56 00:26:43	00:38:11 00:37:58	00:46:59 00:46:46
125	125	37	113	1180	MEIDANIS ATHANASIOS Άνδρας - 1976 (M40) - GRC ΣΔΥΜ ΘΗΒΑΣ	00:00:13 00:00:00	00:03:01 00:02:48	00:14:28 00:14:15	00:23:32 00:23:19	00:26:25 00:26:12	00:37:56 00:37:43	00:47:07 00:46:54
126	126	42	114	1291	CHARTIOS CHRISTOS Άνδρας - 1994 (M30) - GRC	00:00:14 00:00:00	00:03:15 00:03:01	00:14:54 00:14:40	00:24:18 00:24:04	00:27:14 00:27:00	00:38:32 00:38:18	00:47:09 00:46:55
127	127	13	115	1160	KOUTSOVASILIS GEORGE Άνδρας - 1969 (M50) - GRC ΣΔΥΜ ΘΗΒΑΣ	00:00:03 00:00:00	00:02:39 00:02:37	00:13:32 00:13:29	00:22:34 00:22:32	00:25:38 00:25:35	00:37:25 00:37:23	00:47:10 00:47:07
128	128	38	116	1212	PAPADOPOULOS GREGORY Άνδρας - 1982 (M40) - GRC	00:00:12 00:00:00	00:03:11 00:02:59	00:14:35 00:14:24	00:23:46 00:23:34	00:26:42 00:26:30	00:37:58 00:37:47	00:47:11 00:46:59
129	129	43	117	1274	VALSAMOS HARRIS Άνδρας - 1994 (M30) - GRC	00:00:04 00:00:00	00:02:49 00:02:45	00:14:55 00:14:52	00:24:25 00:24:22	00:27:18 00:27:14	00:38:36 00:38:33	00:47:11 00:47:08
130	130	44	118	1262	TRASANIDIS CHARALAMPOS Άνδρας - 1988 (M30) - GRC ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΕΟΡΔΑΙΑΣ	00:00:32 00:00:00	00:03:15 00:02:44	00:14:35 00:14:03	00:23:50 00:23:19	00:26:51 00:26:19	00:38:13 00:37:41	00:47:15 00:46:43

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Start	600m	3100m	5000m	5600m	8100m	Finish
131	131	45	119	1664	ALTOUBAS MANOLOU ANTONIS Άνδρας - 1987 (M30) - GRC	00:00:05 00:00:00	00:03:01 00:02:57	00:14:03 00:13:58	00:23:33 00:23:28	00:26:36 00:26:31	00:38:05 00:38:00	00:47:18 00:47:14
132	132	46	120	1277	VASILEIOU CHRISTOS Άνδρας - 1989 (M30) - GRC	00:00:19 00:00:00	00:03:14 00:02:55	00:14:15 00:13:57	00:23:24 00:23:05	00:26:21 00:26:02	00:37:57 00:37:38	00:47:23 00:47:05
133	133	14	121	1681	BRAKOUMATSOS TAXIARCHIS Άνδρας - 1972 (M50) - GRC	00:00:12 00:00:00	00:03:04 00:02:52	00:14:08 00:13:56	00:23:20 00:23:08	00:26:21 00:26:09	00:37:57 00:37:45	00:47:24 00:47:12
134	134	47	122	1795	PAPAGIANNOPOULOS DIMITRIOS Άνδρας - 1993 (M30) - GRC kokkinis team	00:00:17 00:00:00	00:03:30 00:03:13	00:14:59 00:14:42	00:24:06 00:23:50	00:27:02 00:26:45	00:38:29 00:38:13	00:47:28 00:47:11
135	135	48	123	1105	GIANNIOS VASILEIOS Άνδρας - 1991 (M30) - GRC	00:00:01 00:00:00	00:02:40 00:02:40	00:14:07 00:14:07	00:23:39 00:23:39	00:26:38 00:26:38	00:38:18 00:38:18	00:47:31 00:47:31
136	136	22	124	1849	VAKOULIS DIMITRIS Άνδρας - 2001 (M) - GRC Primal	00:00:11 00:00:00	00:03:23 00:03:12	00:14:28 00:14:17	00:23:47 00:23:36	00:26:49 00:26:38	00:38:29 00:38:18	00:47:32 00:47:22
137	137	49	125	1698	FANTAOUTSAKIS MANOS Άνδρας - 1986 (M30) - GRC	00:00:15 00:00:00	00:03:24 00:03:09	00:14:53 00:14:38	00:24:02 00:23:47	00:26:57 00:26:42	00:38:22 00:38:08	00:47:34 00:47:19
138	138	15	126	1373	CHAROPOULOS IOANNIS Άνδρας - 1974 (M50) - GRC ΑΠΣ. ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	00:00:15 00:00:00	00:03:22 00:03:07	00:14:48 00:14:33	00:24:16 00:24:01	00:27:21 00:27:06	00:38:49 00:38:34	00:47:45 00:47:30
139	139	50	127	1601	VASILEIOS MALIAS Άνδρας - 1987 (M30) - GRC	00:00:03 00:00:00	00:03:08 00:03:05	00:14:43 00:14:41	00:24:03 00:24:00	00:26:58 00:26:56	00:38:40 00:38:38	00:47:47 00:47:44
140	140	51	128	1226	POLITIS NIKOS Άνδρας - 1985 (M30) - GRC BEEFIT	00:00:08 00:00:00	00:03:01 00:02:54	00:14:13 00:14:06	00:23:34 00:23:26	00:26:37 00:26:29	00:38:32 00:38:25	00:47:51 00:47:44
141	141	3	13	1632	ANASTASOPOULOU MARIETTA Γυναίκα - 2000 (F) - GRC DRC ATHENS	00:00:45 00:00:00	00:04:22 00:03:37	00:15:45 00:15:00	00:24:57 00:24:12	00:27:49 00:27:04	00:38:57 00:38:12	00:47:51 00:47:07
142	142	52	129	1287	ZIGAKIS AKIS Άνδρας - 1988 (M30) - GRC Reach	00:00:14 00:00:00	00:03:18 00:03:05	00:14:40 00:14:27	00:23:53 00:23:40	00:26:52 00:26:39	00:38:40 00:38:26	00:47:54 00:47:41
143	143	39	130	1207	PANAGOPOULOS LEONIDAS Άνδρας - 1983 (M40) - GRC	00:00:23 00:00:00	00:03:23 00:03:01	00:14:54 00:14:32	00:24:18 00:23:56	00:27:18 00:26:55	00:38:52 00:38:30	00:47:56 00:47:34
144	144	16	131	1093	FOUNTOKIS CHRISTOS Άνδρας - 1965 (M50) - GRC ADIDAS RUNERS	00:00:13 00:00:00	00:02:57 00:02:44	00:14:14 00:14:01	00:23:31 00:23:18	00:26:33 00:26:20	00:38:21 00:38:08	00:48:00 00:47:47
145	145	17	132	1865	GERMANOULIDIS STAVROS Άνδρας - 1972 (M50) - GRC	00:00:12 00:00:00	00:03:01 00:02:49	00:13:59 00:13:47	00:23:13 00:23:01	00:26:39 00:26:27	00:38:35 00:38:23	00:48:01 00:47:49
146	146	23	133	1147	KONOMI ANTONIS Άνδρας - 1998 (M) - GRC	00:00:23 00:00:00	00:03:31 00:03:09	00:15:52 00:15:29	00:25:14 00:24:51	00:28:05 00:27:42	00:39:23 00:39:00	00:48:01 00:47:38
147	147	24	134	1856	ZACHOS AIMILIOS Άνδρας - 1995 (M) - GRC	00:00:10 00:00:00	00:02:57 00:02:48	00:13:54 00:13:45	00:23:17 00:23:08	00:26:19 00:26:10	00:38:32 00:38:22	00:48:02 00:47:53
148	148	53	135	1179	MAVRAEIDOPOULOS VASILIS Άνδρας - 1990 (M30) - GRC	00:00:22 00:00:00	00:03:16 00:02:55	00:14:38 00:14:16	00:23:50 00:23:28	00:27:07 00:26:45	00:38:52 00:38:30	00:48:06 00:47:45
149	149	25	136	1415	HADI SETIAWAN FERI Άνδρας - 1995 (M) - IDN	00:00:41 00:00:00	00:04:14 00:03:33	00:15:36 00:14:55	00:25:11 00:24:30	00:28:08 00:27:28	00:39:30 00:38:49	00:48:07 00:47:27
150	150	26	137	1816	POULIOS THEOFYLAKTOS Άνδρας - 1996 (M) - GRC	00:00:20 00:00:00	00:03:08 00:02:49	00:14:38 00:14:18	00:23:47 00:23:27	00:26:48 00:26:28	00:38:46 00:38:27	00:48:08 00:47:48
151	151	27	138	1654	MAROULAKIS GIORGOS Άνδρας - 1996 (M) - GRC	00:00:09 00:00:00	00:03:03 00:02:54	00:14:42 00:14:34	00:24:10 00:24:01	00:27:10 00:27:01	00:38:59 00:38:50	00:48:10 00:48:01
152	152	18	139	1206	PANAGOPOULOS COSTAS Άνδρας - 1968 (M50) - GRC ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	00:00:18 00:00:00	00:03:09 00:02:51	00:14:17 00:13:59	00:23:35 00:23:17	00:26:43 00:26:25	00:38:44 00:38:26	00:48:13 00:47:55
153	153	19	140	1217	PAPALAMPROU LOUKAS Άνδρας - 1973 (M50) - GRC	00:00:13 00:00:00	00:03:15 00:03:02	00:15:10 00:14:58	00:24:39 00:24:27	00:27:41 00:27:28	00:39:14 00:39:02	00:48:14 00:48:02
154	154	54	141	1546	PSYCHOGIOS PANAGIOTIS Άνδρας - 1990 (M30) - GRC	00:00:28 00:00:00	00:03:42 00:03:15	00:15:05 00:14:38	00:24:17 00:23:50	00:27:18 00:26:51	00:38:58 00:38:31	00:48:15 00:47:48
155	155	20	142	1289	ZORMPAS SOKRATIS Άνδρας - 1972 (M50) - GRC	00:00:07 00:00:00	00:03:06 00:02:59	00:14:54 00:14:48	00:24:28 00:24:22	00:27:33 00:27:26	00:39:15 00:39:05	00:48:17 00:48:11
156	156	21	143	1309	PALIOURAS PANAGIOTIS Άνδρας - 1973 (M50) - GRC	00:00:03 00:00:00	00:02:38 00:02:36	00:13:33 00:13:31	00:23:14 00:23:12	00:26:23 00:26:20	00:38:23 00:38:20	00:48:17 00:48:15
157	157	40	144	1356	BARMPPARESOS STYLIANOS Άνδρας - 1978 (M40) - GRC -	00:00:12 00:00:00	00:03:34 00:03:22	00:15:12 00:15:00	00:24:30 00:24:18	00:27:29 00:27:18	00:39:04 00:38:52	00:48:18 00:48:06
158	158	28	145	1670	APOSPORIS DIMITRIS Άνδρας - 1996 (M) - GRC Non	00:00:20 00:00:00	00:03:14 00:02:54	00:14:31 00:14:11	00:23:50 00:23:31	00:26:55 00:26:35	00:38:50 00:38:30	00:48:19 00:47:59
159	159	29	146	1696	EVANGELOS TSIMIS Άνδρας - 1995 (M) - GRC	00:00:10 00:00:00	00:03:12 00:03:03	00:14:36 00:14:26	00:23:57 00:23:48	00:26:58 00:26:49	00:39:00 00:38:51	00:48:19 00:48:10
160	160	55	147	1825	SMIRNOV ALEXEY Άνδρας - 1989 (M30) - RUS	00:00:11 00:00:00	00:03:02 00:02:52	00:14:10 00:14:00	00:23:36 00:23:26	00:26:46 00:26:36	00:38:50 00:38:40	00:48:20 00:48:10
161	161	41	148	1827	SPILIOPOPOULOS CHRIS Άνδρας - 1976 (M40) - GRC	00:00:23 00:00:00	00:03:21 00:02:58	00:14:33 00:14:11	00:24:02 00:23:39	00:27:00 00:26:37	00:38:55 00:38:32	00:48:20 00:47:58
162	162	56	149	1261	TOUNAS NIKITAS Άνδρας - 1992 (M30) - GRC	00:00:16 00:00:00	00:03:11 00:02:55	00:14:43 00:14:28	00:24:06 00:23:51	00:27:07 00:26:52	00:38:56 00:38:41	00:48:24 00:48:09
163	163	57	150	1196	NIKOS CHATZIPETROS Άνδρας - 1986 (M30) - GRC The Broz	00:00:08 00:00:00	00:02:45 00:02:38	00:13:50 00:13:42	00:23:22 00:23:14	00:26:27 00:26:19	00:38:53 00:38:45	00:48:26 00:48:18

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Start	600m	3100m	5000m	5600m	8100m	Finish
164	164	58	151	1775	MARAGKOS PANAGIOTIS Άνδρας - 1986 (M30) - GRC	00:00:03 00:00:00	00:02:50 00:02:48	00:14:28 00:14:25	00:23:53 00:23:51	00:26:58 00:26:55	00:38:57 00:38:54	00:48:29 00:48:27
165	165	42	152	1230	PYRPYRIS CHRISTOS Άνδρας - 1984 (M40) - GRC	00:00:07 00:00:00	00:03:13 00:03:07	00:14:57 00:14:51	00:24:29 00:24:23	00:27:29 00:27:23	00:39:07 00:39:01	00:48:29 00:48:23
166	166	30	153	1045	ACHILE NOSA Άνδρας - 1995 (M) - GRC	00:00:15 00:00:00	00:03:15 00:03:00	00:14:35 00:14:20	00:24:07 00:23:53	00:27:09 00:26:55	00:39:00 00:38:46	00:48:30 00:48:16
167	167	43	154	1150	KOROMANTZOS GEORGIOS Άνδρας - 1978 (M40) - GRC Police running team	00:00:17 00:00:00	00:03:08 00:02:51	00:14:41 00:14:24	00:24:12 00:23:55	00:27:13 00:26:56	00:39:01 00:38:44	00:48:32 00:48:15
168	168	59	155	1063	AVLONITIS KONSTADINOS Άνδρας - 1992 (M30) - GRC KEEP FIT	00:00:06 00:00:00	00:03:01 00:02:56	00:14:54 00:14:49	00:24:24 00:24:18	00:27:33 00:27:28	00:39:07 00:39:01	00:48:34 00:48:29
169	169	44	156	1148	KONSTANTAKOS PANAGIOTIS Άνδρας - 1982 (M40) - GRC ANEΞΑΡΤΗΤΟΣ	00:00:11 00:00:00	00:02:54 00:02:43	00:13:30 00:13:20	00:23:14 00:23:03	00:26:26 00:26:15	00:38:33 00:38:22	00:48:36 00:48:25
170	170	2	14	1305	STEFANI ANGELIKI Γυναίκα - 1976 (F40) - GRC angeliki_stefani@hotmail.com	00:00:08 00:00:00	00:03:02 00:02:54	00:14:01 00:13:53	00:23:10 00:23:02	00:26:46 00:26:39	00:38:44 00:38:37	00:48:39 00:48:31
171	171	31	157	1464	LATSI DIMITRIS Άνδρας - 1998 (M) - GRC	00:00:24 00:00:00	00:03:20 00:02:56	00:14:40 00:14:16	00:24:11 00:23:47	00:27:17 00:26:53	00:39:17 00:38:53	00:48:39 00:48:15
172	172	45	158	1086	DAIRIS NIKOLAOS Άνδρας - 1980 (M40) - GRC Παλλήνιοι Δρομείς	00:00:15 00:00:00	00:03:05 00:02:51	00:14:16 00:14:02	00:23:38 00:23:24	00:26:41 00:26:27	00:38:47 00:38:33	00:48:40 00:48:25
173	173	60	159	1244	SOTIROPOULOS MICHAEL Άνδρας - 1986 (M30) - GRC	00:00:16 00:00:00	00:03:04 00:02:48	00:14:20 00:14:05	00:23:48 00:23:32	00:26:54 00:26:38	00:38:47 00:38:32	00:48:41 00:48:25
174	174	46	160	1510	PAMPOULIS STELIOS Άνδρας - 1983 (M40) - GRC	00:00:00 00:00:00	00:02:41 00:02:41	00:14:42 00:14:42	00:24:16 00:24:16	00:27:15 00:27:15	00:39:20 00:39:20	00:48:43 00:48:43
175	175	47	161	1161	KOZADINOS ANTONIOS Άνδρας - 1978 (M40) - GRC	00:00:21 00:00:00	00:03:21 00:03:00	00:15:11 00:14:50	00:24:50 00:24:29	00:27:51 00:27:30	00:39:40 00:39:20	00:48:44 00:48:24
176	176	1	15	1033	ALEVIZAKI EIRINI Γυναίκα - 1971 (F50) - GRC VASKOS TRAINING	00:00:03 00:00:00	00:03:02 00:02:59	00:15:13 00:15:10	00:24:43 00:24:40	00:27:42 00:27:40	00:39:33 00:39:30	00:48:49 00:48:46
177	177	32	162	1286	ZARE BENYAMIN Άνδρας - 2002 (M) - IRN	00:00:14 00:00:00	00:03:03 00:02:49	00:14:34 00:14:20	00:24:16 00:24:02	00:27:21 00:27:07	00:39:14 00:39:00	00:48:49 00:48:35
178	178	3	163	1064	AVRAMIDIS PANAGIOTIS Άνδρας - 1962 (M60) - GRC ΑΠΟΛΛΩΝ ΔΥΤ.ΑΤΤΙΚΗΣ	00:00:14 00:00:00	00:03:13 00:03:00	00:14:42 00:14:29	00:24:21 00:24:08	00:27:29 00:27:16	00:39:21 00:39:08	00:49:01 00:48:48
179	179	48	164	1223	PIKROS MICHAEL Άνδρας - 1979 (M40) - GRC	00:00:04 00:00:00	00:02:53 00:02:50	00:14:26 00:14:22	00:23:57 00:23:54	00:27:06 00:27:02	00:39:11 00:39:08	00:49:01 00:48:58
180	180	22	165	1216	PAPAIOUDANOU GEORGIOS Άνδρας - 1974 (M50) - GRC Magginas Running Team	00:00:15 00:00:00	00:03:05 00:02:50	00:14:53 00:14:39	00:24:22 00:24:08	00:27:31 00:27:17	00:39:16 00:39:02	00:49:02 00:48:47
181	181	4	16	1106	GIAVARA HAROULA Γυναίκα - 2001 (F) - GRC	00:00:11 00:00:00	00:03:12 00:03:01	00:15:03 00:14:52	00:24:46 00:24:36	00:27:48 00:27:37	00:39:38 00:39:28	00:49:04 00:48:53
182	182	10	17	1040	MARGIOLAKI MYRSINI Γυναίκα - 1988 (F30) - GRC	00:00:12 00:00:00	00:03:13 00:03:01	00:14:47 00:14:35	00:24:25 00:24:13	00:27:29 00:27:17	00:39:22 00:39:10	00:49:07 00:48:55
183	183	23	166	1381	CHRISTODOULOU MATTHAIOS Άνδρας - 1967 (M50) - GRC	00:00:39 00:00:00	00:04:31 00:03:53	00:16:33 00:15:55	00:26:00 00:25:22	00:28:56 00:28:18	00:40:22 00:39:44	00:49:09 00:48:30
184	184	61	167	1275	VASILAKIS PANAGIOTIS Άνδρας - 1987 (M30) - GRC PRIMAL	00:00:13 00:00:00	00:03:17 00:03:05	00:14:46 00:14:34	00:24:23 00:24:10	00:27:31 00:27:18	00:39:46 00:39:33	00:49:09 00:48:57
185	185	49	168	1245	SOULIOTIS ANDREAS Άνδρας - 1977 (M40) - GRC	00:00:05 00:00:00	00:03:07 00:03:02	00:15:26 00:15:21	00:25:20 00:25:15	00:28:24 00:28:19	00:40:03 00:39:58	00:49:09 00:49:05
186	186	33	169	1208	PANOPOULOS GIORGOS Άνδρας - 2002 (M) - GRC	00:00:08 00:00:00	00:03:15 00:03:07	00:15:17 00:15:10	00:25:09 00:25:02	00:28:11 00:28:04	00:40:11 00:40:04	00:49:10 00:49:03
187	187	24	170	1297	APERGIS EFSTRATIOS Άνδρας - 1969 (M50) - GRC	00:00:22 00:00:00	00:03:35 00:03:14	00:15:46 00:15:25	00:25:12 00:24:51	00:28:13 00:27:51	00:39:56 00:39:34	00:49:10 00:48:49
188	188	62	171	1353	ATHANASOPOULOS ATHANASIOS Άνδρας - 1992 (M30) - GRC	00:00:26 00:00:00	00:03:43 00:03:17	00:15:54 00:15:28	00:25:14 00:24:48	00:28:14 00:27:48	00:39:54 00:39:28	00:49:10 00:48:45
189	189	3	18	1175	MAKOS IWONA Γυναίκα - 1977 (F40) - POL	00:00:15 00:00:00	00:03:13 00:02:58	00:15:02 00:14:47	00:24:45 00:24:30	00:27:50 00:27:35	00:39:31 00:39:16	00:49:11 00:48:56
190	190	4	172	1325	VELETZAS VASILIS Άνδρας - 1955 (M60) - GRC 11880 TEAM	00:00:22 00:00:00	00:03:35 00:03:14	00:15:47 00:15:26	00:25:12 00:24:51	00:28:16 00:27:55	00:39:57 00:39:36	00:49:11 00:48:50
191	191	1	19	1034	KAKOMITA ANASTASIA Γυναίκα - 1964 (F60) - GRC SNFCC RUNNING TEAM	00:00:06 00:00:00	00:03:05 00:03:00	00:14:26 00:14:20	00:24:02 00:23:56	00:27:17 00:27:12	00:39:21 00:39:15	00:49:11 00:49:06
192	192	50	173	1221	PATARGIAS ILIAS Άνδρας - 1980 (M40) - GRC	00:00:11 00:00:00	00:03:02 00:02:51	00:14:39 00:14:28	00:24:24 00:24:13	00:27:31 00:27:20	00:39:37 00:39:26	00:49:17 00:49:06
193	193	25	174	1123	KAMPOURIS APOSTOLOS Άνδρας - 1973 (M50) - GRC	00:00:02 00:00:00	00:02:49 00:02:47	00:14:06 00:14:05	00:23:46 00:23:44	00:26:56 00:26:54	00:39:08 00:39:07	00:49:18 00:49:16
194	194	5	175	1283	VOUREXAKIS ANTONIS Άνδρας - 1963 (M60) - GRC ADIDAS RUNNERS ATHENS	00:00:18 00:00:00	00:03:26 00:03:09	00:15:30 00:15:13	00:25:15 00:24:58	00:28:19 00:28:02	00:40:15 00:39:58	00:49:20 00:49:02
195	195	51	176	1070	BISTOLAS KONSTANTINOS Άνδρας - 1983 (M40) - GRC	00:00:01 00:00:00	00:02:34 00:02:34	00:14:18 00:14:18	00:24:09 00:24:09	00:27:21 00:27:21	00:39:26 00:39:26	00:49:21 00:49:21
196	196	63	177	1138	KATAGIS NIKOLAOS Άνδρας - 1991 (M30) - GRC	00:00:01 00:00:00	00:03:12 00:03:12	00:14:50 00:14:50	00:24:29 00:24:29	00:27:36 00:27:36	00:39:27 00:39:27	00:49:24 00:49:24

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Start	600m	3100m	5000m	5600m	8100m	Finish
197	197	34	178	1665	AMIGHETTI FRANCESCO Άνδρας - 1995 (M) - ITA	00:00:06 00:00:00	00:03:00 00:02:55	00:14:40 00:14:34	00:24:24 00:24:18	00:27:41 00:27:35	00:40:00 00:39:54	00:49:29 00:49:23
198	198	26	179	1842	TSOKANAS ANASTASIOS Άνδρας - 1965 (M50) - GRC	00:00:14 00:00:00	00:03:29 00:03:15	00:15:32 00:15:18	00:24:58 00:24:44	00:27:59 00:27:45	00:39:42 00:39:28	00:49:34 00:49:20
199	199	27	180	1162	KRASANAKIS EVANGELOS Άνδρας - 1970 (M50) - GRC	00:00:07 00:00:00	00:03:01 00:02:55	00:14:33 00:14:26	00:24:12 00:24:06	00:27:19 00:27:13	00:39:32 00:39:26	00:49:38 00:49:32
200	200	35	181	1367	BOULES IOANNIS Άνδρας - 1997 (M) - GRC	00:00:33 00:00:00	00:04:03 00:03:30	00:16:39 00:16:06	00:26:08 00:25:35	00:29:07 00:28:35	00:40:44 00:40:11	00:49:39 00:49:06
201	201	36	182	1271	TSILIMPIOU KONSTANTINOS Άνδρας - 1995 (M) - GRC	00:00:13 00:00:00	00:03:13 00:03:01	00:14:55 00:14:43	00:24:46 00:24:33	00:27:59 00:27:46	00:40:14 00:40:02	00:49:39 00:49:27
202	202	28	183	1323	PETROU NIKOS Άνδρας - 1969 (M50) - GRC 11880 TEAM	00:00:04 00:00:00	00:03:22 00:03:18	00:15:15 00:15:11	00:24:55 00:24:52	00:28:10 00:28:06	00:39:58 00:39:54	00:49:45 00:49:42
203	203	29	184	1432	KARAPETSAS LEFTERIS Άνδρας - 1966 (M50) - GRC	00:00:07 00:00:00	00:03:24 00:03:17	00:16:11 00:16:04	00:25:39 00:25:32	00:28:36 00:28:29	00:40:25 00:40:18	00:49:47 00:49:40
204	204	37	185	1481	MAROLIS KONSTANTINOS TAXIARCHIS Άνδρας - 1997 (M) - GRC	00:00:17 00:00:00	00:03:23 00:03:07	00:15:39 00:15:23	00:25:31 00:25:15	00:28:31 00:28:14	00:40:23 00:40:06	00:49:51 00:49:35
205	205	38	186	1703	FRAGKIAS VASILIS Άνδρας - 1996 (M) - GRC	00:00:21 00:00:00	00:03:15 00:02:55	00:15:08 00:14:48	00:25:09 00:24:49	00:28:25 00:28:04	00:40:43 00:40:22	00:49:55 00:49:34
206	206	52	187	1419	KAFANTARIDIS PANTELIS Άνδρας - 1978 (M40) - GRC APHΣ ΘΕΣ/ΝΙΚΗΣ	00:00:07 00:00:00	00:03:09 00:03:02	00:14:46 00:14:39	00:24:49 00:24:42	00:28:02 00:27:55	00:40:04 00:39:57	00:49:55 00:49:48
207	207	30	188	1724	HIMIS ALEXANDER Άνδρας - 1967 (M50) - GRC RAFINA RUNNERS	00:00:05 00:00:00	00:03:12 00:03:08	00:15:24 00:15:20	00:25:12 00:25:08	00:28:20 00:28:16	00:40:16 00:40:12	00:49:58 00:49:54
208	208	64	189	1541	POLYZOS IOANNIS Άνδρας - 1991 (M30) - GRC	00:00:42 00:00:00	00:04:29 00:03:48	00:16:24 00:15:43	00:25:53 00:25:11	00:28:54 00:28:12	00:40:31 00:39:49	00:49:59 00:49:18
209	209	39	190	1593	TSOUTSAS MARIOS Άνδρας - 1995 (M) - GRC	00:00:00 00:00:00	00:03:06 00:03:06	00:14:36 00:14:36	00:23:56 00:23:56	00:26:59 00:26:59	00:39:28 00:39:28	00:49:59 00:49:59
210	210	53	191	1460	LAGOS IOANNIS Άνδρας - 1977 (M40) - GRC ΑΠΣ. ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	00:00:16 00:00:00	00:03:28 00:03:13	00:15:38 00:15:23	00:25:33 00:25:18	00:28:42 00:28:26	00:40:42 00:40:26	00:50:00 00:49:44
211	211	31	192	1189	MOUSTAFELLOS PANAGIOTIS Άνδρας - 1968 (M50) - GRC	00:00:16 00:00:00	00:03:08 00:02:52	00:14:38 00:14:22	00:24:18 00:24:02	00:27:27 00:27:11	00:39:40 00:39:24	00:50:06 00:49:50
212	212	6	193	1252	TASIKAS NIKOLAOS Άνδρας - 1962 (M60) - GRC	00:00:15 00:00:00	00:03:09 00:02:54	00:14:32 00:14:18	00:24:14 00:24:00	00:27:26 00:27:12	00:40:01 00:39:46	00:50:07 00:49:52
213	213	54	194	1628	POTSIOS JOHN Άνδρας - 1984 (M40) - GRC KANENΑΣ	00:00:08 00:00:00	00:03:11 00:03:04	00:14:57 00:14:49	00:25:01 00:24:54	00:28:13 00:28:05	00:40:15 00:40:07	00:50:09 00:50:02
214	214	65	195	1242	SKANDALIS ANTONIOS Άνδρας - 1993 (M30) - GRC	00:00:09 00:00:00	00:03:12 00:03:03	00:14:56 00:14:47	00:24:47 00:24:38	00:27:53 00:27:44	00:40:24 00:40:15	00:50:10 00:50:01
215	215	55	196	1562	SOUGLIS ACHILLEAS Άνδρας - 1979 (M40) - GRC Dolihi Runners	00:00:29 00:00:00	00:04:17 00:03:48	00:16:45 00:16:16	00:26:41 00:26:12	00:29:44 00:29:15	00:41:05 00:40:36	00:50:11 00:49:42
216	216	66	197	1361	BELLOS CHRISTOS Άνδρας - 1985 (M30) - GRC	00:00:21 00:00:00	00:03:36 00:03:16	00:15:32 00:15:12	00:25:19 00:24:59	00:28:28 00:28:08	00:40:35 00:40:15	00:50:14 00:49:54
217	217	56	198	1129	KARAKITSOS STATHIS Άνδρας - 1977 (M40) - GRC Ταλαίπωροι δρομείς Περάματος	00:00:03 00:00:00	00:03:12 00:03:09	00:15:35 00:15:33	00:25:36 00:25:33	00:28:43 00:28:40	00:40:52 00:40:49	00:50:18 00:50:15
218	218	67	199	1675	BAKAS ALEXANDROS Άνδρας - 1992 (M30) - GRC	00:00:35 00:00:00	00:04:17 00:03:42	00:15:52 00:15:18	00:25:26 00:24:52	00:28:29 00:27:55	00:40:40 00:40:06	00:50:18 00:49:44
219	219	40	200	1781	MITROPOULOS DIMITRIOS Άνδρας - 1995 (M) - GRC PRIMAL	00:00:11 00:00:00	00:03:23 00:03:12	00:14:31 00:14:20	00:24:01 00:23:50	00:27:14 00:27:03	00:40:03 00:39:52	00:50:21 00:50:10
220	220	57	201	1246	SOURIS GEORGIOS Άνδρας - 1980 (M40) - GRC	00:00:02 00:00:00	00:02:38 00:02:36	00:13:55 00:13:53	00:24:13 00:24:11	00:27:25 00:27:23	00:40:02 00:40:00	00:50:28 00:50:26
221	221	68	202	1714	GIANNIOTIS CHRISTOS Άνδρας - 1994 (M30) - GRC	00:00:00 00:00:00	00:03:08 00:03:08	00:15:24 00:15:24	00:25:12 00:25:12	00:28:20 00:28:20	00:40:50 00:40:50	00:50:32 00:50:32
222	222	32	203	1110	GOUTIS KONSTANTINOS Άνδρας - 1974 (M50) - GRC	00:00:23 00:00:00	00:03:24 00:03:02	00:15:59 00:15:37	00:25:59 00:25:36	00:29:06 00:28:43	00:41:14 00:40:51	00:50:32 00:50:10
223	223	4	20	1125	KANLIOGLOU EVA Γυναίκα - 1979 (F40) - GRC Galatsi Runners	00:00:06 00:00:00	00:02:52 00:02:46	00:14:22 00:14:16	00:24:23 00:24:18	00:27:44 00:27:38	00:39:57 00:39:51	00:50:34 00:50:29
224	224	69	204	1238	SEYFERTH TIM Άνδρας - 1993 (M30) - DEU Primal	00:00:23 00:00:00	00:03:29 00:03:06	00:15:55 00:15:32	00:25:45 00:25:22	00:28:50 00:28:27	00:40:56 00:40:33	00:50:36 00:50:13
225	225	33	205	1281	VLASTARIS NIKOLAOS Άνδρας - 1974 (M50) - GRC	00:00:17 00:00:00	00:03:27 00:03:10	00:15:35 00:15:18	00:25:09 00:24:52	00:28:14 00:27:57	00:40:33 00:40:17	00:50:43 00:50:26
226	226	41	206	1869	FYSEKIDIS ANTONIS Άνδρας - 2000 (M) - GRC	00:00:22 00:00:00	00:03:24 00:03:02	00:15:36 00:15:14	00:25:42 00:25:20	00:28:57 00:28:36	00:41:29 00:41:07	00:50:50 00:50:29
227	227	42	207	1185	MITSOPOULOS KONSTANTINOS Άνδρας - 1999 (M) - GRC ΑΠΣ ΑΠΟΛΛΩΝ ΔΥΤΙΚΗΣ ΑΤΤΙΚΗΣ	00:00:21 00:00:00	00:03:25 00:03:04	00:15:39 00:15:19	00:25:43 00:25:22	00:28:55 00:28:35	00:41:29 00:41:09	00:50:51 00:50:30
228	228	5	21	1824	SKOUFI LYDIA Γυναίκα - 1979 (F40) - GRC	00:00:04 00:00:00	00:03:16 00:03:12	00:15:16 00:15:13	00:25:12 00:25:08	00:28:21 00:28:17	00:40:46 00:40:42	00:50:53 00:50:49
229	229	70	208	1740	KECHRIS NIKOLAOS Άνδρας - 1990 (M30) - GRC	00:00:03 00:00:00	00:02:59 00:02:56	00:15:18 00:15:16	00:25:18 00:25:15	00:28:37 00:28:34	00:41:09 00:41:06	00:50:54 00:50:51

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Start	600m	3100m	5000m	5600m	8100m	Finish
230	230	58	209	1572	STEFOS MICHALIS Άνδρας - 1976 (M40) - GRC	00:00:11 00:00:00	00:03:24 00:03:14	00:16:14 00:16:04	00:26:04 00:25:54	00:29:04 00:28:53	00:41:13 00:41:03	00:50:56 00:50:45
231	231	59	210	1113	IOANNIDIS EVGENIS Άνδρας - 1979 (M40) - GRC	00:00:12 00:00:00	00:03:13 00:03:02	00:15:23 00:15:12	00:25:19 00:25:07	00:28:29 00:28:17	00:41:12 00:41:01	00:50:57 00:50:46
232	232	60	211	1069	BINIKOS APOLLON Άνδρας - 1980 (M40) - GRC	00:00:11 00:00:00	00:03:09 00:02:59	00:14:49 00:14:39	00:24:49 00:24:38	00:28:03 00:27:53	00:40:28 00:40:18	00:50:59 00:50:49
233	233	71	212	1191	NANOS PADELIS Άνδρας - 1987 (M30) - GRC PRIMAL	00:00:23 00:00:00	00:03:30 00:03:08	00:15:56 00:15:34	00:25:47 00:25:24	00:28:54 00:28:31	00:41:12 00:40:49	00:51:01 00:50:38
234	234	61	213	1233	SALAVOURAS GIANNIS Άνδρας - 1977 (M40) - GRC	00:00:07 00:00:00	00:03:06 00:03:00	00:15:04 00:14:58	00:25:15 00:25:09	00:28:33 00:28:27	00:41:03 00:40:57	00:51:05 00:50:59
235	235	34	214	1136	KASIRANIS ANDREAS Άνδρας - 1974 (M50) - GRC	00:00:12 00:00:00	00:03:08 00:02:57	00:15:13 00:15:02	00:25:21 00:25:10	00:28:32 00:28:20	00:41:10 00:40:58	00:51:06 00:50:54
236	236	43	215	1840	TSIATOS ANGELOS Άνδρας - 1995 (M) - GRC	00:00:14 00:00:00	00:03:22 00:03:09	00:15:08 00:14:55	00:24:55 00:24:42	00:28:13 00:28:00	00:40:44 00:40:31	00:51:06 00:50:53
237	237	35	216	1682	BRENISTAS CHRISTOS Άνδρας - 1969 (M50) - GRC ΣΔΥΑ	00:00:26 00:00:00	00:03:26 00:03:01	00:15:21 00:14:56	00:25:17 00:24:52	00:28:33 00:28:08	00:41:09 00:40:43	00:51:10 00:50:44
238	238	62	217	1629	DIMOPOULOS MICHAEL Άνδρας - 1984 (M40) - GRC Aspida Travel	00:00:12 00:00:00	00:03:21 00:03:09	00:15:41 00:15:29	00:25:40 00:25:29	00:28:54 00:28:42	00:41:15 00:41:03	00:51:12 00:51:00
239	239	11	22	1829	SPYROPOULOU ELENA Γυναίκα - 1985 (F30) - GRC	00:00:40 00:00:00	00:03:50 00:03:11	00:16:01 00:15:22	00:25:56 00:25:17	00:29:08 00:28:28	00:41:29 00:40:50	00:51:16 00:50:36
240	240	63	218	1155	KOUKLOUBAKOS ISIDOROS Άνδρας - 1976 (M40) - GRC Σigma Box	00:00:18 00:00:00	00:03:30 00:03:13	00:16:02 00:15:44	00:26:02 00:25:45	00:29:20 00:29:03	00:41:28 00:41:10	00:51:16 00:50:59
241	241	5	23	1058	ATHANAILIDOU GEORGIA Γυναίκα - 1995 (F) - GRC	00:00:21 00:00:00	00:03:22 00:03:02	00:14:52 00:14:32	00:24:44 00:24:23	00:28:16 00:27:56	00:40:46 00:40:26	00:51:18 00:50:58
242	242	36	219	1080	CHATZIATHANASIOU VASILEIOS Άνδρας - 1974 (M50) - GRC ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	00:00:10 00:00:00	00:03:21 00:03:12	00:15:40 00:15:30	00:25:43 00:25:34	00:29:01 00:28:52	00:41:09 00:41:00	00:51:26 00:51:17
243	243	37	220	1582	TRZASKA KRZYSZTOF Άνδρας - 1969 (M50) - GRC	00:00:03 00:00:00	00:03:14 00:03:12	00:15:24 00:15:22	00:25:18 00:25:16	00:28:34 00:28:32	00:41:42 00:41:40	00:51:27 00:51:25
244	244	44	221	1723	HATZIGEORGIOU GEORGE Άνδρας - 1996 (M) - GRC	00:00:34 00:00:00	00:04:01 00:03:27	00:16:33 00:16:00	00:26:48 00:26:15	00:29:57 00:29:24	00:42:10 00:41:37	00:51:29 00:50:56
245	245	38	222	1578	TERZOGLU IOANNIS Άνδρας - 1973 (M50) - GRC Vaskostraining	00:00:26 00:00:00	00:03:49 00:03:24	00:16:22 00:15:56	00:26:14 00:25:48	00:29:26 00:29:00	00:41:47 00:41:21	00:51:29 00:51:03
246	246	72	223	1145	KOLIAKOS ANTONIS Άνδρας - 1985 (M30) - GRC TrainSmart	00:00:12 00:00:00	00:03:44 00:03:33	00:16:22 00:16:11	00:26:14 00:26:03	00:29:25 00:29:14	00:41:46 00:41:35	00:51:29 00:51:18
247	247	64	224	1663	ALEVROGIANNIS LEONIDAS Άνδρας - 1979 (M40) - GRC ASPIDA TRAVEL	00:00:18 00:00:00	00:03:06 00:02:49	00:14:39 00:14:22	00:24:32 00:24:15	00:27:57 00:27:40	00:41:03 00:40:45	00:51:31 00:51:14
248	248	6	24	1804	PATSIDOU GEORGIA Γυναίκα - 2000 (F) - GRC	00:00:02 00:00:00	00:03:07 00:03:05	00:15:26 00:15:24	00:25:38 00:25:36	00:28:48 00:28:46	00:41:19 00:41:17	00:51:42 00:51:40
249	249	65	225	1803	PATINIOTIS GIANNIS Άνδρας - 1984 (M40) - GRC	00:00:10 00:00:00	00:03:17 00:03:07	00:15:19 00:15:10	00:25:44 00:25:35	00:29:14 00:29:04	00:41:47 00:41:38	00:51:43 00:51:33
250	250	45	226	1527	PAPPAS NIKOLAOS Άνδρας - 2002 (M) - GRC	00:00:10 00:00:00	00:03:19 00:03:09	00:15:38 00:15:28	00:26:26 00:26:16	00:29:30 00:29:20	00:41:53 00:41:43	00:51:47 00:51:37
251	251	39	227	1672	ASIMOMYTIS GEORGIOS Άνδρας - 1973 (M50) - GRC	00:00:08 00:00:00	00:03:07 00:03:00	00:15:29 00:15:21	00:26:01 00:25:54	00:29:18 00:29:11	00:41:57 00:41:49	00:51:48 00:51:41
252	252	2	25	1240	SITARAS NICKI Γυναίκα - 1974 (F50) - CAN I'm still standing	00:00:23 00:00:00	00:03:38 00:03:15	00:16:18 00:15:55	00:26:36 00:26:13	00:29:52 00:29:29	00:42:12 00:41:49	00:51:52 00:51:29
253	253	7	228	1537	PETRIDIS IOANNIS Άνδρας - 1958 (M60) - GRC	00:00:25 00:00:00	00:03:38 00:03:13	00:15:32 00:15:07	00:25:31 00:25:06	00:28:42 00:28:17	00:41:33 00:41:09	00:51:56 00:51:31
254	254	40	229	1102	GIANNAKOPOULOS DIMITRIS Άνδρας - 1971 (M50) - GRC JIMBO	00:00:24 00:00:00	00:03:33 00:03:09	00:16:07 00:15:43	00:26:11 00:25:47	00:29:21 00:28:57	00:42:12 00:41:48	00:52:00 00:51:36
255	255	66	230	1096	GEORGAKOPOULOS SERGIOS Άνδρας - 1977 (M40) - GRC	00:00:20 00:00:00	00:03:25 00:03:06	00:15:38 00:15:19	00:25:47 00:25:28	00:29:04 00:28:44	00:41:41 00:41:22	00:52:03 00:51:43
256	256	46	231	1566	STAMATAKIS ODYSSEAS Άνδρας - 2001 (M) - GRC	00:00:20 00:00:00	00:03:58 00:03:38	00:16:32 00:16:13	00:26:35 00:26:16	00:29:51 00:29:31	00:42:18 00:41:59	00:52:04 00:51:44
257	257	73	232	1251	STAVROU VASILEIOS Άνδρας - 1991 (M30) - GRC	00:00:13 00:00:00	00:03:07 00:02:54	00:14:42 00:14:29	00:24:55 00:24:43	00:28:18 00:28:05	00:41:41 00:41:29	00:52:04 00:51:51
258	258	12	26	1306	TZAFAROVA IRMA Γυναίκα - 1988 (F30) - GRC	00:00:16 00:00:00	00:03:22 00:03:06	00:15:39 00:15:23	00:25:57 00:25:42	00:29:18 00:29:03	00:42:09 00:41:54	00:52:05 00:51:49
259	259	67	233	1754	KOURETAS GIORGOS Άνδρας - 1983 (M40) - GRC	00:00:20 00:00:00	00:03:37 00:03:18	00:14:51 00:14:32	00:24:26 00:24:07	00:27:40 00:27:20	00:40:22 00:40:02	00:52:05 00:51:46
260	260	74	234	1300	KOUDOUMAS CHARIDIMOS Άνδρας - 1990 (M30) - GRC Harbor Lab	00:00:11 00:00:00	00:02:47 00:02:37	00:14:19 00:14:08	00:24:35 00:24:25	00:28:00 00:27:50	00:41:38 00:41:28	00:52:07 00:51:56
261	261	13	27	1038	GRIGORIADOU STELLA Γυναίκα - 1988 (F30) - GRC	00:00:18 00:00:00	00:03:16 00:02:59	00:15:11 00:14:53	00:25:21 00:25:04	00:28:38 00:28:21	00:41:38 00:41:21	00:52:09 00:51:52
262	262	68	235	1108	GKISOULIS KONSTANTINOS Άνδρας - 1978 (M40) - GRC	00:00:15 00:00:00	00:03:24 00:03:09	00:14:51 00:14:36	00:25:08 00:24:53	00:28:30 00:28:15	00:41:23 00:41:08	00:52:10 00:51:55

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Start	600m	3100m	5000m	5600m	8100m	Finish
263	263	69	236	1819	RIGAS GIANNIS Άνδρας - 1982 (M40) - GRC GALATSI RUNNERS	00:00:18 00:00:00	00:03:25 00:03:08	00:15:39 00:15:22	00:25:47 00:25:30	00:29:03 00:28:46	00:41:44 00:41:27	00:52:14 00:51:57
264	264	75	237	1390	DIMITRIΟΥ LAMPROS Άνδρας - 1994 (M30) - GRC	00:00:20 00:00:00	00:03:38 00:03:18	00:15:34 00:15:14	00:25:19 00:25:00	00:28:31 00:28:11	00:41:39 00:41:19	00:52:15 00:51:55
265	265	70	238	1833	STERGIOPOULOS ANTONIOS Άνδρας - 1983 (M40) - GRC ASPIDA TRAVEL	00:00:18 00:00:00	00:03:33 00:03:16	00:15:52 00:15:34	00:26:08 00:25:51	00:29:26 00:29:08	00:42:04 00:41:46	00:52:20 00:52:03
266	266	71	239	1124	KANELLOS LEONIDAS Άνδρας - 1979 (M40) - GRC	00:00:21 00:00:00	00:03:14 00:02:53	00:15:04 00:14:43	00:25:20 00:24:59	00:28:39 00:28:18	00:41:55 00:41:34	00:52:22 00:52:01
267	267	72	240	1496	NAKOS DIMITRIS Άνδρας - 1975 (M40) - GRC	00:00:04 00:00:00	00:03:19 00:03:15	00:15:55 00:15:51	00:26:21 00:26:18	00:29:42 00:29:38	00:42:24 00:42:20	00:52:24 00:52:20
268	268	73	241	1085	CHRISTODOULOPOULOS GEORGIOS Άνδρας - 1984 (M40) - GRC	00:00:24 00:00:00	00:03:41 00:03:18	00:16:17 00:15:54	00:26:27 00:26:03	00:29:33 00:29:10	00:42:02 00:41:38	00:52:24 00:52:01
269	269	74	242	1154	KOSTAVARAS SOTIRIS Άνδρας - 1975 (M40) - GRC	00:00:04 00:00:00	00:02:58 00:02:54	00:15:21 00:15:17	00:26:00 00:25:56	00:29:19 00:29:16	00:42:16 00:42:12	00:52:25 00:52:21
270	270	14	28	1224	PIPPA ELENI-NEFELI Γυναίκα - 1990 (F30) - GRC	00:00:11 00:00:00	00:03:19 00:03:08	00:15:41 00:15:30	00:25:59 00:25:48	00:29:19 00:29:08	00:42:14 00:42:03	00:52:29 00:52:18
271	271	47	243	1658	ILIOPOULOS NIKOLAOS Άνδρας - 2003 (M) - GRC	00:00:35 00:00:00	00:03:30 00:02:56	00:15:37 00:15:03	00:25:51 00:25:16	00:29:33 00:28:58	00:42:21 00:41:47	00:52:31 00:51:57
272	272	75	244	1645	MOUSTAKAS ATHANASIOS Άνδρας - 1983 (M40) - GRC	00:00:10 00:00:00	00:03:24 00:03:15	00:15:56 00:15:47	00:26:19 00:26:10	00:29:38 00:29:29	00:42:28 00:42:19	00:52:31 00:52:22
273	273	76	245	1376	CHATZIDOUKAKIS IOANNIS Άνδρας - 1986 (M30) - GRC	00:00:24 00:00:00	00:03:58 00:03:35	00:16:14 00:15:51	00:26:17 00:25:54	00:29:29 00:29:06	00:42:24 00:42:01	00:52:33 00:52:10
274	274	41	246	1171	LYMPERIS CHRISTOS Άνδρας - 1968 (M50) - GRC	00:00:04 00:00:00	00:02:59 00:02:56	00:15:21 00:15:17	00:26:00 00:25:57	00:29:20 00:29:16	00:42:16 00:42:12	00:52:35 00:52:31
275	275	77	247	1312	ZAROGKIKAS MARINOS Άνδρας - 1989 (M30) - GRC	00:00:19 00:00:00	00:03:40 00:03:22	00:16:38 00:16:19	00:26:44 00:26:25	00:30:00 00:29:42	00:42:42 00:42:24	00:52:38 00:52:19
276	276	48	248	1434	KARKANIS GEORGE Άνδρας - 2002 (M) - GRC	00:00:43 00:00:00	00:03:55 00:03:12	00:16:43 00:16:00	00:26:58 00:26:15	00:30:10 00:29:27	00:42:44 00:42:01	00:52:49 00:52:06
277	277	78	249	1166	LADIS THODORIS Άνδρας - 1991 (M30) - GRC	00:00:10 00:00:00	00:03:12 00:03:02	00:15:15 00:15:06	00:26:07 00:25:57	00:29:24 00:29:14	00:42:27 00:42:17	00:52:50 00:52:41
278	278	49	250	1831	STATHARAS KONSTANTINOS Άνδρας - 2005 (M) - GRC HCG	00:00:45 00:00:00	00:03:40 00:02:56	00:15:50 00:15:06	00:26:27 00:25:43	00:29:39 00:28:55	00:42:29 00:41:45	00:52:53 00:52:09
279	279	79	251	1042	SARRAS DONATOS Άνδρας - 1988 (M30) - GRC Harbor Lab	00:00:11 00:00:00	00:03:06 00:02:56	00:14:33 00:14:22	00:25:19 00:25:09	00:29:03 00:28:52	00:42:02 00:41:51	00:52:53 00:52:43
280	280	76	252	1303	DARSAKLIS APOSTOLIS Άνδρας - 1977 (M40) - GRC	00:00:07 00:00:00	00:03:10 00:03:03	00:15:05 00:14:58	00:25:17 00:25:11	00:28:34 00:28:28	00:41:12 00:41:05	00:52:55 00:52:48
281	281	42	253	1126	KAPSALIS CHARIS Άνδρας - 1970 (M50) - GRC	00:00:14 00:00:00	00:03:47 00:03:34	00:16:19 00:16:06	00:26:37 00:26:23	00:29:54 00:29:41	00:42:38 00:42:25	00:52:55 00:52:41
282	282	50	254	1761	KYRGIOS FOIVOS GEORGIOS Άνδρας - 2002 (M) - GRC	00:00:00 00:00:00	00:03:13 00:03:13	00:16:50 00:16:50	00:27:06 00:27:06	00:30:21 00:30:21	00:43:16 00:43:16	00:52:57 00:52:57
283	283	77	255	1519	PAPAKONSTANTINOY ORESTIS Άνδρας - 1983 (M40) - GRC	00:00:25 00:00:00	00:03:53 00:03:28	00:16:10 00:15:45	00:26:41 00:26:16	00:30:05 00:29:40	00:42:57 00:42:32	00:53:11 00:52:46
284	284	80	256	1549	SAMOURIS MARIOS Άνδρας - 1987 (M30) - GRC	00:00:10 00:00:00	00:03:24 00:03:15	00:16:17 00:16:08	00:26:53 00:26:44	00:30:17 00:30:08	00:43:17 00:43:08	00:53:15 00:53:06
285	285	78	257	1548	RUSIUS KEES Άνδρας - 1981 (M40) - NLD	00:00:30 00:00:00	00:04:00 00:03:30	00:17:02 00:16:32	00:27:22 00:26:52	00:30:37 00:30:07	00:43:30 00:43:01	00:53:20 00:52:50
286	286	81	258	1403	GIAMOURIS STELIOS Άνδρας - 1988 (M30) - GRC	00:00:16 00:00:00	00:03:52 00:03:36	00:16:36 00:16:20	00:26:56 00:26:41	00:30:09 00:29:53	00:43:15 00:42:59	00:53:20 00:53:05
287	287	79	259	1228	POULOPOULOS IOANNIS Άνδρας - 1975 (M40) - GRC	00:00:30 00:00:00	00:04:00 00:03:30	00:17:05 00:16:36	00:27:21 00:27:51	00:30:34 00:30:04	00:43:30 00:43:01	00:53:23 00:52:53
288	288	15	29	1716	GIOVA IOANNA Γυναίκα - 1993 (F30) - GRC	00:00:33 00:00:00	00:03:48 00:03:15	00:16:02 00:15:30	00:26:22 00:25:49	00:29:50 00:29:17	00:43:03 00:42:31	00:53:25 00:52:52
289	289	43	260	1678	BINIORIS NICK Άνδρας - 1974 (M50) - GRC	00:00:09 00:00:00	00:03:21 00:03:12	00:16:36 00:16:28	00:27:12 00:27:03	00:30:28 00:30:19	00:43:17 00:43:08	00:53:26 00:53:18
290	290	44	261	1205	PANAGIOTOPOULOS GEORGIOS Άνδρας - 1970 (M50) - GRC	00:00:32 00:00:00	00:04:14 00:03:43	00:17:05 00:16:34	00:27:21 00:26:50	00:30:34 00:30:03	00:43:28 00:42:56	00:53:29 00:52:58
291	291	3	30	1137	KASSIMERI EUGENIA Γυναίκα - 1971 (F50) - GRC	00:00:30 00:00:00	00:04:00 00:03:30	00:17:06 00:16:36	00:27:24 00:26:54	00:30:38 00:30:08	00:43:34 00:43:04	00:53:29 00:52:59
292	292	45	262	1257	THOMADAKIS STRATOS Άνδρας - 1973 (M50) - GRC	00:00:31 00:00:00	00:03:59 00:03:29	00:17:05 00:16:34	00:27:23 00:26:52	00:30:38 00:30:07	00:43:33 00:43:03	00:53:30 00:52:59
293	293	46	263	1535	PEPPAS IOANNIS Άνδρας - 1971 (M50) - GRC GALATSI RUNNERS	00:00:22 00:00:00	00:03:48 00:03:26	00:16:17 00:15:56	00:26:38 00:26:16	00:29:57 00:29:35	00:43:05 00:42:44	00:53:33 00:53:12
294	294	16	31	1334	PAPANIKOLAOU AGGELIKI Γυναίκα - 1994 (F30) - GRC Heroes	00:00:14 00:00:00	00:03:37 00:03:24	00:16:22 00:16:09	00:27:16 00:27:03	00:30:38 00:30:25	00:43:22 00:43:09	00:53:36 00:53:23
295	295	47	264	1511	PANOIOGIORGOS CHRISTOS Άνδρας - 1967 (M50) - GRC	00:00:12 00:00:00	00:03:34 00:03:22	00:16:44 00:16:32	00:27:13 00:27:02	00:30:29 00:30:17	00:43:32 00:43:20	00:53:37 00:53:25

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Start	600m	3100m	5000m	5600m	8100m	Finish
296	296	48	265	1606	VELISARAKOS PANAYIOTIS Άνδρας - 1971 (M50) - GRC	00:00:06 00:00:00	00:03:34 00:03:29	00:16:20 00:16:15	00:26:57 00:26:52	00:30:17 00:30:12	00:43:12 00:43:06	00:53:37 00:53:32
297	297	49	266	1739	KECHRAS PETROS Άνδρας - 1967 (M50) - GRC	00:00:35 00:00:00	00:03:50 00:03:16	00:16:19 00:15:45	00:26:56 00:26:22	00:30:18 00:29:44	00:43:17 00:42:43	00:53:46 00:53:12
298	298	51	267	1693	DERVENIS THEODOROS Άνδρας - 1997 (M) - GRC	00:00:34 00:00:00	00:04:08 00:03:35	00:16:48 00:16:15	00:27:24 00:26:51	00:30:44 00:30:11	00:43:52 00:43:19	00:53:47 00:53:14
299	299	82	268	1144	KOGIAS KONSTANTINOS Άνδρας - 1990 (M30) - GRC	00:00:22 00:00:00	00:03:49 00:03:28	00:17:24 00:17:02	00:27:48 00:27:27	00:31:07 00:30:46	00:43:41 00:43:20	00:53:49 00:53:28
300	300	80	269	1084	CHRISTODOULIS CHRISTOS Άνδρας - 1976 (M40) - GRC	00:00:23 00:00:00	00:03:34 00:03:11	00:16:04 00:15:41	00:26:36 00:26:14	00:29:57 00:29:34	00:43:01 00:42:39	00:53:51 00:53:29
301	301	50	270	1352	ASSARIOTAKIS ANGELOS Άνδρας - 1966 (M50) - GRC	00:00:16 00:00:00	00:03:36 00:03:21	00:16:24 00:16:09	00:26:40 00:26:25	00:30:01 00:29:46	00:43:23 00:43:08	00:53:52 00:53:36
302	302	4	32	1112	HATZIANDONIOU SAMANTHA Γυναίκα - 1965 (F50) - GBR	00:00:23 00:00:00	00:03:42 00:03:20	00:16:35 00:16:13	00:27:01 00:26:39	00:30:21 00:29:59	00:43:24 00:43:02	00:53:54 00:53:32
303	303	17	33	1071	BOURTZINAKOU STAVROULA Γυναίκα - 1985 (F30) - GRC	00:00:11 00:00:00	00:03:24 00:03:13	00:15:58 00:15:47	00:26:28 00:26:18	00:29:50 00:29:39	00:43:01 00:42:51	00:54:00 00:53:50
304	304	83	271	1585	TSAOUSIS ANGELOS Άνδρας - 1992 (M30) - GRC	00:00:21 00:00:00	00:03:54 00:03:33	00:17:09 00:16:48	00:27:45 00:27:24	00:31:05 00:30:45	00:44:15 00:43:55	00:54:09 00:53:48
305	305	81	272	1409	GKIOURAS NIKOLAOS Άνδρας - 1979 (M40) - GRC	00:00:02 00:00:00	00:03:21 00:03:19	00:16:39 00:16:38	00:27:21 00:27:19	00:30:43 00:30:41	00:43:55 00:43:53	00:54:13 00:54:12
306	306	51	273	1598	VARDANGALOS GEORGE Άνδρας - 1971 (M50) - GRC ΑΠΟΛΛΩΝ ΔΥΤ. ΑΤΤΙΚΗΣ	00:00:15 00:00:00	00:03:33 00:03:18	00:16:04 00:15:49	00:26:45 00:26:31	00:30:20 00:30:05	00:43:26 00:43:12	00:54:14 00:53:59
307	307	82	274	1372	CHALYVIDIS IORDANIS Άνδρας - 1976 (M40) - GRC	00:00:02 00:00:00	00:03:22 00:03:20	00:16:39 00:16:37	00:27:21 00:27:19	00:30:44 00:30:42	00:43:56 00:43:54	00:54:15 00:54:13
308	308	52	275	1720	GONIOTAKIS THEODORE Άνδρας - 2004 (M) - GRC	00:00:00 00:00:00	00:02:35 00:02:35	00:14:08 00:14:08	00:25:01 00:25:01	00:28:50 00:28:50	00:42:50 00:42:50	00:54:15 00:54:15
309	309	84	276	1470	LOUKIDIS FOTIS Άνδρας - 1993 (M30) - GRC	00:00:26 00:00:00	00:03:43 00:03:18	00:16:01 00:15:36	00:26:50 00:26:24	00:30:19 00:29:54	00:43:36 00:43:11	00:54:15 00:53:50
310	310	53	277	1860	DIAMANTIS VALANTIS Άνδρας - 1995 (M) - GRC	00:00:14 00:00:00	00:03:26 00:03:12	00:16:43 00:16:29	00:27:16 00:27:03	00:30:36 00:30:23	00:43:57 00:43:43	00:54:16 00:54:03
311	311	52	278	1451	KOSTOGIANNIS ANTONIS Άνδρας - 1973 (M50) - GRC ΣΔΥ ΜΕΣΣΗΝΙΑΣ	00:00:23 00:00:00	00:03:40 00:03:18	00:16:12 00:15:50	00:26:43 00:26:21	00:30:15 00:29:53	00:43:37 00:43:15	00:54:19 00:53:57
312	312	53	279	1653	GAITANIDIS GIANNIS Άνδρας - 1974 (M50) - GRC	00:00:21 00:00:00	00:03:25 00:03:04	00:15:36 00:15:15	00:25:59 00:25:38	00:29:48 00:29:27	00:43:26 00:43:05	00:54:20 00:53:59
313	313	85	280	1424	KAMPELIS ILIAS Άνδρας - 1991 (M30) - GRC -	00:00:21 00:00:00	00:03:42 00:03:21	00:17:11 00:16:50	00:27:44 00:27:23	00:31:05 00:30:44	00:44:07 00:43:46	00:54:21 00:54:00
314	314	54	281	1396	FOTOPOULOS ALEXANDROS Άνδρας - 1997 (M) - GRC	00:00:20 00:00:00	00:03:51 00:03:32	00:16:42 00:16:22	00:27:23 00:27:03	00:30:49 00:30:29	00:44:07 00:43:47	00:54:21 00:54:01
315	315	86	282	1789	NTOULAKIS STRATOS Άνδρας - 1985 (M30) - GRC	00:00:03 00:00:00	00:03:08 00:03:05	00:17:02 00:16:59	00:28:31 00:28:28	00:31:52 00:31:49	00:44:40 00:44:37	00:54:22 00:54:19
316	316	87	283	1731	KARAGIANNIS ALEXANDROS Άνδρας - 1990 (M30) - GRC	00:00:10 00:00:00	00:03:33 00:03:23	00:16:49 00:16:39	00:27:50 00:27:40	00:31:17 00:31:08	00:44:13 00:44:03	00:54:25 00:54:15
317	317	83	284	1725	HYSAJ BEKIM Άνδρας - 1982 (M40) - ALB	00:00:12 00:00:00	00:03:44 00:03:32	00:17:01 00:16:49	00:28:06 00:27:55	00:31:35 00:31:23	00:44:38 00:44:26	00:54:26 00:54:15
318	318	84	285	1485	MERTINOS EFSTATHIOS Άνδρας - 1976 (M40) - GRC	00:00:12 00:00:00	00:03:37 00:03:25	00:16:37 00:16:26	00:27:19 00:27:07	00:30:51 00:30:40	00:43:54 00:43:43	00:54:26 00:54:15
319	319	8	286	1477	MANIC AEKSANDAR Άνδρας - 1958 (M60) - SRB	00:00:04 00:00:00	00:03:27 00:03:24	00:16:42 00:16:39	00:27:26 00:27:23	00:30:57 00:30:53	00:44:08 00:44:05	00:54:28 00:54:25
320	320	88	287	1832	STEFANOU STEFANOS Άνδρας - 1992 (M30) - GRC	00:00:16 00:00:00	00:04:09 00:03:53	00:17:17 00:17:02	00:28:16 00:28:00	00:31:40 00:31:24	00:44:29 00:44:23	00:54:31 00:54:15
321	321	85	288	1807	PETRIDIS DIMITRIOS Άνδρας - 1982 (M40) - GRC	00:00:16 00:00:00	00:03:49 00:03:33	00:16:32 00:16:17	00:26:54 00:26:39	00:30:19 00:30:04	00:43:51 00:43:35	00:54:33 00:54:17
322	322	86	289	1852	VARTSANELLIS IOANNIS Άνδρας - 1979 (M40) - GRC	00:00:23 00:00:00	00:03:56 00:03:34	00:16:49 00:16:27	00:27:30 00:27:08	00:31:12 00:30:50	00:44:15 00:43:53	00:54:33 00:54:11
323	323	5	34	1474	MAKRI ELENI Γυναίκα - 1973 (F50) - GRC	00:00:13 00:00:00	00:03:52 00:03:40	00:16:52 00:16:40	00:27:34 00:27:22	00:31:07 00:30:55	00:44:04 00:43:51	00:54:33 00:54:21
324	324	54	290	1627	PAOURIS NIKOLAOS Άνδρας - 1971 (M50) - GRC	00:00:18 00:00:00	00:03:34 00:03:16	00:15:48 00:15:31	00:26:03 00:25:46	00:29:33 00:29:16	00:42:54 00:42:36	00:54:37 00:54:19
325	325	18	35	1250	SPYRIDAKI ATHINA Γυναίκα - 1988 (F30) - GRC	00:00:10 00:00:00	00:03:32 00:03:22	00:16:48 00:16:39	00:27:50 00:27:40	00:31:17 00:31:07	00:44:12 00:44:02	00:54:37 00:54:28
326	326	89	291	1423	KALIOTSOS DIMITRIOS Άνδρας - 1988 (M30) - GRC	00:00:18 00:00:00	00:03:51 00:03:34	00:16:55 00:16:37	00:27:44 00:27:26	00:31:07 00:30:49	00:44:50 00:44:33	00:54:41 00:54:23
327	327	19	36	1103	GIANNAKOPOULOU MARTHA Γυναίκα - 1989 (F30) - GRC	00:00:02 00:00:00	00:02:53 00:02:52	00:15:31 00:15:29	00:26:26 00:26:25	00:29:59 00:29:58	00:43:31 00:43:30	00:54:50 00:54:49
328	328	87	292	1296	TSAKONAS FOTIOS Άνδρας - 1981 (M40) - GRC	00:00:20 00:00:00	00:03:18 00:02:59	00:15:13 00:14:53	00:25:44 00:25:24	00:29:28 00:29:08	00:43:13 00:42:54	00:54:51 00:54:31

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Start	600m	3100m	5000m	5600m	8100m	Finish
329	329	88	293	1729	KAPOS GEORGIOS-DIMITRIOS Άνδρας - 1978 (M40) - GRC	00:00:10 00:00:00	00:03:46 00:03:36	00:16:39 00:16:30	00:27:07 00:26:58	00:30:34 00:30:25	00:44:04 00:43:55	00:54:53 00:54:43
330	330	90	294	1815	POLYDORAS PANAGIOTIS Άνδρας - 1994 (M30) - GRC	00:00:11 00:00:00	00:03:47 00:03:36	00:16:40 00:16:30	00:27:08 00:26:58	00:30:35 00:30:25	00:44:05 00:43:54	00:54:53 00:54:43
331	331	55	295	1497	NAKOS NIKOS Άνδρας - 1971 (M50) - GRC	00:00:13 00:00:00	00:03:51 00:03:38	00:16:58 00:16:46	00:27:38 00:27:25	00:31:06 00:30:53	00:44:32 00:44:19	00:54:55 00:54:42
332	332	20	37	1772	MANTA ANTONIA Γυναίκα - 1992 (F30) - GRC	00:00:00 00:00:00	00:03:04 00:03:04	00:16:10 00:16:10	00:27:10 00:27:10	00:30:38 00:30:38	00:44:08 00:44:08	00:54:55 00:54:55
333	333	89	296	1704	FRAGKISKOS GIWRGOS Άνδρας - 1980 (M40) - GRC PRIMAL	00:00:15 00:00:00	00:03:47 00:03:33	00:16:30 00:16:16	00:27:11 00:26:57	00:30:40 00:30:26	00:44:31 00:44:17	00:54:56 00:54:42
334	334	9	297	1479	MARAGKAKIS IOANNIS Άνδρας - 1955 (M60) - GRC	00:00:41 00:00:00	00:04:40 00:04:00	00:17:29 00:16:48	00:27:49 00:27:08	00:31:17 00:30:36	00:44:37 00:43:57	00:54:57 00:54:16
335	335	91	298	1493	MOUZAKIS IOANNIS Άνδρας - 1994 (M30) - GRC	00:00:08 00:00:00	00:03:40 00:03:33	00:17:01 00:16:53	00:28:00 00:27:52	00:31:30 00:31:22	00:44:49 00:44:42	00:54:57 00:54:50
336	336	92	299	1859	ALEXIOU DIMITRIOS Άνδρας - 1991 (M30) - GRC Primal	00:00:15 00:00:00	00:03:51 00:03:37	00:16:30 00:16:15	00:27:12 00:26:57	00:30:40 00:30:26	00:44:31 00:44:16	00:54:59 00:54:44
337	337	93	300	1770	MANAKHOV ARTUR Άνδρας - 1987 (M30) - RUS	00:00:11 00:00:00	00:03:40 00:03:29	00:17:01 00:16:50	00:27:37 00:27:26	00:30:59 00:30:48	00:44:16 00:44:05	00:54:59 00:54:48
338	338	94	301	1847	TZITZIMPASIS IOANNIS Άνδρας - 1986 (M30) - GRC	00:00:32 00:00:00	00:04:08 00:03:36	00:17:28 00:16:57	00:28:18 00:27:47	00:31:47 00:31:15	00:45:16 00:44:44	00:55:00 00:54:29
339	339	90	302	1421	KAKAMPOURAS MINAS Άνδρας - 1983 (M40) - GRC	00:00:42 00:00:00	00:03:56 00:03:14	00:16:33 00:15:51	00:27:05 00:26:23	00:30:39 00:29:57	00:44:00 00:43:18	00:55:00 00:54:19
340	340	56	303	1054	ARTEMAKIS NICK Άνδρας - 1974 (M50) - GRC	00:00:14 00:00:00	00:03:26 00:03:12	00:16:06 00:15:52	00:26:47 00:26:34	00:30:21 00:30:07	00:44:05 00:43:52	00:55:02 00:54:49
341	341	6	38	1044	FRANTZI SEVASTI Γυναίκα - 1972 (F50) - GRC Σιούφας και Συνεργάτες	00:00:22 00:00:00	00:03:45 00:03:24	00:17:05 00:16:43	00:27:50 00:27:29	00:31:14 00:30:52	00:44:21 00:43:59	00:55:04 00:54:43
342	342	91	304	1508	PALAVITSINIS NIKOS Άνδρας - 1983 (M40) - GRC	00:00:07 00:00:00	00:03:11 00:03:05	00:15:14 00:15:08	00:25:35 00:25:29	00:29:13 00:29:07	00:43:32 00:43:26	00:55:05 00:54:58
343	343	95	305	1591	TSIRMPAS EVANGELOS Άνδρας - 1992 (M30) - GRC	00:00:20 00:00:00	00:03:57 00:03:38	00:16:54 00:16:35	00:27:51 00:27:32	00:31:16 00:30:57	00:44:44 00:44:25	00:55:08 00:54:48
344	344	92	306	1702	FRAGKIADAKIS NIKOLAOS Άνδρας - 1983 (M40) - GRC	00:00:16 00:00:00	00:03:34 00:03:19	00:16:59 00:16:44	00:27:48 00:27:33	00:31:09 00:30:54	00:44:42 00:44:27	00:55:09 00:54:54
345	345	93	307	1557	SKANDALIS PANAGIOTIS Άνδρας - 1981 (M40) - GRC ΣΑΦΑΝΣ	00:00:28 00:00:00	00:04:00 00:03:32	00:17:09 00:16:42	00:28:00 00:27:32	00:31:30 00:31:02	00:44:50 00:44:22	00:55:09 00:54:41
346	346	21	39	1299	PAPAGIANNI OURANIA Γυναίκα - 1993 (F30) - GRC Harbor Lab	00:00:10 00:00:00	00:03:08 00:02:58	00:15:44 00:15:34	00:26:42 00:26:32	00:30:17 00:30:08	00:44:14 00:44:04	00:55:11 00:55:01
347	347	94	308	1602	VASILEIOU DIMITRIS Άνδρας - 1979 (M40) - GRC	00:00:27 00:00:00	00:04:45 00:04:18	00:17:44 00:17:18	00:28:19 00:27:52	00:31:37 00:31:11	00:44:50 00:44:24	00:55:12 00:54:45
348	348	96	309	1509	PAMOUKTSIS CHRISTOS Άνδρας - 1987 (M30) - GRC	00:00:24 00:00:00	00:03:23 00:02:59	00:15:56 00:15:33	00:26:26 00:26:03	00:29:55 00:29:32	00:43:56 00:43:33	00:55:13 00:54:49
349	349	57	310	1605	VAVALEKAS KYRIAKOS Άνδρας - 1969 (M50) - GRC	00:00:03 00:00:00	00:03:17 00:03:14	00:16:29 00:16:26	00:27:14 00:27:12	00:30:39 00:30:36	00:44:24 00:44:21	00:55:13 00:55:11
350	350	95	311	1505	NTOVAS IOANNIS Άνδρας - 1983 (M40) - GRC	00:00:12 00:00:00	00:03:36 00:03:24	00:16:30 00:16:18	00:27:10 00:26:58	00:30:42 00:30:30	00:44:34 00:44:22	00:55:16 00:55:04
351	351	58	312	1280	VETSIS KONSTANTINOS Άνδρας - 1970 (M50) - GRC	00:00:11 00:00:00	00:03:48 00:03:38	00:17:12 00:17:01	00:27:42 00:27:31	00:31:04 00:30:53	00:44:50 00:44:40	00:55:19 00:55:08
352	352	97	313	1830	SPYROU SERGIOS Άνδρας - 1993 (M30) - GRC PRIMAL	00:00:14 00:00:00	00:03:51 00:03:37	00:16:28 00:16:14	00:27:11 00:26:57	00:30:40 00:30:26	00:45:00 00:44:46	00:55:19 00:55:05
353	353	96	314	1625	GAROUFALIS DIMITRIOS Άνδρας - 1984 (M40) - GRC	00:00:05 00:00:00	00:03:39 00:03:35	00:18:24 00:18:20	00:29:07 00:29:03	00:32:27 00:32:23	00:45:14 00:45:10	00:55:19 00:55:15
354	354	98	315	1599	VASILAKOPOULOS NIKOLAOS Άνδρας - 1991 (M30) - GRC	00:00:17 00:00:00	00:03:25 00:03:08	00:15:13 00:14:56	00:26:05 00:25:48	00:29:37 00:29:20	00:43:24 00:43:07	00:55:21 00:55:04
355	355	97	316	1088	DEFINGOS NIKITAS Άνδρας - 1975 (M40) - GRC	00:00:19 00:00:00	00:03:32 00:03:13	00:16:10 00:15:51	00:27:10 00:26:51	00:30:39 00:30:20	00:44:00 00:43:42	00:55:24 00:55:05
356	356	98	317	1399	GARNAVOS ANDREAS Άνδρας - 1977 (M40) - GRC	00:00:14 00:00:00	00:03:49 00:03:35	00:16:25 00:16:12	00:27:27 00:27:13	00:31:02 00:30:49	00:44:33 00:44:19	00:55:25 00:55:11
357	357	99	318	1746	KONSTANTOPOULOS CHRISTOS Άνδρας - 1988 (M30) - GRC IATRIKO RUNNING TEAM	00:00:13 00:00:00	00:03:42 00:03:29	00:17:19 00:17:06	00:28:34 00:28:22	00:32:08 00:31:55	00:45:50 00:45:37	00:55:28 00:55:15
358	358	99	319	1466	LEKKAS THEODORE Άνδρας - 1977 (M40) - GRC ΑΠΣ ΑΠΟΛΛΩΝ ΔΥΤΙΚΗΣ ΑΤΤΙΚΗΣ	00:00:33 00:00:00	00:04:00 00:03:28	00:16:48 00:16:15	00:27:33 00:27:01	00:31:12 00:30:39	00:44:50 00:44:18	00:55:31 00:54:58
359	359	55	320	1114	IOANNOU EPAMINONDAS Άνδρας - 1996 (M) - GRC	00:00:24 00:00:00	00:04:13 00:03:49	00:17:29 00:17:05	00:28:49 00:28:25	00:32:44 00:32:20	00:46:08 00:45:44	00:55:31 00:55:08
360	360	100	321	1583	TSAKIRIS DIMITRIOS Άνδρας - 1991 (M30) - GRC	00:00:33 00:00:00	00:04:04 00:03:32	00:16:33 00:16:01	00:27:01 00:26:28	00:30:37 00:30:05	00:44:06 00:43:33	00:55:32 00:54:59
361	361	101	322	1764	LIAKOPOULOS CHRISTOS Άνδρας - 1985 (M30) - GRC	00:00:04 00:00:00	00:03:32 00:03:28	00:17:07 00:17:03	00:28:17 00:28:13	00:31:49 00:31:45	00:45:23 00:45:19	00:55:35 00:55:31

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Start	600m	3100m	5000m	5600m	8100m	Finish
362	362	10	323	1111	GRIVAS STAMATIOS Άνδρας - 1963 (M60) - GRC SAFANS	00:00:16 00:00:00	00:03:31 00:03:15	00:16:35 00:16:20	00:27:31 00:27:15	00:31:09 00:30:53	00:44:34 00:44:18	00:55:37 00:55:22
363	363	59	324	1657	DOMVROS IOANNIS Άνδρας - 1972 (M50) - GRC	00:00:05 00:00:00	00:03:18 00:03:14	00:15:55 00:15:50	00:26:21 00:26:17	00:29:42 00:29:37	00:43:14 00:43:09	00:55:47 00:55:43
364	364	100	325	1482	MATHIOUDAKIS ILIAS Άνδρας - 1980 (M40) - GRC ILIOULIS RUNNING TEAM	00:00:27 00:00:00	00:04:02 00:03:36	00:16:48 00:16:22	00:27:29 00:27:02	00:31:03 00:30:37	00:44:40 00:44:13	00:55:49 00:55:22
365	365	60	326	1461	LALOUSSIS GEORGE Άνδρας - 1973 (M50) - GRC	00:00:09 00:00:00	00:03:26 00:03:18	00:16:09 00:16:01	00:27:10 00:27:02	00:31:23 00:31:15	00:44:37 00:44:29	00:55:50 00:55:42
366	366	102	327	1437	KATSOURIS PANAGIOTIS Άνδρας - 1989 (M30) - GRC	00:00:19 00:00:00	00:03:52 00:03:33	00:16:55 00:16:36	00:27:44 00:27:25	00:31:07 00:30:49	00:44:51 00:44:33	00:55:52 00:55:34
367	367	103	328	1719	GONIDAKIS MANOLIS Άνδρας - 1986 (M30) - GRC 2BE FIT	00:00:04 00:00:00	00:03:11 00:03:08	00:16:02 00:15:59	00:27:11 00:27:07	00:30:53 00:30:50	00:44:51 00:44:47	00:55:59 00:55:56
368	368	2	40	1061	ATZAMI KONSTANTINA Γυναίκα - 1962 (F60) - GRC VASKOS TRAINING	00:00:04 00:00:00	00:03:16 00:03:13	00:16:44 00:16:41	00:27:30 00:27:27	00:31:06 00:31:03	00:44:55 00:44:52	00:56:02 00:55:59
369	369	104	329	1782	MITISIS VASILIS Άνδρας - 1987 (M30) - GRC	00:00:19 00:00:00	00:03:39 00:03:20	00:16:43 00:16:24	00:27:53 00:27:35	00:31:24 00:31:05	00:45:32 00:45:13	00:56:02 00:55:43
370	370	105	330	1706	FRANTZIS VASILIS Άνδρας - 1989 (M30) - GRC	00:00:17 00:00:00	00:04:07 00:03:51	00:17:08 00:16:52	00:27:41 00:27:25	00:31:13 00:30:57	00:44:43 00:44:27	00:56:03 00:55:47
371	371	61	331	1779	MERKOURIS ANASTASIOS Άνδρας - 1974 (M50) - GRC ΣΔΥΜ ΘΗΒΑΣ	00:00:06 00:00:00	00:03:28 00:03:22	00:17:04 00:16:58	00:27:54 00:27:48	00:31:25 00:31:19	00:45:03 00:44:57	00:56:05 00:55:59
372	372	56	332	1408	GKIAOURIS APOSTOLOS Άνδρας - 1997 (M) - GRC	00:00:34 00:00:00	00:04:03 00:03:29	00:17:22 00:16:48	00:28:21 00:27:47	00:31:58 00:31:24	00:45:33 00:45:00	00:56:09 00:55:36
373	373	101	333	1218	PAPALYMPERIS PANTELIS Άνδρας - 1977 (M40) - GRC MAGEIA A.C.	00:00:40 00:00:00	00:03:47 00:03:08	00:17:05 00:16:25	00:28:10 00:27:30	00:31:44 00:31:04	00:45:35 00:44:55	00:56:10 00:55:30
374	374	102	334	1584	TSALTAS SPYROS Άνδρας - 1982 (M40) - GRC MCKINETIC	00:00:09 00:00:00	00:03:40 00:03:32	00:18:21 00:18:13	00:29:36 00:29:28	00:33:05 00:32:57	00:46:13 00:46:05	00:56:13 00:56:05
375	375	106	335	1397	FOUSKAS AKIS Άνδρας - 1991 (M30) - GRC	00:00:09 00:00:00	00:03:20 00:03:12	00:16:25 00:16:17	00:27:25 00:27:17	00:30:58 00:30:50	00:45:27 00:45:19	00:56:16 00:56:08
376	376	6	41	1051	ANGELIDOU ANASTASIA Γυναίκα - 1984 (F40) - GRC	00:00:25 00:00:00	00:03:45 00:03:21	00:17:12 00:16:48	00:28:10 00:27:46	00:31:45 00:31:21	00:45:22 00:44:58	00:56:18 00:55:54
377	377	57	336	1349	ARVANITAKIS ANTONIS Άνδρας - 2004 (M) - GRC	00:00:19 00:00:00	00:03:54 00:03:35	00:16:11 00:15:52	00:26:48 00:26:29	00:30:14 00:29:56	00:44:20 00:44:02	00:56:18 00:55:59
378	378	58	337	1774	MARAGKAKIS IOANNIS Άνδρας - 1998 (M) - GRC	00:00:06 00:00:00	00:03:12 00:03:06	00:17:02 00:16:56	00:28:06 00:28:00	00:31:36 00:31:31	00:45:30 00:45:24	00:56:20 00:56:14
379	379	62	338	1443	KIOLEOGLOU IOANNIS Άνδρας - 1970 (M50) - GRC	00:00:13 00:00:00	00:03:51 00:03:38	00:16:48 00:16:36	00:27:59 00:27:47	00:31:35 00:31:23	00:45:12 00:45:00	00:56:22 00:56:09
380	380	7	42	1592	TSITSIA KALLIOPI Γυναίκα - 1976 (F40) - GRC	00:00:13 00:00:00	00:03:51 00:03:39	00:16:52 00:16:40	00:27:52 00:27:40	00:31:27 00:31:15	00:45:11 00:44:58	00:56:22 00:56:10
381	381	107	339	1488	MICHALAKOS MICHAEL Άνδρας - 1989 (M30) - GRC	00:00:03 00:00:00	00:03:10 00:03:08	00:16:27 00:16:24	00:27:32 00:27:30	00:31:03 00:31:00	00:45:06 00:45:04	00:56:23 00:56:20
382	382	108	340	1056	ARVANITIS HARRIS Άνδρας - 1985 (M30) - GRC	00:00:10 00:00:00	00:03:21 00:03:11	00:16:33 00:16:24	00:27:26 00:27:16	00:31:01 00:30:51	00:45:08 00:44:58	00:56:23 00:56:13
383	383	63	341	1553	SCHLUETER CHRISTIAN Άνδρας - 1968 (M50) - DEU	00:00:15 00:00:00	00:04:04 00:03:50	00:17:43 00:17:28	00:28:50 00:28:35	00:32:23 00:32:09	00:45:40 00:45:25	00:56:23 00:56:09
384	384	103	342	1594	TZERPOS CHRISTOS Άνδρας - 1976 (M40) - GRC ANEΞAPHTOΣ	00:00:05 00:00:00	00:03:34 00:03:30	00:16:50 00:16:46	00:28:01 00:27:57	00:31:36 00:31:32	00:45:20 00:45:15	00:56:25 00:56:21
385	385	109	343	1073	CERESATTO FELIPE Άνδρας - 1985 (M30) - GRC	00:00:25 00:00:00	00:03:56 00:03:31	00:17:18 00:16:53	00:28:20 00:27:55	00:31:52 00:31:27	00:45:51 00:45:26	00:56:28 00:56:03
386	386	104	344	1743	KELADITIS PANAGIOTIS Άνδρας - 1977 (M40) - GRC	00:00:18 00:00:00	00:03:32 00:03:14	00:16:47 00:16:29	00:27:42 00:27:24	00:31:08 00:31:00	00:44:48 00:44:30	00:56:30 00:56:13
387	387	22	43	1689	CHROSTOWSKA DIANA KLAUDIA Γυναίκα - 1990 (F30) - POL	00:00:06 00:00:00	00:03:52 00:03:46	00:18:21 00:18:16	00:29:39 00:29:34	00:33:02 00:32:56	00:46:21 00:46:15	00:56:31 00:56:25
388	388	105	345	1417	IOANNIDIS MICHAEL Άνδρας - 1978 (M40) - GRC	00:00:27 00:00:00	00:04:13 00:03:47	00:18:02 00:17:35	00:29:16 00:28:49	00:32:44 00:32:17	00:46:09 00:45:42	00:56:34 00:56:08
389	389	59	346	1573	SYMEONIDIS EMMANOUIL Άνδρας - 2002 (M) - GRC	00:00:05 00:00:00	00:03:26 00:03:22	00:16:38 00:16:33	00:27:49 00:27:45	00:31:29 00:31:24	00:45:46 00:45:42	00:56:36 00:56:31
390	390	7	44	1444	KNAI CHRISTINA Γυναίκα - 2001 (F) - CYP	00:00:38 00:00:00	00:04:39 00:04:01	00:17:37 00:16:59	00:28:21 00:27:43	00:32:01 00:31:23	00:45:45 00:45:07	00:56:43 00:56:05
391	391	60	347	1710	GEORGIADIS ALEXANDROS Άνδρας - 1998 (M) - GRC	00:00:09 00:00:00	00:03:44 00:03:35	00:17:51 00:17:43	00:29:02 00:28:53	00:32:31 00:32:23	00:46:32 00:46:23	00:56:43 00:56:34
392	392	8	45	1173	MAGGIOROU SOFIA Γυναίκα - 1981 (F40) - GRC	00:00:19 00:00:00	00:03:46 00:03:28	00:17:38 00:17:20	00:28:43 00:28:25	00:32:14 00:31:55	00:45:56 00:45:37	00:56:45 00:56:26
393	393	61	348	1499	NEVRADAKIS IOSIF IOANNIS Άνδρας - 1995 (M) - GRC	00:00:11 00:00:00	00:03:34 00:03:24	00:16:13 00:16:03	00:27:05 00:26:54	00:30:54 00:30:44	00:45:15 00:45:05	00:56:50 00:56:40
394	394	64	349	1195	NIKOLOPOULOS PANAGIOTIS Άνδρας - 1965 (M50) - GRC ΣΑΦΑΝΣ	00:00:38 00:00:00	00:04:16 00:03:38	00:18:14 00:17:36	00:28:52 00:28:14	00:32:34 00:31:56	00:46:20 00:45:42	00:56:50 00:56:12

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Start	600m	3100m	5000m	5600m	8100m	Finish
395	395	23	46	1733	KARAMANLI KYRIAKI Γυναίκα - 1986 (F30) - GRC	00:00:36 00:00:00	00:04:10 00:03:35	00:17:30 00:16:55	00:28:30 00:27:55	00:31:58 00:31:23	00:45:44 00:45:09	00:56:51 00:56:15
396	396	106	350	1701	FLOROS GIORGOS Άνδρας - 1977 (M40) - GRC ΑΛΟΠΗ	00:00:08 00:00:00	00:03:31 00:03:23	00:16:57 00:16:49	00:28:12 00:28:04	00:31:52 00:31:44	00:45:42 00:45:35	00:56:51 00:56:43
397	397	9	47	1354	BABASANIDI VENETIA Γυναίκα - 1981 (F40) - GRC	00:00:18 00:00:00	00:03:49 00:03:32	00:17:51 00:17:33	00:28:49 00:28:31	00:32:19 00:32:01	00:45:49 00:45:31	00:56:55 00:56:37
398	398	24	48	1359	BEIKO VIOLA Γυναίκα - 1987 (F30) - GRC	00:00:03 00:00:00	00:03:28 00:03:25	00:16:41 00:16:38	00:27:54 00:27:51	00:31:31 00:31:28	00:45:29 00:45:27	00:56:58 00:56:55
399	399	110	351	1646	FOTAKIS GIORGOS Άνδρας - 1985 (M30) - GRC	00:00:23 00:00:00	00:04:07 00:03:45	00:17:26 00:17:04	00:28:39 00:28:17	00:32:10 00:31:48	00:46:16 00:45:53	00:57:03 00:56:40
400	400	11	352	1395	FLORAKIS THOMAS Άνδρας - 1963 (M60) - GRC	00:00:15 00:00:00	00:03:44 00:03:29	00:17:05 00:16:50	00:28:20 00:28:06	00:32:08 00:31:53	00:45:57 00:45:42	00:57:04 00:56:50
401	401	10	49	1517	PAPADOPOULOU EVANGELIA Γυναίκα - 1977 (F40) - GRC	00:00:16 00:00:00	00:03:56 00:03:40	00:17:16 00:17:00	00:28:19 00:28:03	00:31:58 00:31:42	00:45:49 00:45:34	00:57:08 00:56:53
402	402	62	353	1757	KOURTIS YANNIS Άνδρας - 2002 (M) - GRC	00:00:03 00:00:00	00:03:42 00:03:40	00:18:07 00:18:04	00:29:57 00:29:55	00:33:38 00:33:36	00:47:00 00:46:58	00:57:10 00:57:08
403	403	111	354	1848	VAGENAS GIORGOS Άνδρας - 1990 (M30) - GRC	00:00:13 00:00:00	00:03:23 00:03:10	00:15:45 00:15:32	00:26:39 00:26:26	00:30:15 00:30:03	00:45:00 00:44:48	00:57:14 00:57:01
404	404	11	50	1407	GKARAGKANI EVANGELIA Γυναίκα - 1983 (F40) - GRC	00:00:14 00:00:00	00:03:31 00:03:17	00:17:09 00:16:55	00:28:25 00:28:11	00:32:03 00:31:50	00:45:48 00:45:34	00:57:15 00:57:01
405	405	112	355	1402	GERANTONIS KONSTANTINOS Άνδρας - 1994 (M30) - GRC	00:00:09 00:00:00	00:03:38 00:03:29	00:16:49 00:16:40	00:27:53 00:27:44	00:31:57 00:31:48	00:46:10 00:46:01	00:57:15 00:57:07
406	406	107	356	1337	BOURBOURAKIS PANAYIOTHS Άνδρας - 1978 (M40) - GRC ΔΕΗΑΝ	00:00:37 00:00:00	00:04:15 00:03:38	00:17:53 00:17:16	00:29:26 00:28:49	00:32:59 00:32:22	00:46:35 00:45:58	00:57:18 00:56:41
407	407	113	357	1788	NTAVARINOS NIKOLAOS Άνδρας - 1992 (M30) - GRC	00:00:04 00:00:00	00:03:36 00:03:33	00:18:15 00:18:11	00:29:43 00:29:39	00:33:14 00:33:10	00:46:51 00:46:47	00:57:19 00:57:16
408	408	114	358	1089	DELATOLAS STEFANOS Άνδρας - 1987 (M30) - GRC THEBROZ	00:00:09 00:00:00	00:03:44 00:03:36	00:17:52 00:17:44	00:29:01 00:28:53	00:32:33 00:32:25	00:46:34 00:46:26	00:57:20 00:57:12
409	409	108	359	1726	KAFARATZIS ANDREAS Άνδρας - 1982 (M40) - GRC	00:00:18 00:00:00	00:03:54 00:03:36	00:17:57 00:17:39	00:29:24 00:29:06	00:32:53 00:32:35	00:46:46 00:46:28	00:57:21 00:57:03
410	410	115	360	1494	MPANTOUNAS IOANNIS Άνδρας - 1986 (M30) - GRC	00:00:12 00:00:00	00:03:48 00:03:37	00:16:47 00:16:36	00:28:02 00:27:51	00:31:51 00:31:40	00:45:59 00:45:47	00:57:32 00:57:21
411	411	25	51	1053	ARAPI STAVROULA Γυναίκα - 1992 (F30) - GRC Primal	00:00:24 00:00:00	00:03:50 00:03:26	00:17:11 00:16:47	00:28:26 00:28:02	00:32:03 00:31:40	00:45:54 00:45:31	00:57:33 00:57:09
412	412	63	361	1590	TSIOUVAS GIORGOS Άνδρας - 2004 (M) - GRC	00:00:19 00:00:00	00:03:37 00:03:19	00:15:59 00:15:41	00:27:01 00:26:43	00:30:43 00:30:25	00:46:14 00:45:56	00:57:37 00:57:19
413	413	116	362	1784	NANOS DIMOS Άνδρας - 1993 (M30) - GRC	00:00:33 00:00:00	00:04:21 00:03:48	00:19:26 00:18:54	00:31:28 00:30:56	00:34:44 00:34:11	00:47:25 00:46:53	00:57:44 00:57:12
414	414	26	52	1132	KARAMPOTAKI FLORA Γυναίκα - 1988 (F30) - GRC	00:00:04 00:00:00	00:03:10 00:03:07	00:16:32 00:16:29	00:27:52 00:27:48	00:31:29 00:31:26	00:46:07 00:46:04	00:57:46 00:57:42
415	415	27	53	1699	FERMUS ANDRA Γυναίκα - 1988 (F30) - ROU	00:00:15 00:00:00	00:04:04 00:03:50	00:17:42 00:17:27	00:28:41 00:28:26	00:32:21 00:32:07	00:46:31 00:46:16	00:57:48 00:57:34
416	416	117	363	1387	DASKALOTHANASIS PANAGIOTIS Άνδρας - 1989 (M30) - GRC	00:00:19 00:00:00	00:04:12 00:03:53	00:18:04 00:17:45	00:30:01 00:29:42	00:33:42 00:33:23	00:47:19 00:47:00	00:57:49 00:57:30
417	417	8	54	1581	TIKOPOULOU DANAI Γυναίκα - 1999 (F) - GRC Albros	00:00:23 00:00:00	00:03:50 00:03:28	00:16:39 00:16:17	00:28:14 00:27:51	00:31:50 00:31:28	00:46:26 00:46:03	00:57:52 00:57:29
418	418	118	364	1333	KOUROMICHELAKIS MICHAEL Άνδρας - 1986 (M30) - GRC Heroes	00:00:13 00:00:00	00:03:38 00:03:25	00:16:47 00:16:34	00:28:33 00:28:20	00:32:19 00:32:06	00:46:36 00:46:24	00:57:53 00:57:40
419	419	65	365	1131	KARAMELAS KONSTANTINOS Άνδρας - 1970 (M50) - GRC	00:00:06 00:00:00	00:03:41 00:03:36	00:17:49 00:17:43	00:28:50 00:28:44	00:32:51 00:32:46	00:46:37 00:46:31	00:57:57 00:57:52
420	420	66	366	1756	KOURTESIS KONSTANTINOS Άνδρας - 1971 (M50) - GRC ASPIDA TRAVEL	00:00:17 00:00:00	00:03:41 00:03:24	00:17:47 00:17:31	00:29:12 00:28:56	00:32:59 00:32:43	00:46:38 00:46:22	00:57:58 00:57:42
421	421	12	55	1139	KATRACHOURA MARIA Γυναίκα - 1981 (F40) - GRC	00:00:21 00:00:00	00:03:45 00:03:25	00:17:31 00:17:11	00:28:32 00:28:12	00:31:58 00:31:38	00:45:55 00:45:35	00:57:59 00:57:39
422	422	13	56	1587	TSIAPOKI AFRODITI Γυναίκα - 1984 (F40) - GRC	00:00:05 00:00:00	00:03:37 00:03:33	00:17:55 00:17:51	00:29:13 00:29:09	00:32:47 00:32:42	00:46:55 00:46:50	00:58:01 00:57:56
423	423	7	57	1290	ZOURZOUKI SOTIRIA Γυναίκα - 1971 (F50) - GRC ΣΑΦΑΝΣ	00:00:12 00:00:00	00:03:41 00:03:29	00:17:52 00:17:40	00:29:10 00:28:59	00:32:53 00:32:41	00:46:58 00:46:46	00:58:02 00:57:50
424	424	67	367	1656	PARLIAROS NIKOS Άνδρας - 1974 (M50) - GRC	00:00:22 00:00:00	00:04:06 00:03:45	00:18:08 00:17:47	00:29:17 00:28:56	00:32:53 00:32:32	00:46:56 00:46:35	00:58:03 00:57:42
425	425	28	58	1091	DIMITROPOULOU ANGELIKI Γυναίκα - 1993 (F30) - GRC	00:00:25 00:00:00	00:03:57 00:03:32	00:18:15 00:17:51	00:29:48 00:29:24	00:33:24 00:32:59	00:47:09 00:46:44	00:58:07 00:57:43
426	426	29	59	1219	PAPASTERGIOU KATERINA Γυναίκα - 1987 (F30) - GRC	00:00:24 00:00:00	00:04:10 00:03:47	00:17:37 00:17:13	00:28:39 00:28:16	00:32:23 00:31:59	00:46:35 00:46:11	00:58:08 00:57:44
427	427	14	60	1623	BERI THEOFANO Γυναίκα - 1979 (F40) - GRC	00:00:18 00:00:00	00:03:36 00:03:19	00:17:07 00:16:49	00:28:40 00:28:23	00:32:12 00:31:55	00:46:26 00:46:08	00:58:08 00:57:51

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Start	600m	3100m	5000m	5600m	8100m	Finish
428	428	9	61	1031	MENTAKI KONSTANTINA Γυναίκα - 1995 (F) - GRC THEBROZ	00:00:08 00:00:00	00:03:45 00:03:37	00:17:52 00:17:44	00:29:27 00:29:19	00:33:06 00:32:58	00:47:02 00:46:54	00:58:13 00:58:06
429	429	119	368	1292	DELAVINIAS GIANNIS Άνδρας - 1988 (M30) - GRC THEBROZ	00:00:07 00:00:00	00:03:44 00:03:37	00:17:52 00:17:45	00:29:27 00:29:20	00:33:06 00:32:59	00:47:01 00:46:54	00:58:13 00:58:07
430	430	15	62	1050	ANASTASSINI KORNILIA Γυναίκα - 1982 (F40) - GRC	00:00:14 00:00:00	00:03:27 00:03:14	00:16:33 00:16:20	00:27:50 00:27:36	00:31:33 00:31:20	00:46:28 00:46:14	00:58:17 00:58:04
431	431	68	369	1392	EFTAXIAS GIORGOS Άνδρας - 1968 (M50) - GRC	00:00:07 00:00:00	00:04:04 00:03:57	00:18:06 00:17:59	00:29:44 00:29:37	00:33:27 00:33:20	00:47:05 00:46:58	00:58:20 00:58:13
432	432	10	63	1043	VLACHOU MARINA Γυναίκα - 1996 (F) - GRC Harbor Lab	00:00:11 00:00:00	00:03:28 00:03:17	00:17:23 00:17:12	00:28:57 00:28:46	00:32:44 00:32:33	00:46:54 00:46:43	00:58:23 00:58:12
433	433	64	370	1870	PAPAOULIAS ILIAS Άνδρας - 2000 (M) - GRC	00:00:22 00:00:00	00:03:29 00:03:08	00:16:24 00:16:02	00:28:36 00:28:14	00:32:17 00:31:56	00:47:21 00:46:59	00:58:28 00:58:07
434	434	8	64	1174	MAGYARICS JUDIT Γυναίκα - 1973 (F50) - HUN ΣΑΦΑΝΣ	00:00:13 00:00:00	00:03:41 00:03:29	00:17:54 00:17:42	00:29:11 00:28:58	00:32:55 00:32:42	00:47:12 00:47:00	00:58:32 00:58:20
435	435	120	371	1411	GOUNTANAS CHRISTOS Άνδρας - 1986 (M30) - GRC	00:00:19 00:00:00	00:04:07 00:03:48	00:18:03 00:17:44	00:29:36 00:29:17	00:33:22 00:33:03	00:47:25 00:47:06	00:58:37 00:58:18
436	436	30	65	1115	JELUSKINA LIGA Γυναίκα - 1986 (F30) - GRC	00:00:22 00:00:00	00:03:52 00:03:30	00:17:30 00:17:08	00:28:53 00:28:31	00:32:42 00:32:20	00:46:54 00:46:32	00:58:38 00:58:16
437	437	121	372	1686	CHLIOURAS CHRISTOS Άνδρας - 1993 (M30) - GRC	00:00:16 00:00:00	00:04:01 00:03:46	00:19:17 00:19:02	00:31:18 00:31:02	00:34:59 00:34:43	00:48:28 00:48:12	00:58:40 00:58:24
438	438	69	373	1308	KOTSIKOS DIMITRIOS Άνδρας - 1970 (M50) - GRC	00:00:01 00:00:00	00:03:40 00:03:40	00:17:40 00:17:40	00:29:43 00:29:43	00:33:28 00:33:28	00:47:15 00:47:15	00:58:42 00:58:42
439	439	122	374	1533	PELELIS IOANNIS Άνδρας - 1994 (M30) - GRC Margera	00:00:25 00:00:00	00:04:13 00:03:49	00:17:29 00:17:05	00:28:49 00:28:25	00:32:45 00:32:21	00:47:26 00:47:02	00:58:45 00:58:20
440	440	123	375	1817	PSARROS VAGGELIS Άνδρας - 1986 (M30) - GRC	00:00:21 00:00:00	00:04:11 00:03:51	00:19:12 00:18:52	00:31:14 00:30:53	00:34:53 00:34:32	00:47:57 00:47:37	00:58:47 00:58:26
441	441	109	376	1478	MANOLOGLOU THEOFILOS Άνδρας - 1984 (M40) - GRC	00:00:20 00:00:00	00:04:11 00:03:51	00:19:12 00:18:52	00:31:14 00:30:54	00:34:54 00:34:34	00:47:58 00:47:38	00:58:47 00:58:27
442	442	110	377	1487	MICHALAKELLIS FOTIOS Άνδρας - 1978 (M40) - GRC	00:00:17 00:00:00	00:03:50 00:03:33	00:17:35 00:17:19	00:29:06 00:28:50	00:32:49 00:32:33	00:46:58 00:46:42	00:58:50 00:58:33
443	443	111	378	1778	MASTORAKIS MICHAEL Άνδρας - 1975 (M40) - GRC	00:00:18 00:00:00	00:03:30 00:03:13	00:15:52 00:15:35	00:26:42 00:26:24	00:30:54 00:30:37	00:47:09 00:46:52	00:58:50 00:58:33
444	444	112	379	1630	MATTHAIOS DIMITRIOS Άνδρας - 1982 (M40) - GRC Aspida Travel	00:00:18 00:00:00	00:03:34 00:03:17	00:17:15 00:16:58	00:29:08 00:28:50	00:32:54 00:32:37	00:47:09 00:46:52	00:58:51 00:58:33
445	445	124	380	1747	KOPSIDAS TIMOS Άνδρας - 1992 (M30) - GRC	00:00:03 00:00:00	00:03:22 00:03:19	00:18:02 00:17:59	00:29:51 00:29:48	00:33:33 00:33:30	00:48:03 00:48:00	00:58:55 00:58:53
446	446	113	381	1839	TSIAKALOS PANAGIOTIS Άνδρας - 1983 (M40) - GRC	00:00:23 00:00:00	00:04:13 00:03:50	00:18:53 00:18:30	00:30:41 00:30:19	00:34:22 00:34:00	00:48:23 00:48:00	00:59:02 00:58:39
447	447	114	382	1713	GIAKALIS PANAGIOTIS Άνδρας - 1979 (M40) - GRC	00:00:09 00:00:00	00:03:29 00:03:20	00:17:43 00:17:34	00:29:10 00:29:01	00:32:56 00:32:47	00:47:47 00:47:39	00:59:04 00:58:56
448	448	70	383	1357	BARRY PHILIP Άνδρας - 1972 (M50) - GBR	00:00:09 00:00:00	00:03:47 00:03:39	00:17:30 00:17:22	00:28:56 00:28:48	00:32:42 00:32:34	00:47:07 00:46:58	00:59:05 00:58:57
449	449	16	66	1480	VOURIKI MARIA Γυναίκα - 1982 (F40) - GRC Primal	00:00:06 00:00:00	00:03:24 00:03:18	00:16:57 00:16:51	00:28:47 00:28:41	00:32:34 00:32:29	00:47:36 00:47:30	00:59:06 00:59:00
450	450	17	67	1467	LEONTARAKI AGGELIKI Γυναίκα - 1980 (F40) - GRC	00:00:04 00:00:00	00:03:44 00:03:41	00:18:05 00:18:02	00:29:30 00:29:27	00:33:08 00:33:05	00:47:42 00:47:38	00:59:07 00:59:03
451	451	115	384	1612	VLAHOS VASILIS Άνδρας - 1976 (M40) - GRC	00:00:10 00:00:00	00:03:29 00:03:20	00:16:45 00:16:36	00:28:25 00:28:16	00:32:24 00:32:15	00:47:16 00:47:07	00:59:07 00:58:57
452	452	116	385	1700	FLOROS CHRISTOS Άνδρας - 1979 (M40) - GRC ΑΛΟΠΗ	00:00:09 00:00:00	00:03:39 00:03:30	00:17:57 00:17:48	00:29:53 00:29:44	00:33:38 00:33:30	00:47:57 00:47:48	00:59:10 00:59:01
453	453	11	68	1619	ZAGKLIVERI THEANO Γυναίκα - 1995 (F) - GRC	00:00:10 00:00:00	00:03:35 00:03:26	00:17:46 00:17:37	00:29:26 00:29:16	00:33:08 00:32:58	00:47:31 00:47:22	00:59:10 00:59:01
454	454	31	69	1188	MOURTZAKI MARIA Γυναίκα - 1992 (F30) - GRC	00:00:06 00:00:00	00:03:09 00:03:04	00:16:48 00:16:43	00:28:41 00:28:36	00:32:45 00:32:40	00:47:34 00:47:29	00:59:12 00:59:07
455	455	32	70	1503	NOUTSOU KRISTALIA Γυναίκα - 1988 (F30) - GRC	00:00:07 00:00:00	00:03:50 00:03:44	00:18:27 00:18:21	00:29:49 00:29:43	00:33:35 00:33:29	00:48:02 00:47:56	00:59:15 00:59:09
456	456	65	386	1574	SYNESIOS GEORGIOS Άνδρας - 2002 (M) - GRC	00:00:07 00:00:00	00:03:53 00:03:47	00:18:46 00:18:40	00:30:23 00:30:17	00:33:56 00:33:50	00:48:32 00:48:26	00:59:15 00:59:09
457	457	117	387	1738	KATSIORIS GEORGE Άνδρας - 1984 (M40) - GRC	00:00:16 00:00:00	00:03:53 00:03:37	00:17:56 00:17:40	00:29:46 00:29:30	00:33:34 00:33:18	00:47:41 00:47:26	00:59:18 00:59:02
458	458	118	388	1401	GEORGIU HARRIS Άνδρας - 1975 (M40) - GRC	00:00:23 00:00:00	00:04:15 00:03:52	00:19:15 00:18:52	00:31:29 00:31:06	00:35:15 00:34:53	00:49:18 00:48:55	00:59:20 00:58:58
459	459	18	71	1610	VITOU ISAVELLA Γυναίκα - 1982 (F40) - GRC MyAthlete	00:00:21 00:00:00	00:04:02 00:03:42	00:18:20 00:17:59	00:29:48 00:29:27	00:33:29 00:33:08	00:48:05 00:47:45	00:59:22 00:59:02
460	460	125	389	1118	KALOGIROS ANDREAS Άνδρας - 1986 (M30) - GRC	00:00:06 00:00:00	00:03:25 00:03:20	00:17:31 00:17:26	00:29:18 00:29:12	00:33:11 00:33:06	00:47:38 00:47:32	00:59:23 00:59:17

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Start	600m	3100m	5000m	5600m	8100m	Finish
461	461	126	390	1864	TSITOURAS KONSTANTINOS Άνδρας - 1994 (M30) - GRC	00:00:05 00:00:00	00:03:38 00:03:34	02:02:49 02:02:45	00:23:00 00:22:55	00:29:33 00:29:29	00:46:36 00:46:32	00:59:24 00:59:20
462	462	127	391	1579	THEODORAKIS STAVROS Άνδρας - 1991 (M30) - GRC DOLIH RUNNERS	00:00:30 00:00:00	00:04:16 00:03:47	00:18:19 00:17:50	00:29:44 00:29:15	00:33:21 00:32:52	00:47:42 00:47:12	00:59:25 00:58:55
463	463	119	392	1441	KELEPERTZIS EFSTRATIOS Άνδρας - 1980 (M40) - GRC	00:00:25 00:00:00	00:03:46 00:03:21	00:17:24 00:16:59	00:29:06 00:28:41	00:32:54 00:32:29	00:47:51 00:47:26	00:59:25 00:59:00
464	464	120	393	1412	GOURGOURINIS IOANNIS Άνδρας - 1978 (M40) - GRC	00:00:12 00:00:00	00:03:56 00:03:44	00:17:34 00:17:23	00:29:15 00:29:04	00:33:13 00:33:01	00:47:32 00:47:20	00:59:29 00:59:18
465	465	121	394	1405	GIANNIRIS VAIOS Άνδρας - 1983 (M40) - GRC	00:00:36 00:00:00	00:04:30 00:03:54	00:18:47 00:18:11	00:30:10 00:29:34	00:33:43 00:33:07	00:48:23 00:47:48	00:59:33 00:58:57
466	466	122	395	1284	VRONTAKIS ANDREAS Άνδρας - 1976 (M40) - GRC -	00:00:08 00:00:00	00:03:24 00:03:16	00:16:35 00:16:28	00:28:15 00:28:07	00:32:06 00:31:58	00:47:16 00:47:08	00:59:35 00:59:28
467	467	71	396	1534	PENITAS DIMITRIOS Άνδρας - 1971 (M50) - GRC Adidas Runners Athens	00:00:17 00:00:00	00:03:51 00:03:35	00:18:10 00:17:54	00:29:33 00:29:16	00:33:10 00:32:54	00:47:54 00:47:37	00:59:36 00:59:20
468	468	12	397	1272	TSIOUVAS XRISTOFOROS Άνδρας - 1964 (M60) - GRC	00:00:18 00:00:00	00:03:37 00:03:19	00:16:14 00:15:56	00:26:59 00:26:42	00:31:09 00:30:51	00:46:46 00:46:28	00:59:37 00:59:19
469	469	1	398	1400	GEORGAKIS ILIAS Άνδρας - 1951 (M70) - GRC SAFANS	00:00:39 00:00:00	00:05:05 00:04:26	00:18:53 00:18:14	00:30:17 00:29:38	00:34:00 00:33:21	00:48:23 00:47:45	00:59:38 00:58:59
470	470	128	399	1790	OIKONOMOPOULOS GEORGIOS Άνδρας - 1986 (M30) - GRC	00:00:08 00:00:00	00:03:19 00:03:12	00:16:51 00:16:44	00:28:29 00:28:22	00:32:23 00:32:15	00:47:38 00:47:31	00:59:38 00:59:31
471	471	123	400	1436	KATSAROS ACHILEFS Άνδρας - 1975 (M40) - GRC	00:00:24 00:00:00	00:04:06 00:03:43	00:18:06 00:17:43	00:30:03 00:29:39	00:33:46 00:33:23	00:47:55 00:47:31	00:59:42 00:59:19
472	472	19	72	1422	KALAITZIDI DIANA Γυναίκα - 1975 (F40) - GRC ΣΑΦΑΝΣ	00:00:07 00:00:00	00:03:54 00:03:47	00:18:30 00:18:23	00:30:44 00:30:37	00:34:35 00:34:29	00:48:52 00:48:45	00:59:45 00:59:38
473	473	72	401	1820	ROUHOTAS MANOS Άνδρας - 1973 (M50) - GRC	00:00:21 00:00:00	00:04:15 00:03:54	00:19:10 00:18:49	00:30:54 00:30:33	00:34:32 00:34:11	00:48:19 00:47:58	00:59:45 00:59:24
474	474	129	402	1727	KALOUSIS STAVROS Άνδρας - 1987 (M30) - GRC	00:00:08 00:00:00	00:03:56 00:03:48	00:18:16 00:18:09	00:29:59 00:29:51	00:33:44 00:33:36	00:48:29 00:48:21	00:59:46 00:59:38
475	475	73	403	1457	KROKIDIS DIMITRIS Άνδρας - 1972 (M50) - GRC DAK	00:00:13 00:00:00	00:03:45 00:03:32	00:17:47 00:17:34	00:29:48 00:29:35	00:33:35 00:33:22	00:48:16 00:48:03	00:59:47 00:59:34
476	476	66	404	1834	TATOULIS PANAGIOTIS Άνδρας - 2000 (M) - GRC	00:00:13 00:00:00	00:03:59 00:03:47	00:19:47 00:19:35	00:32:44 00:32:32	00:36:11 00:35:58	00:50:05 00:49:52	00:59:50 00:59:37
477	477	67	405	1117	KALANTZIS CHRISTOS Άνδρας - 1999 (M) - GRC -	00:00:14 00:00:00	00:03:59 00:03:46	00:19:49 00:19:35	00:32:45 00:32:31	00:36:10 00:35:57	00:50:04 00:49:50	00:59:50 00:59:37
478	478	130	406	1501	NIKOLAKAKOS DIMITRIS Άνδρας - 1985 (M30) - GRC	00:00:25 00:00:00	00:04:15 00:03:51	00:17:36 00:17:12	00:29:13 00:28:49	00:33:05 00:32:41	00:48:03 00:47:39	00:59:53 00:59:29
479	479	74	407	1343	AMYRAS PANOS Άνδρας - 1966 (M50) - GRC DIMOPOULOS COACHING	00:00:24 00:00:00	00:04:11 00:03:48	00:18:30 00:18:07	00:30:04 00:29:41	00:34:03 00:33:40	00:48:37 00:48:13	00:59:58 00:59:34
480	480	20	73	1570	STAVRINADOU CHRISTINA Γυναίκα - 1976 (F40) - GRC	00:00:32 00:00:00	00:04:08 00:03:37	00:18:31 00:18:00	00:30:03 00:29:32	00:33:42 00:33:11	00:48:38 00:48:07	00:59:58 00:59:27
481	481	75	408	1851	VARDIKOS MARKOS Άνδρας - 1973 (M50) - GRC	00:00:05 00:00:00	00:03:52 00:03:47	00:18:35 00:18:30	00:30:21 00:30:16	00:34:04 00:34:00	00:48:43 00:48:38	00:59:59 00:59:54
482	482	21	74	1617	XANTHOPOULOU SOFIA Γυναίκα - 1975 (F40) - GRC RUNZONE	00:00:11 00:00:00	00:03:57 00:03:47	00:18:01 00:17:51	00:29:37 00:29:27	00:33:40 00:33:29	00:48:06 00:47:55	01:00:03 00:59:53
483	483	124	409	1545	PROTOPAPAS VASILIS Άνδρας - 1977 (M40) - GRC	00:00:10 00:00:00	00:04:14 00:04:05	00:18:42 00:18:33	00:30:30 00:30:21	00:34:14 00:34:05	00:48:48 00:48:38	01:00:08 00:59:58
484	484	76	410	1813	PLOUMIS NICK Άνδρας - 1967 (M50) - GRC	00:00:14 00:00:00	00:04:13 00:03:59	00:18:33 00:18:19	00:30:05 00:29:51	00:33:44 00:33:30	00:48:18 00:48:04	01:00:08 00:59:54
485	485	9	75	1143	KOEKEMER MARIA Γυναίκα - 1970 (F50) - ZAF S.A.F.A.N.S	00:00:12 00:00:00	00:03:32 00:03:20	00:16:50 00:16:38	00:29:07 00:28:55	00:33:04 00:32:53	00:47:36 00:47:24	01:00:10 00:59:58
486	486	12	76	1536	PERISTERI MARIA Γυναίκα - 1996 (F) - GRC	00:00:08 00:00:00	00:03:35 00:03:27	00:17:00 00:16:52	00:29:24 00:29:17	00:33:15 00:33:07	00:47:59 00:47:51	01:00:10 01:00:03
487	487	13	77	1741	KEFALA THEONI Γυναίκα - 2002 (F) - GRC	00:00:16 00:00:00	00:03:23 00:03:08	00:16:09 00:15:53	00:27:16 00:27:01	00:31:02 00:30:47	00:45:13 00:44:57	01:00:11 00:59:56
488	488	125	411	1104	GIANNELIS ATHANASIOS Άνδρας - 1979 (M40) - GRC	00:00:19 00:00:00	00:03:51 00:03:32	00:18:07 00:17:48	00:29:48 00:29:29	00:33:31 00:33:12	00:48:41 00:48:22	01:00:15 00:59:56
489	489	126	412	1603	VASILEIOU PANAGIOTIS Άνδρας - 1979 (M40) - GRC	00:00:25 00:00:00	00:03:38 00:03:13	00:17:31 00:17:06	00:29:17 00:28:52	00:33:10 00:32:45	00:48:14 00:47:49	01:00:15 00:59:50
490	490	131	413	1683	CHANTZIOS SPYROS Άνδρας - 1985 (M30) - GRC	00:00:14 00:00:00	00:03:46 00:03:32	00:18:12 00:17:58	00:30:11 00:29:57	00:34:16 00:34:02	00:49:16 00:49:02	01:00:15 01:00:01
491	491	127	414	1576	SYRIGOS GIORGOS Άνδρας - 1980 (M40) - GRC	00:00:19 00:00:00	00:03:39 00:03:20	00:18:09 00:17:50	00:29:47 00:29:28	00:33:32 00:33:13	00:48:41 00:48:22	01:00:15 00:59:56
492	492	132	415	1728	KANTZAVELOS KONSTANTINOS Άνδρας - 1986 (M30) - GRC	00:00:20 00:00:00	00:03:40 00:03:21	00:18:09 00:17:50	00:29:48 00:29:28	00:33:31 00:33:12	00:48:41 00:48:21	01:00:15 00:59:55
493	493	133	416	1607	VENETOPOULOS FOTIS Άνδρας - 1988 (M30) - GRC	00:00:37 00:00:00	00:04:41 00:04:05	00:19:07 00:18:30	00:30:57 00:30:21	00:34:37 00:34:01	00:49:09 00:48:33	01:00:17 00:59:41

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Start	600m	3100m	5000m	5600m	8100m	Finish
494	494	77	417	1671	ARCHONTIDIS NIKOLAOS Άνδρας - 1970 (M50) - GRC	00:00:17 00:00:00	00:03:41 00:03:24	00:18:05 00:17:48	00:30:11 00:29:54	00:34:06 00:33:49	00:49:19 00:49:02	01:00:19 01:00:02
495	495	22	78	1500	NIEZGODA ANNA Γυναίκα - 1982 (F40) - POL	00:00:06 00:00:00	00:03:52 00:03:46	00:18:22 00:18:16	00:29:45 00:29:39	00:33:39 00:33:33	00:48:27 00:48:22	01:00:20 01:00:14
496	496	23	79	1543	POULAKI KONSTANTINA Γυναίκα - 1983 (F40) - GRC	00:00:11 00:00:00	00:03:57 00:03:46	00:17:32 00:17:22	00:29:06 00:28:55	00:32:57 00:32:47	00:47:55 00:47:44	01:00:22 01:00:11
497	497	128	418	1450	KOSTIANIS NIKOLAOS Άνδρας - 1977 (M40) - GRC	00:00:05 00:00:00	00:03:31 00:03:27	00:17:34 00:17:29	00:29:21 00:29:17	00:33:19 00:33:15	00:48:19 00:48:14	01:00:25 01:00:20
498	498	24	80	1563	SPANOU KALLIRROI Γυναίκα - 1983 (F40) - GRC The bar fitness project	00:00:23 00:00:00	00:04:18 00:03:55	00:19:06 00:18:43	00:30:54 00:30:31	00:34:37 00:34:14	00:49:11 00:48:48	01:00:25 01:00:02
499	499	68	419	1048	ALLAN RICHARD CONSTANDINE Άνδρας - 1998 (M) - GRC	00:00:32 00:00:00	00:04:04 00:03:33	00:17:20 00:16:49	00:29:04 00:28:33	00:33:11 00:32:39	00:48:13 00:47:42	01:00:26 00:59:55
500	500	134	420	1631	GIANNOPOULOS PAVLOS Άνδρας - 1987 (M30) - GRC PT BOX	00:00:07 00:00:00	00:04:03 00:03:57	00:18:15 00:18:09	00:30:13 00:30:07	00:34:00 00:33:53	00:48:57 00:48:50	01:00:27 01:00:20
501	501	10	81	1445	KOKOLAKI DIMITRA Γυναίκα - 1969 (F50) - GRC	00:00:16 00:00:00	00:03:45 00:03:30	00:17:32 00:17:16	00:29:37 00:29:22	00:33:34 00:33:18	00:48:22 00:48:07	01:00:32 01:00:17
502	502	14	82	1328	MOUROGIANNI AIKATERINI Γυναίκα - 2001 (F) - GRC Harbor Lab	00:00:07 00:00:00	00:03:39 00:03:32	00:18:44 00:18:37	00:30:32 00:30:26	00:34:16 00:34:10	00:49:21 00:49:14	01:00:34 01:00:27
503	503	69	421	1783	MYTALOULIS PANAGIOTIS Άνδρας - 1999 (M) - GRC Primal	00:00:13 00:00:00	00:04:36 00:04:23	00:18:34 00:18:22	00:30:13 00:30:00	00:33:57 00:33:45	00:48:40 00:48:27	01:00:34 01:00:21
504	504	25	83	1241	SKALKOU PENNY Γυναίκα - 1984 (F40) - GRC Spyp	00:00:22 00:00:00	00:03:40 00:03:19	00:17:44 00:17:22	00:29:57 00:29:36	00:33:57 00:33:36	00:48:54 00:48:33	01:00:36 01:00:15
505	505	2	422	1530	PATRAS ATHANASIOS Άνδρας - 1950 (M70) - GRC	00:00:20 00:00:00	00:04:00 00:03:41	00:17:38 00:17:19	00:29:26 00:29:07	00:33:20 00:33:00	00:47:51 00:47:31	01:00:37 01:00:18
506	506	26	84	1483	MAVRIKA MARIA Γυναίκα - 1977 (F40) - GRC	00:00:16 00:00:00	00:03:59 00:03:43	00:18:15 00:18:00	00:30:08 00:29:52	00:33:58 00:33:42	00:48:36 00:48:20	01:00:37 01:00:22
507	507	135	423	1588	TSIFLIKIOTIS CHRISTOS Άνδρας - 1988 (M30) - GRC	00:00:39 00:00:00	00:05:14 00:04:35	00:18:31 00:17:52	00:29:14 00:28:35	00:33:18 00:32:39	00:48:32 00:47:54	01:00:37 00:59:59
508	508	136	424	1329	PALAIOKOSTAS SPYRIDON Άνδρας - 1993 (M30) - GRC Harbor Lab	00:00:07 00:00:00	00:03:40 00:03:33	00:18:44 00:18:38	00:30:32 00:30:26	00:34:16 00:34:09	00:49:20 00:49:14	01:00:39 01:00:32
509	509	78	425	1551	SARTZETAKIS THEODOROS Άνδρας - 1971 (M50) - GRC	00:00:24 00:00:00	00:04:01 00:03:37	00:17:32 00:17:08	00:29:08 00:28:44	00:33:06 00:32:42	00:48:15 00:47:51	01:00:42 01:00:19
510	510	129	426	1737	KATSIONIS DIMITRIOS Άνδρας - 1977 (M40) - GRC	00:00:03 00:00:00	00:03:12 00:03:09	00:18:09 00:18:06	00:30:06 00:30:03	00:33:55 00:33:52	00:48:48 00:48:45	01:00:43 01:00:40
511	511	70	427	1083	CHONDROS VASILEIOS Άνδρας - 2002 (M) - GRC Primal	00:00:13 00:00:00	00:03:26 00:03:13	00:17:30 00:17:17	00:29:48 00:29:36	00:33:51 00:33:39	00:49:23 00:49:11	01:00:44 01:00:32
512	512	27	85	1715	GIATSIOU VAIA Γυναίκα - 1980 (F40) - GRC	00:00:37 00:00:00	00:04:22 00:03:45	00:18:57 00:18:21	00:30:53 00:30:16	00:34:41 00:34:05	00:49:40 00:49:03	01:00:46 01:00:10
513	513	33	86	1565	SPYROY PANAGIOTA-MARIA Γυναίκα - 1989 (F30) - GRC PRIMAL	00:00:12 00:00:00	00:03:33 00:03:22	00:17:38 00:17:26	00:29:47 00:29:36	00:34:04 00:33:52	00:49:14 00:49:03	01:00:47 01:00:36
514	514	71	428	1350	ARVANITIS AGGELOS Άνδρας - 1998 (M) - GRC	00:00:27 00:00:00	00:04:10 00:03:43	00:18:38 00:18:12	00:30:42 00:30:15	00:34:35 00:34:08	00:49:09 00:48:42	01:00:48 01:00:21
515	515	15	87	1345	ANDROGLOU DANAI Γυναίκα - 1999 (F) - GRC	00:00:27 00:00:00	00:04:10 00:03:44	00:18:38 00:18:11	00:30:42 00:30:16	00:34:35 00:34:08	00:49:10 00:48:43	01:00:48 01:00:21
516	516	79	429	1531	PAVLIDIS VASILEIOS Άνδρας - 1973 (M50) - GRC	00:00:10 00:00:00	00:03:46 00:03:36	00:16:39 00:16:30	00:28:30 00:28:20	00:32:28 00:32:19	00:48:01 00:47:51	01:00:49 01:00:39
517	517	130	430	1679	BONAROS STAVROS Άνδρας - 1983 (M40) - GRC	00:00:22 00:00:00	00:04:01 00:03:40	00:18:39 00:18:18	00:30:11 00:29:50	00:33:57 00:33:35	00:48:49 00:48:28	01:00:51 01:00:30
518	518	137	431	1339	MALLIAROS PANOS Άνδρας - 1985 (M30) - GRC Σιούφας και Συνεργάτες	00:00:18 00:00:00	00:03:56 00:03:39	00:17:07 00:16:49	00:28:58 00:28:40	00:32:48 00:32:31	00:48:34 00:48:16	01:00:51 01:00:34
519	519	138	432	1388	DELIVELIOTIS KONSTANTINOS Άνδρας - 1992 (M30) - GRC	00:00:28 00:00:00	00:04:13 00:03:45	00:18:08 00:17:40	00:29:33 00:29:05	00:33:20 00:32:52	00:48:55 00:48:28	01:00:56 01:00:28
520	520	16	88	1721	GOUSIA ROZINA Γυναίκα - 1995 (F) - GRC	00:00:04 00:00:00	00:03:36 00:03:32	00:18:14 00:18:10	00:30:15 00:30:11	00:34:01 00:33:57	00:48:59 00:48:56	01:01:01 01:00:58
521	521	34	89	1822	SERELI SEVASTI Γυναίκα - 1994 (F30) - GRC	00:00:35 00:00:00	00:04:27 00:03:53	00:19:05 00:18:31	00:30:57 00:30:23	00:34:53 00:34:19	00:49:40 00:49:06	01:01:03 01:00:29
522	522	131	433	1458	KYRIAKIDIS THEOFILOS Άνδρας - 1984 (M40) - GRC	00:00:29 00:00:00	00:04:16 00:03:47	00:18:52 00:18:24	00:31:01 00:30:33	00:34:53 00:34:25	00:49:31 00:49:02	01:01:09 01:00:41
523	523	132	434	1667	ANDREADAKIS ALEXANDROS Άνδρας - 1983 (M40) - GRC	00:00:35 00:00:00	00:04:26 00:03:51	00:18:54 00:18:19	00:30:45 00:30:10	00:34:52 00:34:17	00:49:18 00:48:43	01:01:11 01:00:36
524	524	139	435	1465	LAZARIDIS GIANNIS Άνδρας - 1993 (M30) - GRC	00:00:40 00:00:00	00:04:28 00:03:49	00:19:26 00:18:47	00:31:20 00:30:41	00:35:09 00:34:29	00:49:44 00:49:05	01:01:21 01:00:41
525	525	35	90	1676	BEKA ELEFThERIA Γυναίκα - 1986 (F30) - GRC	00:00:35 00:00:00	00:04:26 00:03:51	00:18:55 00:18:20	00:30:45 00:30:10	00:34:52 00:34:17	00:49:19 00:48:44	01:01:22 01:00:47
526	526	36	91	1567	STAMOGIORGOU VIVI Γυναίκα - 1994 (F30) - GRC	00:00:15 00:00:00	00:03:56 00:03:42	00:18:16 00:18:02	00:30:26 00:30:12	00:34:13 00:33:59	00:49:11 00:48:56	01:01:27 01:01:13

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Start	600m	3100m	5000m	5600m	8100m	Finish
527	527	80	436	1550	SAOURIDIS CHRISTOFOROS Άνδρας - 1966 (M50) - GRC ΣΑΦΑΝΣ	00:00:10 00:00:00	00:03:55 00:03:46	00:18:35 00:18:26	00:30:46 00:30:36	00:34:48 00:34:39	00:50:07 00:49:57	01:01:31 01:01:22
528	528	81	437	1561	SOTIRIADIS CONSTANTINOS Άνδρας - 1966 (M50) - GRC	00:00:23 00:00:00	00:04:18 00:03:56	00:19:15 00:18:53	00:31:15 00:30:53	00:34:58 00:34:36	00:49:57 00:49:35	01:01:32 01:01:10
529	529	11	92	1427	KAPERNAROU FAIDRA Γυναίκα - 1970 (F50) - GRC -	00:00:03 00:00:00	00:03:36 00:03:34	00:18:03 00:18:01	00:30:05 00:30:03	00:34:01 00:33:59	00:49:21 00:49:18	01:01:33 01:01:30
530	530	72	438	1708	GEORGIADIS ANTONIOS Άνδρας - 2011 (M) - GRC VIKINGS HELLAS	00:00:43 00:00:00	00:04:44 00:04:02	00:20:31 00:19:48	00:33:49 00:33:06	00:37:53 00:37:10	00:51:28 00:50:45	01:01:36 01:00:53
531	531	82	439	1526	PAPPAS DIMITRIOS Άνδρας - 1966 (M50) - GRC	00:00:13 00:00:00	00:04:01 00:03:48	00:18:34 00:18:21	00:30:36 00:30:23	00:34:29 00:34:17	00:49:31 00:49:19	01:01:50 01:01:38
532	532	37	93	1130	KARAMPARPA SYLVANA Γυναίκα - 1989 (F30) - GRC	00:00:19 00:00:00	00:04:16 00:03:57	00:19:26 00:19:08	00:31:25 00:31:06	00:35:20 00:35:01	00:50:11 00:49:52	01:01:54 01:01:35
533	533	38	94	1525	PAPPA XRYSA Γυναίκα - 1989 (F30) - GRC	00:00:25 00:00:00	00:04:13 00:03:49	00:17:55 00:17:31	00:29:47 00:29:23	00:33:36 00:33:12	00:48:53 00:48:29	01:01:56 01:01:32
534	534	140	440	1763	LAMPOS PANAGIOTIS Άνδρας - 1993 (M30) - GRC	00:00:07 00:00:00	00:03:25 00:03:19	00:17:17 00:17:10	00:29:57 00:29:51	00:34:12 00:34:05	00:50:25 00:50:18	01:02:02 01:01:55
535	535	12	95	1502	NIKOLOVA ANDREANA Γυναίκα - 1974 (F50) - BGR Fitnes hall	00:00:38 00:00:00	00:05:21 00:04:44	00:19:51 00:19:14	00:31:40 00:31:03	00:35:25 00:34:48	00:50:21 00:49:44	01:02:02 01:01:25
536	536	133	441	1595	TZIOLAS NIKOLAOS Άνδρας - 1975 (M40) - GRC	00:00:29 00:00:00	00:04:20 00:03:52	00:19:14 00:18:46	00:31:33 00:31:04	00:35:27 00:34:59	00:50:37 00:50:09	01:02:05 01:01:36
537	537	28	96	1134	KARATZA DANAE Γυναίκα - 1982 (F40) - GRC	00:00:32 00:00:00	00:04:24 00:03:53	00:18:48 00:18:17	00:30:47 00:30:16	00:34:41 00:34:10	00:49:40 00:49:09	01:02:12 01:01:41
538	538	13	97	1259	TOULOUMIDOU KATERINA Γυναίκα - 1973 (F50) - GRC	00:00:32 00:00:00	00:04:24 00:03:53	00:18:48 00:18:17	00:30:47 00:30:16	00:34:40 00:34:09	00:49:40 00:49:09	01:02:12 01:01:41
539	539	141	442	1416	ILIOPOULOS THEODOROS Άνδρας - 1986 (M30) - GRC	00:00:15 00:00:00	00:03:28 00:03:14	00:17:47 00:17:33	00:30:08 00:29:54	00:33:54 00:33:40	00:49:45 00:49:31	01:02:14 01:02:00
540	540	83	443	1426	KANNOS DIMITRIOS Άνδρας - 1973 (M50) - GRC	00:00:15 00:00:00	00:04:19 00:04:04	00:19:13 00:18:59	00:31:07 00:30:53	00:34:57 00:34:43	00:49:56 00:49:42	01:02:16 01:02:01
541	541	134	444	1340	AFRIDIS LAZAROS Άνδρας - 1982 (M40) - GRC	00:00:12 00:00:00	00:03:55 00:03:44	00:18:21 00:18:10	00:30:56 00:30:45	00:35:04 00:34:52	00:50:08 00:49:57	01:02:16 01:02:05
542	542	84	445	1469	LOLIS GEORGIOS Άνδρας - 1973 (M50) - GRC ΣΑΦΑΝΣ	00:00:07 00:00:00	00:03:55 00:03:49	00:18:36 00:18:29	00:30:45 00:30:39	00:34:59 00:34:52	00:50:07 00:50:00	01:02:18 01:02:12
543	543	85	446	1428	KAPPAS XENOPHON Άνδρας - 1973 (M50) - GRC	00:00:27 00:00:00	00:04:31 00:04:05	00:20:05 00:19:39	00:32:09 00:31:43	00:36:13 00:35:47	00:50:47 00:50:21	01:02:21 01:01:55
544	544	17	98	1375	CHATZIANDREOU MARIA Γυναίκα - 1995 (F) - GRC	00:00:27 00:00:00	00:04:12 00:03:46	00:18:38 00:18:11	00:30:53 00:30:27	00:34:49 00:34:23	00:50:03 00:49:36	01:02:21 01:01:55
545	545	73	447	1380	CHOTZALLI DIMITRIOS Άνδρας - 2000 (M) - GRC	00:00:16 00:00:00	00:04:05 00:03:49	00:19:20 00:19:05	00:31:41 00:31:25	00:35:36 00:35:20	00:50:45 00:50:29	01:02:25 01:02:10
546	546	135	448	1351	ASIMAKIS DIMITRIS Άνδρας - 1982 (M40) - GRC	00:00:12 00:00:00	00:03:52 00:03:41	00:18:22 00:18:11	00:30:45 00:30:34	00:34:39 00:34:28	00:50:10 00:49:59	01:02:35 01:02:24
547	547	136	449	1471	LYMPERIS CHRISTOS Άνδρας - 1976 (M40) - GRC ΣΑΦΑΝΣ	00:00:06 00:00:00	00:03:57 00:03:51	00:18:35 00:18:30	00:30:45 00:30:39	00:34:59 00:34:53	00:50:07 00:50:01	01:02:44 01:02:38
548	548	86	450	1439	KEFALAS GEORGE Άνδρας - 1974 (M50) - GRC	00:00:25 00:00:00	00:04:18 00:03:53	00:19:01 00:18:36	00:31:02 00:30:38	00:34:49 00:34:25	00:50:01 00:49:37	01:02:45 01:02:21
549	549	87	451	1771	MANIATIS SPYRIDON Άνδρας - 1973 (M50) - GRC	00:00:36 00:00:00	00:04:22 00:03:46	00:18:57 00:18:21	00:30:53 00:30:17	00:34:41 00:34:05	00:50:09 00:49:33	01:02:46 01:02:10
550	550	88	452	1690	CONSTANTINOS GIANNOULAKIS Άνδρας - 1974 (M50) - GRC	00:00:03 00:00:00	00:03:32 00:03:29	00:18:38 00:18:36	00:31:05 00:31:03	00:34:59 00:34:57	00:50:18 00:50:16	01:02:47 01:02:44
551	551	89	453	1489	MICHALITSIS GEORGE Άνδρας - 1966 (M50) - GRC ανεξάρτητος	00:00:14 00:00:00	00:04:18 00:04:04	00:19:08 00:18:55	00:31:31 00:31:18	00:35:49 00:35:35	00:50:38 00:50:25	01:02:47 01:02:34
552	552	142	454	1736	KATSAMAKAS KONSTANTINOS Άνδρας - 1988 (M30) - GRC	00:00:18 00:00:00	00:03:56 00:03:39	00:18:47 00:18:30	00:30:58 00:30:41	00:34:57 00:34:40	00:50:09 00:49:52	01:02:48 01:02:30
553	553	74	455	1384	DALEZIOS KONSTANTINOS Άνδρας - 1998 (M) - GRC	00:00:04 00:00:00	00:03:03 00:02:59	00:16:41 00:16:37	00:29:26 00:29:22	00:33:51 00:33:47	00:49:51 00:49:47	01:02:50 01:02:46
554	554	39	99	1473	MAHMOUDI LEILA Γυναίκα - 1989 (F30) - TUN ANEY	00:00:05 00:00:00	00:03:46 00:03:42	00:18:37 00:18:33	00:31:27 00:31:22	00:35:23 00:35:18	00:50:37 00:50:32	01:02:55 01:02:50
555	555	143	456	1835	TETELENIS ALEXANDROS Άνδρας - 1991 (M30) - GRC	00:00:16 00:00:00	00:04:09 00:03:53	00:19:44 00:19:28	00:32:06 00:31:50	00:35:58 00:35:43	00:51:25 00:51:09	01:02:57 01:02:42
556	556	137	457	1455	KOUTLOGLOU VASSILIS Άνδρας - 1978 (M40) - GRC	00:00:09 00:00:00	00:03:34 00:03:25	00:16:49 00:16:41	00:29:01 00:28:52	00:33:26 00:33:17	00:49:26 00:49:18	01:02:59 01:02:50
557	557	144	458	1624	CHOTROUDIS MICHAIL Άνδρας - 1991 (M30) - GRC	00:00:21 00:00:00	00:03:58 00:03:38	00:18:03 00:17:43	00:30:44 00:30:24	00:34:55 00:34:35	00:50:21 00:50:01	01:03:02 01:02:41
558	558	13	459	1484	MERMIGAS STAMATIOS Άνδρας - 1964 (M60) - GRC	00:00:14 00:00:00	00:04:09 00:03:56	00:19:07 00:18:54	00:31:30 00:31:17	00:35:48 00:35:35	00:50:26 00:50:12	01:03:06 01:02:53
559	559	138	460	1616	VRANAS DIMITRIOS Άνδρας - 1979 (M40) - GRC	00:00:32 00:00:00	00:04:27 00:03:55	00:20:37 00:20:05	00:33:29 00:32:57	00:37:34 00:37:02	00:52:09 00:51:37	01:03:16 01:02:44

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Start	600m	3100m	5000m	5600m	8100m	Finish
560	560	139	461	1472	LYMPERIS GEORGIOS Άνδρας - 1983 (M40) - GRC	00:00:29 00:00:00	00:04:21 00:03:52	00:19:21 00:18:52	00:31:43 00:31:14	00:35:40 00:35:11	00:51:46 00:51:17	01:03:17 01:02:48
561	561	145	462	1611	VITTAS DIMITRIOS Άνδρας - 1989 (M30) - GRC	00:00:29 00:00:00	00:04:23 00:03:54	00:19:22 00:18:53	00:31:43 00:31:14	00:35:41 00:35:12	00:51:48 00:51:20	01:03:17 01:02:48
562	562	40	100	1609	VERSCHUERE JENNIFER Γυναίκα - 1994 (F30) - GRC	00:00:20 00:00:00	00:04:27 00:04:07	00:19:07 00:18:47	00:31:18 00:30:58	00:35:31 00:35:11	00:51:22 00:51:02	01:03:22 01:03:02
563	563	75	463	1853	VELISSARIOU DIMITRIOS Άνδρας - 1998 (M) - GRC	00:00:35 00:00:00	00:04:30 00:03:56	00:20:15 00:19:41	00:32:47 00:32:13	00:36:32 00:35:58	00:51:25 00:50:51	01:03:24 01:02:50
564	564	90	464	1709	GEORGIADIS GEORGIOS Άνδρας - 1967 (M50) - GRC VIKINGS HELLAS	00:00:42 00:00:00	00:04:45 00:04:03	00:20:31 00:19:49	00:33:49 00:33:07	00:37:53 00:37:12	00:52:04 00:51:22	01:03:27 01:02:45
565	565	14	465	1600	VASILARAKIS KONSTANTINOS Άνδρας - 1963 (M60) - GRC ΒΡΑΔΥΠΟΔΕΣ	00:00:17 00:00:00	00:04:25 00:04:08	00:20:14 00:19:57	00:32:24 00:32:08	00:36:15 00:35:58	00:51:21 00:51:05	01:03:29 01:03:13
566	566	146	466	1523	PAPOULIAS CHRIS JASON Άνδρας - 1990 (M30) - GRC	00:00:21 00:00:00	00:04:14 00:03:53	00:19:09 00:18:48	00:31:27 00:31:06	00:35:28 00:35:08	00:52:11 00:51:50	01:03:38 01:03:17
567	567	14	101	1057	ASIMAKI ELENA Γυναίκα - 1971 (F50) - GRC ΣΑΦΑΝΣ	00:00:13 00:00:00	00:04:05 00:03:52	00:19:11 00:18:58	00:31:32 00:31:19	00:35:53 00:35:40	00:51:20 00:51:07	01:03:44 01:03:32
568	568	91	467	1326	PAPAIOANNOU IOANNIS Άνδρας - 1965 (M50) - GRC AMBIENCE SERVICES	00:00:23 00:00:00	00:04:13 00:03:50	00:18:31 00:18:08	00:30:38 00:30:16	00:34:38 00:34:15	00:50:32 00:50:09	01:03:45 01:03:22
569	569	41	102	1330	PONTIKOU KYRIAKI Γυναίκα - 1991 (F30) - GRC Harbor Lab	00:00:08 00:00:00	00:03:34 00:03:27	00:18:41 00:18:33	00:31:18 00:31:10	00:35:53 00:35:46	00:51:05 00:50:58	01:03:48 01:03:41
570	570	92	468	1823	SINESIOS MARIOS Άνδρας - 1969 (M50) - GRC	00:00:06 00:00:00	00:03:48 00:03:42	00:19:03 00:18:57	00:32:01 00:31:55	00:35:58 00:35:52	00:51:18 00:51:12	01:03:50 01:03:44
571	571	93	469	1368	BOULET GERALD Άνδρας - 1973 (M50) - FRA	00:00:31 00:00:00	00:04:27 00:03:57	00:20:02 00:19:31	00:32:33 00:32:03	00:36:32 00:36:01	00:51:58 00:51:27	01:04:03 01:03:32
572	572	76	470	1369	BRAMBATTI RODRIGUES KEVELYN Άνδρας - 1996 (M) - BRA	00:00:30 00:00:00	00:04:19 00:03:49	00:19:43 00:19:13	00:32:03 00:31:34	00:36:04 00:35:35	00:51:31 00:51:01	01:04:04 01:03:34
573	573	42	103	1811	PLEXIDA MARIA Γυναίκα - 1994 (F30) - GRC ΑΣΠΡΟΣ ΚΑΦΕΣ	00:00:08 00:00:00	00:03:55 00:03:48	00:18:45 00:18:38	00:31:07 00:30:59	00:34:59 00:34:51	00:50:12 00:50:04	01:04:07 01:03:59
574	574	18	104	1456	KRASANAKI MARIANNA Γυναίκα - 1998 (F) - GRC	00:00:41 00:00:00	00:05:03 00:04:23	00:19:48 00:19:08	00:31:55 00:31:15	00:35:59 00:35:19	00:51:35 00:50:55	01:04:08 01:03:28
575	575	147	471	1812	PLEXIDAS STERGIOS Άνδρας - 1989 (M30) - GRC ΑΣΠΡΟΣ ΚΑΦΕΣ	00:00:08 00:00:00	00:03:54 00:03:47	00:18:45 00:18:37	00:31:08 00:31:00	00:35:21 00:35:14	00:50:47 00:50:39	01:04:10 01:04:02
576	576	140	472	1745	KONSTANTINIDIS ARISTOTELIS Άνδρας - 1981 (M40) - GRC	00:00:08 00:00:00	00:04:01 00:03:53	00:20:08 00:20:00	00:32:40 00:32:32	00:36:30 00:36:22	00:52:03 00:51:55	01:04:11 01:04:03
577	577	148	473	1742	KEFALLINOS GIANNIS Άνδρας - 1985 (M30) - GRC	00:00:04 00:00:00	00:03:51 00:03:47	00:19:28 00:19:25	00:32:19 00:32:16	00:36:33 00:36:30	00:52:05 00:52:02	01:04:18 01:04:15
578	578	141	474	1758	KOUTRAS APOSTOLOS Άνδρας - 1984 (M40) - GRC	00:00:04 00:00:00	00:03:51 00:03:48	00:19:29 00:19:25	00:32:20 00:32:16	00:36:34 00:36:30	00:52:04 00:52:01	01:04:18 01:04:15
579	579	149	475	1542	POLYZOS PAVLOS Άνδρας - 1994 (M30) - GRC	00:00:21 00:00:00	00:04:13 00:03:52	00:19:16 00:18:55	00:31:17 00:30:57	00:35:12 00:34:51	00:50:30 00:50:09	01:04:20 01:03:59
580	580	150	476	1520	PAPASTATHIS STELIOS Άνδρας - 1990 (M30) - GRC	00:00:37 00:00:00	00:04:32 00:03:55	00:20:04 00:19:28	00:32:31 00:31:54	00:36:30 00:35:53	00:52:14 00:51:37	01:04:22 01:03:45
581	581	151	477	1528	PARARAS JOHN Άνδρας - 1990 (M30) - GRC STOIXIMAN Wheels of Change	00:00:37 00:00:00	00:04:32 00:03:55	00:20:05 00:19:28	00:32:31 00:31:54	00:36:30 00:35:53	00:52:14 00:51:37	01:04:22 01:03:45
582	582	43	105	1688	CHRISTOPOULOU AIKATERINI Γυναίκα - 1985 (F30) - GRC	00:00:09 00:00:00	00:05:01 00:04:53	00:19:52 00:19:43	00:32:22 00:32:14	00:36:32 00:36:24	00:51:44 00:51:35	01:04:24 01:04:15
583	583	29	106	1377	CHIOTELI FANI Γυναίκα - 1978 (F40) - GRC	00:00:16 00:00:00	00:03:41 00:03:26	00:17:26 00:17:11	00:30:18 00:30:03	00:34:30 00:34:15	00:50:24 00:50:09	01:04:25 01:04:10
584	584	94	478	1857	ZERBIB STEPHANE Άνδρας - 1972 (M50) - FRA	00:00:38 00:00:00	00:04:28 00:03:50	00:20:02 00:19:24	00:32:34 00:31:56	00:36:32 00:35:55	00:51:58 00:51:21	01:04:28 01:03:51
585	585	15	107	1620	ZERBIB NATHALIE Γυναίκα - 1970 (F50) - FRA	00:00:31 00:00:00	00:04:28 00:03:57	00:20:01 00:19:30	00:32:34 00:32:03	00:36:32 00:36:01	00:51:58 00:51:27	01:04:29 01:03:58
586	586	16	108	1404	GIAMPILI MATINA Γυναίκα - 1974 (F50) - GRC ANEΞΑΡΤΗΤΗ	00:00:09 00:00:00	00:04:17 00:04:09	00:19:41 00:19:33	00:32:58 00:32:50	00:37:05 00:36:56	00:52:12 00:52:04	01:04:30 01:04:21
587	587	44	109	1391	DIXON MELISSA Γυναίκα - 1987 (F30) - USA	00:00:30 00:00:00	00:04:09 00:03:40	00:19:10 00:18:41	00:31:36 00:31:07	00:36:03 00:35:34	00:51:42 00:51:12	01:04:34 01:04:05
588	588	142	479	1378	CHOLEVAS DIMITRIOS Άνδρας - 1984 (M40) - GRC	00:00:17 00:00:00	00:04:05 00:03:49	00:20:01 00:19:44	00:33:54 00:33:37	00:38:00 00:37:44	00:52:35 00:52:18	01:04:44 01:04:27
589	589	45	110	1564	SPYRATOU MARIA Γυναίκα - 1987 (F30) - GRC	00:00:04 00:00:00	00:04:12 00:04:08	00:20:04 00:20:01	00:32:55 00:32:51	00:36:53 00:36:50	00:52:47 00:52:43	01:05:05 01:05:01
590	590	143	480	1521	PAPATHEODOROU GEORGE Άνδρας - 1978 (M40) - GRC	00:00:36 00:00:00	00:04:21 00:03:46	00:19:13 00:18:38	00:31:31 00:30:56	00:36:47 00:36:12	00:52:52 00:52:17	01:05:14 01:04:39
591	591	77	481	1341	AKALESTOS KONSTANTINOS RARAIL Άνδρας - 2001 (M) - GRC	00:00:21 00:00:00	00:04:00 00:03:39	00:18:12 00:17:51	00:31:31 00:31:10	00:35:55 00:35:34	00:51:51 00:51:30	01:05:16 01:04:55
592	592	30	111	1468	LEVENTI ELENA Γυναίκα - 1977 (F40) - GRC	00:00:13 00:00:00	00:04:08 00:03:55	00:20:02 00:19:50	00:32:55 00:32:43	00:36:52 00:36:39	00:52:46 00:52:33	01:05:21 01:05:08

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Start	600m	3100m	5000m	5600m	8100m	Finish
593	593	152	482	1433	KARATZIS ANTONIS Άνδρας - 1992 (M30) - GRC	00:00:40 00:00:00	00:04:14 00:03:35	00:19:04 00:18:25	00:31:29 00:30:50	00:35:49 00:35:09	00:51:54 00:51:15	01:05:26 01:04:47
594	594	153	483	1891	MAVROUDIS DIMITRIS Άνδρας - 1989 (M30) - GRC	00:00:16 00:00:00	00:03:54 00:03:39	00:19:27 00:19:11	00:32:32 00:32:17	00:36:36 00:36:20	00:52:37 00:52:22	01:05:29 01:05:14
595	595	144	484	1515	PAPADIMITRIΟΥ DIMITRIOS Άνδρας - 1979 (M40) - GRC	00:00:18 00:00:00	00:03:58 00:03:40	00:18:28 00:18:11	00:30:58 00:30:40	00:35:20 00:35:02	00:51:53 00:51:36	01:05:33 01:05:16
596	596	46	112	1311	VASILIOY ARGYROULA Γυναίκα - 1990 (F30) - GRC	00:00:04 00:00:00	00:03:56 00:03:53	00:19:17 00:19:14	00:32:01 00:31:58	00:36:12 00:36:09	00:52:22 00:52:19	01:05:38 01:05:35
597	597	78	485	1793	PANAGIOTOPOULOS NIKITAS Άνδρας - 2001 (M) - GRC	00:00:17 00:00:00	00:04:28 00:04:11	00:20:06 00:19:50	00:33:02 00:32:46	00:37:03 00:36:46	00:52:59 00:52:42	01:05:38 01:05:22
598	598	15	486	1495	MPOUNOS IOANNIS Άνδρας - 1959 (M60) - GRC	00:00:04 00:00:00	00:04:11 00:04:08	00:20:04 00:20:01	00:32:55 00:32:52	00:37:00 00:36:56	00:52:54 00:52:51	01:05:39 01:05:36
599	599	47	113	1798	PAPALITSA AFRODITI Γυναίκα - 1989 (F30) - GRC	00:00:05 00:00:00	00:03:38 00:03:34	00:19:20 00:19:16	00:32:05 00:32:01	00:36:16 00:36:12	00:52:56 00:52:52	01:05:41 01:05:37
600	600	145	487	1453	KOUKIS VANGELIS Άνδρας - 1979 (M40) - GRC	00:00:08 00:00:00	00:03:46 00:03:38	00:19:19 00:19:12	00:32:36 00:32:29	00:36:40 00:36:33	00:52:58 00:52:51	01:05:42 01:05:35
601	601	31	114	1459	KYRIAKOPOYLOU ASIMINA Γυναίκα - 1984 (F40) - GRC	00:00:11 00:00:00	00:03:57 00:03:46	00:18:37 00:18:27	00:32:02 00:31:51	00:36:16 00:36:06	00:52:43 00:52:33	01:05:43 01:05:33
602	602	146	488	1386	DASKALAKIS ANTONIOS Άνδρας - 1978 (M40) - GRC ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	00:00:15 00:00:00	00:03:48 00:03:33	00:18:28 00:18:14	00:31:24 00:31:09	00:35:42 00:35:28	00:52:17 00:52:03	01:05:47 01:05:33
603	603	154	489	1580	THEODORIDIS ILIAS Άνδρας - 1989 (M30) - GRC	00:00:24 00:00:00	00:04:16 00:03:52	00:19:03 00:18:39	00:31:15 00:30:51	00:35:16 00:34:53	00:51:39 00:51:16	01:06:04 01:05:40
604	604	95	490	1454	KOURIS VASILEIOS Άνδρας - 1973 (M50) - GRC	00:00:25 00:00:00	00:04:03 00:03:38	00:17:57 00:17:32	00:30:56 00:30:31	00:35:27 00:35:02	00:52:00 00:51:35	01:06:08 01:05:44
605	605	147	491	1215	PAPAGRIGORIOY EVANGELOS Άνδρας - 1979 (M40) - GRC	00:00:23 00:00:00	00:04:06 00:03:43	00:19:16 00:18:53	00:31:41 00:31:18	00:35:39 00:35:16	00:51:55 00:51:32	01:06:12 01:05:49
606	606	148	492	1604	VASILOPOYLOS NIKOLAOS Άνδρας - 1979 (M40) - GRC Gerakas Running team	00:00:10 00:00:00	00:04:15 00:04:05	00:20:26 00:20:16	00:33:15 00:33:05	00:37:23 00:37:14	00:53:24 00:53:14	01:06:26 01:06:17
607	607	79	493	1858	ZISIS GEORGIOS Άνδρας - 1998 (M) - GRC	00:00:14 00:00:00	00:04:01 00:03:48	00:19:53 00:19:39	00:32:46 00:32:33	00:36:58 00:36:45	00:53:57 00:53:43	01:06:27 01:06:14
608	608	48	115	1336	PASXOU VENETIA Γυναίκα - 1994 (F30) - GRC PT BOX	00:00:07 00:00:00	00:04:03 00:03:56	00:20:00 00:19:54	00:33:04 00:32:57	00:37:15 00:37:08	00:53:54 00:53:47	01:06:29 01:06:22
609	609	3	494	1462	LAMPROPOYLOS APOSTOLOS Άνδρας - 1953 (M70) - GRC	00:00:18 00:00:00	00:04:09 00:03:52	00:19:22 00:19:05	00:32:16 00:31:59	00:36:28 00:36:11	00:53:03 00:52:45	01:06:32 01:06:15
610	610	19	116	1393	EICHHORN EMMA Γυναίκα - 1995 (F) - USA	00:00:05 00:00:00	00:03:38 00:03:33	00:18:41 00:18:36	00:30:05 00:30:00	00:35:54 00:35:49	00:53:19 00:53:14	01:06:43 01:06:38
611	611	49	117	1559	SMITH CHLOE Γυναίκα - 1989 (F30) - GBR	00:00:05 00:00:00	00:03:37 00:03:32	00:18:41 00:18:36	00:30:05 00:30:00	00:35:53 00:35:49	00:53:19 00:53:14	01:06:43 01:06:39
612	612	155	495	1383	CHRISTOU NIKOLAOS Άνδρας - 1994 (M30) - GRC	00:00:07 00:00:00	00:04:07 00:04:00	00:20:08 00:20:02	00:33:25 00:33:18	00:37:28 00:37:21	00:54:39 00:54:32	01:06:51 01:06:44
613	613	156	496	1524	PAPOUTSIS PANAGIOTIS Άνδρας - 1989 (M30) - GRC	00:00:08 00:00:00	00:04:08 00:04:01	00:20:07 00:20:00	00:34:04 00:33:57	00:37:59 00:37:52	00:54:42 00:54:35	01:06:52 01:06:44
614	614	149	497	1850	VAMVAKIDIS STEFANOS Άνδρας - 1984 (M40) - GRC	00:00:34 00:00:00	00:04:46 00:04:12	00:20:12 00:19:38	00:32:58 00:32:24	00:37:06 00:36:32	00:53:35 00:53:01	01:06:55 01:06:21
615	615	17	118	1821	SEISOPOYLOU NIKOLETTA Γυναίκα - 1969 (F50) - GRC	00:00:12 00:00:00	00:04:05 00:03:53	00:19:07 00:18:55	00:32:15 00:32:04	00:36:40 00:36:28	00:53:02 00:52:50	01:07:03 01:06:52
616	616	16	498	1342	ALAKIOTIS ANTONIOS Άνδρας - 1955 (M60) - GRC	00:00:41 00:00:00	00:05:53 00:05:13	00:21:41 00:21:00	00:36:22 00:35:41	- 00:53:16	00:53:56 00:53:16	01:07:09 01:06:29
617	617	18	119	1394	FELOUKA DIMITRA Γυναίκα - 1971 (F50) - GRC	00:00:38 00:00:00	00:05:28 00:04:50	00:20:49 00:20:11	00:33:31 00:32:53	00:37:43 00:37:05	00:53:54 00:53:16	01:07:09 01:06:31
618	618	157	499	1539	PITHAROULIS CHRYSANTHOS Άνδρας - 1988 (M30) - GRC	00:00:17 00:00:00	00:04:20 00:04:03	00:20:55 00:20:39	00:34:35 00:34:18	00:38:43 00:38:26	00:55:47 00:55:31	01:07:38 01:07:22
619	619	80	500	1668	ANTONIADIS APOSTOLOS Άνδρας - 1998 (M) - GRC	00:00:06 00:00:00	00:03:21 00:03:16	00:18:58 00:18:53	00:33:05 00:33:00	00:37:22 00:37:17	00:54:04 00:53:59	01:07:39 01:07:34
620	620	20	120	1282	VOLAKI FOTEINI Γυναίκα - 1997 (F) - GRC	00:00:19 00:00:00	00:03:45 00:03:27	00:19:03 00:18:44	00:32:23 00:32:05	00:37:07 00:36:48	00:54:08 00:53:50	01:07:48 01:07:29
621	621	50	121	1846	TZIFI ELENA Γυναίκα - 1990 (F30) - GRC	00:00:17 00:00:00	00:04:08 00:03:52	00:20:02 00:19:46	00:33:02 00:32:46	00:37:12 00:36:56	00:53:56 00:53:40	01:07:55 01:07:39
622	622	158	501	1734	KARAMANOS DIMITRIS Άνδρας - 1987 (M30) - GRC	00:00:16 00:00:00	00:04:08 00:03:52	00:20:02 00:19:46	00:33:02 00:32:46	00:37:12 00:36:56	00:53:56 00:53:40	01:07:55 01:07:39
623	623	81	502	1385	DAMILAKIS KONSTANTINOS Άνδρας - 2002 (M) - GRC	00:00:27 00:00:00	00:04:17 00:03:51	00:19:59 00:19:32	00:33:32 00:33:05	00:38:04 00:37:38	00:54:11 00:53:45	01:07:56 01:07:30
624	624	51	122	1425	KAMPERI MARIANNA Γυναίκα - 1989 (F30) - GRC	00:00:38 00:00:00	00:05:19 00:04:42	00:21:13 00:20:36	00:34:20 00:33:43	00:38:31 00:37:53	00:55:15 00:54:38	01:08:01 01:07:23
625	625	17	503	1514	PAPADIAMANTIS STAVROS Άνδρας - 1960 (M60) - GRC ΖΙΤΣΑ	00:00:13 00:00:00	00:04:09 00:03:56	00:19:17 00:19:04	00:32:52 00:32:39	00:37:40 00:37:27	00:54:15 00:54:02	01:08:01 01:07:48

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Start	600m	3100m	5000m	5600m	8100m	Finish
626	626	52	123	1800	PARLANI ELLI Γυναίκα - 1992 (F30) - GRC	00:00:20 00:00:00	00:04:37 00:04:17	00:21:40 00:21:20	00:35:06 00:34:46	00:39:20 00:39:00	00:55:50 00:55:31	01:08:12 01:07:52
627	627	21	124	1313	KRITIKOU EIRINI Γυναίκα - 1996 (F) - GRC	00:00:20 00:00:00	00:04:36 00:04:16	00:21:40 00:21:20	00:35:05 00:34:46	00:39:19 00:38:59	00:55:49 00:55:30	01:08:12 01:07:52
628	628	32	125	1814	PODARA MARY Γυναίκα - 1977 (F40) - GRC	00:00:09 00:00:00	00:04:04 00:03:56	00:19:36 00:19:28	00:33:22 00:33:14	00:37:57 00:37:49	00:54:11 00:54:02	01:08:17 01:08:08
629	629	150	504	1529	PARTSALAS NIKOS Άνδρας - 1976 (M40) - GRC EYKΛΗΣ	00:00:22 00:00:00	00:04:18 00:03:57	00:19:13 00:18:52	00:31:52 00:31:31	00:36:13 00:35:52	00:54:06 00:53:45	01:08:54 01:08:33
630	630	22	126	1075	CHALDAIOU DANAE Γυναίκα - 2001 (F) - GRC	00:00:22 00:00:00	00:04:06 00:03:44	00:19:16 00:18:55	00:33:17 00:32:56	00:37:47 00:37:26	00:55:04 00:54:43	01:08:54 01:08:33
631	631	53	127	1762	LAGOUDAKI EIRINI Γυναίκα - 1992 (F30) - GRC	00:00:05 00:00:00	00:03:32 00:03:27	00:19:32 00:19:28	00:33:56 00:33:52	00:38:25 00:38:20	00:55:12 00:55:08	01:08:55 01:08:51
632	632	19	128	1748	KOROMILIA EVANGELIA Γυναίκα - 1972 (F50) - GRC	00:00:13 00:00:00	00:04:08 00:03:56	00:20:30 00:20:17	00:34:11 00:33:58	00:38:35 00:38:22	00:55:39 00:55:26	01:09:00 01:08:48
633	633	151	505	1837	TSAKONAS DIMITRIOS Άνδρας - 1975 (M40) - GRC	00:00:22 00:00:00	00:04:18 00:03:57	00:19:13 00:18:52	00:31:53 00:31:32	00:36:14 00:35:53	00:54:06 00:53:45	01:09:07 01:08:46
634	634	23	129	1614	VOULI THEODORA-ELENI Γυναίκα - 2003 (F) - GRC	00:00:14 00:00:00	00:03:58 00:03:45	00:18:38 00:18:24	00:32:31 00:32:17	00:37:01 00:36:47	00:55:17 00:55:03	01:09:18 01:09:04
635	635	33	130	1120	KALOSTOU KONSTANTINA Γυναίκα - 1978 (F40) - GRC	00:00:19 00:00:00	00:04:13 00:03:55	00:20:27 00:20:09	00:34:10 00:33:51	00:38:38 00:38:20	00:55:35 00:55:17	01:09:21 01:09:03
636	636	34	131	1694	DIMARA MARIA Γυναίκα - 1976 (F40) - GRC	00:00:09 00:00:00	00:04:12 00:04:03	00:20:22 00:20:13	00:34:06 00:33:57	00:38:30 00:38:22	00:55:36 00:55:28	01:09:21 01:09:13
637	637	35	132	1828	SPIROPOULOU PANAGIOTA Γυναίκα - 1981 (F40) - GRC	00:00:19 00:00:00	00:04:15 00:03:57	00:20:27 00:20:08	00:34:10 00:33:52	00:38:40 00:38:22	00:55:36 00:55:18	01:09:25 01:09:07
638	638	36	133	1490	MIKROULI ELLI Γυναίκα - 1978 (F40) - GRC	00:00:13 00:00:00	00:04:21 00:04:08	00:20:52 00:20:39	00:34:38 00:34:25	00:39:08 00:38:55	00:55:46 00:55:34	01:09:27 01:09:15
639	639	54	134	1506	OCHOA SILVA JIMENA Γυναίκα - 1990 (F30) - PER	00:00:11 00:00:00	00:04:33 00:04:23	00:22:06 00:21:56	00:36:29 00:36:18	00:40:55 00:40:44	00:57:10 00:57:00	01:09:31 01:09:21
640	640	20	135	1797	PAPAKONSTANTINOU KATERINA Γυναίκα - 1973 (F50) - GRC	00:00:06 00:00:00	00:03:54 00:03:48	00:19:36 00:19:30	00:33:29 00:33:24	00:38:03 00:37:58	00:55:29 00:55:24	01:09:39 01:09:33
641	641	159	506	1666	ANDIOXOS KONSTANTINOS Άνδρας - 1994 (M30) - GRC	00:00:24 00:00:00	00:04:31 00:04:07	00:21:28 00:21:04	00:35:34 00:35:10	00:40:03 00:39:40	00:57:28 00:57:05	01:10:00 01:09:37
642	642	160	507	1792	PALAIOLOGOS GEORGIOS Άνδρας - 1993 (M30) - GRC	00:00:04 00:00:00	00:03:17 00:03:13	00:19:34 00:19:30	00:33:49 00:33:45	00:38:35 00:38:31	00:56:26 00:56:22	01:10:03 01:10:00
643	643	82	508	1420	KAKALIS VIKTORAS Άνδρας - 2002 (M) - GRC	00:00:19 00:00:00	00:03:58 00:03:40	00:16:32 00:16:14	00:33:56 00:33:38	00:40:33 00:40:15	00:56:57 00:56:39	01:10:31 01:10:13
644	644	21	136	1695	DROUGA REGGINA Γυναίκα - 1967 (F50) - GRC	00:00:00 00:00:00	00:03:55 00:03:55	00:20:00 00:20:00	00:33:56 00:33:56	00:38:41 00:38:41	00:56:03 00:56:03	01:10:39 01:10:39
645	645	152	509	1596	VAGGELAS GEORGE Άνδρας - 1980 (M40) - GRC	00:00:30 00:00:00	00:04:20 00:03:50	00:20:16 00:19:46	00:33:52 00:33:23	00:38:18 00:37:49	00:56:15 00:55:45	01:10:41 01:10:12
646	646	153	510	1773	MANTZOUNEAS STAVROS Άνδρας - 1980 (M40) - GRC	00:00:11 00:00:00	00:04:35 00:04:24	00:21:32 00:21:21	00:35:22 00:35:11	00:39:42 00:39:31	00:56:56 00:56:45	01:10:42 01:10:32
647	647	154	511	1776	MARKAKOS NIKOLAOS Άνδρας - 1979 (M40) - GRC	00:00:12 00:00:00	00:04:35 00:04:24	00:21:32 00:21:21	00:35:22 00:35:11	00:39:41 00:39:30	00:56:55 00:56:43	01:10:43 01:10:31
648	648	55	137	1346	ANGELETAKI DANAI Γυναίκα - 1985 (F30) - GRC	00:00:18 00:00:00	00:04:39 00:04:22	00:20:39 00:20:21	00:34:25 00:34:08	00:38:53 00:38:36	00:56:03 00:55:46	01:10:44 01:10:27
649	649	161	512	1677	BEKAS KONSTANTINOS Άνδρας - 1991 (M30) - GRC	00:00:33 00:00:00	00:04:21 00:03:48	00:19:26 00:18:53	00:33:57 00:33:24	00:38:33 00:38:00	00:56:29 00:55:56	01:10:50 01:10:17
650	650	162	513	1621	ZIOVAS KOSTAS Άνδρας - 1988 (M30) - GRC	00:00:23 00:00:00	00:04:51 00:03:58	00:21:01 00:20:39	00:35:15 00:34:53	00:39:54 00:39:31	00:57:18 00:56:55	01:10:56 01:10:33
651	651	56	138	1808	PETRIDOU KONSTANTINA Γυναίκα - 1988 (F30) - GRC	00:00:09 00:00:00	00:04:09 00:04:01	00:21:01 00:20:52	00:35:04 00:34:56	00:39:36 00:39:27	00:56:54 00:56:45	01:10:57 01:10:49
652	652	155	514	1406	GIOUVANAKIS TASOS Άνδρας - 1983 (M40) - GRC	00:00:06 00:00:00	00:04:17 00:04:11	00:21:09 00:21:03	00:35:25 00:35:19	00:39:54 00:39:48	00:57:12 00:57:06	01:10:59 01:10:54
653	653	96	515	1732	KARAGIANNIS GIORGOS Άνδρας - 1972 (M50) - GRC	00:00:13 00:00:00	00:04:18 00:04:05	00:20:45 00:20:32	00:34:45 00:34:33	00:39:18 00:39:05	00:56:43 00:56:31	01:11:00 01:10:48
654	654	156	516	1861	GOULAS GEORGIOS Άνδρας - 1980 (M40) - GRC	00:00:20 00:00:00	00:04:26 00:04:07	00:21:39 00:21:19	00:35:49 00:35:29	00:40:19 00:40:00	00:57:56 00:57:37	01:11:03 01:10:43
655	655	22	139	1538	PIKOUNI KALLIOPI Γυναίκα - 1968 (F50) - GRC Rodopi Runers	00:00:02 00:00:00	00:04:14 00:04:13	00:21:13 00:21:12	00:34:56 00:34:54	00:39:15 00:39:13	00:56:53 00:56:51	01:11:06 01:11:04
656	656	163	517	1429	KARAGATSLIS STELIOS Άνδρας - 1988 (M30) - GRC	00:00:11 00:00:00	00:04:32 00:04:22	00:21:30 00:21:20	00:35:20 00:35:10	00:39:40 00:39:30	00:57:01 00:56:50	01:11:15 01:11:04
657	657	24	140	1360	BEKIARI RODI Γυναίκα - 1996 (F) - GRC	00:00:28 00:00:00	00:04:25 00:03:57	00:20:44 00:20:17	00:35:20 00:34:53	00:40:31 00:40:03	00:57:55 00:57:27	01:11:18 01:10:50
658	658	25	141	1799	PAPATHANASIOU SOFIA Γυναίκα - 1997 (F) - GRC	00:00:28 00:00:00	00:04:26 00:03:58	00:20:45 00:20:18	00:35:21 00:34:53	00:40:32 00:40:05	00:57:54 00:57:27	01:11:18 01:10:50

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Start	600m	3100m	5000m	5600m	8100m	Finish
659	659	37	142	1554	SEVDALI ELENA Γυναίκα - 1975 (F40) - GRC	00:00:08 00:00:00	00:04:43 00:04:36	00:22:03 00:21:56	00:36:13 00:36:05	00:40:44 00:40:36	00:57:46 00:57:39	01:11:28 01:11:21
660	660	18	518	1613	VLONTARTZIK GIORGOS Άνδρας - 1957 (M60) - GRC	00:00:16 00:00:00	00:04:04 00:03:48	00:20:37 00:20:21	00:35:12 00:34:56	00:40:08 00:39:52	00:57:37 00:57:21	01:11:43 01:11:27
661	661	57	143	1518	PAPADOPOULOU IOANNA Γυναίκα - 1994 (F30) - GRC	00:00:20 00:00:00	00:03:59 00:03:40	00:20:04 00:19:45	00:34:29 00:34:09	00:39:18 00:38:59	00:57:29 00:57:09	01:11:57 01:11:37
662	662	164	519	1430	KARAGOGEUS SPYROS Άνδρας - 1993 (M30) - GRC	00:00:19 00:00:00	00:03:59 00:03:41	00:20:03 00:19:45	00:34:28 00:34:10	00:39:17 00:38:59	00:57:28 00:57:10	01:11:57 01:11:38
663	663	38	144	1452	KOTOUULA SOFIA Γυναίκα - 1980 (F40) - GRC	00:00:23 00:00:00	00:04:23 00:04:01	00:21:28 00:21:05	00:36:02 00:35:39	00:40:35 00:40:13	00:57:51 00:57:29	01:12:17 01:11:55
664	664	1	145	1692	DELLI VAGIA Γυναίκα - 1954 (F70) - GRC	00:00:13 00:00:00	00:04:13 00:04:01	00:21:03 00:20:51	00:35:11 00:34:59	00:39:45 00:39:33	00:57:47 00:57:35	01:12:20 01:12:08
665	665	39	146	1370	BROUSSALI DIONI Γυναίκα - 1980 (F40) - GRC	00:00:11 00:00:00	00:04:09 00:03:58	00:20:29 00:20:19	00:34:12 00:34:02	00:38:35 00:38:24	00:56:19 00:56:09	01:12:21 01:12:10
666	666	40	147	1769	MAKRAKI VASILIKI Γυναίκα - 1978 (F40) - GRC	00:00:23 00:00:00	00:04:23 00:04:00	00:20:59 00:20:37	00:35:18 00:34:55	00:40:05 00:39:42	00:57:51 00:57:29	01:12:21 01:11:58
667	667	97	520	1449	KORFIATIS GEORGE PARIS Άνδρας - 1967 (M50) - GRC	00:00:06 00:00:00	00:04:16 00:04:11	00:21:12 00:21:07	00:35:11 00:35:06	00:39:40 00:39:34	00:58:03 00:57:58	01:12:21 01:12:16
668	668	98	521	1267	TSEGOS DIMITRIOS Άνδρας - 1967 (M50) - GRC Rodopi Runers	00:00:42 00:00:00	00:05:45 00:05:04	00:22:44 00:22:03	00:36:27 00:35:46	00:40:46 00:40:05	00:58:24 00:57:43	01:12:37 01:11:56
669	669	165	522	1589	TSILIANIS GERASIMOS Άνδρας - 1989 (M30) - GRC	00:00:32 00:00:00	00:04:26 00:03:55	00:20:58 00:20:26	00:35:35 00:35:03	00:40:31 00:39:59	00:58:12 00:57:40	01:12:57 01:12:25
670	670	58	148	1265	TSANTILI PANAGIOTA MARIA Γυναίκα - 1987 (F30) - GRC	00:00:18 00:00:00	00:03:46 00:03:28	00:20:16 00:19:59	00:35:03 00:34:45	00:39:46 00:39:28	00:58:39 00:58:21	01:13:11 01:12:53
671	671	157	523	1516	PAPADOPOULOS MICHAEL Άνδρας - 1982 (M40) - GRC M	00:00:23 00:00:00	00:04:34 00:04:12	00:21:39 00:21:16	00:35:56 00:35:33	00:40:31 00:40:08	00:59:04 00:58:42	01:13:18 01:12:55
672	672	166	524	1845	TSOULLOFTAS CHRISTODOULOS Άνδρας - 1986 (M30) - GRC	00:00:19 00:00:00	00:04:37 00:04:18	00:22:04 00:21:45	00:36:36 00:36:18	00:41:04 00:40:45	00:59:09 00:58:50	01:13:34 01:13:15
673	673	3	149	1844	TSOULLOFTA DESPOINA Γυναίκα - 1961 (F60) - GRC	00:00:19 00:00:00	00:04:36 00:04:17	00:22:04 00:21:45	00:36:36 00:36:18	00:41:03 00:40:45	00:59:09 00:58:51	01:13:34 01:13:16
674	674	83	525	1414	GRIVEAS GEORGIOS PANAGIOTIS Άνδρας - 2000 (M) - GRC CROSSBATTLE ELEFSINAS	00:00:22 00:00:00	00:04:26 00:04:04	00:20:55 00:20:34	00:34:32 00:34:10	00:40:04 00:39:42	00:58:44 00:58:23	01:13:38 01:13:16
675	675	26	150	1263	TRIAANTAFYLLI VIVI Γυναίκα - 1999 (F) - GRC	00:00:18 00:00:00	00:03:45 00:03:28	00:19:54 00:19:37	00:34:27 00:34:10	00:39:28 00:39:11	00:57:56 00:57:39	01:14:11 01:13:54
676	676	99	526	1863	PAPANTONIOU IOANNIS Άνδρας - 1965 (M50) - GRC	00:00:14 00:00:00	00:04:15 00:04:01	00:21:14 00:21:00	00:36:10 00:35:56	00:41:01 00:40:48	00:59:43 00:59:30	01:14:47 01:14:33
677	677	167	527	1556	SIFAKIS STAVROS Άνδρας - 1992 (M30) - GRC	00:00:17 00:00:00	00:04:05 00:03:48	00:20:00 00:19:44	00:33:54 00:33:37	00:38:00 00:37:43	00:59:21 00:59:05	01:14:51 01:14:35
678	678	84	528	1355	BANIS THOMAS Άνδρας - 2002 (M) - GRC	00:00:07 00:00:00	00:03:51 00:03:45	00:19:51 00:19:44	00:35:26 00:35:19	00:40:42 00:40:35	00:59:10 00:59:03	01:14:52 01:14:46
679	679	158	529	1691	DARDAMANIS KONSTANTINOS Άνδρας - 1984 (M40) - GRC	00:00:09 00:00:00	00:04:10 00:04:01	00:21:01 00:20:53	00:35:22 00:35:13	00:40:56 00:40:48	00:59:43 00:59:35	01:15:02 01:14:54
680	680	27	151	1755	KOUROUNOU MARIA Γυναίκα - 1995 (F) - GRC	00:00:04 00:00:00	00:03:36 00:03:33	00:21:50 00:21:47	00:36:40 00:36:36	00:41:30 00:41:26	01:00:08 01:00:05	01:15:15 01:15:12
681	681	59	152	1358	BAZINAS ELINA Γυναίκα - 1993 (F30) - GRC	00:00:03 00:00:00	00:04:03 00:04:01	00:21:13 00:21:11	00:35:49 00:35:47	00:40:39 00:40:37	01:00:26 01:00:24	01:15:24 01:15:22
682	682	23	153	1669	ANTROPOPOULOU VIKI Γυναίκα - 1972 (F50) - GRC	00:00:16 00:00:00	00:04:33 00:04:18	00:21:44 00:21:29	00:36:31 00:36:16	00:41:28 00:41:13	01:00:07 00:59:52	01:15:53 01:15:38
683	683	100	530	1794	PAPAGEORGIOU THEODOROS Άνδρας - 1967 (M50) - GRC	00:00:14 00:00:00	00:04:12 00:03:59	00:21:22 00:21:09	00:36:18 00:36:04	00:41:11 00:40:57	01:01:03 01:01:50	01:17:12 01:16:59
684	684	2	154	1322	NASTOU VIVIAN Γυναίκα - 1954 (F70) - GRC 11880 TEAM	00:00:23 00:00:00	00:05:12 00:04:50	00:22:39 00:22:17	00:38:38 00:38:16	00:44:07 00:43:45	01:02:09 01:01:47	01:17:50 01:17:28
685	685	24	155	1374	CHARTOFLAKA JENNY Γυναίκα - 1969 (F50) - GRC ΒΡΑΔΥΠΙΟΔΕΣ	00:00:17 00:00:00	00:04:21 00:04:04	00:23:02 00:22:45	00:38:33 00:38:16	00:43:33 00:43:16	01:03:04 01:02:47	01:18:40 01:18:23
686	686	168	531	1476	MANDRAKIS EMMANOUIL Άνδρας - 1991 (M30) - GRC Outdoor Games	00:00:20 00:00:00	00:04:23 00:04:03	00:21:19 00:21:00	00:37:56 00:37:37	00:43:32 00:43:13	01:05:11 01:04:51	01:19:44 01:19:25
687	687	60	156	1685	CHARMPI KELLY Γυναίκα - 1994 (F30) - GRC	00:00:09 00:00:00	00:05:03 00:04:54	00:25:08 00:24:59	00:41:07 00:40:59	00:46:35 00:46:26	01:07:35 01:07:27	01:24:46 01:24:38
688	688	25	157	1615	VOUNASI TINA Γυναίκα - 1974 (F50) - GRC	00:00:06 00:00:00	00:05:02 00:04:56	00:26:52 00:26:47	00:45:42 00:45:36	- 01:05:11	01:05:16 01:05:11	01:24:56 01:24:51
689	689	61	158	1717	GIROUKI STELLA Γυναίκα - 1989 (F30) - GRC	00:00:43 00:00:00	00:05:06 00:04:23	00:25:11 00:24:28	00:42:40 00:41:57	00:48:19 00:47:36	01:09:56 01:09:13	01:28:44 01:28:02
690	690	41	159	1142	KIRKAGATSI ELEFThERIA Γυναίκα - 1980 (F40) - GRC OPEN BEYOND	00:00:01 00:00:00	00:04:35 00:04:35	00:25:36 00:25:36	00:43:10 00:43:10	00:49:28 00:49:28	01:11:47 01:11:47	01:29:58 01:29:58
691	691	62	160	1128	KARAKITSIOU MEROPi Γυναίκα - 1988 (F30) - GRC Open	00:00:01 00:00:00	00:04:35 00:04:35	00:25:35 00:25:35	00:43:11 00:43:11	00:49:28 00:49:28	01:11:47 01:11:47	01:30:06 01:30:06

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Start	600m	3100m	5000m	5600m	8100m	Finish
692	692	101	532	1760	KRITSIMILIOS IOANNIS Άνδρας - 1966 (M50) - GRC	00:00:15 00:00:00	00:05:22 00:05:08	00:26:56 00:26:42	00:44:52 00:44:38	00:50:35 00:50:21	01:14:05 01:13:51	01:32:42 01:32:28
693	693	19	533	1568	STAMOU DIMITRIS Άνδρας - 1961 (M60) - GRC Emmi's team	00:00:06 00:00:00	00:04:30 00:04:25	00:23:36 00:23:31	00:39:53 00:39:48	00:45:04 00:44:59	01:05:43 01:05:38	01:33:07 01:33:01
694	694	28	161	1809	PETRIDOU NEDIA GEORGIA Γυναίκα - 1998 (F) - CYP	00:00:43 00:00:00	00:06:13 00:05:30	00:30:56 00:30:13	00:50:57 00:50:14	00:57:13 00:56:31	01:21:47 01:21:04	01:41:22 01:40:39