

Smolikas Trail Run 2022 Smolikas Trail Run 23km

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 23KM	FINISH 23KM
1	1	1	MEN40-49	Male	49		DIMITRIOS THEODORAKAKOS	-	ALL TERRAIN RUNNERS	0:00:00.113(00:00:00)	2:40:01.440(02:40:01)
2	2	2	MEN40-49	Male	51		ANASTASIOS TOMARAS	-	FIFTH ELEMENT	0:00:01.326(00:00:00)	2:40:50.436(02:40:49)
3	3	1	MEN	Male	66		KONSTANTINOS GIANNOPOULOS	-	MOUNTAIN TRAINNING SOLUTIONS	0:00:00.886(00:00:00)	2:42:02.883(02:42:01)
4	4	1	MEN50-59	Male	67		IOANNIS PAPAILIAS	-	FIFTH ELEMENT RUNNING TEAM	0:00:01.890(00:00:00)	2:47:31.390(02:47:29)
5	5	3	MEN40-49	Male	3		IOANNIS EDESSEOS	-	DRC ATHENS/ALTERNATIVE WELLNESSB&T	0:00:01.326(00:00:00)	2:47:34.363(02:47:33)
6	6	4	MEN40-49	Male	54		SLAWOMIR MATRAS	-	HOKA ONE ONE/ODLO	0:00:00.990(00:00:00)	2:55:42.010(02:55:41)
7	7	5	MEN40-49	Male	62		ODYSSEAS ZIOGOS	-	PODILATIKOS SYLLOGOS IOANNINON	0:00:01.990(00:00:00)	3:06:49.110(03:06:47)
8	8	2	MEN	Male	44		EVAGGELOS MATSIKAS	-	GO EXPERIENCE	0:00:03.526(00:00:00)	3:10:19.580(03:10:16)
9	9	2	MEN50-59	Male	65		NIKOLAOS TSIAGKAS	-	Kromidas trail team	0:00:01.556(00:00:00)	3:10:34.170(03:10:32)
10	10	6	MEN40-49	Male	39		GEORGIOS ASIMAKIS	-	ΑΠΕΙΡΟΣ	0:00:03.093(00:00:00)	3:11:00.306(03:10:57)
11	11	3	MEN50-59	Male	53		DIMITRIOS ANDROYTSOS	-	FIFTH ELEMENT/S.D IOANNINON	0:00:01.890(00:00:00)	3:14:42.853(03:14:40)
12	12	3	MEN	Male	1		KONSTANTINOS PAPAKOSTAS	-	ALL TERRAIN RUNNERS	0:00:01.326(00:00:00)	3:18:35.080(03:18:33)
13	13	7	MEN40-49	Male	75		ATHANASIOS TSIRIMIAGKOS	-	KASSIOS DIAS	0:00:02.986(00:00:00)	3:24:13.463(03:24:10)
14	14	8	MEN40-49	Male	57		ALEXANDROS MAVRONAS	-	Kassios dias	0:00:03.853(00:00:00)	3:24:34.713(03:24:30)
15	15	4	MEN	Male	43		ANASTASIOS DRAGATIS	-		0:00:02.870(00:00:00)	3:24:34.713(03:24:31)
16	16	5	MEN	Male	59		MIHAIL KALLIMANIS	-		0:00:00.990(00:00:00)	3:25:10.513(03:25:09)
17	1	1	WOMEN	Female	64		DAFNI MANTOUSHI	-	Mountain Training Solutions	0:00:02.546(00:00:00)	3:29:28.540(03:29:25)
18	2	2	WOMEN	Female	55		ATHINA MOISIDOU	-		0:00:02.336(00:00:00)	3:29:28.970(03:29:26)
19	17	4	MEN50-59	Male	52		ALEXIOS ANDROYTSOS	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	0:00:02.103(00:00:00)	3:36:09.690(03:36:07)
20	18	9	MEN40-49	Male	40		MICHAEL BITOS	-		0:00:05.640(00:00:00)	3:37:10.446(03:37:04)
21	3	3	WOMEN	Female	5		DESPOINA BLOUKOU	-	OSB ENDURANCE TEAM	0:00:00.560(00:00:00)	3:37:10.666(03:37:10)
22	19	10	MEN40-49	Male	32		IOANNIS KOTSIS	-	FIFTH ELEMENT	0:00:07.386(00:00:00)	3:38:37.653(03:38:30)
23	20	6	MEN	Male	58		APOSTOLOS TASOULAS	-	ΑΠΕΙΡΟΣ Ποδηλατικός Όμιλος Ηγουμενίτσας	0:00:00.976(00:00:00)	3:38:59.786(03:38:58)
24	21	11	MEN40-49	Male	61		VASILEIOS BAMPAS	-	Zntila Running Team	0:00:04.510(00:00:00)	3:42:51.693(03:42:47)
25	4	4	WOMEN	Female	69		LAMPRINI LIOUTA	-		0:00:03.636(00:00:00)	3:43:31.516(03:43:27)
26	22	12	MEN40-49	Male	42		BASILEIOS SIOCHOS	-	ΔΡΟΜΕΙΣ ΣΟΥΛΙΟΥ	0:00:03.870(00:00:00)	3:44:13.023(03:44:09)

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27	23	5	MEN50-59	Male	27		THEODOROS VOULISTIOTIS	-	MOUNTAIN TRAINING SOLUTIONS	0:00:07.820(00:00:00)	3:45:23.090(03:45:15)
28	24	13	MEN40-49	Male	33		GEORGIOS TOMTSIDIS	-	MOUNTAIN TRAINING SOLUTUONS	0:00:02.103(00:00:00)	3:45:23.523(03:45:21)
29	25	1	MEN60+	Male	74		GERASIMOS MITSOULIS	-	PARGA	0:00:06.840(00:00:00)	3:46:06.386(03:45:59)
30	26	6	MEN50-59	Male	4		ALEXANDROS ALEXANDROU	-		0:00:03.420(00:00:00)	3:50:16.156(03:50:12)
31	27	7	MEN	Male	48		VASILIS PERIVOLARIS	-		0:00:04.616(00:00:00)	3:54:52.126(03:54:47)
32	5	1	WOMEN40-49	Female	72		ELEFThERIA LAVARI	-		0:00:02.100(00:00:00)	3:55:16.136(03:55:14)
33	28	14	MEN40-49	Male	71		NIKOLAOS CHATZIPARASKEVAS	-	THE WORLD FAMOUS RUNNING TEAM	0:00:09.013(00:00:00)	3:55:57.883(03:55:48)
34	6	2	WOMEN40-49	Female	34		GEORGIA SIOZIOU	-	SDI IOANNINON	0:00:01.100(00:00:00)	3:56:21.473(03:56:20)
35	29	8	MEN	Male	56		APOLLONAS SINAPIDIS	-		0:00:04.850(00:00:00)	4:01:54.960(04:01:50)
36	30	15	MEN40-49	Male	21		APOSTOLOS BARMPOULIS	-	MOUNTAIN TRAINING SOLUTIONS	0:00:04.183(00:00:00)	4:02:13.226(04:02:09)
37	31	9	MEN	Male	20		IOANNIS MARTAKIS	-		0:00:03.420(00:00:00)	4:05:11.180(04:05:07)
38	32	10	MEN	Male	63		STAVROS STAMOULIS	-	226ers	0:00:03.636(00:00:00)	4:07:45.210(04:07:41)
39	33	16	MEN40-49	Male	11		FOTIS LIONTOS	-		0:00:07.270(00:00:00)	4:08:27.906(04:08:20)
40	34	17	MEN40-49	Male	70		VASILIS DIMZAS	-	north adventure kastoria	0:00:03.746(00:00:00)	4:12:13.150(04:12:09)
41	35	18	MEN40-49	Male	9		TIEODORE KAKOULIDIS	-		0:00:02.336(00:00:00)	4:14:36.706(04:14:34)
42	36	19	MEN40-49	Male	6		KONSTANTINOS PALIOSPYROS	-		0:00:03.420(00:00:00)	4:16:18.490(04:16:15)
43	37	20	MEN40-49	Male	46		SPIRIDON FOTSIS	-	IRON TEAM-CHIOS RUNNING	0:00:02.870(00:00:00)	4:16:38.880(04:16:36)
44	38	21	MEN40-49	Male	10		GIORGOS KEXAGIAS	-	KOURKOURIKIS TRAINING GROUP/ΓΙΝΟΒΟ TRAIL TEAM/ΣΔΥ ΑΛΜΩΠΙΑΣ	0:00:05.743(00:00:00)	4:21:18.803(04:21:13)
45	39	7	MEN50-59	Male	41		NIKOS VASSIS	-		0:00:06.176(00:00:00)	4:22:30.413(04:22:24)
46	40	8	MEN50-59	Male	38		PANAGIOTIS TELLIS	-	NOI	0:00:07.050(00:00:00)	4:24:29.190(04:24:22)
47	41	9	MEN50-59	Male	31		ATHANASIOS MATSOULIS	-	ΕΟΣ ΙΩΑΝΝΙΝΩΝ	0:00:04.313(00:00:00)	4:26:18.796(04:26:14)
48	42	11	MEN	Male	15		ILIAS PINAKOULIAS	-	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΤΡΙΚΑΛΩΝ	0:00:07.486(00:00:00)	4:26:20.980(04:26:13)
49	43	22	MEN40-49	Male	60		LAZAROS GIAKATIS	-	mountaintrails360	0:00:07.920(00:00:00)	4:29:15.270(04:29:07)
50	44	23	MEN40-49	Male	25		SPYRIDON GIANNOS	-	MOUNTAINTRAILS360	0:00:09.350(00:00:00)	4:29:37.973(04:29:28)
51	7	1	WOMEN50-59	Female	13		NIKOLETTA GIATRAKOU	-	SKYWOMEN RUNNING TEAM	0:00:06.066(00:00:00)	4:45:51.250(04:45:45)
52	8	5	WOMEN	Female	12		NAFSIKA AGIANNITI	-	KOURKOURIKIS TRAINING GROUP/ΣΔΥ ΑΛΜΩΠΙΑΣ	0:00:05.123(00:00:00)	4:52:29.523(04:52:24)
53	45	24	MEN40-49	Male	36		PANAGIOTIS BAKALIS	-		0:00:07.820(00:00:00)	4:55:43.900(04:55:36)
54	46	25	MEN40-49	Male	37		DIMITRIOS BAKALIS	-		0:00:08.593(00:00:00)	5:03:39.753(05:03:31)
55	47	26	MEN40-49	Male	23		STATHIS TAIRIS	-		0:00:06.283(00:00:00)	5:07:08.220(05:07:01)

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56	48	12	MEN	Male	45		MIHALIS MICHAILIDIS	-		0:00:11.206(00:00:00)	5:08:25.870(05:08:14)
57	49	13	MEN	Male	18		GEORGE DIALYNAS	-		0:00:12.180(00:00:00)	5:15:35.350(05:15:23)
58	50	14	MEN	Male	1003		IOANNIS IOANNOPOULOS	-	KASIMIS TRAINING	0:00:01.123(00:00:00)	5:16:01.123(05:16:00)
59	9	2	WOMEN50-59	Female	29		VITHLEEM PAPAKOSMA	-	KASIMIS TRAINING	0:00:01.770(00:00:00)	5:16:01.123(05:15:59)
60	51	15	MEN	Male	17		APOSTOLOS GIOULIS	-		0:00:11.763(00:00:00)	5:30:16.016(05:30:04)
61	52	10	MEN50-59	Male	2		SPYROS GKOUCKETAS	-	LAU LAU TEAM	0:00:07.920(00:00:00)	5:39:27.500(05:39:19)
62	53	27	MEN40-49	Male	30		DIMITRIS KARVOUNIS	-		0:00:12.176(00:00:00)	5:55:03.716(05:54:51)
63	54	28	MEN40-49	Male	68		ANDREAS LABRIDIS	-		0:00:06.940(00:00:00)	5:55:06.586(05:54:59)
64	10	3	WOMEN50-59	Female	50		VIOLETA KOSTA	-	SDY THESSALONIKIS	0:00:10.110(00:00:00)	6:10:51.830(06:10:41)
65	55	2	MEN60+	Male	47		DIMITRIOS LAMPRINIDIS	-		0:00:10.216(00:00:00)	6:11:06.466(06:10:56)