

Ran k	By Gen.	By Cat.	Cat.	Gender	BIB	Name	YOB	Club	START40K M	GKRIZOS4 0KM	VALEDL4 0KM	FINISH40K M
1	1	1	M18-49	Male	2	ATHANASIOS PAGOUNADIS	1987	SALOMON HELLAS- VASKOSTRAINING	0:00:00 (00:00:00)	2:40:35 (02:40:35)	3:36:15 (03:36:15)	4:13:32 (04:13:32)
2	2	2	M18-49	Male	4	ΕΥΑΓΓΕΛΟΣ ΝΟΥΛΑΣ	1985	KASIMIS TRAINING-LASPORTIVA	0:00:00 (00:00:00)	2:38:38 (02:38:38)	3:35:52 (03:35:52)	4:15:55 (04:15:55)
3	3	3	M18-49	Male	1	ΑΓΓΕΛΟΣ ΖΙΑΚΑΣ	1985	Kassimis Training	0:00:01 (00:00:00)	2:45:38 (02:45:37)	3:46:35 (03:46:33)	4:28:35 (04:28:33)
4	4	4	M18-49	Male	6	ΘΕΟΔΩΡΟΣ ΖΗΣΗΣ	1979	URSA TEAM - ΜΥ ΒΙΟ ΠΡΕΒΕΖΑ	0:00:01 (00:00:00)	2:51:02 (02:51:01)	3:50:49 (03:50:48)	4:30:14 (04:30:13)
5	5	5	M18-49	Male	161	ΑΡΙΣΤΕΙΔΗΣ ΓΚΙΖΛΗΣ	1990	VASKOS TRAINING TEAM/ Σ.Δ. ΤΡΙΚΑΛΩΝ	0:00:00 (00:00:00)	2:48:06 (02:48:06)	3:48:43 (03:48:43)	4:31:04 (04:31:04)
6	6	6	M18-49	Male	254	ΓΙΩΡΓΟΣ ΛΟΥΦΕΚΗΣ	1989	L-CREW	0:00:00 (00:00:00)	2:49:11 (02:49:10)	3:50:52 (03:50:52)	4:31:39 (04:31:39)
7	7	7	M18-49	Male	333	ΧΡΗΣΤΟΣ ΠΑΡΜΑΚΗΣ	1981	Σ.Δ.Υ.ΚΟΖΑΝΗ	0:00:01 (00:00:00)	2:55:35 (02:55:34)	3:59:49 (03:59:47)	4:44:04 (04:44:03)
8	8	8	M18-49	Male	104	CHRISTOS VASILEIOU	1978	KASIMIS TRAINING	0:00:02 (00:00:00)	2:54:09 (02:54:07)	4:00:22 (04:00:20)	4:46:01 (04:45:59)
9	9	9	M18-49	Male	272	ΕΜΜΑΝΟΥΗΛ ΜΗΛΙΑΡΑΚΗΣ	1979	ΔΡΑΜΑ	0:00:01 (00:00:00)	2:57:39 (02:57:37)	4:03:57 (04:03:55)	4:49:01 (04:48:59)
10	10	10	M18-49	Male	35	MAKIS FORTIS	1986	VO2MAX EXERCISE CENTER	0:00:05 (00:00:00)	2:58:55 (02:58:49)	4:05:05 (04:04:59)	4:50:50 (04:50:44)
11	11	11	M18-49	Male	375	ΝΙΚΗΦΟΡΟΣ ΤΖΙΩΤΗΣ	1976	ΗΡΑΚΛΕΙΟ	0:00:05 (00:00:00)	2:53:41 (02:53:35)	4:05:06 (04:05:00)	4:54:16 (04:54:10)
12	12	1	M50+	Male	3	ΓΙΑΝΝΗΣ ΚΟΥΡΚΟΥΡΙΚΗΣ	1971	SALOMON HELLAS/ KOURKOURIKIS TRAINING GROUP	0:00:00 (00:00:00)	3:01:50 (03:01:49)	4:10:06 (04:10:05)	4:55:22 (04:55:21)
13	13	12	M18-49	Male	214	ΝΙΚΟΛΑΟΣ ΚΑΡΑΠΑΛΗΣ	1987	ΝΙΓΡΙΤΑ	0:00:03 (00:00:00)	3:10:58 (03:10:55)	4:24:11 (04:24:08)	5:12:16 (05:12:13)
14	14	13	M18-49	Male	32	KLEVIS FEJZO	1992	VMAXTRAINING-RUNNING TEAM FARSALA	0:00:02 (00:00:00)	3:12:23 (03:12:20)	4:24:12 (04:24:10)	5:13:11 (05:13:09)
15	15	14	M18-49	Male	331	ΚΩΝΣΤΑΝΤΙΝΟΣ ΠΑΠΠΑΣ	1989		0:00:03 (00:00:00)	3:16:52 (03:16:49)	4:26:15 (04:26:11)	5:13:29 (05:13:25)
16	16	15	M18-49	Male	80	ΙΟΑΝΝΙΣ ΡΑΤΤΑΚΟΣ	1982	OSB_ENDURANCE TEAM	0:00:03 (00:00:00)	3:16:40 (03:16:36)	4:29:16 (04:29:12)	5:13:53 (05:13:49)
17	17	16	M18-49	Male	271	ΑΘΑΝΑΣΙΟΣ ΜΕΡΜΗΓΚΑΣ	1985		0:00:01 (00:00:00)	3:13:33 (03:13:31)	4:25:50 (04:25:48)	5:15:06 (05:15:04)
18	18	17	M18-49	Male	7	ΑΧΙΛΛΕΑΣ ΧΡΙΣΤΑΝΑΣ	1974	Σ.Δ ΤΡΙΚΑΛΩΝ/TRG	0:00:02 (00:00:00)	3:09:38 (03:09:36)	4:26:57 (04:26:55)	5:16:15 (05:16:13)
19	19	18	M18-49	Male	68	SLAWOMIR MATRAS	1973	HOKAONEONE KROMMIDASTRAIL	0:00:01 (00:00:00)	3:12:43 (03:12:41)	4:31:58 (04:31:56)	5:20:26 (05:20:24)
20	20	19	M18-49	Male	350	ΑΛΕΞΑΝΔΡΟΣ ΣΑΜΑΡΑΣ	1984	MOUNTAIN TRAINING SOLUTIONS	0:00:01 (00:00:00)	3:11:57 (03:11:55)	-	5:21:15 (05:21:14)
21	21	20	M18-49	Male	189	ΧΡΗΣΤΟΣ ΖΙΛΙΑΣΚΟΥΔΗΣ	1993	FOTIADIS COACHING	0:00:17 (00:00:00)	3:18:06 (03:17:48)	4:33:23 (04:33:05)	5:21:52 (05:21:34)
22	1	1	W18-49	Female	9	ΧΡΙΣΤΙΝΑ ΓΙΑΖΙΤΖΙΔΟΥ	1989	SALOMON/ ALL TERRAIN RUNNERS	0:00:01 (00:00:00)	3:19:00 (03:18:59)	4:33:13 (04:33:12)	5:22:28 (05:22:27)
23	22	21	M18-49	Male	241	ΑΡΗΣ ΚΟΥΤΣΟΥΜΠΕΛΙΤΗΣ	1976	ΕΡΜΗΣ ΑΙΓΙΑΛΕΙΑΣ	0:00:03 (00:00:00)	3:15:38 (03:15:34)	4:33:22 (04:33:19)	5:22:34 (05:22:30)
24	23	22	M18-49	Male	5	ΘΩΜΑΣ ΠΑΡΤΣΑΝΗΣ	1981	KASIMIS TRAINING	0:00:00 (00:00:00)	3:04:56 (03:04:56)	4:31:15 (04:31:14)	5:26:28 (05:26:28)
25	24	23	M18-49	Male	166	ΑΛΕΞΑΝΔΡΟΣ ΓΡΑΚΗΣ	1991	JTCOACHING-XANTHI RUNNERS	0:00:09 (00:00:00)	3:23:14 (03:23:05)	4:37:21 (04:37:12)	5:28:29 (05:28:20)
26	25	24	M18-49	Male	42	KONSTANTINOS GKATSAS	1978	SIATISTAMOUNTAINRUNNERS	0:00:01 (00:00:00)	3:13:52 (03:13:50)	4:34:20 (04:34:19)	5:29:15 (05:29:13)
27	26	25	M18-49	Male	86	CHRISTOS SAKKAS	1989	PERIKLIS TRAINING	0:00:05 (00:00:00)	3:30:44 (03:30:39)	4:41:54 (04:41:49)	5:30:46 (05:30:41)
28	27	26	M18-49	Male	72	SPYROS NIKOLOUZOS	1987	TRAIL TEAM OF CORFU	0:00:05 (00:00:00)	3:23:46 (03:23:41)	4:39:26 (04:39:20)	5:31:52 (05:31:47)
29	28	27	M18-49	Male	209	ΓΕΩΡΓΙΟΣ ΚΑΝΤΖΙΚΗΣ	1985	ΤΕΧΝΙΚΟ ΓΡΑΦΕΙΟ ΑΝΕΛΚΥΣΤΗΡΩΝ - ΚΑΝΤΖΙΚΗ	0:00:03 (00:00:00)	3:24:23 (03:24:20)	4:39:55 (04:39:51)	5:32:59 (05:32:55)
30	29	28	M18-49	Male	243	ΦΙΛΑΡΕΤΟΣ ΚΥΡΙΑΚΑΚΗΣ	1980	VMAXTRAINING - ΣΜΝ ΛΑΡΙΣΑΣ	0:00:02 (00:00:00)	3:29:03 (03:29:00)	4:47:57 (04:47:55)	5:35:39 (05:35:37)
31	30	29	M18-49	Male	84	ERRIKOS RALLIS	1988	KASIMIS	0:00:01 (00:00:00)	3:21:04 (03:21:02)	4:41:17 (04:41:15)	5:36:50 (05:36:48)
32	31	30	M18-49	Male	145	ΚΩΝΣΤΑΝΤΙΝΟΣ ΒΟΖΙΟΣ	1983	OSB ENDURANCE	0:00:09 (00:00:00)	3:27:11 (03:27:01)	4:46:09 (04:45:59)	5:36:56 (05:36:46)
33	32	31	M18-49	Male	13	STERGIOS ANASTASIADIS	1975	INTERVAL TEAM	0:00:03 (00:00:00)	3:19:20 (03:19:17)	4:40:53 (04:40:50)	5:36:59 (05:36:56)
34	33	32	M18-49	Male	110	ATHANASIOS VRINIOS	1977		0:00:08 (00:00:00)	3:26:33 (03:26:25)	4:47:29 (04:47:21)	5:38:26 (05:38:18)
35	34	33	M18-49	Male	119	ΕΥΡΙΠΙΔΗΣ ΑΝΔΡΕΑΔΗΣ	1974	ΣΔΥ ΘΕΣΣΑΛΟΝΙΚΗΣ	0:00:14 (00:00:00)	3:33:32 (03:33:18)	4:50:48 (04:50:33)	5:42:15 (05:42:01)
36	35	34	M18-49	Male	232	ΔΗΜΗΤΡΙΟΣ ΚΟΡΑΚΑΣ	1982	ΛΥΚΟΙ ΚΕΧΑΓΙΟΓΛΟΥ / Σ.Δ.ΤΡΙΚΑΛΩΝ	0:00:03 (00:00:00)	3:35:43 (03:35:39)	4:53:04 (04:53:01)	5:43:07 (05:43:04)
37	36	35	M18-49	Male	226	ΑΘΑΝΑΣΙΟΣ ΚΟΛΕΤΣΙΟΣ	1978	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΤΡΙΚΑΛΩΝ	0:00:14 (00:00:00)	3:31:12 (03:30:58)	4:51:15 (04:51:01)	5:43:46 (05:43:31)
38	37	36	M18-49	Male	306	ΕΥΤΥΧΗΣ ΝΑΣΟΠΟΥΛΟΣ	1984	ΑΡΚΑΛΟΣ	0:00:05 (00:00:00)	3:24:13 (03:24:08)	4:48:25 (04:48:20)	5:45:02 (05:44:57)

Ran k	By Gen.	By Cat.	Cat.	Gender	BIB	Name	YOB	Club	START40K M	GKRIZOS4 0KM	VALEDL4 0KM	FINISH40K M
39	38	37	M18-49	Male	395	ΓΙΑΝΝΗΣ ΦΚΙΑΡΑΣ	1987		0:00:04 (00:00:00)	3:37:30 (03:37:25)	4:54:44 (04:54:39)	5:45:23 (05:45:18)
40	39	38	M18-49	Male	69	GEORGIOS MENTIS	1983		0:00:04 (00:00:00)	3:28:28 (03:28:24)	4:50:11 (04:50:07)	5:45:56 (05:45:52)
41	40	39	M18-49	Male	363	ΣΤΑΥΡΟΣ ΣΤΡΑΓΑΛΗΣ	1995	MATSOUKI RUNNING TEAM	0:00:28 (00:00:00)	3:33:20 (03:32:52)	4:52:15 (04:51:47)	5:46:04 (05:45:36)
42	41	40	M18-49	Male	29	EVANGELOS DIMZAS	1977	ΔΡΟΜΕΙΣ ΥΓΕΙΑΣ ΓΡΕΒΕΝΩΝ	0:00:46 (00:00:00)	3:29:06 (03:28:20)	4:51:49 (04:51:03)	5:47:15 (05:46:29)
43	42	41	M18-49	Male	251	ΔΗΜΗΤΡΙΟΣ ΛΙΑΚΟΣ	1983	KASIMIS TRAINING	0:00:03 (00:00:00)	3:32:59 (03:32:56)	4:55:26 (04:55:22)	5:47:40 (05:47:36)
44	43	42	M18-49	Male	320	ΑΡΙΣΤΕΙΔΗΣ ΠΑΠΑΔΟΠΟΥΛΟΣ	1981	ΛΑΓΚΑΔΑΣ	0:00:06 (00:00:00)	3:30:20 (03:30:14)	4:55:10 (04:55:03)	5:49:08 (05:49:02)
45	2	2	W18-49	Female	240	ΚΡΥΣΤΑΛΙΑ ΚΟΥΤΣΙΜΑΝΗ	1994		0:00:03 (00:00:00)	3:40:57 (03:40:54)	4:57:39 (04:57:36)	5:49:09 (05:49:05)
46	44	43	M18-49	Male	199	ΓΕΩΡΓΙΟΣ ΚΑΒΑΡΑΤΖΗΣ	1979	KARYA OLYMPUS TRAIL	0:00:09 (00:00:00)	3:32:19 (03:32:10)	4:55:38 (04:55:29)	5:49:16 (05:49:07)
47	45	44	M18-49	Male	289	ΔΗΜΗΤΡΗΣ ΜΠΗΤΟΣ	1986	Σ.Δ. ΤΡΙΚΑΛΩΝ	0:00:05 (00:00:00)	3:28:56 (03:28:51)	4:54:52 (04:54:47)	5:49:32 (05:49:26)
48	3	3	W18-49	Female	10	NIKI ZIOGA	1995	ΓΡΕΒΕΝΑ	0:00:01 (00:00:00)	3:40:23 (03:40:21)	4:59:50 (04:59:49)	5:50:10 (05:50:08)
49	46	45	M18-49	Male	94	EVANGELOS SYMVOULIDIS	1974	BALLOTIS NATURE TRAIL	0:00:10 (00:00:00)	3:34:43 (03:34:33)	4:57:56 (04:57:46)	5:53:34 (05:53:24)
50	47	46	M18-49	Male	263	ΠΕΤΡΟΣ ΜΑΡΚΟΥ	1973	ΤΕΛΜΗΣΣΟΣ	0:00:00 (00:00:00)	3:36:26 (03:36:26)	5:00:28 (05:00:27)	5:56:43 (05:56:42)
51	48	47	M18-49	Male	382	ΚΥΡΙΑΚΟΣ ΤΣΑΚΙΛΤΖΙΔΗΣ	1973	ΣΔΥ ΚΟΖΑΝΗΣ	0:00:14 (00:00:00)	3:40:34 (03:40:19)	5:03:35 (05:03:20)	5:56:51 (05:56:37)
52	49	48	M18-49	Male	357	ΒΑΣΙΛΕΙΟΣ ΣΙΩΧΟΣ	1974	ΔΡΟΜΕΙΣ ΣΟΥΛΙΟΥ	0:00:09 (00:00:00)	3:35:07 (03:34:58)	5:01:44 (05:01:35)	5:57:52 (05:57:43)
53	50	2	M50+	Male	24	CHRISTOS CHOLOPOULOS	1971	KASIMIS TRAINING	0:00:02 (00:00:00)	3:33:51 (03:33:48)	4:59:00 (04:58:57)	5:58:19 (05:58:16)
54	51	49	M18-49	Male	379	ΑΝΑΡΓΥΡΟΣ ΤΡΕΛΛΟΠΟΥΛΟΣ	1973	KALDI'S RUNNING TEAM LARISA	0:00:07 (00:00:00)	3:40:20 (03:40:12)	5:03:26 (05:03:18)	5:59:55 (05:59:47)
55	52	50	M18-49	Male	99	NIKOS TSIMPOS	1974	URSA TEAM	0:00:02 (00:00:00)	-	5:02:16 (05:02:14)	5:59:58 (05:59:56)
56	53	51	M18-49	Male	299	ΒΑΣΙΛΕΙΟΣ ΜΠΟΥΜΠΑΣ	1974	HOTEL OLYMPIC	0:00:02 (00:00:00)	3:15:54 (03:15:51)	4:52:41 (04:52:38)	5:59:58 (05:59:55)
57	54	52	M18-49	Male	256	ΔΙΑΜΑΝΤΗΣ ΜΑΚΡΑΝΤΩΝΑΚΗΣ	1985	ASB ENDURANCE TEAM	0:00:01 (00:00:00)	3:46:38 (03:46:37)	5:08:06 (05:08:05)	6:00:21 (06:00:19)
58	55	53	M18-49	Male	157	ΕΥΑΓΓΕΛΟΣ ΓΙΑΝΝΟΥΧΟΣ	1978	ALL TERRAIN RUNNERS	0:00:15 (00:00:00)	3:38:46 (03:38:30)	5:05:58 (05:05:42)	6:02:14 (06:01:58)
59	56	54	M18-49	Male	351	ΛΕΩΝΙΔΑΣ ΣΑΜΑΡΑΣ	1988		0:00:16 (00:00:00)	3:40:35 (03:40:19)	5:08:22 (05:08:06)	6:03:30 (06:03:13)
60	57	55	M18-49	Male	181	ΘΕΟΦΙΛΟΣ ΕΥΑΓΓΕΛΟΥ	1992	ONE STEP BEYOND ENDURANCE TEAM	0:00:04 (00:00:00)	3:36:44 (03:36:40)	5:04:43 (05:04:38)	6:04:19 (06:04:14)
61	58	56	M18-49	Male	168	ΣΤΕΦΑΝΟΣ ΔΑΣΚΑΛΟΠΟΥΛΟΣ	1978	KOURKOURIKIS TRAINING GROUP/XANTHI RUNNERS	0:00:02 (00:00:00)	3:39:06 (03:39:04)	5:09:44 (05:09:42)	6:05:07 (06:05:05)
62	59	57	M18-49	Male	133	ΙΟΑΝΝΙΣ ΙΟΑΝΝΟΥ	1986	ΠΕΣΤΑΝΗ	0:00:08 (00:00:00)	3:23:32 (03:23:23)	5:04:44 (05:04:35)	6:06:26 (06:06:18)
63	4	4	W18-49	Female	373	ΒΑΣΙΛΙΚΗ ΤΖΙΜΑ	1977	ΟΑΚ ΑΙΓΙΝΑΣ	0:00:12 (00:00:00)	3:47:24 (03:47:11)	5:11:58 (05:11:45)	6:06:44 (06:06:31)
64	60	58	M18-49	Male	183	ΧΡΗΣΤΟΣ ΕΦΡΑΙΜΙΔΗΣ	1982	OSBET	0:00:05 (00:00:00)	3:41:39 (03:41:34)	5:07:02 (05:06:56)	6:07:05 (06:07:00)
65	61	59	M18-49	Male	108	ANTONIS VOULGARIDIS	1984	KOURKOURIKIS TRAINING GROUP	0:00:03 (00:00:00)	3:39:21 (03:39:18)	5:09:07 (05:09:04)	6:07:10 (06:07:07)
66	62	60	M18-49	Male	347	ΒΑΛΕΝΤΙΝΟΣ ΠΟΥΡΙΚΑΣ	1999	DRCATHENS	0:00:27 (00:00:00)	3:48:02 (03:47:34)	5:12:35 (05:12:07)	6:08:49 (06:08:21)
67	63	61	M18-49	Male	167	ΘΕΟΔΩΡΟΣ ΔΑΒΙΩΤΗΣ	1991	DRC_ATHENS	0:00:27 (00:00:00)	3:48:02 (03:47:35)	5:12:34 (05:12:07)	6:08:50 (06:08:23)
68	64	62	M18-49	Male	220	ΓΕΩΡΓΙΟΣ ΚΕΛΕΠΟΥΡΗΣ	1977	ΜΑΚΡΙΔΗΣ TEAM	0:00:11 (00:00:00)	3:40:21 (03:40:10)	5:09:25 (05:09:14)	6:10:24 (06:10:13)
69	65	63	M18-49	Male	366	ΒΑΣΙΛΗΣ ΤΑΜΠΛΗΣ	1987	VMAX	0:00:10 (00:00:00)	3:37:18 (03:37:08)	5:08:44 (05:08:34)	6:10:26 (06:10:16)
70	66	64	M18-49	Male	354	ΔΗΜΗΤΡΗΣ ΣΙΑΡΑΜΠΗΣ	1981	ΙΩΑΝΝΙΝΑ	0:00:16 (00:00:00)	3:43:34 (03:43:18)	5:13:29 (05:13:13)	6:13:11 (06:12:55)
71	67	65	M18-49	Male	309	ΝΙΚΟΣ ΝΙΚΟΛΑΟΥ	1980	3Π	0:00:07 (00:00:00)	3:40:16 (03:40:08)	5:16:27 (05:16:19)	6:13:27 (06:13:20)
72	68	66	M18-49	Male	140	ΚΩΝΣΤΑΝΤΙΝΟΣ ΒΕΝΕΤΗΣ	1973	DREPANOSRUNNING TEAM IGOMENITSA	0:00:11 (00:00:00)	3:44:34 (03:44:22)	5:15:50 (05:15:38)	6:14:05 (06:13:53)
73	69	67	M18-49	Male	158	ΘΑΝΑΣΗΣ ΓΙΓΑΣ	1977	ΑΠΣ ΔΡΟΜΕΙΣ ΕΥΒΟΙΑΣ	0:00:15 (00:00:00)	3:48:25 (03:48:09)	5:17:24 (05:17:09)	6:14:08 (06:13:52)
74	70	68	M18-49	Male	125	ΓΕΩΡΓΙΟΣ ΑΝΤΩΝΙΟΥ	1978	KALDI'S RUNNING TEAM	0:00:06 (00:00:00)	3:41:55 (03:41:49)	5:16:59 (05:16:53)	6:14:41 (06:14:35)
75	71	3	M50+	Male	14	STYLIANOS ANTONIADIS	1971	ΣΔΥΘ	0:00:04 (00:00:00)	3:54:00 (03:53:55)	5:22:17 (05:22:12)	6:18:24 (06:18:19)
76	5	5	W18-49	Female	371	ΑΝΑΣΤΑΣΙΑ ΤΖΑΡΟΥ	1999		0:00:04 (00:00:00)	3:41:38 (03:41:33)	5:16:03 (05:15:58)	6:18:25 (06:18:20)

Ran k	By Gen.	By Cat.	Cat.	Gender	BIB	Name	YOB	Club	START40K M	GKRIZOS4 0KM	VALEDL4 0KM	FINISH40K M
77	72	69	M18-49	Male	122	ΑΓΓΕΛΟΣ ΑΝΔΡΙΩΤΗΣ	1987		0:00:06 (00:00:00)	3:53:14 (03:53:08)	5:23:18 (05:23:11)	6:19:09 (06:19:03)
78	73	70	M18-49	Male	91	PANAYIOTIS SOTERIADES	1995		0:00:10 (00:00:00)	3:45:11 (03:45:01)	5:19:36 (05:19:26)	6:19:44 (06:19:34)
79	74	4	M50+	Male	336	ΓΙΩΡΓΟΣ ΠΑΧΝΕΛΗΣ	1972	ALL TERRAIN RUNNERS	0:00:06 (00:00:00)	3:53:42 (03:53:35)	5:22:52 (05:22:46)	6:19:51 (06:19:45)
80	75	71	M18-49	Male	417	CHRISTOPH ZEHETLEITNER	1979		0:00:24 (00:00:00)	3:52:53 (03:52:28)	5:22:46 (05:22:21)	6:20:39 (06:20:15)
81	6	6	W18-49	Female	356	ΓΕΩΡΓΙΑ ΣΙΩΖΙΟΥ	1978	Σ.Δ.Ι ΙΩΑΝΝΙΝΑ/SKY WOMAN RUNNING TEAM.	0:00:08 (00:00:00)	4:00:52 (04:00:44)	5:26:22 (05:26:14)	6:22:26 (06:22:17)
82	76	5	M50+	Male	234	ΒΑΓΓΕΛΗΣ ΚΟΥΓΕΝΤΑΚΗΣ	1968	ΣΔΥΡ	0:00:08 (00:00:00)	3:48:53 (03:48:45)	5:20:50 (05:20:42)	6:24:01 (06:23:52)
83	77	72	M18-49	Male	39	HARILAOS GIANNOU	1975	RAKITA RUNNERS	0:00:23 (00:00:00)	3:46:01 (03:45:37)	5:22:49 (05:22:26)	6:25:02 (06:24:38)
84	78	73	M18-49	Male	37	DINOS FOTOS	1979	KALDI'S RUNNING TEAM	0:00:10 (00:00:00)	3:54:07 (03:53:57)	5:26:18 (05:26:07)	6:26:17 (06:26:06)
85	79	6	M50+	Male	139	ΣΤΑΥΡΟΣ ΒΕΚΙΑΡΙΔΗΣ	1969	ΑΝΕΞΑΡΤΗΤΟΣ	0:00:18 (00:00:00)	3:57:58 (03:57:39)	5:28:53 (05:28:34)	6:27:21 (06:27:02)
86	80	74	M18-49	Male	349	ΕΥΑΓΓΕΛΟΣ ΑΠΟΣΤΟΛΟΣ ΣΑΚΕΛΛΑΡΙΟΥ	1980	U.T.R.AGRAFA	0:00:10 (00:00:00)	3:52:44 (03:52:34)	5:26:05 (05:25:55)	6:27:27 (06:27:17)
87	81	75	M18-49	Male	126	ΘΩΜΑΣ ΑΝΤΩΝΙΟΥ	1979	Σ.Δ. ΤΡΙΚΑΛΩΝ	0:00:18 (00:00:00)	4:01:12 (04:00:54)	5:29:48 (05:29:29)	6:27:41 (06:27:22)
88	82	7	M50+	Male	103	GIANNIS TZIMAS	1972	MAKRIDIS RUNNING TEAM	0:00:06 (00:00:00)	3:45:16 (03:45:09)	5:24:08 (05:24:01)	6:27:58 (06:27:52)
89	83	8	M50+	Male	118	ΜΙΧΑΗΛ ΑΝΑΣΤΑΣΟΠΟΥΛΟΣ	1963	ΔΡΟΜΕΙΣ ΣΟΥΛΙΟΥ	0:00:09 (00:00:00)	3:48:31 (03:48:21)	5:22:43 (05:22:33)	6:28:45 (06:28:35)
90	84	9	M50+	Male	8	GEORGIOS LAMPROU	1969	ZNTILA RUNNING TEAM	0:00:14 (00:00:00)	3:52:53 (03:52:38)	5:26:03 (05:25:49)	6:29:37 (06:29:23)
91	85	76	M18-49	Male	346	ΜΑΚΗΣ ΠΟΛΥΚΡΕΤΗΣ	1981	KALDI'S RUNNING TEAM	0:00:10 (00:00:00)	3:54:28 (03:54:17)	5:29:30 (05:29:20)	6:29:45 (06:29:35)
92	86	77	M18-49	Male	179	ΟΔΥΣΣΕΑΣ ΕΜΙΝΙΔΗΣ	1993	IRONTEAM	0:00:01 (00:00:00)	3:49:32 (03:49:30)	5:28:42 (05:28:41)	6:31:31 (06:31:29)
93	87	78	M18-49	Male	286	ΒΑΣΙΛΕΙΟΣ ΜΠΑΜΠΑΣ	1980	ΙΩΑΝΝΙΝΑ	0:00:15 (00:00:00)	3:58:54 (03:58:39)	5:28:31 (05:28:16)	6:31:39 (06:31:23)
94	88	79	M18-49	Male	177	ΑΝΑΣΤΑΣΙΟΣ ΔΡΑΓΑΤΗΣ	1983		0:00:06 (00:00:00)	4:02:58 (04:02:51)	5:33:44 (05:33:37)	6:32:27 (06:32:20)
95	89	80	M18-49	Male	109	GEORGIOS VRETTOS	1993	ALL TERRAIN RUNNERS	0:00:33 (00:00:00)	4:14:28 (04:13:55)	5:38:39 (05:38:06)	6:33:34 (06:33:01)
96	7	7	W18-49	Female	76	TIJANA PANIC	1982	KASSIOS DIAS TEAM	0:00:03 (00:00:00)	4:12:18 (04:12:15)	5:37:34 (05:37:30)	6:33:55 (06:33:51)
97	90	81	M18-49	Male	269	ΑΛΕΞΑΝΔΡΟΣ ΜΑΥΡΩΝΑΣ	1978	ΚΑΣΙΟΣ ΔΙΑΣ	0:00:08 (00:00:00)	4:03:50 (04:03:41)	5:34:59 (05:34:51)	6:34:19 (06:34:10)
98	91	82	M18-49	Male	411	ΧΡΗΣΤΟΣ ΧΡΙΣΤΟΔΟΥΛΙΔΗΣ	1980	OSB ENDURANCE TEAM	0:00:32 (00:00:00)	4:11:47 (04:11:15)	5:37:30 (05:36:58)	6:34:39 (06:34:07)
99	92	83	M18-49	Male	397	ΔΗΜΗΤΡΗΣ ΦΟΥΡΤΟΥΝΑΣ	1982	ΚΑΒΑΛΑ	0:00:01 (00:00:00)	3:42:32 (03:42:31)	5:31:29 (05:31:28)	6:34:39 (06:34:38)
100	93	84	M18-49	Male	345	ΙΩΑΝΝΗΣ ΠΟΛΥΔΩΡΑΣ	1983		0:00:15 (00:00:00)	4:03:48 (04:03:33)	5:31:54 (05:31:39)	6:35:20 (06:35:05)
101	8	8	W18-49	Female	266	ΕΥΘΥΜΙΑ ΜΑΤΖΕΡΙΔΟΥ	1981	ΚΟΥΡΚΟΥΡΙΚIS TRAINING GROUP-ΣΔΥ ΑΛΜΩΠΙΑΣ-ΒΕΡΜΙΟ TRAIL	0:00:17 (00:00:00)	4:00:43 (04:00:26)	5:34:01 (05:33:43)	6:35:54 (06:35:36)
102	94	85	M18-49	Male	233	ΓΙΑΝΝΗΣ ΚΟΤΤΑΣ	1977	ΔΡΟΜΕΩΝ ΤΡΙΚΑΛΩΝ	0:00:17 (00:00:00)	4:02:19 (04:02:01)	5:35:14 (05:34:56)	6:36:22 (06:36:04)
103	95	10	M50+	Male	391	ΚΩΝΣΤΑΝΤΙΝΟΣ ΦΑΓΚΡΙΔΑΣ	1969	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΤΡΙΚΑΛΩΝ	0:00:33 (00:00:00)	3:46:50 (03:46:17)	5:32:17 (05:31:43)	6:38:00 (06:37:26)
104	96	11	M50+	Male	219	ΓΕΩΡΓΙΟΣ ΚΕΛΑΪΔΗΣ	1972	SCIENCETRAINING	0:00:03 (00:00:00)	4:10:15 (04:10:11)	5:41:07 (05:41:03)	6:39:31 (06:39:27)
105	97	86	M18-49	Male	200	ΝΙΚΟΛΑΟΣ ΚΑΖΟΥΚΑΣ	1979	ΕΛΕΠΑΠ	0:00:43 (00:00:00)	4:14:51 (04:14:07)	5:42:19 (05:41:35)	6:40:29 (06:39:45)
106	98	87	M18-49	Male	418	ΧΡΗΣΤΟΣ ΠΑΠΑΛΙΩΖΗΣ	1993		0:00:05 (00:00:00)	4:01:13 (04:01:07)	5:37:44 (05:37:38)	6:40:42 (06:40:37)
107	99	12	M50+	Male	12	VASILEIOS ANAGNOSTOPOULOS	1969	DEREKAS ENDURANCE COACHING	0:00:12 (00:00:00)	4:06:41 (04:06:29)	5:40:11 (05:39:59)	6:41:23 (06:41:11)
108	100	13	M50+	Male	129	ΓΡΗΓΟΡΗΣ ΑΠΟΣΤΟΛΙΔΗΣ	1970	THE RUNNERS PROJECT	0:00:13 (00:00:00)	4:06:42 (04:06:28)	5:40:26 (05:40:12)	6:41:24 (06:41:10)
109	101	14	M50+	Male	315	ΑΘΑΝΑΣΙΟΣ ΟΙΚΟΝΟΜΟΥ	1969	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΤΡΙΚΑΛΩΝ	0:00:43 (00:00:00)	4:19:42 (04:18:58)	5:45:32 (05:44:48)	6:41:24 (06:40:40)
110	102	15	M50+	Male	239	ΧΡΙΣΤΟΣ ΚΟΥΤΣΑΛΙΑΡΗΣ	1968	MOUNTAIN TRAINING SOLUTIONS	0:00:07 (00:00:00)	4:01:48 (04:01:40)	5:40:33 (05:40:25)	6:42:37 (06:42:29)
111	103	88	M18-49	Male	230	ΜΙΧΑΗΛ ΚΟΝΤΑΚΟΣ	1990		0:00:16 (00:00:00)	4:11:14 (04:10:57)	5:45:24 (05:45:08)	6:44:22 (06:44:05)
112	9	9	W18-49	Female	253	ΛΑΜΠΡΙΝΗ ΛΙΟΥΤΑ	1990	ΒΙΚΟΣ RUNNING TEAM	0:00:16 (00:00:00)	4:17:13 (04:16:56)	5:49:24 (05:49:08)	6:44:22 (06:44:05)
113	104	16	M50+	Male	401	ΜΑΤΘΑΙΟΣ ΦΩΛΙΝΑΣ	1954	ΔΡΟΜΕΙΣ ΥΓΕΙΑΣ ΓΡΕΒΕΝΩΝ	0:00:12 (00:00:00)	4:08:49 (04:08:37)	5:42:03 (05:41:50)	6:44:34 (06:44:22)
114	105	89	M18-49	Male	28	ΝΙΚΟΣ ΔΙΑΜΑΝΤΙΣ	1981	ΑΥ	0:00:36 (00:00:00)	4:10:30 (04:09:54)	5:44:24 (05:43:48)	6:44:44 (06:44:07)

Ran k	By Gen.	By Cat.	Cat.	Gender	BIB	Name	YOB	Club	START40K M	GKRIZOS4 0KM	VALEDL4 0KM	FINISH40K M
115	106	90	M18-49	Male	55	SPYRIDON KERKOULAS	1973	ALL TERRAIN RUNNERS	0:00:21 (00:00:00)	4:12:34 (04:12:13)	5:44:30 (05:44:09)	6:45:08 (06:44:46)
116	107	17	M50+	Male	236	ΑΝΑΣΤΑΣΙΟΣ ΚΟΥΡΚΟΥΤΕΛΗΣ	1969	ELEFTHEROUPOLI RUNNERS SDYTH	0:00:20 (00:00:00)	4:23:07 (04:22:47)	5:51:16 (05:50:56)	6:46:11 (06:45:51)
117	10	10	W18-49	Female	400	ΔΗΜΗΤΡΑ ΦΩΛΙΝΑ	1982	ΚΑΡΔΙΤΣΑ	0:00:26 (00:00:00)	4:28:40 (04:28:14)	5:51:09 (05:50:43)	6:46:43 (06:46:17)
118	108	91	M18-49	Male	196	ΘΩΜΑΣ ΙΩΑΝΝΙΔΗΣ	1995		0:00:24 (00:00:00)	3:59:06 (04:15:41)	5:42:25 (05:42:01)	6:46:49 (06:46:25)
119	109	18	M50+	Male	144	ΟΜΗΡΟΣ ΒΛΑΧΟΣ	1969	ΚΑΡΔΙΤΣΑ	0:00:09 (00:00:00)	4:04:22 (04:04:12)	5:42:12 (05:42:02)	6:47:31 (06:47:22)
120	110	92	M18-49	Male	297	ΛΑΖΑΡΟΣ ΜΠΟΤΟΣΙΑΔΗΣ	1983	KOURKOURIKIS TRAINING GROUP	0:00:03 (00:00:00)	4:15:18 (04:15:15)	5:46:06 (05:46:03)	6:48:03 (06:48:00)
121	111	93	M18-49	Male	360	ΠΑΝΑΓΙΩΤΗΣ ΣΤΑΪΚΟΣ	1973	ΑΣ ΩΡΙΩΝ ΚΑΡΔΙΤΣΑΣ	0:00:11 (00:00:00)	4:10:28 (04:10:16)	5:46:14 (05:46:02)	6:48:47 (06:48:35)
122	112	94	M18-49	Male	142	ΧΡΗΣΤΟΣ ΒΛΑΧΟΓΙΑΝΝΗΣ	1988		0:00:17 (00:00:00)	4:15:06 (04:14:49)	5:47:51 (05:47:33)	6:49:33 (06:49:16)
123	113	95	M18-49	Male	64	KONSTANTINOS KRANIOTIS	1988		0:00:18 (00:00:00)	3:59:30 (03:59:11)	5:46:27 (05:46:08)	6:49:44 (06:49:25)
124	11	11	W18-49	Female	355	ANNA ΣΙΑΦΑΚΑ	1991	IRON TEAM	0:00:10 (00:00:00)	4:10:13 (04:10:03)	5:46:23 (05:46:12)	6:50:18 (06:50:08)
125	114	96	M18-49	Male	216	ΒΑΣΙΛΕΙΟΣ ΚΑΣΤΑΝΑΡΑΣ	1980		0:00:14 (00:00:00)	4:14:13 (04:13:59)	5:51:28 (05:51:14)	6:51:09 (06:50:54)
126	115	97	M18-49	Male	217	ΧΡΗΣΤΟΣ ΚΑΤΣΙΡΟΠΟΥΛΟΣ	1979	ΦΛΟΓΑ ΠΑΤΡΑΣ	0:00:21 (00:00:00)	4:11:29 (04:11:08)	5:46:02 (05:45:41)	6:51:24 (06:51:03)
127	12	12	W18-49	Female	406	ΚΥΡΙΑΚΗ ΧΑΡΑΛΑΜΠΙΔΟΥ	1975	XANTHI RUNNERS - JT COACHING	0:00:37 (00:00:00)	4:18:53 (04:18:15)	5:51:22 (05:50:44)	6:51:49 (06:51:12)
128	116	98	M18-49	Male	70	BOJAN MICKOVSKI	1982	KALINA&ACKO	0:00:06 (00:00:00)	3:59:26 (03:59:19)	5:45:02 (05:44:56)	6:52:38 (06:52:31)
129	117	99	M18-49	Male	87	TASOS SARAKENIDIS	1973	MY ATHLET E	0:00:04 (00:00:00)	4:03:52 (04:03:47)	5:47:11 (05:47:06)	6:53:32 (06:53:27)
130	118	100	M18-49	Male	268	ΦΩΤΙΟΣ ΜΑΥΡΑΝΤΖΑΣ	1973	ΚΑΡΔΙΤΣΑ	0:00:10 (00:00:00)	4:10:28 (04:10:18)	5:45:46 (05:45:36)	6:54:07 (06:53:57)
131	119	101	M18-49	Male	137	ΓΕΩΡΓΙΟΣ ΒΑΚΗΣ	1987	ΕΛΕΥΘΕΡΑ ΒΟΥΝΑ_ ΕΛΕΥΘΕΡΟΙ ΑΝΘΡΩΠΟΙ	0:00:41 (00:00:00)	4:09:28 (04:08:46)	5:46:44 (05:46:03)	6:54:19 (06:53:37)
132	120	19	M50+	Male	134	ΒΑΣΙΛΗΣ ΑΤΣΟΠΑΡΔΗΣ	1971		0:00:12 (00:00:00)	4:10:37 (04:10:25)	5:50:36 (05:50:24)	6:54:32 (06:54:20)
133	13	13	W18-49	Female	40	MARIA GIANTSOU	1980	IRON TEAM/XANTHI RUNNERS/THASSOS RUNNERS	0:00:06 (00:00:00)	4:09:41 (04:09:34)	5:51:08 (05:51:01)	6:54:51 (06:54:44)
134	14	14	W18-49	Female	304	ΑΘΗΝΑ ΜΩΨΙΔΟΥ	1988	MOUNTAIN TRAINING SOLUTIONS	0:00:06 (00:00:00)	4:06:12 (04:06:06)	5:47:00 (05:46:53)	6:55:12 (06:55:06)
135	121	102	M18-49	Male	15	APOSTOLOS BARKAS	1979	MPAGIA RUNNERS	0:00:14 (00:00:00)	4:02:50 (04:02:35)	5:46:37 (05:46:23)	6:55:22 (06:55:07)
136	122	103	M18-49	Male	410	ΓΕΩΡΓΙΟΣ ΧΑΣΤΑΣ	1987	Ο.Π.Ο.ΠΥΛΗΣ	0:00:08 (00:00:00)	4:21:59 (04:21:50)	5:54:27 (05:54:19)	6:55:37 (06:55:28)
137	123	20	M50+	Male	198	ΦΩΤΗΣ ΙΩΑΝΝΟΥ	1970	ΝΑΟΥΣΑ VERMIO TRAIL	0:00:14 (00:00:00)	4:01:53 (04:01:39)	5:43:22 (05:43:08)	6:56:00 (06:55:46)
138	124	21	M50+	Male	208	ΔΗΜΗΤΡΙΟΣ ΚΑΝΝΗΣ	1971	DEREKAS ENDURANCE COACHING	0:00:11 (00:00:00)	4:17:13 (04:17:01)	5:52:04 (05:51:53)	6:56:16 (06:56:05)
139	15	1	W50+	Female	423	ΙΩΑΝΝΑ ΜΠΑΤΖΙΟΥ	1970	ΣΔΥ ΤΡΙΚΑΛΩΝ	0:00:30 (00:00:00)	4:21:03 (04:20:33)	5:53:40 (05:53:10)	6:58:03 (06:57:33)
140	125	104	M18-49	Male	244	ΠΛΑΤΩΝ ΚΥΡΙΑΚΙΔΗΣ	1976	Σ.Δ.Υ.Ν OSB ENDURANCE TEAM	0:00:35 (00:00:00)	4:25:01 (04:24:25)	5:59:07 (05:58:31)	6:58:11 (06:57:35)
141	126	105	M18-49	Male	61	ΝΙΚΟΣ ΚΟΣΤΙΣ	1985	KALDI'S RUNNING TEAM	0:00:09 (00:00:00)	4:11:16 (04:11:07)	5:48:17 (05:48:08)	6:58:13 (06:58:04)
142	127	22	M50+	Male	21	ΙΟΑΝΝΙΣ CHATZΙΙΩΑΝΝΟΥ	1970	SMNL	0:00:28 (00:00:00)	4:19:04 (04:18:36)	5:56:21 (05:55:52)	6:58:16 (06:57:47)
143	128	23	M50+	Male	335	ΙΩΑΝΝΗΣ ΠΑΤΣΙΑΝΖΗΣ	1968	ΛΥΚΟΙ ΚΕΧΑΓΙΟΓΛΟΥ	0:00:22 (00:00:00)	4:20:55 (04:20:32)	5:57:09 (05:56:46)	6:58:16 (06:57:54)
144	129	24	M50+	Male	95	ΝΙΚΟΛΑΟΣ ΤΑΝΤΑΛΟΣ	1968	ΑΝΕΞΑΡΤΗΤΟΣ	0:00:18 (00:00:00)	4:19:01 (04:18:43)	5:51:14 (05:50:56)	6:58:21 (06:58:03)
145	130	106	M18-49	Male	90	ANDREAS SITARAS	1989	KARPENISI	0:00:19 (00:00:00)	4:16:53 (04:16:34)	5:54:11 (05:53:51)	6:58:36 (06:58:16)
146	16	15	W18-49	Female	47	ANGELIKI KAGKARA	1982	BALLOTIS NATURE TRAIL - TRAXINA	0:00:25 (00:00:00)	4:16:26 (04:16:00)	5:55:29 (05:55:04)	6:58:39 (06:58:13)
147	131	107	M18-49	Male	132	ΧΡΙΣΤΟΣ ΑΡΜΑΝΙΔΗΣ	1985	RUNNING TEAM FARSALA	0:00:35 (00:00:00)	4:13:22 (04:12:47)	5:53:00 (05:52:25)	6:58:41 (06:58:06)
148	132	108	M18-49	Male	370	ΑΛΕΞΑΝΔΡΟΣ ΤΖΑΜΠΑΖΑΚΗΣ	1989	KASIMIS TRAINING	0:00:04 (00:00:00)	4:18:31 (04:18:26)	5:58:51 (05:58:46)	7:00:12 (07:00:07)
149	17	16	W18-49	Female	210	ΣΩΤΗΡΙΑ ΚΑΠΕΛΙΟΥ	1974	Σ.Δ.Υ.Μ ΘΗΒΑΣ	0:00:20 (00:00:00)	4:19:34 (04:19:13)	5:59:49 (05:59:29)	7:00:54 (07:00:34)
150	133	109	M18-49	Male	307	ΑΛΕΞΑΝΔΡΟΣ ΝΑΤΣΙΟΠΟΥΛΟΣ	1978	ΑΚΑΔΗΜΙΑ ΚΑΦΕ ΑΙΑΝΗ	0:00:16 (00:00:00)	4:14:05 (04:13:49)	5:57:49 (05:57:33)	7:02:51 (07:02:35)
151	134	25	M50+	Male	202	ΧΡΗΣΤΟΣ ΚΑΛΗΜΕΡΗΣ	1971	ALL TERRAIN RUNNERS	0:00:05 (00:00:00)	4:16:23 (04:16:18)	5:57:27 (05:57:22)	7:03:00 (07:02:55)
152	135	110	M18-49	Male	308	ΝΙΚΟΛΑΟΣ ΝΑΤΣΙΟΣ	1987	KALDIS RUNNING TEAM	0:00:12 (00:00:00)	4:14:29 (04:14:16)	5:58:09 (05:57:56)	7:03:55 (07:03:43)

Ran k	By Gen.	By Cat.	Cat.	Gender	BIB	Name	YOB	Club	START40K M	GKRIZOS4 0KM	VALEDL4 0KM	FINISH40K M
153	136	111	M18-49	Male	409	ΔΗΜΗΤΡΙΟΣ ΧΑΡΧΑΝΤΗΣ	1977		-	4:25:18 (--) --:--)	6:02:04 (--) --:--)	7:05:14 (--) --:--)
154	18	17	W18-49	Female	23	THEODORA CHATZIVASILEIADOU	1985	OSBET	0:00:10 (00:00:00)	4:17:23 (04:17:12)	5:58:27 (05:58:17)	7:06:14 (07:06:03)
155	137	26	M50+	Male	273	ΓΙΩΡΓΟΣ ΜΗΛΙΝΑΣ	1972	RODOPI RUNNERS	0:00:10 (00:00:00)	4:13:31 (04:13:20)	5:58:29 (05:58:19)	7:06:37 (07:06:27)
156	138	112	M18-49	Male	252	ΝΙΚΟΣ ΛΙΑΠΗΣ	1976	KARPENHSSITRAIL	0:00:17 (00:00:00)	4:22:32 (04:22:14)	6:01:12 (06:00:54)	7:06:56 (07:06:38)
157	139	27	M50+	Male	293	ΒΑΣΙΛΗΣ ΜΠΙΤΡΑΣ	1972	KALDI'S RUNNING TEAM LARISA	0:00:11 (00:00:00)	4:14:53 (04:14:42)	5:59:56 (05:59:44)	7:08:26 (07:08:15)
158	140	28	M50+	Male	160	ΙΩΑΝΝΗΣ ΓΚΕΡΛΕΣ	1969		0:00:21 (00:00:00)	4:28:59 (04:28:37)	6:02:25 (06:02:03)	7:09:21 (07:09:00)
159	141	29	M50+	Male	424	PANAGIOTIS ALEXAKOS	1964	TAILWIND NUTRITION	0:00:25 (00:00:00)	-	6:05:47 (06:05:22)	7:10:17 (07:09:51)
160	142	113	M18-49	Male	279	ΓΙΩΡΓΟΣ ΜΗΤΣΙΜΠΟΝΑΣ	1975	TRG TRIKALA	0:00:42 (00:00:00)	4:22:30 (04:21:47)	6:04:43 (06:04:00)	7:10:21 (07:09:38)
161	143	114	M18-49	Male	281	ΓΕΩΡΓΙΟΣ ΜΙΧΟΣ	1984		0:00:15 (00:00:00)	4:03:45 (04:03:29)	5:48:19 (05:48:04)	7:10:24 (07:10:08)
162	144	115	M18-49	Male	128	ΑΘΑΝΑΣΙΟΣ ΑΠΟΣΤΟΛΑΚΗΣ ΑΠΟΣΤΟΛΑΚΗΣ	1976	ΣΔΥΘ	0:00:08 (00:00:00)	4:23:11 (04:23:02)	6:04:49 (06:04:41)	7:10:43 (07:10:34)
163	145	30	M50+	Male	53	ΤΗΣΟΦΥΛΑΚΤΟΣ ΚΑΤΟΡΟΔΙΣ	1970	ΑΣ ΛΕΥΚΑΔΑΣ ΦΙΛΑΝΔΡΟΣ	0:00:03 (00:00:00)	4:20:21 (04:20:17)	6:04:35 (06:04:31)	7:10:57 (07:10:54)
164	146	116	M18-49	Male	52	ALEXANDROS KATAGIS	1977	ΑΣ ΛΕΥΚΑΔΑΣ ΦΙΛΑΝΔΡΟΣ	0:00:03 (00:00:00)	4:20:25 (04:20:21)	6:04:39 (06:04:36)	7:10:58 (07:10:54)
165	19	18	W18-49	Female	22	DIMITRA CHATZIMIMIKOU	1980	SDYTH	0:00:11 (00:00:00)	-	6:05:23 (06:05:11)	7:11:30 (07:11:19)
166	147	31	M50+	Male	127	ΝΙΚΟΛΑΟΣ ΑΝΤΩΝΙΟΥ	1965	ΤΡΑΧΙΝΑ-ΛΥΚΟΙ ΚΕΧΑΓΙΟΓΛΟΥ	0:00:26 (00:00:00)	4:27:45 (04:27:18)	6:06:51 (06:06:24)	7:11:44 (07:11:17)
167	20	2	W50+	Female	71	GABI NAEGELE	1964	PATH RUNNERS	0:00:41 (00:00:00)	4:30:37 (04:29:56)	6:06:27 (06:05:46)	7:14:19 (07:13:38)
168	21	3	W50+	Female	31	KONSTANTINA FAKIOLA	1967	ΚΕΡΚΥΡΑ	0:00:33 (00:00:00)	4:29:57 (04:29:24)	6:06:29 (06:05:55)	7:14:19 (07:13:46)
169	148	117	M18-49	Male	11	GIANNIS ALEXOPOULOS	1988	KASTORIA	0:00:03 (00:00:00)	4:20:26 (04:20:23)	6:08:38 (06:08:35)	7:14:41 (07:14:38)
170	149	32	M50+	Male	257	ΑΝΔΡΕΑΣ ΜΑΚΡΥΠΙΔΗΣ	1970	ΠΑΛΛΗΝΙΟΙ ΔΡΟΜΕΙΣ	0:00:13 (00:00:00)	4:35:30 (04:35:17)	6:10:58 (06:10:45)	7:15:16 (07:15:03)
171	150	118	M18-49	Male	16	ΑΡΟΣΤΟΛΟΣ ΒΑΡΜΠΟΥΛΙΣ	1978		0:00:13 (00:00:00)	4:13:46 (04:13:32)	6:02:48 (06:02:34)	7:15:24 (07:15:10)
172	151	33	M50+	Male	344	ΚΩΝΣΤΑΝΤΙΝΟΣ ΠΟΛΙΤΗΣ	1965	ΥΠΕΡΑΣΤΙΚΟ ΚΤΕΛ ΝΟΜΟΥ ΜΑΓΝΗΣΙΑΣ.	0:00:36 (00:00:00)	4:23:12 (04:22:35)	6:02:50 (06:02:13)	7:15:24 (07:14:47)
173	152	119	M18-49	Male	130	ΓΙΑΝΝΗΣ ΑΡΓΙΑΝΑΣ	1973	OSB_ENDURANCE TEAM	0:00:06 (00:00:00)	4:12:38 (04:12:31)	5:56:34 (05:56:27)	7:15:36 (07:15:29)
174	153	120	M18-49	Male	390	ΧΡΗΣΤΟΣ ΤΣΟΥΤΣΟΥΡΑΣ	1984	BALLOTIS NATURE TRAIL	0:00:16 (00:00:00)	4:21:20 (04:21:03)	6:07:49 (06:07:32)	7:15:37 (07:15:20)
175	154	121	M18-49	Male	190	ΑΝΑΣΤΑΣΙΟΣ ΖΟΥΜΠΟΥΛΗΣ	1975	ΣΔΥ ΜΕΣΣΗΝΙΑΣ	0:00:34 (00:00:00)	4:21:20 (04:20:45)	6:10:23 (06:09:48)	7:15:59 (07:15:24)
176	155	122	M18-49	Male	250	ΠΑΝΑΓΙΩΤΗΣ ΛΕΜΟΝΑΚΗΣ	1978	ΣΔ ΑΡΤΑΣ	0:00:35 (00:00:00)	4:23:14 (04:22:38)	6:07:40 (06:07:04)	7:16:09 (07:15:33)
177	156	123	M18-49	Male	149	ΙΩΑΝΝΗΣ ΒΡΥΣΗΣ	1976	ΔΡ3ΡΑΝΟΣ RUNNING ΙΓΟΥΜΕΝΙΤΣΑ	0:00:13 (00:00:00)	4:16:45 (04:16:32)	6:10:50 (06:10:36)	7:16:51 (07:16:37)
178	157	124	M18-49	Male	221	ΣΠΥΡΟΣ ΚΕΦΑΛΛΗΝΟΣ	1979	MOUNTAIN LOVERS CORFU	0:00:08 (00:00:00)	4:36:06 (04:35:58)	6:14:06 (06:13:57)	7:17:17 (07:17:09)
179	158	34	M50+	Male	115	ΑΔΑΜ ΑΛΕΞΑΚΗΣ	1968	KASIMIS TRAINING	0:00:33 (00:00:00)	4:35:11 (04:34:37)	6:13:32 (06:12:59)	7:18:36 (07:18:03)
180	159	125	M18-49	Male	292	ΜΙΧΑΛΗΣ ΜΠΙΤΟΣ	1982		0:00:22 (00:00:00)	4:23:51 (04:23:28)	6:12:50 (06:12:28)	7:19:01 (07:18:39)
181	160	35	M50+	Male	77	PANAGIOTIS PAPANIKOLAOU	1968	THE RUNNER'S PROJECT	0:00:07 (00:00:00)	4:21:58 (04:21:50)	6:09:13 (06:09:06)	7:19:48 (07:19:40)
182	161	126	M18-49	Male	248	ΚΑΡΟΛΟΣ ΛΑΜΠΡΟΥ	1984		0:00:26 (00:00:00)	4:27:11 (04:26:45)	6:04:57 (06:04:31)	7:20:31 (07:20:05)
183	162	127	M18-49	Male	310	ΕΜΜΑΝΟΥΗΛ ΝΟΥΣΗΣ	1984	ΙΩΑΝΝΙΝΑ	0:00:25 (00:00:00)	4:26:54 (04:26:29)	6:10:15 (06:09:50)	7:20:31 (07:20:06)
184	22	19	W18-49	Female	264	ΡΑΝΙΑ ΜΑΡΚΟΥ	1979	ΤΕΛΜΗΣΣΟΣ	0:00:03 (00:00:00)	4:23:18 (04:23:14)	6:05:34 (06:05:30)	7:21:51 (07:21:47)
185	163	128	M18-49	Male	386	ΘΕΟΧΑΡΗΣ ΤΣΙΛΙΜΠΟΝΗΣ	1975	ΣΔΥΘ	0:00:36 (00:00:00)	4:31:43 (04:31:07)	6:13:39 (06:13:03)	7:22:20 (07:21:44)
186	164	36	M50+	Male	396	ΒΑΣΙΛΕΙΟΣ ΦΟΥΝΤΑΣ	1966	ΑΘΗΝΑ	0:00:23 (00:00:00)	4:21:10 (04:20:47)	6:06:18 (06:05:55)	7:22:31 (07:22:08)
187	165	129	M18-49	Male	83	ΝΕΚΤΑΡΙΟΣ PSYCHOMANIS	1988	SANTA RUNNING TEAM	0:00:31 (00:00:00)	4:38:31 (04:38:00)	6:18:27 (06:17:56)	7:24:27 (07:23:56)
188	166	130	M18-49	Male	85	NICK RAPTOPOULOS	1978	PILABOX	0:00:01 (00:00:00)	4:32:00 (04:31:59)	6:21:47 (06:21:46)	7:26:38 (07:26:37)
189	167	131	M18-49	Male	49	ASTERIOS KANELIS	1977		0:00:34 (00:00:00)	4:24:34 (04:24:00)	6:13:01 (06:12:26)	7:27:12 (07:26:38)
190	168	132	M18-49	Male	285	ΑΘΑΝΑΣΙΟΣ ΜΠΑΛΑΤΣΟΥΚΑΣ	1977	KASIMIS TRAINING	0:00:25 (00:00:00)	4:34:34 (04:34:08)	6:17:59 (06:17:33)	7:27:22 (07:26:56)

Ran k	By Gen.	By Cat.	Cat.	Gender	BIB	Name	YOB	Club	START40K M	GKRIZOS4 0KM	VALEDL4 0KM	FINISH40K M
191	169	133	M18-49	Male	381	ΙΩΑΝΝΗΣ ΤΣΑΒΟΣ	1979	BELTSISTA RANING	0:00:16 (00:00:00)	4:19:52 (04:19:35)	6:14:01 (06:13:45)	7:27:36 (07:27:19)
192	170	134	M18-49	Male	46	ANGELOS ΙΟΑΝΝΟΥ	1976	ΟΥΚ	0:00:30 (00:00:00)	4:38:30 (04:37:59)	6:18:05 (06:17:34)	7:28:32 (07:28:01)
193	171	135	M18-49	Male	159	ΑΛΕΞΑΝΔΡΟΣ ΓΙΩΤΗΣ	1974		0:00:29 (00:00:00)	4:30:44 (04:30:14)	6:13:32 (06:13:02)	7:30:43 (07:30:14)
194	172	136	M18-49	Male	106	PETROS VELLIDIS	1980		0:00:44 (00:00:00)	4:34:56 (04:34:11)	6:17:58 (06:17:13)	7:31:00 (07:30:16)
195	173	137	M18-49	Male	340	ΣΠΥΡΙΔΩΝ ΠΗΛΟΣ	1974	BEYOUNIQUE	0:00:42 (00:00:00)	4:46:03 (04:45:21)	6:24:04 (06:23:21)	7:31:29 (07:30:47)
196	174	138	M18-49	Male	368	ΔΗΜΗΤΡΙΟΣ ΤΑΤΣΗΣ	1974	3D RUNAWAY	0:00:29 (00:00:00)	4:37:18 (04:36:49)	6:26:25 (06:25:55)	7:31:34 (07:31:04)
197	175	37	M50+	Male	421	ΓΙΩΡΓΟΣ ΤΣΑΓΚΕΡΑΣ	1961		0:00:17 (00:00:00)	4:28:06 (04:27:49)	6:23:20 (06:23:03)	7:32:14 (07:31:57)
198	176	139	M18-49	Male	361	ΙΩΑΝΝΗΣ ΣΤΑΜΑΤΗΣ	1975	ΣΔΥΘ	0:00:21 (00:00:00)	4:28:49 (04:28:27)	6:14:03 (06:13:42)	7:32:59 (07:32:38)
199	177	140	M18-49	Male	413	ΒΑΣΙΛΕΙΟΣ ΧΡΟΝΗΣ	1979	TOP TEAM METSOVO - URSΑ - Σ.Δ.Ι.	0:00:27 (00:00:00)	4:35:54 (04:35:27)	6:21:45 (06:21:18)	7:33:07 (07:32:39)
200	178	141	M18-49	Male	96	SOTIRIOS TOKAS	1974	DROMEON STAVROU -ΝΑΟΥΣΑ BERMIO TRAIL	0:00:18 (00:00:00)	4:36:23 (04:36:05)	6:22:01 (06:21:42)	7:33:19 (07:33:01)
201	179	142	M18-49	Male	222	ΓΙΩΡΓΟΣ ΚΕΧΑΓΙΑΣ	1980	ΚΟΥΡΚΟΥΡΙΚIS TRAINING GROUP /ΣΔΥ. ΑΛΜΩΠΙΑΣ/ΝΑΟΥΣΑ ΒΕΡΜΙΟ TRAIL/ΣΔΥ ΑΛΜΩΠΙΑΣ	0:00:15 (00:00:00)	4:36:23 (04:36:07)	6:22:06 (06:21:50)	7:33:19 (07:33:04)
202	180	38	M50+	Male	56	GEORGE KINIAKOS	1970	TRAXINA	0:00:35 (00:00:00)	4:40:59 (04:40:24)	6:23:23 (06:22:48)	7:33:23 (07:32:48)
203	181	143	M18-49	Male	163	ΕΥΣΤΡΑΤΙΟΣ ΓΚΙΟΥΡΑΣ	1998		0:00:44 (00:00:00)	4:34:15 (04:33:30)	6:22:28 (06:21:43)	7:33:28 (07:32:44)
204	23	20	W18-49	Female	276	ΜΑΡΙΑ ΜΗΤΡΟΠΟΥΛΟΥ	1977	VO2MAX EXERCISE CENTER	0:00:07 (00:00:00)	4:40:05 (04:39:58)	6:24:00 (06:23:53)	7:34:24 (07:34:17)
205	182	144	M18-49	Male	97	ΝΙΚΟΣ TSAMPRAS	1974	ΣΜΑΧ ΦΕΙΔΙΠΠΙΔΗΣ	0:00:25 (00:00:00)	4:35:29 (04:35:03)	6:25:54 (06:25:28)	7:35:22 (07:34:56)
206	24	4	W50+	Female	408	ΕΥΑΓΓΕΛΙΑ ΧΑΡΜΠΗ	1970	ΣΔΥΘ	0:00:37 (00:00:00)	4:51:13 (04:50:35)	6:29:27 (06:28:49)	7:35:45 (07:35:07)
207	183	145	M18-49	Male	164	ΓΕΩΡΓΙΟΣ ΓΝΕΣΟΥΛΗΣ	1979	ΚΕΡΚΥΡΑ (ΚΡ)	0:00:14 (00:00:00)	4:39:15 (04:39:00)	6:28:23 (06:28:08)	7:36:10 (07:35:55)
208	184	39	M50+	Male	393	ΘΩΜΑΣ ΦΙΛΗΣ	1969	ΣΔΥΜ ΘΗΒΑΣ	0:00:19 (00:00:00)	4:40:09 (04:39:50)	6:24:50 (06:24:31)	7:36:19 (07:36:00)
209	25	5	W50+	Female	141	ΗΡΑ ΒΙΝΟΥ	1967	MOUNTAIN LOVERS CORFU TEAM	0:00:06 (00:00:00)	4:36:06 (04:35:59)	6:26:16 (06:26:10)	7:36:36 (07:36:30)
210	185	146	M18-49	Male	59	GEORGIOS KONTOKOSTAS	1987	BLACK WOLVES	0:00:29 (00:00:00)	4:40:01 (04:39:32)	6:25:59 (06:25:30)	7:36:58 (07:36:29)
211	186	147	M18-49	Male	403	ΣΠΥΡΙΔΩΝ ΦΩΤΣΗΣ	1981	IRON TEAM SIDERIDIS	0:00:21 (00:00:00)	4:40:56 (04:40:34)	6:26:52 (06:26:30)	7:37:15 (07:36:53)
212	26	21	W18-49	Female	88	KATERINA SEITANIDOU	1979		0:00:09 (00:00:00)	4:46:22 (04:46:13)	6:31:21 (06:31:12)	7:37:49 (07:37:40)
213	187	148	M18-49	Male	255	ΜΑΡΙΟΣ ΛΥΜΠΕΡΗΣ	1977		0:00:13 (00:00:00)	-	-	7:37:57 (07:37:44)
214	188	149	M18-49	Male	353	ΕΡΡΙΚΟΣ ΣΕΓΓΗΣ	1994	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΤΡΙΚΑΛΩΝ	0:00:36 (00:00:00)	4:33:56 (04:33:20)	6:24:35 (06:23:59)	7:38:31 (07:37:55)
215	189	150	M18-49	Male	348	ΧΡΗΣΤΟΣ ΠΡΟΔΡΟΜΟΥ	1973	KASIMIS TRAINING	0:00:21 (00:00:00)	4:40:53 (04:40:32)	6:26:32 (06:26:10)	7:38:32 (07:38:10)
216	190	151	M18-49	Male	65	DIMITRIOS KYRATSI	1976	ΙΟΑΝΝΙΝΑ	0:00:29 (00:00:00)	4:48:02 (04:47:33)	6:25:28 (06:24:59)	7:38:38 (07:38:08)
217	191	152	M18-49	Male	314	ΠΑΝΑΓΙΩΤΗΣ ΟΙΚΟΝΟΜΟΠΟΥΛΟΣ	1984	BRT-KPN@PATRAS/ΦΛΟΓΑ	0:00:27 (00:00:00)	4:29:43 (04:29:16)	6:25:52 (06:25:25)	7:38:38 (07:38:11)
218	27	22	W18-49	Female	178	ΜΑΡΙΑΔΡΙΤΣΑ	1974	ALIARTISTAS SDYM THIVAS	0:00:25 (00:00:00)	4:53:59 (04:53:33)	6:32:19 (06:31:53)	7:39:07 (07:38:41)
219	192	40	M50+	Male	343	ΧΡΗΣΤΟΣ ΠΟΛΑΤΣΙΔΗΣ DNF	1960	Α.Κ.Ο.ΛΙΒΑΔΕΙΑΣ	0:00:27 (00:00:00)	5:52:39 (05:52:11)	-	7:40:55 (07:40:27)
220	193	41	M50+	Male	399	ΜΑΝΟΣ ΦΡΑΝΤΖΕΣΚΑΚΗΣ	1961	ΟΡΕΙΒΑΤΙΚΗ ΑΝΑΡΡΙΧΗΤΙΚΗ ΛΕΣΧΗ ΘΕΣΣΑΛΟΝΙΚΗΣ	0:00:33 (00:00:00)	4:44:15 (04:43:42)	6:29:38 (06:29:05)	7:42:13 (07:41:40)
221	194	42	M50+	Male	249	ΔΗΜΗΤΡΗΣ ΛΑΧΝΙΔΑΚΗΣ	1970	ΣΔΥΡ	0:00:10 (00:00:00)	4:56:57 (04:56:47)	6:37:59 (06:37:49)	7:43:48 (07:43:38)
222	195	153	M18-49	Male	342	ΘΕΟΔΩΡΟΣ ΠΙΣΣΑΣ	1973	ΣΔΥΡ	0:00:07 (00:00:00)	4:56:54 (04:56:46)	6:38:00 (06:37:53)	7:43:48 (07:43:40)
223	196	43	M50+	Male	93	STELIOS STAVGIANOUDAKIS	1968	ΣΔΥΡ	0:00:09 (00:00:00)	4:56:57 (04:56:47)	6:37:55 (06:37:45)	7:43:48 (07:43:38)
224	197	44	M50+	Male	261	ΒΑΣΙΛΕΙΟΣ ΜΑΝΤΗΣ	1972		0:00:05 (00:00:00)	4:50:59 (04:50:53)	6:35:41 (06:35:35)	7:44:05 (07:43:59)
225	198	154	M18-49	Male	171	ΣΤΥΛΙΑΝΟΣ ΔΕΡΜΕΝΑΚΗΣ	1987	SANS FILLES	0:00:39 (00:00:00)	4:52:18 (04:51:38)	6:33:31 (06:32:52)	7:44:32 (07:43:53)
226	199	45	M50+	Male	415	ΝΙΚΟΛΑΟΣ ΟΙΚΟΝΟΜΙΔΗΣ	1963	ΙΩΑΝΝΙΝΑ	0:00:12 (00:00:00)	4:47:17 (04:47:04)	6:29:50 (06:29:37)	7:45:09 (07:44:57)
227	200	155	M18-49	Male	152	ΧΡΗΣΤΟΣ ΓΕΩΡΓΙΟΠΟΥΛΟΣ	1976	TELMISSOS-PILABOX	0:00:04 (00:00:00)	4:45:05 (04:45:01)	6:28:14 (06:28:10)	7:45:44 (07:45:40)
228	28	23	W18-49	Female	301	ΕΥΓΕΝΙΑ ΜΠΟΥΡΑΖΕΡΗ	1993	VO2MAX EXERCISE CENTER ΠΑΤΡΩΝ	0:00:07 (00:00:00)	4:49:00 (04:48:53)	6:30:53 (06:30:46)	7:45:56 (07:45:49)

Ran k	By Gen.	By Cat.	Cat.	Gender	BIB	Name	YOB	Club	START40K M	GKRIZOS4 0KM	VALEDL4 0KM	FINISH40K M
229	201	156	M18-49	Male	182	ΠΑΝΑΓΙΩΤΗΣ ΕΥΘΥΜΙΟΥ	1974	SNAILS TEAM	0:00:19 (00:00:00)	4:25:50 (04:25:30)	6:25:42 (06:25:22)	7:46:11 (07:45:52)
230	202	157	M18-49	Male	136	ΑΝΤΩΝΗΣ ΒΑΚΑΡΟΣ	1981		0:00:43 (00:00:00)	4:45:51 (04:45:07)	6:35:45 (06:35:02)	7:46:14 (07:45:30)
231	203	158	M18-49	Male	404	ΣΙΔΕΡΗΣ ΧΑΛΒΑΤΖΗΣ	1980	KAGGELES-MARONEIA N.RODOPIS	0:00:11 (00:00:00)	4:34:00 (04:33:48)	6:26:22 (06:26:11)	7:46:30 (07:46:19)
232	204	159	M18-49	Male	74	DIONYSIS ΟΙΚΟΝΟΜΟΥ	1980		0:00:06 (00:00:00)	4:41:40 (04:41:33)	6:33:32 (06:33:26)	7:47:09 (07:47:03)
233	205	160	M18-49	Male	188	ΠΑΥΛΟΣ ΖΗΤΑΚΗΣ	1980	ΩΡΑΙΟΚΑΣΤΡΟ	0:00:46 (00:00:00)	4:36:32 (04:35:46)	6:33:11 (06:32:25)	7:47:10 (07:46:23)
234	29	24	W18-49	Female	155	ΟΛΓΑ ΓΙΑΝΝΑΚΟΠΟΥΛΟΥ	1983	BALLOTIS NATURE TRAIL/ΣΔΥΘ	0:00:36 (00:00:00)	4:50:47 (04:50:10)	6:35:47 (06:35:10)	7:48:20 (07:47:44)
235	206	161	M18-49	Male	392	ΑΝΔΡΕΑΣ ΦΑΡΣΑΛΙΝΟΣ	1977	TPAXINA	0:00:28 (00:00:00)	4:44:48 (04:44:20)	6:31:25 (06:30:57)	7:49:16 (07:48:48)
236	207	162	M18-49	Male	339	ΒΑΣΙΛΗΣ ΠΕΡΙΒΟΛΑΡΗΣ	1988	ΣΔΥΘΕΣΣΑΛΟΝΙΚΗΣ	0:00:38 (00:00:00)	4:51:27 (04:50:49)	6:38:08 (06:37:29)	7:49:40 (07:49:01)
237	208	163	M18-49	Male	51	ZISIS KARANASTASIS	1977		0:00:14 (00:00:00)	4:39:52 (04:39:38)	6:35:17 (06:35:02)	7:51:12 (07:50:58)
238	209	164	M18-49	Male	187	ΝΙΚΟΛΑΟΣ ΖΕΙΚΟΣ	1982	RUNNING TEAM FARSALA	0:00:34 (00:00:00)	4:40:16 (04:39:41)	6:43:35 (06:43:00)	7:51:23 (07:50:48)
239	210	165	M18-49	Male	294	ΝΕΡΑΝΤΖΗΣ ΜΠΟΖΟΣ	1975	DRIFT BIKES KOMOTINI	0:00:11 (00:00:00)	4:36:37 (04:36:26)	6:34:07 (06:33:56)	7:52:04 (07:51:53)
240	211	166	M18-49	Male	120	ΕΥΘΥΜΙΟΣ ΑΝΔΡΕΑΝΙΔΗΣ	1973	DELTA RUNNERS	0:00:20 (00:00:00)	4:41:06 (04:40:45)	6:31:39 (06:31:18)	7:52:24 (07:52:04)
241	212	46	M50+	Male	387	ΒΑΣΙΛΗΣ ΤΣΙΡΙΓΩΤΗΣ	1955	ΣΔΟΕ ΠΤΟΛΕΜΑΪΔΑΣ	0:00:21 (00:00:00)	4:55:23 (04:55:02)	6:40:52 (06:40:30)	7:53:55 (07:53:34)
242	30	6	W50+	Female	19	SOPHIE CARTER	1970	KASSIOS DIAS	0:00:40 (00:00:00)	4:52:11 (04:51:30)	6:39:26 (06:38:45)	7:54:04 (07:53:24)
243	213	47	M50+	Male	327	ΔΗΜΗΤΡΗΣ ΠΑΠΑΙΩΑΝΝΟΥ	1965	ΙΩΑΝΝΙΝΑ	0:00:23 (00:00:00)	4:50:15 (04:49:51)	6:39:20 (06:38:56)	7:54:08 (07:53:44)
244	31	25	W18-49	Female	156	ΣΩΤΗΡΙΑ-ΜΑΡΙΑ ΓΙΑΝΝΕΛΟΥ	1989	L_CREW	-	4:57:14 (-:--:--)	6:45:44 (-:--:--)	7:55:16 (-:--:--)
245	214	167	M18-49	Male	121	ΚΩΝΣΤΑΝΤΙΝΟΣ ΑΝΔΡΕΑΝΙΔΗΣ	1973	DELTA RUNNERS	0:00:21 (00:00:00)	4:43:53 (04:43:31)	6:40:20 (06:39:58)	7:55:20 (07:54:58)
246	215	48	M50+	Male	36	LAMPROS FOTIS	1968	ΠΑΛΛΗΝΙΟΙ ΔΡΟΜΕΙΣ	0:00:12 (00:00:00)	4:50:33 (04:50:20)	6:44:31 (06:44:18)	7:56:40 (07:56:27)
247	216	168	M18-49	Male	358	ΑΠΟΣΤΟΛΟΣ ΣΜΑΡΝΑΚΗΣ	1993		0:00:43 (00:00:00)	4:54:19 (04:53:36)	6:49:16 (06:48:33)	7:57:43 (07:57:00)
248	217	169	M18-49	Male	213	ΓΡΗΓΟΡΙΟΣ ΚΑΡΑΜΑΝΩΛΗΣ	1975	XANTHI RUNNERS	0:00:40 (00:00:00)	4:54:06 (04:53:26)	6:46:41 (06:46:00)	7:59:12 (07:58:31)
249	218	170	M18-49	Male	228	ΙΩΑΝΝΗΣ ΚΟΛΙΟΦΟΥΤΗΣ	1985		0:00:24 (00:00:00)	4:59:59 (04:59:34)	6:51:15 (06:50:51)	8:00:51 (08:00:27)
250	32	26	W18-49	Female	205	ΔΗΜΗΤΡΑ ΚΑΛΤΣΗ	1986		0:00:23 (00:00:00)	4:59:19 (04:58:55)	6:51:13 (06:50:50)	8:00:51 (08:00:28)
251	219	49	M50+	Male	407	ΝΙΚΟΛΑΟΣ ΧΑΡΙΣΗΣ	1951	Σ. Δ.Ι	0:00:26 (00:00:00)	4:49:25 (04:48:59)	6:39:10 (06:38:44)	8:01:40 (08:01:13)
252	33	27	W18-49	Female	117	ΑΝΑΣΤΑΣΙΑ ΑΛΥΓΙΖΑΚΗ	1984	LCREW	0:00:22 (00:00:00)	4:50:46 (04:50:23)	6:44:14 (06:43:51)	8:01:42 (08:01:19)
253	34	7	W50+	Female	41	ΝΙΚΟΛΕΤΤΑ ΓΙΑΤΡΑΚΟΥ	1970	470 ACE / SKYWOMEN RUNNING TEAM	0:00:23 (00:00:00)	4:53:11 (04:52:47)	6:48:07 (06:47:43)	8:01:44 (08:01:20)
254	220	171	M18-49	Male	260	ΧΑΡΗΣ ΜΑΝΟΥΣΗΣ	1981	BALLOTIS NATURE TRAIL	0:00:22 (00:00:00)	4:57:07 (04:56:44)	6:50:33 (06:50:10)	8:04:39 (08:04:17)
255	221	172	M18-49	Male	283	ΠΑΝΑΓΙΩΤΗΣ ΜΠΑΚΑΛΗΣ	1981		0:00:39 (00:00:00)	4:59:49 (04:59:09)	6:54:41 (06:54:01)	8:10:08 (08:09:29)
256	222	173	M18-49	Male	192	ΒΑΣΙΛΕΙΟΣ ΔΗΜΗΤΡΙΟΣ ΘΕΟΔΩΡΑΚΟΠΟΥΛΟΣ	1975	KASIMIS TRAINNING TEAM	0:00:29 (00:00:00)	5:02:44 (05:02:14)	6:55:47 (06:55:18)	8:10:10 (08:09:41)
257	223	50	M50+	Male	44	RIZOS GOULAS	1964		0:00:41 (00:00:00)	5:02:44 (05:02:02)	6:55:44 (06:55:02)	8:10:10 (08:09:29)
258	224	51	M50+	Male	227	ΔΗΜΗΤΡΙΟΣ ΚΟΛΙΑΣ	1972	KOURKOURIKISTRAININGGROUP	0:00:15 (00:00:00)	4:51:26 (04:51:11)	6:51:45 (06:51:30)	8:11:41 (08:11:25)
259	225	174	M18-49	Male	195	ΝΙΚΟΛΑΟΣ ΘΩΜΑΙΔΗΣ	1981	Α.Π.Σ. ΤΕΛΜΗΣΣΟΣ	0:00:18 (00:00:00)	5:03:02 (05:02:43)	6:55:51 (06:55:32)	8:11:43 (08:11:24)
260	35	28	W18-49	Female	75	ANNA PALAMARA	1980	L-CREW	0:00:24 (00:00:00)	5:12:42 (05:12:17)	7:05:36 (07:05:11)	8:12:51 (08:12:26)
261	226	52	M50+	Male	247	ΔΗΜΗΤΡΙΟΣ ΛΑΜΠΡΙΝΙΔΗΣ	1962	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΥΓΕΙΑΣ ΘΕΣΣΑΛΟΝΙΚΗΣ	0:00:42 (00:00:00)	5:00:05 (04:59:22)	6:54:36 (06:53:54)	8:12:58 (08:12:16)
262	227	175	M18-49	Male	372	ΓΕΩΡΓΙΟΣ ΤΖΗΝΕΤΑΣ	1975	ΣΔΥΘ	0:00:36 (00:00:00)	4:50:31 (04:49:54)	6:58:48 (06:58:11)	8:12:58 (08:12:21)
263	228	176	M18-49	Male	215	ΑΠΟΣΤΟΛΟΣ ΚΑΡΤΕΡΗΣ	1975	-	0:00:24 (00:00:00)	4:58:58 (04:58:33)	6:53:04 (06:52:39)	8:14:09 (08:13:44)
264	229	53	M50+	Male	218	ΑΓΓΕΛΟΣ ΚΑΨΙΩΧΑΣ	1970	RUNNING TEAM FARSALA	0:00:34 (00:00:00)	4:46:09 (04:45:35)	6:49:37 (06:49:03)	8:15:01 (08:14:27)
265	230	177	M18-49	Male	48	ΙΟΑΝΝΙΣ ΚΑΓΚΕΛΑΡΙΣ	1984	ΚΑΤΩΓΙ ΑΒΕΡΩΦ	0:00:26 (00:00:00)	4:57:37 (04:57:11)	6:58:43 (06:58:17)	8:15:39 (08:15:13)
266	231	54	M50+	Male	270	ΑΝΔΡΕΑΣ ΜΕΝΑΓΙΑΣ	1969	ΣΔΥ ΠΑΤΡΑΣ	0:00:30 (00:00:00)	5:18:54 (05:18:23)	7:11:20 (07:10:50)	8:20:01 (08:19:30)

Ran k	By Gen.	By Cat.	Cat.	Gender	BIB	Name	YOB	Club	START40K M	GKRIZOS4 0KM	VALEDL4 0KM	FINISH40K M
267	232	55	M50+	Male	300	ΙΩΑΝΝΗΣ ΜΠΟΥΡΑΖΑΝΑΣ	1972	ΑΘΗΝΑ	0:00:28 (00:00:00)	4:58:43 (04:58:14)	6:57:24 (06:56:55)	8:20:32 (08:20:04)
268	233	178	M18-49	Male	201	ΓΙΩΡΓΟΣ ΚΑΚΑΪΤΣΑΣ	1978	T.R.G-ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΤΡΙΚΑΛΩΝ	0:00:28 (00:00:00)	4:59:23 (04:58:54)	6:55:04 (06:54:35)	8:20:33 (08:20:04)
269	234	179	M18-49	Male	235	ΣΠΥΡΙΔΩΝ ΚΟΥΝΑΒΗΣ	1976	ΑΒΥΘΟΣ ΑΙΓΙΟΥ	0:00:28 (00:00:00)	5:04:14 (05:03:45)	7:03:08 (07:02:40)	8:21:07 (08:20:38)
270	235	180	M18-49	Male	267	ΗΛΙΑΣ ΜΑΤΖΟΥΚΗΣ	1974	SNAILS TEAM	0:00:20 (00:00:00)	4:51:59 (04:51:38)	6:58:36 (06:58:16)	8:21:30 (08:21:10)
271	36	29	W18-49	Female	58	ANASTASIA TATARINOVA	1984	TIHIO RACE	0:00:39 (00:00:00)	5:25:48 (05:25:09)	7:13:25 (07:12:45)	8:22:17 (08:21:37)
272	236	181	M18-49	Male	290	ΕΥΘΥΜΙΟΣ ΜΠΙΚΗΣ	1984	Σ.Μ.Ν.Λ.	0:00:33 (00:00:00)	5:01:16 (05:00:43)	7:03:57 (07:03:23)	8:22:37 (08:22:04)
273	237	56	M50+	Male	30	ACHILLES DRAGOUTAS	1970		0:00:11 (00:00:00)	5:17:34 (05:17:23)	7:08:47 (07:08:36)	8:23:13 (08:23:02)
274	238	182	M18-49	Male	135	ΙΩΑΝΝΗΣ ΑΥΓΕΝΙΚΟΣ	1974		0:00:19 (00:00:00)	5:02:28 (05:02:08)	6:57:32 (06:57:13)	8:23:29 (08:23:09)
275	239	183	M18-49	Male	138	ΔΗΜΗΤΡΙΟΣ ΒΑΚΗΣ	1981	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΤΡΙΚΑΛΩΝ	0:00:40 (00:00:00)	4:49:54 (04:49:14)	6:50:33 (06:49:53)	8:24:28 (08:23:47)
276	240	57	M50+	Male	89	VASILEIOS SEMERTZIDIS	1970	ΚΡΥΑ ΒΡΥΣΗ	0:00:04 (00:00:00)	4:52:21 (04:52:16)	6:57:19 (06:57:15)	8:24:37 (08:24:33)
277	241	58	M50+	Male	369	ΠΑΝΑΓΙΩΤΗΣ ΤΕΛΛΙΔΗΣ	1966	ΣΔΥ ΘΕΣΣΑΛΟΝΙΚΗΣ	0:00:36 (00:00:00)	5:13:06 (05:12:30)	7:05:32 (07:04:55)	8:27:50 (08:27:14)
278	242	184	M18-49	Male	419	DIMITRIS CHATZIOANNOU	1973		0:00:30 (00:00:00)	4:59:38 (04:59:07)	7:04:17 (07:03:47)	8:29:05 (08:28:35)
279	243	59	M50+	Male	204	ΚΩΝΣΤΑΝΤΙΝΟΣ ΚΑΛΟΓΗΡΟΣ	1951		0:00:15 (00:00:00)	4:46:10 (04:45:55)	7:03:13 (07:02:58)	8:29:06 (08:28:51)
280	244	60	M50+	Male	212	ΔΙΟΝΥΣΗΣ ΚΑΡΑΙΣΚΑΚΗΣ	1967	ΣΕΟ ΠΑΤΡΑΣ ΩΛΕΝΟΣ	0:00:37 (00:00:00)	5:04:16 (05:03:38)	7:11:16 (07:10:39)	8:29:52 (08:29:14)
281	245	185	M18-49	Male	319	ΚΩΝΣΤΑΝΤΙΝΟΣ ΤΟΓΚΑΣ	1973		0:00:22 (00:00:00)	4:53:20 (04:52:58)	7:02:42 (07:02:20)	8:30:32 (08:30:10)
282	246	186	M18-49	Male	412	ΠΑΝΑΓΙΩΤΗΣ ΧΡΙΣΤΟΦΟΡΙΔΗΣ	1973	ATHENS	0:00:31 (00:00:00)	5:13:46 (05:13:15)	7:12:48 (07:12:17)	8:31:57 (08:31:26)
283	247	187	M18-49	Male	274	ΑΝΤΩΝΗΣ ΜΗΛΙΩΤΗΣ	1980	ΠΑΝΕΛΛΗΝΙΟΣ Γ.Σ.	0:00:34 (00:00:00)	5:13:32 (05:12:58)	7:17:56 (07:17:22)	8:31:58 (08:31:24)
284	37	8	W50+	Female	153	ΑΝΔΡΟΝΙΚΗ ΓΕΩΡΓΙΟΥ	1970	DEREKAS ENDURANCE COACHING TEAM	0:00:13 (00:00:00)	5:02:48 (05:02:34)	7:08:17 (07:08:04)	8:33:10 (08:32:56)
285	248	188	M18-49	Male	414	ΒΑΣΙΛΗΣ ΧΡΟΝΟΠΟΥΛΟΣ	1981	ΡΙΟΝ, ΠΑΤΡΑ	0:00:07 (00:00:00)	4:38:27 (04:38:20)	6:57:00 (06:56:53)	8:33:20 (08:33:13)
286	249	189	M18-49	Male	54	ΙΟΑΝΝΙΣ ΚΑΤΣΙΚΑVELAS	1993		0:00:43 (00:00:00)	5:00:45 (05:00:01)	7:13:20 (07:12:36)	8:34:31 (08:33:47)
287	250	190	M18-49	Male	287	ΧΡΗΣΤΟΣ ΜΠΑΜΠΟΥΡΗΣ	1988	WE RUN TRIKALA	0:00:18 (00:00:00)	4:58:42 (04:58:23)	7:00:00 (06:59:42)	8:35:27 (08:35:09)
288	251	191	M18-49	Male	50	ΙΟΑΝΝΙΣ ΚΑΡΣΑΝΑΚΙΣ	1984	ΜΥΑΤHLETE TRAIL TEAM	0:00:31 (00:00:00)	5:19:36 (05:19:04)	7:18:03 (07:17:31)	8:35:27 (08:34:56)
289	252	192	M18-49	Male	193	ΓΕΩΡΓΙΟΣ ΘΕΟΧΑΡΗΣ	1976	ΔΡΟΜΕΙΣ ΥΓΕΙΑΣ ΠΑΝΣΕΡΡΑΙΚΟΣ	0:00:15 (00:00:00)	5:21:51 (05:21:36)	7:24:27 (07:24:12)	8:35:37 (08:35:22)
290	253	193	M18-49	Male	113	ΠΑΝΑΓΙΩΤΗΣ ΑΓΓΕΛΟΠΟΥΛΟΣ	1973		0:00:14 (00:00:00)	5:21:57 (05:21:42)	7:24:25 (07:24:10)	8:35:38 (08:35:23)
291	254	194	M18-49	Male	175	ΦΩΤΙΟΣ ΔΟΥΒΡΗΣ	1977	BRT-KPN PATRAS	0:00:16 (00:00:00)	4:55:09 (04:54:52)	7:13:03 (07:12:46)	8:35:41 (08:35:24)
292	255	61	M50+	Male	311	ΙΩΑΝΝΗΣ ΝΤΙΚΙΑΔΗΣ	1971	KASSIOPI	0:00:41 (00:00:00)	5:09:50 (05:09:09)	7:09:01 (07:08:20)	8:36:01 (08:35:20)
293	256	62	M50+	Male	328	ΑΝΤΩΝΗΣ ΠΑΠΑΟΙΚΟΝΟΜΟΥ	1970		0:00:38 (00:00:00)	5:19:05 (05:18:26)	7:14:40 (07:14:01)	8:36:43 (08:36:04)
294	38	30	W18-49	Female	34	MELINA FINOU	1985	MARATHON CLUB	0:00:28 (00:00:00)	5:22:36 (05:22:08)	7:19:13 (07:18:45)	8:38:30 (08:38:02)
295	257	63	M50+	Male	82	KONSTANTINOS PRATSAS	1968		0:00:30 (00:00:00)	5:25:06 (05:24:36)	7:24:02 (07:23:02)	8:39:19 (08:38:49)
296	39	9	W50+	Female	17	GARYFALIA BEKRI	1966	ΣΔΥΜ ΘΗΒΑΣ	0:00:22 (00:00:00)	5:23:36 (05:23:13)	7:22:25 (07:22:03)	8:41:15 (08:40:52)
297	258	195	M18-49	Male	362	ΧΑΡΑΛΑΜΠΟΣ ΣΤΕΦΑΝΙΔΗΣ	1973	ΒΑΛΙΟΤΙΣ NATURE TRAIL	0:00:39 (00:00:00)	5:18:00 (05:17:20)	7:23:35 (07:22:55)	8:42:28 (08:41:48)
298	259	196	M18-49	Male	265	ΙΩΑΝΝΗΣ ΜΑΡΤΑΚΗΣ	1986		0:00:21 (00:00:00)	3:59:40 (03:59:19)	5:28:20 (05:27:59)	-
299	40	31	W18-49	Female	377	ΣΟΥΛΤΑΝΑ ΤΟΚΑ	1974	ALLTERRAINRUNNERS	0:00:04 (00:00:00)	4:06:41 (04:06:37)	5:33:58 (05:33:54)	-
300	260	197	M18-49	Male	359	ΕΥΓΓΕΛΟΣ ΣΟΥΡΑΒΛΙΑΣ	1979	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΑΡΤΑΣ	0:00:35 (00:00:00)	4:10:44 (04:10:09)	5:38:42 (05:38:06)	-
301	261	198	M18-49	Male	100	CHRISTOS TSIOURANTANIS	1984	ΜΥΑΤHLETECHOZEN	0:00:05 (00:00:00)	-	6:38:13 (06:38:08)	-
302	262	64	M50+	Male	105	CONSTANTINOS VASSILAS	1966	ΚΕΡΚΥΡΑ	0:00:31 (00:00:00)	5:08:51 (05:08:20)	7:17:59 (07:17:28)	-
303	263	199	M18-49	Male	258	ΔΗΜΗΤΡΗΣ ΜΑΛΦΑΣ	1975	ΛΕΥΚΑΔΑ	0:00:30 (00:00:00)	5:15:56 (05:15:26)	7:19:08 (07:18:37)	-
304	264	200	M18-49	Male	238	ΙΩΑΝΝΗΣ ΚΟΥΣΤΕΝΗΣ	1977		0:01:02 (00:00:00)	5:26:53 (05:25:51)	7:30:55 (07:29:52)	-

Ran k	By Gen.	By Cat.	Cat.	Gender	BIB	Name	YOB	Club	START40K M	GKRIZOS4 0KM	VALEDL4 0KM	FINISH40K M
305	265	201	M18-49	Male	262	ΒΑΣΙΛΕΙΟΣ ΜΑΡΓΑΡΙΤΗΣ	1977	BALIOTIS NATURE TRAIL - ΣΧΟ ΒΕΡΟΙΑΣ	0:00:24 (00:00:00)	5:25:24 (05:24:59)	7:31:40 (07:31:16)	-
306	266	65	M50+	Male	237	ΧΡΗΣΤΟΣ ΚΟΥΡΤΗΣ	1967	Ε.Ο.Σ. ΑΡΤΑΣ	0:00:36 (00:00:00)	5:01:28 (05:00:51)	7:34:46 (07:34:09)	-
307	267	202	M18-49	Male	365	ΑΝΤΩΝΗΣ ΤΑΓΚΑΛΟΣ	1981		0:00:46 (00:00:00)	5:30:35 (05:29:49)	7:36:42 (07:35:56)	-
308	268	203	M18-49	Male	174	ΒΑΣΙΛΗΣ ΔΙΑΜΑΝΤΗΣ	1986	ΤΡΙΚΑΛΑ	0:00:47 (00:00:00)	5:28:07 (05:27:19)	7:40:58 (07:41:10)	-
309	269	204	M18-49	Male	66	VASSILIS LOUKANARIS	1974	MOUNTAIN LOVERS CORFU	0:00:07 (00:00:00)	5:13:17 (05:13:10)	7:41:30 (07:41:23)	-
310	270	66	M50+	Male	337	ΔΗΜΗΤΡΗΣ ΠΕΚΟΠΟΥΛΟΣ	1964	ΤΡΕΧΑΛΑΚΗΔΕΣ ΣΕΡΒΙΩΝ	0:00:37 (00:00:00)	5:24:48 (05:24:10)	7:42:10 (07:41:32)	-
311	41	32	W18-49	Female	114	ΝΑΥΣΙΚΑ ΑΓΙΑΝΝΙΤΗ	1986	ΑΡΙΔΑΙΑΣ	0:00:14 (00:00:00)	5:37:19 (05:37:04)	7:42:15 (07:42:01)	-
312	271	205	M18-49	Male	405	ΑΘΑΝΑΣΙΟΣ ΧΑΝΤΖΑΡΟΠΟΥΛΟΣ	1977	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	0:00:30 (00:00:00)	5:26:15 (05:25:45)	7:42:37 (07:42:07)	-
313	272	67	M50+	Male	303	ΘΩΜΑΣ ΜΠΟΥΣΜΠΑΣ	1960	ΤΡΕΧΑΛΑΚΗΔΕΣ ΣΕΡΒΙΩΝ	0:00:38 (00:00:00)	5:24:50 (05:24:11)	7:42:42 (07:42:03)	-
314	273	206	M18-49	Male	92	YIANNIS SPINGOS	1976		0:00:32 (00:00:00)	5:25:46 (05:25:13)	7:44:36 (07:44:04)	-
315	274	207	M18-49	Male	291	ΚΩΝΣΤΑΝΤΙΝΟΣ ΜΠΙΣΙΡΗΣ	1989	ΚΟΙΛΑ ΚΟΖΑΝΗΣ	0:00:42 (00:00:00)	5:30:22 (05:29:39)	7:44:42 (07:43:59)	-
316	275	68	M50+	Male	172	ΣΤΕΦΑΝΟΣ ΔΗΜΑΔΗΣ	1958	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΒΕΡΟΙΑΣ	0:00:20 (00:00:00)	5:29:27 (05:29:06)	7:45:59 (07:45:38)	-
317	276	208	M18-49	Male	302	ΒΑΣΙΛΗΣ ΜΠΟΥΡΟΖΙΚΑΣ	1975	ΑΠΣ ΖΕΥΣ ΠΙΕΡΙΑΣ	0:00:17 (00:00:00)	5:33:20 (05:33:02)	7:49:52 (07:49:34)	-
318	277	209	M18-49	Male	206	ΓΙΑΝΝΗΣ ΚΑΝΕΛΛΟΠΟΥΛΟΣ	1977		0:00:25 (00:00:00)	5:37:08 (05:36:42)	7:49:53 (07:49:28)	-
319	278	69	M50+	Male	143	ΘΕΟΔΩΡΟΣ ΒΛΑΧΟΣ	1971	ΜΠΑΡΟΥΤΟΚΑΠΝΙΣΜΕΝΟΙ	0:00:25 (00:00:00)	5:26:05 (05:25:39)	7:50:10 (07:49:44)	-
320	279	210	M18-49	Male	148	ΑΝΑΣΤΑΣΙΟΣ ΒΡΑΔΗΣ	1990	KOURKOURIKISTRAINING -MOUNTAIN LOVERS CORFU	0:00:08 (00:00:00)	5:14:27 (05:14:19)	7:50:56 (07:50:48)	-
321	280	70	M50+	Male	81	CHARITON POLATOGLIOU	1955		0:00:11 (00:00:00)	5:45:28 (05:45:16)	8:00:10 (07:59:58)	-
322	281	71	M50+	Male	394	ΙΩΑΝΝΗΣ ΦΙΛΟΜΟΥΖΗΣ	1970	Σ.Δ.Υ.ΘΕΣΣΑΛΟΝΙΚΗΣ	0:00:44 (00:00:00)	5:51:59 (05:51:15)	8:08:29 (08:07:45)	-
323	282	211	M18-49	Male	422	ΓΙΩΡΓΟΣ ΦΟΛΤΟΠΟΥΛΟΣ	1977	ROUT 100 MILES ADVENTURUN	0:00:38 (00:00:00)	5:48:38 (05:48:00)	8:12:06 (08:11:28)	-
324	283	212	M18-49	Male	316	ΓΕΩΡΓΙΟΣ ΟΙΚΟΝΟΜΟΥ	1976	PANORAMA RUNNING TEAM	0:00:30 (00:00:00)	5:41:10 (05:40:40)	8:15:31 (08:15:01)	-
325	284	213	M18-49	Male	284	ΧΡΗΣΤΟΣ ΜΠΑΛΑΜΠΑΝΗΣ	1974		0:00:38 (00:00:00)	5:59:08 (05:58:30)	8:15:46 (08:15:08)	-
326	42	10	W50+	Female	45	ANKE HOLSTEIN	1967		0:00:37 (00:00:00)	5:52:52 (05:52:15)	8:16:19 (08:15:41)	-
327	285	72	M50+	Male	63	VASILEIOS KOUTSOURIS	1970	KASSIOS DIAS	0:00:49 (00:00:00)	-	8:46:57 (08:46:07)	-
328	286	73	M50+	Male	383	ΠΑΝΑΓΙΩΤΗΣ ΤΣΑΚΙΡΗΣ	1969	RUN WITH ME THESSALONIKI	0:00:41 (00:00:00)	5:51:12 (05:50:31)	8:47:06 (08:46:25)	-
329	287	74	M50+	Male	151	ΧΑΡΙΛΑΟΣ ΓΕΡΑΣΗΣ	1968	RUN WITH ME THESSALONIKI	0:00:41 (00:00:00)	5:53:01 (05:52:19)	8:47:23 (08:46:42)	-
330	288	214	M18-49	Male	376	ΑΛΕΞΑΝΔΡΟΣ ΤΖΟΥΜΑΚΑΣ DNF	1999	FIFTH ELEMENT RUNNING TEAM	0:00:00 (00:00:00)	2:44:17 (02:44:16)	-	-
331	289	215	M18-49	Male	33	SOTIRIOS FILIPPOU DNF	1997	KASIMIS TRAINING	0:00:02 (00:00:00)	3:20:42 (03:20:39)	-	-
332	290	216	M18-49	Male	211	ΑΘΑΝΑΣΙΟΣ ΚΑΠΙΤΑΛΗΣ DNF	1989	KASIMIS TRAINING	0:00:03 (00:00:00)	3:26:03 (03:25:59)	-	-
333	291	217	M18-49	Male	184	ΣΕΡΓΙΟΣ ΖΑΒΑΝΤΣΚΙ DNF	1986		0:00:03 (00:00:00)	3:27:31 (03:27:28)	-	-
334	292	218	M18-49	Male	321	ΓΕΩΡΓΙΟΣ ΠΑΠΑΔΟΠΟΥΛΟΣ DNF	1974		0:00:05 (00:00:00)	3:47:38 (03:47:32)	-	-
335	293	219	M18-49	Male	162	ΑΝΑΣΤΑΣΙΟΣ ΓΚΙΟΥΛΕΜΕΣ DNF	1980	FOTIADIS COACHING	0:00:18 (00:00:00)	4:10:31 (04:10:12)	-	-
336	294	75	M50+	Male	374	ΧΡΗΣΤΟΣ ΤΖΙΜΑΣ DNF	1965		0:00:11 (00:00:00)	4:14:55 (04:14:44)	-	-
337	295	76	M50+	Male	323	ΗΛΙΑΣ ΠΑΠΑΔΟΠΟΥΛΟΣ DNF	1964	ΓΟΥΜΕΝΙΣΣΑ	0:00:06 (00:00:00)	4:30:54 (04:30:48)	-	-
338	296	77	M50+	Male	147	ΘΕΟΔΩΡΟΣ ΒΟΥΛΙΣΤΙΩΤΗΣ DNF	1965	ΛΟΥΡΟΣ ΠΡΕΒΕΖΑΣ	0:00:31 (00:00:00)	4:32:20 (04:31:49)	-	-
339	297	220	M18-49	Male	116	ΝΙΚΟΛΑΟΣ ΑΛΕΞΑΝΔΡΟΥ DNF	1973	ALL TERRAIN RUNNERS	0:00:38 (00:00:00)	4:42:20 (04:41:41)	-	-
340	298	78	M50+	Male	79	CHRISTOS PARTHENIDIS DNF	1971	MY ATHLETE	0:00:06 (00:00:00)	4:48:45 (04:48:39)	-	-
341	299	79	M50+	Male	246	ΓΙΑΝΝΗΣ ΚΩΣΤΑΚΗΣ DNF	1967	PATH RUNNERS	0:00:37 (00:00:00)	5:00:59 (05:00:22)	-	-
342	300	221	M18-49	Male	389	ΕΜΜΑΝΟΥΗΛ ΤΣΟΡΜΠΑΤΖΟΓΛΟΥ	1984		0:00:39 (00:00:00)	5:05:26 (05:04:47)	-	-

Ran k	By Gen.	By Cat.	Cat.	Gender	BIB	Name	YOB	Club	START40K M	GKRIZOS4 0KM	VALEDL4 0KM	FINISH40K M
343	301	222	M18-49	Male	330	ΦΩΤΗΣ ΠΑΠΑΧΡΗΣΤΟΣ	1974	KALDI'S RUNNING TEAM	0:00:10 (00:00:00)	5:08:21 (05:08:10)	-	-
344	302	223	M18-49	Male	173	ΒΑΣΙΛΗΣ ΔΗΜΖΑΣ DNF	1973	NORTH ADVENTURE KASTORIA	0:00:27 (00:00:00)	5:24:52 (05:24:25)	-	-
345	303	80	M50+	Male	385	THOMAS ROUMPAS DNF	1963	TIHIO RACE	0:00:39 (00:00:00)	5:25:51 (05:25:12)	-	-
346	304	81	M50+	Male	186	ΔΗΜΗΤΡΙΟΣ ΖΑΨΑΛΗΣ DNF	1971	ΔΡΟΜΕΙΣ ΥΓΕΙΑΣ ΓΡΕΒΕΝΩΝ	0:00:11 (00:00:00)	5:26:38 (05:26:26)	-	-
347	305	82	M50+	Male	207	ΚΩΝΣΤΑΝΤΙΝΟΣ ΚΑΝΕΛΛΟΠΟΥΛΟΣ DNF	1960	ΣΥΛΛΟΓΟΣ ΒΕΤΕΡΑΝΩΝ ΠΑΤΡΑΣ	0:00:32 (00:00:00)	5:45:36 (05:45:03)	-	-
348	306	83	M50+	Male	367	ΠΕΤΡΟΣ ΤΑΣΙΟΠΟΥΛΟΣ DNF	1969	PATH RUNNERS	0:00:38 (00:00:00)	5:53:35 (05:52:57)	-	-
349	307	224	M18-49	Male	102	ASTERIOS ΤΖΙΚΑΣ	1981	DOMOMAT	0:00:44 (00:00:00)	5:54:57 (05:54:12)	-	-
350	308	84	M50+	Male	425	CHRISTOS ΚΑΚΚΟΣ	1958	TAILWIND NUTRITION	0:00:25 (00:00:00)	6:03:12 (06:02:47)	-	-
351	309	225	M18-49	Male	197	ΙΩΑΝΝΗΣ ΙΩΑΝΝΙΔΗΣ	1986	COASTAL RUNNERS	0:00:23 (00:00:00)	6:06:45 (06:06:21)	-	-
352	310	226	M18-49	Male	169	ΣΠΥΡΟΣ ΔΕΛΗΚΟΥΡΑΣ	1996		0:00:44 (00:00:00)	6:08:04 (06:07:20)	-	-
353	311	227	M18-49	Male	112	ΚΩΝΣΤΑΝΤΙΝΟΣ ΑΓΓΕΛΗΣ	1980	ΤΡΙΚΑΛΑ	0:00:46 (00:00:00)	6:10:49 (06:10:02)	-	-
354	43	33	W18-49	Female	224	ΓΕΩΡΓΙΑ ΚΛΗΡΟΝΟΜΟΥ	1984	ΦΙΛΑΘΛΗΤΙΚΟΣ ΠΥΡΓΟΥ	0:00:26 (00:00:00)	6:10:49 (06:10:22)	-	-
355	312	85	M50+	Male	123	ΝΙΚΟΛΑΟΣ ΑΝΤΩΝΑΡΑΚΟΣ	1971	KOURKOURIKIS TRIANING TEAM	0:00:44 (00:00:00)	6:13:01 (06:12:17)	-	-
356	313	86	M50+	Male	388	ΓΕΩΡΓΙΟΣ ΤΣΙΩΛΗΣ	1972	ΚΑΣΣΙΟΣ ΔΙΑΣ	0:00:49 (00:00:00)	6:17:52 (06:17:02)	-	-
357	314	228	M18-49	Male	27	EVANGELOS DAMTSIOS	1977	BALLOTIS NATURE TRAIL	0:00:23 (00:00:00)	6:22:18 (06:21:54)	-	-
358	44	11	W50+	Female	288	ΚΩΝΣΤΑΝΤΙΝΑ ΜΠΑΤΖΑΚΑ	1970	SKY WOMEN RUNNING TEAM/ TTR	0:00:14 (00:00:00)	6:22:19 (06:22:05)	-	-
359	315	229	M18-49	Male	18	FILARETOS BOUKIS DNF	1987	TIHIO RACE TEAM	0:00:01 (00:00:00)	-	-	-
360	316	87	M50+	Male	67	DIMITRIOS MANIKIS DNF	1970	MONTANA LAKE VIEW LOANNINA	0:00:05 (00:00:00)	-	-	-
361	45	34	W18-49	Female	282	ΕΥΧΑΡΙΣ ΜΟΣΧΟΒΟΥΔΗ DNF	1983		0:00:07 (00:00:00)	-	-	-
362	317	230	M18-49	Male	225	ΑΘΑΝΑΣΙΟΣ ΚΟΚΟΡΑΣ	1983	ΣΔ ΤΡΙΚΑΛΩΝ	0:00:07 (00:00:00)	-	-	-
363	318	231	M18-49	Male	277	ΓΙΑΝΝΗΣ ΜΗΤΡΟΥΛΑΣ	1974	ΒΕΡΟΙΑ	0:00:07 (00:00:00)	-	-	-
364	319	232	M18-49	Male	325	ΣΤΕΦΑΝΟΣ ΠΑΠΑΔΟΠΟΥΛΟΣ DNF	1988	KASIMIS TRAINING	0:00:08 (00:00:00)	-	-	-
365	320	233	M18-49	Male	326	ΚΩΝΣΤΑΝΤΙΝΟΣ ΠΑΠΑΖΗΣΗΣ DNF	1987	ΟΠΟΠ	0:00:08 (00:00:00)	-	-	-
366	46	35	W18-49	Female	313	ΜΑΡΘΑ ΞΗΡΟΦΩΤΟΥ DNF	1983	KASIMIS TRAINING-UPT	0:00:08 (00:00:00)	-	-	-
367	47	36	W18-49	Female	364	ΜΑΡΙΑ ΣΥΚΟΜΑΝΗ	1978	ΣΠΑΡΤΑΚΟΙ ΔΡΟΜΕΙΣ ΤΡΙΚΑΛΩΝ--- ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΥΓΕΙΑΣ ΑΛΜΩΠΙΑΣ	0:00:12 (00:00:00)	-	-	-
368	321	234	M18-49	Male	101	ILIAS TZARTZOS	1989	KASIMIS TRAINING	0:00:15 (00:00:00)	-	-	-
369	322	235	M18-49	Male	378	ΠΑΣΧΑΛΗΣ ΤΟΥΜΠΗΣ	1986	ΣΔΥ ΑΛΜΩΠΙΑΣ	0:00:17 (00:00:00)	-	-	-
370	323	88	M50+	Male	231	ΕΜΜΑΝΟΥΗΛ ΚΟΝΤΟΓΙΑΝΝΗΣ DNF	1971	PATRA	0:00:17 (00:00:00)	-	-	-
371	324	236	M18-49	Male	245	ΜΙΧΑΗΛ ΚΩΝΣΤΑΝΤΟΥΔΗΣ DNF	1986		0:00:18 (00:00:00)	-	-	-
372	325	89	M50+	Male	73	KONSTANTINOS ΟΙΚΟΝΟΜΟΠΟΥΛΟΣ DNF	1962	ΣΔΥΜ ΘΗΒΑΣ	0:00:23 (00:00:00)	-	-	-
373	326	237	M18-49	Male	20	CHRISTOS CHALDAIOS DNF	1984	ATHENS	0:00:31 (00:00:00)	-	-	-
374	327	238	M18-49	Male	180	ΠΑΝΑΓΙΩΤΗΣ ΕΥΑΓΓΕΛΟΠΟΥΛΟΣ	1975		0:00:33 (00:00:00)	-	-	-
375	328	90	M50+	Male	380	ΜΑΡΚΟΣ ΤΡΟΧΟΠΟΥΛΟΣ	1968	MARKOS TEAM	0:00:33 (00:00:00)	-	-	-
376	329	239	M18-49	Male	229	ΧΡΗΣΤΟΣ ΚΟΛΩΝΙΑΣ DNF	1973		0:00:37 (00:00:00)	-	-	-
377	330	240	M18-49	Male	341	ΗΛΙΑΣ ΠΙΝΑΚΟΥΛΙΑΣ	1988	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΤΡΙΚΑΛΩΝ	0:00:44 (00:00:00)	-	-	-