Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	Club	Start	R1 posntan in 545m	R1 top1 km	R1 1.5	R1 main 3.8km	R1 top2 4.6km	R1 ponstan exit 5.5 km	1ST LOOP 6.1 km	R2 Ponstan in 6.6km	R2 top1 7.6km	R2 main 9.9km	R2 top2 10.70km	R2 Ponstan exit 11.6 km	2nd LOOP 12.2KM	R3 Ponstan in 12.70 km	R3 Top1 13.70km	R3 main 16km	R3 Top2 16.80km	R3 Ponstan exit 17.70km	3rd LOOP 18.30km	R4 Ponstan in 18.85 km	R4 Top1 19.80km	R4 main4 22.1km	R4 top2 22.90km	R4 Ponstan exit 23.80km	4th LOOP 24.4km	R5 Ponstan in 24.95	R5 Top1 25.90km	R5 main 28.2km	R5 top2 29km	R5 Ponstan exit 29.9 km	5th LOOP 30.50km
1	1	1	ALL	Male	1	GR	ΣΤΕΛΙΟΣ ΠΕΤΡΟΥΤΣΟΣ	INDIPENDENT	0:00:03	0:03:34 (00:03:31)	0:13:20 (00:09:45)	0:25:18 (00:11:57)	0:36:27 (00:11:08)	0:41:53 (00:05:26)	0:44:45 (00:02:51)	0:48:38 (00:03:53)	1:02:11 (00:13:32)	1:14:15 (00:12:03)	1:25:35 (00:11:20)	-	1:33:59 (–:–:–)	-	1:47:57 (–:–:–)	2:15:50 (00:27:53)	-	-	2:22:44 (–:–:–)	-	-	3:02:55 (–:–:–)	-	-	3:05:54 (–:–:–)	-	-	3:32:18 (–:–:–)	-	3:49:39 (–:–:–)	3:52:14 (00:02:35)
2	2	2	ALL	Male	2	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΠΑΠΑΓΟΡΑΣ		0:00:05	0:03:56 (00:03:50)	0:14:38 (00:10:41)	0:27:39 (00:13:00)	0:39:59 (00:12:20)	0:46:07 (00:06:07)	0:49:02 (00:02:55)	0:53:15 (00:04:12)	1:03:47 (00:10:32)	1:16:20 (00:12:32)	1:28:39 (00:12:18)	-	1:37:34 (–:–:–)	-	-	2:05:03 (–:–:–)	-	-	2:29:16 (–:–:–)	-	-	2:52:26 (–:–:–)	-	-	3:17:57 (–:–:–)	-	-	3:40:41 (–:–:–)	-	3:57:46 (–:–:–)	4:00:12 (00:02:25)
3	3	3	ALL	Male	46	GR	ΙΩΑΝΝΗΣ ΠΑΓΓΑΚΟΣ	TRAIL ZOMBIES & OSB_ENDURANCE TEAM	0:00:05	0:03:53 (00:03:47)	0:13:59 (00:10:06)	0:27:28 (00:13:28)	0:39:01 (00:11:33)	0:45:16 (00:06:14)	0:48:17 (00:03:00)	0:52:39 (00:04:22)	1:03:10 (00:10:31)	1:16:19 (00:13:09)	1:28:42 (00:12:22)	-	1:37:32 (–:–:–)	-	-	2:23:45 (–:–:–)	-	-	2:30:55 (–:–:–)	-	-	3:15:24 (–:–:–)	-	-	3:18:20 (–:–:–)	-	-	3:46:49 (–:–:–)	-	-	-
4	4	4	ALL	Male	5	GR	ΧΡΗΣΤΟΣ ΜΑΥΡΙΚΙΟΣ	ATROMITOS ULTRATEAM	0:00:03	0:03:27 (00:03:23)	0:13:21 (00:09:53)	0:25:18 (00:11:57)	0:36:28 (00:11:09)	0:42:01 (00:05:32)	0:44:42 (00:02:41)	0:48:39 (00:03:56)	1:02:11 (00:13:32)	1:14:15 (00:12:03)	1:25:36 (00:11:20)	-	1:34:01 (–:–:–)	-	1:47:59 (–:–:–)	2:19:55 (00:31:55)	-	-	2:27:13 (–:–:–)	-	-	3:12:16 (–:–:–)	-	-	3:20:20 (–:–:–)	-	-	3:47:13 (–:–:–)	-	-	-
5	5	5	ALL	Male	4	GR	ΠΑΝΑΓΙΩΤΗΣ ΜΕΝΤΑΚΗΣ	PATOS	0:00:06	0:04:00 (00:03:54)	0:14:56 (00:10:55)	0:28:07 (00:13:11)	0:40:32 (00:12:24)	0:46:12 (00:05:39)	0:49:15 (00:03:03)	0:53:52 (00:04:36)	1:05:35 (00:11:43)	1:18:39 (00:13:04)	1:31:41 (00:13:01)	-	1:40:03 (–:–:–)	-	-	2:27:54 (–:–:–)	-	-	2:36:05 (–:–:–)	-	-	3:23:32 (–:–:–)	-	-	3:32:17 (–:–:–)	-	-	3:58:58 (–:–:–)	-	-	-
6	6	6	ALL	Male	3	GR	ΝΙΚΟΣ ΛΥΜΠΕΡΟΠΟΥΛΟΣ		0:00:03	0:03:26 (00:03:23)	0:14:04 (00:10:38)	0:26:48 (00:12:43)	0:39:30 (00:12:42)	0:45:51 (00:06:20)	0:48:56 (00:03:04)	0:53:17 (00:04:20)	1:05:18 (00:12:01)	1:18:35 (00:13:16)	1:31:48 (00:13:13)	-	1:41:49 (–:–:–)	-	-	2:35:40 (–:–:–)	-	-	2:43:46 (–:–:–)	-	-	3:36:36 (–:–:–)	-	-	3:40:10 (–:–:–)	-	-	-	-	-	-
7	7	7	ALL	Male	6	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΚΟΡΟΖΗΣ	OSB ENDURANCE TEAM - TRAIL ZOMBIES	0:00:03	0:03:58 (00:03:54)	0:15:19 (00:11:20)	0:29:22 (00:14:03)	0:42:25 (00:13:02)	0:48:54 (00:06:29)	0:52:08 (00:03:13)	0:56:45 (00:04:36)	1:08:55 (00:12:10)	1:22:53 (00:13:57)	1:36:43 (00:13:49)	-	1:46:39 (–:–:–)	-	-	2:40:12 (–:–:–)	-	-	2:48:47 (–:–:–)	-	-	3:17:17 (–:–:–)	-	3:38:58 (–:–:–)	3:42:11 (00:03:13)	-	-	-	-	-	-
8	8	8	ALL	Male	33	GR	ΚΩΝΣΤΑΝΤΙΝΟΣ ΚΩΝΣΤΑΝΤΟΠΟΥΛΟΣ	ΑΓΝΩΣΤΟΣ ΔΡΟΜΕΑΣ	0:00:05	-	0:15:16 (–:–:–)	0:29:24 (00:14:08)	0:42:34 (00:13:09)	-	0:52:13 (–:–:–)	-	1:08:55 (–:–:–)	1:22:46 (00:13:51)	1:36:41 (00:13:54)	-	1:46:43 (–:–:–)	-	-	2:19:06 (–:–:–)	2:34:27 (00:15:20)	2:41:26 (00:06:59)	2:45:03 (00:03:37)	-	-	3:19:59 (–:–:–)	-	3:43:08 (–:–:–)	3:46:45 (00:03:37)	-	-	-	-	-	-
9	9	9	ALL	Male	7	GR	ΑΛΕΞΑΝΔΡΟΣ ΚΙΣΣΑΣ	VG DISTANCE RUNNERS	-	-	-	0:31:03 (–:–:–)	0:46:03 (00:14:59)	0:52:07 (00:06:04)	0:55:42 (00:03:35)	1:00:21 (00:04:38)	1:13:37 (00:13:16)	1:27:44 (00:14:06)	1:43:20 (00:15:36)	-	1:54:01 (–:–:–)	-	-	2:49:45 (–:–:–)	-	-	2:59:27 (–:–:–)	-	-	3:28:53 (–:–:–)	-	3:54:50 (–:–:–)	3:58:09 (00:03:18)	-	-	-	-	-	-
10	10	10	ALL	Male	49	GR	ΓΙΩΡΓΟΣ ΣΙΝΟΣ	ALL TERRAIN RUNNERS	0:00:08	0:04:03 (00:03:55)	0:15:36 (00:11:33)	0:29:36 (00:14:00)	0:43:16 (00:13:39)	0:50:14 (00:06:57)	0:53:50 (00:03:36)	-	1:10:20 (–:–:–)	1:24:44 (00:14:24)	1:38:54 (00:14:09)	-	1:49:26 (–:–:–)	-	-	2:47:28 (–:–:–)	-	-	2:51:24 (–:–:–)	-	-	3:26:45 (–:–:–)	-	-	-	-	-	-	-	-	-
11	11	11	ALL	Male	39	GR	ΑΝΔΡΕΑΣ ΝΙΚΑΣ		0:00:11	-	0:17:39 (–:–:–)	0:32:04 (00:14:25)	0:46:06 (00:14:01)	0:52:53 (00:06:47)	0:56:12 (00:03:18)	1:00:47 (00:04:35)	1:14:13 (00:13:26)	1:27:51 (00:13:37)	1:43:48 (00:15:57)	-	1:54:48 (–:–:–)	-	-	2:27:17 (–:–:–)	-	-	3:01:26 (–:–:–)	-	-	3:32:51 (–:–:–)	-	-	-	-	-	-	-	-	-
12	12	12	ALL	Male	21	GR	ROMAIN FOURNIER		0:00:08	0:04:19 (00:04:10)	0:16:43 (00:12:23)	0:31:23 (00:14:40)	0:46:00 (00:14:36)	0:52:33 (00:06:33)	0:55:47 (00:03:14)	1:00:36 (00:04:48)	1:14:06 (00:13:30)	1:28:33 (00:14:27)	1:45:13 (00:16:39)	-	1:55:58 (–:–:–)	-	-	2:58:49 (–:–:–)	-	-	3:09:40 (–:–:–)	-	-	3:42:05 (–:–:–)	-	-	-	-	-	-	-	-	-
13	1	13	ALL	Female	9	GR	ΔΕΣΠΟΙΝΑ ΤΣΟΥΚΝΑΚΗ	ΟΙΟΝ ΑΓΙΟΥ ΣΤΕΦΑΝΟΥ	0:00:08	0:04:24 (00:04:16)	0:17:14 (00:12:49)	0:32:08 (00:14:54)	0:46:47 (00:14:38)	0:54:02 (00:07:15)	0:57:21 (00:03:18)	1:02:12 (00:04:51)	1:16:12 (00:13:59)	1:32:16 (00:16:04)	1:49:14 (00:16:57)	-	2:00:58 (–:–:–)	-	-	3:05:57 (–:–:–)	-	-	3:15:13 (–:–:–)	-	-	3:47:52 (–:–:–)	-	-	-	-	-	-	-	-	-
14	2	14	ALL	Female	10	GR	ΒΑΣΙΛΕΙΑ ΠΑΝΤΕΡΗ		0:00:07	0:04:44 (00:04:36)	0:17:48 (00:13:03)	0:36:25 (00:18:37)	0:53:01 (00:16:36)	1:02:10 (00:09:08)	1:06:30 (00:04:20)	1:11:42 (00:05:11)	1:25:59 (00:14:17)	1:43:17 (00:17:18)	-	-	2:17:54 (–:–:–)	-	-	3:11:50 (–:–:–)	-	-	3:20:44 (–:–:–)	-	-	3:51:34 (–:–:–)	-	-	-	-	-	-	-	-	-
15	13	15	ALL	Male	30	GR	ΜΙΧΑΛΗΣ ΚΑΜΠΟΥΡΟΥΔΗΣ	ΜΥΑΤΗΛΕΤΕ	0:00:09	0:04:47 (00:04:38)	0:17:35 (00:12:47)	0:32:54 (00:15:18)	0:48:41 (00:15:46)	0:55:34 (00:06:53)	0:59:13 (00:03:38)	1:04:24 (00:05:11)	1:18:39 (00:14:14)	1:34:02 (00:15:23)	-	-	2:01:18 (–:–:–)	-	-	2:39:07 (–:–:–)	-	-	3:09:03 (–:–:–)	-	-	3:53:16 (–:–:–)	-	-	-	-	-	-	-	-	-
16	14	16	ALL	Male	26	GR	ΑΡΙΣΤΟΤΕΛΗΣ ΔΙΛΙΝΤΑΣ	PERIKLIS TRAINING ΣΑΥ ΡΕΘΥΜΝΟΥ	0:00:10	0:04:55 (00:04:45)	0:18:17 (00:13:21)	0:32:38 (00:14:20)	0:48:51 (00:16:12)	0:55:31 (00:06:40)	0:59:09 (00:03:37)	1:04:49 (00:05:40)	1:19:49 (00:15:00)	1:35:47 (00:15:58)	-	-	2:03:06 (–:–:–)	-	-	3:10:19 (–:–:–)	-	-	3:21:03 (–:–:–)	-	-	3:54:05 (–:–:–)	-	-	-	-	-	-	-	-	-
17	3	17	ALL	Female	56	GR	ΚΑΤΕ ΧΑΝΙΩΤΗ		0:00:13	0:04:58 (00:04:44)	0:17:36 (00:12:38)	0:32:33 (00:14:56)	0:48:53 (00:16:20)	0:56:27 (00:07:34)	0:59:54 (00:03:26)	1:05:50 (00:05:56)	1:20:28 (00:14:37)	1:36:26 (00:15:58)	-	-	2:06:38 (–:–:–)	-	-	3:11:01 (–:–:–)	-	-	3:20:27 (–:–:–)	-	-	3:54:32 (–:–:–)	-	-	-	-	-	-	-	-	-
18	4	18	ALL	Female	25	GR	ΜΑΡΙΑ ΓΚΟΤΣΗ	ΕΥΚΛΗΣ	0:00:06	0:04:45 (00:04:39)	0:18:25 (00:13:40)	0:35:08 (00:16:42)	0:51:01 (00:15:53)	0:59:18 (00:08:16)	1:03:10 (00:03:52)	1:08:20 (00:05:09)	1:22:23 (00:14:03)	1:39:38 (00:17:14)	-	-	2:14:55 (–:–:–)	-	-	3:13:07 (–:–:–)	-	-	3:23:25 (–:–:–)	-	-	4:00:06 (–:–:–)	-	-	-	-	-	-	-	-	-
19	15	19	ALL	Male	31	GR	ΑΛΕΞΑΝΔΡΟΣ ΚΟΝΤΙΖΑΣ	ΔΡΟΜΕΙΣ ΣΥΡΟΥ/TURTLEPALAMARISRUNNINGTEAM	0:00:03	0:03:36 (00:03:32)	0:14:10 (00:10:33)	0:27:36 (00:13:25)	0:41:02 (00:13:25)	0:47:30 (00:06:28)	0:51:03 (00:03:32)	0:55:22 (00:04:19)	1:08:00 (00:12:38)	1:21:43 (00:13:42)	1:36:50 (00:15:06)	-	1:48:22 (–:–:–)	-	-	2:50:17 (–:–:–)	-	-	2:54:30 (–:–:–)	-	-	-	-	-	-	-	-	-	-	-	-	-
20	16	20	ALL	Male	41	GR	ΙΩΑΝΝΗΣ ΠΑΝΑΓΙΩΤΟΠΟΥΛΟΣ	TRAIL ZOMBIES	0:00:07	0:04:29 (00:04:21)	0:17:19 (00:12:50)	0:32:31 (00:15:11)	0:47:31 (00:14:59)	0:54:32 (00:07:01)	0:58:23 (00:03:51)	1:03:32 (00:05:08)	1:18:15 (00:14:43)	1:34:18 (00:16:02)	-	-	2:03:40 (–:–:–)	-	-	3:12:21 (–:–:–)	-	-	3:16:40 (–:–:–)	-	-	-	-	-	-	-	-	-	-	-	-	-
21	17	21	ALL	Male	29	GR	ΒΑΓΓΕΑΗΣ ΘΑΝΑΣΗΣ		0:00:11	0:04:59 (00:04:47)	0:18:28 (00:13:28)	0:34:42 (00:16:14)	0:50:53 (00:16:10)	0:58:51 (00:07:58)	1:02:54 (00:04:02)	1:08:12 (00:05:18)	1:22:07 (00:13:54)	1:39:24 (00:17:17)	-	-	2:15:40 (–:–:–)	-	-	3:23:25 (–:–:–)	-	-	3:30:12 (–:–:–)	-	-	-	-	-	-	-	-	-	-	-	-	-
22	18	22	ALL	Male	37	GR	ΕΥΑΓΓΕΛΟΣ ΜΟΥΧΑΚΗΣ		0:00:06	0:04:10 (00:04:04)	0:16:11 (00:12:00)	0:29:39 (00:13:28)	0:45:02 (00:15:22)	0:51:45 (00:06:43)	0:55:02 (00:03:16)	1:00:03 (00:05:01)	1:13:33 (00:13:30)	1:28:20 (00:14:46)	1:45:55 (00:17:35)	-	2:20:29 (–:–:–)	-	2:36:33 (–:–:–)	3:30:32 (00:53:59)	-	-	3:34:56 (–:–:–)	-	-	-	-	-	-	-	-	-	-	-	-	-
23	19	23	ALL	Male	51	GR	ΛΕΥΤΕΡΗΣ ΣΤΑΥΡΟΥ		0:00:08	0:04:49 (00:04:40)	0:20:24 (00:15:34)	0:41:21 (00:20:57)	1:01:20 (00:19:59)	1:11:02 (00:09:41)	1:15:38 (00:04:36)	1:22:34 (00:06:56)	1:40:25 (00:17:50)	2:02:55 (00:22:29)	-	2:37:58 (–:–:–)	2:43:34 (00:05:35)	2:52:07 (00:08:33)	-	3:36:57 (–:–:–)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
24	20	24	ALL	Male	53	GR	ΣΥΜΕΩΝ ΤΣΙΚΡΙΚΗΣ	ΤΡΕΧΩ ΜΕ ΤΟΝ ΔΗΜΗΤΡΑΚΗ	0:00:07	0:05:20 (00:05:13)	0:20:32 (00:15:11)	0:42:26 (00:21:54)	1:02:06 (00:19:40)	1:14:55 (00:12:48)	1:20:26 (00:05:31)	-	1:45:13 (–:–:–)	2:09:03 (00:23:49)	-	-	2:53:52 (–:–:–)	-	-	3:40:17 (–:–:–)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
25	5	25	ALL	Female	52	GR	ΘΕΟΔΩΡΑ ΤΖΑΠΙΚΟΥΝΗ	GALATSI RUNNERS	0:00:05	0:05:20 (00:05:14)	0:20:31 (00:15:11)	0:42:28 (00:21:56)	1:02:09 (00:19:41)	1:14:54 (00:12:45)	1:20:36 (00:05:41)	-	1:45:13 (–:–:–)	2:43:57 (00:58:44)	-	-	2:53:51 (–:–:–)	-	-	3:40:19 (–:–:–)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
26	6	26	ALL	Female	50	GR	ΜΕΡΟΠΗ ΣΚΛΕΠΑΡΗ		0:00:11	0:05:47 (00:05:35)	0:22:24 (00:16:36)	0:42:43 (00:20:19)	1:03:30 (00:20:47)	1:14:36 (00:11:05)	1:20:27 (00:05:50)	-	1:45:43 (–:–:–)	2:44:04 (00:58:21)	-	-	3:00:23 (–:–:–)	-	-	3:47:04 (–:–:–)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
27	21	27	ALL	Male	57	GR	ΣΤΕΦΑΝΟΣ ΨΑΛΤΗΣ	ΑΝΕΞΑΡΤΗΤΟΣΕ	0:00:12	0:06:36 (00:06:23)	0:26:49 (00:20:12)	0:50:57 (00:24:08)	1:14:19 (00:23:22)	1:26:54 (00:12:34)	1:32:53 (00:05:58)	-	-	3:12:15 (–:–:–)	-	-	3:26:59 (–:–:–)	-	-	4:18:59 (–:–:–)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
28	7	28	ALL	Female	38	GR	ΒΑΣΙΛΙΚΗ ΜΠΟΥΤΑ		0:00:07	0:05:45 (00:05:37)	0:25:07 (00:19:22)	0:51:30 (00:26:22)	1:19:04 (00:27:34)	-	1:36:47 (–:–:–)	-	-	3:17:47 (–:–:–)	-	-	3:36:49 (–:–:–)	-	-	4:19:59 (–:–:–)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
29	22	29	ALL	Male	44	GR	ΕΠΑΜΕΙΝΩΝΔΑΣ ΠΑΓΙΓΚΙΩΤΗΣ	THE BAR FITNESS PROJECT	0:00:07	0:04:06 (00:03:58)	0:17:37 (00:13:31)	0:33:19 (00:15:42)	0:51:53 (00:18:33)	1:00:20 (00:08:27)	1:04:10 (00:03:49)	1:10:59 (00:06:49)	1:27:30 (00:16:30)	1:47:16 (00:19:45)	-	2:19:47 (–:–:–)	2:24:09 (00:04:22)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
30	23	30	ALL	Male	23	GR	ΓΙΩΡΓΟΣ ΒΑΟΝΤΑΡΤΖΙΚ		0:00:05	0:06:08 (00:06:02)	0:25:24 (00:19:15)	0:52:16 (00:26:52)	1:18:20 (00:26:04)	-	1:41:34 (–:–:–)	-	-	2:51:51 (–:–:–)	-	3:39:15 (–:–:–)	3:46:08 (00:06:52)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
31	24	31	ALL	Male	35	GR	ΔΗΜΗΤΡΗΣ ΛΟΥΡΑΚΗΣ		0:00:12	0:04:50 (00:04:37)	0:17:50 (00:13:00)	0:35:05 (00:17:15)	0:50:55 (00:15:49)	0:59:24 (00:08:29)	1:03:00 (00:03:35)	1:09:08 (00:06:08)	1:24:35 (00:15:26)	1:42:57 (00:18:21)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
32	25	32	ALL	Male	45	GR	ΓΙΩΡΓΟΣ ΠΑΡΑΣΧΟΣ		0:00:07	0:04:25 (00:04:18)	0:16:35 (00:12:09)	0:32:34 (00:15:58)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-