

## 2o Pamvotis View Trail 2023 21KM RACE

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 21KM	FINISH 21KM
1	1	1	ΓΕΝΙΚΗ ΑΝΔΡΩΝ	Male	30		ALEXANDROS TZOUMAKAS	-	FIFTH ELEMENT RUNNING TEAM/DRC	0:00:00.203(00:00:00)	1:50:33.527(01:50:33)
2	2	2	ΓΕΝΙΚΗ ΑΝΔΡΩΝ	Male	31		ARCHIEMEDES KAVAKIDIS	-	LEVEL X - IOANNINA RUNNING TEAM	0:00:00.203(00:00:00)	2:00:34.657(02:00:34)
3	3	3	ΓΕΝΙΚΗ ΑΝΔΡΩΝ	Male	32		IOANNIS PAPAILIAS	-		0:00:00.203(00:00:00)	2:18:14.157(02:18:13)
4	4	1	MEN50+	Male	15		SYLVAIN GOBEL	-	KARRAS TRAINING	0:00:02.123(00:00:00)	2:18:42.837(02:18:40)
5	5	1	MEN36-49	Male	88		ΚΩΝΣΤΑΝΤΙΝΟΣ ΡΑΓΙΑΣ	-		0:00:02.123(00:00:00)	2:19:48.470(02:19:46)
6	1	1	ΓΕΝΙΚΗ ΓΥΝΑΙΚΩΝ	Female	22		DIMITRA TSALOKOSTA	-		0:00:01.360(00:00:00)	2:20:17.123(02:20:15)
7	6	1	MEN35-	Male	55		DIMITRIOS KRIARAS	-	FUNCTIONAL DEPARTMENT LEFKADA	0:00:03.030(00:00:00)	2:21:13.473(02:21:10)
8	7	2	MEN50+	Male	73		DIMITRIOS ANDROYTSOS	-	ΣΔΙ	0:00:02.123(00:00:00)	2:21:16.973(02:21:14)
9	8	3	MEN50+	Male	84		ΜΙΧΑΛΗΣ ΠΑΣΙΑΚΟΣ	-		0:00:00.267(00:00:00)	2:21:47.877(02:21:47)
10	9	2	MEN35-	Male	68		GEORGIOS GKOGKOS	-	ΣΔΙ	0:00:00.267(00:00:00)	2:25:35.750(02:25:35)
11	10	2	MEN36-49	Male	65		GEORGIOS GKOGIANNOS	-	ΣΔΙ	0:00:01.360(00:00:00)	2:25:49.857(02:25:48)
12	11	3	MEN36-49	Male	57		GEORGIOS PAPADOPOULOS	-		0:00:03.640(00:00:00)	2:26:10.207(02:26:06)
13	12	4	MEN50+	Male	13		ALEXIOS ANDROYTSOS	-	FIFTHELEMENT / Σ. Δ. ΙΩΑΝΝΙΝΩΝ	0:00:03.030(00:00:00)	2:27:25.230(02:27:22)
14	13	4	MEN36-49	Male	4		CHRISTOS KOSTAS	-	AL.KO ENGINEERING & CONSTRUCTION	0:00:09.467(00:00:00)	2:28:26.267(02:28:16)
15	14	5	MEN36-49	Male	58		MICHAEL BITOS	-		0:00:04.310(00:00:00)	2:28:43.763(02:28:39)
16	15	3	MEN35-	Male	12		KONSTANTINOS PAPAΚOSTAS	-	ALL TERRAIN RUNNERS	0:00:01.360(00:00:00)	2:29:19.497(02:29:18)
17	16	5	MEN50+	Male	70		ALEXANDROS GIOTIS	-	ΣΔΙ	0:00:03.313(00:00:00)	2:30:08.127(02:30:04)
18	17	4	MEN35-	Male	63		DIMITRIOS GKOREZIS	-	GKOREZIS FITNESS CLUB	0:00:03.640(00:00:00)	2:30:23.830(02:30:20)
19	18	6	MEN36-49	Male	11		GONCALO ROCHA	-		0:00:09.013(00:00:00)	2:30:30.410(02:30:21)
20	19	6	MEN50+	Male	23		YANNIS GONGAKIS	-	LONEWOLFGR	0:00:03.030(00:00:00)	2:31:17.813(02:31:14)
21	20	7	MEN36-49	Male	83		ΒΑΣΙΛΕΙΟΣ ΜΠΑΜΠΑΣ	-	FIFTH ELEMENT - ZNTILA RUNNING TEAM	0:00:09.467(00:00:00)	2:33:11.863(02:33:02)
22	21	8	MEN36-49	Male	82		ΔΗΜΗΤΡΙΟΣ ΣΙΑΡΑΜΠΗΣ	-	FIFTH ELEMENT - ZNTILA RUNNING TEAM	0:00:09.013(00:00:00)	2:33:11.960(02:33:02)
23	22	5	MEN35-	Male	56		ARIS GKOGKAS	-	THE FUCTIONAL DEPARTMENT	0:00:05.407(00:00:00)	2:35:16.557(02:35:11)
24	23	6	MEN35-	Male	1		ΝΙΚΟΛΑΟΣ ΧΡΥΣΙΚΟΣ	-		0:00:05.407(00:00:00)	2:35:52.653(02:35:47)
25	24	7	MEN35-	Male	25		LABROS KALLOS	-		0:00:07.623(00:00:00)	2:37:01.907(02:36:54)
26	25	9	MEN36-49	Male	28		ANTONIS TEFAS	-		0:00:04.203(00:00:00)	2:41:13.347(02:41:09)
27	26	10	MEN36-49	Male	27		PAPPAS DIMITRIS	-		0:00:04.827(00:00:00)	2:41:14.440(02:41:09)
28	2	2	ΓΕΝΙΚΗ ΓΥΝΑΙΚΩΝ	Female	6		DANIILIDA TZOVOLOU	-		0:00:05.407(00:00:00)	2:42:23.773(02:42:18)
29	27	11	MEN36-49	Male	53		APOLLONAS SINAPIDIS	-		0:00:05.407(00:00:00)	2:43:57.857(02:43:52)

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30	28	12	MEN36-49	Male	86		ΑΝΤΩΝΙΟΣ ΚΑΜΠΕΡΗΣ	-		0:00:09.013(00:00:00)	2:46:34.037(02:46:25)
31	29	13	MEN36-49	Male	80		ΣΩΤΗΡΙΟΣ ΠΕΤΡΟΠΟΥΛΟΣ	-		0:00:04.470(00:00:00)	2:48:53.300(02:48:48)
32	30	7	MEN50+	Male	41		DIMITRIS MICHAIL	-		0:00:06.497(00:00:00)	2:49:13.617(02:49:07)
33	3	3	ΓΕΝΙΚΗ ΓΥΝΑΙΚΩΝ	Female	69		ELENA NIKOLENKO	-	ΣΔΙ	0:00:01.360(00:00:00)	2:50:09.813(02:50:08)
34	4	1	WOMEN50+	Female	71		THEODORA ANASTASIADI	-	ΣΔΙ	0:00:04.000(00:00:00)	2:50:11.083(02:50:07)
35	31	14	MEN36-49	Male	21		LEONIDAS TSIOURIS	-	SDI DEREKAS TEAM	0:00:03.313(00:00:00)	2:51:54.940(02:51:51)
36	32	15	MEN36-49	Male	2		GEORGIOS HASKIS	-	FIFTH ELEMENT	0:00:06.497(00:00:00)	2:52:05.147(02:51:58)
37	33	16	MEN36-49	Male	79		ΚΩΝΣΤΑΝΤΙΝΟΣ ΖΑΚΥΝΘΙΝΟΣ	-		0:00:04.000(00:00:00)	2:52:08.240(02:52:04)
38	5	1	WOMEN35-	Female	46		MATINA VANDOROU	-	THE FUNCTIONAL DEPARTMENT	0:00:04.310(00:00:00)	2:52:52.340(02:52:48)
39	6	2	WOMEN50+	Female	34		ΑΣΠΑ ΓΚΟΓΚΟΥ	-	ΣΔΙ	0:00:02.123(00:00:00)	2:53:20.220(02:53:18)
40	34	8	MEN50+	Male	47		NIKOS VASSIS	-		0:00:05.703(00:00:00)	2:54:34.987(02:54:29)
41	35	8	MEN35-	Male	3		MICHAIL KONTAKOS	-	KASIMIS TRAINING	0:00:06.497(00:00:00)	2:55:22.063(02:55:15)
42	36	17	MEN36-49	Male	24		KONSTANTINOS PANTAZIS	-		0:00:05.407(00:00:00)	2:55:25.243(02:55:19)
43	37	9	MEN50+	Male	42		ATHANASIOS MATSOULIS	-	ΕΟΣ ΙΩΑΝΝΙΝΩΝ	0:00:08.280(00:00:00)	2:56:46.643(02:56:38)
44	38	9	MEN35-	Male	29		STAVROS RENTZIS	-		0:00:07.123(00:00:00)	2:58:00.520(02:57:53)
45	39	10	MEN35-	Male	45		TASOS IAKOVIDIS	-		0:00:07.623(00:00:00)	2:58:06.630(02:57:59)
46	40	18	MEN36-49	Male	49		PANAGIOTIS KROMMYDAS	-	APOIXOS	0:00:07.217(00:00:00)	2:58:25.287(02:58:18)
47	41	19	MEN36-49	Male	37		FOTIS TSILOGIANNHS	-		0:00:08.280(00:00:00)	2:59:24.120(02:59:15)
48	42	10	MEN50+	Male	54		GIORGOS DALIANIS	-		0:00:03.640(00:00:00)	3:02:41.563(03:02:37)
49	43	11	MEN50+	Male	76		KONSTANTINOS IOANNOU	-		0:00:05.890(00:00:00)	3:04:41.707(03:04:35)
50	44	20	MEN36-49	Male	59		PANAGIOTIS GALINAS	-	IRONGYM ARTA	0:00:04.203(00:00:00)	3:06:27.917(03:06:23)
51	45	21	MEN36-49	Male	7		ALEXIOS DIAMANTHS	-		0:00:07.123(00:00:00)	3:08:02.437(03:07:55)
52	46	22	MEN36-49	Male	48		PANAGIOTIS BAKALIS	-		0:00:04.827(00:00:00)	3:08:26.617(03:08:21)
53	7	3	WOMEN50+	Female	17		OURANIA PAPASAVVA	-	BIKES SYLVAIN SHOP	0:00:04.000(00:00:00)	3:09:42.533(03:09:38)
54	47	12	MEN50+	Male	5		ΙΟΑΝΝΙΣ ΤΟΜΑΡΑΣ	-		0:00:08.280(00:00:00)	3:10:43.017(03:10:34)
55	48	23	MEN36-49	Male	14		DIONYSSIS TSAFOUROS	-		0:00:06.497(00:00:00)	3:10:44.793(03:10:38)
56	49	24	MEN36-49	Male	36		PANAGIOTIS NIKOLAOU	-	AC EVOLUTION	0:00:09.467(00:00:00)	3:13:13.497(03:13:04)
57	50	25	MEN36-49	Male	85		ΤΑΣΟΣ ΔΡΑΓΑΤΗΣ	-		0:00:12.293(00:00:00)	3:14:35.230(03:14:22)
58	51	26	MEN36-49	Male	62		ANTONIS VAKAROS	-		0:00:09.467(00:00:00)	3:16:29.550(03:16:20)
59	52	13	MEN50+	Male	74		CHARALAMPOS KARVELIS	-	ΣΔΙ	0:00:09.670(00:00:00)	3:16:35.883(03:16:26)
60	8	4	WOMEN50+	Female	64		ARETI AGGELI	-	ΣΔΙ	0:00:04.310(00:00:00)	3:20:03.070(03:19:58)
61	9	1	WOMEN36-49	Female	26		MELINA FINOU	-	MARATHON CLUB	0:00:04.310(00:00:00)	3:22:08.777(03:22:04)

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62	53	14	MEN50+	Male	75		NIKOLAOS OIKONOMIDIS	-	POSEIDON	0:00:06.470(00:00:00)	3:23:55.367(03:23:48)
63	54	15	MEN50+	Male	66		GEORGIOS KOSTIS	-	ΣΔΙ	0:00:12.090(00:00:00)	3:24:01.703(03:23:49)
64	10	5	WOMEN50+	Female	52		NIKOLETTA GIATRAKOU	-	SKYWOMEN RUNNING TEAM	0:00:06.497(00:00:00)	3:24:08.280(03:24:01)
65	55	27	MEN36-49	Male	39		STAVROS STAVROPOULOS	-		0:00:09.560(00:00:00)	3:24:09.497(03:23:59)
66	56	16	MEN50+	Male	18		PETROS EYAGGELOU	-	ΑΟ ΠΟΣΕΙΔΩΝ-ALTER GYM	0:00:05.407(00:00:00)	3:24:12.997(03:24:07)
67	57	28	MEN36-49	Male	50		CHARIS MOUSELIMIS	-		0:00:09.013(00:00:00)	3:32:27.793(03:32:18)
68	58	17	MEN50+	Male	67		GEORGIOS IOANNOU	-	ΣΔΙ	0:00:11.200(00:00:00)	3:45:23.203(03:45:12)
69	11	2	WOMEN36-49	Female	43		GIANNA LIONTOU	-		0:00:09.670(00:00:00)	3:45:41.133(03:45:31)
70	59	29	MEN36-49	Male	87		ΧΡΗΣΤΟΣ ΓΙΩΤΗΣ DNF	-		0:00:09.670(00:00:00)	3:47:43.597(03:47:33)
71	60	30	MEN36-49	Male	51		AGGELOS KASIOUMIS	-	ΤΑ ΑΓΡΙΜΙΑ	0:00:09.780(00:00:00)	-