

A/A	Σειρά	Σειρά /Φύλο	BIB	Όνομα Φύλο Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	1,23km	1,66km	2,9km	3,33km	4,57km	Finish
1	1	1	4256	ΒΟΤΣΟΣ ΧΡΗΣΤΟΣ Άνδρας	00:00:00 00:00:00	00:04:06 00:04:06	00:05:32 00:05:32	00:09:48 00:09:48	00:11:16 00:11:16	00:15:31 00:15:31	00:16:52 00:16:52
2	2	2	4396	ΑΗΜΑΔΙ ΜΑΪΔΙ Άνδρας PROJECT HIWA	00:00:00 00:00:00	00:04:05 00:04:05	00:05:31 00:05:31	00:09:48 00:09:48	00:11:16 00:11:16	00:15:30 00:15:30	00:16:53 00:16:53
3	3	3	4395	ΡΕΖΑΙ ΥΑΗΥΑΑ Άνδρας PROJECT HIWA	00:00:00 00:00:00	00:04:06 00:04:06	00:05:31 00:05:31	00:09:52 00:09:52	00:11:26 00:11:26	00:16:11 00:16:11	00:17:41 00:17:41
4	4	4	4323	ΠΟΥΛΟΣ ΘΩΜΑΣ Άνδρας Adidas Runners Athens	00:00:02 00:00:00	00:04:23 00:04:22	00:05:53 00:05:52	00:10:24 00:10:23	00:12:01 00:12:00	00:16:46 00:16:45	00:18:18 00:18:17
5	5	5	4349	ΝΙΝΗΣ ΑΝΔΡΕΑΣ Άνδρας ΑΠΣ ΜΙΛΤΙΑΔΗΣ	00:00:01 00:00:00	00:04:17 00:04:16	00:05:52 00:05:51	00:10:36 00:10:35	00:12:14 00:12:13	00:17:02 00:17:01	00:18:39 00:18:38
6	6	6	4300	ΛΟΓΟΘΕΤΗΣ ΤΖΕΡΥ Άνδρας Η Γυνιά Του TRX	00:00:02 00:00:00	00:04:50 00:04:48	00:06:27 00:06:25	00:11:19 00:11:17	00:12:58 00:12:56	00:17:48 00:17:46	00:19:18 00:19:17
7	7	7	4333	ΒΟΥΓΙΟΥΚΑΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας ΑΟ ΑΡΙΣΒΑΙΟΣ ΚΑΛΛΟΝΗΣ ΛΕΣΒΟΥ	00:00:03 00:00:00	00:04:45 00:04:43	00:06:20 00:06:18	00:11:09 00:11:07	00:12:49 00:12:47	00:17:47 00:17:45	00:19:23 00:19:20
8	8	8	4151	ΜΕΝΕΓΗΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας	00:00:03 00:00:00	00:04:41 00:04:38	00:06:16 00:06:13	00:11:17 00:11:14	00:12:59 00:12:56	00:18:04 00:18:01	00:19:37 00:19:34
9	9	9	4296	ΚΟΥΕΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας adidas Runners Athens	00:00:00 00:00:00	00:04:35 00:04:35	00:06:10 00:06:10	00:11:06 00:11:06	00:12:48 00:12:48	00:18:00 00:18:00	00:19:41 00:19:41
10	10	10	4263	ΚΕΛΑΪΔΗΣ ΙΩΣΗΦ Άνδρας SANTA RUNNING TEAM	00:00:02 00:00:00	00:04:48 00:04:46	00:06:25 00:06:23	00:11:21 00:11:19	00:13:03 00:13:01	00:18:10 00:18:08	00:19:45 00:19:43
11	11	11	4398	ΡΕΖΑΙ ΣΑΗΕΛ Άνδρας PROJECT HIWA	00:00:00 00:00:00	00:04:45 00:04:45	00:06:20 00:06:20	00:11:18 00:11:18	00:13:01 00:13:01	00:18:14 00:18:14	00:19:56 00:19:56
12	12	1	4001	ΧΡΥΣΑΕΙΔΗ ΣΤΑΥΡΟΥΛΑ Γυναίκα	00:00:00 00:00:00	00:04:52 00:04:52	00:06:31 00:06:31	00:11:20 00:11:20	00:13:01 00:13:01	00:18:21 00:18:21	00:20:01 00:20:01
13	13	12	4245	ΤΣΟΥΜΑΣ ΒΑΣΙΛΕΙΟΣ Άνδρας IRONΚΟΥΚΟΥ	00:00:02 00:00:00	00:04:55 00:04:53	00:06:37 00:06:36	00:11:42 00:11:41	00:13:25 00:13:24	00:18:30 00:18:29	00:20:12 00:20:11
14	14	2	4305	ΜΠΟΥΓΑ ΒΕΡΟΝΙΚΗ Γυναίκα Α.Ο.ΣΠΥΡΟΣ ΛΟΥΗΣ ΚΟΡ//ΛΟΥ-ΝΙΚΑΙΑΣ	00:00:00 00:00:00	00:04:52 00:04:52	00:06:31 00:06:31	00:11:42 00:11:42	00:13:26 00:13:26	00:18:37 00:18:37	00:20:20 00:20:20
15	15	13	4352	ΣΟΥΛΕΛΕΣ ΘΟΔΩΡΗΣ Άνδρας	00:00:00 00:00:00	00:04:47 00:04:47	00:06:26 00:06:26	00:11:42 00:11:42	00:13:28 00:13:28	00:18:43 00:18:43	00:20:23 00:20:23
16	16	14	4378	ΒΛΑΧΟΣ ΜΙΧΑΗΛΗΣ Άνδρας	00:00:10 00:00:00	00:05:01 00:05:01	00:06:39 00:06:29	00:11:43 00:11:34	00:13:26 00:13:17	00:18:50 00:18:41	00:20:27 00:20:17
17	17	15	4238	ΤΣΑΛΛΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας	00:00:02 00:00:00	00:05:01 00:04:59	00:06:44 00:06:42	00:11:52 00:11:50	00:13:33 00:13:32	00:18:44 00:18:42	00:20:27 00:20:26
18	18	16	4093	ΕΛΕΥΘΕΡΙΟΥ ΛΕΥΤΕΡΗΣ Άνδρας	00:00:04 00:00:00	00:05:02 00:04:59	00:06:45 00:06:41	00:11:59 00:11:56	00:13:45 00:13:41	00:18:56 00:18:52	00:20:36 00:20:33
19	19	17	4274	ΤΣΑΓΚΑΡΗΣ ΒΑΣΙΛΕΙΟΣ Άνδρας SANTA RUNNING TEAM	00:00:03 00:00:00	00:04:56 00:04:54	00:06:38 00:06:36	00:11:50 00:11:47	00:13:38 00:13:36	00:18:57 00:18:55	00:20:41 00:20:39
20	20	3	4288	ΔΗΜΟΥ ΕΛΙΣΑΒΕΤ Γυναίκα	00:00:03 00:00:00	00:05:17 00:05:15	00:07:03 00:07:01	00:12:23 00:12:21	00:14:11 00:14:08	00:19:24 00:19:21	00:21:03 00:21:00
21	21	18	4261	ΚΑΤΑΚΟΥΖΗΝΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας SANTA RUNNING TEAM	00:00:03 00:00:00	00:05:04 00:05:02	00:06:48 00:06:46	00:12:07 00:12:05	00:13:59 00:13:57	00:19:27 00:19:25	00:21:09 00:21:07
22	22	4	4332	ΤΣΙΚΟΥΡΑ ΣΟΦΙΑ Γυναίκα	00:00:00 00:00:00	00:04:59 00:04:59	00:06:46 00:06:46	00:12:12 00:12:12	00:14:03 00:14:03	00:19:25 00:19:25	00:21:10 00:21:10
23	23	19	4086	ΔΗΜΗΤΡΑΚΟΠΟΥΛΟΣ ΧΡΥΣΟΒΑΛΑΝΤΗΣ Άνδρας ΣΔΥΑ	00:00:03 00:00:00	00:05:11 00:05:09	00:06:57 00:06:55	00:12:17 00:12:14	00:14:05 00:14:03	00:19:29 00:19:27	00:21:15 00:21:12
24	24	20	4315	ΣΤΕΡΓΙΟΠΟΥΛΟΣ ΧΡΗΣΤΟΣ Άνδρας	00:00:00 00:00:00	00:05:09 00:05:09	00:06:56 00:06:56	00:12:20 00:12:20	00:14:10 00:14:10	00:19:31 00:19:31	00:21:16 00:21:16
25	25	21	4336	ΜΑΥΡΑΝΤΩΝΗΣ ΔΗΜΗΤΡΙΟΣ Άνδρας	00:00:03 00:00:00	00:05:18 00:05:16	00:07:04 00:07:02	00:12:25 00:12:22	00:14:12 00:14:09	00:19:39 00:19:37	00:21:21 00:21:19
26	26	22	4105	ΚΑΛΟΠΗΤΑΣ ΧΡΗΣΤΟΣ Άνδρας	00:00:07 00:00:00	00:05:07 00:05:01	00:06:53 00:06:46	00:12:21 00:12:14	00:14:10 00:14:04	00:19:48 00:19:41	00:21:24 00:21:17
27	27	23	4213	ΡΟΥΓΓΕΡΗΣ ΑΝΤΩΝΗΣ Άνδρας ΣΑΦΑΝΣ / ΤΟΡ CYCLES / ΤΗΝΙΟΙ ΔΡΟΜΕΙΣ	00:00:03 00:00:00	00:05:06 00:05:03	00:06:52 00:06:49	00:12:19 00:12:16	00:14:11 00:14:08	00:19:37 00:19:34	00:21:26 00:21:23
28	28	24	4322	ΚΑΡΑΠΕΤΣΑΝΗΣ ΑΘΑΝΑΣΙΟΣ Άνδρας	00:00:07 00:00:00	00:05:19 00:05:12	00:07:04 00:06:57	00:12:22 00:12:16	00:14:11 00:14:05	00:19:49 00:19:42	00:21:32 00:21:26
29	29	25	4209	ΡΑΖΕΛΟΣ ΔΗΜΗΤΡΙΟΣ Άνδρας ΣΔΥΑ	00:00:04 00:00:00	00:04:59 00:04:55	00:06:45 00:06:41	00:12:09 00:12:05	00:14:03 00:14:00	00:19:41 00:19:37	00:21:35 00:21:31
30	30	26	4115	ΚΙΟΣΣΕΣ ΣΤΕΡΓΙΟΣ Άνδρας ΣΔΥΑ	00:00:10 00:00:00	00:05:25 00:05:16	00:07:10 00:07:01	00:12:32 00:12:23	00:14:22 00:14:12	00:19:51 00:19:41	00:21:38 00:21:28
31	31	27	4250	ΦΡΑΓΚΟΥΛΗΣ ΙΩΑΝΝΗΣ Άνδρας	00:00:02 00:00:00	00:05:00 00:04:59	00:06:47 00:06:45	00:12:16 00:12:14	00:14:13 00:14:11	00:19:54 00:19:52	00:21:41 00:21:39
32	32	28	4168	ΜΠΟΥΚΑΣ ΑΘΑΝΑΣΙΟΣ Άνδρας ΑΠΟΛΛΩΝ ΔΥΤΙΚΗΣ ΑΤΤΙΚΗΣ	00:00:05 00:00:00	00:05:16 00:05:12	00:07:03 00:06:58	00:12:32 00:12:28	00:14:24 00:14:19	00:19:56 00:19:51	00:21:43 00:21:39
33	33	5	4258	ΔΙΑΜΑΝΤΕΑ ΡΟΔΑΝΘΗ - ΝΙΚΗ Γυναίκα SANTA RUNNING TEAM	00:00:02 00:00:00	00:04:59 00:04:58	00:06:45 00:06:44	00:12:12 00:12:11	00:14:10 00:14:08	00:19:47 00:19:45	00:21:45 00:21:44
34	34	29	4179	ΞΑΡΧΑΚΟΣ ΔΗΜΗΤΡΙΟΣ Άνδρας ΣΔΥΑ	00:00:02 00:00:00	00:04:43 00:04:41	00:06:46 00:06:44	00:13:02 00:13:00	00:14:58 00:14:56	00:20:11 00:20:09	00:21:55 00:21:54
35	35	30	4399	SEDIG DANA Άνδρας PROJECT HIWA	00:00:02 00:00:00	00:05:15 00:05:14	00:07:02 00:07:01	00:12:29 00:12:28	00:14:23 00:14:22	00:20:17 00:20:16	00:22:01 00:22:00

A/A	Σειρά	Σειρά /Φύλο	BIB	Όνομα Φύλο Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	1,23km	1,66km	2,9km	3,33km	4,57km	Finish
36	36	31	4380	ΠΑΠΑΓΙΑΝΝΗΣ ΘΕΟΔΩΡΟΣ Άνδρας	00:00:04 00:00:00	00:05:10 00:05:06	00:07:00 00:06:57	00:12:31 00:12:27	00:14:31 00:14:27	00:20:11 00:20:08	00:22:03 00:21:59
37	37	32	4306	ΜΠΟΥΖΑΣ ΓΕΩΡΓΙΟΣ Άνδρας Π Φαληρο	00:00:00 00:00:00	00:04:58 00:04:58	00:06:44 00:06:44	00:12:23 00:12:23	00:14:16 00:14:16	00:20:15 00:20:15	00:22:09 00:22:09
38	38	33	4149	ΜΑΧΑΙΡΑΣ ΝΙΚΟΣ Άνδρας NOVASPORTS RUNNING TEAM	00:00:08 00:00:00	00:05:48 00:05:40	00:07:41 00:07:33	00:13:09 00:13:01	00:14:59 00:14:51	00:20:27 00:20:19	00:22:12 00:22:05
39	39	34	4117	ΚΛΩΤΣΑΣ ΑΡΙΣΤΕΙΔΗΣ Άνδρας Αθηνα	00:00:15 00:00:00	00:05:39 00:05:24	00:07:27 00:07:12	00:13:04 00:12:49	00:14:57 00:14:43	00:20:47 00:20:33	00:22:34 00:22:19
40	40	35	4397	DIN MOHAMMADI SATTAR Άνδρας PROJECT HIWA	00:00:02 00:00:00	00:05:28 00:05:27	00:07:25 00:07:23	00:13:23 00:13:22	00:15:24 00:15:22	00:21:16 00:21:14	00:22:59 00:22:58
41	41	36	4219	ΣΙΟΥΛΑΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας ΤΕΛΜΗΣΣΟΣ	00:00:10 00:00:00	00:05:44 00:05:35	00:07:38 00:07:29	00:13:25 00:13:15	00:15:24 00:15:15	00:21:24 00:21:14	00:23:11 00:23:01
42	42	37	4214	ΣΑΚΕΛΛΑΡΗΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας SPARTAN CROSS	00:00:14 00:00:00	00:05:34 00:05:20	00:07:22 00:07:09	00:13:05 00:12:52	00:15:02 00:14:49	00:21:11 00:20:58	00:23:12 00:22:59
43	43	38	4252	ΦΩΤΙΑΔΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας	00:00:09 00:00:00	00:05:33 00:05:24	00:07:27 00:07:18	00:13:12 00:13:03	00:15:17 00:15:08	00:21:18 00:21:10	00:23:14 00:23:05
44	44	39	4351	ΠΑΓΚΑΛΑΚΗΣ ΝΙΚΟΛΑΟΣ Άνδρας ΣΑΦΑΝΣ	00:00:09 00:00:00	00:05:50 00:05:41	00:07:46 00:07:37	00:13:48 00:13:39	00:15:46 00:15:38	00:21:37 00:21:28	00:23:33 00:23:24
45	45	40	4379	ΠΑΠΑΔΑΚΗΣ ΑΓΓΕΛΟΣ - ΧΑΡΙΤΟΣ Άνδρας	00:00:05 00:00:00	00:05:35 00:05:31	00:07:30 00:07:25	00:13:33 00:13:29	00:15:40 00:15:35	00:21:52 00:21:48	00:23:35 00:23:31
46	46	41	4321	ΔΗΜΗΤΡΑΚΑΚΗΣ ΝΙΚΟΛΑΟΣ Άνδρας Αθήνα	00:00:04 00:00:00	00:05:33 00:05:30	00:07:28 00:07:24	00:13:37 00:13:34	00:15:42 00:15:39	00:22:01 00:21:57	00:23:55 00:23:51
47	47	42	4097	ΘΕΟΔΩΡΟΥ ΝΑΣΟΣ Άνδρας	00:00:04 00:00:00	00:05:34 00:05:30	00:07:29 00:07:25	00:13:28 00:13:24	00:15:34 00:15:30	00:21:52 00:21:49	00:23:57 00:23:53
48	48	43	4202	ΠΕΤΡΑΤΟΣ ΣΤΕΛΙΟΣ Άνδρας Adidas Runners	00:00:12 00:00:00	00:05:52 00:05:41	00:07:48 00:07:37	00:13:55 00:13:44	00:15:57 00:15:46	00:22:04 00:21:53	00:24:02 00:23:51
49	49	44	4215	ΣΑΚΚΑΣ ΗΛΙΑΣ Άνδρας	00:00:10 00:00:00	00:06:04 00:05:55	00:08:02 00:07:53	00:14:01 00:13:51	00:16:01 00:15:51	00:22:05 00:21:56	00:24:03 00:23:53
50	50	45	4360	ΗΛΙΟΠΟΥΛΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας	00:00:18 00:00:00	00:06:03 00:05:45	00:08:02 00:07:45	00:13:59 00:13:42	00:16:00 00:15:43	00:22:16 00:21:59	00:24:03 00:23:46
51	51	46	4188	ΠΑΠΑΓΙΑΝΝΑΚΗΣ ΙΩΑΝΝΗΣ Άνδρας	00:00:07 00:00:00	00:05:58 00:05:51	00:07:57 00:07:50	00:14:06 00:14:00	00:16:08 00:16:01	00:22:18 00:22:11	00:24:07 00:24:01
52	52	6	4302	ΜΟΥΛΙΜΗ ΝΙΚΟΛΙΝΑ Γυναίκα GOLDEN GYM	00:00:17 00:00:00	00:06:06 00:05:49	00:08:06 00:07:49	00:14:05 00:13:48	00:16:09 00:15:52	00:22:13 00:21:56	00:24:20 00:24:03
53	53	47	4196	ΠΑΠΑΝΔΡΕΟΥ ΧΡΥΣΟΒΑΛΑΝΤΗΣ Άνδρας	00:00:12 00:00:00	00:06:05 00:05:53	00:08:06 00:07:54	00:14:12 00:14:01	00:16:13 00:16:01	00:22:26 00:22:14	00:24:25 00:24:13
54	54	48	4070	ΑΥΦΑΝΤΗΣ ΒΑΣΙΛΗΣ Άνδρας	00:00:09 00:00:00	00:06:04 00:05:55	00:08:08 00:07:59	00:14:10 00:14:01	00:16:13 00:16:04	00:22:22 00:22:13	00:24:26 00:24:17
55	55	7	4345	ΒΛΑΧΟΓΙΑΝΝΗ ΜΑΡΙΑΝΝΑ Γυναίκα	00:00:00 00:00:00	00:05:24 00:05:24	00:07:26 00:07:26	00:14:00 00:14:00	00:16:08 00:16:08	00:22:31 00:22:31	00:24:31 00:24:31
56	56	49	4265	ΜΑΚΡΗΣ ΙΩΑΝΝΗΣ Άνδρας SANTA RUNNING TEAM	00:00:03 00:00:00	00:05:56 00:05:53	00:08:01 00:07:59	00:14:09 00:14:06	00:16:15 00:16:12	00:22:32 00:22:30	00:24:31 00:24:29
57	57	50	4172	ΝΑΣΛ ΠΑΚ ΑΡΗΣ Άνδρας	00:00:13 00:00:00	00:06:20 00:06:07	00:08:19 00:08:06	00:14:19 00:14:06	00:16:21 00:16:09	00:22:32 00:22:19	00:24:31 00:24:19
58	58	51	4005	ΣΤΟΓΙΑΝΝΟΣ ΜΑΡΙΟΣ Άνδρας	00:00:19 00:00:00	00:06:12 00:05:53	00:08:12 00:07:54	00:14:12 00:13:54	00:16:18 00:16:00	00:22:32 00:22:14	00:24:32 00:24:14
59	59	52	4120	ΚΟΝΔΗΣ ΒΛΑΣΗΣ Άνδρας -	00:00:07 00:00:00	00:05:52 00:05:46	00:07:52 00:07:45	00:13:54 00:13:47	00:15:57 00:15:50	00:22:25 00:22:18	00:24:37 00:24:30
60	60	53	4317	ΣΩΤΗΡΙΟΥ ΑΝΑΣΤΑΣΙΟΣ Άνδρας	00:00:08 00:00:00	00:06:20 00:06:13	00:08:22 00:08:15	00:14:37 00:14:30	00:16:40 00:16:33	00:22:46 00:22:39	00:24:38 00:24:31
61	61	54	4230	ΣΤΑΥΡΟΠΟΥΛΟΣ ΝΙΚΟΛΑΟΣ Άνδρας	00:00:08 00:00:00	00:06:33 00:06:26	00:08:41 00:08:34	00:14:50 00:14:42	00:16:45 00:16:38	00:22:47 00:22:40	00:24:38 00:24:31
62	62	8	4212	ΡΑΥΤΟΠΟΥΛΟΥ ΚΑΤΕΡΙΝΑ Γυναίκα NOVASPORTS RUNNING TEAM	00:00:08 00:00:00	00:05:49 00:05:41	00:07:44 00:07:36	00:14:08 00:14:00	00:16:15 00:16:08	00:22:39 00:22:31	00:24:39 00:24:31
63	63	55	4297	ΛΑΜΠΡΟΠΟΥΛΟΣ ΣΤΑΜΑΤΙΟΣ Άνδρας ΠΕΡΙΚΛΗΣ ΔΗΜΗΤΡΙΟΥ (ΚΥΠΡΟΣ)	00:00:21 00:00:00	00:06:30 00:06:09	00:08:33 00:08:12	00:14:32 00:14:11	00:16:33 00:16:12	00:22:39 00:22:19	00:24:42 00:24:21
64	64	56	4066	ΑΡΓΥΡΑΚΟΠΟΥΛΟΣ ΘΕΜΙΣΤΟΚΛΗΣ Άνδρας	00:00:11 00:00:00	00:06:27 00:06:16	00:08:33 00:08:22	00:14:45 00:14:34	00:16:51 00:16:40	00:22:57 00:22:47	00:24:54 00:24:43
65	65	57	4337	ΜΑΥΡΑΝΤΩΝΗΣ ΠΛΑΤΩΝ Άνδρας	00:00:04 00:00:00	00:05:32 00:05:29	00:07:28 00:07:25	00:14:07 00:14:04	00:16:12 00:16:09	00:22:52 00:22:49	00:24:57 00:24:54
66	66	58	4145	ΜΑΝΔΡΕΚΑΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας	00:00:05 00:00:00	00:06:16 00:06:11	00:08:27 00:08:22	00:14:39 00:14:34	00:16:44 00:16:40	00:22:57 00:22:52	00:25:02 00:24:57
67	67	59	4264	ΚΩΝΣΤΑΝΤΑΚΟΠΟΥΛΟΣ ΣΤΑΥΡΟΣ Άνδρας SANTA RUNNING TEAM	00:00:03 00:00:00	00:05:59 00:05:56	00:08:01 00:07:58	00:14:28 00:14:25	00:16:35 00:16:32	00:23:04 00:23:01	00:25:04 00:25:01
68	68	60	4189	ΠΑΠΑΓΙΑΝΝΑΚΗΣ ΜΑΝΩΛΗΣ Άνδρας	00:00:06 00:00:00	00:05:58 00:05:52	00:07:56 00:07:51	00:14:14 00:14:09	00:16:27 00:16:22	00:23:06 00:23:01	00:25:09 00:25:03
69	69	61	4194	ΠΑΠΑΛΥΜΠΕΡΗΣ ΠΑΝΤΕΛΗΣ Άνδρας MAGΕΙΑ Α.С.	00:00:29 00:00:00	00:06:49 00:06:21	00:08:52 00:08:23	00:14:57 00:14:29	00:17:05 00:16:36	00:23:23 00:22:54	00:25:25 00:24:56
70	70	9	4346	ΣΟΥΡΟΒΕΛΗ ΚΩΝΣΤΑΝΤΙΝΑ Γυναίκα	00:00:06 00:00:00	00:06:35 00:06:30	00:08:44 00:08:38	00:15:05 00:15:00	00:17:16 00:17:11	00:23:35 00:23:29	00:25:34 00:25:29

A/A	Σειρά	Σειρά /Φύλο	BIB	Όνομα Φύλο Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	1,23km	1,66km	2,9km	3,33km	4,57km	Finish
71	71	10	4271	ΠΟΛΥΖΟΥ ANNA Γυναίκα SANTA RUNNING TEAM	00:00:05 00:00:00	00:05:59 00:05:55	00:08:03 00:07:58	00:14:31 00:14:26	00:16:43 00:16:39	00:23:34 00:23:30	00:25:40 00:25:36
72	72	62	4326	BARRION MR ROMY Άνδρας Pilipinas Running Team - Greece	00:00:16 00:00:00	00:07:02 00:06:47	00:09:11 00:08:55	00:15:20 00:15:05	00:17:20 00:17:05	00:23:40 00:23:25	00:25:41 00:25:26
73	73	63	4237	ΤΡΙΑΝΤΑΦΥΛΛΟΥ ANΔΡΕΑΣ Άνδρας	00:00:04 00:00:00	00:06:18 00:06:14	00:08:25 00:08:21	00:14:44 00:14:40	00:17:00 00:16:56	00:23:41 00:23:37	00:25:43 00:25:39
74	74	11	4083	ΔΑΜΟΡΑΚΗ ΠΑΝΑΓΙΩΤΑ Γυναίκα Novasports Running Team	00:00:21 00:00:00	00:07:09 00:06:48	00:09:17 00:08:56	00:15:31 00:15:10	00:17:37 00:17:16	00:23:43 00:23:22	00:25:44 00:25:23
75	75	12	4298	ΛΑΜΠΡΟΠΟΥΛΟΥ ΔΕΣΠΟΙΝΑ Γυναίκα	00:00:07 00:00:00	00:06:23 00:06:16	00:08:28 00:08:21	00:14:47 00:14:40	00:17:00 00:16:53	00:23:36 00:23:29	00:25:47 00:25:40
76	76	64	4301	ΛΥΤΡΑΣ ΑΘΑΝΑΣΙΟΣ Άνδρας	00:00:17 00:00:00	00:06:22 00:06:05	00:08:25 00:08:08	00:14:58 00:14:41	00:17:13 00:16:56	00:23:54 00:23:37	00:25:54 00:25:37
77	77	13	4080	ΓΚΙΒΑΛΟΥ ΛΗΔΑ Γυναίκα Crossfit Chalandri	00:00:06 00:00:00	00:06:19 00:06:13	00:08:25 00:08:19	00:14:54 00:14:48	00:17:08 00:17:02	00:23:47 00:23:41	00:25:56 00:25:50
78	78	65	4375	ΚΑΡΠΟΥΖΗΣ ΝΙΚΟΣ Άνδρας	00:00:17 00:00:00	00:06:43 00:06:27	00:08:52 00:08:35	00:15:19 00:15:02	00:17:30 00:17:14	00:24:09 00:23:52	00:26:08 00:25:51
79	79	66	4108	ΚΑΠΕΛΛΟΣ ΧΑΡΗΣ Άνδρας	00:00:13 00:00:00	00:06:42 00:06:29	00:08:52 00:08:39	00:15:17 00:15:04	00:17:25 00:17:12	00:24:10 00:23:58	00:26:09 00:25:57
80	80	67	4141	ΛΙΑΡΑΜΑΝΤΖΑΣ ΓΕΩΡΓΙΟΣ Άνδρας	00:00:13 00:00:00	00:06:32 00:06:19	00:08:38 00:08:25	00:15:03 00:14:50	00:17:16 00:17:03	00:23:56 00:23:43	00:26:09 00:25:57
81	81	68	4054	ΑΛΕΞΑΝΔΡΟΠΟΥΛΟΣ ΕΛΕΥΘΕΡΙΟΣ Άνδρας ΣΑΛΑΜΙΝΑ	00:00:04 00:00:00	00:05:56 00:05:53	00:08:04 00:08:01	00:14:55 00:14:51	00:17:18 00:17:14	00:24:13 00:24:09	00:26:16 00:26:12
82	82	69	4226	ΣΤΑΚΤΟΠΟΥΛΟΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας	00:00:06 00:00:00	00:05:57 00:05:52	00:08:00 00:07:55	00:14:52 00:14:47	00:17:14 00:17:09	00:24:13 00:24:08	00:26:20 00:26:14
83	83	70	4176	ΝΙΝΗΣ ΓΕΩΡΓΙΟΣ Άνδρας	00:00:04 00:00:00	00:05:57 00:05:54	00:08:08 00:08:05	00:15:07 00:15:04	00:17:19 00:17:15	00:24:11 00:24:08	00:26:20 00:26:17
84	84	71	4361	ΤΣΙΡΕΒΕΛΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας	00:00:02 00:00:00	00:06:28 00:06:26	00:08:44 00:08:42	00:15:59 00:15:58	00:18:05 00:18:03	00:24:24 00:24:22	00:26:22 00:26:20
85	85	72	4079	ΓΙΑΝΝΙΚΙΟΣ ΣΠΥΡΙΔΩΝ Άνδρας	00:00:11 00:00:00	00:06:32 00:06:21	00:08:40 00:08:29	00:15:27 00:15:17	00:17:39 00:17:29	00:24:38 00:24:27	00:26:25 00:26:14
86	86	73	4010	ΣΑΗΓΙΑΝ ΔΕΜΕΤΡΙΟΣ Άνδρας Pilipinas Running Team - Greece	00:00:11 00:00:00	00:07:21 00:07:10	00:09:31 00:09:20	00:15:57 00:15:46	00:18:02 00:17:51	00:24:32 00:24:21	00:26:26 00:26:15
87	87	74	4118	ΚΟΚΙΟΣ ΑΓΗΣΙΛΑΟΣ Άνδρας	00:00:14 00:00:00	00:06:57 00:06:43	00:09:08 00:08:55	00:15:44 00:15:30	00:17:58 00:17:44	00:24:26 00:24:13	00:26:26 00:26:13
88	88	75	4144	ΜΑΛΙΔΕΡΟΣ ΘΕΟΔΩΡΟΣ Άνδρας Polias Runners	00:00:28 00:00:00	00:07:45 00:07:18	00:09:59 00:09:32	00:16:16 00:15:49	00:18:23 00:17:56	00:24:35 00:24:08	00:26:35 00:26:08
89	89	76	4228	ΣΤΑΥΡΙΔΗΣ ΑΝΤΩΝΙΟΣ Άνδρας Deutsche Schule Athen Running Team	00:00:15 00:00:00	00:06:46 00:06:32	00:08:54 00:08:40	00:15:29 00:15:15	00:17:45 00:17:31	00:24:30 00:24:16	00:26:41 00:26:27
90	90	14	4068	ΑΡΜΑΟΥ ΕΛΕΝΗ Γυναίκα ADIDAS RUNNERS ATHENS	00:00:09 00:00:00	00:06:47 00:06:38	00:08:54 00:08:45	00:15:22 00:15:14	00:17:38 00:17:29	00:24:36 00:24:28	00:26:49 00:26:40
91	91	15	4184	ΠΑΝΑΓΙΩΤΟΠΟΥΛΟΥ ΈΛΕΝΑ Γυναίκα	00:00:09 00:00:00	00:06:47 00:06:39	00:09:02 00:08:54	00:15:44 00:15:35	00:18:00 00:17:52	00:24:39 00:24:30	00:26:49 00:26:41
92	92	16	4227	ΣΤΑΜΑΤΙΟΥ ΑΡΓΥΡΩ Γυναίκα ACTIVE GYM	00:00:09 00:00:00	00:06:43 00:06:34	00:08:52 00:08:43	00:15:26 00:15:18	00:17:40 00:17:32	00:24:35 00:24:27	00:26:52 00:26:43
93	93	77	4069	ΑΡΜΥΡΟΣ ΣΠΥΡΟΣ Άνδρας POLIAS RUNNERS	00:00:17 00:00:00	00:07:03 00:06:47	00:09:16 00:09:00	00:15:46 00:15:30	00:18:05 00:17:48	00:24:44 00:24:27	00:26:53 00:26:36
94	94	17	4139	ΛΕΒΕΝΤΕΡΗ ΛΗΔΑ Γυναίκα	00:00:03 00:00:00	00:06:37 00:06:35	00:08:55 00:08:53	00:15:43 00:15:41	00:17:59 00:17:57	00:24:47 00:24:45	00:26:56 00:26:54
95	95	78	4246	ΤΣΟΥΡΛΑΚΗΣ ΟΔΥΣΣΕΑΣ Άνδρας	00:00:18 00:00:00	00:06:41 00:06:24	00:08:56 00:08:39	00:15:38 00:15:21	00:17:56 00:17:39	00:24:49 00:24:32	00:27:00 00:26:42
96	96	79	4153	ΜΟΝΟΒΑΣΙΟΣ ΣΤΕΦΑΝΟΣ Άνδρας ΣΔΥ Αθήνας	00:00:33 00:00:00	00:07:08 00:06:35	00:09:19 00:08:46	00:16:02 00:15:29	00:18:16 00:17:43	00:25:02 00:24:29	00:27:05 00:26:33
97	97	80	4181	ΞΟΥΡΓΙΑΣ ΘΕΟΦΑΝΗΣ Άνδρας	00:00:05 00:00:00	00:06:31 00:06:26	00:08:49 00:08:44	00:15:40 00:15:35	00:18:01 00:17:56	00:24:58 00:24:54	00:27:06 00:27:01
98	98	81	4243	ΤΣΟΛΚΑΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας	00:00:10 00:00:00	00:06:42 00:06:32	00:08:54 00:08:44	00:15:41 00:15:31	00:18:00 00:17:50	00:24:54 00:24:44	00:27:08 00:26:58
99	99	82	4276	ΓΑΪΤΑΝΟΣ ΦΩΤΗΣ Άνδρας	00:00:26 00:00:00	00:07:14 00:06:48	00:09:23 00:08:57	00:15:50 00:15:24	00:18:06 00:17:40	00:24:57 00:24:31	00:27:09 00:26:43
100	100	18	4268	ΝΤΖΙΑΒΙΔΑ ΣΟΦΙΑ Γυναίκα SANTA RUNNING TEAM	00:00:04 00:00:00	00:06:50 00:06:46	00:09:10 00:09:06	00:16:00 00:15:56	00:18:10 00:18:07	00:24:57 00:24:54	00:27:10 00:27:06
101	101	83	4341	SORIOSO ROY Άνδρας Pilipinas Running Team - Greece	00:00:17 00:00:00	00:07:16 00:06:59	00:09:23 00:09:06	00:16:03 00:15:46	00:18:18 00:18:01	00:25:06 00:24:49	00:27:19 00:27:02
102	102	84	4045	SAMPALIS HARIS Άνδρας Novasports Running Team	00:00:05 00:00:00	00:06:34 00:06:30	00:08:48 00:08:44	00:15:43 00:15:39	00:18:02 00:17:58	00:25:07 00:25:03	00:27:19 00:27:15
103	103	85	4334	LUMABAN MON Άνδρας Pilipinas Running Team - Greece	00:00:16 00:00:00	00:07:00 00:06:44	00:09:13 00:08:57	00:15:51 00:15:35	00:18:09 00:17:53	00:25:03 00:24:47	00:27:21 00:27:05
104	104	86	4292	ΚΑΛΑΝΤΖΗΣ ΦΩΤΙΟΣ Άνδρας ΣΔΥΑ	00:00:12 00:00:00	00:07:09 00:06:58	00:09:20 00:09:09	00:16:02 00:15:51	00:18:20 00:18:09	00:25:15 00:25:04	00:27:25 00:27:14
105	105	87	4071	ΒΑΝΙΚΙΩΤΗΣ ΝΙΚΟΛΑΣ Άνδρας	00:00:17 00:00:00	00:06:41 00:06:25	00:08:56 00:08:40	00:15:38 00:15:21	00:17:56 00:17:39	00:25:02 00:24:45	00:27:26 00:27:10



A/A	Σειρά	Σειρά /Φύλο	BIB	Όνομα Φύλο Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	1,23km	1,66km	2,9km	3,33km	4,57km	Finish
141	141	115	4319	ΤΣΙΜΠΟΥΡΗΣ ΒΑΛΑΝΤΗΣ Άνδρας novasports running team	00:00:20 00:00:00	00:07:28 00:07:08	00:09:45 00:09:25	00:16:54 00:16:34	00:19:24 00:19:04	00:26:52 00:26:32	00:29:23 00:29:03
142	142	116	4279	ΑΓΓΕΛΗΣ ΒΑΣΙΛΗΣ Άνδρας NOVASPORTS RUNNING TEAM	00:00:21 00:00:00	00:07:33 00:07:13	00:09:48 00:09:28	00:16:49 00:16:29	00:19:12 00:18:52	00:26:53 00:26:32	00:29:23 00:29:03
143	143	27	4043	OLIVEIRA LUCIANA Γυναίκα	00:00:12 00:00:00	00:07:00 00:06:48	00:09:18 00:09:06	00:16:50 00:16:39	00:19:19 00:19:08	00:26:57 00:26:46	00:29:24 00:29:13
144	144	28	4235	ΤΕΡΖΙΔΗ ΕΛΙΖΑ Γυναίκα	00:00:07 00:00:00	00:07:46 00:07:40	00:10:19 00:10:13	00:17:43 00:17:37	00:20:07 00:20:01	00:27:24 00:27:18	00:29:30 00:29:24
145	145	117	4161	ΜΠΑΡΤΖΗΣ ΑΘΑΝΑΣΙΟΣ Άνδρας	00:00:21 00:00:00	00:07:03 00:06:42	00:09:14 00:08:54	00:16:49 00:16:29	00:19:22 00:19:02	00:27:24 00:27:03	00:29:31 00:29:11
146	146	118	4175	ΝΙΚΟΛΑΟΥ ΝΙΚΟΛΑΟΣ Άνδρας	00:00:36 00:00:00	00:09:00 00:08:25	00:11:29 00:10:54	00:18:26 00:17:50	00:20:42 00:20:07	00:27:25 00:26:50	00:29:33 00:28:58
147	147	119	4294	ΚΑΡΑΝΔΡΕΑΣ ΒΑΣΙΛΕΙΟΣ Άνδρας	00:00:12 00:00:00	00:07:33 00:07:22	00:10:04 00:09:52	00:17:32 00:17:21	00:19:59 00:19:48	00:27:23 00:27:11	00:29:35 00:29:23
148	148	120	4190	ΠΑΠΑΔΗΜΗΤΡΙΟΥ ΧΡΥΣΟΣΤΟΜΟΣ Άνδρας	00:00:08 00:00:00	00:07:13 00:07:05	00:09:32 00:09:25	00:16:35 00:16:28	00:19:10 00:19:03	00:27:04 00:26:57	00:29:38 00:29:30
149	149	121	4011	GARCIA DANIEL Άνδρας Piliipinas Running Team - Greece	00:00:12 00:00:00	00:07:23 00:07:12	00:09:34 00:09:23	00:17:03 00:16:52	00:19:27 00:19:16	00:27:16 00:27:05	00:29:39 00:29:28
150	150	122	4004	ΚΟΝΤΟΚΩΣΤΑΣ ΧΡΥΣΟΣΤΟΜΟΣ Άνδρας	00:00:21 00:00:00	00:07:55 00:07:35	00:10:25 00:10:05	00:17:45 00:17:25	00:20:17 00:19:57	00:27:29 00:27:09	00:29:40 00:29:20
151	151	123	4163	ΜΠΙΛΛΙΑΣ ΙΩΑΝΝΗΣ Άνδρας ΣΕΒΑΣ ΣΑΛΑΜΙΝΑΣ	00:00:18 00:00:00	00:07:40 00:07:23	00:10:09 00:09:52	00:17:33 00:17:16	00:19:59 00:19:41	00:27:27 00:27:09	00:29:41 00:29:24
152	152	29	4283	ΑΡΒΑΝΙΤΟΥ ΜΑΡΙΑ Γυναίκα	00:00:18 00:00:00	00:06:46 00:06:29	00:09:07 00:08:49	00:16:43 00:16:25	00:19:21 00:19:04	00:27:18 00:27:01	00:29:42 00:29:25
153	153	124	4295	ΚΙΑΜΟΣ ΔΗΜΗΤΡΗΣ Άνδρας	00:00:12 00:00:00	00:07:00 00:06:49	00:09:25 00:09:13	00:16:58 00:16:47	00:19:32 00:19:21	00:27:10 00:26:59	00:29:43 00:29:32
154	154	125	4035	GROOTEN MARTIJN Άνδρας Athens	00:00:42 00:00:00	00:08:44 00:08:03	00:11:07 00:10:26	00:18:08 00:17:27	00:20:28 00:19:47	00:27:33 00:26:52	00:29:45 00:29:04
155	155	126	4366	ΚΑΤΤΗΣ ΑΝΕΣΤΗΣ Άνδρας	00:00:26 00:00:00	00:08:07 00:07:41	00:10:29 00:10:03	00:17:47 00:17:21	00:20:12 00:19:47	00:27:30 00:27:04	00:29:47 00:29:21
156	156	127	4217	ΣΕΒΑΣΤΟΣ ΝΙΚΟΣ Άνδρας	00:00:15 00:00:00	00:07:16 00:07:01	00:09:45 00:09:30	00:17:08 00:16:54	00:19:44 00:19:29	00:27:21 00:27:06	00:29:50 00:29:35
157	157	128	4113	ΚΕΡΑΜΥΔΑΣ ΔΗΜΗΤΡΙΟΣ Άνδρας ATHENS	00:00:18 00:00:00	00:07:48 00:07:30	00:10:16 00:09:58	00:17:45 00:17:28	00:20:11 00:19:54	00:27:35 00:27:18	00:30:04 00:29:47
158	158	30	4074	ΒΙΔΡΑ ΜΑΡΓΑΡΙΤΑ Γυναίκα	00:00:21 00:00:00	00:07:53 00:07:33	00:10:25 00:10:05	00:17:56 00:17:36	00:20:23 00:20:03	00:27:50 00:27:30	00:30:08 00:29:48
159	159	31	4112	ΚΑΤΣΙΚΑΡΗ ΜΑΡΙΑ Γυναίκα SKY WOMEN RUNNING TEAM	00:00:17 00:00:00	00:07:48 00:07:32	00:10:11 00:09:54	00:17:27 00:17:10	00:19:57 00:19:41	00:27:37 00:27:20	00:30:11 00:29:54
160	160	129	4239	ΤΣΑΛΤΑΚΗΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	00:00:32 00:00:00	00:07:39 00:07:07	00:10:07 00:09:35	00:17:39 00:17:07	00:20:11 00:19:40	00:27:45 00:27:13	00:30:14 00:29:42
161	161	32	4328	ΧΑΤΖΗΧΡΗΣΤΟΔΟΥΛΟΥ ΓΡΗΓΟΡΙΑ Γυναίκα	00:00:28 00:00:00	00:08:43 00:08:15	00:11:15 00:10:48	00:18:20 00:17:53	00:20:45 00:20:18	00:27:56 00:27:28	00:30:19 00:29:52
162	162	130	4327	ΣΦΑΚΙΑΝΟΠΟΥΛΟΣ ΒΑΣΙΛΗΣ Άνδρας	00:00:28 00:00:00	00:08:43 00:08:15	00:11:16 00:10:48	00:18:20 00:17:53	00:20:45 00:20:18	00:27:56 00:27:28	00:30:19 00:29:52
163	163	131	4037	KATSOUΛIS GIORGOS Άνδρας A. O. FILIATRON	00:00:23 00:00:00	00:07:52 00:07:29	00:10:19 00:09:56	00:17:51 00:17:28	00:20:20 00:19:57	00:28:02 00:27:39	00:30:24 00:30:01
164	164	132	4240	ΤΣΕΛΙΚΗΣ ΘΕΟΧΑΡΗΣ Άνδρας	00:00:05 00:00:00	00:07:29 00:07:24	00:09:56 00:09:52	00:17:40 00:17:36	00:20:06 00:20:02	00:27:32 00:27:28	00:30:27 00:30:23
165	165	133	4073	ΒΕΝΙΕΡΑΚΗΣ ΔΗΜΗΤΡΗΣ Άνδρας	00:00:23 00:00:00	00:07:56 00:07:33	00:10:22 00:10:00	00:18:06 00:17:44	00:20:28 00:20:05	00:28:12 00:27:49	00:30:28 00:30:06
166	166	134	4084	ΔΕΔΟΥΣΗΣ ΝΙΚΟΣ Άνδρας	00:00:06 00:00:00	00:06:50 00:06:45	00:09:21 00:09:15	00:17:13 00:17:08	00:19:54 00:19:48	00:27:55 00:27:49	00:30:29 00:30:23
167	167	135	4340	ΜΟΡΙΑΝΟΣ ΕΥΣΤΡΑΤΙΟΣ Άνδρας ΣΔΥΑ	00:00:15 00:00:00	00:07:59 00:07:45	00:10:27 00:10:13	00:17:54 00:17:40	00:20:23 00:20:09	00:28:05 00:27:51	00:30:30 00:30:16
168	168	136	4207	ΠΛΙΑΚΟΣ ΓΕΩΡΓΙΟΣ Άνδρας NOVASPORTSRUNNING TEAM	00:00:23 00:00:00	00:07:17 00:06:55	00:09:40 00:09:18	00:17:11 00:16:48	00:19:49 00:19:27	00:27:54 00:27:32	00:30:38 00:30:15
169	169	137	4094	ΕΛΜΑΤΖΟΓΛΟΥ ΓΙΑΝΝΗΣ Άνδρας	00:00:32 00:00:00	00:08:29 00:07:58	00:10:59 00:10:27	00:18:29 00:17:58	00:21:03 00:20:32	00:28:30 00:27:59	00:30:38 00:30:07
170	170	33	4307	ΝΙΝΟΥ ΠΑΡΑΣΚΕΥΗ Γυναίκα	00:00:09 00:00:00	00:07:33 00:07:24	00:10:03 00:09:54	00:17:46 00:17:38	00:20:27 00:20:19	00:28:18 00:28:10	00:30:46 00:30:37
171	171	138	4220	ΣΚΑΛΤΣΑΣ ΑΝΔΡΕΑΣ Άνδρας	00:00:09 00:00:00	00:07:33 00:07:24	00:10:03 00:09:54	00:17:46 00:17:38	00:20:27 00:20:19	00:28:18 00:28:10	00:30:46 00:30:38
172	172	139	4313	ΣΑΧΙΝΗΣ ΜΑΡΙΟΣ ΓΕΩΡΓΙΟΣ Άνδρας	00:00:21 00:00:00	00:07:31 00:07:10	00:09:58 00:09:37	00:17:32 00:17:11	00:20:06 00:19:46	00:28:17 00:27:56	00:30:49 00:30:28
173	173	34	4200	ΠΕΝΤΑΡΧΟΥ ΝΤΙΝΑ Γυναίκα	00:00:11 00:00:00	00:07:39 00:07:29	00:10:07 00:09:57	00:17:37 00:17:27	00:20:13 00:20:03	00:28:10 00:28:00	00:30:53 00:30:43
174	174	140	4103	ΚΑΘΕΡΗΣ ΔΗΜΗΤΡΗΣ Άνδρας ΣΔΥΑ	00:00:33 00:00:00	00:08:27 00:07:55	00:10:54 00:10:21	00:18:29 00:17:57	00:20:57 00:20:24	00:28:39 00:28:07	00:30:56 00:30:23
175	175	141	4385	ΣΤΕΜΠΙΛΗΣ ΟΔΥΣΣΕΑΣ Άνδρας	00:00:24 00:00:00	00:07:59 00:07:35	00:10:28 00:10:05	00:18:05 00:17:42	00:20:49 00:20:26	00:28:33 00:28:10	00:30:56 00:30:32

A/A	Σειρά	Σειρά /Φύλο	BIB	Όνομα Φύλο Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	1,23km	1,66km	2,9km	3,33km	4,57km	Finish
176	176	142	4167	ΜΠΟΤΖΙΟΛΗΣ ΔΗΜΗΤΡΗΣ Άνδρας	00:00:14 00:00:00	00:07:35 00:07:21	00:10:06 00:09:53	00:17:41 00:17:28	00:20:17 00:20:03	00:28:37 00:28:24	00:31:08 00:30:55
177	177	143	4299	ΛΙΝΑΡΔΑΚΗΣ ΙΩΑΝΝΗΣ Άνδρας ΠΑΛΑΙΟ ΦΑΛΗΡΟ	00:00:08 00:00:00	00:07:41 00:07:34	00:10:15 00:10:08	00:18:05 00:17:58	00:20:40 00:20:33	00:28:40 00:28:33	00:31:11 00:31:04
178	178	144	4343	ΔΙΑΚΟΥΜΗΣ ΧΡΗΣΤΟΣ Άνδρας	00:00:23 00:00:00	00:07:50 00:07:28	00:10:17 00:09:55	00:18:04 00:17:42	00:20:38 00:20:16	00:28:35 00:28:13	00:31:18 00:30:56
179	179	145	4338	ΕΞΑΡΧΟΣ ΗΛΙΑΣ Άνδρας	00:00:08 00:00:00	00:07:53 00:07:46	00:10:20 00:10:13	00:18:10 00:18:02	00:20:41 00:20:34	00:28:45 00:28:37	00:31:19 00:31:12
180	180	35	4314	ΣΠΗΛΙΟΠΟΥΛΟΥ ANNA Γυναίκα ATHENS	00:00:20 00:00:00	00:08:41 00:08:22	00:11:11 00:10:52	00:18:37 00:18:17	00:21:10 00:20:50	00:28:49 00:28:29	00:31:21 00:31:02
181	181	146	4077	ΓΕΩΡΓΙΑΔΗΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας	00:00:08 00:00:00	00:08:54 00:08:47	00:11:16 00:11:09	00:18:23 00:18:16	00:20:57 00:20:50	00:29:02 00:28:55	00:31:27 00:31:20
182	182	36	4125	ΚΟΥΚΟΥΤΣΗ ΜΑΡΙΑ Γυναίκα	00:00:39 00:00:00	00:09:01 00:08:22	00:11:30 00:10:52	00:18:54 00:18:16	00:21:19 00:20:41	00:29:09 00:28:31	00:31:32 00:30:53
183	183	37	4116	ΚΛΑΔΗ ΝΕΚΤΑΡΙΑ Γυναίκα ΣΔΥ ΑΘΗΝΩΝ	00:00:11 00:00:00	00:07:51 00:07:40	00:10:29 00:10:18	00:18:11 00:18:01	00:20:52 00:20:41	00:28:53 00:28:42	00:31:35 00:31:24
184	184	147	4085	ΔΕΚΑΒΑΛΛΑΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας Athens	00:00:15 00:00:00	00:07:21 00:07:06	00:09:51 00:09:36	00:17:50 00:17:36	00:20:49 00:20:35	00:29:08 00:28:53	00:31:42 00:31:27
185	185	38	4272	ΣΑΜΠΑΝΗ ΣΟΦΙΑΝΝΑ Γυναίκα SANTA RUNNING TEAM	00:00:03 00:00:00	00:07:30 00:07:27	00:10:13 00:10:11	00:19:00 00:18:58	00:21:49 00:21:47	00:29:39 00:29:36	00:31:44 00:31:42
186	186	148	4247	ΦΑΝΤΗΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας	00:00:24 00:00:00	00:08:32 00:08:09	00:11:00 00:10:37	00:18:12 00:17:49	00:20:41 00:20:18	00:28:55 00:28:32	00:31:45 00:31:21
187	187	149	4132	ΚΥΡΓΙΔΗΣ ΓΕΩΡΓΙΟΣ Άνδρας	00:00:36 00:00:00	00:08:31 00:07:56	00:11:00 00:10:25	00:18:48 00:18:13	00:21:23 00:20:48	00:29:16 00:28:41	00:31:50 00:31:15
188	188	39	4003	ΚΑΨΙΟΧΑ ΙΩΑΝΝΑ Γυναίκα	00:00:20 00:00:00	00:07:57 00:07:37	00:10:32 00:10:12	00:18:28 00:18:08	00:21:15 00:20:55	00:29:26 00:29:06	00:32:02 00:31:42
189	189	40	4160	ΜΠΑΡΛΑ ΜΑΡΙΝΑ Γυναίκα	00:00:07 00:00:00	00:08:01 00:07:55	00:10:46 00:10:40	00:18:42 00:18:36	00:21:23 00:21:17	00:29:33 00:29:27	00:32:11 00:32:05
190	190	41	4348	ΑΡΓΥΡΟΥΚΟΥ ΑΓΓΕΛΙΚΗ Γυναίκα MDA	00:00:11 00:00:00	00:07:52 00:07:42	00:10:34 00:10:24	00:18:35 00:18:25	00:21:22 00:21:12	00:29:28 00:29:18	00:32:12 00:32:01
191	191	150	4391	ΤΖΩΡΤΖΗΣ ΠΕΤΡΟΣ Άνδρας	00:00:39 00:00:00	00:08:11 00:07:32	00:10:32 00:09:54	00:18:08 00:17:29	00:20:52 00:20:13	00:29:57 00:29:19	00:32:17 00:31:38
192	192	151	4285	ΒΛΑΧΟΓΙΑΝΝΗΣ ΒΑΣΙΛΗΣ Άνδρας	00:00:27 00:00:00	00:08:41 00:08:15	00:11:15 00:10:48	00:19:00 00:18:34	00:21:37 00:21:11	00:29:44 00:29:18	00:32:20 00:31:54
193	193	152	4244	ΤΣΟΥΚΑΛΑΣ ΑΡΙΣΤΟΜΕΝΗΣ Άνδρας ΑΘΗΝΑ	00:00:27 00:00:00	00:08:41 00:08:14	00:11:15 00:10:48	00:19:00 00:18:33	00:21:37 00:21:10	00:29:44 00:29:17	00:32:21 00:31:54
194	194	42	4029	ΑΣΡΙΟΤΙ CHRISTINA Γυναίκα	00:00:12 00:00:00	00:07:24 00:07:13	00:09:51 00:09:40	00:18:27 00:18:16	00:21:11 00:21:00	00:29:39 00:29:28	00:32:24 00:32:13
195	195	43	4049	VASILAKAKI THESSALIA Γυναίκα Zografou	00:00:20 00:00:00	00:08:49 00:08:29	00:11:33 00:11:13	00:19:27 00:19:07	00:22:02 00:21:42	00:29:51 00:29:31	00:32:25 00:32:05
196	196	44	4026	ΣΤΑΜΑΤΟΥΚΟΥ ΖΩΗ Γυναίκα	00:00:35 00:00:00	00:09:15 00:08:40	00:11:51 00:11:16	00:19:36 00:19:02	00:22:12 00:21:37	00:30:01 00:29:27	00:32:35 00:32:01
197	197	153	4129	ΚΟΥΡΕΛΑΣ ΑΝΔΡΕΑΣ Άνδρας REM	00:00:26 00:00:00	00:07:47 00:07:22	00:10:25 00:10:00	00:18:21 00:17:56	00:21:09 00:20:44	00:29:31 00:29:06	00:32:41 00:32:15
198	198	45	4041	MARINOVA KOSTADINKA Γυναίκα	00:00:11 00:00:00	00:07:53 00:07:43	00:10:33 00:10:23	00:18:41 00:18:31	00:21:28 00:21:18	00:29:50 00:29:40	00:32:41 00:32:31
199	199	46	4061	ΑΝΔΡΙΚΟΠΟΥΛΟΥ ΕΙΡΗΝΗ Γυναίκα	00:00:26 00:00:00	00:07:47 00:07:22	00:10:25 00:10:00	00:18:21 00:17:56	00:21:10 00:20:44	00:29:31 00:29:06	00:32:42 00:32:17
200	200	154	4208	ΠΛΙΤΣΗΣ ΖΗΣΗΣ Άνδρας	00:00:28 00:00:00	00:08:04 00:07:36	00:10:35 00:10:07	00:18:38 00:18:10	00:21:25 00:20:57	00:30:13 00:29:45	00:32:47 00:32:19
201	201	155	4304	ΜΠΑΞΕΒΑΝΗΣ ΑΘΑΝΑΣΙΟΣ Άνδρας ΣΔΥΑ	00:00:36 00:00:00	00:09:02 00:08:26	00:11:45 00:11:10	00:19:40 00:19:05	00:22:20 00:21:44	00:30:17 00:29:41	00:32:54 00:32:18
202	202	47	4223	ΣΠΑΝΟΥ ΓΕΩΡΓΙΑ Γυναίκα	00:00:22 00:00:00	00:08:47 00:08:26	00:11:24 00:11:02	00:19:12 00:18:51	00:22:05 00:21:44	00:30:09 00:29:48	00:32:55 00:32:34
203	203	48	4290	ΖΩΝΤΑΝΟΥ ΗΡΑ Γυναίκα	00:00:27 00:00:00	00:08:42 00:08:16	00:11:15 00:10:49	00:19:07 00:18:40	00:21:44 00:21:18	00:30:12 00:29:46	00:32:58 00:32:32
204	204	156	4152	ΜΙΧΑΗΛ ΙΩΑΝΝΗΣ Άνδρας	00:00:24 00:00:00	00:08:35 00:08:12	00:11:09 00:10:46	00:19:18 00:18:55	00:22:08 00:21:45	00:30:19 00:29:56	00:32:59 00:32:36
205	205	49	4253	ΧΑΤΖΗΡΑΛΛΗ ΣΑΠΦΩ Γυναίκα	00:00:21 00:00:00	00:08:21 00:08:00	00:11:03 00:10:43	00:19:13 00:18:52	00:22:01 00:21:41	00:30:25 00:30:04	00:33:05 00:32:44
206	206	157	4383	ΤΣΟΥΤΣΟΣ ΝΙΚΟΛΑΟΣ Άνδρας ΣΔΥΑ	00:00:19 00:00:00	00:07:54 00:07:35	00:10:36 00:10:17	00:18:50 00:18:31	00:21:34 00:21:15	00:30:25 00:30:06	00:33:08 00:32:49
207	207	158	4040	LAZARIS THEODOSIOS Άνδρας	00:00:30 00:00:00	00:08:02 00:07:33	00:10:41 00:10:12	00:18:57 00:18:28	00:21:37 00:21:08	00:30:34 00:30:05	00:33:10 00:32:40
208	208	159	4155	ΜΠΑΚΑΣ ΜΠΑΜΠΗΣ Άνδρας	00:00:31 00:00:00	00:09:14 00:08:43	00:12:01 00:11:30	00:20:21 00:19:50	00:23:11 00:22:40	00:30:34 00:30:03	00:33:11 00:32:40
209	209	160	4053	ΑΘΑΝΑΣΟΓΙΑΝΝΟΠΟΥΛΟΣ ΤΑΣΟΣ Άνδρας	00:00:22 00:00:00	00:07:56 00:07:34	00:10:24 00:10:03	00:18:56 00:18:35	00:21:48 00:21:27	00:30:31 00:30:09	00:33:13 00:32:51
210	210	161	4291	ΙΩΑΝΝΙΔΗΣ ΒΑΣΙΛΕΙΟΣ Άνδρας	00:00:40 00:00:00	00:09:41 00:09:01	00:12:21 00:11:42	00:20:26 00:19:46	00:23:05 00:22:25	00:30:57 00:30:17	00:33:15 00:32:36



A/A	Σειρά	Σειρά /Φύλο	BIB	Όνομα Φύλο Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	1,23km	1,66km	2,9km	3,33km	4,57km	Finish
246	246	67	4275	ΧΑΛΑΒΑΤΖΗ ΙΩΑΝΝΑ Γυναίκα SANTA RUNNING TEAM	00:00:03 00:00:00	00:08:32 00:08:30	00:11:36 00:11:33	00:20:36 00:20:33	00:23:35 00:23:32	00:32:41 00:32:39	00:35:36 00:35:34
247	247	180	4347	ΛΟΥΚΟΠΟΥΛΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας	00:00:39 00:00:00	00:09:17 00:08:38	00:12:02 00:11:24	00:20:25 00:19:46	00:23:11 00:22:33	00:32:45 00:32:07	00:35:38 00:34:59
248	248	181	4067	ΑΡΜΑΚΟΛΑΣ ΙΩΑΝΝΗΣ Άνδρας	00:00:24 00:00:00	00:09:40 00:09:17	00:12:33 00:12:10	00:21:16 00:20:52	00:24:12 00:23:48	00:32:56 00:32:32	00:35:43 00:35:20
249	249	182	4277	ΧΑΣΙΩΤΗΣ ΠΕΤΡΟΣ Άνδρας	00:00:24 00:00:00	00:10:25 00:10:01	00:13:20 00:12:57	00:21:26 00:21:02	00:24:26 00:24:02	00:33:13 00:32:50	00:35:46 00:35:22
250	250	183	4269	ΠΑΝΑΓΑΚΟΣ ΒΑΣΙΛΗΣ Άνδρας SANTA RUNNING TEAM	00:00:34 00:00:00	00:09:12 00:08:38	00:12:04 00:11:30	00:21:17 00:20:43	00:24:17 00:23:44	00:33:03 00:32:29	00:35:47 00:35:13
251	251	68	4024	ΕΥΣΤΑΘΙΟΥ ΑΝΑΣΤΑΣΙΑ Γυναίκα	00:00:35 00:00:00	00:09:15 00:08:41	00:11:56 00:11:22	00:20:03 00:19:29	00:22:46 00:22:12	00:33:00 00:32:25	00:35:49 00:35:15
252	252	184	4007	ΖΟΡΛΟΥ ΑΠΟΣΤΟΛΗΣ Άνδρας	00:00:28 00:00:00	00:08:33 00:08:06	00:11:23 00:10:56	00:20:16 00:19:49	00:23:18 00:22:51	00:32:56 00:32:29	00:35:53 00:35:26
253	253	69	4370	ΜΑΥΡΟΠΟΥΛΟΥ ΕΥΑΓΓΕΛΙΑ Γυναίκα	00:00:15 00:00:00	00:08:47 00:08:32	00:11:33 00:11:19	00:20:21 00:20:06	00:23:16 00:23:01	00:33:08 00:32:53	00:35:58 00:35:44
254	254	70	4192	ΠΑΠΑΘΑΝΑΣΙΟΥ ΜΕΛΙΣΣΑ Γυναίκα	00:00:03 00:00:00	00:08:43 00:08:40	00:11:46 00:11:43	00:21:14 00:21:11	00:24:24 00:24:22	00:33:30 00:33:27	00:36:20 00:36:17
255	255	71	4136	ΛΑΓΟΥΝΑΡΗ ΕΥΑΜΙΛΗ Γυναίκα	00:00:37 00:00:00	00:09:38 00:09:01	00:12:35 00:11:59	00:21:41 00:21:05	00:24:38 00:24:01	00:33:35 00:32:58	00:36:21 00:35:45
256	256	185	4047	ΤΣΟΥΚΙΑΣ ΑΝΤΟΝΙΣ Άνδρας	00:00:37 00:00:00	00:09:37 00:09:01	00:12:35 00:11:59	00:21:41 00:21:05	00:24:37 00:24:01	00:33:35 00:32:58	00:36:21 00:35:45
257	257	186	4255	ΧΡΙΣΤΟΦΟΡΙΔΗΣ ΓΙΩΡΓΟΣ Άνδρας	00:00:14 00:00:00	00:09:45 00:09:31	00:12:50 00:12:36	00:21:46 00:21:32	00:24:43 00:24:30	00:33:33 00:33:20	00:36:22 00:36:09
258	258	72	4355	ΑΝΤΩΝΟΠΟΥΛΟΥ ΚΑΤΕΡΙΝΑ Γυναίκα	00:00:14 00:00:00	00:09:45 00:09:31	00:12:50 00:12:37	00:21:46 00:21:32	00:24:43 00:24:30	00:33:33 00:33:20	00:36:23 00:36:09
259	259	73	4354	ΚΛΗ ΣΟΦΙΑ Γυναίκα	00:00:29 00:00:00	00:09:12 00:08:43	00:12:00 00:11:32	00:20:40 00:20:12	00:23:41 00:23:13	00:33:24 00:32:56	00:36:24 00:35:56
260	260	74	4316	ΣΤΟΥΜΠΟΥ ΒΑΣΙΛΙΚΗ Γυναίκα ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΑΡΤΑΣ	00:00:14 00:00:00	00:08:48 00:08:34	00:11:37 00:11:23	00:20:46 00:20:32	00:23:54 00:23:40	00:33:21 00:33:07	00:36:32 00:36:19
261	261	75	4251	ΦΩΤΕΙΝΟΠΟΥΛΟΥ ΔΕΣΠΟΙΝΑ Γυναίκα	00:00:11 00:00:00	00:08:26 00:08:16	00:11:32 00:11:22	00:20:54 00:20:43	00:24:08 00:23:57	00:33:24 00:33:13	00:36:34 00:36:24
262	262	187	4384	ΚΥΡΙΑΚΙΔΗΣ ΧΑΡΑΛΑΜΠΟΣ Άνδρας	00:00:17 00:00:00	00:09:02 00:08:46	00:11:51 00:11:35	00:20:57 00:20:41	00:23:41 00:23:25	00:33:36 00:33:20	00:36:35 00:36:19
263	263	188	4286	ΓΙΑΧΟ ΑΛΜΠΑΝΟ Άνδρας	00:07:16 00:00:00	00:13:28 00:06:12	00:15:47 00:08:31	00:24:18 00:17:02	00:26:39 00:19:23	00:34:19 00:27:03	00:36:35 00:29:19
264	264	76	4187	ΠΑΝΤΑΖΟΠΟΥΛΟΥ ΧΑΡΑ Γυναίκα	00:00:29 00:00:00	00:08:35 00:08:06	00:11:35 00:11:06	00:21:10 00:20:42	00:24:38 00:24:09	00:34:06 00:33:37	00:36:49 00:36:20
265	265	77	4280	ΑΜΠΡΑΒΑΝΕΛ ΕΛΙΑΝΑ Γυναίκα	00:00:19 00:00:00	00:08:59 00:08:41	00:11:57 00:11:39	00:21:08 00:20:50	00:24:22 00:24:04	00:33:59 00:33:40	00:37:03 00:36:44
266	266	189	4087	ΔΗΜΗΤΡΙΑΔΗΣ ΓΕΩΡΓΙΟΣ Άνδρας	00:00:40 00:00:00	00:09:48 00:09:09	00:12:52 00:12:13	00:21:34 00:20:55	00:24:40 00:24:01	00:34:00 00:33:21	00:37:04 00:36:24
267	267	190	4281	ΑΜΠΡΑΒΑΝΕΛ ΕΡΡΙΚΟΣ Άνδρας	00:00:19 00:00:00	00:08:59 00:08:41	00:11:57 00:11:39	00:21:09 00:20:50	00:24:22 00:24:04	00:33:59 00:33:40	00:37:04 00:36:46
268	268	191	4089	ΔΙΠΛΑΡΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας	00:00:24 00:00:00	00:09:48 00:09:24	00:12:51 00:12:27	00:22:05 00:21:41	00:25:10 00:24:46	00:34:28 00:34:04	00:37:18 00:36:55
269	269	192	4128	ΚΟΥΡΑΚΟΣ ΠΕΤΡΟΣ Άνδρας	00:00:24 00:00:00	00:09:48 00:09:25	00:12:51 00:12:27	00:22:05 00:21:41	00:25:10 00:24:46	00:34:28 00:34:05	00:37:18 00:36:55
270	270	78	4335	FABRO CONCHITA Γυναίκα Piliipinas Running Team - Greece	00:00:16 00:00:00	00:09:39 00:09:23	00:12:33 00:12:17	00:21:44 00:21:28	00:24:47 00:24:32	00:34:08 00:33:52	00:37:19 00:37:04
271	271	79	4076	ΒΛΟΝΤΑΡΤΖΙΚ ΕΛΠΙΔΑ Γυναίκα	00:00:30 00:00:00	00:08:54 00:08:25	00:12:01 00:11:31	00:21:18 00:20:49	00:24:42 00:24:12	00:34:15 00:33:45	00:37:30 00:37:00
272	272	193	4195	ΠΑΠΑΜΙΧΑΛΟΠΟΥΛΟΣ ΑΛΕΞΑΝΔΡΟΣ - ΔΗΜΗΤΡΙΟΣ Άνδρας	00:00:09 00:00:00	00:08:58 00:08:49	00:11:52 00:11:44	00:21:29 00:21:21	00:24:41 00:24:32	00:34:48 00:34:40	00:37:31 00:37:22
273	273	80	4174	ΝΙΚΟΛΑΟΥ ΔΑΝΑΗ Γυναίκα	00:00:36 00:00:00	00:09:14 00:08:39	00:12:13 00:11:38	00:21:41 00:21:05	00:24:44 00:24:09	00:34:41 00:34:06	00:37:32 00:36:57
274	274	194	4173	ΝΙΚΟΛΑΟΥ ΒΑΣΙΛΗΣ Άνδρας	00:00:36 00:00:00	00:09:14 00:08:39	00:12:14 00:11:39	00:21:41 00:21:05	00:24:45 00:24:09	00:34:42 00:34:07	00:37:32 00:36:57
275	275	81	4046	STELLAKI ALEXANDRA Γυναίκα	00:00:06 00:00:00	00:08:34 00:08:28	00:11:47 00:11:41	00:21:52 00:21:46	00:25:09 00:25:03	00:34:46 00:34:40	00:37:49 00:37:43
276	276	82	4072	ΒΑΣΙΛΑΚΟΥ ΓΕΩΡΓΙΑ Γυναίκα	00:00:22 00:00:00	00:08:49 00:08:28	00:12:00 00:11:39	00:21:50 00:21:29	00:25:03 00:24:42	00:35:02 00:34:41	00:38:09 00:37:48
277	277	195	4110	ΚΑΡΥΓΙΑΝΝΗΣ ΙΩΑΝΝΗΣ Άνδρας ΤΡΕΧΑΛΑΚΙΑ	00:00:27 00:00:00	00:09:16 00:08:49	00:12:10 00:11:43	00:21:58 00:21:31	00:25:24 00:24:57	00:35:14 00:34:47	00:38:12 00:37:45
278	278	83	4191	ΠΑΠΑΔΟΠΟΥΛΟΥ ΜΑΡΙΑΝΝΑ Γυναίκα	00:00:26 00:00:00	00:09:17 00:08:52	00:12:16 00:11:51	00:22:05 00:21:40	00:25:37 00:25:11	00:35:25 00:35:00	00:38:21 00:37:55
279	279	196	4031	ΧΟΟΥΜΑΣ ΙΩΑΝΝΙΣ Άνδρας ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΥΓΕΙΑΣ ΠΕΙΡΑΙΑ	00:00:05 00:00:00	00:08:53 00:08:49	00:12:04 00:12:00	00:21:46 00:21:41	00:25:17 00:25:12	00:35:27 00:35:23	00:38:40 00:38:36
280	280	197	4365	ΜΑΝΑΓΛΙΩΤΗΣ ΓΙΑΝΝΗΣ Άνδρας ΣΔΥΑ	00:00:25 00:00:00	00:10:02 00:09:37	00:13:22 00:12:58	00:23:36 00:23:12	00:26:43 00:26:19	00:35:52 00:35:27	00:38:49 00:38:25



A/A	Σειρά	Σειρά /Φύλο	BIB	Όνομα Φύλο Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	1,23km	1,66km	2,9km	3,33km	4,57km	Finish
281	281	198	4211	ΡΑΠΤΗΣ ΝΙΚΟΣ Άνδρας	00:00:27 00:00:00	00:09:25 00:08:58	00:12:37 00:12:10	00:22:28 00:22:02	00:25:57 00:25:31	00:35:49 00:35:23	00:38:49 00:38:23
282	282	199	4075	ΒΛΟΝΤΑΡΤΖΙΚ ΓΙΩΡΓΟΣ Άνδρας	00:00:30 00:00:00	00:10:17 00:09:47	00:13:31 00:13:01	00:23:33 00:23:03	00:26:35 00:26:05	00:36:05 00:35:35	00:38:59 00:38:29
283	283	200	4388	ΜΙΧΑΗΛΙΔΗΣ ΣΑΒΒΑΣ Άνδρας	00:00:13 00:00:00	00:09:10 00:08:58	00:12:18 00:12:05	00:22:15 00:22:03	00:25:38 00:25:25	00:35:54 00:35:42	00:39:06 00:38:54
284	284	84	4100	ΙΩΑΝΝΟΥ ΜΑΡΙΑ Γυναίκα	00:00:20 00:00:00	00:09:58 00:09:39	00:13:19 00:12:59	00:22:57 00:22:37	00:26:15 00:25:55	00:36:14 00:35:54	00:39:34 00:39:14
285	285	85	4156	ΜΠΑΜΠΑΛΗ ΕΥΓΕΝΙΑ Γυναίκα	00:00:17 00:00:00	00:09:42 00:09:25	00:13:05 00:12:49	00:22:55 00:22:39	00:26:24 00:26:08	00:36:13 00:35:57	00:39:49 00:39:33
286	286	86	4157	ΜΠΑΜΠΑΛΗ ΜΑΡΙΑ Γυναίκα	00:00:18 00:00:00	00:09:42 00:09:25	00:13:06 00:12:48	00:22:56 00:22:39	00:26:25 00:26:07	00:36:13 00:35:56	00:39:49 00:39:32
287	287	201	4057	ΑΝΑΓΝΩΣΤΑΡΑΣ ΓΕΡΑΣΙΜΟΣ Άνδρας	00:00:18 00:00:00	00:09:42 00:09:24	00:13:05 00:12:48	00:23:04 00:22:46	00:26:24 00:26:07	00:36:15 00:35:57	00:39:50 00:39:32
288	288	202	4158	ΜΠΑΜΠΑΛΗΣ ΝΙΚΟΛΑΟΣ Άνδρας	00:00:18 00:00:00	00:09:42 00:09:25	00:13:06 00:12:48	00:23:04 00:22:47	00:26:25 00:26:07	00:36:15 00:35:57	00:39:50 00:39:33
289	289	203	4183	ΟΙΚΟΝΟΜΟΥ ΓΕΩΡΓΙΟΣ Άνδρας	00:00:13 00:00:00	00:10:13 00:10:01	00:13:40 00:13:27	00:23:56 00:23:43	00:27:06 00:26:53	00:36:52 00:36:39	00:40:03 00:39:50
290	290	87	4091	ΔΡΑΠΑΝΙΩΤΟΥ ΜΑΡΙΑ Γυναίκα	00:00:12 00:00:00	00:10:13 00:10:02	00:13:40 00:13:29	00:23:56 00:23:45	00:27:06 00:26:55	00:36:52 00:36:41	00:40:03 00:39:52
291	291	88	4098	ΘΕΟΦΑΝΙΔΟΥ ΕΦΗ Γυναίκα	00:00:14 00:00:00	00:09:08 00:08:55	00:12:46 00:12:33	00:23:25 00:23:11	00:26:43 00:26:29	00:37:11 00:36:58	00:40:34 00:40:21
292	292	204	4180	ΞΕΝΟΣ ΙΩΑΝΝΗΣ Άνδρας	00:00:07 00:00:00	00:09:44 00:09:38	00:12:58 00:12:52	00:23:01 00:22:55	00:26:30 00:26:24	00:37:06 00:37:00	00:40:41 00:40:35
293	293	89	4198	ΠΑΣΣΑ ΕΥΑΓΓΕΛΙΑ Γυναίκα	00:00:09 00:00:00	00:09:44 00:09:35	00:13:03 00:12:54	00:23:27 00:23:18	00:26:54 00:26:46	00:37:16 00:37:07	00:40:43 00:40:34
294	294	90	4038	ΚΟΖΑΚΙ STELLA Γυναίκα ATHENS	00:00:10 00:00:00	00:09:38 00:09:29	00:13:00 00:12:50	00:23:37 00:23:27	00:27:14 00:27:04	00:38:00 00:37:51	00:41:24 00:41:14
295	295	91	4350	ΣΠΥΛΙΟΠΟΥΛΟΥ ΑΝΤΩΝΙΑ Γυναίκα	00:00:35 00:00:00	00:11:11 00:10:36	00:15:02 00:14:27	00:25:26 00:24:51	00:28:58 00:28:23		00:41:28 00:40:53
296	296	92	4147	ΜΑΝΙΚΑ ΑΡΙΣΤΕΑ Γυναίκα ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΚΑΡΔΙΤΣΑΣ	00:00:23 00:00:00	00:09:50 00:09:28	00:13:09 00:12:47	00:23:49 00:23:26	00:27:21 00:26:59	00:38:02 00:37:39	00:41:44 00:41:21
297	297	205	4218	ΣΙΟΥΛΑΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας ΠΑΝΕΛΛΗΝΙΟΣ	00:00:10 00:00:00	00:09:52 00:09:42	00:12:58 00:12:49	00:23:34 00:23:25	00:27:07 00:26:58	00:38:34 00:38:24	00:41:54 00:41:44
298	298	206	4109	ΚΑΡΑΜΕΣΙΝΗΣ ΟΔΥΣΣΕΑΣ Άνδρας	00:00:04 00:00:00	00:10:26 00:10:23	00:14:06 00:14:03	00:24:51 00:24:48	00:28:23 00:28:20	00:38:37 00:38:34	00:42:19 00:42:16
299	299	207	4171	ΜΩΡΑΙΤΗΣ ΔΗΜΗΤΡΙΟΣ Άνδρας	00:00:06 00:00:00	00:09:43 00:09:37	00:13:18 00:13:12	00:24:13 00:24:08	00:27:58 00:27:52	00:38:52 00:38:46	00:42:29 00:42:23
300	300	208	4058	ΑΝΑΣΤΑΣΙΟΥ ΘΕΟΔΩΡΟΣ Άνδρας	00:00:16 00:00:00	00:09:52 00:09:37	00:13:12 00:12:57	00:24:02 00:23:47	00:28:00 00:27:45	00:39:03 00:38:47	00:42:47 00:42:31
301	301	209	4231	ΣΤΑΥΡΟΥΛΑΚΗΣ ΑΝΤΩΝΙΟΣ Άνδρας	00:00:10 00:00:00	00:10:29 00:10:19	00:14:08 00:13:58	00:25:08 00:24:58	00:28:47 00:28:37	00:39:47 00:39:37	00:42:51 00:42:41
302	302	93	4359	ΖΩΡΖΟΥ ΕΙΡΗΝΗ Γυναίκα ΣΥΕΤΕ ΕΦΕΤ ΕΘΝΙΚΗΣ ΤΡΑΠΕΖΑΣ	00:00:12 00:00:00	00:10:27 00:10:15	00:14:08 00:13:57	00:25:29 00:25:18	00:29:07 00:28:55	00:39:50 00:39:39	00:42:57 00:42:46
303	303	94	4193	ΠΑΠΑΚΩΣΤΟΠΟΥΛΟΥ ΒΑΣΙΛΙΚΗ Γυναίκα	00:00:13 00:00:00	00:10:27 00:10:15	00:14:08 00:13:56	00:25:29 00:25:17	00:29:07 00:28:54	00:39:51 00:39:38	00:43:02 00:42:50
304	304	95	4177	ΝΤΕΜΟΥ ΚΑΤΕΡΙΝΑ Γυναίκα	00:00:40 00:00:00	00:10:56 00:10:17	00:14:23 00:13:44	00:25:41 00:25:02	00:30:00 00:29:21	00:40:38 00:39:59	00:43:59 00:43:19
305	305	96	4056	ΑΜΙΡΑΓΚΟΒΑ ΜΑΪΑ Γυναίκα	00:00:40 00:00:00	00:10:56 00:10:17	00:14:24 00:13:45	00:25:41 00:25:02	00:30:00 00:29:21	00:40:38 00:39:59	00:43:59 00:43:20
306	306	97	4242	ΤΣΙΜΠΛΗ ΕΥΡΥΔΙΚΗ Γυναίκα Σ.Δ.Υ. ΑΘΗΝΑΣ	00:00:26 00:00:00	00:11:17 00:10:52	00:14:50 00:14:25	00:25:52 00:25:27	00:29:40 00:29:15	00:40:43 00:40:18	00:44:14 00:43:49
307	307	98	4254	ΧΑΧΑΜΗ ΑΙΚΑΤΕΡΙΝΗ Γυναίκα	00:00:28 00:00:00	00:11:13 00:10:46	00:15:02 00:14:35	00:26:49 00:26:21	00:30:18 00:29:51	00:41:17 00:40:49	00:44:37 00:44:10
308	308	210	4249	ΦΟΥΣΤΑΝΑΣ ΓΕΩΡΓΙΟΣ Άνδρας	00:00:27 00:00:00	00:11:12 00:10:45	00:15:02 00:14:35	00:26:48 00:26:21	00:30:19 00:29:52	00:41:17 00:40:50	00:44:38 00:44:11
309	309	211	4387	ΚΩΣΤΕΛΙΔΗΣ ΧΡΗΣΤΟΣ Άνδρας	00:00:34 00:00:00	00:10:42 00:10:08	00:14:23 00:13:49	00:25:49 00:25:16	00:29:37 00:29:04	00:41:19 00:40:45	00:44:51 00:44:18
310	310	99	4386	ΚΑΡΑΓΙΑΝΝΑΚΗ ΜΑΙΡΗ Γυναίκα	00:00:34 00:00:00	00:10:44 00:10:11	00:14:24 00:13:51	00:25:51 00:25:17	00:29:38 00:29:04	00:41:19 00:40:46	00:44:51 00:44:18
311	311	100	4186	ΠΑΝΟΠΟΥΛΟΥ ΕΥΑΓΓΕΛΙΑ Γυναίκα	00:00:33 00:00:00	00:10:43 00:10:10	00:14:23 00:13:51	00:25:49 00:25:16	00:29:37 00:29:05	00:41:18 00:40:45	00:44:51 00:44:19
312	312	212	4331	ΓΑΛΑΝΗΣ ΓΕΩΡΓΙΟΣ Άνδρας ΣΔΥ ΜΕΓΑΛΟΝΗΣΟΣ	00:00:03 00:00:00	00:11:36 00:11:34	00:15:37 00:15:35	00:28:06 00:28:04	00:31:53 00:31:51	00:43:16 00:43:14	00:46:27 00:46:25
313	313	213	4048	TUDOSE IOAN Άνδρας	00:00:14 00:00:00	00:09:57 00:09:44	00:14:19 00:14:06	00:27:13 00:27:00	00:31:20 00:31:07	00:42:45 00:42:32	00:46:52 00:46:38
314	314	214	4102	ΚΑΒΑΛΑΡΗΣ ΕΥΘΥΜΙΟΣ Άνδρας	00:00:30 00:00:00	00:11:55 00:11:26	00:15:53 00:15:24	00:28:06 00:27:37	00:32:02 00:31:32	00:43:31 00:43:02	00:47:24 00:46:55
315	315	215	4013	ΝΤΟΒΑΣ ΔΗΜΗΤΡΗΣ Άνδρας	00:00:32 00:00:00	00:16:51 00:16:20	00:20:18 00:19:47	00:31:01 00:30:30	00:34:38 00:34:07	00:51:13 00:50:42	00:55:18 00:54:47

A/A	Σειρά	Σειρά /Φύλο	BIB	Όνομα Φύλο Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	1,23km	1,66km	2,9km	3,33km	4,57km	Finish
316	316	101	4017	ΧΑΤΖΑΚΟΥ ΚΑΤΕΡΙΝΑ Γυναίκα	00:00:32 00:00:00	00:16:52 00:16:20	00:20:18 00:19:47	00:31:01 00:30:30	00:34:38 00:34:07	00:51:12 00:50:40	00:55:18 00:54:47
317	317	102	4062	ΑΠΕΡΓΗ ΑΛΕΞΑΝΔΡΑ Γυναίκα	00:00:20 00:00:00	00:13:03 00:12:44	00:17:48 00:17:28	00:30:52 00:30:33	00:35:56 00:35:37	00:52:20 00:52:01	00:57:25 00:57:05