

Γ. Κ	Bib	ITRA	AZ ID	Κατ.	K.K	H	Αθλητής	Χωρ	#	Λιτόχωρο KM-57	K-17 CP-2	K-32 CP-4	K-39 CP-6	K-44 CP-7	K-52 CP-8	Λιτόχωρο KM-57	ΔΧ Ω	ΔΧ %	A/K %	συν μωτ
1	143	786	6630	M1	1	35	GIANOPOULOS Konstantinos	GRE	1	<b>7.20.03</b>	2.02	4.11	5.23	5.53	6.52	7.20.03	0.00.00	100	57/43	7.6
2	132	717	10188	M2	1	43	KOUTSIOUKIS Konstantinos	GRE	2	<b>8.04.51</b>	2.06	4.32	5.51	6.25	7.32	8.04.51	0.44.48	110.2	56/44	6.9
3	120	567	1785	M1	2	38	PERIKLEOUS Vasileios	CYP	3	<b>9.04.27</b>	2.31	5.09	6.32	7.16		9.04.27	1.44.24	123.7	57/43	6.2
4	147	604	42242	M1	3	32	TSENEKIDIS Anestis	GRE	4	<b>9.21.40</b>	2.32	5.26	6.53	7.35		9.21.40	2.01.37	127.6	58/42	6
5	135	520	34055	M1	4	23	MAROS Konstantinos	GRE	5	<b>9.54.31</b>	2.22	5.32	7.04	7.5		9.54.31	2.34.28	135.1	56/44	5.7
6	144	533	23872	M1	5	29	SKLAVENITIS Nikolaos	GRE	6	<b>10.02.26</b>	2.32	5.34	7.1	7.57		10.02.26	2.42.23	136.9	55/45	5.6
7	11	566	15421	M2	2	40	LYMPITSOUNIS Miltiadis	GRE	7	<b>10.04.28</b>	2.28	5.33	7.07	7.59		10.04.28	2.44.25	137.4	55/45	5.6
8	110	612	37298	M1	6	26	MARKOPOULOS Miltiadis	GRE	8	<b>10.07.46</b>	2.29	5.27	7	7.55		10.07.46	2.47.43	138.1	54/46	5.5
9	119	578	4197	M2	3	41	KRIGKAS Athanasios	GRE	9	<b>10.22.35</b>	2.46	5.47	7.2	8.1		10.22.35	3.02.32	141.5	56/44	5.4
10	23	509	38216	M2	4	47	MANGOS Konstantinos	GRE	10	<b>10.24.10</b>	2.34	5.45	7.33	8.14		10.24.10	3.04.07	141.8	55/45	5.4
11	125	528	6049	M2	5	48	GRAMMATIKOS Dimitrios	GRE	11	<b>10.27.28</b>	2.43	5.45	7.25	8.18		10.27.28	3.07.25	142.6	55/45	5.4
11	105	504	21473	M2	5	48	FALTSIS Vasileios	GRE	12	<b>10.27.28</b>	2.43	5.45	7.25	8.18		10.27.28	3.07.25	142.6	55/45	5.4
13	159	549	22491	M1	7	36	MYTILINAIOS Nikolaos	GRE	13	<b>10.35.47</b>	2.57	6.07	7.46	8.32		10.35.47	3.15.44	144.5	58/42	5.3
14	124	606	23972	M2	7	44	FOLINAS Christos	GRE	14	<b>10.37.31</b>	2.38	5.47	7.33	8.23		10.37.31	3.17.28	144.9	54/46	5.3
14	139	573	5948	M1	8	35	DELEFERIS Markos	GRE	15	<b>10.37.31</b>	2.54	5.56	7.33	8.23		10.37.31	3.17.28	144.9	56/44	5.3
16	136	577	4355	M2	8	44	MICHALOPOULOS Marios	GRE	16	<b>10.38.18</b>	2.53	6.04	7.43	8.3		10.38.18	3.18.15	145.1	57/43	5.3
17	114	573	7748	M1	9	32	NATSIOS Nikolaos	GRE	17	<b>10.47.44</b>	2.35	5.5	7.24	8.13		10.47.44	3.27.41	147.2	54/46	5.2
18	121		37496	M2	9	41	PAVLIDIS Matthaios	GRE	18	<b>10.53.56</b>	2.53	6.07	7.54	8.44		10.53.56	3.33.53	148.6	56/44	5.1
19	22	526	1569	M2	10	42	ADAMIDIS Ilias	GRE	19	<b>10.54.06</b>	2.57	6.11	7.55	8.47		10.54.06	3.34.03	148.6	57/43	5.1
20	134	534	596	M3	1	51	MANIOPOULOS Dimitrios	GRE	20	<b>10.54.34</b>	2.52	6.13	7.58	8.49		10.54.34	3.34.31	148.7	57/43	5.1
21	113	494	30887	M1	10	38	KARAGIORGIS Konstantinos	GRE	21	<b>10.56.43</b>	2.5	5.59	7.43	8.38		10.56.43	3.36.40	149.2	55/45	5.1
22	151	583	28615	M1	11	25	GKINAS Athanasios	GRE	22	<b>10.58.12</b>	2.31	5.47	7.34	8.31		10.58.12	3.38.09	149.6	53/47	5.1
23	111		12199	M1	12	30	MATAMIS Asterios-Chrysova	GRE	23	<b>10.59.29</b>	2.59	6.01	7.45	8.43		10.59.29	3.39.26	149.9	55/45	5.1
24	112	512	8562	M2	11	48	BALTATZIS Sofoklis	GRE	24	<b>11.00.37</b>	2.59	6.14	8.01	8.5		11.00.37	3.40.34	150.1	57/43	5.1
25	25	527	2105	M3	2	53	KALLIMANIS Georgios	GRE	25	<b>11.12.10</b>	2.59	6.25	8.05	9.01		11.12.10	3.52.07	152.7	57/43	5
26	128	503	8244	M2	12	42	KOUMPAKIS Georgios	GRE	26	<b>11.13.19</b>	2.43	5.57	7.45	8.35		11.13.19	3.53.16	153	53/47	5
27	133	530	37358	M2	13	46	KERKOULAS Spyridon	GRE	27	<b>11.17.13</b>	3	6.21	8.07	9.02		11.17.13	3.57.10	153.9	56/44	5
28	130	508	27362	M1	13	35	PETROPOULOS Theofanis	GRE	28	<b>11.22.26</b>	2.39	5.58	7.46	8.38		11.22.26	4.02.23	155.1	52/48	4.9
29	106	475	24368	M2	14	40	DAMIANIDIS Moysis	GRE	29	<b>11.32.01</b>	2.49	6.16	8.04	9.01		11.32.01	4.11.58	157.3	54/46	4.9
30	107	511	8458	M2	15	43	KOKKINOS Fotios	GRE	30	<b>11.33.10</b>	3.02	6.29	8.16	9.12		11.33.10	4.13.07	157.5	56/44	4.8
31	138	482	21460	M2	16	41	KOSTARAS Fotios	GRE	31	<b>11.40.05</b>	2.44	6.16	8	9.02		11.40.05	4.20.02	159.1	54/46	4.8
32	131	458	10192	M2	17	48	KOUTSIOUKIS Charalampos	GRE	32	<b>11.58.01</b>	3.05	6.43	8.33			11.58.01	4.37.58	163.2	56/44	4.7
33	153	523	9419	M2	18	47	ALMPANIS Eleftherios	GRE	33	<b>11.59.32</b>	3.02	6.28	8.23			11.59.32	4.39.29	163.5	54/46	4.7
34	108	535	8554	M1	14	39	PEROUKIDIS Leonidas	GRE	34	<b>12.02.00</b>	3.02	6.36	8.31			12.02.00	4.41.57	164.1	55/45	4.7
35	149	475	33298	M1	15	39	NIKOU Leonidas	GRE	35	<b>12.14.49</b>	3.02	6.36				12.14.49	4.54.46	167	54/46	4.6

