

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	Split 2	split 3	5 Km	Split 5	Split 6	Split 7	Finish
145	145	32	134	1078	ΑΡΝΑΟΥΤΕΛΗΣ ΓΙΑΝΝΗΣ Ανδρας - 1989 (Μ30)	00:01:19 00:00:00	00:27:48 00:26:29	00:12:34 00:11:15	00:15:11 00:13:52	00:25:26 00:24:07	-	00:37:30 00:36:11	00:40:19 00:39:01	00:50:45 00:49:26
146	146	56	135	1100	ΒΟΥΚΛΑΡΗΣ ΓΕΩΡΓΙΟΣ Ανδρας - 1971 (Μ40)	00:00:38 00:00:00	00:03:11 00:02:33	00:11:56 00:11:18	00:14:31 00:13:53	00:24:56 00:24:18	00:27:16 00:26:38	00:37:05 00:36:27	00:39:56 00:39:19	00:50:47 00:50:10
147	147	33	136	1393	ΠΑΤΕΡΑ ΜΑΡΙΑ Ανδρας - 1982 (Μ30)	00:00:47 00:00:00	00:03:09 00:02:23	00:12:21 00:11:34	00:15:02 00:14:15	00:25:28 00:24:41	00:27:49 00:27:02	00:37:27 00:36:40	00:40:17 00:39:30	00:50:49 00:50:02
148	148	3	12	1102	ΒΟΥΛΗ ΕΙΡΗΝΗ Γυναίκα - 1988 (F30)	00:01:37 00:00:00	00:04:24 00:02:48	00:13:57 00:12:21	00:16:30 00:14:54	00:26:47 00:25:11	00:28:54 00:27:18	00:38:08 00:36:32	00:40:48 00:39:12	00:50:51 00:49:15
149	149	57	137	1427	ΡΟΥΜΕΛΙΩΤΗΣ ΓΙΑΝΝΗΣ Ανδρας - 1976 (Μ40) ΠΟΛΕΜΙΚΟ ΝΑΥΤΙΚΟ	00:00:05 00:00:00	00:02:26 00:02:22	00:12:03 00:11:59	00:14:47 00:14:43	00:25:28 00:25:24	00:27:51 00:27:47	00:37:37 00:37:33	00:40:23 00:40:18	00:50:53 00:50:49
150	150	7	13	1604	ΤΑΜΠΑΚΑΚΗ ΕΥΑΓΓΕΛΙΑ Γυναίκα - 1978 (F40) OUTDOOR GAMES RUNNING TEAM	00:00:03 00:00:00	00:02:15 00:02:12	00:11:46 00:11:43	00:14:35 00:14:32	00:25:18 00:25:15	00:27:42 00:27:39	00:37:36 00:37:33	00:40:24 00:40:22	00:50:55 00:50:52
151	151	58	138	1464	ΣΤΡΟΦΥΛΛΑΣ ΠΑΝΑΓΙΩΤΗΣ Ανδρας - 1970 (Μ40) ΠΑΝΩΛΕΝΙΑΚΟΣ ΚΑΡΑΤΟΥΛΑ	00:00:10 00:00:00	00:02:37 00:02:27	00:12:30 00:12:20	00:15:21 00:15:11	00:26:17 00:26:07	00:28:40 00:28:30	00:38:24 00:38:14	00:41:06 00:40:56	00:51:02 00:50:52
152	152	23	139	1611	ΧΟΥΡΣΟΓΛΟΥ ΟΡΕΣΤΗΣ Ανδρας - 2000 (Μ)	00:00:45 00:00:00	00:03:25 00:02:41	00:13:10 00:12:25	00:15:59 00:15:14	00:26:44 00:25:59	00:29:02 00:28:18	00:38:28 00:37:43	00:41:07 00:40:23	00:51:04 00:50:19
153	153	34	140	1195	ΚΑΡΑΓΙΑΝΝΟΠΟΥΛΟΣ ΦΑΕΘΟΝΤΑΣ Ανδρας - 1988 (Μ30)	00:00:12 00:00:00	00:02:20 00:02:08	00:10:36 00:10:24	00:13:06 00:12:55	00:23:10 00:22:58	00:25:40 00:25:28	00:35:54 00:35:42	00:39:00 00:38:48	00:51:11 00:51:00
154	154	59	141	1069	ΑΠΟΣΤΟΛΑΤΟΣ ΠΑΝΑΓΙΩΤΗΣ Ανδρας - 1972 (Μ40) TNT RUNNING TEAM	00:00:11 00:00:00	00:02:32 00:02:22	00:11:57 00:11:46	00:14:42 00:14:31	00:25:04 00:24:53	00:27:26 00:27:15	00:37:31 00:37:21	00:40:30 00:40:19	00:51:16 00:51:05
155	155	60	142	1011	ΚΡΗΤΙΚΟΣ ΘΕΟΔΩΡΟΣ Ανδρας - 1975 (Μ40) ΠΕΡΙΦΕΡΕΙΑ ΑΤΤΙΚΗΣ	00:00:05 00:00:00	00:02:25 00:02:21	00:12:01 00:11:57	00:14:53 00:14:48	00:25:43 00:25:39	00:28:09 00:28:05	00:38:11 00:38:07	00:40:56 00:40:52	00:51:18 00:51:13
156	156	61	143	1524	ΧΑΤΖΗΔΗΜΗΤΡΙΟΥ ΔΗΜΗΤΡΗΣ Ανδρας - 1974 (Μ40)	00:00:11 00:00:00	00:02:33 00:02:23	00:12:04 00:11:54	00:14:51 00:14:41	00:25:41 00:25:31	00:28:07 00:27:57	00:38:01 00:37:51	00:40:49 00:40:39	00:51:19 00:51:09
157	157	35	144	1033	ΤΑΤΣΗΣ ΝΩΝΤΑΣ Ανδρας - 1982 (Μ30) ΔΕΛΤΑ RUNNING TEAM	00:01:15 00:00:00	00:03:59 00:02:44	00:13:32 00:12:17	00:16:15 00:15:00	00:26:48 00:25:34	00:29:09 00:27:54	00:38:44 00:37:30	00:41:28 00:40:13	00:51:22 00:50:08
158	158	6	145	1029	ΜΠΕΝΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Ανδρας - 1955 (Μ60+) ΔΕΛΤΑ RUNNING TEAM	00:01:11 00:00:00	00:04:00 00:02:50	00:13:32 00:12:22	00:16:15 00:15:05	00:26:48 00:25:38	00:29:09 00:27:58	00:38:30 00:37:19	00:41:15 00:40:05	00:51:23 00:50:12
159	159	62	146	1286	ΜΑΛΙΔΕΡΟΣ ΘΕΟΔΩΡΟΣ Ανδρας - 1971 (Μ40) Polias Runners	00:01:11 00:00:00	00:03:50 00:02:39	00:13:25 00:12:14	00:16:10 00:14:59	00:26:41 00:25:30	00:29:05 00:27:54	00:38:45 00:37:34	00:41:26 00:40:15	00:51:24 00:50:14
160	160	24	147	1645	ΚΟΝΤΗΣ ΓΙΩΡΓΟΣ Ανδρας - 2004 (Μ) ΑΘΛΟΚΙΝΗΣΗ	00:00:07 00:00:00	00:02:15 00:02:09	00:11:01 00:10:54	00:13:32 00:13:26	00:23:50 00:23:43	00:26:15 00:26:08	00:36:42 00:36:35	00:39:42 00:39:36	00:51:28 00:51:21
161	161	4	14	1320	ΜΟΥΤΟΥ ΡΟΜΙΝΑ Γυναίκα - 1982 (F30)	00:00:24 00:00:00	00:02:54 00:02:31	00:11:55 00:11:31	00:14:36 00:14:12	00:25:12 00:24:49	00:27:41 00:27:17	00:37:44 00:37:21	00:40:37 00:40:14	00:51:29 00:51:06
162	162	36	148	1551	ΒΙΚΕΛΗΣ ΜΑΡΙΟΣ Ανδρας - 1989 (Μ30)	00:00:28 00:00:00	00:03:16 00:02:49	00:13:04 00:12:36	00:15:43 00:15:16	00:26:00 00:25:33	00:28:20 00:27:53	00:38:03 00:37:35	00:40:51 00:40:24	00:51:31 00:51:04
163	163	3	15	1342	ΜΠΟΥΓΙΟΥΚΟΥ ΣΟΦΙΑ Γυναίκα - 1990 (F)	00:01:19 00:00:00	00:03:55 00:02:36	00:13:07 00:11:49	00:15:46 00:14:27	00:26:11 00:24:53	00:28:34 00:27:16	00:38:17 00:36:59	00:41:04 00:39:46	00:51:37 00:50:18
164	164	2	16	1186	ΚΑΚΟΜΥΤΑ ΑΝΑΣΤΑΣΙΑ Γυναίκα - 1964 (F50) SNCF RUNNING TEAM	00:00:10 00:00:00	00:02:30 00:02:21	00:11:59 00:11:50	00:14:44 00:14:34	00:25:25 00:25:15	00:27:54 00:27:44	00:38:07 00:37:57	00:40:59 00:40:50	00:51:38 00:51:28
165	165	63	149	1215	ΚΑΤΣΑΤΣΟΣ ΔΙΟΝΥΣΙΟΣ Ανδρας - 1970 (Μ40) 1ΕΠΑΛ ΠΕΡΑΜΑΤΟΣ	00:00:21 00:00:00	00:02:42 00:02:22	00:11:54 00:11:34	00:14:34 00:14:13	00:25:08 00:24:47	00:27:37 00:27:17	00:37:40 00:37:19	00:40:31 00:40:11	00:51:38 00:51:17
166	166	7	150	1085	ΒΑΛΛΙΑΝΟΣ ΧΡΗΣΤΟΣ Ανδρας - 1956 (Μ60+)	00:00:19 00:00:00	00:02:41 00:02:22	00:12:11 00:11:52	00:14:55 00:14:36	00:25:24 00:25:05	00:27:46 00:27:28	00:37:56 00:37:37	00:40:45 00:40:26	00:51:40 00:51:21
167	167	37	151	1302	ΜΕΡΚΟΥΡΙΟΥ ΕΛΕΥΘΕΡΙΟΣ Ανδρας - 1982 (Μ30)	00:00:08 00:00:00	00:02:29 00:02:21	00:11:53 00:11:46	00:14:32 00:14:25	00:25:23 00:25:16	00:27:56 00:27:48	00:38:03 00:37:56	00:40:51 00:40:43	00:51:40 00:51:33
168	168	64	152	1568	ΚΑΤΣΟΣ ΑΘΑΝΑΣΙΟΣ Ανδρας - 1978 (Μ40)	00:01:38 00:00:00	00:04:15 00:02:38	00:14:04 00:12:27	00:16:48 00:15:11	00:27:22 00:25:45	00:29:42 00:28:05	00:39:07 00:37:30	00:41:47 00:40:10	00:51:41 00:50:04
169	169	3	17	1502	ΤΣΟΥΤΣΙΑ ΟΥΡΑΝΙΑ Γυναίκα - 1963 (F50) ΣΔΥ ΑΘΗΝΑΣ	00:00:23 00:00:00	00:03:14 00:02:52	00:12:59 00:12:37	00:15:47 00:15:25	00:26:28 00:26:06	00:28:57 00:28:34	00:38:37 00:38:14	00:41:19 00:40:56	00:51:42 00:51:19
170	170	38	153	1214	ΚΑΤΣΑΡΟΣ ΑΘΑΝΑΣΙΟΣ Ανδρας - 1989 (Μ30)	00:00:27 00:00:00	00:03:07 00:02:40	00:12:41 00:12:14	00:15:24 00:14:57	00:26:02 00:25:35	00:28:25 00:27:58	00:38:25 00:37:59	00:41:16 00:40:49	00:51:44 00:51:18
171	171	21	154	1575	ΛΟΥΚΟΠΟΥΛΟΣ ΚΩΣΤΑΣ Ανδρας - 1961 (Μ50)	00:00:27 00:00:00	00:03:11 00:02:44	00:13:07 00:12:40	00:15:58 00:15:31	00:26:18 00:25:51	00:28:46 00:28:19	00:38:39 00:38:12	00:41:23 00:40:56	00:51:46 00:51:19
172	172	65	155	1104	ΒΡΕΤΤΟΣ ΠΑΝΑΓΙΩΤΗΣ Ανδρας - 1976 (Μ40)	00:00:17 00:00:00	00:02:39 00:02:22	00:12:10 00:11:53	00:14:57 00:14:40	00:25:46 00:25:30	00:28:18 00:28:01	00:38:22 00:38:05	00:41:09 00:40:52	00:51:54 00:51:37
173	173	39	156	1483	ΤΣΑΚΟΣ ΜΙΧΑΛΗΣ Ανδρας - 1980 (Μ30)	00:00:36 00:00:00	00:03:24 00:02:49	00:13:13 00:12:38	00:16:02 00:15:27	00:26:48 00:26:13	00:29:10 00:28:35	00:38:47 00:38:12	00:41:32 00:40:57	00:51:58 00:51:23
174	174	40	157	1573	ΛΙΑΡΑΜΑΝΤΖΑΣ ΓΕΩΡΓΙΟΣ Ανδρας - 1988 (Μ30)	00:01:48 00:00:00	00:04:33 00:02:45	00:13:39 00:11:51	00:16:25 00:14:37	00:27:11 00:25:23	00:29:31 00:27:43	00:39:17 00:37:30	00:42:01 00:40:13	00:52:01 00:50:13
175	175	8	158	1647	ΓΙΤΣΑΣ ΚΩΣΤΑΣ Ανδρας - 1955 (Μ60+)	00:00:22 00:00:00	00:02:49 00:02:28	00:12:27 00:12:06	00:15:12 00:14:50	00:26:01 00:25:40	00:28:28 00:28:07	00:38:23 00:38:02	00:41:12 00:40:50	00:52:01 00:51:40
176	176	41	159	1115	ΓΙΑΝΝΙΣΗΣ ΣΤΑΜΑΤΗΣ Ανδρας - 1987 (Μ30) Deutsche Schule Athen - Running Team	00:00:49 00:00:00	00:03:26 00:02:37	00:12:51 00:12:02	00:15:31 00:14:42	00:26:08 00:25:19	00:28:43 00:27:54	00:38:52 00:38:03	00:41:46 00:40:57	00:52:03 00:51:14
177	177	22	160	1247	ΚΟΥΒΑΡΑΚΗΣ ΙΩΑΝΝΗΣ Ανδρας - 1961 (Μ50) 1ο ΕΠΑΛ ΠΕΡΑΜΑΤΟΣ	00:00:20 00:00:00	00:02:44 00:02:25	00:38:19 00:37:59	00:14:59 00:14:39	00:25:35 00:25:16	00:28:05 00:27:45	-	00:41:10 00:40:50	00:52:05 00:51:46
178	178	25	161	1503	ΦΑΝΑΡΙΩΤΗΣ ΑΝΤΩΝΗΣ Ανδρας - 1999 (Μ)	00:00:29 00:00:00	00:03:14 00:02:45	00:13:21 00:12:53	00:16:18 00:15:49	00:27:07 00:26:38	00:29:20 00:28:51	00:39:06 00:38:37	00:41:55 00:41:26	00:52:06 00:51:37
179	179	5	18	1589	ΠΑΠΑΝΑΣΤΑΣΙΟΥ ΜΑΙΡΗ Γυναίκα - 1985 (F30)	00:00:24 00:00:00	00:02:57 00:02:34	00:12:20 00:11:57	00:15:03 00:14:40	00:25:50 00:25:27	00:28:11 00:27:48	00:38:15 00:37:52	00:41:11 00:40:48	00:52:07 00:51:44
180	180	26	162	1202	ΚΑΡΑΣΑΒΒΙΔΗΣ ΣΤΥΛΙΑΝΟΣ Ανδρας - 1997 (Μ)	00:00:29 00:00:00	00:03:14 00:02:45	00:13:21 00:12:53	00:16:18 00:15:49	00:27:07 00:26:38	00:29:20 00:28:52	00:39:06 00:38:37	00:41:55 00:41:26	00:52:09 00:51:40

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	Split 2	split 3	5 Km	Split 5	Split 6	Split 7	Finish
253	253	32	221	1233	ΚΟΜΚΟΥΔΗΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1967 (M50)	00:00:42 00:00:00	00:03:27 00:02:46	00:13:18 00:12:37	00:16:09 00:15:28	00:27:20 00:26:38	00:29:53 00:29:12	00:40:27 00:39:46	00:43:29 00:42:48	00:55:13 00:54:32
254	254	9	33	1548	ΑΥΓΟΥΣΤΗ ΚΑΛΛΙΟΠΗ Γυναίκα - 1982 (F30)	00:00:27 00:00:00	00:03:05 00:02:38	00:12:48 00:12:22	00:15:42 00:15:15	00:26:47 00:26:21	00:29:22 00:28:55	00:40:16 00:39:49	00:43:17 00:42:50	00:55:14 00:54:47
255	255	33	222	1493	ΤΣΙΜΠΛΟΣΤΕΦΑΝΑΚΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1967 (M50)	00:00:34 00:00:00	00:03:22 00:02:49	00:13:42 00:13:09	00:16:35 00:16:02	00:28:03 00:27:30	00:30:39 00:30:06	00:41:07 00:40:34	00:44:07 00:43:34	00:55:18 00:54:45
256	256	34	223	1251	ΚΟΥΡΝΟΠΟΥΛΟΣ ΔΗΜΟΣΘΕΝΗΣ Άνδρας - 1965 (M50)	00:00:34 00:00:00	00:03:22 00:02:48	00:13:42 00:13:09	00:16:36 00:16:03	00:28:04 00:27:31	00:30:38 00:30:05	00:41:08 00:40:34	00:44:06 00:43:32	00:55:19 00:54:45
257	257	35	224	1613	ΨΑΡΟΥΔΑΚΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1967 (M50)	00:00:37 00:00:00	00:03:30 00:02:54	00:13:46 00:13:10	00:16:43 00:16:07	00:28:01 00:27:25	00:31:01 00:30:25	00:41:20 00:40:44	00:44:20 00:43:44	00:55:21 00:54:45
258	258	94	225	1262	ΚΩΝΣΤΑΝΤΙΝΙΔΗΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1976 (M40)	00:00:27 00:00:00	00:03:09 00:02:43	00:13:00 00:12:33	00:15:53 00:15:27	00:27:13 00:26:47	00:29:47 00:29:20	00:40:32 00:40:05	00:43:38 00:43:11	00:55:23 00:54:57
259	259	95	226	1388	ΠΑΠΑΣΤΑΘΟΠΟΥΛΟΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1975 (M40)	00:00:07 00:00:00	00:02:24 00:02:17	00:12:03 00:11:57	00:14:55 00:14:49	00:26:22 00:26:16	00:29:01 00:28:54	00:40:05 00:39:59	00:43:20 00:43:13	00:55:26 00:55:19
260	260	96	227	1326	ΜΠΑΚΑΣ ΜΠΑΜΠΗΣ Άνδρας - 1975 (M40)	00:00:02 00:00:00	00:02:07 00:02:06	00:12:01 00:12:00	00:15:00 00:14:58	00:26:30 00:26:28	00:29:15 00:29:14	00:40:26 00:40:24	00:43:37 00:43:36	00:55:33 00:55:31
261	261	97	228	1433	ΣΑΡΡΗΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1976 (M40) ΣΔΥ Πειραιά	00:00:37 00:00:00	00:03:34 00:02:57	00:13:47 00:13:11	00:16:33 00:15:57	00:27:48 00:27:12	00:30:29 00:29:53	00:41:07 00:40:30	00:44:16 00:43:40	00:55:33 00:54:57
262	262	98	229	1400	ΠΕΡΙΤΟΓΙΑΝΝΗΣ ΒΑΪΟΣ Άνδρας - 1975 (M40) NEVER GIVE UP	00:01:42 00:00:00	00:04:27 00:02:46	00:14:44 00:13:03	00:17:48 00:16:06	00:29:05 00:27:24	00:31:38 00:29:57	00:41:52 00:40:11	00:44:46 00:43:04	00:55:39 00:53:58
263	263	99	230	1053	ΑΘΑΝΑΣΟΥΛΙΑΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1974 (M40)	00:00:52 00:00:00	00:03:47 00:02:56	00:14:32 00:13:41	00:17:34 00:16:42	00:29:10 00:28:18	00:31:50 00:30:59	-	00:45:17 00:44:26	00:55:40 00:54:49
264	264	100	231	1617	ΜΠΑΚΑΛΑΚΟΣ ΛΕΩΝΙΔΑΣ Άνδρας - 1976 (M40) SANTA RUNNING TEAM	00:00:45 00:00:00	00:03:31 00:02:47	00:13:14 00:12:29	00:16:05 00:15:21	00:27:20 00:26:36	00:29:55 00:29:11	00:40:49 00:40:05	00:43:59 00:43:15	00:55:44 00:55:00
265	265	101	232	1425	ΡΙΡΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1979 (M40)	00:01:10 00:00:00	00:04:11 00:03:01	00:14:55 00:13:46	00:17:58 00:16:48	00:29:33 00:28:23	00:32:00 00:30:51	00:42:21 00:41:11	00:45:15 00:44:05	00:55:46 00:54:37
266	266	36	233	1440	ΣΙΟΥΤΗΣ ΣΤΕΡΓΙΟΣ Άνδρας - 1961 (M50)	00:00:47 00:00:00	00:04:05 00:03:19	00:15:00 00:14:14	00:17:58 00:17:12	00:29:42 00:28:56	00:32:13 00:31:26	00:42:13 00:41:26	00:45:01 00:44:14	00:55:47 00:55:01
267	267	102	234	1598	ΣΚΟΥΡΑΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1973 (M40) Αθλητικός Σύλλογος Αργολίδας	00:00:47 00:00:00	00:04:05 00:03:19	00:15:00 00:14:14	00:17:58 00:17:12	00:29:43 00:28:56	00:32:13 00:31:27	00:42:13 00:41:27	00:45:01 00:44:15	00:55:47 00:55:01
268	268	15	34	1260	ΚΩΛΕΤΤΑ ΜΑΡΙΑ Γυναίκα - 1975 (F40) Polias Runners	00:00:24 00:00:00	00:03:09 00:02:45	00:13:37 00:13:13	00:16:43 00:16:19	00:28:29 00:28:05	00:31:08 00:30:44	00:41:40 00:41:16	00:44:41 00:44:17	00:55:48 00:55:24
269	269	103	235	1669	ΣΤΑΥΡΙΔΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1976 (M40)	00:01:30 00:00:00	00:04:14 00:02:44	00:14:34 00:13:04	00:17:35 00:16:06	00:30:15 00:28:45	00:32:51 00:31:22	00:42:43 00:41:13	00:45:27 00:43:57	00:55:49 00:54:19
270	270	104	236	1300	ΜΕΛΕΑΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1972 (M40)	00:01:06 00:00:00	00:03:56 00:02:50	00:14:19 00:13:13	00:17:16 00:16:10	00:28:44 00:27:38	00:31:15 00:30:09	00:41:44 00:40:38	00:44:43 00:43:37	00:55:50 00:54:44
271	271	55	237	1490	ΤΣΕΡΕΣ ΓΙΩΡΓΟΣ Άνδρας - 1988 (M30)	00:00:26 00:00:00	00:31:05 00:30:39	00:13:39 00:13:13	00:16:48 00:16:22	00:28:27 00:28:01	01:09:42 01:09:16	00:41:45 00:41:19	00:44:44 00:44:18	00:55:50 00:55:24
272	272	37	238	1330	ΜΠΑΡΟΥΣ ΒΑΣΙΛΕΙΟΣ Άνδρας - 1960 (M50)	00:00:28 00:00:00	00:03:25 00:02:57	00:14:16 00:13:48	00:17:18 00:16:50	00:28:46 00:28:19	00:31:20 00:30:52	00:41:43 00:41:15	00:44:42 00:44:14	00:55:52 00:55:25
273	273	56	239	1248	ΚΟΥΛΟΥΜΠΗΣ ΣΠΥΡΟΣ Άνδρας - 1984 (M30) Α.Σ.Π. ΦΑΕΘΩΝ	00:01:17 00:00:00	00:04:07 00:02:50	00:14:22 00:13:05	00:17:14 00:15:58	00:28:35 00:27:18	00:31:09 00:29:53	00:41:37 00:40:21	00:44:39 00:43:23	00:55:53 00:54:37
274	274	57	240	1603	ΣΦΑΙΡΟΠΟΥΛΟΣ ΚΟΣΜΑΣ Άνδρας - 1989 (M30)	00:01:01 00:00:00	00:03:51 00:02:50	00:14:15 00:13:14	00:17:14 00:16:13	00:28:49 00:27:49	00:31:22 00:30:21	00:41:54 00:40:53	00:44:52 00:43:52	00:55:54 00:54:54
275	275	38	241	1506	ΦΕΛΟΥΤΖΗΣ ΑΝΔΡΕΑΣ Άνδρας - 1969 (M50) DSA Running Team	00:00:49 00:00:00	00:03:26 00:02:37	00:13:02 00:12:13	00:15:57 00:15:08	00:27:26 00:26:38	00:30:07 00:29:19	00:41:03 00:40:15	00:44:18 00:43:29	00:55:57 00:55:08
276	276	31	242	1601	ΣΤΑΥΡΟΠΟΥΛΟΣ ΝΙΚΟΣ Άνδρας - 1994 (M)	00:00:44 00:00:00	00:03:24 00:02:40	00:12:36 00:11:53	00:15:20 00:14:36	00:26:46 00:26:02	00:29:13 00:28:29	00:41:23 00:40:39	00:44:33 00:43:50	00:55:58 00:55:14
277	277	105	243	1152	ΔΟΝΤΑΔΑΚΗΣ ΦΙΛΙΠΠΟΣ Άνδρας - 1971 (M40)	00:00:11 00:00:00	00:02:47 00:02:37	00:13:05 00:12:54	00:16:03 00:15:53	00:27:46 00:27:36	00:30:21 00:30:11	00:41:09 00:40:59	00:44:15 00:44:05	00:55:59 00:55:48
278	278	32	244	1315	ΜΙΧΑΣ ΓΙΩΡΓΟΣ Άνδρας - 2001 (M)	00:01:21 00:00:00	00:03:55 00:02:35	00:13:51 00:12:30	00:16:40 00:15:20	00:27:49 00:26:29	00:30:24 00:29:04	00:41:26 00:40:05	00:44:36 00:43:16	00:56:02 00:54:41
279	279	58	245	1444	ΣΚΟΤΗΣ ΓΕΩΡΓΙΟΣ-ΟΔΥΣΣΕΑΣ Άνδρας - 1983 (M30) kokoriko825	00:00:53 00:00:00	00:03:36 00:02:43	00:13:55 00:13:03	00:16:55 00:16:03	00:28:21 00:27:29	00:30:53 00:30:00	00:41:30 00:40:38	00:44:32 00:43:40	00:56:02 00:55:10
280	280	106	246	1530	ΧΟΪΔΑΣ ΑΛΚΙΒΙΑΔΗΣ Άνδρας - 1978 (M40)	00:01:12 00:00:00	00:03:54 00:02:43	00:14:22 00:13:11	00:17:20 00:16:09	00:28:55 00:27:44	00:31:30 00:30:18	00:41:51 00:40:40	00:44:49 00:43:38	00:56:08 00:54:57
281	281	59	247	1205	ΚΑΡΟΣ ΦΡΕΙΔΕΡΙΚΟΣ Άνδρας - 1983 (M30) ΔΙΕΥΘΥΝΣΗ ΣΥΝΕΡΓΑΤΩΝ ΚΑΡΟΥ - ΕΘΝΙΚΗ ΑΣΦΑΛΙΣΤΙΚΗ	00:00:10 00:00:00	00:02:34 00:02:24	00:11:50 00:11:40	00:14:38 00:14:28	00:26:56 00:26:46	00:29:44 00:29:35	00:41:22 00:41:13	00:44:47 00:44:37	00:56:18 00:56:08
282	282	107	248	1529	ΧΕΤΖΑΚΗΣ ΕΛΕΥΘΕΡΙΟΣ Άνδρας - 1975 (M40) Marathon Team Greece by Maria Polyzou	00:01:42 00:00:00	00:04:12 00:02:31	00:14:20 00:12:38	00:17:13 00:15:31	00:28:23 00:26:41	00:31:03 00:29:21	00:41:42 00:40:01	00:44:45 00:43:03	00:56:22 00:54:40
283	283	108	249	1246	ΚΟΤΣΙΦΑΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1974 (M40)	00:01:40 00:00:00	00:04:31 00:02:52	00:14:58 00:13:18	00:17:54 00:16:15	00:29:21 00:27:42	00:31:52 00:30:13	00:42:17 00:40:37	00:45:11 00:43:32	00:56:22 00:54:43
284	284	39	250	1443	ΣΚΙΑΔΑΡΕΣΗΣ ΒΑΣΙΛΗΣ Άνδρας - 1966 (M50) Marathon Team Greece by Maria Polyzou	00:00:46 00:00:00	00:03:39 00:02:54	00:14:11 00:13:25	00:17:15 00:16:30	00:29:10 00:28:24	00:31:43 00:30:58	00:42:07 00:41:22	00:45:06 00:44:21	00:56:24 00:55:38
285	285	109	251	1517	ΧΑΛΙΟΥΛΙΑΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1972 (M40)	00:01:13 00:00:00	00:03:57 00:02:44	00:13:52 00:12:39	00:16:42 00:15:29	00:27:42 00:26:29	00:30:13 00:29:00	00:41:33 00:40:20	00:45:09 00:43:56	00:56:25 00:55:12
286	286	60	252	1060	ΑΝΑΓΝΩΣΤΟΠΟΥΛΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1983 (M30) ΦΕΝΕΟΣ	00:00:29 00:00:00	00:03:25 00:02:56	00:14:05 00:13:36	00:17:07 00:16:38	00:28:50 00:28:22	00:31:33 00:31:04	00:42:16 00:41:47	00:45:19 00:44:50	00:56:28 00:55:59
287	287	110	253	1484	ΤΣΑΛΙΚΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1970 (M40)	00:01:59 00:00:00	00:04:44 00:02:46	00:15:03 00:13:05	00:18:05 00:16:07	00:29:37 00:27:39	00:32:07 00:30:09	00:42:29 00:40:31	00:45:30 00:43:32	00:56:31 00:54:33
288	288	111	254	1280	ΛΙΑΡΟΠΟΥΛΟΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1974 (M40)	00:00:40 00:00:00	00:03:41 00:03:01	00:14:12 00:13:32	00:17:09 00:16:29	00:28:22 00:27:42	00:30:51 00:30:12	00:41:18 00:40:38	00:44:21 00:43:42	00:56:32 00:55:52

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Όργανισμός	Start	Split 1	Split 2	split 3	5 Km	Split 5	Split 6	Split 7	Finish
289	289	112	255	1552	ΒΛΑΧΟΠΟΥΛΟΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1974 (M40)	00:00:41 00:00:00	00:03:41 00:03:00	00:14:11 00:13:30	00:17:05 00:16:25	00:28:22 00:27:41	00:30:52 00:30:11	00:41:19 00:40:38	00:44:23 00:43:42	00:56:32 00:55:51
290	290	113	256	1334	ΜΠΕΛΛΑΛΗΣ ΦΩΤΙΟΣ Άνδρας - 1974 (M40)	00:00:41 00:00:00	00:03:41 00:03:01	00:14:12 00:13:32	00:17:07 00:16:27	00:28:21 00:27:41	00:30:51 00:30:11	00:41:19 00:40:38	00:44:22 00:43:42	00:56:33 00:55:52
291	291	61	257	1516	ΧΑΛΔΑΙΟΣ ΧΡΗΣΤΟΣ Άνδρας - 1984 (M30) Novasports Running Team	00:01:28 00:00:00	00:04:16 00:02:49	00:14:24 00:12:57	00:17:19 00:15:51	00:28:51 00:27:24	00:31:38 00:30:11	00:42:32 00:41:05	00:45:32 00:44:04	00:56:33 00:55:06
292	292	62	258	1081	ΑΣΠΡΟΥΛΑΚΗΣ ΚΩΣΤΑΣ Άνδρας - 1980 (M30)	00:00:57 00:00:00	00:03:38 00:02:41	00:13:17 00:12:21	00:16:04 00:15:07	00:27:53 00:26:56	00:30:43 00:29:47	00:41:52 00:40:55	00:44:55 00:43:58	00:56:37 00:55:41
293	293	40	259	1499	ΤΣΟΥΜΠΡΕΑΣ ΣΤΑΥΡΟΣ Άνδρας - 1969 (M50) Outdoor Games Running Team	00:01:08 00:00:00	00:04:14 00:03:06	00:15:10 00:14:02	00:18:04 00:16:56	00:29:24 00:28:16	00:32:00 00:30:52	00:42:28 00:41:20	00:45:40 00:44:32	00:56:37 00:55:30
294	294	114	260	1474	ΤΖΕΒΕΛΕΚΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1970 (M40) Deutsche Schule Athen - Running Team	00:00:24 00:00:00	00:03:02 00:02:38	00:13:16 00:12:52	00:16:14 00:15:50	00:27:56 00:27:32	00:30:36 00:30:12	00:41:30 00:41:06	00:44:38 00:44:14	00:56:38 00:55:15
295	295	7	35	1255	ΚΟΥΤΣΟΔΗΜΟΥ ΠΑΡΑΣΚΕΥΗ Γυναίκα - 1991 (F)	00:00:30 00:00:00	00:03:22 00:02:52	00:13:28 00:12:58	00:16:22 00:15:52	00:28:09 00:27:39	00:30:41 00:30:11	00:41:28 00:40:59	00:44:42 00:44:12	00:56:38 00:56:09
296	296	63	261	1293	ΜΑΡΙΓΛΗΣ ΜΙΧΑΗΛ Άνδρας - 1980 (M30)	00:00:28 00:00:00	00:03:18 00:02:50	00:13:32 00:13:04	00:16:26 00:15:58	00:28:23 00:27:55	00:31:09 00:30:41	00:42:27 00:41:59	00:45:40 00:45:12	00:56:38 00:56:11
297	297	64	262	1322	ΜΟΥΧΛΗΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1980 (M30) Adidas Runners Athens	00:00:30 00:00:00	00:03:22 00:02:52	00:13:29 00:12:59	00:16:21 00:15:51	00:28:09 00:27:39	00:30:40 00:30:11	00:41:29 00:40:59	00:44:42 00:44:12	00:56:40 00:56:10
298	298	65	263	1595	ΡΟΔΙΤΑΚΗΣ ΓΙΑΝΝΗΣ Άνδρας - 1982 (M30)	00:01:29 00:00:00	00:04:30 00:03:02	00:14:47 00:13:18	00:17:42 00:16:14	00:29:22 00:27:54	00:32:02 00:30:34	00:42:46 00:41:18	00:45:41 00:44:13	00:56:40 00:55:11
299	299	115	264	1015	ΚΩΝΣΤΑΝΤΙΝΟΣ ΤΖΙΩΤΗΣ Άνδρας - 1977 (M40) Flying Geese Running Team	00:00:32 00:00:00	00:03:16 00:02:45	00:13:51 00:13:19	00:16:49 00:16:17	00:28:34 00:28:03	00:31:17 00:30:46	00:41:56 00:41:25	00:44:59 00:44:27	00:56:43 00:56:11
300	300	41	265	1283	ΛΥΓΟΥΡΑΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1963 (M50)	00:01:29 00:00:00	00:04:20 00:02:51	00:14:33 00:13:04	00:17:28 00:15:59	00:29:03 00:27:34	00:31:40 00:30:11	00:42:15 00:40:46	00:45:16 00:43:47	00:56:43 00:55:14
301	301	66	266	1648	ΣΓΟΥΡΟΣ ΙΩΑΝΝΗΣ Άνδρας - 1984 (M30)	-	0:04:14	0:14:38	0:17:39	0:29:14	0:31:52	0:42:29	0:45:31	0:56:45
302	302	42	267	1367	ΞΥΝΟΓΑΛΟΣ ΘΩΜΑΣ Άνδρας - 1966 (M50) ΣΔΥ ΑΘΗΝΑΣ	00:00:49 00:00:00	00:03:43 00:02:54	00:14:12 00:13:24	00:17:11 00:16:22	00:29:04 00:28:15	00:31:40 00:30:52	00:42:25 00:41:37	00:45:24 00:44:35	00:56:51 00:56:02
303	303	13	268	1606	ΤΣΑΚΙΡΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1951 (M60+) ΣΔΥΑ	00:00:28 00:00:00	00:03:21 00:02:53	00:13:30 00:13:02	00:16:24 00:15:57	00:28:10 00:27:42	00:30:54 00:30:26	00:41:55 00:41:27	00:45:02 00:44:34	00:56:55 00:56:27
304	304	10	36	1513	ΦΡΑΓΚΟΥ ΞΑΝΘΗ Γυναίκα - 1982 (F30)	-	0:03:25	0:13:37	0:16:29	0:27:47	0:30:36	0:42:02	0:45:09	0:57:09
305	305	43	269	1222	ΚΙΑΤΟΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1967 (M50)	00:00:35 00:00:00	00:03:19 00:02:44	00:13:17 00:12:42	00:16:16 00:15:42	00:27:48 00:27:13	00:30:35 00:30:00	00:41:50 00:41:15	00:45:08 00:44:34	00:57:13 00:56:39
306	306	44	270	1162	ΕΛΕΥΘΕΡΙΟΥ ΧΑΡΑΛΑΜΠΟΣ Άνδρας - 1966 (M50)	00:01:05 00:00:00	00:04:07 00:03:02	00:15:13 00:14:08	00:18:18 00:17:13	00:30:16 00:29:11	00:32:57 00:31:52	00:43:42 00:42:37	00:46:36 00:45:31	00:57:19 00:56:14
307	307	16	37	1467	ΣΩΤΗΡΟΠΟΥΛΟΥ ΧΡΥΣΑ Γυναίκα - 1972 (F40) ΑΠΟΛΛΩΝ ΔΥΤΙΚΗΣ ΑΤΤΙΚΗΣ	00:00:03 00:00:00	00:02:30 00:02:27	00:12:43 00:12:40	00:15:47 00:15:44	00:27:53 00:27:50	00:30:36 00:30:33	00:41:44 00:41:41	00:45:06 00:45:03	00:57:20 00:57:18
308	308	8	38	1523	ΧΑΤΖΗΑΝΔΡΕΟΥ ΕΛΕΝΗ Γυναίκα - 1995 (F)	00:01:37 00:00:00	00:04:09 00:02:32	00:14:13 00:12:36	00:17:12 00:15:35	00:28:59 00:27:22	00:31:33 00:29:56	00:42:18 00:40:41	00:45:26 00:43:49	00:57:24 00:55:47
309	309	116	271	1024	ΠΑΠΑΔΟΠΟΥΛΟΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1973 (M40) VentureFriends	00:01:14 00:00:00	00:04:19 00:03:06	00:15:42 00:14:29	00:18:59 00:17:46	00:31:29 00:30:16	00:34:01 00:32:48	00:44:57 00:43:44	-	00:57:24 00:56:11
310	310	67	272	1588	ΠΑΠΑΚΩΝΣΤΑΝΤΙΝΟΥ ΣΤΕΦΑΝΟΣ Άνδρας - 1981 (M30)	00:00:09 00:00:00	00:02:35 00:02:27	00:12:39 00:12:31	00:15:42 00:15:34	00:27:26 00:27:18	00:30:06 00:29:58	00:42:00 00:41:52	00:45:16 00:45:08	00:57:26 00:57:17
311	311	14	273	1494	ΤΣΙΠΟΣ ΑΝΑΣΤΑΣΙΟΣ Άνδρας - 1953 (M60+) ΣΔΥ ΠΕΙΡΑΙΑ	00:00:03 00:00:00	00:02:31 00:02:29	00:13:37 00:13:35	00:16:48 00:16:45	00:28:52 00:28:50	00:31:36 00:31:33	00:42:41 00:42:39	00:45:45 00:45:43	00:57:26 00:57:24
312	312	45	274	1510	ΦΙΛΟΠΟΥΛΟΣ ΣΟΛΩΝ Άνδρας - 1963 (M50) ΣΔΥ ΑΘΗΝΑΣ	00:00:22 00:00:00	00:03:21 00:03:00	00:13:56 00:13:34	00:16:56 00:16:34	00:28:51 00:28:29	00:31:36 00:31:14	00:42:42 00:42:20	00:45:44 00:45:22	00:57:27 00:57:05
313	313	17	39	1533	ΧΡΙΣΤΟΠΟΥΛΟΥ ΜΑΙΡΗ Γυναίκα - 1978 (F40)	00:00:58 00:00:00	00:31:41 00:30:44	00:13:58 00:13:00	00:16:58 00:16:00	00:28:53 00:27:56	-	00:42:46 00:41:49	00:45:42 00:44:45	00:57:28 00:56:31
314	314	117	275	1640	ΑΓΓΕΛΟΠΟΥΛΟΣ ΧΡΙΣΤΟΦΟΡΟΣ Άνδρας - 1978 (M40)	00:01:21 00:00:00	00:04:21 00:03:01	00:14:44 00:13:23	00:17:43 00:16:22	00:29:11 00:27:51	00:31:34 00:30:14	00:42:43 00:41:22	00:45:55 00:44:34	00:57:29 00:56:08
315	315	118	276	1076	ΑΡΓΥΡΟΠΟΥΛΟΣ ΣΩΚΡΑΤΗΣ Άνδρας - 1977 (M40)	00:00:42 00:00:00	00:31:13 00:30:31	00:13:36 00:12:54	00:16:31 00:15:50	00:28:26 00:27:44	-	00:42:31 00:41:49	00:45:44 00:45:02	00:57:32 00:56:51
316	316	119	277	1245	ΚΟΤΡΩΝΑΚΗΣ ΣΤΕΦΑΝΟΣ Άνδρας - 1970 (M40)	00:01:24 00:00:00	00:04:26 00:03:03	00:14:49 00:13:25	00:17:51 00:16:28	00:29:30 00:28:07	00:32:10 00:30:47	00:42:51 00:41:28	00:46:02 00:44:39	00:57:35 00:56:11
317	317	46	278	1450	ΣΠΥΡΕΤΟΣ ΣΩΤΗΡΗΣ Άνδρας - 1964 (M50)	00:00:23 00:00:00	00:03:17 00:02:55	00:13:58 00:13:36	00:17:05 00:16:43	00:28:57 00:28:35	00:31:36 00:31:14	00:42:29 00:42:07	00:45:42 00:45:20	00:57:36 00:57:14
318	318	120	279	1412	ΠΟΥΛΙΑΣ ΣΤΕΛΙΟΣ Άνδρας - 1975 (M40) Novasports Running Team	00:01:27 00:00:00	00:04:19 00:02:52	00:14:36 00:13:10	00:17:32 00:16:06	00:29:01 00:27:35	00:31:36 00:30:10	00:42:26 00:41:00	00:45:21 00:43:55	00:57:36 00:56:10
319	319	121	280	1590	ΠΑΠΑΣΤΑΜΑΤΙΟΥ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1979 (M40)	00:00:46 00:00:00	00:03:41 00:02:55	00:13:53 00:13:08	00:16:49 00:16:04	00:28:33 00:27:48	00:31:26 00:30:41	00:42:30 00:41:45	00:45:46 00:45:01	00:57:38 00:56:53
320	320	68	281	1047	ΑΓΓΕΛΑΚΟΠΟΥΛΟΣ ΓΙΩΡΓΟΣ Άνδρας - 1982 (M30) #NOTARUNNER	00:01:30 00:00:00	00:04:23 00:02:53	00:14:48 00:13:19	00:17:52 00:16:23	00:29:36 00:28:07	00:32:13 00:30:43	00:43:02 00:41:32	00:46:06 00:44:37	00:57:39 00:56:10
321	321	69	282	1468	ΤΑΡΜΑΝΩΦ ΓΙΑΝΝΗΣ Άνδρας - 1985 (M30)	00:01:00 00:00:00	00:04:03 00:03:03	00:14:37 00:13:38	00:17:39 00:16:39	00:29:42 00:28:43	00:32:22 00:31:23	00:43:39 00:42:40	00:46:44 00:45:45	00:57:42 00:56:42
322	322	122	283	1570	ΚΟΠΙΤΑΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1975 (M40)	00:00:53 00:00:00	00:03:45 00:02:53	00:14:26 00:13:34	00:17:30 00:16:38	00:29:31 00:28:39	00:32:10 00:31:17	00:43:15 00:42:23	00:46:30 00:45:37	00:57:43 00:56:51
323	323	47	284	1500	ΤΣΟΥΠΑΡΟΠΟΥΛΟΣ ΚΩΣΤΗΣ Άνδρας - 1965 (M50)	00:00:05 00:00:00	00:02:28 00:02:23	00:12:45 00:12:40	00:15:45 00:15:40	00:27:30 00:27:25	00:30:12 00:30:08	00:41:40 00:41:36	00:45:01 00:44:56	00:57:47 00:57:42
324	324	9	40	1418	ΠΥΡΟΥΛΗ ΣΤΑΥΡΙΝΑ Γυναίκα - 1999 (F)	00:01:31 00:00:00	00:04:25 00:02:54	00:15:07 00:13:36	00:18:19 00:16:49	00:30:08 00:28:38	00:32:43 00:31:12	00:43:35 00:42:04	-	00:57:48 00:56:18

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	Split 2	split 3	5 Km	Split 5	Split 6	Split 7	Finish
325	325	15	285	1441	ΣΚΕΝΤΖΟΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1956 (M60+) ΤΕΛΜΗΣΣΟΣ ΝΕΑΣ ΜΑΚΡΗΣ	00:00:07 00:00:00	00:03:00 00:02:53	00:14:17 00:14:10	00:17:21 00:17:15	00:29:09 00:29:03	00:31:52 00:31:46	00:43:40 00:43:34	00:46:41 00:46:35	00:57:55 00:57:49
326	326	11	41	1258	ΚΡΥΟΝΕΡΙΤΗ ΔΗΜΗΤΡΑ Γυναίκα - 1982 (F30) ΣΚΑ ΧΟΛΑΡΓΟΥ-ΠΑΠΑΓΟΥ	00:01:46 00:00:00	00:04:32 00:02:47	00:14:58 00:13:13	00:18:03 00:16:18	00:29:52 00:28:07	00:32:32 00:30:47	00:43:15 00:41:30	00:46:20 00:44:35	00:57:57 00:56:12
327	327	16	286	1593	ΠΡΟΥΣΙΝΟΥΔΗΣ ΑΛΕΞ Άνδρας - 1943 (M60+) Απολλων δwt.απτικής	00:00:29 00:00:00	00:03:23 00:02:55	00:13:48 00:13:20	00:16:46 00:16:18	00:28:20 00:27:52	00:30:59 00:30:31	00:42:07 00:41:39	00:45:30 00:45:02	00:57:59 00:57:31
328	328	123	287	1559	ΔΗΜΗΤΡΙΟΥ ΙΩΑΝΝΗΣ Άνδρας - 1977 (M40) Never Give up	00:01:43 00:00:00	00:04:14 00:02:32	00:14:10 00:12:28	00:17:06 00:15:24	00:28:49 00:27:06	00:31:28 00:29:45	00:42:46 00:41:03	00:45:57 00:44:15	00:58:03 00:56:21
329	329	18	42	1614	JA FARI SEDDIGHEH Γυναίκα - 1975 (F40) SANTA RUNNING TEAM	00:00:10 00:00:00	00:02:54 00:02:45	00:13:32 00:13:23	00:16:39 00:16:30	00:28:38 00:28:29	00:31:30 00:31:20	00:42:50 00:42:41	00:46:00 00:45:51	00:58:04 00:57:55
330	330	124	288	1281	ΛΙΤΣΑΣ ΑΝΤΩΝΗΣ Άνδρας - 1971 (M40)	00:00:12 00:00:00	00:02:39 00:02:28	00:12:58 00:12:47	00:16:04 00:15:52	00:28:13 00:28:01	00:31:07 00:30:56	00:42:57 00:42:46	00:46:11 00:46:00	00:58:08 00:57:57
331	331	33	289	1025	ΚΑΝΕΛΛΟΠΟΥΛΟΣ ΠΑΝΟΣ Άνδρας - 1996 (M) VOLISSOS	00:00:25 00:00:00	00:03:08 00:02:44	00:13:18 00:12:53	00:16:16 00:15:51	00:28:26 00:28:01	00:31:11 00:30:46	00:42:45 00:42:20	00:46:01 00:45:37	00:58:08 00:57:43
332	332	12	43	1123	ΓΚΕΡΕΚΟΥ ΕΛΕΝΑ Γυναίκα - 1987 (F30)	00:00:34 00:00:00	00:03:21 00:02:47	00:14:00 00:13:27	00:17:00 00:16:26	00:29:04 00:28:30	00:31:47 00:31:13	00:43:00 00:42:26	00:46:15 00:45:41	00:58:10 00:57:36
333	333	125	290	1250	ΚΟΥΡΑΣ ΑΘΑΝΑΣΙΟΣ Άνδρας - 1971 (M40)	00:00:07 00:00:00	00:02:48 00:02:42	00:13:07 00:13:00	00:16:09 00:16:03	00:28:20 00:28:13	00:31:10 00:31:03	00:43:11 00:42:25	00:45:48 00:45:41	00:58:12 00:58:06
334	334	10	44	1163	ΕΥΘΑΛΙΑ ΣΩΤΗΡΟΠΟΥΛΟΥ Γυναίκα - 1990 (F)	00:00:59 00:00:00	00:03:54 00:02:55	00:14:44 00:13:46	00:17:53 00:16:55	00:30:08 00:29:10	00:32:50 00:31:52	00:43:59 00:43:00	00:46:59 00:46:01	00:58:14 00:57:15
335	335	126	291	1319	ΜΟΥΡΤΖΑΚΗΣ ΕΜΜΑΝΟΥΗΛ Άνδρας - 1979 (M40)	00:00:43 00:00:00	00:03:44 00:03:01	00:14:50 00:14:07	00:18:01 00:17:18	00:29:58 00:29:16	00:32:37 00:31:54	00:43:50 00:43:08	00:46:59 00:46:17	00:58:14 00:57:31
336	336	48	292	1476	ΤΙΜΙΟΥ ΘΕΟΦΙΛΟΣ Άνδρας - 1961 (M50)	00:00:36 00:00:00	00:03:34 00:02:59	00:14:39 00:14:04	00:17:52 00:17:16	00:30:30 00:29:55	00:33:10 00:32:35	00:43:55 00:43:19	00:46:55 00:46:20	00:58:23 00:57:47
337	337	17	293	1627	ΧΑΝΙΩΤΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1959 (M60+) DSA Running Team	00:00:41 00:00:00	00:03:27 00:02:47	00:14:07 00:13:26	00:17:12 00:16:31	00:29:08 00:28:27	00:31:49 00:31:08	00:43:12 00:42:31	00:46:23 00:45:42	00:58:24 00:57:43
338	338	34	294	1426	ΡΟΝΤΟΓΙΑΝΝΗΣ ΣΤΑΥΡΟΣ Άνδρας - 1991 (M)	00:00:58 00:00:00	00:03:50 00:02:53	00:14:37 00:13:39	00:17:44 00:16:46	00:29:42 00:28:45	00:32:22 00:31:25		00:46:39 00:45:42	00:58:25 00:57:27
339	339	49	295	1089	ΒΑΣΙΛΙΟΓΙΑΝΝΑΚΗΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1962 (M50)	00:01:22 00:00:00	00:04:04 00:02:43	00:14:20 00:12:58	00:17:19 00:15:57	00:28:54 00:28:03	00:31:45 00:30:23	00:43:12 00:41:51	00:46:29 00:45:08	00:58:27 00:57:06
340	340	70	296	1391	ΠΑΣΑΓΓΕΛΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1981 (M30)	00:00:48 00:00:00	00:03:40 00:02:52	00:14:19 00:13:31	00:17:22 00:16:34	00:29:20 00:28:33	00:32:23 00:31:35	00:43:22 00:42:34	00:46:30 00:45:42	00:58:27 00:57:39
341	341	13	45	1030	ΜΠΕΝΟΥ ΔΗΜΗΤΡΑ Γυναίκα - 1982 (F30) ΔΕΛΤΑ RUNNING TEAM	00:00:49 00:00:00	00:03:40 00:02:52	00:14:19 00:13:31	00:17:22 00:16:34	00:29:21 00:28:33	00:32:24 00:31:36	00:43:23 00:42:35	00:46:29 00:45:41	00:58:27 00:57:39
342	342	127	297	1042	ΝΓΑΚΑΝ ΡΥΤΥ ΜΕΡΔΙΑΩΑΝ Άνδρας - 1973 (M40)	00:00:52 00:00:00	00:03:36 00:02:45	00:13:49 00:12:57	00:16:54 00:16:02	00:28:59 00:28:07	00:31:43 00:30:51	00:43:15 00:42:24	00:46:32 00:45:40	00:58:28 00:57:36
343	343	18	298	1305	ΜΕΤΑΞΑΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1953 (M60+) Σ.ΔΡΟ.ΝΙ.ΚΟ.ΚΕΡ.	00:00:33 00:00:00	00:03:28 00:02:56	00:14:12 00:13:40	00:17:15 00:16:43	00:29:19 00:28:47	00:32:04 00:31:32	00:43:20 00:42:48	00:46:35 00:46:03	00:58:30 00:57:58
344	344	128	299	1208	ΚΑΣΤΑΝΑΣ ΑΡΙΣΤΟΤΕΛΗΣ Άνδρας - 1976 (M40) RafinaRunners	00:00:38 00:00:00	00:03:20 00:02:43	00:14:01 00:13:24	00:17:05 00:16:27	00:29:01 00:28:24	00:31:48 00:31:11	00:43:14 00:42:37	00:46:28 00:45:51	00:58:31 00:57:54
345	345	50	300	1183	ΙΩΑΝΝΙΔΗΣ ΙΩΑΝΝΗΣ Άνδρας - 1966 (M50)	00:01:08 00:00:00	00:04:04 00:02:57	00:14:56 00:13:49	00:18:03 00:16:56	00:30:08 00:29:00	00:32:46 00:31:38	00:43:47 00:42:39	00:46:56 00:45:48	00:58:31 00:57:24
346	346	129	301	1213	ΚΑΤΣΑΡΑΣ ΣΤΕΦΑΝΟΣ Άνδρας - 1976 (M40)	00:00:58 00:00:00	00:03:45 00:02:48	00:14:04 00:13:07	00:17:08 00:16:11	00:29:01 00:28:04	00:31:45 00:30:47	00:43:14 00:42:16	00:46:26 00:45:29	00:58:32 00:57:35
347	347	130	302	1165	ΕΥΘΥΜΙΟΥ ΕΥΡΙΠΙΔΗΣ Άνδρας - 1970 (M40) Deutsche Schule Athen - Running Team	00:00:33 00:00:00	00:03:28 00:02:56	00:13:44 00:13:11	00:16:45 00:16:12	00:28:55 00:28:23	00:31:40 00:31:08	00:42:58 00:42:26	00:46:13 00:45:41	00:58:32 00:58:00
348	348	131	303	1528	ΧΑΧΑΛΟΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1973 (M40)	00:00:17 00:00:00	00:02:51 00:02:35	00:12:53 00:12:37	00:15:57 00:15:40	00:27:57 00:27:40	00:30:48 00:30:31	00:42:24 00:42:08	00:45:45 00:45:29	00:58:33 00:58:17
349	349	132	304	1267	ΚΩΤΣΗΣ ΝΙΚΟΣ Άνδρας - 1979 (M40)	00:01:11 00:00:00	00:04:10 00:03:00	00:15:42 00:14:31	00:18:54 00:17:44	00:31:24 00:30:14	00:34:13 00:33:02	00:44:38 00:43:27	00:47:41 00:46:31	00:58:35 00:57:25
350	350	71	305	1119	ΓΙΑΝΝΟΥΛΗΣ ΑΛΕΞΑΝΔΡΟΣ Άνδρας - 1982 (M30)	00:00:21 00:00:00	00:03:07 00:02:46	00:13:58 00:13:37	00:17:09 00:16:48	00:29:26 00:29:05	00:32:11 00:31:50	00:43:17 00:42:56	00:46:33 00:46:12	00:58:36 00:58:15
351	351	51	306	1541	ΣΤΥΛΙΑΝΟΥ ΣΤΥΛΙΑΝΟΣ Άνδρας - 1969 (M50) 3ο ΕΣΠΕΡΙΝΟ ΕΠΑΛ ΑΓΙΩΝ ΑΝΑΡΓΥΡΩΝ	00:01:25 00:00:00	00:32:04 00:30:40	00:14:26 00:13:02	00:17:28 00:16:03	00:29:10 00:27:45	01:08:56 01:07:31	00:43:17 00:41:52	00:46:27 00:45:02	00:58:38 00:57:13
352	352	72	307	1538	ΦΑΡΡΟΠΟΥΛΟΣ ΧΑΡΑΛΑΜΠΟΣ Άνδρας - 1981 (M30)	00:00:52 00:00:00	00:03:44 00:02:53	00:14:54 00:14:03	00:18:10 00:17:19	00:30:42 00:29:51	00:33:24 00:32:32	00:44:28 00:43:37		00:58:38 00:57:47
353	353	73	308	1149	ΔΙΑΜΑΝΤΟΠΟΥΛΟΣ ΣΩΤΗΡΗΣ Άνδρας - 1984 (M30)	00:00:50 00:00:00	00:03:44 00:02:54	00:14:54 00:14:04	00:18:10 00:17:20	00:30:55 00:30:05	00:33:24 00:32:34	00:44:28 00:43:38	00:47:34 00:46:44	00:58:38 00:57:49
354	354	35	309	1259	ΚΥΡΙΑΚΑΚΗΣ ΝΙΚΟΣ Άνδρας - 1998 (M)	00:00:28 00:00:00	00:03:19 00:02:51	00:13:40 00:13:12	00:16:40 00:16:12	00:28:39 00:28:12	00:31:20 00:30:52	00:42:56 00:42:28	00:46:25 00:45:58	00:58:40 00:58:12
355	355	133	310	1048	ΑΓΓΕΛΙΔΗΣ ΝΙΚΟΣ Άνδρας - 1973 (M40)	00:00:33 00:00:00	00:03:32 00:03:00	00:14:29 00:13:57	00:17:37 00:17:04	00:29:37 00:29:05	00:32:14 00:31:42	00:43:18 00:42:46	00:46:33 00:46:01	00:58:42 00:58:10
356	356	134	311	1218	ΚΑΦΕΤΖΟΠΟΥΛΟΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1973 (M40)	00:00:09 00:00:00	00:02:51 00:02:42	00:13:55 00:13:46	00:17:10 00:17:01	00:29:39 00:29:30	00:32:21 00:32:13	00:43:46 00:43:38	00:47:09 00:47:00	00:59:01 00:58:52
357	357	74	312	1204	ΚΑΡΝΗΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1981 (M30)	00:01:38 00:00:00	00:04:27 00:02:49	00:14:21 00:12:43	00:17:18 00:15:40	00:29:20 00:27:43	00:32:06 00:30:29	00:43:39 00:42:02	00:47:02 00:45:24	00:59:04 00:57:27
358	358	52	313	1375	ΠΑΝΟΥΡΓΙΑΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1968 (M50)	00:01:31 00:00:00	00:04:28 00:02:58	00:15:56 00:14:26	00:19:33 00:18:03	00:32:48 00:31:17	00:35:13 00:33:43	00:45:32 00:44:02		00:59:06 00:57:36
359	359	75	314	1221	ΚΙΑΜΟΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1981 (M30)	00:00:39 00:00:00	00:03:47 00:03:08	00:14:31 00:13:52	00:17:43 00:17:04	00:30:00 00:29:21	00:32:47 00:32:08	00:43:58 00:43:19	00:47:14 00:46:35	00:59:13 00:58:34
360	360	135	315	1087	ΒΑΣΙΛΑΚΗΣ ΓΙΩΡΓΟΣ Άνδρας - 1977 (M40) MDX	00:01:04 00:00:00	00:04:00 00:02:57	00:15:01 00:13:58	00:18:08 00:17:05	00:30:25 00:29:21	00:33:10 00:32:06	00:44:30 00:43:27	00:47:37 00:46:34	00:59:15 00:58:11

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	Split 2	split 3	5 Km	Split 5	Split 6	Split 7	Finish
433	433	38	370	1387	ΠΑΠΑΣΗΜΑΚΟΠΟΥΛΟΣ ΣΤΕΦΑΝΟΣ Άνδρας - 1993 (M)	-	0:15:00	0:25:47	0:29:12	0:42:46	-	-	-	1:03:11
434	434	162	371	1421	ΡΑΜΜΟΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1971 (M40) DSA Running Team	00:00:31	00:03:32	00:14:50	00:18:07	00:31:00	00:33:46	00:46:04	00:49:38	01:03:11
435	435	21	64	1174	ΖΟΛΩΤΑ ΑΙΚΑΤΕΡΙΝΗ Γυναίκα - 1987 (F30) Το ημερολόγιο του δρομέα	00:00:57	00:04:04	00:15:50	00:19:08	00:32:04	00:35:02	00:47:03	00:50:32	01:03:14
436	436	63	372	1098	ΒΟΛΑΝΗΣ ΓΙΩΡΓΟΣ Άνδρας - 1966 (M50) Novasports Running Team	00:01:25	00:04:24	00:15:39	00:18:53	00:31:33	00:34:34	00:46:58	-	01:03:17
437	437	163	373	1384	ΠΑΠΑΘΑΝΑΣΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1979 (M40)	00:01:45	00:04:36	00:15:29	00:18:41	00:31:38	00:34:37	00:47:11	00:50:29	01:03:18
438	438	22	65	1192	ΚΑΠΛΑΝΗ ΑΔΑΜΑΝΤΙΑ Γυναίκα - 1981 (F30)	00:01:45	00:04:36	00:15:29	00:18:41	00:31:38	00:34:37	00:47:11	00:50:29	01:03:18
439	439	164	374	1105	ΒΥΣΣΟΥΛΗΣ ΓΡΗΓΟΡΗΣ Άνδρας - 1971 (M40)	00:01:14	00:04:19	00:15:43	00:19:00	00:31:29	00:34:14	00:46:34	00:50:05	01:03:25
440	440	165	375	1232	ΚΟΛΟΒΟΣ ΕΜΜΑΝΟΥΗΛ Άνδρας - 1970 (M40)	00:00:11	00:02:55	00:13:45	00:16:56	00:29:42	00:32:44	00:45:39	00:49:20	01:03:32
441	441	91	376	1312	ΜΙΧΑΛΑΡΟΣ ΙΩΑΝΝΗΣ Άνδρας - 1981 (M30)	00:00:45	00:03:50	00:15:02	00:18:15	00:30:57	00:33:50	00:46:27	00:50:00	01:03:34
442	442	26	66	1507	ΦΕΡΛΕΜΗ ΜΑΡΤΖΗ Γυναίκα - 1971 (F40)	00:00:26	00:03:24	00:14:56	00:18:14	00:31:22	00:34:22	00:46:54	00:50:31	01:03:42
443	443	2	67	1264	ΚΩΝΣΤΑΝΤΙΝΟΥ ΧΡΙΣΤΙΝΑ Γυναίκα - 1955 (F60+) ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	00:00:28	00:03:29	00:15:39	00:19:11	00:32:39	00:35:38	00:47:30	00:50:49	01:03:44
444	444	20	377	1146	ΔΗΜΟΠΟΥΛΟΣ ΚΥΡΙΑΚΟΣ Άνδρας - 1959 (M60+)	00:01:30	00:04:48	00:17:09	00:20:55	00:34:37	00:37:43	00:49:22	00:52:39	01:03:47
445	445	92	378	1338	ΜΠΕΣΣΑΣ ΣΕΡΑΦΕΙΜ Άνδρας - 1986 (M30) Polias Runners	00:01:34	00:05:05	00:17:23	00:20:53	00:34:10	00:37:03	00:48:26	00:51:40	01:03:48
446	446	93	379	1628	ΤΣΑΤΣΑΚΛΑΣ ΝΙΚΟΣ Άνδρας - 1986 (M30)	00:01:34	00:05:05	00:17:23	00:20:53	00:34:10	00:37:03	00:48:26	00:51:40	01:03:48
447	447	27	68	1272	ΛΑΜΠΡΕΛΗ ΔΕΣΠΟΙΝΑ Γυναίκα - 1976 (F40) MAD CATS	00:01:42	00:04:52	00:16:44	00:20:05	00:32:54	00:35:48	00:47:46	00:51:20	01:03:51
448	448	64	380	1227	ΚΛΑΔΗΣ ΙΩΑΝΝΗΣ Άνδρας - 1963 (M50)	00:01:11	00:04:09	00:15:41	00:18:55	00:31:23	00:34:13	00:46:22	00:50:04	01:03:55
449	449	65	381	1151	ΔΟΜΒΡΗΣ ΑΝΑΣΤΑΣΙΟΣ Άνδρας - 1969 (M50)	00:00:42	00:03:54	00:15:31	00:18:49	00:32:12	00:35:06	00:47:18	00:50:41	01:03:55
450	450	166	382	1114	ΓΙΑΝΝΙΣΗΣ ΧΡΥΣΑΝΘΟΣ-ΕΙΡΗΝΑΙΟΣ Άνδρας - 1972 (M40) MAD CATS	00:01:43	00:04:52	00:16:44	00:20:05	00:32:56	00:35:47	00:47:46	00:51:19	01:03:57
451	451	66	383	1368	ΟΙΚΟΝΟΜΟΠΟΥΛΟΣ ΝΕΛΛΟΣ Άνδρας - 1966 (M50) ΣΚΥΛΙΑ ΤΟΥ ΔΡΟΜΟΥ	00:00:34	00:03:43	00:15:51	00:19:20	00:32:48	00:35:46	00:47:50	00:51:21	01:04:03
452	452	167	384	1619	ΝΙΚΟΛΑΚΟΠΟΥΛΟΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1979 (M40) SANTA RUNNING TEAM	00:01:41	00:04:23	00:15:22	00:18:47	00:31:18	00:34:48	00:47:28	00:50:45	01:04:04
453	453	39	385	1279	ΛΙΑΡΑΜΑΝΤΖΑ ΙΩΑΝΝΑ Άνδρας - 1995 (M)	00:01:48	00:04:46	00:16:32	00:19:59	00:33:00	00:35:55	00:47:59	00:51:30	01:04:08
454	454	168	386	1032	ΣΑΡΑΤΣΟΓΛΟΥ ΠΑΥΛΟΣ Άνδρας - 1975 (M40) ΔΕΛΤΑ RUNNING TEAM	00:01:51	00:04:43	00:15:47	00:19:03	00:31:17	00:34:08	00:47:06	00:50:50	01:04:13
455	455	169	387	1466	ΣΦΑΚΙΑΝΑΚΗΣ ΓΙΩΡΓΟΣ Άνδρας - 1979 (M40) ΑΠΟΛΛΩΝ ΔΥΤΙΚΗΣ ΑΤΤΙΚΗΣ	00:01:18	00:04:35	00:16:53	00:20:24	00:33:53	00:36:44	00:48:23	00:51:48	01:04:28
456	456	40	388	1091	ΒΕΛΛΙΟΠΟΥΛΟΣ ΓΙΩΡΓΟΣ Άνδρας - 1995 (M)	00:00:14	00:03:03	00:14:17	00:17:30	00:30:08	00:33:00	00:46:33	00:50:10	01:04:38
457	457	23	69	1092	ΒΕΛΛΙΟΠΟΥΛΟΥ ΜΑΡΙΑ Γυναίκα - 1987 (F30)	00:00:14	00:03:03	00:14:18	00:17:31	00:30:09	00:33:00	00:46:33	00:50:10	01:04:38
458	458	24	70	1430	ΣΑΚΚΗ ΚΑΤΕΡΙΝΑ Γυναίκα - 1981 (F30) Deutsche Schule Athen - Running Team	00:00:39	00:03:42	00:15:53	00:19:27	00:33:09	00:36:10	00:48:29	00:51:59	01:04:38
459	459	5	71	1191	ΚΑΜΑΡΑΤΟΥ ΟΥΡΑΝΙΑ Γυναίκα - 1962 (F50)	00:00:44	00:03:44	00:15:46	00:19:11	00:32:27	00:35:26	00:47:49	00:51:22	01:04:46
460	460	41	389	1297	ΜΑΣΤΡΟΠΑΣΚΟΥΑΣ ΛΑΖΑΡΟΣ Άνδρας - 1991 (M)	00:01:04	00:04:24	00:16:19	00:19:50	00:32:58	00:35:51	00:48:14	00:51:49	01:04:52
461	461	28	72	1139	ΔΕΛΑΣΟΥΔΑ ΜΑΡΙΑ Γυναίκα - 1979 (F40)	00:01:03	00:04:23	00:16:19	00:19:50	00:32:58	00:35:51	00:48:14	00:51:52	01:04:53
462	462	94	390	1143	ΔΗΜΗΤΡΟΠΟΥΛΟΣ ΙΩΑΝΝΗΣ Άνδρας - 1983 (M30)	00:01:07	00:04:15	00:15:55	00:19:11	00:32:00	00:34:51	00:47:29	00:51:07	01:04:53
463	463	95	391	1478	ΤΟΥΡΑΣΑΝΙΔΗΣ ΝΙΚΟΣ Άνδρας - 1982 (M30)	00:01:26	00:04:38	00:16:19	00:19:40	00:32:50	00:36:38	00:48:39	00:52:15	01:04:54
464	464	6	73	1626	ΠΑΠΑΔΟΠΟΥΛΟΥ ΓΕΩΡΓΙΑ Γυναίκα - 1967 (F50) DSA Running Team	00:00:41	00:03:46	00:15:31	00:19:03	00:32:23	00:35:36	00:48:02	00:51:29	01:04:56
465	465	67	392	1097	ΒΟΓΙΑΤΖΑΚΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1963 (M50) ΑΠΣ ΑΠΟΛΛΩΝ ΔΥΤΙΚΗΣ ΑΤΤΙΚΗΣ	00:00:39	00:03:48	00:15:13	00:18:29	00:32:02	00:35:06	00:47:00	00:50:36	01:05:01
466	466	68	393	1624	ΚΑΠΕΤΑΝΟΣ ΣΤΑΘΗΣ Άνδρας - 1966 (M50)	00:01:28	00:04:29	00:16:27	00:19:56	00:33:28	00:36:30	00:48:55	00:52:27	01:05:19
467	467	42	394	1652	ΤΣΕΓΚΑΣ ΘΩΜΑΣ Άνδρας - 1990 (M)	00:01:03	00:03:58	00:16:24	00:20:08	00:35:19	00:38:53	-	-	01:05:19
468	468	21	395	1389	ΠΑΠΑΧΡΙΣΤΟΔΟΥΛΟΥ ΔΗΜΗΤΡΗΣ Άνδρας - 1955 (M60+)	00:00:50	00:03:59	00:15:47	00:19:18	00:33:01	00:36:05	00:48:25	00:52:07	01:05:27

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	Split 2	split 3	5 Km	Split 5	Split 6	Split 7	Finish
541	541	35	97	1168	ΖΑΚΥΝΘΙΟΥ ΔΙΟΝΥΣΙΑ Γυναίκα - 1978 (F40)	00:01:05 00:00:00	00:04:07 00:03:02	00:17:09 00:16:05	00:20:57 00:19:53	00:36:16 00:35:12	00:39:40 00:38:36	00:54:05 00:53:01	00:58:04 00:56:59	01:13:38 01:12:34
542	542	36	98	1521	ΧΑΡΤΑ ΕΥΓΕΝΙΑ Γυναίκα - 1974 (F40)	00:00:55 00:00:00	00:04:13 00:03:18	00:17:24 00:16:29	00:21:10 00:20:15	00:36:53 00:35:58	00:40:16 00:39:21	00:54:19 00:53:25	00:58:25 00:57:31	01:14:13 01:13:18
543	543	107	445	1605	ΤΖΟΥΡΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1982 (M30) ΙΑΤΡΙΚΗ ΠΙΣΤΗ RUNNING TEAM	00:01:25 00:00:00	00:04:31 00:03:06	00:17:20 00:15:55	00:21:24 00:19:59	00:36:46 00:35:21	00:40:19 00:38:54	00:54:48 00:53:23	00:59:04 00:57:39	01:14:13 01:12:48
544	544	33	99	1362	ΝΤΕΜΟΥ ΚΑΤΕΡΙΝΑ Γυναίκα - 1980 (F30)	00:01:04 00:00:00	00:04:20 00:03:15	00:17:12 00:16:08	00:21:30 00:20:26	00:36:52 00:35:49	00:40:18 00:39:15	00:55:07 00:54:04	00:59:11 00:58:07	01:14:25 01:13:21
545	545	19	100	1579	ΜΟΥΤΣΑΝΑ ΣΤΕΦΑΝΙΑ Γυναίκα - 1992 (F)	00:01:38 00:00:00	00:04:45 00:03:07	00:18:20 00:16:42	00:22:13 00:20:35	00:37:49 00:36:12	00:41:10 00:39:32	00:55:15 00:53:37	00:58:51 00:57:13	01:14:35 01:12:57
546	546	10	101	1028	ΚΑΝΕΛΛΑΚΟΥ ΣΤΑΥΡΟΥΛΑ Γυναίκα - 1962 (F50) ΔΕΛΤΑ RUNNING TEAM	00:01:00 00:00:00	00:04:15 00:03:15	00:17:35 00:16:35	00:21:50 00:20:50	00:37:09 00:36:09	00:40:39 00:39:39	00:55:15 00:54:15	00:59:09 00:58:09	01:14:36 01:13:36
547	547	44	446	1540	ΡΟΚΑΝΑΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1998 (M) 3ο ΕΣΠΕΡΙΝΟ ΕΠΙΛ ΑΓΙΩΝ ΑΝΑΡΓΥΡΩΝ	00:01:26 00:00:00	00:04:03 00:02:37	00:14:01 00:12:36	00:17:08 00:15:43	00:29:52 00:28:27	00:33:43 00:32:18	00:50:27 00:49:02	00:55:34 00:54:08	01:14:48 01:13:23
548	548	187	447	1036	ΔΙΑΚΟΓΙΑΝΝΙΣ ALEXIUS Άνδρας - 1979 (M40) Marathon Team Greece by Maria Polyzou	00:01:51 00:00:00	00:04:58 00:03:08	00:18:10 00:16:19	00:22:11 00:20:20	00:37:53 00:36:02	00:41:22 00:39:32	00:56:11 00:54:20	01:00:01 00:58:10	01:15:27 01:13:36
549	549	108	448	1456	ΣΤΑΜΕΛΟΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1981 (M30)	00:01:52 00:00:00	00:04:55 00:03:03	00:18:33 00:16:42	00:22:46 00:20:55	00:38:43 00:36:52	00:42:06 00:40:15	00:56:27 00:54:35	01:00:29 00:58:37	01:15:40 01:13:49
550	550	26	449	1561	ΖΑΧΑΡΙΟΥ ΓΙΩΡΓΟΣ Άνδρας - 1956 (M60+)	00:01:19 00:00:00	00:04:48 00:03:29	00:18:48 00:17:30	00:23:02 00:21:44	00:38:34 00:37:16	00:42:01 00:40:43	00:56:22 00:55:04	01:00:26 00:59:07	01:16:08 01:14:50
551	551	85	450	1453	ΣΤΑΘΟΠΟΥΛΟΥ ΛΙΝΑ Άνδρας - 1967 (M50) ΣΔΥΜ	00:01:11 00:00:00	00:04:35 00:03:25	00:18:39 00:17:28	00:23:07 00:21:56	00:39:43 00:38:32	00:43:21 00:42:10	00:57:48 00:56:37	01:02:01 01:00:51	01:16:36 01:15:25
552	552	34	102	1636	ΚΑΚΟΥΛΙΔΗΣ ΚΥΡΙΑΚΟΣ Γυναίκα - 1981 (F30)	00:00:57 00:00:00	00:04:31 00:03:35	00:18:49 00:17:53	00:22:59 00:22:03	00:39:18 00:38:22	00:42:53 00:41:57	00:57:20 00:56:24	-	01:17:14 01:16:18
553	553	86	451	1572	ΚΟΥΤΣΟΥΡΑΔΗΣ ΝΙΚΟΣ Άνδρας - 1963 (M50)	00:01:00 00:00:00	00:04:12 00:03:12	00:17:48 00:16:48	00:21:59 00:20:59	00:37:58 00:36:58	00:41:42 00:40:42	00:56:43 00:55:43	01:01:01 01:00:01	01:17:19 01:16:19
554	554	37	103	1066	ΑΝΘΡΩΠΟΠΟΥΛΟΥ ΒΙΚΥ Γυναίκα - 1972 (F40)	00:00:37 00:00:00	00:03:46 00:03:10	00:17:30 00:16:53	00:21:31 00:20:55	00:37:58 00:37:22	00:41:37 00:41:00	00:57:06 00:56:30	-	01:18:25 01:17:49