

Vamvakou Mountain Run 2023 28km

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start	cp 21km	cp 14km	Finish 28km
1	1	1	A18-39	Male	672		ΙΩΑΝΝΗΣ ΤΣΙΑΜΠΟΥΛΑΣ	-	IRON TEAM BY SIDERIDIS	0:00:01(00:00:00)	0:37:36(00:37:34)	1:31:39(01:31:37)	2:47:26(02:47:25)
2	2	2	A18-39	Male	515		HARIS PARACHARALAMPOUS	-	KAISAREIAS ATHELTICS ASSOCIATION	0:00:01(00:00:00)	0:38:54(00:38:52)	1:36:07(01:36:06)	2:55:50(02:55:49)
3	3	1	A40-59	Male	675		ΓΕΩΡΓΙΟΣ ΤΣΟΥΜΑΝΗΣ	-	ΟΡΕΙΒΑΤΙΚΟΣ ΣΥΛΛΟΓΟΣ ΛΟΥΤΡΑΚΙΟΥ	0:00:00(00:00:00)	0:38:08(00:38:07)	1:36:11(01:36:11)	2:56:32(02:56:31)
4	4	3	A18-39	Male	680		ΓΙΩΡΓΟΣ ΧΑΡΙΣΤΟΣ	-		0:00:00(00:00:00)	0:41:58(00:41:57)	1:42:33(01:42:32)	3:04:48(03:04:48)
5	5	4	A18-39	Male	671		ΔΗΜΗΤΡΙΟΣ ΤΣΑΤΟΥΜΑΣ	-	ΘΥΕΛΛΑ ΠΛΑΤΑΝΑΣ	0:00:00(00:00:00)	0:39:22(00:39:21)	1:39:56(01:39:55)	3:07:50(03:07:49)
6	6	5	A18-39	Male	615		ΙΩΑΝΝΗΣ ΛΩΛΟΣ	-		0:00:01(00:00:00)	0:41:55(00:41:53)	1:44:12(01:44:10)	3:11:31(03:11:29)
7	7	6	A18-39	Male	552		ΑΡΓΥΡΗΣ ΓΕΩΡΓΟΥΛΗΣ	-	DRC_ATHENS	0:00:01(00:00:00)	0:44:09(00:44:08)	1:46:31(01:46:29)	3:14:30(03:14:28)
8	8	2	A40-59	Male	664		ΣΤΑΥΡΟΣ ΣΤΑΥΡΟΠΟΥΛΟΣ	-	ΣΠΑΡΤΙΑΤΕΣ ΔΡΟΜΕΙΣ	0:00:00(00:00:00)	0:42:55(00:42:54)	1:49:06(01:49:05)	3:16:50(03:16:49)
9	9	7	A18-39	Male	564		ΘΕΟΔΩΡΟΣ ΔΗΜΗΤΡΑΚΑΚΗΣ	-	ΚΥΠΑΡΙΣΣΙΑ	0:00:00(00:00:00)	0:44:06(00:44:05)	1:50:40(01:50:39)	3:18:21(03:18:21)
10	10	8	A18-39	Male	518		CHRISTOS SAKKAS	-	PERIKLIS TRAINING	0:00:00(00:00:00)	0:38:03(00:38:03)	1:38:46(01:38:46)	3:20:29(03:20:28)
11	1	1	Γ18-39	Female	638		ΛΕΜΟΝΙΑ ΠΑΝΑΓΙΩΤΟΥ	-	CHALANDRI FITNESSBOX	0:00:02(00:00:00)	0:45:30(00:45:28)	1:50:36(01:50:34)	3:21:53(03:21:51)
12	11	9	A18-39	Male	688		ΣΟΦΙΑΝΟΣ ΠΕΤΡΗΣ	-		0:00:03(00:00:00)	0:45:39(00:45:35)	1:51:45(01:51:42)	3:22:07(03:22:04)
13	12	10	A18-39	Male	665		ΑΠΟΣΤΟΛΟΣ ΣΤΕΦΑΝΙΔΗΣ	-	DIMOPOULOS COACHING	0:00:02(00:00:00)	0:46:47(00:46:45)	1:51:15(01:51:13)	3:27:11(03:27:08)
14	13	3	A40-59	Male	522		ΙΟΑΝΝΙΣ ΤΕΜΡΕΛΙΣ	-	L-CREW	0:00:03(00:00:00)	0:47:38(00:47:35)	1:57:53(01:57:50)	3:28:30(03:28:27)
15	14	11	A18-39	Male	536		ΔΗΜΗΤΡΗΣ ΑΙΚΑΤΕΡΙΝΗΣ	-	ΝΗΡΗΙΔΑ/ΓΕΝΙΚΗ ΔΙΑΧΕΙΡΙΣΤΙΚΗ	0:00:01(00:00:00)	0:46:19(00:46:17)	1:54:24(01:54:22)	3:28:56(03:28:54)
16	15	4	A40-59	Male	627		ΙΩΑΝΝΗΣ ΝΙΚΟΛΑΚΟΠΟΥΛΟΣ	-	RED BOX ☒	0:00:01(00:00:00)	0:45:35(00:45:33)	1:52:56(01:52:54)	3:30:25(03:30:23)
17	16	12	A18-39	Male	568		ΑΧΙΛΛΕΑΣ ΕΥΣΤΑΘΙΟΥ	-	A.A.A.K	0:00:01(00:00:00)	0:40:04(00:40:02)	1:39:07(01:39:05)	3:31:28(03:31:26)
18	17	5	A40-59	Male	579		ΜΑΝΩΛΗΣ ΚΑΡΑΔΗΜΗΤΡΙΟΥ	-	ΤΤΤ ΧΑΛΑΝΔΡΙΟΥ	0:01:15(00:00:00)	0:50:21(00:49:05)	1:58:01(01:56:45)	3:33:47(03:32:31)
19	18	6	A40-59	Male	678		ΕΥΑΓΓΕΛΟΣ - ΘΩΜΑΣ ΧΑΔΟΣ	-	HEADLESS CHICKENS	0:00:06(00:00:00)	0:47:43(00:47:36)	1:57:58(01:57:52)	3:33:47(03:33:40)
20	19	13	A18-39	Male	692		ΑΡΗΣ ΒΟΥΛΚΕΡΙΔΗΣ	-		0:05:20(00:00:00)	0:53:23(00:48:02)	2:04:36(01:59:15)	3:38:10(03:32:49)
21	20	14	A18-39	Male	685		ΓΙΑΝΝΗΣ ΚΑΡΑΛΙΑΣ	-		0:00:03(00:00:00)	0:49:33(00:49:29)	2:01:01(02:00:57)	3:39:53(03:39:49)
22	21	7	A40-59	Male	578		ΒΛΑΣΣΗΣ ΚΑΡΑΒΑΣΙΛΗΣ	-	ΤΕΛΜΗΣΣΟΣ	0:02:08(00:00:00)	0:53:29(00:51:21)	1:57:48(01:55:39)	3:39:53(03:37:45)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start	cp 21km	cp 14km	Finish 28km
23	22	8	A40-59	Male	623		ΑΛΚΗΣ ΜΠΟ	-	ΣΑΦΑΝΣ-ΚΟΙΝΩΝΙΚΗ_ΚΟΥΖΙΝΑ_ΜΟΝΑΣΤΗΡΑΚΙ	0:00:34(00:00:00)	0:48:46(00:48:12)	1:59:25(01:58:50)	3:39:53(03:39:19)
24	23	9	A40-59	Male	698		ΧΡΗΣΤΟΣ ΜΑΣΟΥΡΑΣ	-		0:00:01(00:00:00)	0:49:37(00:49:36)	2:02:44(02:02:42)	3:44:17(03:44:16)
25	24	10	A40-59	Male	577		ΗΛΙΑΣ ΚΑΠΟΓΛΗΣ	-	SANDA RUNNING TEAM	0:00:02(00:00:00)	0:50:18(00:50:16)	2:03:09(02:03:06)	3:44:36(03:44:33)
26	25	15	A18-39	Male	563		ΓΕΩΡΓΙΟΣ ΔΕΣΥΛΛΑΣ	-		0:00:08(00:00:00)	0:49:18(00:49:10)	2:03:00(02:02:52)	3:46:10(03:46:02)
27	26	16	A18-39	Male	572		ΔΙΟΝΥΣΗΣ ΘΕΟΔΟΣΗΣ	-	ΣΥΝΕΧΙΖΩ...	0:00:14(00:00:00)	0:53:00(00:52:46)	2:03:57(02:03:43)	3:49:19(03:49:04)
28	27	11	A40-59	Male	524		ΡΑΝΑΓΙΟΤΙΣ ΤΣΙΚΑΚΙΣ	-	SPARTAN RUNNERS / ΔΙΜΟΡΟΥΛΟΣ COACHING	0:00:06(00:00:00)	0:53:13(00:53:06)	2:08:27(02:08:20)	3:50:47(03:50:40)
29	28	17	A18-39	Male	679		ΔΗΜΗΤΡΗΣ ΧΑΛΑΣΤΑΝΗΣ	-	ΣΚΑΡΙΜΠΑΣ	0:00:07(00:00:00)	0:55:12(00:55:05)	2:11:28(02:11:20)	3:51:31(03:51:24)
30	29	12	A40-59	Male	668		ΜΑΡΚΟΣ ΤΟΥΝΤΑΣ	-	Σ ΔΡΟΜΕΩΝ ΥΓΕΙΑΣ ΤΡΙΠΟΛΗΣ	0:00:03(00:00:00)	0:52:43(00:52:40)	2:07:35(02:07:32)	3:52:40(03:52:37)
31	30	13	A40-59	Male	618		ΔΗΜΗΤΡΙΟΣ ΜΕΓΓΟΣ	-	ΔΙΜΟΡΟΥΛΟΣ COACLING- ΈΛΕΥΣΙΣ	0:00:02(00:00:00)	0:50:00(00:49:57)	2:03:55(02:03:52)	3:55:08(03:55:05)
32	31	14	A40-59	Male	574		ΔΗΜΗΤΡΗΣ ΘΗΒΑΙΟΣ	-	ΕΦΥΡΑΙΟΙ ΩΚΥΠΟΔΕΣ	0:00:02(00:00:00)	0:52:08(00:52:06)	2:05:10(02:05:07)	3:55:41(03:55:39)
33	32	15	A40-59	Male	546		ΕΥΘΥΜΙΟΣ ΒΛΑΧΟΣ	-	ΣΠΑΡΤΙΑΤΕΣ ΔΡΟΜΕΙΣ	0:00:05(00:00:00)	0:56:15(00:56:09)	2:14:01(02:13:55)	3:57:15(03:57:10)
34	33	16	A40-59	Male	648		ΙΩΑΝΝΗΣ ΠΛΕΥΡΙΤΗΣ	-	ΣΠΑΡΤΙΑΤΕΣ ΔΡΟΜΕΙΣ	0:00:06(00:00:00)	0:51:12(00:51:05)	2:08:35(02:08:29)	3:57:16(03:57:09)
35	34	17	A40-59	Male	539		ΝΙΚΟΣ ΑΝΑΝΙΑΔΗΣ	-	ΠΕΡΙΣΤΕΡΙ	0:00:02(00:00:00)	0:52:57(00:52:54)	2:11:39(02:11:37)	3:57:35(03:57:32)
36	2	1	Γ40-59	Female	639		ΒΑΣΙΛΕΙΑ ΠΑΝΤΕΡΗ	-		0:00:15(00:00:00)	0:53:20(00:53:05)	2:12:00(02:11:45)	3:57:38(03:57:23)
37	35	18	A40-59	Male	569		ΔΗΜΗΤΡΙΟΣ ΖΑΦΕΙΡΟΠΟΥΛΟΣ	-	ΦΑΛΛΑΘΙΟΙ	0:00:06(00:00:00)	0:51:20(00:51:14)	2:09:29(02:09:23)	3:58:18(03:58:12)
38	36	19	A40-59	Male	670		ΟΡΕΣΤΗΣ ΤΣΑΠΕΚΗΣ	-	RAFINA RUNNERS	0:00:03(00:00:00)	0:53:17(00:53:13)	2:11:22(02:11:18)	3:59:32(03:59:28)
39	37	20	A40-59	Male	583		ΣΤΕΦΑΝΟΣ ΚΑΡΟΥΝΤΖΟΣ	-	ΤΡΙΠΟΛΗ	0:00:07(00:00:00)	0:53:46(00:53:39)	2:09:04(02:08:57)	4:01:07(04:01:00)
40	38	21	A40-59	Male	626		ΝΙΚΟΛΑΟΣ ΝΑΟΥΜ	-		0:00:22(00:00:00)	0:50:28(00:50:06)	2:04:29(02:04:06)	4:03:11(04:02:48)
41	39	18	A18-39	Male	535		ΣΑΚΗΣ ΑΘΑΝΑΣΙΟΥ	-		0:00:03(00:00:00)	1:16:52(01:16:48)	-	4:03:56(04:03:52)
42	40	22	A40-59	Male	631		ΓΙΩΡΓΟΣ ΝΤΟΥΡΟΣ	-		0:00:17(00:00:00)	0:43:19(00:43:02)	2:14:40(02:14:23)	4:04:35(04:04:18)
43	41	19	A18-39	Male	604		ΜΙΧΑΗΛ ΚΩΝΣΤΑΝΤΟΥΔΗΣ	-		0:00:04(00:00:00)	0:51:45(00:51:40)	2:08:56(02:08:52)	4:04:55(04:04:50)
44	42	20	A18-39	Male	549		ΝΙΚΟΛΑΟΣ ΒΟΥΛΤΣΙΟΣ	-		0:00:07(00:00:00)	0:54:40(00:54:33)	2:15:25(02:15:17)	4:06:24(04:06:16)
45	43	23	A40-59	Male	561		ΜΙΛΤΙΑΔΗΣ ΔΑΝΙΗΛ	-	ΚΟΤΕΣ PARNITHAS	0:00:08(00:00:00)	0:50:47(00:50:39)	2:10:54(02:10:46)	4:07:49(04:07:41)
46	44	24	A40-59	Male	547		ΧΡΗΣΤΟΣ ΒΛΑΧΟΣ	-	ΑΘΗΝΟΔΩΡΟΣ Ο ΑΙΓΕΥΣ	0:00:05(00:00:00)	0:51:34(00:51:29)	2:06:27(02:06:21)	4:08:09(04:08:04)
47	45	25	A40-59	Male	693		ΒΑΓΓΕΛΗΣ ΔΗΜΗΤΡΙΟΥ	-		0:00:01(00:00:00)	0:57:20(00:57:18)	2:16:22(02:16:20)	4:08:57(04:08:55)
48	46	26	A40-59	Male	643		ΧΡΗΣΤΟΣ ΠΑΡΘΕΝΙΔΗΣ	-	HEADLESS CHICKENS	0:00:04(00:00:00)	0:54:00(00:53:55)	2:18:46(02:18:42)	4:09:08(04:09:04)
49	47	27	A40-59	Male	526		ΑΡΟΣΤΟΛΟΣ ΤΣΟΥΚΑΛΑΣ	-	TEAM ΚΟΥΜΠΑΡΟΣ	0:00:11(00:00:00)	0:55:34(00:55:23)	2:13:16(02:13:04)	4:09:15(04:09:04)
50	48	28	A40-59	Male	635		ΔΗΜΗΤΡΗΣ	-		0:00:11(00:00:00)	0:54:24(00:54:13)	2:14:58(02:14:46)	4:09:47(04:09:36)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start	cp 21km	cp 14km	Finish 28km
ΠΑΪΤΣΟΓΛΟΥ													
51	49	1	A60+	Male	659		ΑΘΑΝΑΣΙΟΣ ΣΚΟΠΑΣ	-	ΝΕΑ ΣΜΥΡΝΗ	0:00:17(00:00:00)	0:55:19(00:55:02)	2:15:58(02:15:41)	4:11:05(04:10:48)
52	50	29	A40-59	Male	516		HARRY PARADIMITRIΟΥ	-	HEADLESS CHICKENS	0:00:04(00:00:00)	0:53:55(00:53:51)	2:18:59(02:18:54)	4:11:46(04:11:42)
53	51	30	A40-59	Male	576		ΣΩΤΗΡΙΟΣ ΚΑΚΚΑΒΑΣ	-	ΚΥΠΑΡΙΣΣΙΑ	0:00:02(00:00:00)	0:54:56(00:54:53)	2:15:15(02:15:12)	4:12:03(04:12:00)
54	52	31	A40-59	Male	674		ΔΗΜΗΤΡΗΣ ΤΣΙΠΡΑΣ	-		0:00:00(00:00:00)	0:51:27(00:51:26)	2:08:54(02:08:53)	4:12:17(04:12:16)
55	53	32	A40-59	Male	558		ΣΤΑΥΡΟΣ ΔΑΛΔΑΡΑΣ	-	ΚΟΙΝΩΝΙΚΗ ΚΟΥΖΙΝΑ ΜΟΝΑΣΤΗΡΑΚΙΟΥ	0:00:20(00:00:00)	0:57:49(00:57:28)	2:21:00(02:20:40)	4:13:54(04:13:34)
56	54	33	A40-59	Male	610		ΛΕΩΝΙΔΑΣ ΛΟΓΟΘΕΤΗΣ	-	GALATSI / ATHENS	0:00:20(00:00:00)	0:54:05(00:53:44)	2:13:25(02:13:04)	4:13:55(04:13:34)
57	3	2	Γ18-39	Female	582		ΑΛΕΞΑΝΔΡΑ ΚΑΡΖΗ	-		0:00:00(00:00:00)	0:56:28(00:56:27)	2:19:20(02:19:20)	4:15:06(04:15:05)
58	55	34	A40-59	Male	641		ΧΡΗΣΤΟΣ ΠΑΠΑΝΤΩΝΙΟΥ	-	ΑΠΟΛΛΩΝ ΔΥΤΙΚΗΣ ΑΤΤΙΚΗΣ	0:00:08(00:00:00)	0:56:34(00:56:25)	2:19:23(02:19:15)	4:15:06(04:14:57)
59	56	21	A18-39	Male	617		ΠΑΝΑΓΙΩΤΗΣ ΜΑΥΡΟΓΙΑΝΝΗΣ	-	ΜΑΡΑΘΩΝΟΔΡΟΜΟΙ ΔΡΟΜΕΙΣ ΑΡΓΟΛΙΔΟΣ	0:00:10(00:00:00)	0:56:20(00:56:10)	2:14:24(02:14:13)	4:15:16(04:15:05)
60	57	35	A40-59	Male	531		ANASTASIOS ΖΟΥΜΡΟΥΛΙΣ	-	ΣΔΥ ΜΕΣΣΗΝΙΑΣ	0:00:06(00:00:00)	0:54:16(00:54:09)	2:16:18(02:16:11)	4:16:00(04:15:53)
61	58	36	A40-59	Male	560		ΚΩΣΤΑΝΤΙΝΟΣ ΔΑΝΙΗΛ	-	BLUE DREAM LUTRAKI	0:00:16(00:00:00)	0:52:54(00:52:38)	2:09:06(02:08:50)	4:17:27(04:17:10)
62	59	37	A40-59	Male	506		JOHN GIAVROGLOU	-		0:00:14(00:00:00)	0:53:57(00:53:43)	2:14:03(02:13:49)	4:17:31(04:17:16)
63	60	38	A40-59	Male	544		ΠΑΝΤΕΛΗΣ ΒΑΤΑΚΗΣ	-	ΑΘΗΝΑ	0:00:08(00:00:00)	0:56:42(00:56:33)	2:18:04(02:17:55)	4:18:04(04:17:56)
64	4	2	Γ40-59	Female	593		ΑΝΤΩΝΙΑ ΚΟΛΟΒΟΥ	-	ΣΠΑΡΤΗ	0:00:06(00:00:00)	0:56:36(00:56:29)	2:21:20(02:21:13)	4:20:06(04:20:00)
65	61	2	A60+	Male	697		ΤΑΚΗΣ ΚΑΡΑΛΙΑΣ	-		0:00:23(00:00:00)	0:57:45(00:57:22)	2:23:57(02:23:34)	4:20:45(04:20:22)
66	62	22	A18-39	Male	596		ΘΟΔΩΡΗΣ ΚΟΝΤΟΣ	-		0:00:05(00:00:00)	0:58:20(00:58:14)	2:27:05(02:26:59)	4:21:14(04:21:08)
67	63	39	A40-59	Male	513		CHRISTOS NIFORAS	-	NEXI GREECE RUNNING TEAM	0:00:12(00:00:00)	0:56:06(00:55:53)	2:21:30(02:21:17)	4:22:02(04:21:49)
68	64	40	A40-59	Male	673		ΙΩΑΝΝΗΣ ΤΣΙΓΚΑΝΟΣ	-	ΔΡΥΟΠΕΣ Γ.Α.Σ. ΕΡΜΙΟΝΙΔΑΣ	0:00:06(00:00:00)	0:54:13(00:54:07)	2:18:33(02:18:26)	4:22:40(04:22:34)
69	65	41	A40-59	Male	661		ΑΝΤΩΝΗΣ ΣΠΕΡΤΟΣ	-	ΣΔΥ ΡΕΘΥΜΝΟΥ	0:00:13(00:00:00)	0:55:23(00:55:09)	2:24:02(02:23:49)	4:22:47(04:22:34)
70	66	3	A60+	Male	621		ΠΑΝΑΓΙΩΤΗΣ ΜΠΑΒΕΑΣ	-		0:00:06(00:00:00)	0:57:08(00:57:01)	2:21:41(02:21:34)	4:23:11(04:23:04)
71	67	42	A40-59	Male	573		ΓΙΩΡΓΟΣ ΘΕΟΔΩΡΗΣ	-		0:00:14(00:00:00)	1:02:26(01:02:11)	2:29:09(02:28:54)	4:23:59(04:23:45)
72	68	4	A60+	Male	642		ΗΛΙΑΣ ΠΑΡΑΣΚΕΥΑΣ	-	ΑΘΗΝΑ	0:00:00(00:00:00)	0:54:52(00:54:51)	2:19:53(02:19:53)	4:25:56(04:25:55)
73	69	43	A40-59	Male	682		ΓΙΩΡΓΟΣ ΧΑΤΖΗΓΕΩΡΓΙΟΥ	-	ΒΟΥΛΑ	0:00:11(00:00:00)	0:58:00(00:57:48)	2:20:42(02:20:30)	4:26:13(04:26:01)
74	70	44	A40-59	Male	702		ΚΩΝΣΤΑΝΤΙΝΟΣ ΣΠΑΧΗΣ	-		0:00:07(00:00:00)	0:55:26(00:55:19)	2:24:00(02:23:53)	4:28:12(04:28:04)
75	5	3	Γ18-39	Female	532		ΜΑΡΙΑ ΑΓΓΕΛΑΔΑΚΗ	-		0:00:06(00:00:00)	0:54:28(00:54:22)	2:18:08(02:18:02)	4:28:34(04:28:27)
76	71	45	A40-59	Male	556		ΑΓΑΘΟΚΛΗΣ ΓΟΥΡΓΟΥΛΗΣ	-	ΑΡΓΥΡΟΥΠΟΛΗ	0:00:00(00:00:00)	0:56:24(00:56:24)	2:21:37(02:21:37)	4:28:52(04:28:52)
77	72	46	A40-59	Male	595		ΓΙΑΝΝΗΣ ΚΟΝΤΟΠΙΔΗΣ	-	ΝΕΑ ΣΜΥΡΝΙ RUNNING TEAM	-	1:00:17 (---:--)	2:28:15 (---:--)	4:29:28 (---:--)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start	cp 21km	cp 14km	Finish 28km
78	73	47	A40-59	Male	542		ΚΩΝΣΤΑΝΤΙΝΟΣ ΑΡΚΙΛΟ	-	ATHLETICS GUIDANCE	0:00:16(00:00:00)	0:58:41(00:58:24)	2:24:07(02:23:50)	4:30:19(04:30:02)
79	74	48	A40-59	Male	666		ΕΝΤΥ ΤΑΛΛΙΟ	-	THE MORE THAN FITNESS	0:00:00(00:00:00)	0:56:47(00:56:46)	2:26:53(02:26:53)	4:32:08(04:32:08)
80	75	49	A40-59	Male	625		ΧΡΗΣΤΟΣ ΜΠΡΟΖΟΣ	-	ΘΕΣΣΑΛΟΝΙΚΗ	0:00:09(00:00:00)	0:58:03(00:57:54)	2:21:35(02:21:26)	4:32:25(04:32:15)
81	76	50	A40-59	Male	662		ΓΙΩΡΓΟΣ ΣΠΥΡΙΔΗΣ	-	SHERPAS TEAM	0:00:13(00:00:00)	0:54:07(00:53:54)	2:18:13(02:18:00)	4:32:40(04:32:26)
82	77	51	A40-59	Male	588		ΙΩΣΗΦ ΚΕΛΑΙΔΗΣ	-	Α. ΗΛΙΟΥΠΟΛΗ	0:00:07(00:00:00)	0:56:44(00:56:36)	2:19:12(02:19:04)	4:32:47(04:32:40)
83	78	52	A40-59	Male	586		ΓΙΩΡΓΟΣ ΚΑΤΣΗΣ	-	ΣΠΑΡΤΙΑΤΕΣ ΔΡΟΜΕΙΣ	0:00:16(00:00:00)	1:00:42(01:00:25)	2:32:04(02:31:48)	4:33:14(04:32:57)
84	79	53	A40-59	Male	684		ΓΙΑΝΝΗΣ ΨΥΧΟΓΥΙΟΣ	-		0:00:11(00:00:00)	0:57:24(00:57:13)	2:24:18(02:24:07)	4:35:05(04:34:54)
85	80	54	A40-59	Male	637		ΠΑΝΑΓΙΩΤΗΣ ΠΑΛΙΟΥΡΑΣ	-		0:00:11(00:00:00)	0:57:15(00:57:03)	2:26:51(02:26:39)	4:35:05(04:34:53)
86	81	23	A18-39	Male	616		ΑΝΑΣΤΑΣΙΟΣ ΜΑΤΣΟΣ	-	ΕΦΥΡΑΙΟΙ ΩΚΥΠΟΔΕΣ	0:00:17(00:00:00)	0:56:50(00:56:32)	2:26:24(02:26:07)	4:36:21(04:36:03)
87	82	24	A18-39	Male	649		ΣΠΥΡΟΣ ΠΟΛΥΧΡΟΝΟΠΟΥΛΟΣ	-		0:00:07(00:00:00)	0:57:31(00:57:23)	2:30:20(02:30:12)	4:38:53(04:38:45)
88	83	55	A40-59	Male	584		ΓΙΩΡΓΟΣ ΚΑΣΙΩΛΑΣ	-	ΑΧΟΝΡΑΓΡΑΤΙ	0:00:07(00:00:00)	1:01:06(01:00:59)	2:25:38(02:25:31)	4:43:19(04:43:12)
89	84	56	A40-59	Male	644		ΒΑΣΙΛΗΣ ΠΑΤΕΛΗΣ	-		0:00:15(00:00:00)	0:59:28(00:59:12)	2:26:16(02:26:00)	4:43:30(04:43:15)
90	6	3	Γ40-59	Female	689		ΝΑΝΤΙΑ ΓΚΑΒΑΚΟΥ	-		0:01:49(00:00:00)	1:01:14(00:59:25)	2:33:42(02:31:53)	4:43:42(04:41:53)
91	85	57	A40-59	Male	634		ΝΙΚΟΛΑΟΣ ΠΑΓΚΑΛΑΚΗΣ	-	ΣΑΦΑΝΣ	0:00:14(00:00:00)	0:59:39(00:59:25)	2:27:20(02:27:06)	4:43:45(04:43:31)
92	86	58	A40-59	Male	519		LESTER SANCHEZ	-		0:00:30(00:00:00)	1:00:02(00:59:31)	2:27:24(02:26:53)	4:44:05(04:43:34)
93	87	59	A40-59	Male	658		ΓΕΩΡΓΙΟΣ-ΙΩΑΝΝΗΣ ΣΚΙΑΔΑΣ	-		0:00:13(00:00:00)	0:59:20(00:59:07)	2:27:11(02:26:57)	4:48:17(04:48:04)
94	88	60	A40-59	Male	509		ΑΘΑΝΑΣΙΟΣ ΚΑΤΣΑΝΑΚΙΣ	-	EXTR	0:00:04(00:00:00)	0:54:02(00:53:57)	2:19:48(02:19:43)	4:48:20(04:48:15)
95	89	61	A40-59	Male	527		GEORGE TZAVELAS	-		0:00:12(00:00:00)	1:03:13(01:03:01)	2:32:26(02:32:14)	4:49:53(04:49:41)
96	90	62	A40-59	Male	565		ΓΙΩΡΓΟΣ ΔΟΥΒΗΣ	-		0:00:09(00:00:00)	1:03:02(01:02:53)	2:33:23(02:33:13)	4:49:54(04:49:44)
97	91	63	A40-59	Male	590		ΑΝΔΡΕΑΣ ΚΟΪΤΣΑΝΟΣ	-	ΥΜΙΤΤΟΣ RUNNERS	0:00:10(00:00:00)	1:03:44(01:03:33)	2:41:50(02:41:40)	4:51:33(04:51:23)
98	92	64	A40-59	Male	611		ΣΠΥΡΙΔΩΝ ΛΥΚΟΥΔΗΣ	-		0:00:13(00:00:00)	1:02:11(01:01:58)	2:32:53(02:32:39)	4:51:33(04:51:20)
99	93	65	A40-59	Male	656		ΚΩΝΣΤΑΝΤΙΝΟΣ ΣΙΔΕΡΗΣ	-		0:00:06(00:00:00)	1:03:27(01:03:20)	2:37:52(02:37:45)	4:52:22(04:52:16)
100	94	5	A60+	Male	575		ΙΩΑΝΝΗΣ ΚΑΚΑΕΣ	-	ΣΑΦΑΝΣ	0:00:51(00:00:00)	1:01:52(01:01:00)	2:34:53(02:34:02)	4:53:14(04:52:23)
101	7	4	Γ40-59	Female	630		ΑΝΑΣΤΑΣΙΑ ΝΤΕΒΕΤΖΗ	-	ΣΔΥΑ	0:00:15(00:00:00)	1:06:20(01:06:05)	2:35:08(02:34:53)	4:53:14(04:52:59)
102	95	6	A60+	Male	504		ΝΙΚΟΛΑΟΣ ΔΙΟΝΥΣΟΠΟΥΛΟΣ	-	SDYA	0:00:53(00:00:00)	1:06:59(01:06:06)	2:44:06(02:43:12)	4:53:56(04:53:03)
103	96	7	A60+	Male	696		ΧΡΗΣΤΟΣ ΚΑΡΑΦΛΟΣ	-		0:00:00(00:00:00)	0:57:18(00:57:17)	2:27:52(02:27:52)	4:54:19(04:54:19)
104	97	66	A40-59	Male	543		ΚΩΝΣΤΑΝΤΙΝΟΣ ΑΥΓΕΡΟΣ	-	SNFCC RUNNING TEAM	0:00:21(00:00:00)	1:02:16(01:01:55)	2:35:26(02:35:05)	4:54:41(04:54:20)
105	98	67	A40-59	Male	525		SYMEON TSIKRIKIS	-	NIKAIA	0:00:16(00:00:00)	1:01:30(01:01:14)	2:35:03(02:34:46)	4:54:42(04:54:25)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start	cp 21km	cp 14km	Finish 28km
106	8	5	Γ40-59	Female	594		ΝΙΚΗ ΚΟΜΗ	-	SNFCC RUNNING TEAM	0:00:09(00:00:00)	1:02:19(01:02:09)	2:35:33(02:35:23)	4:54:42(04:54:32)
107	99	68	A40-59	Male	514		ΔΙΟΝΥΣΙΟΣ ΝΤΑΜΡΑΚΙΣ	-	ATHENS PATISIA	0:00:15(00:00:00)	1:02:44(01:02:29)	2:38:06(02:37:51)	4:56:22(04:56:06)
108	100	69	A40-59	Male	652		ΔΗΜΗΤΡΗΣ ΡΕΓΓΟΣ	-	ΣΥΛΛΟΓΟΣ ΑΘΛΟΥΜΕΝΩΝ ΜΕΣΣΗΝΗΣ	0:00:05(00:00:00)	1:01:57(01:01:51)	2:35:39(02:35:34)	4:57:13(04:57:08)
109	101	8	A60+	Male	501		ANDREAS ADAMIS	-	ΜΕΛΙΓΟΥ ΑΡΚΑΔΙΑΣ	0:00:04(00:00:00)	1:01:39(01:01:35)	2:36:21(02:36:17)	4:57:20(04:57:16)
110	102	9	A60+	Male	654		ΑΘΑΝΑΣΙΟΣ ΣΓΟΥΡΟΠΟΥΛΟΣ	-	ΟΑΚ ΑΙΓΙΝΑΣ	0:00:10(00:00:00)	1:03:16(01:03:06)	2:36:39(02:36:29)	4:57:54(04:57:44)
111	9	4	Γ18-39	Female	700		ΑΦΡΟΔΙΤΗ ΚΟΝΤΟΠΟΥΛΟΥ	-		0:00:05(00:00:00)	1:03:59(01:03:53)	-	4:59:10(04:59:05)
112	10	6	Γ40-59	Female	653		ΝΑΤΑΛΙΑ ΜΕΡΤΖΑΝΙΔΟΥ	-		0:00:05(00:00:00)	1:03:53(01:03:48)	2:41:25(02:41:20)	5:00:21(05:00:16)
113	103	70	A40-59	Male	553		ΓΙΑΚΟΥΜΗΣ ΓΙΑΚΟΥΜΙΔΗΣ	-	HEADLESS CHICKEN	0:00:05(00:00:00)	1:04:10(01:04:04)	2:41:30(02:41:24)	5:00:22(05:00:16)
114	104	10	A60+	Male	683		ΓΕΩΡΓΙΟΣ ΧΙΟΝΙΔΗΣ	-	ΣΑΦΑΝΣ	0:00:07(00:00:00)	1:02:36(01:02:29)	2:44:30(02:44:23)	5:02:11(05:02:03)
115	105	71	A40-59	Male	695		ΑΝΔΡΕΑΣ ΓΙΑΝΝΟΠΟΥΛΟΣ	-		0:00:08(00:00:00)	1:03:20(01:03:11)	2:38:12(02:38:04)	5:03:55(05:03:47)
116	106	72	A40-59	Male	555		ΧΑΡΗΣ ΓΚΑΝΑ	-	ΤΕΛΜΗΣΣΟΣ	0:00:09(00:00:00)	1:01:24(01:01:15)	2:32:30(02:32:21)	5:05:54(05:05:45)
117	11	7	Γ40-59	Female	650		ΜΑΡΙΑ ΠΟΥΝΗ	-	ΑΝΕΞΑΡΤΗΤΗ	0:00:19(00:00:00)	1:01:42(01:01:22)	2:33:49(02:33:30)	5:07:21(05:07:01)
118	107	73	A40-59	Male	624		ΑΝΤΩΝΙΟΣ ΜΠΟΓΔΑΝΟΣ	-		0:00:34(00:00:00)	1:01:44(01:01:10)	2:32:39(02:32:05)	5:08:47(05:08:12)
119	108	74	A40-59	Male	622		ΣΠΥΡΟΣ ΜΠΕΣΗΣ	-	ΣΔΥ ΑΘΗΝΑΣ	0:00:04(00:00:00)	1:14:16(01:14:12)	3:16:27(03:16:22)	5:10:15(05:10:10)
120	12	5	Γ18-39	Female	592		ΘΕΟΔΩΡΑ ΚΟΛΙΟΠΑΝΟΥ	-	ΣΑΦΑΝΣ	0:00:19(00:00:00)	1:10:57(01:10:37)	2:53:23(02:53:03)	5:11:14(05:10:54)
121	13	8	Γ40-59	Female	605		ΚΑΛΛΗ ΚΩΣΤΟΠΟΥΛΟΥ	-	POSP RUNNING TEAM	0:00:33(00:00:00)	1:06:05(01:05:32)	2:57:45(02:57:11)	5:12:07(05:11:34)
122	14	9	Γ40-59	Female	647		ΒΙΚΥ ΠΕΤΡΟΠΟΥΛΟΥ	-	ΣΑΦΑΝΣ	0:00:17(00:00:00)	1:02:32(01:02:15)	2:42:38(02:42:21)	5:12:19(05:12:02)
123	109	11	A60+	Male	640		ΝΙΚΟΣ ΠΑΠΑΔΟΠΟΥΛΟΣ	-	ΣΑΦΑΝΣ	0:00:24(00:00:00)	1:01:22(01:00:57)	2:42:59(02:42:34)	5:12:20(05:11:55)
124	110	75	A40-59	Male	669		ΠΑΝΑΓΙΩΤΗΣ ΤΡΙΜΠΟΝΙΑΣ	-	ΤΡΕΧΩ ΜΕ ΤΟΝ ΔΗΜΗΤΡΑΚΗ	0:00:20(00:00:00)	1:05:35(01:05:15)	2:45:10(02:44:50)	5:12:25(05:12:05)
125	15	10	Γ40-59	Female	663		ΜΑΡΙΑ ΣΤΑΜΟΥΛΗ	-	ΛΥΚΟΙ ΚΕΧΑΓΙΟΓΛΟΥ	0:00:16(00:00:00)	1:05:26(01:05:10)	2:46:36(02:46:19)	5:12:26(05:12:09)
126	111	76	A40-59	Male	587		ΑΝΑΣΤΑΣΙΟΣ ΚΑΤΣΙΜΙΧΑΣ	-		0:00:10(00:00:00)	0:57:52(00:57:42)	2:29:05(02:28:55)	5:14:28(05:14:18)
127	112	77	A40-59	Male	520		ΡΑΝΟΣ ΣΕΦΕΡΛΙΣ	-		0:00:08(00:00:00)	1:00:50(01:00:42)	2:38:24(02:38:16)	5:21:44(05:21:36)
128	113	78	A40-59	Male	600		ΣΠΥΡΙΔΩΝ ΚΟΥΝΑΒΗΣ	-	ΜΠΑΡΟΥΤΟΚΑΠΝΙΣΜΕΝΟΙ	0:00:05(00:00:00)	1:06:25(01:06:19)	2:57:09(02:57:03)	5:31:09(05:31:03)
129	114	79	A40-59	Male	686		ΠΑΝΑΓΙΩΤΗΣ ΠΗΓΑΔΙΩΤΗΣ	-		0:00:09(00:00:00)	1:01:26(01:01:17)	2:41:44(02:41:35)	5:34:22(05:34:13)
130	115	80	A40-59	Male	599		ΛΟΥΚΑΣ-ΛΟΥΚΑΣ ΚΟΥΜΕΡΤΑΣ-ΚΟΥΜΕΡΤΑΣ	-		0:00:11(00:00:00)	1:09:43(01:09:31)	2:54:55(02:54:43)	5:35:14(05:35:03)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start	cp 21km	cp 14km	Finish 28km
131	116	81	A40-59	Male	694		ΑΛΕΞΙΟΣ ΒΛΑΧΟΣ	-		0:00:11(00:00:00)	1:11:24(01:11:13)	3:05:36(03:05:25)	5:37:50(05:37:39)
132	117	82	A40-59	Male	554		ΑΝΤΩΝΗΣ ΓΙΑΝΝΑΚΟΠΟΥΛΟΣ	-	ΤΡΕΧΩ ΜΕ ΤΟΝ ΔΗΜΗΤΡΑΚΗ	0:00:20(00:00:00)	1:05:39(01:05:19)	2:58:09(02:57:49)	5:41:40(05:41:20)
133	118	83	A40-59	Male	651		ΠΕΤΡΟΣ ΠΟΥΡΛΙΑΚΑΣ	-		0:00:16(00:00:00)	1:05:54(01:05:38)	2:57:59(02:57:42)	5:41:40(05:41:24)
134	119	84	A40-59	Male	699		ΑΛΕΞΗΣ ΧΡΟΝΟΠΟΥΛΟΣ	-		0:00:07(00:00:00)	1:08:29(01:08:21)	2:58:56(02:58:48)	5:43:56(05:43:48)
135	120	85	A40-59	Male	591		ΙΩΑΝΝΗΣ ΚΟΚΛΑΜΑΝΗΣ	-		0:00:13(00:00:00)	1:03:41(01:03:28)	2:50:10(02:49:56)	5:46:04(05:45:50)
136	121	12	A60+	Male	628		ΒΑΣΙΛΗΣ ΝΙΚΟΛΑΟΥ	-		0:00:09(00:00:00)	1:05:34(01:05:24)	2:49:56(02:49:46)	5:46:04(05:45:54)
137	122	86	A40-59	Male	701		ΑΝΑΣΤΑΣΙΑ ΚΥΡΙΑΚΟΥ	-		0:00:17(00:00:00)	1:08:40(01:08:23)	2:57:08(02:56:51)	5:52:49(05:52:32)
138	123	87	A40-59	Male	691		ΚΩΣΤΑΣ ΠΑΠΔΟΠΟΥΛΟΣ	-		0:00:17(00:00:00)	1:08:48(01:08:30)	3:06:14(03:05:57)	5:58:45(05:58:27)
139	124	88	A40-59	Male	608		ΓΕΩΡΓΙΟΣ ΛΑΜΠΡΙΝΟΣ	-	ΣΔΥΠ	0:00:19(00:00:00)	1:08:26(01:08:06)	3:06:29(03:06:09)	5:58:49(05:58:29)
140	16	11	Γ40-59	Female	676		ΚΑΤΕΡΙΝΑ ΦΕΤΑΛΙΔΟΥ	-		0:00:12(00:00:00)	1:09:32(01:09:19)	2:58:40(02:58:27)	6:01:48(06:01:35)
141	125	13	A60+	Male	632		ΣΤΕΛΙΟΣ ΞΥΠΟΛΙΤΟΣ	-	ΣΔΥΜ	0:00:13(00:00:00)	1:13:54(01:13:41)	3:08:59(03:08:45)	6:02:32(06:02:19)
142	17	6	Γ18-39	Female	681		ΙΩΑΝΝΑ ΧΑΡΙΤΟΥ	-		0:00:13(00:00:00)	1:14:00(01:13:46)	3:09:15(03:09:01)	6:02:33(06:02:19)
143	126	89	A40-59	Male	585		ΔΗΜΗΤΡΗΣ ΚΑΣΚΟΥΤΗΣ	-	ΣΑΦΑΝΣ	0:00:18(00:00:00)	-	3:19:10(03:18:52)	6:13:00(06:12:42)
144	127	90	A40-59	Male	545		ΑΘΑΝΑΣΙΟΣ ΒΛΑΧΟΠΟΥΛΟΣ	-	ΣΑΦΑΝΣ	0:00:23(00:00:00)	1:05:43(01:05:19)	3:05:29(03:05:05)	6:20:46(06:20:22)
145	18	1	Γ60+	Female	523		CECILE TIRARD	-	ΣΑΦΑΝΣ	0:00:24(00:00:00)	1:11:36(01:11:12)	3:06:34(03:06:10)	6:20:53(06:20:28)
146	128	91	A40-59	Male	534		ΑΝΤΩΝΗΣ ΑΘΑΝΑΣΙΟΥ	-		0:00:04(00:00:00)	1:16:25(01:16:21)	3:25:10(03:25:06)	6:22:59(06:22:55)
147	129	92	A40-59	Male	507		GEORGE ΚΑΛΟΥΜΕΝΟΣ	-	ΚΑΝΕΝΑΣ	0:00:18(00:00:00)	1:11:04(01:10:45)	3:11:29(03:11:10)	6:33:03(06:32:44)
148	130	14	A60+	Male	511		DIMITRIS MARAGKOULIAS	-	ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	-	-	-	6:35:33 (---:--)
149	131	93	A40-59	Male	660		ΙΩΑΝΝΗΣ ΣΠΑΧΗΣ	-	REDBOX	-	-	-	6:42:17 (---:--)
150	132	94	A40-59	Male	614		ΓΕΩΡΓΙΟΔ ΛΩΛΗΣ	-	ΣΑΦΑΝΣ	0:00:22(00:00:00)	1:18:03(01:17:41)	3:21:55(03:21:33)	6:50:19(06:49:56)
151	133	95	A40-59	Male	655		ΜΙΧΑΛΗΣ ΣΕΡΓΑΚΗΣ	-	ΣΑΦΑΝΣ	0:00:13(00:00:00)	1:20:08(01:19:54)	3:25:20(03:25:06)	6:52:18(06:52:04)
152	134	96	A40-59	Male	598		ΒΑΣΙΛΗΣ ΚΟΥΜΑΝΑΚΟΣ	-	ΣΠΑΡΤΙΑΤΕΣ ΔΡΟΜΕΙΣ- KASIMISTRAINING	0:05:38(00:00:00)	0:55:15(00:49:36)	2:20:11(02:14:32)	-
153	135	25	A18-39	Male	570		ΘΕΟΔΩΡΟΣ ΗΛΙΑΔΗΣ	-	ΑΘΗΝΑ	0:00:03(00:00:00)	-	2:43:27(02:43:24)	-
154	19	12	Γ40-59	Female	690		ΑΛΕΞΑΝΔΡΑ ΚΟΝΤΑΚΗ	-		0:00:17(00:00:00)	1:14:57(01:14:39)	3:15:35(03:15:17)	-
155	136	97	A40-59	Male	645		ΝΑΤΑΛΗΣ ΠΕΤΡΟΒΙΤΣ	-		0:00:12(00:00:00)	1:15:14(01:15:02)	3:15:37(03:15:25)	-
156	137	98	A40-59	Male	505		GEORGIOS GIANNOPOULOS	-		0:00:22(00:00:00)	1:35:22(01:35:00)	4:12:12(04:11:50)	-
157	138	99	A40-59	Male	529		SIMOS XENITELLIS	-	ΗΑΑ	0:00:21(00:00:00)	1:31:05(01:30:44)	4:12:17(04:11:56)	-
158	139	100	A40-59	Male	636		ΧΡΗΣΤΟΣ ΠΑΛΗΚΑΡΑΣ	-		-	2:37:34 (---:--)	-	-

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start	cp 21km	cp 14km	Finish 28km
159	140	101	A40-59	Male	548		ΙΩΑΝΝΗΣ ΒΟΓΙΑΝΤΖΗΣ	-	ΠΕΡΙΚΛΗΣ ΔΗΜΗΤΡΙΟΥ ΠΑΦΟΣ	0:00:46(00:00:00)	-	-	-