

1o Kiare Race 2022 Kiare Race 10km

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 10KM	FINISH 10KM
1	1	1	M39-	Male	1084		TRANTAFYLLOS MPOUMPAS	-		0:00:02.577(00:00:00)	0:51:22.637(00:51:20)
2	2	2	M39-	Male	1051		ATHANASIOS BARBAGIANNIS	-	FIFTH ELEMENT RUNNING TEAM/DRC ATHES	0:00:01.000(00:00:00)	0:52:49.167(00:52:48)
3	3	1	M40-49	Male	1030		IOANNIS EDESSEOS	-	DRC ATHENS/ALTERNATI	0:00:00.587(00:00:00)	0:56:38.400(00:56:37)
4	4	2	M40-49	Male	1102		ODYSSEAS ZIOGOS	-	PODILATIKOS SYLLOGOS IOANNINON	0:00:03.427(00:00:00)	0:57:38.573(00:57:35)
5	5	3	M39-	Male	1082		THOMAS KOKKINIDHS	-	ΣΔΥΚ ΚΟΖΑΝΗΣ	0:00:02.000(00:00:00)	0:58:11.727(00:58:09)
6	6	3	M40-49	Male	1062		ODYSSEAS KOUKESIS	-	SDI IOANNINON	0:00:02.810(00:00:00)	0:58:43.463(00:58:40)
7	7	1	M50-59	Male	1083		THEODOROS ARLETOS	-	ΣΔΙΩΑΝΝΙΝΩΝ	0:00:00.487(00:00:00)	0:59:17.260(00:59:16)
8	8	4	M39-	Male	1101		VAGGELIS STAVROU	-	Vaskos training Team	0:00:02.993(00:00:00)	1:05:54.227(01:05:51)
9	9	2	M50-59	Male	1060		EVANGELOS TSIMARIS	-	SDI IOANNINON	0:00:03.000(00:00:00)	1:06:08.747(01:06:05)
10	10	4	M40-49	Male	1096		KYRIAKOS VARSANIS	-		0:00:05.857(00:00:00)	1:07:15.793(01:07:09)
11	11	3	M50-59	Male	1013		THEODOROS ZARAVOUTSIS	-	ΟΛΥΜΠΙΑΚΗ ΑΚΑΔΗΜΙΑ ΗΓΟΥΜΕΝΙΤΣΑΣ	0:00:00.587(00:00:00)	1:07:37.713(01:07:37)
12	12	5	M39-	Male	1074		KOSTAS PAPATHANASIOU	-	Mountain training solutions	0:00:00.587(00:00:00)	1:08:17.973(01:08:17)
13	13	6	M39-	Male	1021		CHRISTOS KOSTAS	-		0:00:03.197(00:00:00)	1:09:45.927(01:09:42)
14	14	7	M39-	Male	1091		ATHANASIOS BIKOS	-	KANGAROO - RUNNERS	0:00:03.427(00:00:00)	1:10:16.653(01:10:13)
15	1	1	W40-49	Female	1119		ELEFThERIA LAVARI	-		0:00:02.493(00:00:00)	1:10:18.320(01:10:15)
16	15	8	M39-	Male	1081		KOSMAS POZIDIS	-	ALL TERRAIN RUNNERS - ΣΔΥ ΚΟΖΑΝΗΣ	0:00:04.000(00:00:00)	1:10:37.313(01:10:33)
17	2	2	W40-49	Female	1111		DIMITRA FAFALI	-	URSA TEAM	0:00:04.637(00:00:00)	1:11:02.110(01:10:57)
18	16	5	M40-49	Male	1120		IOANNIS KOTSIS	-		0:00:03.197(00:00:00)	1:11:35.970(01:11:32)
19	3	1	W39-	Female	1029		THALEIA ZOI	-	DRC ATHENS	0:00:05.000(00:00:00)	1:11:53.213(01:11:48)
20	17	4	M50-59	Male	1024		KONSTANTINOS KOTSIDIS	-		0:00:02.493(00:00:00)	1:12:11.527(01:12:09)
21	18	1	M60+	Male	1087		PETROS TZOUMAKAS	-	FIFTH ELEMENT RUNNING TEAM	0:00:02.810(00:00:00)	1:13:16.287(01:13:13)
22	19	9	M39-	Male	1070		ANTONIOS KOSMAS	-		0:00:07.623(00:00:00)	1:13:27.677(01:13:20)
23	20	6	M40-49	Male	1100		MIXALIS TRANTZAS	-		0:00:06.777(00:00:00)	1:13:47.353(01:13:40)
24	21	10	M39-	Male	1037		GIORGOS KOSMAS	-		0:00:07.623(00:00:00)	1:14:00.120(01:13:52)
25	22	11	M39-	Male	1095		THEODOROS KOURTIDIS	-		0:00:07.123(00:00:00)	1:15:21.143(01:15:14)
26	23	12	M39-	Male	1020		CHRISTOS RAPTIS	-		0:00:04.130(00:00:00)	1:15:42.723(01:15:38)
27	24	13	M39-	Male	1023		SPYROS VALTAS	-		0:00:00.487(00:00:00)	1:15:47.483(01:15:46)
28	25	14	M39-	Male	1008		POLYCHRONIS KARALIS	-	MAKRIDIS RUNNING TEAM	0:00:10.217(00:00:00)	1:16:21.237(01:16:11)
29	26	15	M39-	Male	1069		VASILIS MANTZANAS	-	GODSTONE	0:00:01.843(00:00:00)	1:16:21.677(01:16:19)

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30	4	2	W39-	Female	1007		CHAIDI THODI	-		0:00:00.487(00:00:00)	1:16:39.680(01:16:39)
31	5	3	W40-49	Female	1061		MARINA OIKONOMOU	-	SDI IOANNINON	0:00:00.487(00:00:00)	1:16:45.110(01:16:44)
32	27	16	M39-	Male	1041		BABIS TSIKOS	-		0:00:12.400(00:00:00)	1:16:56.823(01:16:44)
33	28	17	M39-	Male	1086		ALEXIOS DIAMANTHS	-		0:00:02.023(00:00:00)	1:17:49.163(01:17:47)
34	6	3	W39-	Female	1071		MARIA TSIABOU	-	DRC ATHENS	0:00:03.750(00:00:00)	1:18:00.177(01:17:56)
35	7	4	W39-	Female	1055		VASILIKI VALAKOU	-	FIFTH ELEMENT RUNNING TEAM	0:00:00.487(00:00:00)	1:18:00.177(01:17:59)
36	29	7	M40-49	Male	1058		KONSTANTINOS TZAROYXIS	-	FATZETO	0:00:03.967(00:00:00)	1:18:37.707(01:18:33)
37	30	5	M50-59	Male	1017		GEORGIOS TSIOLIS	-	KASSIOS DIAS	0:00:06.737(00:00:00)	1:18:45.927(01:18:39)
38	31	18	M39-	Male	1064		ANGELOS PEPES	-		0:00:08.980(00:00:00)	1:18:53.640(01:18:44)
39	32	19	M39-	Male	1108		GEORGIOS MATSOUTAS	-		0:00:05.857(00:00:00)	1:19:20.610(01:19:14)
40	33	20	M39-	Male	1014		PANAGIOTIS NIKOLAOU	-		0:00:10.787(00:00:00)	1:20:01.557(01:19:50)
41	34	21	M39-	Male	1022		IOANNIS CHASIOTIS	-		0:00:08.110(00:00:00)	1:20:12.970(01:20:04)
42	35	6	M50-59	Male	1090		VASSILIS ANAGNOSTOPOULOS	-	OAI	0:00:13.503(00:00:00)	1:20:29.033(01:20:15)
43	36	8	M40-49	Male	1112		GEORGIOS HASKIS	-		0:00:07.360(00:00:00)	1:21:58.727(01:21:51)
44	37	22	M39-	Male	1063		DIMITRIS KOUTLAS	-	SDI IOANNINON	0:00:06.000(00:00:00)	1:22:20.457(01:22:14)
45	38	9	M40-49	Male	1047		EVANGELLOS PEPONIS	-	ΔΡΟΜΕΙΣ ΦΑΝΑΠΙΟΥ	0:00:04.937(00:00:00)	1:22:26.410(01:22:21)
46	8	4	W40-49	Female	1027		OURANIA KALAITZI	-		0:00:06.643(00:00:00)	1:22:29.193(01:22:22)
47	39	2	M60+	Male	1044		VASILEIOS KALAMPOKIS	-	EOS IOANNINON	0:00:05.470(00:00:00)	1:22:56.127(01:22:50)
48	9	5	W40-49	Female	1053		SOFIA KALOGIROU	-	FIFTH ELEMENT RUNNING TEAM	0:00:02.993(00:00:00)	1:22:56.220(01:22:53)
49	40	23	M39-	Male	1056		ALEXIOS FOUKIS	-		0:00:00.487(00:00:00)	1:23:17.923(01:23:17)
50	41	7	M50-59	Male	1038		VASILEIOS KOSMAS	-		0:00:07.360(00:00:00)	1:25:17.933(01:25:10)
51	42	24	M39-	Male	1106		APOSTOLIS TSIMPOS	-		0:00:04.437(00:00:00)	1:26:16.723(01:26:12)
52	10	6	W40-49	Female	1107		ALEXANDRA TSOYKANELI	-		0:00:06.777(00:00:00)	1:26:21.890(01:26:15)
53	43	10	M40-49	Male	1042		KONSTANTINOS PAPPAS	-	ESCO running team	0:00:05.100(00:00:00)	1:26:50.413(01:26:45)
54	44	11	M40-49	Male	1011		SOKRATIS GIAKIS	-	ΑΝΕΞΑΡΤΗΤΟΣ	0:00:03.310(00:00:00)	1:28:04.003(01:28:00)
55	11	7	W40-49	Female	1078		ELENI NTALAKA	-		0:00:02.993(00:00:00)	1:28:23.057(01:28:20)
56	45	25	M39-	Male	1077		ALEKSANDROS SIAPATORIS	-		0:00:07.360(00:00:00)	1:29:13.373(01:29:06)
57	46	12	M40-49	Male	1004		IOANNIS TSOLIS	-		0:00:04.737(00:00:00)	1:29:13.587(01:29:08)
58	12	5	W39-	Female	1110		POLYXENI TSOVILI	-		0:00:08.980(00:00:00)	1:29:16.810(01:29:07)
59	47	8	M50-59	Male	1118		GEORGIOS TZIMAS	-		0:00:05.657(00:00:00)	1:29:17.563(01:29:11)
60	13	1	W50-59	Female	1072		ANASTASIA TRIMINTZIOU	-		0:00:00.487(00:00:00)	1:29:22.217(01:29:21)
61	48	26	M39-	Male	1099		EFSTATHIOS PAPPAS	-	Derekas Endurance	0:00:08.697(00:00:00)	1:30:21.823(01:30:13)

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62	49	13	M40-49	Male	1018		IOANNIS CHITAS	-	URSA SUPPORT TEAM	0:00:03.967(00:00:00)	1:31:05.887(01:31:01)
63	50	27	M39-	Male	1005		MICHALIS VEDERAKIS	-		0:00:09.313(00:00:00)	1:31:26.427(01:31:17)
64	51	14	M40-49	Male	1113		DIMITRIOS AVDIS	-		0:00:07.623(00:00:00)	1:31:58.127(01:31:50)
65	14	8	W40-49	Female	1114		MARINA SIVIDOGLOU	-		0:00:07.123(00:00:00)	1:34:08.580(01:34:01)
66	52	9	M50-59	Male	1098		GEORGIOS BAGKOS	-		0:00:09.313(00:00:00)	1:34:52.203(01:34:42)
67	15	9	W40-49	Female	1068		MARA KALOGIROU	-	FIFTH ELEMENT RUNNING TEAM	0:00:04.183(00:00:00)	1:35:48.250(01:35:44)
68	53	28	M39-	Male	1117		DANIIL KARAMPAGLIDIS	-		0:00:11.133(00:00:00)	1:36:19.247(01:36:08)
69	54	15	M40-49	Male	1115		VASILIEIOS AMPLIANIDIS	-		0:00:07.977(00:00:00)	1:36:27.800(01:36:19)
70	55	10	M50-59	Male	1048		ADAM VASILAKIS	-	ΔΡΟΜΕΙΣ ΦΝΑΠΙΟΥ	0:00:04.183(00:00:00)	1:36:35.867(01:36:31)
71	56	29	M39-	Male	1065		SOTIRIOS PEPES	-		0:00:08.697(00:00:00)	1:38:21.340(01:38:12)
72	57	11	M50-59	Male	1088		FOTIS KAZIANIS	-	s d i	0:00:10.217(00:00:00)	1:38:26.190(01:38:15)
73	58	30	M39-	Male	1073		LEONIDAS GKOTSIS	-		0:00:06.777(00:00:00)	1:38:41.703(01:38:34)
74	59	31	M39-	Male	1001		GEORGIOS TZIKERAS	-		0:00:09.730(00:00:00)	1:38:51.463(01:38:41)
75	60	12	M50-59	Male	1089		KOSTANTINOS PAPACHRISTOS	-		0:00:02.493(00:00:00)	1:39:00.223(01:38:57)
76	61	3	M60+	Male	1092		GEORGIOS AVGERIS	-	S. D. ARTAS	0:00:06.943(00:00:00)	1:42:48.833(01:42:41)
77	62	13	M50-59	Male	1067		GEORGIOS MAMALIS	-		0:00:04.637(00:00:00)	1:44:04.813(01:44:00)
78	63	32	M39-	Male	1066		NIKOLAOS LEONTARIS	-		0:00:13.720(00:00:00)	1:44:25.353(01:44:11)
79	64	14	M50-59	Male	1026		THEODOROS MANTZIOS	-		0:00:06.777(00:00:00)	1:46:49.823(01:46:43)
80	65	15	M50-59	Male	1057		LAZAROS KITSAKIS	-	LYSIS	0:00:04.437(00:00:00)	1:48:07.250(01:48:02)
81	66	33	M39-	Male	1093		MOHAMED JANOUR	-		0:00:09.097(00:00:00)	1:55:56.090(01:55:46)
82	16	10	W40-49	Female	1002		SOFIA PAPAZOI	-		0:00:04.737(00:00:00)	2:05:53.243(02:05:48)
83	17	11	W40-49	Female	1076		EIRINI DEMERTZI	-		0:00:11.590(00:00:00)	2:10:50.120(02:10:38)
84	18	2	W50-59	Female	1116		SOFIA VASILEIOU	-		0:00:06.777(00:00:00)	2:17:52.747(02:17:45)
85	67	34	M39-	Male	1075		TILEMACHOS TZINEROS	-		0:00:11.203(00:00:00)	2:18:53.143(02:18:41)
86	19	6	W39-	Female	1097		KATERINA PENSOU	-	iLex	0:00:09.530(00:00:00)	2:21:05.377(02:20:55)
87	20	7	W39-	Female	1079		FANNY MERIANOU	-		0:00:08.997(00:00:00)	2:21:05.377(02:20:56)
88	21	8	W39-	Female	1080		JENNY CHARMPILA	-		0:00:05.857(00:00:00)	2:21:45.677(02:21:39)
89	68	4	M60+	Male	1104		DIMITRIOS TSIOURIS	-	FIFTH ELEMENT	0:00:09.967(00:00:00)	2:22:18.990(02:22:09)
90	22	9	W39-	Female	1105		NEKTARIA DIMITRIOU	-	FIFTH ELEMENT	0:00:10.000(00:00:00)	2:22:40.160(02:22:30)