

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
1	1	1	1	1444	PAPADOGEORGOS CHRISTOS Άνδρας - 1994 (M)	00:17:48 00:17:48	00:34:48 00:34:48
2	2	1	1	1427	MARINAKOU ANASTASIA Γυναίκα - 1996 (F) Team Garmin Greece	00:17:48 00:17:48	00:34:48 00:34:48
3	3	1	2	1252	KOTSANIS ATHANASIOS Άνδρας - 1988 (M30) GAS ILISOS	00:17:48 00:17:48	00:34:48 00:34:48
4	4	2	3	2303	PUZANOV MYKHAYLO Άνδρας - 1990 (M30) VG DISTANCE RUNNERS	00:18:07 00:18:07	00:35:32 00:35:32
5	5	2	2	1364	TSOUPAKI EIRINI Γυναίκα - 1994 (F) VIP	00:18:39 00:18:39	00:36:35 00:36:35
6	6	3	4	1324	ROUKLIOTIS GEORGIOS Άνδρας - 1993 (M30) VIP	00:18:59 00:18:59	00:38:42 00:38:42
7	7	3	3	1020	ΑΛΕΞΑΝΔΡΙΔΟΥ ΣΤΕΛΛΑ Γυναίκα - 1994 (F) ARLA PROTEIN SPORTS TEAM	00:20:26 00:20:25	00:39:29 00:39:29
8	8	1	5	1290	MYZALIS GEORGE Άνδρας - 1978 (M40) MYATHLETE	00:20:00 00:19:59	00:39:31 00:39:29
9	9	4	6	1059	BAVAS MILTIADIS Άνδρας - 1990 (M30) Melissa Pasta	00:20:27 00:20:26	00:39:50 00:39:49
10	10	2	7	1003	DIMAKIS ATHANASIOS Άνδρας - 1979 (M40) ARLA PROTEIN SPORTS TEAM	00:20:32 00:20:31	00:40:48 00:40:47
11	11	5	8	1014	MARIOLAS IOANNIS Άνδρας - 1986 (M30) ARLA PROTEIN SPORTS TEAM	00:20:53 00:20:52	00:40:57 00:40:56
12	12	6	9	1082	MANDAMADIOTIS DIMITRIOS Άνδρας - 1984 (M30) Avra Running Team	00:20:42 00:20:42	00:40:58 00:40:58
13	13	7	10	1156	SIORAS GIORGOS Άνδρας - 1988 (M30) weight room project	00:21:09 00:21:07	00:41:20 00:41:18
14	14	3	11	1377	VAVITSAS ARISTIDIS Άνδρας - 1978 (M40)	00:22:21 00:22:21	00:41:40 00:41:40
15	15	4	12	1405	MARTIN MALBURET VICTOR Άνδρας - 1982 (M40)	00:21:05 00:20:54	00:41:50 00:41:39
16	16	2	13	1117	ALEXANDROU PANAGIOTIS Άνδρας - 2003 (M) Opanathlon	00:21:57 00:21:50	00:41:52 00:41:45
17	17	8	14	1260	LAMPROPOULOS THEODOROS Άνδρας - 1985 (M30)	00:21:50 00:21:41	00:42:00 00:41:52
18	18	9	15	1095	KONSTANTOPOYLOS NIKOLAOS Άνδρας - 1990 (M30)	00:21:20 00:21:04	00:42:24 00:42:08
19	19	3	16	1012	LOYKIDES THODORIS Άνδρας - 1994 (M) ARLA PROTEIN SPORTS TEAM	00:21:21 00:21:19	00:42:24 00:42:22
20	20	5	17	1338	SOULELES THODORIS Άνδρας - 1982 (M40) GAS O ILISOS	00:22:22 00:22:22	00:42:36 00:42:36
21	21	1	18	1191	CHRYSOVELONIS IOANNIS Άνδρας - 1973 (M50) PET TWINS	00:22:20 00:22:11	00:43:04 00:42:55
22	22	10	19	1028	ΚΟΥΛΟΥΡΗΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1991 (M30) ARLA PROTEIN SPORTS TEAM	00:21:55 00:21:55	00:43:14 00:43:14
23	23	1	4	1097	SAPARI KATERINA Γυναίκα - 1991 (F30) Shape Team	00:21:39 00:21:38	00:43:25 00:43:25
24	24	11	20	1358	TRYPAS TILEMACHOS Άνδρας - 1991 (M30) REACH ATHENS	00:22:16 00:22:15	00:43:36 00:43:35
25	25	6	21	1452	HOXHARA PATRIS Άνδρας - 1983 (M40)	00:22:02 00:21:58	00:43:52 00:43:48
26	26	2	22	1086	VASILEIOU AGAPIOS Άνδρας - 1968 (M50) Avra Running Team	00:24:28 00:24:20	00:44:07 00:44:00

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
27	27	7	23	1015	ΟΙΚΟΝΟΜΟΥ DIONYSIS Άνδρας - 1980 (M40) ARLA PROTEIN SPORTS TEAM	00:22:44 00:22:43	00:44:17 00:44:15
28	28	12	24	1189	CHRISOVELONIS KONSTANTINOS Άνδρας - 1985 (M30)	00:22:22 00:22:14	00:44:24 00:44:16
29	29	1	5	1018	SYMEONIDI NANTIA Γυναίκα - 1981 (F40) ARLA PROTEIN SPORTS TEAM	00:22:18 00:22:15	00:44:29 00:44:26
30	30	3	25	1312	PETEINOS DIMITRIOS Άνδρας - 1964 (M50) LOSVAETHROS	00:22:36 00:22:36	00:45:06 00:45:05
31	31	2	6	1363	TSOUKNAKI DESPOINA Γυναίκα - 1974 (F40) OION AGIOU STEFANOU	00:22:46 00:22:43	00:45:12 00:45:09
32	32	4	26	1454	MANOLIS KAPETANAKIS Άνδρας - 2005 (M)	00:21:58 00:21:57	00:45:13 00:45:11
33	33	3	7	1426	DALACOURAS MELANIE Γυναίκα - 1978 (F40)	00:23:08 00:23:04	00:45:26 00:45:22
34	34	5	27	1500	CHARALAMPAKIS PANAGIOTIS Άνδρας - 1994 (M)	00:22:46 00:22:40	00:45:27 00:45:21
35	35	2	8	1001	CHATZOGLU POLLY Γυναίκα - 1990 (F30) HERBALIFE	00:22:51 00:22:45	00:45:28 00:45:21
36	36	4	9	1215	GRYLLAKI IOANNA Γυναίκα - 1980 (F40) -	00:23:54 00:23:51	00:45:51 00:45:48
37	37	6	28	1314	PETRIS GIORGOS Άνδρας - 1999 (M)	00:24:32 00:24:08	00:46:23 00:46:00
38	38	13	29	1382	ZIMIANITIS LOUKAS Άνδρας - 1989 (M30) TRIBE TRIATHLON TEAM	00:23:53 00:23:47	00:46:33 00:46:27
39	39	14	30	1241	TSALAFOUTAS VANGELIS Άνδρας - 1991 (M30) ADIDAS RUNNERS ATHENS	00:23:25 00:23:19	00:46:36 00:46:31
40	40	4	31	1499	PAPANIKOLAOU KONSTANTINOS Άνδρας - 1968 (M50)	00:24:13 00:24:10	00:46:57 00:46:53
41	41	15	32	1463	LAGOS CHRISTOFOROS Άνδρας - 1988 (M30)	00:23:52 00:23:51	00:47:11 00:47:10
42	42	16	33	1096	NIKAKIS PANAGIOTIS Άνδρας - 1993 (M30)	00:23:13 00:23:06	00:47:14 00:47:07
43	43	5	34	1248	KOSTARAS MICHAIL Άνδρας - 1966 (M50)	00:24:13 00:24:11	00:47:24 00:47:21
44	44	17	35	1091	BIRBAS CHRISTOS Άνδρας - 1992 (M30)	00:23:34 00:23:25	00:47:33 00:47:25
45	45	8	36	1321	PSARRIS THOMAS Άνδρας - 1979 (M40)	00:23:48 00:23:38	00:47:42 00:47:32
46	46	18	37	1261	LAMPROU ATHANASIOS Άνδρας - 1991 (M30)	00:24:38 00:24:19	00:47:43 00:47:24
47	47	19	38	1428	GKOTSIS THODORIS Άνδρας - 1991 (M30) NEED FOR FITNESS	00:24:49 00:24:30	00:47:47 00:47:28
48	48	7	39	1234	KEFIS ILIAS Άνδρας - 2000 (M)	00:25:06 00:25:04	00:47:49 00:47:47
49	49	6	40	1198	DIMTSAS NIKOS Άνδρας - 1970 (M50)	00:24:48 00:24:45	00:47:54 00:47:52
50	50	7	41	1169	AMPELAS IOANNIS Άνδρας - 1968 (M50)	00:23:43 00:23:39	00:47:59 00:47:55
51	51	4	10	1094	DRAMITINOU IOANNA Γυναίκα - 1994 (F)	00:22:52 00:22:37	00:48:01 00:47:45
52	52	8	42	1050	SKYLAKOS DIMITRIOS Άνδρας - 1999 (M) deloitte	00:24:37 00:24:10	00:48:12 00:47:46

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
53	53	9	43	1235	KEKAS PANAGIS Άνδρας - 1980 (M40)	00:24:55 00:24:29	00:48:21 00:47:55
54	54	20	44	1322	ROIDOULIAS ILIAS Άνδρας - 1991 (M30)	00:24:43 00:24:32	00:48:26 00:48:15
55	55	3	11	1418	XENOPOULOU VASILIKI ARTEMIS Γυναίκα - 1990 (F30)	00:24:45 00:24:44	00:48:37 00:48:36
56	56	10	45	1054	RUSH JUNIOR Άνδρας - 1979 (M40) TEAMUA	00:24:56 00:24:54	00:48:37 00:48:35
57	57	5	12	1076	KYZIRIDI NATALIA Γυναίκα - 2000 (F) Avra Running Team	00:23:59 00:23:56	00:48:42 00:48:39
58	58	11	46	1372	VASILEIADIS MICHAEL Άνδρας - 1980 (M40)	00:25:13 00:24:53	00:49:08 00:48:48
59	59	6	13	1216	GYFTOPOULOU ELPIDA Γυναίκα - 2002 (F)	00:23:45 00:23:43	00:49:09 00:49:07
60	60	9	47	1024	ΖΙΩΓΚΑΣ ΒΑΓΓΕΛΗΣ Άνδρας - 1995 (M) ARLA PROTEIN SPORTS TEAM	00:24:34 00:24:23	00:49:13 00:49:02
61	61	21	48	1030	ΠΕΤΟΥΣΗΣ ΘΟΔΩΡΗΣ Άνδρας - 1991 (M30) ARLA PROTEIN SPORTS TEAM	00:24:33 00:24:22	00:49:13 00:49:02
62	62	22	49	1250	KOTOULAS PANAGIOTIS Άνδρας - 1993 (M30)	00:25:23 00:25:14	00:49:15 00:49:06
63	63	10	50	1348	THEODOROU IASON Άνδρας - 2005 (M) DSA RUNNING TEAM	00:25:34 00:25:25	00:49:35 00:49:26
64	64	23	51	1384	ZYGAKIS KARYOFILIS Άνδρας - 1988 (M30)	00:24:39 00:24:37	00:49:42 00:49:41
65	65	1	52	1264	LEBESIS PANAGIOTIS Άνδρας - 1958 (M65)	00:25:32 00:25:25	00:49:53 00:49:46
66	66	8	53	1423	DEDELOUDIS CHRISTOS Άνδρας - 1973 (M50)	00:25:42 00:25:16	00:49:53 00:49:28
67	67	11	54	1219	IOANNIDIS KONSTANTINOS Άνδρας - 2004 (M) DSA RUNNING TEAM	00:25:33 00:25:24	00:50:03 00:49:54
68	68	9	55	1475	SKOURGIAS NIKOLAS Άνδρας - 1966 (M50)	00:28:26 00:28:25	00:50:15 00:50:14
69	69	24	56	1316	POLITIS SAVVAS Άνδρας - 1987 (M30) STYXOIMAN RUNNING TEAM	00:24:30 00:24:18	00:50:26 00:50:15
70	70	12	57	1362	TSIRIKAS MARGARITIS Άνδρας - 1994 (M)	00:25:21 00:25:07	00:50:27 00:50:12
71	71	5	14	1392	BULAI CORNELIA Γυναίκα - 1979 (F40)	00:25:18 00:25:17	00:50:29 00:50:28
72	72	12	58	1246	KOSMIDIS STYLIANOS Άνδρας - 1980 (M40)	00:25:41 00:25:24	00:50:45 00:50:28
73	73	13	59	1145	KROUSORATIS KONSTANTINOS Άνδρας - 1996 (M)	00:25:31 00:25:13	00:50:46 00:50:29
74	74	13	60	1140	FRIMAS GEORGE Άνδρας - 1979 (M40)	00:25:30 00:25:23	00:50:50 00:50:43
75	75	10	61	1010	KLOTSAS ARISTEIDIS Άνδρας - 1965 (M50) ARLA PROTEIN SPORTS TEAM	00:25:25 00:25:22	00:50:52 00:50:49
76	76	1	15	1221	JEDREJ NICOLA Γυναίκα - 1973 (F50)	00:25:20 00:25:11	00:50:55 00:50:46
77	77	7	16	1116	ALEXANDROU EVA Γυναίκα - 2000 (F) Opanathlon	00:25:42 00:25:35	00:51:12 00:51:05
78	78	6	17	1160	MARKIDI NIKOLETTA Γυναίκα - 1976 (F40)	00:26:21 00:26:16	00:51:23 00:51:18

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
79	79	11	62	1440	TERZOGLU IOANNIS Άνδρας - 1973 (M50) NEED FOR FITNESS	00:26:32 00:26:28	00:51:31 00:51:27
80	80	1	63	1343	STOGIOS KONSTANTINOS Άνδρας - 1963 (M60) NEA ARTAKI	00:26:15 00:26:11	00:51:40 00:51:36
81	81	25	64	1165	ALBANO STEFANO Άνδρας - 1985 (M30) MY ATHLETE	00:26:14 00:26:01	00:51:42 00:51:29
82	82	14	65	1302	PAPADAKIS DIOGENIS Άνδρας - 1975 (M40) ACTIVE MONKEYS	00:28:36 00:28:03	00:51:51 00:51:19
83	83	4	18	1172	ANGELOGLOU MARIA Γυναίκα - 1991 (F30) L-GREW	00:26:47 00:26:28	00:51:52 00:51:32
84	84	5	19	1205	GARYFALLI VASILIKI Γυναίκα - 1988 (F30)	00:27:20 00:27:05	00:51:53 00:51:37
85	85	14	66	1128	GEORGOULIS ILIAS Άνδρας - 1994 (M) BC Greeks	00:26:44 00:26:17	00:52:12 00:51:44
86	86	15	67	1306	PAPAIOANNOU VASSILIS Άνδρας - 1974 (M40)	00:25:51 00:25:43	00:52:14 00:52:07
87	87	26	68	1326	ROUMPEAS EFSTATHIOS Άνδρας - 1986 (M30)	00:27:09 00:26:51	00:52:20 00:52:02
88	88	8	20	1345	STYLIOU MARIA ALEXIA Γυναίκα - 1997 (F)	00:28:18 00:28:07	00:52:21 00:52:10
89	89	9	21	1375	VASILOPOULOU ANTIGONI Γυναίκα - 1996 (F)	00:25:49 00:25:49	00:52:25 00:52:25
90	90	2	69	1365	TURLEY NIGEL Άνδρας - 1960 (M60)	00:26:46 00:26:34	00:52:47 00:52:35
91	91	16	70	1416	TRISTAN EHRINGER Άνδρας - 1981 (M40) AGAMEMNON	00:27:12 00:27:01	00:52:59 00:52:47
92	92	27	71	1199	DOUMAS VASILIS Άνδρας - 1993 (M30)	00:27:46 00:27:16	00:53:01 00:52:31
93	93	15	72	1144	KARANASTASIS DIMITRIS Άνδρας - 1995 (M)	00:25:36 00:25:16	00:53:04 00:52:44
94	94	17	73	1420	ZERVAS PANAGIOTIS Άνδρας - 1983 (M40)	00:27:44 00:27:08	00:53:05 00:52:30
95	95	28	74	1276	MAVRAEIDOPOULOS VASILIS Άνδρας - 1990 (M30)	00:27:51 00:27:27	00:53:05 00:52:41
96	96	16	75	1151	WALTER BERNADETTE Άνδρας - 1995 (M) Team Bouboulina	00:27:42 00:27:28	00:53:08 00:52:54
97	97	12	76	1287	MOSCHOVITIS PANAGIOTIS Άνδρας - 1973 (M50)	00:25:56 00:25:54	00:53:08 00:53:06
98	98	7	22	1458	KOUSTOUMPARDI ELENI Γυναίκα - 1980 (F40)	00:27:13 00:27:05	00:53:11 00:53:03
99	99	17	77	1380	XANTHAKIS EMMANOUIL Άνδρας - 1994 (M)	00:26:39 00:26:28	00:53:20 00:53:09
100	100	10	23	1147	DE JONG ROSANNE Γυναίκα - 1997 (F) Team Bouboulina	00:27:41 00:27:27	00:53:22 00:53:09
101	101	18	78	1142	DANIEL BEHAR Άνδρας - 1979 (M40) Peak Performance Team	00:26:55 00:26:45	00:53:31 00:53:21
102	102	2	24	1197	DIMITRIADOU DIDO Γυναίκα - 1972 (F50)	00:26:48 00:26:45	00:53:32 00:53:29
103	103	19	79	1272	MAKRIS KOSTAS Άνδρας - 1982 (M40) EYDAP	00:27:47 00:27:17	00:53:37 00:53:07
104	104	6	25	1227	KAPOULA AGGELIKI Γυναίκα - 1989 (F30)	00:26:55 00:26:53	00:53:40 00:53:38

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
105	105	29	80	1208	GIOULOS CHRISTOS Άνδρας - 1993 (M30)	00:26:53 00:26:47	00:53:40 00:53:34
106	106	7	26	1340	STAMOPOULOU ELISAVET Γυναίκα - 1990 (F30)	00:27:15 00:26:50	00:53:46 00:53:21
107	107	11	27	1355	TRIANTAFYLLI MARINA Γυναίκα - 1998 (F)	00:27:15 00:27:05	00:53:54 00:53:43
108	108	13	81	1334	SKENTERIS TAXIARCHIS Άνδρας - 1971 (M50) APOLLON	00:28:08 00:28:02	00:53:57 00:53:51
109	109	14	82	1390	LINDRAS TOLIS Άνδρας - 1972 (M50)	00:26:46 00:26:38	00:53:59 00:53:50
110	110	8	28	1329	SACHINOGLOU STEFANIA Γυναίκα - 1990 (F30)	00:26:41 00:26:32	00:54:05 00:53:56
111	111	30	83	1277	MAVROSKOTIS DIONYSIOS Άνδρας - 1985 (M30) STOIXIMAN RUNNING TEAM	00:28:17 00:28:05	00:54:29 00:54:18
112	112	2	84	1004	DIMAS SOKRATIS Άνδρας - 1957 (M65) ARLA PROTEIN SPORTS TEAM	00:27:44 00:27:43	00:54:30 00:54:29
113	113	31	85	1168	ALEXOPOULOS DIONYSIOS Άνδρας - 1988 (M30)	00:27:16 00:27:11	00:54:31 00:54:26
114	114	20	86	1143	TSAKALAKIS GEORGE Άνδρας - 1978 (M40) Peak Performance Team	00:27:36 00:27:30	00:54:32 00:54:27
115	115	12	29	1249	KOTIDOU ANTONIA Γυναίκα - 1995 (F)	00:28:04 00:27:52	00:54:33 00:54:21
116	116	8	30	1401	KOUROUPI DOZIA Γυναίκα - 1980 (F40)	00:28:01 00:27:58	00:54:34 00:54:30
117	117	21	87	1460	SAMARAS GIANNIS Άνδρας - 1983 (M40)	00:27:53 00:27:45	00:54:40 00:54:33
118	118	15	88	1037	KOUTSOPOULOS DIMITRIS Άνδρας - 1973 (M50) deloitte	00:28:36 00:27:08	00:54:41 00:53:13
119	119	3	89	1462	BAROUS VASILIOS Άνδρας - 1960 (M60)	00:29:03 00:28:39	00:54:43 00:54:18
120	120	16	90	1157	STEWART MICHAEL Άνδρας - 1965 (M50)	00:28:59 00:28:30	00:54:51 00:54:22
121	121	4	91	1347	THEODOROU EVANGELOS Άνδρας - 1961 (M60) DSA RUNNING TEAM	00:27:34 00:27:24	00:54:51 00:54:41
122	122	22	92	1258	KYRIAKOPOULOS ILIAS Άνδρας - 1978 (M40) DSA RUNNING TEAM	00:27:33 00:27:22	00:54:51 00:54:40
123	123	9	31	1218	HOJNIK KATSOULI ANUSA Γυναίκα - 1980 (F40)	00:27:54 00:27:29	00:54:54 00:54:30
124	124	17	93	1342	STEFANIDIS DIMITRIS Άνδρας - 1965 (M50) STAY FIT RUNNING CLUB NEA ARTAKI	00:27:51 00:27:47	00:54:58 00:54:55
125	125	5	94	1436	XINTARAS STYLIANOS Άνδρας - 1959 (M60) NEED FOR FITNESS	00:28:27 00:28:09	00:54:58 00:54:41
126	126	32	95	1068	APOSTOLIS SOTIRIS Άνδρας - 1988 (M30) Avra Running Team	00:28:10 00:28:01	00:55:08 00:54:58
127	127	18	96	1370	VASILAKIS MARIOS Άνδρας - 1996 (M)	00:29:39 00:29:11	00:55:09 00:54:40
128	128	23	97	1422	BOUROUSIS KONSTANTINOS Άνδρας - 1981 (M40)	00:28:07 00:27:41	00:55:10 00:54:44
129	129	19	98	1309	PAPPAS ARIS Άνδρας - 2003 (M)	00:28:23 00:28:20	00:55:17 00:55:14
130	130	13	32	1007	GONIDI CHRISTINA Γυναίκα - 1994 (F) ARLA PROTEIN SPORTS TEAM	00:28:08 00:27:46	00:55:18 00:54:56

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
131	131	9	33	1073	KARAMPAMPA MARTHA Γυναίκα - 1988 (F30) Avra Running Team	00:28:14 00:28:03	00:55:24 00:55:14
132	132	18	99	1180	BOLIOTIS MANOUSOS Άνδρας - 1967 (M50)	00:27:19 00:27:16	00:55:38 00:55:35
133	133	10	34	1149	SCHNEIDER LENA Γυναίκα - 1993 (F30) Team Bouboulina	00:27:43 00:27:29	00:55:39 00:55:26
134	134	10	35	1296	NTIGKOU ARISTEA Γυναίκα - 1974 (F40) CORFU MOUNTAIN LOVERS	00:28:30 00:28:25	00:55:41 00:55:36
135	135	33	100	1482	Άνδρας - 1992 (M30)	00:29:27 00:28:54	00:55:47 00:55:14
136	136	14	36	1385	GKOUNTOURA DORA Γυναίκα - 1997 (F) BWIN	00:28:13 00:28:09	00:55:48 00:55:44
137	137	34	101	1289	MOURTIS THODORIS Άνδρας - 1990 (M30)	00:27:35 00:27:30	00:55:51 00:55:46
138	138	20	102	1445	YAKAS ORESTIS Άνδρας - 1995 (M)	00:28:35 00:27:58	00:55:52 00:55:15
139	139	21	103	1026	KARABIΔΑΣ ΕΥΡΙΠΙΔΗΣ Άνδρας - 1997 (M) ARLA PROTEIN SPORTS TEAM	00:27:03 00:26:54	00:55:54 00:55:45
140	140	1	37	1071	SPEROS CONNIE Γυναίκα - 1958 (F65) Avra Running Team	00:29:02 00:28:46	00:55:54 00:55:38
141	141	35	104	1209	GKAZONIS PARIS Άνδρας - 1988 (M30) THE GKAZONIS	00:29:32 00:29:19	00:55:57 00:55:44
142	142	11	38	1424	ISARI NIKOLETTA Γυναίκα - 1989 (F30)	00:29:05 00:28:49	00:56:00 00:55:44
143	143	22	105	1336	SMYRLAKI HLEKTRA Άνδρας - 1994 (M)	00:28:41 00:28:37	00:56:04 00:56:00
144	144	19	106	1257	KRANIOTIS THOMAS Άνδρας - 1968 (M50)	00:28:47 00:28:14	00:56:07 00:55:34
145	145	11	39	1262	LASKARI IRO Γυναίκα - 1977 (F40)	00:29:33 00:29:20	00:56:14 00:56:01
146	146	12	40	1399	KARATHANASI CHRISTINA Γυναίκα - 1990 (F30)	00:28:17 00:27:53	00:56:16 00:55:53
147	147	24	107	1307	PAPANDREOU NIKOLAOS Άνδρας - 1975 (M40) MYATHLETE	00:29:42 00:29:37	00:56:19 00:56:15
148	148	25	108	1229	KARAMPOIKIS MANOS Άνδρας - 1974 (M40) MYATHLETE	00:29:42 00:29:38	00:56:20 00:56:16
149	149	23	109	1398	GKOUROGIANNIS IOANNIS Άνδρας - 2005 (M) ATHLETE TRAINING OAKA	00:29:15 00:28:54	00:56:48 00:56:26
150	150	12	41	1315	PLIATSIKA MARIA Γυναίκα - 1980 (F40)	00:28:56 00:28:36	00:56:52 00:56:32
151	151	13	42	1396	ELEFThERIOU MARIA NIKI Γυναίκα - 1992 (F30)	00:29:35 00:28:58	00:56:56 00:56:19
152	152	14	43	1413	SKOUTELI KATERINA Γυναίκα - 1991 (F30)	00:28:53 00:28:27	00:57:00 00:56:34
153	153	2	44	1366	TURLEY PENNY Γυναίκα - 1956 (F65)	00:28:56 00:28:44	00:57:03 00:56:51
154	154	36	110	1079	LOUTZAKIS NIKOLAS Άνδρας - 1985 (M30) Avra Running Team	00:29:44 00:29:21	00:57:08 00:56:44
155	155	20	111	1242	KONSTANTAKOPOULOS ARISTOTELIS Άνδρας - 1973 (M50) GR RUNNERS	00:27:49 00:27:35	00:57:12 00:56:58
156	156	24	112	1129	KALOGINNIS YIANNIS Άνδρας - 1997 (M) BCGreeks	00:30:25 00:29:53	00:57:20 00:56:48

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
157	157	15	45	1133	MAROUDIA ANASTASIA Γυναίκα - 1999 (F) BCGreeks	00:30:25 00:29:54	00:57:20 00:56:50
158	158	3	46	1171	ANASTASIOU SOFIA Γυναίκα - 1967 (F50) POLIAS RUNNERS	00:29:14 00:29:04	00:57:26 00:57:16
159	159	25	113	1387	Bobolas Leonidas Άνδρας - 2000 (M)	00:29:00 00:28:44	00:57:29 00:57:13
160	160	21	114	1181	BOUCHORIS PASCHALIS Άνδρας - 1968 (M50)	00:29:35 00:29:16	00:57:35 00:57:17
161	161	15	47	1406	MATOUOLA IOANNA Γυναίκα - 1986 (F30)	00:29:11 00:28:54	00:57:42 00:57:24
162	162	26	115	1101	BOUQUET JASON Άνδρας - 1995 (M) AMANZOE	00:30:17 00:29:55	00:57:46 00:57:25
163	163	16	48	1305	PAPADOPOULOU CHARIKLEIA Γυναίκα - 1994 (F) PANELLINIOS GS	00:29:49 00:29:26	00:57:48 00:57:25
164	164	26	116	1183	CHALYVIDIS IORDANIS Άνδρας - 1976 (M40)	00:30:09 00:30:02	00:57:53 00:57:47
165	165	4	49	1474	LIAROU MARY Γυναίκα - 1966 (F50)	00:29:32 00:29:29	00:57:59 00:57:56
166	166	27	117	1100	VOTSIS PANAGIOTIS Άνδρας - 1994 (M)	00:29:47 00:29:32	00:58:01 00:57:46
167	167	16	50	1357	TRIMI ELENI Γυναίκα - 1990 (F30) ANNASTEAMA	00:30:06 00:29:58	00:58:03 00:57:55
168	168	27	118	1447	SCRASE DANIEL Άνδρας - 1979 (M40) BRITISH EMBASSY	00:30:03 00:29:30	00:58:07 00:57:33
169	169	3	119	1263	TSEREKLAS MICHALIS Άνδρας - 1957 (M65) DSA RUNNING TEAM	00:30:03 00:29:29	00:58:08 00:57:34
170	170	28	120	1090	BASLARIIS DIMITRIS Άνδρας - 1997 (M)	00:32:13 00:31:53	00:58:12 00:57:52
171	171	17	51	1433	GIANNIOU PINELOPI Γυναίκα - 1996 (F) NEED FOR FITNESS	00:30:24 00:30:03	00:58:13 00:57:52
172	172	28	121	1164	ALAFOUZOS PANAGIOTIS Άνδρας - 1981 (M40)	00:30:36 00:30:10	00:58:19 00:57:53
173	173	29	122	1203	FATSIS KONSTANTINOS Άνδρας - 1974 (M40)	00:30:47 00:30:12	00:58:25 00:57:51
174	174	6	123	1178	BEKATOROS DIONYSIS Άνδρας - 1961 (M60)	00:29:51 00:29:45	00:58:32 00:58:26
175	175	17	52	1313	PETEINOY ANDRONIKI Γυναίκα - 1990 (F30)	00:30:23 00:29:57	00:58:35 00:58:09
176	176	37	124	1056	ΚΟΛΟΒΟΣ ΘΑΝΑΣΗΣ Άνδρας - 1992 (M30) TEAMUA	00:29:17 00:29:12	00:58:39 00:58:34
177	177	38	125	1057	ΠΑΧΙΟΥΔΑΚΗΣ ΧΡΗΣΤΟΣ Άνδρας - 1986 (M30) TEAMUA	00:29:13 00:29:07	00:58:40 00:58:34
178	178	29	126	1455	KIRITSIS THEOFANIS Άνδρας - 2006 (M) TEAM JO	00:29:37 00:29:24	00:58:44 00:58:31
179	179	18	53	1435	RANTI THEOPISTI ANNA MARIA Γυναίκα - 1999 (F) NEED FOR FITNESS	00:31:27 00:31:06	00:58:50 00:58:29
180	180	30	127	1214	GRECH ANDREW Άνδρας - 1974 (M40) KIR	00:30:39 00:30:15	00:58:54 00:58:30
181	181	39	128	1266	LEKANIDIS YANNIS Άνδρας - 1991 (M30)	00:30:50 00:30:17	00:58:57 00:58:24
182	182	18	54	1409	PAPADOPOULOU EVA Γυναίκα - 1993 (F30)	00:30:19 00:30:04	00:59:00 00:58:44

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
183	183	13	55	1425	MARGELI SOFIA Γυναίκα - 1983 (F40)	00:29:18 00:29:06	00:59:05 00:58:52
184	184	19	56	1437	BLAZOMYTI ALEXANDRA Γυναίκα - 1999 (F) NEED FOR FITNESS	00:30:24 00:30:04	00:59:06 00:58:46
185	185	20	57	1465	GKEKA POLIXENI Γυναίκα - 1996 (F)	00:29:18 00:29:07	00:59:07 00:58:56
186	186	40	129	1124	CHRISTAKIS GIORGOS Άνδρας - 1991 (M30) BCGreeks	00:30:25 00:29:55	00:59:19 00:58:49
187	187	21	58	1125	DARA ASIMINA Γυναίκα - 1995 (F) BCGreeks	00:29:19 00:29:14	00:59:22 00:59:17
188	188	30	130	1167	ALEXIOU STEFANOS Άνδρας - 1994 (M)	00:28:39 00:28:32	00:59:22 00:59:15
189	189	41	131	1080	NIKOLOUTSAKOS NIKOLAOS Άνδρας - 1989 (M30) Avra Running Team	00:27:57 00:27:42	00:59:24 00:59:09
190	190	22	59	1432	APOSTOLIDOU NIKOLETA Γυναίκα - 1994 (F) NEED FOR FITNESS	00:30:41 00:30:24	00:59:28 00:59:10
191	191	22	132	1210	GOUMENOPOULOS IOANNIS Άνδρας - 1968 (M50)	00:29:19 00:29:18	00:59:35 00:59:34
192	192	19	60	1453	PARASKEVAS SOTIRIS Γυναίκα - 1987 (F30)	00:31:15 00:30:55	00:59:38 00:59:17
193	193	42	133	1351	THEODOROU VASILEIOS Άνδρας - 1988 (M30)	00:30:16 00:29:59	00:59:38 00:59:21
194	194	23	61	1404	MARINI EIRINI Γυναίκα - 1996 (F)	00:31:02 00:30:42	00:59:42 00:59:22
195	195	20	62	1446	LEBED VICTORIA Γυναίκα - 1993 (F30)	00:30:15 00:29:37	00:59:43 00:59:06
196	196	31	134	1402	KOUVELAKIS FOTIOS Άνδρας - 1982 (M40)	00:31:02 00:30:43	00:59:43 00:59:25
197	197	31	135	1047	PAPALABROU NIKIFOROS Άνδρας - 1997 (M) deloitte	00:30:25 00:29:58	00:59:45 00:59:18
198	198	32	136	1213	GOVAS ELIAS Άνδρας - 1974 (M40)	00:30:11 00:30:00	00:59:59 00:59:47
199	199	4	137	1085	SPEROS JOHN WILLIAM Άνδρας - 1957 (M65) Avra Running Team	00:30:03 00:29:21	01:00:02 00:59:20
200	200	32	138	1176	BANTOUNAS CHARALAMPOS Άνδρας - 1996 (M)	00:33:56 00:33:26	01:00:07 00:59:37
201	201	43	139	1383	ZISIS IOANNIS Άνδρας - 1987 (M30)	00:31:54 00:31:37	01:00:12 00:59:54
202	202	24	63	1061	ILIAKIDOU LABROTHERA Γυναίκα - 1996 (F) Melissa Pasta	00:29:18 00:29:17	01:00:22 01:00:21
203	203	44	140	1291	NIAKAROS SIMOS KONSTANTINOS Άνδρας - 1988 (M30)	00:30:16 00:30:13	01:00:23 01:00:19
204	204	25	64	1280	MICHALAKI CHRISTINA Γυναίκα - 1998 (F)	00:30:04 00:29:53	01:00:23 01:00:13
205	205	23	141	1239	KLONIS DIMITRIS Άνδρας - 1968 (M50)	00:31:58 00:31:38	01:00:26 01:00:06
206	206	24	142	1352	THEODOSIADIS KOSTAS Άνδρας - 1969 (M50)	00:31:57 00:31:38	01:00:26 01:00:07
207	207	5	65	1389	IPSILANTI AFRODITI Γυναίκα - 1969 (F50)	00:30:36 00:30:27	01:00:30 01:00:21
208	208	21	66	1032	ΣΠΥΡΙΑΙΩΤΗ ΕΛΛΗ Γυναίκα - 1986 (F30) ARLA PROTEIN SPORTS TEAM	00:30:20 00:30:11	01:00:31 01:00:21



A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
209	209	25	143	1279	MENAGIAS FILIPPOS Άνδρας - 1971 (M50)	00:30:57 00:30:37	01:00:34 01:00:15
210	210	45	144	1403	KTMR VAGGELIS Άνδρας - 1992 (M30)	00:32:10 00:31:34	01:00:35 00:59:59
211	211	14	67	1021	ΓΙΑΤΡΑ ΜΑΡΙΑ Γυναίκα - 1983 (F40) ARLA PROTEIN SPORTS TEAM	00:31:08 00:30:46	01:00:38 01:00:15
212	212	33	145	1192	KARAKATSANIS APOSTOLOS Άνδρας - 1974 (M40)	00:30:22 00:30:05	01:00:39 01:00:22
213	213	6	68	1339	STAMATATOU ADA Γυναίκα - 1970 (F50) AOB	00:31:09 00:31:03	01:00:53 01:00:46
214	214	26	69	1025	ΚΑΓΙΟΥΛΗ ΜΑΡΙΦΑΙΗ Γυναίκα - 1999 (F) ARLA PROTEIN SPORTS TEAM	00:30:37 00:30:23	01:00:57 01:00:42
215	215	33	146	1137	SIAMISIIS NIKOLAOS Άνδρας - 1994 (M) BCGreeks	00:31:10 00:30:39	01:01:00 01:00:30
216	216	34	147	1043	KOUTSOPOULOS NIKOLAS Άνδρας - 2002 (M) deloitte	00:34:11 00:26:46	01:01:00 00:53:35
217	217	26	148	1456	ROTH ADAM Άνδρας - 1971 (M50) Team Bouboulina	00:29:25 00:29:10	01:01:01 01:00:46
218	218	35	149	1044	PANOPOULOS KONSTANTINOS Άνδρας - 1995 (M) deloitte	00:30:29 00:30:03	01:01:03 01:00:37
219	219	27	70	1388	Politi Smaro Γυναίκα - 2000 (F)	00:31:08 00:30:50	01:01:06 01:00:48
220	220	7	71	1368	VARDAKA MARIA Γυναίκα - 1971 (F50) GR RUNNERS	00:30:47 00:30:34	01:01:07 01:00:54
221	221	7	150	1282	MICHALOPOULOS STYLIANOS Άνδρας - 1962 (M60) CB SWIMMING	00:31:27 00:31:04	01:01:08 01:00:46
222	222	22	72	1327	ROZI DIMITRA Γυναίκα - 1991 (F30)	00:32:08 00:32:02	01:01:11 01:01:05
223	223	28	73	1408	NTOFI KONSTANTINA Γυναίκα - 1995 (F)	00:30:29 00:30:24	01:01:12 01:01:07
224	224	34	151	1240	KOLLIAS TAKIS Άνδρας - 1982 (M40)	00:30:56 00:30:38	01:01:13 01:00:55
225	225	27	152	1391	ANGELAKOS ELIAS Άνδρας - 1967 (M50)	00:31:12 00:30:49	01:01:15 01:00:52
226	226	35	153	1495	KOVACEVIC IVAN Άνδρας - 1975 (M40)	00:30:24 00:30:09	01:01:28 01:01:13
227	227	23	74	1284	MITROPOULOU VASSO Γυναίκα - 1989 (F30)	00:31:20 00:30:45	01:01:29 01:00:54
228	228	36	154	1011	KONTAXIS THEODOSIS Άνδρας - 1996 (M) ARLA PROTEIN SPORTS TEAM	00:30:49 00:30:40	01:01:30 01:01:22
229	229	37	155	1042	MENAGIAS DIONYSIS Άνδρας - 1997 (M) deloitte	00:30:43 00:30:35	01:01:43 01:01:36
230	230	38	156	1286	MORNTO VASILEIOS Άνδρας - 1995 (M)	00:29:43 00:29:37	01:01:51 01:01:46
231	231	24	75	1132	MAKRI ISAVELLA Γυναίκα - 1989 (F30) BCGreeks	00:30:57 00:30:27	01:01:58 01:01:28
232	232	5	157	1374	VASILEIADIS IOANNIS Άνδρας - 1957 (M65)	00:31:10 00:30:45	01:02:10 01:01:45
233	233	25	76	1022	ΓΟΝΙΔΑΚΗ ΠΗΝΕΛΟΠΗ Γυναίκα - 1992 (F30) ARLA PROTEIN SPORTS TEAM	00:32:13 00:31:43	01:02:14 01:01:44
234	234	29	77	1346	TASOPOULOU OLGA THEOFANO Γυναίκα - 1995 (F)	00:32:35 00:32:02	01:02:29 01:01:56

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
235	235	15	78	1207	GEORGARAKOU KYRIAKI Γυναίκα - 1981 (F40)	00:31:36 00:31:24	01:02:30 01:02:18
236	236	30	79	1350	THEODOROU MYRTO Γυναίκα - 2000 (F) DSA RUNNING TEAM	00:31:48 00:31:39	01:02:30 01:02:21
237	237	39	158	1107	PANAGIOTOU DIMITRIS Άνδρας - 2000 (M) HEMPEL (HELLAS)	00:32:04 00:31:40	01:02:40 01:02:17
238	238	8	80	1319	PRODROMITI ANDRIANNA Γυναίκα - 1971 (F50) ANNASTEAMA	00:32:17 00:32:09	01:02:43 01:02:35
239	239	16	81	1441	GKOURLA MARIA Γυναίκα - 1980 (F40) NEED FOR FITNESS	00:31:56 00:31:52	01:02:51 01:02:47
240	240	17	82	1184	CHARAMI ARGIRO Γυναίκα - 1974 (F40)	00:31:59 00:31:57	01:03:00 01:02:58
241	241	46	159	1273	MANDREKAS VASILIS Άνδρας - 1992 (M30)	00:32:10 00:31:56	01:03:02 01:02:48
242	242	40	160	1141	ATHANASIOU IOANNIS Άνδρας - 1996 (M) Peak Performance Team	00:31:18 00:31:11	01:03:04 01:02:56
243	243	9	83	1179	BERI DESPINA Γυναίκα - 1970 (F50)	00:33:08 00:33:06	01:03:09 01:03:07
244	244	18	84	1159	MALLIOU XENIA Γυναίκα - 1979 (F40)	00:32:26 00:32:11	01:03:11 01:02:56
245	245	26	85	1371	VASILAKOU KONSTANTINA Γυναίκα - 1993 (F30)	00:32:21 00:31:51	01:03:12 01:02:41
246	246	41	161	1223	KAKIAS SOTIRIS Άνδρας - 2002 (M)	00:30:47 00:30:44	01:03:15 01:03:13
247	247	19	86	1267	LIONAKI DAFNI Γυναίκα - 1983 (F40)	00:32:02 00:31:58	01:03:28 01:03:24
248	248	42	162	1111	SKORDAS VASSILIS Άνδρας - 2000 (M) HEMPEL (HELLAS)	00:32:05 00:31:46	01:03:30 01:03:12
249	249	47	163	1494	MARGAROSSIAN GARY Άνδρας - 1987 (M30)	00:31:43 00:31:32	01:03:36 01:03:25
250	250	27	87	1304	PAPADIMA EFTHYMIA Γυναίκα - 1985 (F30)	00:32:03 00:31:45	01:03:37 01:03:20
251	251	36	164	1400	KARATZIS FILIPPOS Άνδρας - 1975 (M40)	00:35:55 00:28:13	01:03:40 00:55:58
252	252	48	165	1155	PATRALIS` VASILEIOS Άνδρας - 1992 (M30) weight room project	00:32:58 00:32:37	01:03:49 01:03:28
253	253	31	88	1153	MELISSARI MATINA Γυναίκα - 1997 (F) weight room project	00:32:59 00:32:37	01:03:49 01:03:28
254	254	32	89	1222	KAKEPI KATERINA Γυναίκα - 2003 (F)	00:33:09 00:32:48	01:03:50 01:03:30
255	255	20	90	1337	SOKKOU LYSANDRA Γυναίκα - 1981 (F40)	00:31:32 00:31:24	01:03:56 01:03:48
256	256	28	166	1008	KATRODAVLIS KONSTANTINOS Άνδρας - 1973 (M50) ARLA PROTEIN SPORTS TEAM	00:31:45 00:31:22	01:04:06 01:03:43
257	257	29	167	1461	POLITIS THEODOROS Άνδρας - 1968 (M50)	00:32:12 00:31:57	01:04:11 01:03:55
258	258	28	91	1328	RYDE STEPHANIE Γυναίκα - 1991 (F30)	00:33:08 00:32:34	01:04:17 01:03:43
259	259	21	92	1417	VASSALOU POPI Γυναίκα - 1980 (F40)	00:33:22 00:32:59	01:04:17 01:03:54
260	260	43	168	1052	TSERPES SOTIRIS Άνδρας - 1995 (M) deloitte	00:31:58 00:31:33	01:04:20 01:03:55

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
261	261	22	93	1236	KERAMIDA IRO Γυναίκα - 1977 (F40)	00:32:57 00:32:44	01:04:23 01:04:10
262	262	49	169	1063	DRAGOUMANOS NIKOS Άνδρας - 1984 (M30) melissa-kyriazopoulos team	00:32:58 00:32:44	01:04:26 01:04:12
263	263	30	170	1378	VAVOURAKIS EMMANUIL Άνδρας - 1966 (M50)	00:33:17 00:32:45	01:04:34 01:04:02
264	264	33	94	1110	SAMARA EIRINI Γυναίκα - 2000 (F) HEMPEL (HELLAS)	00:32:40 00:32:18	01:04:37 01:04:15
265	265	37	171	1069	ATHANASIOU ANTONIS Άνδρας - 1976 (M40) Avra Running Team	00:32:28 00:32:11	01:04:49 01:04:32
266	266	50	172	1421	ZIOGAS ARIS Άνδρας - 1990 (M30)	00:33:56 00:33:28	01:04:51 01:04:23
267	267	44	173	1098	STAVRIANIDIS PANAGIOTIS Άνδρας - 1994 (M)	00:32:43 00:32:27	01:04:53 01:04:37
268	268	34	95	1103	IOANNOU DIMITRA Γυναίκα - 2000 (F) HEMPEL (HELLAS)	00:32:29 00:32:07	01:05:08 01:04:46
269	269	6	174	1187	CHATZIARGYRIOU THEODOSIS Άνδρας - 1957 (M65)	00:32:46 00:32:39	01:05:12 01:05:06
270	270	29	96	1188	CHATZIARGYRIOU YANNITA Γυναίκα - 1992 (F30)	00:32:46 00:32:39	01:05:14 01:05:07
271	271	51	175	1228	KARACHOUNTRIS DIMITRIOS Άνδρας - 1988 (M30)	00:31:11 00:31:00	01:05:17 01:05:05
272	272	31	176	1230	KARDAMIS SPIROS Άνδρας - 1972 (M50) CORFU TEAM	00:33:52 00:33:45	01:05:26 01:05:19
273	273	52	177	1493	ZEIDAN BADR Άνδρας - 1988 (M30)	00:31:42 00:31:31	01:05:32 01:05:21
274	274	53	178	1496	Άνδρας - 1992 (M30)	00:30:58 00:30:35	01:05:35 01:05:12
275	275	35	97	1429	CHAIRISTANIDOU CHRISTINA Γυναίκα - 1994 (F) NEED FOR FITNESS	00:33:12 00:32:51	01:05:39 01:05:18
276	276	45	179	1237	KIKIMIS DIMITRIS Άνδρας - 1995 (M)	00:32:31 00:32:02	01:05:41 01:05:12
277	277	30	98	1472	KATOPODI KORINA Γυναίκα - 1985 (F30)	00:34:02 00:33:37	01:06:01 01:05:36
278	278	54	180	1152	KOMPOGIORGAS NIKOS Άνδρας - 1985 (M30) weight room project	00:33:05 00:32:44	01:06:07 01:05:47
279	279	31	99	1093	DIMITRIADOU CHRISTINA Γυναίκα - 1991 (F30)	00:33:35 00:33:15	01:06:24 01:06:04
280	280	36	100	1162	ADAMOPOULOU ANGELIKI Γυναίκα - 1995 (F)	00:33:56 00:33:26	01:06:29 01:05:59
281	281	46	181	1027	ΚΑΤΣΑΡΟΣ ΝΙΚΟΣ Άνδρας - 1994 (M) ARLA PROTEIN SPORTS TEAM	00:32:16 00:31:53	01:06:37 01:06:14
282	282	37	101	1002	CHRISTOPOULOU NIKI Γυναίκα - 1998 (F) ARLA PROTEIN SPORTS TEAM	00:33:20 00:32:58	01:06:39 01:06:17
283	283	38	182	1410	RUSSO EVANGELOS Άνδρας - 1979 (M40)	00:33:24 00:32:51	01:06:41 01:06:08
284	284	10	102	1232	KAZAGLI ANNA Γυναίκα - 1968 (F50) DSA RUNNING TEAM	00:33:30 00:33:22	01:06:47 01:06:38
285	285	38	103	1006	GONIDI ASPA Γυναίκα - 1998 (F) ARLA PROTEIN SPORTS TEAM	00:33:19 00:32:58	01:06:49 01:06:28
286	286	32	104	1074	KONISIOTI MARIA Γυναίκα - 1992 (F30) Avra Running Team	00:34:29 00:34:13	01:07:08 01:06:52

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
287	287	39	183	1476	DOVAS PETER Άνδρας - 1978 (M40)	00:35:19 00:34:49	01:07:14 01:06:44
288	288	23	105	1477	THEODOROU PEPI Γυναίκα - 1978 (F40)	00:35:23 00:34:53	01:07:15 01:06:45
289	289	24	106	1293	NIKI KARAGIANNAKI Γυναίκα - 1979 (F40)	00:33:44 00:33:16	01:07:20 01:06:52
290	290	33	107	1318	PRAPA ANGELIKA Γυναίκα - 1984 (F30)	00:32:29 00:32:22	01:07:26 01:07:18
291	291	47	184	1109	PAPADOPOULOS EFKLIDIS Άνδρας - 2000 (M) HEMPEL (HELLAS)	-	1:07:35
292	292	34	108	1009	KATSANI NANCY Γυναίκα - 1988 (F30) ARLA PROTEIN SPORTS TEAM	00:34:36 00:34:14	01:07:49 01:07:27
293	293	35	109	1005	GONIDI ANNA Γυναίκα - 1992 (F30) ARLA PROTEIN SPORTS TEAM	00:35:08 00:34:38	01:07:50 01:07:19
294	294	40	185	1361	TSIRAKIS NIKOS Άνδρας - 1981 (M40) AS AKROS	00:31:52 00:31:47	01:07:53 01:07:48
295	295	39	110	1443	FILIPPOU LYDIA Γυναίκα - 2005 (F) NEED FOR FITNESS	00:34:33 00:34:12	01:07:55 01:07:34
296	296	36	111	1442	DELIMARA RENATA Γυναίκα - 1984 (F30) NEED FOR FITNESS	00:34:34 00:34:13	01:07:56 01:07:34
297	297	37	112	1414	STAMOU EVA Γυναίκα - 1985 (F30)	00:34:41 00:34:24	01:08:03 01:07:46
298	298	41	186	1023	ΔΑΛΑΒΟΥΡΑΣ ΠΕΤΡΟΣ Άνδρας - 1983 (M40) ARLA PROTEIN SPORTS TEAM	00:35:01 00:34:30	01:08:23 01:07:52
299	299	38	113	1412	SIDERI ARIADNI Γυναίκα - 1992 (F30)	00:35:23 00:34:59	01:08:25 01:08:00
300	300	1	114	1466	KARAKITSOU VASILIKI Γυναίκα - 1962 (F60)	00:34:55 00:34:43	01:08:32 01:08:20
301	301	39	115	1268	LONTOU ANTONIA Γυναίκα - 1989 (F30) KALAMATA RUNNING PROJECT	00:35:44 00:35:24	01:08:35 01:08:15
302	302	40	116	1298	ORMENAJ MARKELLA Γυναίκα - 1989 (F30) KALAMATA RUNNING PROJECT	00:35:48 00:35:28	01:08:37 01:08:17
303	303	42	187	1195	DIMAREISIS JOHN Άνδρας - 1975 (M40)	00:34:37 00:33:59	01:08:38 01:08:00
304	304	40	117	1431	KERKETZE ANTONIA Γυναίκα - 1997 (F) NEED FOR FITNESS	00:34:24 00:34:07	01:08:44 01:08:27
305	305	55	188	1450	MARKOULIS EUAGGELOS Άνδρας - 1992 (M30)	00:34:21 00:33:48	01:08:55 01:08:21
306	306	48	189	1341	STEFANIDIS AGGELOS Άνδρας - 1997 (M)	00:35:19 00:34:44	01:09:19 01:08:45
307	307	41	118	1294	NIKOLAIDOU EVANGELIA Γυναίκα - 1993 (F30)	00:34:38 00:34:27	01:09:24 01:09:13
308	308	56	190	1333	SDOUGKAS SPYROS Άνδρας - 1987 (M30)	00:35:11 00:34:36	01:09:34 01:08:59
309	309	43	191	1254	KOTSIPOULOS IOANNIS Άνδρας - 1975 (M40)	00:35:36 00:35:09	01:09:43 01:09:16
310	310	25	119	1323	ROMANTZI TINA Γυναίκα - 1979 (F40)	00:35:12 00:34:59	01:09:58 01:09:45
311	311	42	120	1253	KOTSIKOY STEFANIA Γυναίκα - 1986 (F30)	00:36:48 00:36:45	01:10:07 01:10:05
312	312	49	192	1070	ATHANASIOU SAKIS Άνδρας - 2003 (M) Avra Running Team	00:36:46 00:36:44	01:10:08 01:10:06

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
313	313	32	193	1016	PAPANDREOU ALEXANDROS Άνδρας - 1973 (M50) ARLA PROTEIN SPORTS TEAM	00:35:25 00:35:22	01:10:13 01:10:10
314	314	43	121	1202	FARAZI ATHINA Γυναίκα - 1991 (F30)	00:35:24 00:35:21	01:10:13 01:10:10
315	315	11	122	1473	HATZIANASTASIOU SOPHIA Γυναίκα - 1969 (F50) DSA RUNNING TEAM	00:37:22 00:36:46	01:10:25 01:09:49
316	316	44	194	1467	SOULTATIS DIMITRIS Άνδρας - 1981 (M40)	00:34:25 00:34:11	01:10:38 01:10:24
317	317	45	195	1469	GKAMPANIDIS STELIOS Άνδρας - 1982 (M40)	00:35:13 00:34:59	01:10:38 01:10:24
318	318	33	196	1173	ARKADIS GEORGIOS Άνδρας - 1967 (M50)	00:35:08 00:34:47	01:10:42 01:10:21
319	319	41	123	1265	LEKANIDI EVGENIA Γυναίκα - 1995 (F)	00:33:37 00:33:05	01:10:42 01:10:09
320	320	8	197	1201	EVANGELIOU EVANGELOS Άνδρας - 1963 (M60) VIP	00:35:32 00:35:22	01:10:45 01:10:36
321	321	26	124	1317	POURNARA FISHER EFTHIMIA Γυναίκα - 1978 (F40)	00:34:57 00:34:44	01:10:48 01:10:36
322	322	46	198	1206	GEORGAKOPOULOS NIKOLAOS Άνδρας - 1977 (M40)	00:34:42 00:34:35	01:11:10 01:11:04
323	323	47	199	2266	NAKOS VASILEIOS Άνδρας - 1978 (M40)	00:35:49 00:35:32	01:11:25 01:11:07
324	324	44	125	1397	GEORGIOU MARIA Γυναίκα - 1988 (F30)	00:35:00 00:34:24	01:11:37 01:11:01
325	325	1	200	1369	VARDARAMATOS SOTIRIS Άνδρας - 1953 (M70+)	00:37:21 00:37:10	01:11:40 01:11:29
326	326	12	126	1479	KATERINA KATOPI Γυναίκα - 1972 (F50)	00:35:27 00:35:17	01:11:52 01:11:42
327	327	13	127	1175	ATHANASIADI MARILENA Γυναίκα - 1971 (F50) MARATHON TEAM GREECE BY MARIA POLYZOU	00:35:28 00:35:18	01:11:53 01:11:43
328	328	57	201	1464	VASILEIADIS VASILIOS Άνδρας - 1992 (M30)	00:36:21 00:36:09	01:12:21 01:12:09
329	329	48	202	1245	KONTIS EFSTRATIOS Άνδρας - 1980 (M40)	00:35:38 00:35:01	01:12:25 01:11:47
330	330	49	203	1177	BATIS DIMITRIS Άνδρας - 1982 (M40)	00:36:48 00:36:11	01:12:26 01:11:49
331	331	34	204	1448	ZARAFONITIS MANOLIS Άνδρας - 1968 (M50)	00:35:22 00:35:09	01:12:28 01:12:15
332	332	27	128	1376	VATIKIOTI PANAGIOTA Γυναίκα - 1979 (F40)	00:37:08 00:36:45	01:12:33 01:12:10
333	333	58	205	1154	MORIATIS VASILIS Άνδρας - 1987 (M30) weight room project	00:36:26 00:36:06	01:13:22 01:13:02
334	334	35	206	1310	PAPPAS DIMITRIS Άνδρας - 1972 (M50)	00:37:21 00:37:07	01:13:27 01:13:13
335	335	42	129	1308	PAPPA ANNA Γυναίκα - 2004 (F)	00:37:20 00:37:08	01:13:27 01:13:14
336	336	50	207	1434	PLIATSIKAS GIANNIS Άνδρας - 1981 (M40) NEED FOR FITNESS	00:36:40 00:36:36	01:13:28 01:13:24
337	337	14	130	1481	THEODOROU KONSTANTINA Γυναίκα - 1970 (F50)	00:37:30 00:37:10	01:13:55 01:13:35
338	338	43	131	1275	MARTZAKLI CHRYSANTHI Γυναίκα - 1997 (F)	00:36:52 00:36:35	01:13:58 01:13:41

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	5 Km	Finish
339	339	44	132	1295	NTALTA MARIA KONSTANTINA Γυναίκα - 1997 (F)	00:37:08 00:36:51	01:13:58 01:13:40
340	340	45	133	1356	TRIANTOPOULOU ANNA Γυναίκα - 1997 (F)	00:37:11 00:36:53	01:13:59 01:13:41
341	341	45	134	1299	PAGE MICHELLE Γυναίκα - 1989 (F30)	00:37:30 00:37:18	01:14:48 01:14:36
342	342	51	208	1470	VERIKIOS SPYROS Άνδρας - 1983 (M40)	00:37:02 00:36:37	01:15:18 01:14:53
343	343	59	209	1471	SKOUTELIS THEMISTOKLIS Άνδρας - 1989 (M30)	00:37:05 00:36:40	01:15:19 01:14:54
344	344	52	210	1088	ZOUNIS DIMITRIOS Άνδρας - 1981 (M40) Avra Running Team	00:37:12 00:37:09	01:15:37 01:15:34
345	345	46	135	1075	KYZIRIDI CHRYSOULA Γυναίκα - 1996 (F) Avra Running Team	00:37:42 00:37:40	01:15:56 01:15:54
346	346	53	211	1438	FILIPPOU PAVLOS Άνδρας - 1974 (M40) NEED FOR FITNESS	00:38:12 00:37:51	01:16:22 01:16:01
347	347	2	212	1244	KONSTANTOPOYLOS ANDREAS Άνδρας - 1948 (M70+) VIP	00:39:10 00:39:10	01:16:49 01:16:49
348	348	36	213	1224	KALANTZIS KONSTANTINOS Άνδρας - 1970 (M50)	00:37:49 00:37:23	01:16:50 01:16:24
349	349	47	136	1102	GOUNTZA MARIANTHI Γυναίκα - 2000 (F) HEMPEL (HELLAS)	00:38:40 00:38:16	01:16:51 01:16:27
350	350	48	137	1226	KANELLOU LYDIA Γυναίκα - 1995 (F)	00:38:07 00:38:02	01:16:52 01:16:47
351	351	28	138	1161	OIKONOMOU KALLIA Γυναίκα - 1976 (F40)	00:38:46 00:38:40	01:17:01 01:16:55
352	352	46	139	1233	KECHAGIDOU LAMPRIINI Γυναίκα - 1988 (F30)	00:38:54 00:38:46	01:17:05 01:16:57
353	353	2	140	1457	ALEXOPOULOU ALEXANDRA Γυναίκα - 1961 (F60)	00:38:48 00:38:39	01:17:08 01:16:59
354	354	3	214	1393	CONTRERAS RAMIRO Άνδρας - 1946 (M70+)	00:39:33 00:39:18	01:18:07 01:17:52
355	355	49	141	1212	GOUSIA ROZINA Γυναίκα - 1995 (F)	00:38:07 00:37:40	01:18:07 01:17:40
356	356	29	142	1419	ZAKKA DIMITRA Γυναίκα - 1976 (F40) ATHLETE TRAINING OAKA	00:40:11 00:39:49	01:18:31 01:18:09
357	357	50	215	1114	VOULGARAKIS KYRIAKOS Άνδρας - 2000 (M) HEMPEL (HELLAS)	-	1:19:15
358	358	54	216	1468	ZACHARAKIS EMMANOUIL Άνδρας - 1982 (M40)	00:40:14 00:40:00	01:20:16 01:20:02
359	359	47	143	1480	VENETI MARIA Γυναίκα - 1991 (F30) ARLA PROTEIN TEAM	00:41:55 00:41:39	01:20:53 01:20:36
360	360	15	144	1439	DASKALAKI EVAGGELIA Γυναίκα - 1973 (F50) NEED FOR FITNESS	00:40:24 00:40:19	01:21:13 01:21:08
361	361	37	217	1115	ALEXANDROU ANDREAS Άνδρας - 1967 (M50) Opanathlon	00:43:13 00:42:45	01:22:20 01:21:52
362	362	30	145	1118	INTZE PARASKEVI Γυναίκα - 1976 (F40) Opanathlon	00:43:04 00:42:35	01:22:21 01:21:52
363	363	31	146	1411	SARIKOSTA TANIA Γυναίκα - 1983 (F40)	00:38:45 00:38:09	01:22:57 01:22:21
364	364	48	147	1331	SARIKOSTA IRENE Γυναίκα - 1986 (F30)	00:41:05 00:40:29	01:22:57 01:22:21

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Όργανισμός/Άλλο	5 Km	Finish
365	365	50	148	1255	KOUROUNOU MARIA Γυναίκα - 1995 (F)	00:41:54 00:41:27	01:24:49 01:24:22
366	366	51	218	1135	PAPADIMITRIΟΥ ARIS Άνδρας - 1996 (M) BCGreeks	00:43:10 00:42:38	01:25:01 01:24:29
367	367	51	149	1138	STRATAKIS EMMIME Γυναίκα - 1998 (F) BCGreeks	00:43:10 00:42:38	01:25:01 01:24:28
368	368	38	219	1196	DIMITRAKOPOULOS PANOS Άνδρας - 1971 (M50)	00:43:56 00:43:24	01:27:31 01:27:00
369	369	52	150	1106	NIKOLAOU FLOREZA Γυναίκα - 2000 (F) HEMPEL (HELLAS)	00:43:02 00:42:38	01:27:47 01:27:23
370	370	55	220	1251	KOTSAKIS ZARIFIS Άνδρας - 1978 (M40)	00:43:53 00:43:22	01:28:35 01:28:04
371	371	49	151	1256	KOUTSOPOULOU KONSTANTINA Γυναίκα - 1985 (F30)	00:44:34 00:43:59	01:29:07 01:28:32
372	372	32	152	1231	KARVOUNI EVANGELIA Γυναίκα - 1977 (F40)	00:46:28 00:45:57	01:30:33 01:30:02
373	373	60	221	1072	KALAITZIS AGAMEMNON Άνδρας - 1990 (M30) Avra Running Team	00:45:42 00:45:32	01:32:22 01:32:13
374	374	33	153	1478	THEODOROU PENNY Γυναίκα - 1974 (F40)	00:53:23 00:52:54	01:32:23 01:31:54