

## Grammos Mountain Run

ΓΕΝΙΚΗ

Γ.Κ. ΒΙΒ ΟΝΟΜΑ ΕΠΙΘΕΤΟ ΦΥΛΟ ΚΑΤΗΓΟΡΙΑ ΕΤ. ΓΕΝ ΕΘΝΙΚΟΤΗΤΑ ΟΜΑΔΑ/ΣΥΛΛΟΓΟΣ FINISH

1 26 KONSTANTINOS GIANNOPOULOS Male M18-49 1984 Greek DYNAFIT / MOUNTAIN TRAINING SOLUTIONS 02:28:38

2 24 MIHAIL KALLIMANIS Male M18-49 1997 Greek THE RUNNER'S PROJECT / FIFTH ELEMENT 02:34:28

3 67 DIMITRIOS ZIAMPIRIS Male M18-49 1976 Greek TECNICA HELLAS 02:41:57

4 6 ANASTASIOS TSAKALOS Male M18-49 1973 Greek 03:09:54

5 20 SPYRIDON KROKIDAS Male M18-49 1976 Greek dromeis Zalogou 03:11:35

6 49 VASILEIOS SPYROPOULOS Male M18-49 1983 Greek DYNAFIT 03:15:10

7 29 IOANNIS TSELIOS Male M50-59 1965 Greek Eleftheroupoli runners - ΣΧΟ ΚΑΒΑΛΑΣ 03:21:15

8 18 NIKOLAOS VAGIAS Male M50-59 1969 Greek ΕΟΣ ΠΡΕΒΕΖΑΣ 03:23:20

9 59 LAMPRIINI NTOUTSI Female W50+ 1968 Greek ΣΔ ΙΩΑΝΝΙΝΩΝ 03:26:25

10 62 STAVROS EVANGELOU Male M18-49 1971 Greek TEAM KONITΣΑ 03:26:27

11 64 DIMITRIOS SIARAMPIS Male M18-49 1981 Greek 03:30:00

12 47 DIMITRIS NIKOLAOU Male M18-49 1983 Greek 03:30:49

13 65 MICHALIS ANAGNOSTOPOULOS Male M50-59 1967 Greek 03:35:07

14 54 ANGELOS KOTSINAS Male M18-49 1989 Greek 03:38:00

15 21 SAKIS ORIVATIS Male M50-59 1966 Greek ΕΟΣ ΙΩΑΝΝΙΝΩΝ 03:45:10

16 63 VARVARA PAPATHANASIOU Female W18-49 1993 Greek 03:47:20

17 7 ANASTASIA LALAKI Female W18-49 1982 Greek KASIMIS TRAINING 03:47:44

18 61 DIMITRIOS GKOUNTIS Male M18-49 1980 Greek KASIMIS TRAINING 03:47:45

19 60 VASILEIOS MPAMPAS Male M18-49 1980 Greek ΕΛΞΙΣ FITNESS CLUB 03:49:10

20 50 GEORGIOS TOMTSIDIS Male M18-49 1983 Greek DYNAFIT 03:50:07

21 48 CHRISTOS CHRISTIANOS Male M18-49 1982 Greek DYNAFIT 03:54:20

22 31 GEORGIA SIOZIOU Female W18-49 1978 Greek Σύλλογος Δρομέων Ιωαννίνων/sky women running team 03:56:31

23 14 EFTHYMIOS MIKROGIANNAKIS Male M18-49 1983 Greek 03:59:10

24 15 PANAGIOTIS TELLIS Male M18-49 1970 Greek DEREKAS ENDURANCE COACHING 04:01:10

25 8 STERGIOS KONSTANTINOU Male M60+ 1958 Greek EOS KAVALAS 04:03:45

26 17 GEORGIOS TOKIS Male M18-49 1993 Greek 04:03:47

27 25 ANNA SIAFAKA Female W18-49 1991 Greek MONOMAXOI 04:04:49

28 38 ATHANASIOS VLACHAKIS Male M18-49 1978 Greek 04:05:39

29 13 LOUKAS DOUDOUMIS Male M18-49 1979 Greek 04:15:20

30 12 SPYROS GKOUKGETAS Male M50-59 1969 Greek lau lau team 04:18:53

31 23 BASILIS KARALIS Male M18-49 1971 Greek Σύλλογος Μαραθωνοδόμεων Ν Λάρισας 04:18:54

32 2 GEORGIOS DEDES Male M18-49 1975 Greek Running Winners / Outdoor Games Running Team 04:23:32

33 51 SPYROS KYRTZOGLU Male M18-49 1980 Greek ΕΟΣ ΚΟΝΙΤΣΑΣ 04:29:05

34 28 GIORGOS SPILIOPOULOS Male M18-49 1977 Greek Xaladritsa run 04:30:20

35 37 MANOLIS NOUSIS Male M18-49 1984 Greek Smokers 04:32:10

36 52 ELEFThERIOS SINIS Male M18-49 1976 Greek ΕΟΣ ΚΟΝΙΤΣΑΣ 04:33:25

37 43 NIKOS VAGENAS Male M18-49 1972 Greek E.O.S ΚΟΝΙΤΣΑΣ 04:33:28

## Grammos Mountain Run

38 44 XRISTOS SERAS Male M18-49 1970 Greek E.O.S KONITAS 04:33:30  
39 10 ALEKSANDRA ALEKSIADOU Female W18-49 1985 Greek mountain training solutions 04:40:56  
40 11 ATHANASIOS SIOUTKOS Male M18-49 1985 Greek mountain training solutions 04:40:57  
41 30 LAMPRINI STYLIOU Female W18-49 1990 Greek Φλόγα 04:41:55  
42 66 ANASTASIOS DIMITRIADIS Male M18-49 1983 Greek 04:41:56  
43 56 CHRISTOS POLATSIDIS Male M50-59 1960 Greek AKO ΛΙΒΑΔΕΙΑΣ 04:43:22  
44 32 IOANNIS GIOTIS Male M18-49 1981 Greek 04:47:51  
45 34 DIMITRIS TAMTAMIS Male M50-59 1969 Greek SEVEN SPOT 04:48:59  
46 46 MARIA OVRENOVITS Female W18-49 1973 Greek VRAHOS TEAM 04:52:23  
47 57 KONSTANTINA KOTROTSIOU Female W50+ 1965 Greek 05:00:59  
48 35 CHRISTOS BECHTSIS Male M50-59 1965 Greek SEVEN SPOT 05:07:09  
49 58 CHRISTOS TASOULAS Male M18-49 1979 Greek 05:07:10  
50 45 NIKOLAOS KAIDETSIS Male M50-59 1968 Greek SDYTH 05:14:52  
51 42 FOTIS KAZIANIS Male M50-59 1969 Greek SDI 05:15:35  
52 36 GIORGIOS KALENTERIDIS Male M60+ 1951 Greek SDYTH 05:16:30  
53 3 SOTIRIS GIANNIOTIS Male M50-59 1960 Greek Baliotis trail 05:24:17  
54 5 ANNA-MARIA PAPAIOANNOU Female W50+ 1967 Greek ΕΟΣ ΚΑΒΑΛΑΣ 05:29:34  
55 4 PERIKLIS BOUSBOURAS Male M50-59 1966 Greek 05:29:35  
56 22 GEORGE MICHAILEDIS Male M18-49 1976 Greek 05:29:59  
57 16 DIMITRIOS KOLIAS Male M18-49 1979 Greek 05:32:48  
58 1 SPYROS PAPANIKOLAOU Male M50-59 1966 Greek Mastoremata 05:32:49  
59 33 BASILIKI TSOUNI Female W50+ 1969 Greek ΠΟΛΙΤΙΣΤΙΚΟΣ ΣΥΛΛΟΓΟΣ ΒΟΥΡΜΠΙΑΝΗΣ 06:30:00  
60 19 THEODOROS VOULISTIOTIS Male M50-59 1965 Greek dromeis Zalogue DNF  
61 41 ARETI AGGELI Female W18-49 1970 Greek SDI DNF

## ΑΝΔΡΕΣ 50-59

ΚΑΤ. ΒΙΒ ΟΝΟΜΑ ΕΠΙΘΕΤΟ ΦΥΛΟ ΚΑΤΗΓΟΡΙΑ ΕΤ. ΓΕΝ ΕΘΝΙΚΟΤΗΤΑ ΟΜΑΔΑ/ΣΥΛΛΟΓΟΣ FINISH  
1 29 IOANNIS TSELIOS Male M50-59 1965 Greek Eleftheroupoli runners - ΣΧΟ ΚΑΒΑΛΑΣ 03:21:15  
2 18 NIKOLAOS VAGIAS Male M50-59 1969 Greek ΕΟΣ ΠΡΕΒΕΖΑΣ 03:23:20  
3 65 MICHALIS ANAGNOSTOPOULOS Male M50-59 1967 Greek 03:35:07

## ΑΝΔΡΕΣ 60+

ΚΑΤ. ΒΙΒ ΟΝΟΜΑ ΕΠΙΘΕΤΟ ΦΥΛΟ ΚΑΤΗΓΟΡΙΑ ΕΤ. ΓΕΝ ΕΘΝΙΚΟΤΗΤΑ ΟΜΑΔΑ/ΣΥΛΛΟΓΟΣ FINISH  
1 8 STERGIOS KONSTANTINOU Male M60+ 1958 Greek EOS KAVALAS 04:03:45

## ΓΥΝΑΙΚΕΣ

ΚΑΤ. ΒΙΒ ΟΝΟΜΑ ΕΠΙΘΕΤΟ ΦΥΛΟ ΚΑΤΗΓΟΡΙΑ ΕΤ. ΓΕΝ ΕΘΝΙΚΟΤΗΤΑ ΟΜΑΔΑ/ΣΥΛΛΟΓΟΣ FINISH

### **Grammos Mountain Run**

1 59 LAMPRINI NTOUTSI Female W50+ 1968 Greek ΣΔ ΙΩΑΝΝΙΝΩΝ 03:26:25

2 63 VARVARA PAPATHANASIOU Female W18-49 1993 Greek 03:47:20

3 7 ANASTASIA LALAKI Female W18-49 1982 Greek KASIMIS TRAINING 03:47:44

ΓΥΝΑΙΚΕΣ 50+

ΚΑΤ. BIB ΟΝΟΜΑ ΕΠΙΘΕΤΟ ΦΥΛΟ ΚΑΤΗΓΟΡΙΑ ΕΤ. ΓΕΝ ΕΘΝΙΚΟΤΗΤΑ ΟΜΑΔΑ/ΣΥΛΛΟΓΟΣ FINISH

9 59 LAMPRINI NTOUTSI Female W50+ 1968 Greek ΣΔ ΙΩΑΝΝΙΝΩΝ 03:26:25