

Smolikas Trail Run 2023 Smolikas Trail Run 23km

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 23KM	FINISH 23KM
1	1	1	MEN40-49	Male	66	Greek	ANASTASIOS TOMARAS	-	FIFTHELEMENT	0:00:00.313(00:00:00)	2:45:55.773(02:45:55)
2	2	1	MEN50-59	Male	60	Greek	IOANNIS PAPAILIAS	-	FIFTHELEMENT	0:00:01.763(00:00:00)	2:52:54.910(02:52:53)
3	1	1	WOMEN39-	Female	13	Greek	CHRISTINA GIAZITZIDOU	-	SALOMON HELLAS, ALL TERRAIN RUNNERS	0:00:04.593(00:00:00)	2:53:42.510(02:53:37)
4	3	2	MEN50-59	Male	64	Greek	SPYRIDON PAPPAS	-	FIFTHELEMENT	0:00:00.313(00:00:00)	3:02:39.767(03:02:39)
5	4	1	MEN39-	Male	23	Greek	NIKOLAOS GIANNOPOULOS	-	TRAIL TEAM / THE RUNNER'S PROJECT	0:00:04.593(00:00:00)	3:03:20.783(03:03:16)
6	5	3	MEN50-59	Male	61	Greek	DIMITRIOS ANDROYTSOS	-	FIFTHELEMENT	0:00:00.313(00:00:00)	3:05:29.850(03:05:29)
7	6	2	MEN39-	Male	21	Greek	CHRISTOS KYRIAZAKOS	-	EVOGYMMYKONOS	0:00:01.763(00:00:00)	3:10:20.187(03:10:18)
8	7	2	MEN40-49	Male	70	GREEK	VASILEIOS BAMPAS	-		0:00:05.270(00:00:00)	3:13:23.427(03:13:18)
9	8	3	MEN40-49	Male	25	Greek	KONSTANTINOS KOROZIS	-	OSB ENDURANCE TEAM	0:00:00.313(00:00:00)	3:13:54.710(03:13:54)
10	9	4	MEN40-49	Male	49	Greek	ALEXANDROS MAVRONAS	-	KASSIOS DIAS	0:00:00.313(00:00:00)	3:18:03.017(03:18:02)
11	10	4	MEN50-59	Male	71	greek	ΓΕΩΡΓΙΟΣ ΝΤΕΜΚΑΣ	-		0:00:00.313(00:00:00)	3:21:20.160(03:21:19)
12	11	5	MEN40-49	Male	3	Greek	DIMITRIS KRYONAS	-	EOS 1933	0:00:00.313(00:00:00)	3:21:20.367(03:21:20)
13	12	6	MEN40-49	Male	33	Greek	KONSTANTINOS GIANNAROS	-		0:00:06.403(00:00:00)	3:23:31.657(03:23:25)
14	2	1	WOMEN40-49	Female	16	Dutch	MARCELLA VAN HEMERT	-	TRAIL TEAM/APERGHITRAVEL.GR	0:00:00.533(00:00:00)	3:27:13.240(03:27:12)
15	13	7	MEN40-49	Male	34	Greek	MICHAEL BITOS	-		0:00:06.403(00:00:00)	3:31:52.800(03:31:46)
16	14	3	MEN39-	Male	63	Greek	GEORGIOS GKOGIANNOS	-	FIFTHELEMENT	0:00:00.313(00:00:00)	3:35:30.157(03:35:29)
17	15	5	MEN50-59	Male	62	Greek	ALEXIOS ANDROYTSOS	-	FIFTHELEMENT	0:00:00.533(00:00:00)	3:36:53.093(03:36:52)
18	16	8	MEN40-49	Male	50	Greek	DIMITRIS AFENTOULIDIS	-		0:00:07.803(00:00:00)	3:43:25.780(03:43:17)
19	3	2	WOMEN40-49	Female	8	Greek	EUGENIA PORIAZOGLOU	-	ΣΧΟΚ ΚΑΒΑΛΑΣ 1933	0:00:00.533(00:00:00)	3:44:01.023(03:44:00)
20	17	6	MEN50-59	Male	67	greek	PANAGIOTIS TOULIS	-	ΣΔΥΘ	0:00:06.403(00:00:00)	3:45:01.427(03:44:55)
21	18	4	MEN39-	Male	72	greek	ΒΑΛΕΝΤΙΝΟΣ ΠΟΥΡΙΚΑΣ	-		0:00:00.533(00:00:00)	3:45:25.453(03:45:24)
22	19	9	MEN40-49	Male	30	Greek	ALEXANDROS PANARETOS	-		0:00:04.593(00:00:00)	3:45:39.423(03:45:34)
23	20	7	MEN50-59	Male	40	Greek	PANAGIOTIS LAIMODETIS	-		0:00:07.803(00:00:00)	3:46:14.197(03:46:06)
24	21	10	MEN40-49	Male	57	Greek	LOUKAS DOUDOUMIS	-		0:00:00.863(00:00:00)	3:46:27.730(03:46:26)
25	4	3	WOMEN40-49	Female	51	Greek	GEORGIA SIOZIOU	-	SDI -SKY WOMAN RUNNING TEAM	0:00:00.533(00:00:00)	3:46:50.437(03:46:49)
26	22	8	MEN50-59	Male	65	Greek	DIMITRIS MANIKIS	-		0:00:00.520(00:00:00)	3:52:42.520(03:52:42)
27	23	9	MEN50-59	Male	14	Greek	BASILIS KARALIS	-	ΣΜΝΑ	0:00:04.593(00:00:00)	3:52:52.937(03:52:48)

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28	24	5	MEN39-	Male	46	Greek	ANGELOS BOUGIOUKOS	-	ΑΝΕΞΑΡΤΗΤΟΣ	0:00:03.380(00:00:00)	3:52:58.000(03:52:54)
29	25	10	MEN50-59	Male	41	Greek	VAGGELIS MAKRIS	-		0:00:09.703(00:00:00)	4:01:33.433(04:01:23)
30	26	1	MEN60+	Male	68	GREEK	SPYRIDON KOULIS	-	«ΟΔΕΥΩ» (ΟΜΑΣ ΔΥΝΑΜΙΚΩΝ ΕΞΟΡΜΗΣΕΩΝ ΥΨΙΣΤΗΣ ΩΦΕΛΕΙΑΣ)	0:00:01.763(00:00:00)	4:04:13.680(04:04:11)
31	27	11	MEN50-59	Male	44	Greek	ATHANASIOS MATSOULIS	-	ΟΡΕΙΒΑΤΙΚΟΣ	0:00:07.803(00:00:00)	4:04:26.487(04:04:18)
32	28	12	MEN50-59	Male	28	Greek	GEORGIOS TSIOLIS	-	ΚΑΣΣΙΟΣ ΔΙΑΣ	0:00:05.757(00:00:00)	4:11:25.690(04:11:19)
33	29	2	MEN60+	Male	59	Greek	KONSTANTINOS KALOGIROS	-	FIFTHELEMENT	0:00:00.533(00:00:00)	4:14:51.750(04:14:51)
34	30	13	MEN50-59	Male	1	Greek	IOANNIS SCHOINAS	-		0:00:07.803(00:00:00)	4:18:36.217(04:18:28)
35	31	14	MEN50-59	Male	74	greek	ΧΡΗΣΤΟΣ ΑΛΕΞΙΟΥ	-		0:00:00.533(00:00:00)	4:19:12.397(04:19:11)
36	32	11	MEN40-49	Male	42	Greek	ATHANSIOS KOULETSAS	-	HAF	0:00:12.113(00:00:00)	4:19:39.660(04:19:27)
37	33	12	MEN40-49	Male	53	Greek	GEORGIOS AXIOTIS	-		0:00:01.197(00:00:00)	4:21:22.733(04:21:21)
38	34	3	MEN60+	Male	19	Greek	ANDREAS ATHANASIADIS	-	TRANSCAUCASIAN MOUNTAINEERS	0:00:07.803(00:00:00)	4:23:19.177(04:23:11)
39	35	13	MEN40-49	Male	24	Greek	GIANNIS PANAGIOTOPOULOS	-		0:00:05.270(00:00:00)	4:24:12.913(04:24:07)
40	36	14	MEN40-49	Male	55	GREEK	ANTONIS VAKAROS	-		0:00:12.600(00:00:00)	4:38:44.567(04:38:31)
41	37	6	MEN39-	Male	47	Greek	ALEKSANDROS DIMOTAKIS	-		0:00:09.703(00:00:00)	4:39:04.047(04:38:54)
42	5	1	WOMEN50-59	Female	29	Greek	NIKOLETTA GIATRAKOU	-	SKYWOMEN RUNNING TEAM	0:00:06.403(00:00:00)	4:39:55.377(04:39:48)
43	38	15	MEN50-59	Male	48	Greek	EFTHYMHS ZIWGOS	-	OXYGEN	0:00:06.403(00:00:00)	4:41:28.623(04:41:22)
44	39	16	MEN50-59	Male	36	Greek	PANAGIOTIS TELLIS	-		0:00:00.520(00:00:00)	4:48:04.520(04:48:04)
45	40	17	MEN50-59	Male	54	Greek	DIMITRIS PAPAIOANNOU	-	CORFU MOUNTAIN LOVERS	0:00:07.803(00:00:00)	4:52:20.707(04:52:12)
46	41	7	MEN39-	Male	7	Greek	ATHANASIOS NTERELIS	-		0:00:09.703(00:00:00)	4:58:42.120(04:58:32)
47	42	4	MEN60+	Male	6	Greek	GIANNIS THLIOS	-	DIMOS KALITHEAS	0:00:00.313(00:00:00)	4:58:43.327(04:58:43)
48	43	18	MEN50-59	Male	10	Greek	SPYROS GKOUGKETAS	-	LAU LAU TEAM	0:00:12.600(00:00:00)	5:01:59.310(05:01:46)
49	44	5	MEN60+	Male	20	Greek	NIKOS TRIANTAFYLLOU	-	EVOGYM-MYKONOSW	0:00:05.757(00:00:00)	5:05:06.770(05:05:01)
50	45	8	MEN39-	Male	18	Greek	ALEXIOS DIAMANTHS	-	OXI	0:00:00.313(00:00:00)	5:18:12.793(05:18:12)
51	46	9	MEN39-	Male	73	greek	ΜΙΧΑΛΗΣ ΠΑΠΟΥΤΣΑΣ	-		0:00:09.703(00:00:00)	5:22:23.670(05:22:13)
52	47	15	MEN40-49	Male	45	Greek	IOANNIS KOTSIS	-	FIFTH ELEMENT	0:00:03.773(00:00:00)	5:23:34.083(05:23:30)
53	6	4	WOMEN40-49	Female	26	Greek	CHARA KARAKOSTA	-		0:00:05.270(00:00:00)	5:28:38.937(05:28:33)
54	48	10	MEN39-	Male	15	Greek	SPYROS NIKOLAOU	-		0:00:07.803(00:00:00)	5:34:48.230(05:34:40)
55	49	11	MEN39-	Male	43	Greek	ANASTASIOS ZACHARIADIS	-		0:00:06.403(00:00:00)	5:39:49.527(05:39:43)

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56	50	16	MEN40-49	Male	9	Greek	STAVROS VLACHOS	-		0:00:06.970(00:00:00)	5:46:16.070(05:46:09)
57	7	2	WOMEN50-59	Female	38	Greek	VIOLETA KOSTA	-		0:00:12.600(00:00:00)	6:26:07.860(06:25:55)
58	51	6	MEN60+	Male	58	Greek	GEORGIOS GEORGAKAKIS	-	ορειβατικη λεσχη Θεσσαλονικης	0:00:09.373(00:00:00)	6:26:10.340(06:26:00)
59	52	7	MEN60+	Male	39	Greek	DIMITRIOS LAMPRINIDIS	-		0:00:12.600(00:00:00)	6:26:12.430(06:25:59)