

Grande Course no.5 Road race 5km

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start 5km	cp 2.5km	Finish 5km
1	1	1	ALL	Male	613		ΓΙΩΡΓΟΣ ΔΑΦΝΗΣ	-		0:00:00.177(00:00:00)	0:09:36.004(00:09:35)	0:17:31.867(00:17:31)
2	2	2	ALL	Male	588		ΦΩΤΙΟΣ ΡΗΓΟΠΟΥΛΟΣ	1973	ΑΣΕΔΑΣ	0:00:00.177(00:00:00)	0:10:06.214(00:10:06)	0:18:38.944(00:18:38)
3	3	3	ALL	Male	559		ΠΑΝΑΓΙΩΤΗΣ ΚΑΤΣΑΡΗΣ	1986	ΑΘΛΗΤΙΚΟΣ ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΑΙΤΩΛΙΚΟΥ	0:00:00.177(00:00:00)	0:10:16.267(00:10:16)	0:18:49.124(00:18:48)
4	4	4	ALL	Male	621		ΜΑΡΙΟΣ ΜΑΝΤΖΟΣ	1993	ΓΣ ΑΠΟΛΛΩΝ ΣΜΥΡΝΗΣ	0:00:00.614(00:00:00)	-	0:19:57.037(00:19:56)
5	5	5	ALL	Male	542		ΔΙΟΝΥΣΗΣ ΑΡΒΑΝΙΤΑΚΗΣ	1981	RUN&FUN NEW BLOOD	0:00:00.614(00:00:00)	0:11:43.377(00:11:42)	0:20:51.797(00:20:51)
6	6	6	ALL	Male	611		ΓΙΩΡΓΟΣ ΜΠΕΝΑΤΟΣ	-		0:00:02.074(00:00:00)	0:11:46.257(00:11:44)	0:20:59.614(00:20:57)
7	7	7	ALL	Male	610		ΓΙΑΝΝΗΣ ΚΑΖΑΚΟΠΟΥΛΟΣ	-		0:00:00.177(00:00:00)	0:11:10.700(00:11:10)	0:21:05.330(00:21:05)
8	8	8	ALL	Male	617		ΟΔΥΣΣΕΑΣ ΓΙΑΝΝΑΚΕΛΗΣ	-		0:00:00.177(00:00:00)	0:12:01.897(00:12:01)	0:21:34.420(00:21:34)
9	9	9	ALL	Male	608		ΚΩΝΣΤΑΝΤΙΝΟΣ ΚΟΡΡΕΣ	-		0:00:01.234(00:00:00)	-	0:23:23.787(00:23:22)
10	10	10	ALL	Male	569		ΣΤΕΡΓΙΟΣ ΚΥΡΛΗΣ	1947	ΤΕΛΜΗΣΣΟΣ	-	-	0:23:48.687 (---:--)
11	11	11	ALL	Male	504		ΓΙΩΡΓΟΣ ΧΑΤΖΗΜΙΧΑΗΛ	2006	SCHOOL	0:00:00.177(00:00:00)	0:12:44.084(00:12:43)	0:24:15.574(00:24:15)
12	12	12	ALL	Male	594		ΙΩΑΝΝΗΣ ΣΠΑΧΗΣ	1983	ΑΡΓΥΡΟΥΠΟΛΗ	0:00:03.220(00:00:00)	0:14:02.304(00:13:59)	0:25:15.054(00:25:11)
13	13	13	ALL	Male	564		ΣΩΤΗΡΗΣ ΚΟΚΚΙΝΕΑΣ	2008	SCHOOL	0:00:00.397(00:00:00)	0:13:21.144(00:13:20)	0:25:17.584(00:25:17)
14	1	14	ALL	Female	602		ΜΙΧΑΕΛΑ ΤΟΜΑΗ	1997	RED BOX	0:00:00.614(00:00:00)	0:14:00.757(00:14:00)	0:25:31.437(00:25:30)
15	2	15	ALL	Female	597		ΕΛΕΩΝΟΡΑ ΣΦΑΚΙΑΝΑΚΗ	2005	Γ.Σ ΑΜΑΡΟΥΣΙΟΥ	0:00:03.220(00:00:00)	0:14:26.594(00:14:23)	0:25:48.147(00:25:44)
16	3	16	ALL	Female	612		ΕΥΔΟΚΙΑ ΜΑΡΚΑ	-		0:00:02.074(00:00:00)	0:14:25.360(00:14:23)	0:26:05.644(00:26:03)
17	14	17	ALL	Male	607		ΝΤΑΝΙΕΛ ΤΣΕΚΛΑΖ	-		0:00:02.600(00:00:00)	0:14:24.434(00:14:21)	0:26:05.964(00:26:03)
18	4	18	ALL	Female	540		ΤΕΡΕΖΑ ΑΝΑΓΝΩΣΤΟΥ	2005	SCHOOL	0:00:01.630(00:00:00)	0:14:36.654(00:14:35)	0:26:22.924(00:26:21)
19	15	19	ALL	Male	508		GIORGOS HATZIGIANNELID	2006	SCHOOL	0:00:00.397(00:00:00)	0:14:09.957(00:14:09)	0:26:35.770(00:26:35)
20	16	20	ALL	Male	591		ΧΡΗΣΤΟΣ ΣΕΡΡΑΣ	1993	ΑΡΓΥΡΟΥΠΟΛΗ	0:00:00.917(00:00:00)	0:14:16.867(00:14:15)	0:26:46.644(00:26:45)
21	17	21	ALL	Male	527		JASON STAMENAS	2007	SCHOOL	0:00:03.924(00:00:00)	0:14:52.674(00:14:48)	0:26:52.387(00:26:48)
22	5	22	ALL	Female	593		ΕΥΑΓΓΕΛΙΑ ΣΟΥΜΕΛΙΔΟΥ	1990	RED BOX	0:00:03.220(00:00:00)	0:15:21.797(00:15:18)	0:27:20.194(00:27:16)
23	6	23	ALL	Female	603		ΕΛΕΝΗ ΤΣΙΓΚΑ	1982		0:00:06.664(00:00:00)	0:15:24.174(00:15:17)	0:27:27.644(00:27:20)
24	7	24	ALL	Female	600		ΧΑΡΙΣ ΤΑΦΡΟΓΛΟΥ	1978		0:00:03.924(00:00:00)	0:14:50.944(00:14:47)	0:27:29.724(00:27:25)
25	18	25	ALL	Male	561		ΔΗΜΗΤΡΙΟΣ ΚΑΤΣΙΠΑΝΟΣ	1980	ΑΘΗΝΑ	0:00:03.924(00:00:00)	0:15:16.830(00:15:12)	0:27:32.354(00:27:28)
26	8	26	ALL	Female	581		ΚΕΛΛΥ ΜΠΟΥΖΑ	1977	ΑΝΕΞΑΡΤΗΤΗ	0:00:07.757(00:00:00)	0:15:33.737(00:15:25)	0:28:10.014(00:28:02)
27	19	27	ALL	Male	570		ΙΩΑΝΝΗΣ ΚΩΝΣΤΑΝΤΑΚΟΣ	1992	ATHENS , ILIOUPOLI	0:00:02.600(00:00:00)	0:14:29.960(00:14:27)	0:28:20.914(00:28:18)
28	20	28	ALL	Male	541		ΦΟΙΒΟΣ ΑΝΑΣΤΑΣΙΑΔΗΣ	2009	SCHOOL	0:00:00.177(00:00:00)	0:14:50.707(00:14:50)	0:28:57.210(00:28:57)

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	Start 5km	cp 2.5km	Finish 5km
29	21	29	ALL	Male	549		ΠΑΝΟΣ ΓΕΡΑΚΗΣ	1980		0:00:02.600(00:00:00)	0:16:40.150(00:16:37)	0:29:26.204(00:29:23)
30	22	30	ALL	Male	548		ΓΙΩΡΓΟΣ ΓΕΡΑΚΗΣ	1974	ΧΑΙΔΑΡΙ ΑΤΤΙΚΗΣ	0:00:02.600(00:00:00)	0:15:58.447(00:15:55)	0:29:27.724(00:29:25)
31	23	31	ALL	Male	518		ΑΚΤΥΡΙΣ ΜΑΧΙΜΟΣ	2004	SCHOOL	0:00:00.177(00:00:00)	0:15:32.554(00:15:32)	0:30:16.864(00:30:16)
32	24	32	ALL	Male	545		ΓΕΩΡΓΙΟΣ ΒΕΡΓΕΝΑΚΗΣ	1985	ΗΛΙΟΥΠΟΛΗ ΑΤΤΙΚΗΣ	0:00:04.730(00:00:00)	0:17:33.114(00:17:28)	0:30:25.484(00:30:20)
33	9	33	ALL	Female	620		ΚΩΝΣΤΑΝΤΙΝΑ ΠΟΝΤΙΚΗ	-		0:00:05.650(00:00:00)	-	0:30:25.820(00:30:20)
34	25	34	ALL	Male	619		ΣΠΥΡΟΣ ΧΑΛΑΡΗΣ	-		0:00:06.664(00:00:00)	0:16:55.514(00:16:48)	0:30:26.144(00:30:19)
35	26	35	ALL	Male	618		ΙΩΑΝΝΗΣ ΠΑΠΑΣΤΑΜΑΤΙΟΥ	-		0:00:06.664(00:00:00)	0:16:54.340(00:16:47)	0:30:26.720(00:30:20)
36	27	36	ALL	Male	511		NICKOLAS KEFALLONITIS	2007	SCHOOL	0:00:03.924(00:00:00)	0:15:36.147(00:15:32)	0:30:35.887(00:30:31)
37	28	37	ALL	Male	609		ΕΜΜΑΝΟΥΗΛ ΜΟΥΡΤΖΑΚΗΣ	-		0:00:02.074(00:00:00)	0:17:35.807(00:17:33)	0:31:12.807(00:31:10)
38	29	38	ALL	Male	601		ΚΩΝΣΤΑΝΤΙΝΟΣ ΤΗΛΙΟΣ	2007		0:00:04.730(00:00:00)	0:17:26.504(00:17:21)	0:31:39.237(00:31:34)
39	10	39	ALL	Female	573		ΟΥΡΑΝΙΑ ΛΑΣΔΑ	1983	IALI	0:00:07.757(00:00:00)	0:17:35.694(00:17:27)	0:32:10.754(00:32:02)
40	11	40	ALL	Female	556		ΘΕΩΝΗ ΚΑΜΠΡΑ	1980		0:00:05.650(00:00:00)	0:17:45.584(00:17:39)	0:32:15.047(00:32:09)
41	12	41	ALL	Female	574		ΜΑΡΙΑ ΛΕΩΝΙΔΑ	1969	ΧΑΛΑΝΔΡΙ	0:00:02.600(00:00:00)	0:19:02.884(00:19:00)	0:33:48.680(00:33:46)
42	30	42	ALL	Male	537		ΧΑΡΗΣ ΑΛΕΞΟΠΟΥΛΟΣ	1967	ΑΘΗΝΑ	0:00:01.234(00:00:00)	0:19:03.064(00:19:01)	0:34:03.617(00:34:02)
43	31	43	ALL	Male	536		ΤΑΣΟΣ ΑΚΤΥΠΗΣ	1968		0:00:05.650(00:00:00)	-	0:35:04.414(00:34:58)
44	13	44	ALL	Female	616		ΑΡΕΤΗ ΛΕΒΑΝΤΑΤΖΗ	-		0:00:06.664(00:00:00)	0:19:50.134(00:19:43)	0:35:14.184(00:35:07)
45	32	45	ALL	Male	563		ΔΙΟΝΥΣΙΟΣ ΚΑΨΟΚΕΦΑΛΟΣ	1964	ΣΑΦΑΝΣ	0:00:06.664(00:00:00)	0:19:42.984(00:19:36)	0:35:19.337(00:35:12)
46	14	46	ALL	Female	509		STAVROULA KAKOGIANNAKI	2007	SCHOOL	0:00:00.177(00:00:00)	0:18:51.637(00:18:51)	0:35:20.004(00:35:19)
47	33	47	ALL	Male	555		ΚΩΝΣΤΑΝΤΙΝΟΣ ΖΑΦΕΙΡΑΚΗΣ	1972	ΑΝΕΞΑΡΤΗΤΟΣ	0:00:00.614(00:00:00)	0:18:48.714(00:18:48)	0:35:23.730(00:35:23)
48	15	48	ALL	Female	547		ΑΡΕΤΗ ΒΟΥΛΓΑΡΙΔΟΥ	1967		0:00:01.630(00:00:00)	-	0:35:24.174(00:35:22)
49	16	49	ALL	Female	539		BIBIAN ANAGNOSTOU	2005	SCHOOL	0:00:02.600(00:00:00)	0:18:49.880(00:18:47)	0:35:25.047(00:35:22)
50	17	50	ALL	Female	503		ΝΙΚΟΛ ΤΣΑΚΟΥΜΗ	2006	SCHOOL	0:00:00.177(00:00:00)	0:20:03.387(00:20:03)	0:35:44.574(00:35:44)
51	18	51	ALL	Female	575		ΣΤΕΛΛΑ ΣΤΥΛΙΑΝΗ ΛΙΒΑΝΙΟΥ	1970		0:00:07.757(00:00:00)	-	0:36:52.650(00:36:44)
52	19	52	ALL	Female	615		ΝΕΚΤΑΡΙΑ ΚΛΑΔΗ	-		0:00:05.650(00:00:00)	0:19:37.010(00:19:31)	0:36:56.267(00:36:50)
53	20	53	ALL	Female	512		NEFELI KONSTANTOPOULOU	2007	SCHOOL	0:00:01.234(00:00:00)	0:20:24.064(00:20:22)	0:36:56.267(00:36:55)
54	21	54	ALL	Female	521		ΖΟΙ ΝΟΜΙΚΟΥ	2007	SCHOOL	0:00:05.650(00:00:00)	0:20:30.940(00:20:25)	0:37:09.870(00:37:04)
55	22	55	ALL	Female	558		ΣΩΤΙΑ ΚΑΤΑΡΑ	1978	SANTA RUNNING TEAM	0:00:07.757(00:00:00)	0:20:23.097(00:20:15)	0:37:10.200(00:37:02)
56	34	56	ALL	Male	606		ΙΩΑΝΝΗΣ ΧΟΥΜΑΣ	1954	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΥΓΕΙΑΣ ΠΕΙΡΑΙΑ	0:00:00.614(00:00:00)	0:20:47.214(00:20:46)	0:37:23.944(00:37:23)

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57	23	57	ALL	Female	513		ΕΛΕΝΗ ΚΟΥΜΠΟΥ	1978	SCHOOL	0:00:02.074(00:00:00)	-	0:37:52.067(00:37:49)
58	24	58	ALL	Female	510		ΕΦΗ ΤΑΜΠΟΥΡΕΑ	2007	SCHOOL	0:00:07.757(00:00:00)	0:20:53.767(00:20:46)	0:37:52.604(00:37:44)
59	35	59	ALL	Male	604		ΠΑΝΑΓΙΩΤΗΣ ΦΛΕΣΣΑΣ	1971	ΖΩΓΡΑΦΟΥ	0:00:02.074(00:00:00)	0:22:39.037(00:22:36)	0:39:02.677(00:39:00)
60	25	60	ALL	Female	585		ΖΟΖΕΦΙΝΑ ΠΑΠΑΘΑΝΑΣΙΟΥ	2009	SCHOOL	0:00:04.730(00:00:00)	0:22:54.214(00:22:49)	0:39:21.340(00:39:16)
61	36	61	ALL	Male	614		ΠΑΝΑΓΙΩΤΗΣ ΧΡΙΣΤΟΠΟΥΛΟΣ	-		0:00:08.957(00:00:00)	0:22:23.950(00:22:14)	0:40:49.124(00:40:40)
62	26	62	ALL	Female	532		ELISSAVET TZANE	2005	SCHOOL	0:00:03.924(00:00:00)	0:21:57.770(00:21:53)	0:43:07.454(00:43:03)
63	37	63	ALL	Male	507		ΣΠΥΡΟΣ ΝΑΝΟΠΟΥΛΟΣ	2006	SCHOOL	0:00:00.177(00:00:00)	0:22:36.627(00:22:36)	0:43:13.270(00:43:13)
64	27	64	ALL	Female	505		ΜΕΛΙΝΑ ΛΑΖΑΚΗ	2006	SCHOOL	0:00:00.177(00:00:00)	0:22:38.290(00:22:38)	0:43:46.707(00:43:46)
65	28	65	ALL	Female	543		ΔΑΝΑΗ ΑΡΜΠΙΛΙΑ	2007	SCHOOL	0:00:04.730(00:00:00)	0:24:51.914(00:24:47)	0:45:02.057(00:44:57)
66	29	66	ALL	Female	531		MARIAELENA TSIGKOU	2009	SCHOOL	0:00:03.220(00:00:00)	0:22:51.590(00:22:48)	0:45:15.410(00:45:12)
67	30	67	ALL	Female	554		ΜΑΓΙΑ ΔΕΡΜΟΣΟΝΙΑΔΗ	2009	SCHOOL	0:00:03.924(00:00:00)	0:22:53.714(00:22:49)	0:45:15.520(00:45:11)
68	31	68	ALL	Female	592		NINA ΣΟΥΚΙΟΥΡΟΓΛΟΥ	2005	SCHOOL	0:00:03.220(00:00:00)	-	0:47:59.227(00:47:56)
69	32	69	ALL	Female	553		ΙΩΑΝΝΑ ΔΑΜΙΑΝΑΚΗ	2007	SCHOOL	0:00:04.730(00:00:00)	0:25:23.384(00:25:18)	0:49:45.704(00:49:40)
70	33	70	ALL	Female	501		ANASTASIA DASKALOPOULOU	2007	SCHOOL	0:00:04.730(00:00:00)	0:25:24.400(00:25:19)	0:50:36.064(00:50:31)
71	34	71	ALL	Female	546		BENETIA ΒΙΘΥΝΟΥ	2007	SCHOOL	0:00:04.730(00:00:00)	0:25:24.650(00:25:19)	0:50:36.174(00:50:31)
72	35	72	ALL	Female	568		ΟΛΥΜΠΙΑ ΚΥΡΛΗ	1944	ΤΕΛΜΗΣΣΟΣ	0:00:05.650(00:00:00)	0:27:44.577(00:27:38)	0:51:37.447(00:51:31)
73	38	73	ALL	Male	534		MIKE VELISSAROPOULOS dns	2009	SCHOOL	0:00:17.094(00:00:00)	-	-