

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
1	1	1	1	1003	ΠΙΤΣΩΛΗΣ ΧΑΡΑΛΑΜΠΟΣ Άνδρας - 1993 (M) ΓΑΣ ΙΛΙΣΟΣ	00:00:00 00:00:00	00:00:18 00:00:18	00:05:30 00:05:30	00:11:03 00:11:03	00:16:22 00:16:22	00:22:00 00:22:00	00:27:18 00:27:18	00:32:46 00:32:46
2	2	2	2	1039	ΠΑΣΠΑΤΗΣ ΑΛΕΞΗΣ Άνδρας - 1987 (M) ΠΑΝΕΛΛΗΝΙΟΣ ΓΣ	00:00:00 00:00:00	00:00:19 00:00:19	00:05:43 00:05:43	00:11:28 00:11:28	00:16:58 00:16:58	00:22:51 00:22:51	00:28:32 00:28:32	00:34:25 00:34:25
3	3	3	3	1859	ΚΩΣΤΟΥΡΟΣ ΑΝΑΣΤΑΣΙΟΣ ΘΩΜΑΣ Άνδρας - 1989 (M)	00:00:03 00:00:00	00:00:20 00:00:17	00:05:56 00:05:53	00:12:01 00:11:58	00:17:52 00:17:49	00:24:05 00:24:02	00:30:00 00:29:58	00:35:50 00:35:47
4	4	1	4	1004	ΚΑΠΟΓΙΑΝΝΑΤΟΣ ΣΠΥΡΟΣ Άνδρας - 2000 (JM) ΓΑΣ ΙΛΙΣΟΣ	00:00:00 00:00:00	00:00:19 00:00:19	00:05:54 00:05:54	00:11:57 00:11:57	00:17:41 00:17:41	00:23:54 00:23:54	00:29:46 00:29:46	00:35:50 00:35:50
5	5	1	5	1563	ΣΑΜΠΑΝΗΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1979 (M40) SUPPORT BROKERS	00:00:00 00:00:00	00:00:21 00:00:21	00:06:17 00:06:17	00:12:29 00:12:29	00:18:20 00:18:20	00:24:19 00:24:19	00:29:59 00:29:59	00:35:52 00:35:52
6	6	1	6	1311	ΚΟΝΤΑΡΑΤΟΣ ΑΛΕΞΗΣ Άνδρας - 1966 (M50) ΓΣ ΑΜΑΡΟΥΣΙΟΥ	00:00:00 00:00:00	00:00:20 00:00:20	00:06:00 00:06:00	00:12:03 00:12:03	00:17:52 00:17:52	00:24:04 00:24:04	00:30:00 00:30:00	00:35:54 00:35:54
7	7	4	7	1868	ΖΑΧΑΡΙΑΣ ΒΑΣΙΛΗΣ Άνδρας - 1994 (M)	00:00:02 00:00:00	00:00:22 00:00:21	00:06:16 00:06:14	00:12:29 00:12:27	00:18:23 00:18:22	00:24:34 00:24:32	00:30:26 00:30:24	00:36:25 00:36:24
8	8	5	8	1780	ΡΟΥΜΑΝΟΣ ΜΙΧΑΛΗΣ Άνδρας - 1991 (M)	00:00:01 00:00:00	00:00:18 00:00:17	00:05:52 00:05:52	00:11:55 00:11:54	00:17:46 00:17:45	00:24:01 00:24:00	00:30:00 00:30:00	00:36:35 00:36:35
9	9	6	9	1851	ΧΡΙΣΤΟΔΟΥΛΑΚΗΣ ΓΙΑΝΝΗΣ Άνδρας - 1997 (M)	00:00:01 00:00:00	00:00:21 00:00:20	00:06:16 00:06:15	00:12:29 00:12:28	00:18:25 00:18:24	00:24:44 00:24:43	00:30:49 00:30:48	00:37:12 00:37:11
10	10	1	10	1167	ΓΟΥΒΑΙΛΗΣ ΧΡΗΣΤΟΣ Άνδρας - 1984 (M35)	00:00:05 00:00:00	00:00:26 00:00:22	00:06:35 00:06:30	00:13:01 00:12:57	00:19:07 00:19:03	00:25:29 00:25:25	00:31:34 00:31:29	00:37:47 00:37:42
11	11	2	11	1516	ΠΑΡΟΥΤΟΓΛΟΥ ΠΡΟΔΡΟΜΟΣ Άνδρας - 1980 (M35) MyAthlete - Chozen	00:00:04 00:00:00	00:00:24 00:00:20	00:06:24 00:06:20	00:12:50 00:12:46	00:19:01 00:18:57	00:25:30 00:25:27	00:31:36 00:31:32	00:37:47 00:37:43
12	12	1	1	1016	ΑΣΗΜΑΚΟΠΟΥΛΟΥ ΚΑΤΕΡΙΝΑ Γυναίκα - 1982 (F35) POLIAS RUNNERS	00:00:02 00:00:00	00:00:23 00:00:21	00:06:44 00:06:42	00:13:05 00:13:04	00:19:09 00:19:07	00:25:30 00:25:28	00:31:37 00:31:35	00:37:50 00:37:48
13	13	1	12	1115	ΒΑΣΙΛΕΙΟΥ ΑΛΕΞΙΟΣ Άνδρας - 1974 (M45)	00:00:04 00:00:00	00:00:28 00:00:24	00:06:33 00:06:29	00:13:07 00:13:03	00:19:20 00:19:16	00:25:54 00:25:51	00:32:11 00:32:08	00:38:33 00:38:30
14	14	7	13	1007	ΜΠΑΛΙΔΗΣ ΣΤΕΛΙΟΣ Άνδρας - 1999 (M) ΓΑΣ ΙΛΙΣΟΣ	00:00:03 00:00:00	00:00:24 00:00:21	00:06:31 00:06:28	00:13:06 00:13:04	00:19:23 00:19:21	00:25:54 00:25:52	00:32:11 00:32:09	00:38:36 00:38:33
15	15	8	14	1162	ΓΚΟΥΓΚΟΥΛΙΑΣ ΑΠΟΣΤΟΛΟΣ -ΑΝΕΣΤΗΣ Άνδρας - 1989 (M) ΦΙΛΑΘΛΗΤΙΚΟΣ ΛΑΜΙΑΣ	00:00:08 00:00:00	00:00:29 00:00:21	00:06:24 00:06:17	00:12:53 00:12:46	00:19:10 00:19:03	00:25:48 00:25:40	00:32:10 00:32:03	00:38:36 00:38:28
16	16	1	2	1040	ΣΠΑΘΗ ΒΑΣΙΛΙΚΗ Γυναίκα - 1994 (F) ΠΑΝΕΛΛΗΝΙΟΣ ΓΣ	00:00:00 00:00:00	00:00:21 00:00:21	00:06:34 00:06:34	00:13:06 00:13:06	00:19:13 00:19:13	00:25:46 00:25:46	00:32:11 00:32:11	00:38:42 00:38:42
17	17	2	15	1784	ΣΠΗΛΙΟΠΟΥΛΟΣ ΓΙΩΡΓΟΣ Άνδρας - 1966 (M50) ΔΡΟΜΕΑΣ ΑΜΑΡΟΥΣΙΟΥ	00:00:00 00:00:00	00:00:21 00:00:21	00:06:36 00:06:36	00:13:09 00:13:09	00:19:31 00:19:31	00:26:15 00:26:15	00:32:45 00:32:45	00:39:17 00:39:17
18	18	3	16	1551	ΡΟΝΤΟΠΟΥΛΟΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1968 (M50)	00:00:02 00:00:00	00:00:23 00:00:21	00:06:37 00:06:35	00:13:09 00:13:07	00:19:31 00:19:30	00:26:15 00:26:14	00:32:46 00:32:44	00:39:17 00:39:16
19	19	2	17	1199	ΔΡΟΥΤΣΑΣ ΝΙΚΟΣ Άνδρας - 1970 (M45) ΑΠΟΛΛΩΝ ΔΥΤΙΚΗΣ ΑΤΤΙΚΗΣ	00:00:02 00:00:00	00:00:21 00:00:20	00:06:36 00:06:35	00:13:11 00:13:10	00:19:32 00:19:31	00:26:16 00:26:14	00:32:44 00:32:43	00:39:22 00:39:21
20	20	9	18	1065	ΑΓΓΕΛΟΠΟΥΛΟΣ ΣΤΑΥΡΟΣ Άνδρας - 1990 (M) ΓΑΣ ΙΛΙΣΟΣ	00:00:03 00:00:00	00:00:23 00:00:21	00:06:37 00:06:35	00:13:18 00:13:16	00:19:46 00:19:44	00:26:34 00:26:32	00:33:00 00:32:58	00:39:26 00:39:24
21	21	10	19	1362	ΛΑΦΑΤΖΗΣ ΑΛΕΞΑΝΔΡΟΣ Άνδρας - 1991 (M) ΓΑΣ ΙΛΙΣΟΣ	00:00:03 00:00:00	00:00:24 00:00:22	00:06:48 00:06:45	00:13:33 00:13:31	00:19:59 00:19:57	00:26:38 00:26:36	00:32:59 00:32:56	00:39:27 00:39:24
22	22	4	20	1720	ΒΩΒΟΣ ΣΤΕΛΙΟΣ Άνδρας - 1967 (M50) ΓΣ ΑΜΑΡΟΥΣΙΟΥ	00:00:05 00:00:00	00:00:28 00:00:23	00:06:58 00:06:53	00:13:39 00:13:34	00:20:01 00:19:56	00:26:41 00:26:36	00:33:05 00:33:00	00:39:41 00:39:36
23	23	3	21	1002	ΜΠΑΚΑΣ ΗΛΙΑΣ Άνδρας - 1980 (M35)	00:00:02 00:00:00	00:00:21 00:00:19	00:06:35 00:06:34	00:13:18 00:13:17	00:19:44 00:19:43	00:26:29 00:26:28	00:33:00 00:32:59	00:39:42 00:39:41
24	24	2	22	1331	ΚΟΥΡΚΟΥΛΙΩΤΗΣ ΕΥΘΥΜΙΟΣ Άνδρας - 2000 (JM)	00:00:12 00:00:00	00:00:39 00:00:28	00:07:35 00:07:24	00:14:14 00:14:03	00:20:23 00:20:11	00:26:51 00:26:40	00:33:11 00:33:00	00:39:42 00:39:31

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
25	25	4	23	1456	ΝΤΙΝΟΥ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1983 (Μ35) Μυρτιάς	00:00:06 00:00:00	00:00:28 00:00:23	00:06:44 00:06:39	00:13:26 00:13:21	00:19:52 00:19:46	00:26:36 00:26:30	00:33:06 00:33:00	00:39:45 00:39:40
26	26	5	24	1594	ΣΤΑΘΟΠΟΥΛΟΣ ΒΑΓΓΕΛΗΣ Άνδρας - 1983 (Μ35) ΜΡ 1504	00:00:04 00:00:00	00:00:29 00:00:25	00:06:50 00:06:46	00:13:26 00:13:22	00:19:55 00:19:52	00:26:37 00:26:34	00:33:13 00:33:09	00:39:46 00:39:43
27	27	2	25	1148	ΓΙΑΝΝΑΚΟΠΟΥΛΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1977 (Μ40) Krommidas Coaching	00:00:04 00:00:00	00:00:24 00:00:20	00:06:39 00:06:35	00:13:16 00:13:13	00:19:42 00:19:38	00:26:31 00:26:27	00:33:09 00:33:05	00:39:50 00:39:46
28	28	11	26	1015	ΜΑΥΡΟΕΙΔΕΑΣ ΗΛΙΑΣ Άνδρας - 1985 (Μ)	00:00:04 00:00:00	00:00:25 00:00:21	00:06:47 00:06:44	00:13:35 00:13:32	00:20:04 00:20:01	00:26:52 00:26:48	00:33:11 00:33:08	00:39:50 00:39:47
29	29	6	27	1041	ΑΓΙΣ ΠΙΣΧΟΣ Άνδρας - 1980 (Μ35) ΠΑΝΕΛΛΗΝΙΟΣ ΓΣ	00:00:02 00:00:00	00:00:22 00:00:21	00:06:34 00:06:33	00:13:16 00:13:15	00:19:44 00:19:43	00:26:42 00:26:40	00:33:14 00:33:13	00:39:53 00:39:52
30	30	7	28	1108	ΑΦΡΟΥΔΑΚΗΣ ΠΑΝΤΕΛΗΣ Άνδρας - 1981 (Μ35) ΓΑΣ ΙΛΙΣΟΣ	00:00:02 00:00:00	00:00:23 00:00:22	00:06:31 00:06:29	00:13:06 00:13:05	00:19:23 00:19:22	00:26:14 00:26:13	00:32:54 00:32:53	00:39:56 00:39:54
31	31	12	29	1662	ΧΑΡΑΛΑΜΠΟΠΟΥΛΟΣ ΑΘΑΝΑΣΙΟΣ Άνδρας - 1987 (Μ) ΔΕΛΤΑ	00:00:05 00:00:00	00:00:27 00:00:23	00:06:44 00:06:39	00:13:26 00:13:22	00:20:03 00:19:59	00:26:56 00:26:51	00:33:30 00:33:26	00:40:08 00:40:04
32	32	3	30	1353	ΚΩΣΤΙΜΠΑΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1973 (Μ45) LOS VATHROS	00:00:04 00:00:00	00:00:25 00:00:21	00:06:46 00:06:42	00:13:26 00:13:23	00:19:56 00:19:52	00:26:43 00:26:39	00:33:20 00:33:16	00:40:09 00:40:05
33	33	1	3	1005	ΚΟΛΟΒΟΥ ΒΙΚΗ Γυναίκα - 1979 (F40) ΓΑΣ ΙΛΙΣΟΣ	00:00:00 00:00:00	00:00:20 00:00:20	00:06:36 00:06:36	00:13:13 00:13:13	00:19:49 00:19:49	00:26:38 00:26:38	00:33:21 00:33:21	00:40:09 00:40:09
34	34	13	31	1568	ΣΕΡΑΦΗΣ ΜΙΧΑΛΗΣ Άνδρας - 1996 (Μ)	00:00:00 00:00:00	00:00:18 00:00:18	00:06:18 00:06:18	00:12:56 00:12:56	00:19:41 00:19:41	00:26:44 00:26:44	00:33:39 00:33:39	00:40:12 00:40:12
35	35	8	32	1385	ΜΑΡΑΓΚΟΣ ΛΟΥΚΑΣ Άνδρας - 1982 (Μ35) PHYSIOLYSIS	00:00:05 00:00:00	00:00:28 00:00:24	00:06:49 00:06:45	00:13:32 00:13:28	00:20:03 00:19:58	00:26:54 00:26:50	00:33:31 00:33:27	00:40:13 00:40:08
36	36	2	4	1394	ΜΑΥΡΙΔΟΠΟΥΛΟΥ ΕΛΕΝΗ Γυναίκα - 1990 (F) Γ.Σ. ΗΛΙΟΥΠΟΛΗΣ	00:00:02 00:00:00	00:00:24 00:00:22	00:06:55 00:06:54	00:13:45 00:13:43	00:20:13 00:20:11	00:26:57 00:26:55	00:33:32 00:33:30	00:40:13 00:40:12
37	37	14	33	1723	ΓΚΑΡΑΒΕΛΑΣ ΗΛΙΑΣ Άνδρας - 1987 (Μ) Αθλοκίνηση	00:00:03 00:00:00	00:00:24 00:00:21	00:06:45 00:06:42	00:13:30 00:13:27	00:19:55 00:19:52	00:26:48 00:26:45	00:33:26 00:33:23	00:40:15 00:40:12
38	38	3	5	1038	ΠΑΠΑΓΕΩΡΓΙΟΥ ΝΕΦΕΛΗ Γυναίκα - 1994 (F) ΠΑΝΕΛΛΗΝΙΟΣ ΓΣ	00:00:02 00:00:00	00:00:22 00:00:21	00:06:56 00:06:55	00:13:51 00:13:50	00:20:20 00:20:18	00:27:08 00:27:07	00:33:40 00:33:38	00:40:21 00:40:19
39	39	3	34	1177	ΔΑΜΟΥΛΑΚΗΣ ΓΙΩΡΓΟΣ Άνδρας - 1979 (Μ40)	00:00:03 00:00:00	00:00:25 00:00:22	00:06:44 00:06:41	00:13:22 00:13:20	00:19:52 00:19:50	00:26:54 00:26:51	00:33:32 00:33:29	00:40:32 00:40:29
40	40	9	35	1285	ΚΑΤΣΙΠΗΣ ΝΙΚΟΛΑΣ Άνδρας - 1983 (Μ35) Aliferis running	00:00:01 00:00:00	00:00:21 00:00:21	00:06:43 00:06:42	00:13:35 00:13:34	00:20:15 00:20:14	00:27:05 00:27:04	00:33:44 00:33:44	00:40:36 00:40:35
41	41	10	36	1011	ΘΕΟΔΟΣΙΟΥ ΑΝΑΣΤΑΣΗΣ Άνδρας - 1981 (Μ35) ΣΕΒΑΣ ΠΑΦΟΥ ΣΤΕΛΙΟΣ ΚΥΡΙΑΚΙΔΗΣ	00:00:07 00:00:00	00:00:32 00:00:25	00:06:53 00:06:46	00:13:47 00:13:40	00:20:30 00:20:23	00:27:36 00:27:29	00:34:18 00:34:11	00:40:59 00:40:52
42	42	15	37	1390	ΜΑΡΤΙΝΗΣ ΑΝΔΡΕΑΣ Άνδρας - 1990 (Μ) Adidas Runners	00:00:09 00:00:00	00:00:36 00:00:27	00:06:56 00:06:47	00:13:37 00:13:28	00:20:20 00:20:11	00:27:22 00:27:13	00:34:16 00:34:08	00:41:00 00:40:52
43	43	11	38	1614	ΤΑΒΛΑΚΗΣ ΜΑΝΟΣ Άνδρας - 1984 (Μ35)	00:00:02 00:00:00	00:00:21 00:00:19	00:06:39 00:06:38	00:13:32 00:13:31	00:20:17 00:20:16	00:27:18 00:27:17	00:34:10 00:34:09	00:41:03 00:41:02
44	44	16	39	1733	ΖΩΤΑΣ ΓΙΩΡΓΟΣ Άνδρας - 1987 (Μ) ΑΘΛΟΚΙΝΗΣΗ	00:00:03 00:00:00	00:00:23 00:00:21	00:06:45 00:06:42	00:13:30 00:13:28	00:20:05 00:20:02	00:27:07 00:27:04	00:34:06 00:34:03	00:41:12 00:41:09
45	45	4	40	1443	ΜΠΟΥΡΛΑΣ ΦΕΙΔΙΑΣ Άνδρας - 1970 (Μ45) ΕΨΙΛΟΝ	00:00:05 00:00:00	00:00:29 00:00:24	00:06:55 00:06:51	00:13:50 00:13:45	00:20:35 00:20:30	00:27:36 00:27:32	00:34:25 00:34:21	00:41:16 00:41:12
46	46	5	41	1276	ΚΑΡΥΑΜΠΑΣ ΓΙΩΡΓΟΣ Άνδρας - 1969 (Μ50) Α.Ο. ΦΙΛΟΘΕΗΣ	00:00:02 00:00:00	00:00:21 00:00:20	00:06:50 00:06:49	00:13:50 00:13:49	00:20:33 00:20:32	00:27:38 00:27:37	00:34:26 00:34:25	00:41:20 00:41:19
47	47	4	42	1665	ΧΑΡΙΣΗΣ ΙΩΑΝΝΗΣ Άνδρας - 1978 (Μ40) Γ. Σ. Ηλιούπολης	00:00:03 00:00:00	00:00:26 00:00:23	00:07:01 00:06:58	00:14:02 00:14:00	00:20:46 00:20:44	00:27:43 00:27:41	00:34:30 00:34:27	00:41:24 00:41:22

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48	48	4	6	1008	ΠΑΣΠΑΤΗ ΔΑΝΑΗ Γυναίκα - 1994 (F) ΓΑΣ ΙΛΙΣΟΣ	00:00:00 00:00:00	00:00:21 00:00:21	00:06:48 00:06:48	00:13:36 00:13:36	00:20:18 00:20:18	00:27:32 00:27:32	00:34:24 00:34:24	00:41:26 00:41:26
49	49	5	43	1578	ΣΚΙΑΔΑΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1971 (M45)	00:00:07 00:00:00	00:00:33 00:00:27	00:07:10 00:07:04	00:14:14 00:14:08	00:21:01 00:20:55	00:28:05 00:27:59	00:34:43 00:34:37	00:41:26 00:41:20
50	50	5	44	1413	ΜΟΥΣΤΑΚΑΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1976 (M40) GR RUNNERS	00:00:07 00:00:00	00:00:32 00:00:26	00:06:56 00:06:49	00:13:45 00:13:38	00:20:21 00:20:15	00:27:23 00:27:16	00:34:21 00:34:15	00:41:30 00:41:24
51	51	1	45	1571	ΣΙΑΜΟΣ ΠΕΡΙΚΛΗΣ Άνδρας - 1964 (M55)	00:00:02 00:00:00	00:00:21 00:00:20	00:06:44 00:06:42	00:13:45 00:13:44	00:20:30 00:20:29	00:27:45 00:27:44	00:34:42 00:34:41	00:41:40 00:41:39
52	52	6	46	1508	ΠΑΠΑΧΡΗΣΤΙΔΗΣ ΑΡΙΣΤΕΙΔΗΣ Άνδρας - 1975 (M40) 3DR - Deutsche Schule Athen	00:00:05 00:00:00	00:00:28 00:00:24	00:06:54 00:06:49	00:13:56 00:13:52	00:20:40 00:20:36	00:27:48 00:27:44	00:34:41 00:34:37	00:41:45 00:41:41
53	53	6	47	1639	ΤΣΙΜΟΥΡΑΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1972 (M45)	00:00:09 00:00:00	00:00:33 00:00:24	00:07:07 00:06:58	00:14:11 00:14:02	00:20:56 00:20:47	00:28:03 00:27:54	00:34:51 00:34:42	00:41:46 00:41:38
54	54	12	48	1224	ΖΙΩΤΟΠΟΥΛΟΣ ΓΙΩΡΓΟΣ Άνδρας - 1982 (M35)	00:00:12 00:00:00	00:00:40 00:00:28	00:07:30 00:07:18	00:14:18 00:14:06	00:21:01 00:20:49	00:28:01 00:27:49	00:34:46 00:34:34	00:41:49 00:41:37
55	55	7	49	1832	ΤΡΑΓΟΥΣΤΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1973 (M45)	00:00:03 00:00:00	00:00:24 00:00:21	00:06:54 00:06:52	00:13:48 00:13:45	00:20:36 00:20:33	00:27:47 00:27:44	00:34:41 00:34:38	00:41:54 00:41:52
56	56	2	50	1389	ΜΑΡΚΟΥΙΖΟΣ ΧΡΗΣΤΟΣ Άνδρας - 1964 (M55) marathon club	00:00:06 00:00:00	00:00:31 00:00:25	00:07:11 00:07:06	00:14:12 00:14:06	00:20:54 00:20:49	00:28:03 00:27:58	00:34:54 00:34:49	00:42:04 00:41:59
57	57	8	51	1646	ΤΣΟΥΜΑΣ ΒΑΣΙΛΕΙΟΣ Άνδρας - 1972 (M45) Ironkoukou	00:00:03 00:00:00	00:00:23 00:00:20	00:06:53 00:06:51	00:13:49 00:13:47	00:20:38 00:20:36	00:27:48 00:27:46	00:34:50 00:34:47	00:42:04 00:42:02
58	58	7	52	1775	ΠΑΠΑΝΔΡΕΟΥ ΒΑΓΓΕΛΗΣ Άνδρας - 1979 (M40) Vodafone Running Team	00:00:11 00:00:00	00:00:35 00:00:24	00:07:20 00:07:09	00:14:19 00:14:09	00:21:09 00:20:59	00:28:15 00:28:05	00:35:13 00:35:03	00:42:07 00:41:57
59	59	8	53	1680	ΨΑΡΑΣ ΙΩΑΝΝΗΣ Άνδρας - 1977 (M40) ΑΓΣ ΤΟ ΟΙΟΝ ΑΓΙΟΥ ΣΤΕΦΑΝΟΥ	00:00:08 00:00:00	00:00:32 00:00:25	00:07:10 00:07:03	00:14:12 00:14:05	00:20:58 00:20:51	00:28:10 00:28:03	00:35:04 00:34:56	00:42:09 00:42:02
60	60	17	54	1824	ΜΠΙΣΜΠΙΚΗΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1993 (M)	00:00:02 00:00:00	00:00:25 00:00:24	00:06:53 00:06:51	00:13:45 00:13:44	00:20:25 00:20:23	00:27:36 00:27:34	00:35:13 00:35:11	00:42:12 00:42:10
61	61	18	55	1717	ΒΙΤΖΗΛΑΙΟΣ ΑΠΟΣΤΟΛΟΣ Άνδρας - 1986 (M)	00:00:22 00:00:00	00:00:49 00:00:28	00:07:42 00:07:21	00:14:41 00:14:20	00:21:24 00:21:03	00:28:30 00:28:09	00:35:16 00:34:55	00:42:13 00:41:51
62	62	6	56	1715	ΒΑΡΕΛΑΣ ΧΑΡΗΣ Άνδρας - 1968 (M50)	00:00:08 00:00:00	00:00:31 00:00:24	00:07:00 00:06:53	00:14:03 00:13:56	00:20:53 00:20:46	00:28:08 00:28:01	00:35:11 00:35:04	00:42:21 00:42:14
63	63	1	7	1424	ΜΠΑΝΑΝΑ ΕΙΡΗΝΗ Γυναίκα - 1974 (F45)	00:00:04 00:00:00	00:00:28 00:00:24	00:07:11 00:07:07	00:14:14 00:14:10	00:21:12 00:21:08	00:28:21 00:28:17	00:35:19 00:35:15	00:42:21 00:42:17
64	64	3	57	1839	ΚΟΤΖΑΜΠΑΣΗΣ ΣΠΥΡΟΣ Άνδρας - 1963 (M55) ΣΔΥ ΡΕΘΥΜΝΟΥ	00:00:12 00:00:00	00:00:37 00:00:26	00:07:36 00:07:24	00:14:42 00:14:31	00:21:25 00:21:14	00:28:30 00:28:19	00:35:18 00:35:07	00:42:29 00:42:18
65	65	9	58	1001	ΠΟΛΙΑΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1971 (M45) POLIAS RUNNERS	00:00:00 00:00:00	00:00:21 00:00:21	00:07:14 00:07:14	00:14:27 00:14:27	00:21:24 00:21:24	00:28:40 00:28:40	00:35:35 00:35:35	00:42:30 00:42:30
66	66	9	59	1277	ΚΑΡΥΔΑΚΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1978 (M40) Marathon Team Greece by Maria Polyzou	00:00:30 00:00:00	00:00:57 00:00:28	00:07:43 00:07:14	00:14:43 00:14:14	00:21:24 00:20:55	00:28:33 00:28:04	00:35:34 00:35:05	00:42:38 00:42:09
67	67	13	60	1068	ΑΓΙΟΜΑΥΡΙΤΗΣ ΛΕΥΤΕΡΗΣ Άνδρας - 1982 (M35)	00:00:10 00:00:00	00:00:34 00:00:25	00:07:20 00:07:10	00:14:22 00:14:13	00:21:10 00:21:01	00:28:19 00:28:10	00:35:17 00:35:07	00:42:40 00:42:30
68	68	14	61	1334	ΚΟΥΤΡΟΥΜΠΗΣ ΑΘΑΝΑΣΙΟΣ Άνδρας - 1982 (M35) GENESION MULTISPORTS CLUB - ΧΙΡΟΡΙΓΑΔΟ ARCADIA	00:00:08 00:00:00	00:00:30 00:00:22	00:07:01 00:06:53	00:14:07 00:13:59	00:20:57 00:20:49	00:28:22 00:28:15	00:35:29 00:35:21	00:42:42 00:42:34
69	69	19	62	1729	ΔΟΛΙΟΣ ΣΑΚΗΣ Άνδρας - 1992 (M)	00:00:25 00:00:00	00:00:51 00:00:27	00:07:20 00:06:56	00:14:09 00:13:45	00:21:03 00:20:39	00:28:23 00:27:59	00:35:30 00:35:06	00:42:42 00:42:18
70	70	15	63	1103	ΑΡΜΑΚΑΣ ΣΤΑΥΡΟΣ Άνδρας - 1983 (M35) Α.Ο.ΠΕΥΚΗΣ	00:00:04 00:00:00	00:00:28 00:00:25	00:06:52 00:06:49	00:13:44 00:13:41	00:20:51 00:20:47	00:28:10 00:28:07	00:35:30 00:35:27	00:42:43 00:42:40

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
71	71	10	64	1487	ΠΑΠΑΔΟΠΟΥΛΟΣ ΦΡΑΓΚΙΣΚΟΣ Άνδρας - 1977 (M40) TRISSUTO - KROMMIDAS COACHING	00:00:04 00:00:00	00:00:26 00:00:23	00:06:52 00:06:49	00:14:03 00:13:59	00:21:05 00:21:01	00:28:28 00:28:25	00:35:31 00:35:28	00:42:44 00:42:41
72	72	11	65	1643	ΤΣΙΡΟΣ ΓΙΑΝΝΗΣ Άνδρας - 1977 (M40) ELVAL Running Team	00:00:10 00:00:00	00:00:34 00:00:25	00:07:15 00:07:06	00:14:28 00:14:19	00:21:19 00:21:10	00:28:33 00:28:23	00:35:30 00:35:21	00:42:45 00:42:35
73	73	10	66	1462	ΠΑΓΙΑΥΛΑΣ ΧΑΡΗΣ Άνδρας - 1973 (M45)	00:00:04 00:00:00	00:00:24 00:00:20	00:06:48 00:06:44	00:13:53 00:13:49	00:20:53 00:20:50	00:28:15 00:28:11	00:35:24 00:35:20	00:42:47 00:42:43
74	74	5	8	1169	ΓΟΥΠΟΥ ΤΑΝΙΑ Γυναίκα - 1991 (F) RUNZONE-ΑΝΑΤΟΛΗ ΝΕΑΣ ΙΩΝΙΑΣ	00:00:02 00:00:00	00:00:22 00:00:20	00:07:06 00:07:05	00:14:20 00:14:19	00:21:26 00:21:25	00:28:42 00:28:40	00:35:49 00:35:47	00:42:47 00:42:46
75	75	2	9	1558	ΣΑΚΕΛΛΑΡΗ ΠΑΓΩΝΑ ΔΑΝΑΗ Γυναίκα - 1977 (F40)	00:00:00 00:00:00	00:00:21 00:00:21	00:06:52 00:06:52	00:14:00 00:14:00	00:21:01 00:21:01	00:28:23 00:28:23	00:35:29 00:35:29	00:42:48 00:42:48
76	76	20	67	1201	ΕΜΜΑΝΟΥΗΛΙΔΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1990 (M)	00:00:04 00:00:00	00:00:25 00:00:21	00:06:53 00:06:49	00:14:01 00:13:57	00:21:10 00:21:06	00:28:35 00:28:31	00:35:47 00:35:43	00:42:51 00:42:47
77	77	1	68	1341	ΚΥΠΡΑΙΟΣ ΑΝΤΩΝΗΣ Άνδρας - 1957 (M60) marathon club	00:00:08 00:00:00	00:00:31 00:00:23	00:07:22 00:07:15	00:14:36 00:14:28	00:21:34 00:21:26	00:28:55 00:28:47	00:35:54 00:35:46	00:43:08 00:43:00
78	78	11	69	1620	ΤΖΑΚΟΣ ΑΛΕΞΙΟΣ Άνδρας - 1971 (M45)	00:00:04 00:00:00	00:00:27 00:00:24	00:07:11 00:07:08	00:14:17 00:14:14	00:21:22 00:21:19	00:28:44 00:28:41	00:36:01 00:35:58	00:43:12 00:43:09
79	79	21	70	1666	ΧΑΡΙΣΤΟΣ ΓΙΩΡΓΟΣ Άνδρας - 1989 (M) VRILISSIA RUNNING TEAM	00:00:18 00:00:00	00:00:46 00:00:29	00:07:44 00:07:27	00:15:01 00:14:44	00:21:56 00:21:38	00:29:11 00:28:53	00:36:11 00:35:53	00:43:13 00:42:55
80	80	7	71	1682	ΩΡΟΛΟΓΙΔΗΣ ΠΟΣΕΙΔΩΝ Άνδρας - 1969 (M50) ΣΔΥΠ	00:00:09 00:00:00	00:00:36 00:00:27	00:07:43 00:07:34	00:15:07 00:14:58	00:22:06 00:21:57	00:29:20 00:29:11	00:36:14 00:36:06	00:43:23 00:43:14
81	81	22	72	1053	MILWARD HENRY Άνδρας - 1988 (M)	00:00:10 00:00:00	00:00:38 00:00:28	00:07:12 00:07:02	00:14:21 00:14:11	00:21:30 00:21:20	00:29:00 00:28:51	00:36:15 00:36:05	00:43:24 00:43:14
82	82	23	73	1231	ΘΑΡΟΥΝΙΑΤΗΣ ΝΙΚΟΣ Άνδρας - 1988 (M) ΑΘΛΟΚΙΝΗΣΗ	00:00:04 00:00:00	00:00:24 00:00:20	00:06:45 00:06:41	00:13:37 00:13:33	00:20:58 00:20:54	00:28:26 00:28:22	00:35:48 00:35:45	00:43:28 00:43:25
83	83	12	74	1229	ΗΛΙΟΠΟΥΛΟΣ ΒΑΣΙΛΕΙΟΣ Άνδρας - 1978 (M40) ΑΠΣ ΑΠΟΛΛΩΝ ΔΥΤ. ΑΤΤΙΚΗΣ	00:00:04 00:00:00	00:00:26 00:00:22	00:07:10 00:07:06	00:14:27 00:14:23	00:21:39 00:21:35	00:29:08 00:29:04	00:36:20 00:36:16	00:43:36 00:43:32
84	84	24	75	1633	ΤΣΑΠΟΥΡΑΣ ΣΥΜΕΩΝΙΔΗΣ ΣΤΕΛΙΟΣ Άνδρας - 1999 (M)	00:00:12 00:00:00	00:00:35 00:00:24	00:06:38 00:06:26	00:13:24 00:13:13	00:20:24 00:20:12	00:27:55 00:27:44	00:35:30 00:35:19	00:43:38 00:43:26
85	85	16	76	1158	ΓΚΙΖΑΣ ΣΤΑΜΑΤΗΣ Άνδρας - 1981 (M35)	00:00:09 00:00:00	00:00:32 00:00:24	00:07:05 00:06:57	00:14:11 00:14:03	00:21:13 00:21:04	00:28:33 00:28:25	00:36:07 00:35:59	00:43:42 00:43:34
86	86	17	77	1227	ΖΩΡΗΣ ΓΙΩΡΓΟΣ Άνδρας - 1984 (M35)	00:00:08 00:00:00	00:00:31 00:00:24	00:07:17 00:07:09	00:14:36 00:14:28	00:21:59 00:21:51	00:29:34 00:29:26	00:36:42 00:36:35	00:43:47 00:43:39
87	87	18	78	1211	ΖΑΓΚΟΣ ΑΡΙΣΤΟΤΕΛΗΣ Άνδρας - 1983 (M35)	00:00:03 00:00:00	00:00:25 00:00:22	00:07:21 00:07:18	00:14:31 00:14:28	00:21:31 00:21:28	00:28:58 00:28:55	00:36:21 00:36:18	00:43:50 00:43:47
88	88	4	79	1770	ΠΑΠΑΒΑΣΙΛΕΙΟΥ ΘΩΜΑΣ Άνδρας - 1960 (M55) ATP Training	00:00:02 00:00:00	00:00:24 00:00:22	00:07:17 00:07:15	00:14:33 00:14:32	00:21:46 00:21:44	00:29:09 00:29:08	00:36:30 00:36:28	00:43:51 00:43:49
89	89	19	80	1451	ΝΙΤΗΣ ΒΑΣΙΛΕΙΟΣ Άνδρας - 1980 (M35)	00:00:10 00:00:00	00:00:34 00:00:24	00:07:23 00:07:14	00:14:38 00:14:28	00:21:46 00:21:36	00:29:14 00:29:05	00:36:24 00:36:15	00:43:54 00:43:45
90	90	13	81	1418	ΜΠΑΛΑΣΚΑΣ ΧΡΗΣΤΟΣ Άνδρας - 1977 (M40)	00:00:18 00:00:00	00:00:46 00:00:28	00:08:01 00:07:44	00:15:25 00:15:07	00:22:28 00:22:10	00:29:50 00:29:32	00:36:49 00:36:31	00:44:00 00:43:42
91	91	1	82	1501	ΠΑΠΑΝΤΩΝΙΟΥ ΕΥΣΤΑΘΙΟΣ Άνδρας - 1954 (M65) SDYP	00:00:03 00:00:00	00:00:28 00:00:26	00:07:37 00:07:35	00:14:59 00:14:57	00:22:01 00:21:59	00:29:25 00:29:23	00:36:34 00:36:32	00:44:00 00:43:58
92	92	25	83	1811	ΧΡΟΝΟΠΟΥΛΟΣ ΔΗΜΟΣΘΕΝΗΣ Άνδρας - 1996 (M) adidas Runners Athens	00:00:10 00:00:00	00:00:38 00:00:29	00:07:37 00:07:27	00:15:01 00:14:51	00:22:12 00:22:02	00:29:38 00:29:28	00:36:43 00:36:33	00:44:02 00:43:52
93	93	20	84	1785	ΣΠΥΡΟΣ ΓΙΩΡΓΟΣ Άνδρας - 1981 (M35) ΕΛΛΗΝΙΚΗ ΟΜΟΣΠΟΝΔΙΑ ΤΡΙΑΘΛΟΥ	00:00:12 00:00:00	00:00:39 00:00:28	00:07:37 00:07:26	00:15:01 00:14:50	00:22:12 00:22:00	00:29:38 00:29:27	00:36:43 00:36:32	00:44:02 00:43:51

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
94	94	21	85	1519	ΠΑΣΑΓΓΕΛΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1981 (M35)	00:00:04 00:00:00	00:00:25 00:00:22	00:07:29 00:07:26	00:14:56 00:14:53	00:22:10 00:22:07	00:29:44 00:29:41	00:36:52 00:36:49	00:44:02 00:43:59
95	95	22	86	1077	ΑΝΑΓΝΩΣΤΟΥ ΓΙΑΝΝΗΣ Άνδρας - 1980 (M35) S RUNNERS	00:00:05 00:00:00	00:00:24 00:00:20	00:06:50 00:06:46	00:14:26 00:14:22	00:21:40 00:21:36	00:29:18 00:29:13	00:36:36 00:36:32	00:44:04 00:44:00
96	96	8	87	1619	ΤΕΣΣΕΡΗΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1968 (M50) marathon club	00:00:10 00:00:00	00:00:38 00:00:28	00:07:38 00:07:28	00:15:04 00:14:54	00:22:09 00:21:59	00:29:37 00:29:27	00:36:47 00:36:37	00:44:05 00:43:55
97	97	3	10	1377	ΜΑΓΙΑΚΟΥ ΕΛΙΣΑΒΕΤ Γυναίκα - 1975 (F40)	00:00:00 00:00:00	00:00:21 00:00:21	00:07:08 00:07:08	00:14:48 00:14:48	00:22:13 00:22:13	00:29:52 00:29:52	00:37:00 00:37:00	00:44:08 00:44:08
98	98	12	88	1481	ΠΑΠΑΔΟΠΟΥΛΟΣ ΑΝΑΣΤΑΣΙΟΣ Άνδρας - 1972 (M45)	00:00:02 00:00:00	00:00:24 00:00:23	00:07:15 00:07:14	00:14:36 00:14:35	00:21:48 00:21:47	00:29:23 00:29:21	00:36:41 00:36:40	00:44:13 00:44:12
99	99	26	89	1565	ΣΕΪΜΑΝΙΔΗΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1988 (M)	00:00:05 00:00:00	00:00:28 00:00:23	00:07:06 00:07:01	00:14:21 00:14:16	00:21:30 00:21:25	00:29:24 00:29:19	00:36:45 00:36:40	00:44:16 00:44:11
100	100	14	90	1849	ΤΣΑΚΛΑΝΟΣ ΧΡΗΣΤΟΣ Άνδρας - 1978 (M40)	00:00:06 00:00:00	00:00:32 00:00:26	00:07:13 00:07:07	00:14:21 00:14:15	00:21:36 00:21:30	00:29:12 00:29:06	00:36:38 00:36:32	00:44:16 00:44:11
101	101	23	91	1260	ΚΑΡΑΓΙΑΝΝΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1983 (M35) Χαλανδρι triathlon	00:00:12 00:00:00	00:00:38 00:00:26	00:07:36 00:07:25	00:15:03 00:14:52	00:22:11 00:21:59	00:29:45 00:29:33	00:36:54 00:36:43	00:44:21 00:44:09
102	102	15	92	1552	ΡΟΥΠΠΑΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1975 (M40)	00:00:10 00:00:00	00:00:37 00:00:27	00:07:35 00:07:26	00:15:04 00:14:55	00:22:16 00:22:07	00:29:49 00:29:40	00:37:05 00:36:56	00:44:21 00:44:12
103	103	1	11	1797	ΤΣΑΠΑΛΗ ΜΑΡΙΑ ANNA Γυναίκα - 2001 (JF) Γ.Σ. ΝΕΑΠΟΛΗΣ ΧΑΛΚΙΔΑΣ	00:00:00 00:00:00	00:00:21 00:00:21	00:07:04 00:07:04	00:14:30 00:14:30	00:21:52 00:21:52	00:29:36 00:29:36	00:36:53 00:36:53	00:44:21 00:44:21
104	104	9	93	1013	ΚΟΜΜΩΔΡΟΜΟΣ ΧΡΙΣΤΟΣ Άνδρας - 1967 (M50) ΣΕΒΑΣ ΠΑΦΟΥ ΣΤΕΛΙΟΣ ΚΥΡΙΑΚΙΔΗΣ	00:00:08 00:00:00	00:00:35 00:00:27	00:07:33 00:07:25	00:14:58 00:14:50	00:22:07 00:21:59	00:29:41 00:29:33	00:37:00 00:36:52	00:44:21 00:44:13
105	105	6	12	1330	ΚΟΥΡΚΟΥΛΙΩΤΗ ΕΛΕΝΗ Γυναίκα - 1994 (F) ΓΑΣ ΙΛΙΣΟΣ	00:00:12 00:00:00	00:00:39 00:00:28	00:07:37 00:07:25	00:14:52 00:14:41	00:22:06 00:21:55	00:29:37 00:29:26	00:36:53 00:36:42	00:44:22 00:44:10
106	106	27	94	1032	ΖΑΧΑΡΙΑΣ ΣΤΕΛΙΟΣ Άνδρας - 1985 (M) Speedy Gonzalez	00:00:05 00:00:00	00:00:25 00:00:21	00:07:26 00:07:22	00:14:51 00:14:47	00:22:00 00:21:56	00:29:31 00:29:27	00:36:54 00:36:50	00:44:24 00:44:20
107	107	24	95	1271	ΚΑΡΑΤΩΛΟΣ ΝΙΚΟΣ Άνδρας - 1981 (M35)	00:00:06 00:00:00	00:00:29 00:00:24	00:07:35 00:07:30	00:15:06 00:15:01	00:22:20 00:22:15	00:29:54 00:29:48	00:37:08 00:37:03	00:44:29 00:44:24
108	108	28	96	1033	ΠΑΠΑΔΗΜΑΣ ΑΝΔΡΕΑΣ Άνδρας - 1987 (M) Speedy Gonzalez	00:00:04 00:00:00	00:00:27 00:00:23	00:07:26 00:07:22	00:14:50 00:14:47	00:21:59 00:21:55	00:29:31 00:29:27	00:36:54 00:36:50	00:44:29 00:44:25
109	109	13	97	1212	ΖΑΛΩΝΗΣ ΚΩΣΤΑΣ Άνδρας - 1973 (M45)	00:00:29 00:00:00	00:00:56 00:00:27	00:08:02 00:07:34	00:15:35 00:15:06	00:22:41 00:22:13	00:30:07 00:29:38	00:37:15 00:36:47	00:44:30 00:44:02
110	110	29	98	1622	ΤΖΑΝΕΤΟΥΛΑΚΟΣ ΗΛΙΑΣ Άνδρας - 1997 (M)	00:00:10 00:00:00	00:00:43 00:00:33	00:07:39 00:07:30	00:14:58 00:14:48	00:22:14 00:22:04	00:29:56 00:29:46	00:37:06 00:36:56	00:44:33 00:44:23
111	111	14	99	1792	ΤΑΤΣΗΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1970 (M45) ΔΕΛΤΑ RUNNING TEAM	00:00:19 00:00:00	00:00:45 00:00:27	00:07:49 00:07:31	00:15:11 00:14:52	00:22:21 00:22:02	00:29:45 00:29:27	00:37:09 00:36:50	00:44:47 00:44:28
112	112	30	100	1302	ΚΟΛΟΒΑΚΟΣ ΝΑΣΟΣ Άνδρας - 1987 (M)	00:00:13 00:00:00	00:00:41 00:00:28	00:07:53 00:07:40	00:15:22 00:15:09	00:22:24 00:22:11	00:29:56 00:29:43	00:37:12 00:37:00	00:44:51 00:44:38
113	113	15	101	1246	ΚΑΛΟΓΙΑΝΝΑΚΗΣ ΓΙΩΡΓΟΣ Άνδρας - 1974 (M45) EDF Renewables/University Campus Runners	00:00:10 00:00:00	00:00:35 00:00:26	00:07:45 00:07:36	00:15:13 00:15:03	00:22:23 00:22:13	00:29:56 00:29:47	00:37:19 00:37:10	00:44:57 00:44:48
114	114	16	102	1852	ΔΗΜΗΤΡΙΟΥ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1970 (M45)	00:00:04 00:00:00	00:00:29 00:00:25	00:07:41 00:07:37	00:15:17 00:15:13	00:22:52 00:22:49	00:30:22 00:30:18	00:37:43 00:37:40	00:45:01 00:44:57
115	115	17	103	1523	ΠΑΣΣΙΑΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1973 (M45) ΣΔΥΜ	00:00:06 00:00:00	00:00:29 00:00:24	00:07:34 00:07:29	00:15:12 00:15:07	00:22:24 00:22:19	00:30:02 00:29:57	00:37:24 00:37:19	00:45:05 00:45:00

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
116	116	2	13	1850	ΑΛΕΞΟΠΟΥΛΟΥ ΑΝΔΡΟΝΙΚΗ Γυναικεία - 1973 (F45) Α.Ο. ΦΙΛΟΘΕΗΣ	00:00:02 00:00:00	00:00:23 00:00:22	00:07:16 00:07:15	00:14:33 00:14:31	00:22:02 00:22:00	00:29:44 00:29:43	00:37:22 00:37:20	00:45:07 00:45:06
117	117	18	104	1447	ΜΩΡΑΙΤΗΣ ΓΙΑΝΝΗΣ Άνδρας - 1974 (M45)	00:00:07 00:00:00	00:00:34 00:00:27	00:07:29 00:07:22	00:14:56 00:14:49	00:22:10 00:22:03	00:29:47 00:29:40	00:37:23 00:37:16	00:45:14 00:45:07
118	118	16	105	1242	ΚΑΖΑΝΑΣ ΑΡΗΣ Άνδρας - 1978 (M40)	00:00:07 00:00:00	00:00:32 00:00:26	00:07:49 00:07:43	00:15:34 00:15:28	00:22:53 00:22:47	00:30:33 00:30:26	00:37:56 00:37:50	00:45:30 00:45:24
119	119	19	106	1106	ΑΡΧΟΝΤΑΚΗΣ ΑΝΔΡΕΑΣ Άνδρας - 1971 (M45)	00:00:12 00:00:00	00:00:37 00:00:26	00:07:50 00:07:39	00:15:18 00:15:06	00:22:41 00:22:30	00:30:26 00:30:15	00:37:54 00:37:43	00:45:31 00:45:20
120	120	1	14	1290	ΚΕΧΑΓΙΑ ΛΕΛΑ ΣΑΓΚΑ Γυναικεία - 1987 (F30) Πανελλήνιος	00:00:00 00:00:00	00:00:21 00:00:21	00:07:34 00:07:34	00:15:14 00:15:14	00:22:45 00:22:45	00:30:31 00:30:31	00:38:03 00:38:03	00:45:41 00:45:41
121	121	5	107	1378	ΜΑΚΑΝΤΑΝΗΣ ΒΑΣΙΛΗΣ Άνδρας - 1961 (M55) ΣΑΦΑΝΣ	00:00:01 00:00:00	00:00:20 00:00:19	00:06:44 00:06:44	00:13:45 00:13:44	00:22:45 00:22:44	00:30:30 00:30:30	00:38:03 00:38:02	00:45:41 00:45:40
122	122	25	108	1638	ΤΣΙΓΚΡΕΛΗΣ ΑΝΤΩΝΙΟΣ Άνδρας - 1984 (M35) ΠΡΟΤΥΠΟ ΡΑΦΙΝΑ	00:00:04 00:00:00	00:00:29 00:00:25	00:07:28 00:07:25	00:15:10 00:15:07	00:22:43 00:22:39	00:30:36 00:30:33	00:38:11 00:38:08	00:45:45 00:45:41
123	123	10	109	1712	ΑΠΟΣΤΟΛΟΥ ΣΠΥΡΟΣ Άνδρας - 1968 (M50) ΑΠΣ ΤΕΛΜΗΣΣΟΣ	00:00:03 00:00:00	00:00:27 00:00:25	00:07:45 00:07:43	00:15:36 00:15:34	00:23:00 00:22:58	00:30:40 00:30:38	00:38:10 00:38:08	00:45:48 00:45:45
124	124	31	110	1865	ΕΓΓΚΛΕΖΑΚΗΣ ΑΛΕΞΑΝΔΡΟΣ Άνδρας - 1988 (M)	00:00:03 00:00:00	00:00:24 00:00:22	00:07:28 00:07:26	00:14:57 00:14:55	00:22:36 00:22:34	00:30:29 00:30:27	00:38:08 00:38:06	00:45:49 00:45:47
125	125	20	111	1026	ΡΟΧΗΔΙ ΜΟΗΑΜΜΕΔ Άνδρας - 1970 (M45)	00:00:49 00:00:00	00:01:17 00:00:29	00:08:39 00:07:50	00:15:58 00:15:10	00:23:12 00:22:24	00:30:52 00:30:04	00:38:19 00:37:31	00:45:50 00:45:02
126	126	26	112	1441	ΜΠΟΥΖΑΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1981 (M35)	00:00:02 00:00:00	00:00:23 00:00:21	00:07:14 00:07:13	00:14:43 00:14:42	00:22:19 00:22:18	00:30:14 00:30:13	00:37:59 00:37:58	00:46:02 00:46:01
127	127	32	113	1361	ΛΑΜΠΡΟΥ ΑΝΑΣΤΑΣΙΟΣ Άνδρας - 1996 (M) ΓΑΣ ΙΛΙΣΟΣ	00:00:45 00:00:00	00:01:12 00:00:28	00:08:47 00:08:02	00:16:17 00:15:33	00:23:36 00:22:52	00:31:16 00:30:32	00:38:44 00:38:00	00:46:13 00:45:29
128	128	27	114	1113	ΒΑΝΤΑΝΑΣ ΒΑΣΙΛΕΙΟΣ Άνδρας - 1984 (M35)	00:00:18 00:00:00	00:00:45 00:00:27	00:08:09 00:07:51	00:15:43 00:15:25	00:23:04 00:22:46	00:30:50 00:30:32	00:38:19 00:38:01	00:46:15 00:45:57
129	129	28	115	1297	ΚΟΖΑΚΗΣ ΧΡΗΣΤΟΣ Άνδρας - 1984 (M35)	00:00:30 00:00:00	00:00:55 00:00:26	00:08:03 00:07:34	00:15:40 00:15:10	00:23:05 00:22:35	00:30:59 00:30:29	00:38:33 00:38:03	00:46:19 00:45:49
130	130	17	116	1607	ΣΥΜΕΩΝΙΔΗΣ ΛΕΟΝΑΡΔΟΣ Άνδρας - 1976 (M40) Huncote Harriers	00:00:16 00:00:00	00:00:42 00:00:27	00:07:54 00:07:39	00:15:29 00:15:13	00:22:59 00:22:43	00:30:50 00:30:35	00:38:30 00:38:14	00:46:19 00:46:04
131	131	11	117	1114	ΒΑΣΙΛΕΙΟΥ ΑΓΑΠΙΟΣ Άνδρας - 1968 (M50) ΑΘΛΟΚΙΝΗΣΗ	00:00:03 00:00:00	00:00:26 00:00:23	00:07:13 00:07:10	00:14:46 00:14:43	00:22:08 00:22:05	00:30:13 00:30:10	00:38:04 00:38:02	00:46:25 00:46:22
132	132	18	118	1528	ΒΙΔΑΛΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1977 (M40)	00:00:18 00:00:00	00:00:45 00:00:28	00:08:01 00:07:44	00:15:31 00:15:14	00:22:57 00:22:40	00:30:44 00:30:27	00:38:30 00:38:13	00:46:26 00:46:09
133	133	12	119	1230	ΘΑΝΟΠΟΥΛΟΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1967 (M50)	00:00:16 00:00:00	00:00:42 00:00:27	00:08:05 00:07:49	00:15:43 00:15:28	00:23:11 00:22:56	00:30:58 00:30:42	00:38:37 00:38:22	00:46:30 00:46:15
134	134	13	120	1841	ΡΑΚΚΑΣ ΣΟΛΩΝ Άνδρας - 1965 (M50)	00:00:21 00:00:00	00:00:48 00:00:28	00:08:32 00:08:12	00:16:18 00:15:58	00:23:45 00:23:24	00:31:30 00:31:09	00:38:59 00:38:39	00:46:33 00:46:13
135	135	14	121	1842	ΑΝΔΡΙΟΠΟΥΛΟΣ ΓΙΩΡΓΟΣ Άνδρας - 1966 (M50)	00:00:22 00:00:00	00:00:49 00:00:28	00:08:32 00:08:11	00:16:18 00:15:57	00:23:44 00:23:23	00:31:30 00:31:09	00:38:59 00:38:38	00:46:33 00:46:12
136	136	3	122	1399	ΜΕΝΤΗΣ ΓΙΩΡΓΟΣ Άνδρας - 2002 (JM) ΑΟ ΣΠΥΡΟΣ ΛΟΥΗΣ	00:00:25 00:00:00	00:00:52 00:00:28	00:08:27 00:08:03	00:16:12 00:15:48	00:23:37 00:23:13	00:31:27 00:31:03	00:39:00 00:38:36	00:46:33 00:46:09
137	137	15	123	1834	ΠΑΠΑΔΗΜΗΤΡΙΟΥ ΑΡΙΣΤΟΦΑΝΗΣ Άνδρας - 1967 (M50) ΑΤΤΙΚΕΣ ΔΙΑΔΡΟΜΕΣ	00:00:05 00:00:00	00:00:29 00:00:25	00:07:53 00:07:49	00:15:44 00:15:40	00:23:24 00:23:20	00:31:20 00:31:15	00:38:41 00:38:37	00:46:34 00:46:30
138	138	6	124	1781	ΣΙΓΓΑΛΑΣ ΛΟΥΚΑΣ Άνδρας - 1961 (M55) POLIAS RUNNERS	00:00:07 00:00:00	00:00:32 00:00:25	00:07:42 00:07:36	00:15:28 00:15:22	00:23:03 00:22:57	00:30:59 00:30:52	00:38:44 00:38:38	00:46:35 00:46:29
139	139	16	125	1294	ΚΛΑΟΥΔΑΤΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1965 (M50)	00:00:07 00:00:00	00:00:31 00:00:25	00:07:51 00:07:45	00:15:39 00:15:33	00:23:17 00:23:11	00:31:14 00:31:08	00:38:51 00:38:45	00:46:36 00:46:29
140	140	17	126	1117	ΒΑΣΙΛΟΠΟΥΛΟΣ ΔΙΟΝΥΣΙΟΣ Άνδρας - 1969 (M50)	00:00:32 00:00:00	00:00:59 00:00:28	00:08:26 00:07:54	00:16:20 00:15:48	00:23:57 00:23:25	00:31:48 00:31:16	00:39:11 00:38:39	00:46:39 00:46:07

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
141	141	3	15	1604	ΣΥΛΛΑΙΔΟΠΟΥΛΟΥ ΣΑΣΑ Γυναίκα - 1973 (F45)	00:00:04 00:00:00	00:00:26 00:00:23	00:07:32 00:07:29	00:15:14 00:15:10	00:22:54 00:22:51	00:30:52 00:30:49	00:38:40 00:38:37	00:46:41 00:46:38
142	142	18	127	1439	ΜΠΟΝΗΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1969 (M50)	00:00:09 00:00:00	00:00:34 00:00:26	00:07:34 00:07:26	00:15:17 00:15:08	00:22:56 00:22:48	00:30:57 00:30:49	00:38:45 00:38:37	00:46:43 00:46:35
143	143	2	128	1329	ΚΟΥΝΟΥΠΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1957 (M60) DSA Running Team	00:00:04 00:00:00	00:00:29 00:00:26	00:07:45 00:07:41	00:15:42 00:15:38	00:23:24 00:23:20	00:31:26 00:31:23	00:39:00 00:38:56	00:46:48 00:46:44
144	144	7	16	1581	ΣΟΓΙΑ ΕΛΕΝΑ ΜΑΡΙΑ Γυναίκα - 1992 (F) ΓΑΣ ΙΛΙΣΟΣ	00:00:14 00:00:00	00:00:41 00:00:27	00:07:43 00:07:29	00:15:24 00:15:10	00:22:59 00:22:45	00:30:59 00:30:45	00:38:46 00:38:32	00:46:50 00:46:36
145	145	21	129	1621	ΤΖΑΝΕΤΑΚΗΣ ΘΕΟΔΩΡΟΣ Άνδρας - 1973 (M45)	00:00:17 00:00:00	00:00:41 00:00:25	00:07:42 00:07:25	00:15:24 00:15:08	00:23:03 00:22:47	00:31:05 00:30:49	00:38:56 00:38:39	00:46:51 00:46:35
146	146	4	17	1365	ΛΙΑΓΚΗ ΒΑΣΙΛΙΚΗ Γυναίκα - 1971 (F45) S RUNNERS	00:00:08 00:00:00	00:00:34 00:00:27	00:08:10 00:08:03	00:16:01 00:15:53	00:23:34 00:23:27	00:31:30 00:31:23	00:39:03 00:38:56	00:46:55 00:46:48
147	147	1	130	1429	ΜΠΑΣΔΕΚΗΣ ΠΑΥΛΟΣ Άνδρας - 1946 (M70+) ΑΠΟΛΛΩΝ ΔΥΤΙΚΗΣ ΑΤΤΙΚΗΣ	00:00:05 00:00:00	00:00:32 00:00:27	00:08:00 00:07:55	00:15:41 00:15:37	00:23:19 00:23:14	00:31:15 00:31:10	00:38:58 00:38:53	00:46:56 00:46:51
148	148	22	131	1446	ΜΩΡΑΪΤΗΣ ΖΑΦΕΙΡΗΣ Άνδρας - 1974 (M45) ΠΡΟΜΑΧΟΣ	00:00:06 00:00:00	00:00:30 00:00:24	00:07:16 00:07:11	00:14:54 00:14:48	00:22:30 00:22:24	00:30:35 00:30:30	00:38:33 00:38:27	00:46:58 00:46:53
149	149	33	132	1664	ΧΑΡΑΧΟΥΣΗΣ ΟΡΕΣΤΗΣ Άνδρας - 1992 (M)	00:00:11 00:00:00	00:00:41 00:00:30	00:08:28 00:08:17	00:16:16 00:16:06	00:23:55 00:23:45	00:32:00 00:31:50	00:39:30 00:39:19	00:46:59 00:46:48
150	150	34	133	1181	ΔΑΦΝΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1989 (M)	00:00:00 00:00:00	00:00:20 00:00:20	00:07:03 00:07:03	00:14:47 00:14:47	00:22:46 00:22:46	00:31:06 00:31:06	00:38:58 00:38:58	00:46:59 00:46:59
151	151	4	18	1342	ΚΥΠΡΙΩΤΟΥ ΓΙΑΣΕΜΗ - ΕΙΡΗΝΗ Γυναίκα - 1975 (F40) Α.Ο. ΦΙΛΟΘΕΗΣ	00:00:11 00:00:00	00:00:40 00:00:29	00:07:56 00:07:46	00:15:37 00:15:27	00:23:09 00:22:58	00:31:14 00:31:04	00:39:00 00:38:50	00:47:00 00:46:49
152	152	2	19	1037	ΜΠΛΑΤΣΗ ΑΛΙΚΗ Γυναίκα - 1982 (F35) ΠΑΝΕΛΛΗΝΙΟΣ ΓΣ	00:00:10 00:00:00	00:00:36 00:00:26	00:07:59 00:07:49	00:15:55 00:15:45	00:23:35 00:23:25	00:31:35 00:31:25	00:39:19 00:39:09	00:47:06 00:46:56
153	153	7	134	1468	ΠΑΝΟΥΣΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1964 (M55) ΣΚΥΛΙΑ ΤΟΥ ΔΡΟΜΟΥ	00:00:09 00:00:00	00:00:34 00:00:26	00:07:41 00:07:33	00:15:27 00:15:19	00:23:16 00:23:07	00:31:24 00:31:16	00:39:18 00:39:10	00:47:18 00:47:10
154	154	35	135	1634	ΤΣΕΡΩΝΗΣ ΓΙΩΡΓΟΣ Άνδρας - 1995 (M)	00:00:55 00:00:00	00:01:26 00:00:31	00:08:39 00:07:44	00:16:16 00:15:21	00:24:06 00:23:11	00:32:07 00:31:12	00:39:35 00:38:41	00:47:22 00:46:28
155	155	19	136	1314	ΚΟΝΤΟΣ ΣΤΑΘΗΣ Άνδρας - 1969 (M50) FREE RUNNERS	00:00:17 00:00:00	00:00:43 00:00:26	00:08:14 00:07:58	00:16:06 00:15:50	00:23:41 00:23:25	00:31:41 00:31:25	00:39:28 00:39:11	00:47:23 00:47:07
156	156	2	20	1489	ΠΑΠΑΔΟΠΟΥΛΟΥ ΕΥΣΤΡΑΤΙΑ Γυναίκα - 1988 (F30) Τριαθλο χαλκίδας	00:00:09 00:00:00	00:00:39 00:00:30	00:08:29 00:08:20	00:16:30 00:16:21	00:24:12 00:24:03	00:32:09 00:32:00	00:39:40 00:39:31	00:47:28 00:47:19
157	157	36	137	1700	ΣΑΝΤΙΚΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1987 (M) Harry's Gym Running Team	00:00:47 00:00:00	00:01:16 00:00:29	00:08:45 00:07:58	00:16:27 00:15:40	00:24:01 00:23:14	00:32:04 00:31:18	00:39:43 00:38:56	00:47:29 00:46:42
158	158	19	138	1149	ΓΙΑΝΝΙΩΣΗΣ ΒΑΣΙΛΗΣ Άνδρας - 1978 (M40) getfit.gr	00:00:15 00:00:00	00:00:41 00:00:27	00:07:58 00:07:44	00:15:44 00:15:30	00:23:19 00:23:05	00:31:18 00:31:04	00:39:12 00:38:57	00:47:29 00:47:15
159	159	20	139	1846	ΤΣΑΚΑΓΙΑΝΝΗΣ ΘΩΜΑΣ Άνδρας - 1968 (M50) ATP Training	00:00:02 00:00:00	00:00:24 00:00:22	00:07:20 00:07:19	00:15:02 00:15:01	00:22:54 00:22:52	00:31:11 00:31:09	00:39:08 00:39:07	00:47:30 00:47:29
160	160	20	140	1597	ΣΤΑΡΑΚΗΣ ΙΩΑΝΝΗΣ Άνδρας - 1975 (M40)	00:00:22 00:00:00	00:00:55 00:00:34	00:08:45 00:08:23	00:16:31 00:16:09	00:24:03 00:23:42	00:32:04 00:31:42	00:39:48 00:39:26	00:47:33 00:47:11
161	161	21	141	1794	ΤΟΥΜΠΑΝΟΣ ΘΑΝΟΣ Άνδρας - 1975 (M40) Never give up	00:00:22 00:00:00	00:00:55 00:00:33	00:08:45 00:08:23	00:16:31 00:16:09	00:24:04 00:23:42	00:32:04 00:31:42	00:39:48 00:39:26	00:47:34 00:47:12
162	162	8	142	1124	ΒΟΓΙΑΤΖΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1960 (M55)	00:00:07 00:00:00	00:00:30 00:00:24	00:07:38 00:07:31	00:15:29 00:15:23	00:23:24 00:23:17	00:31:31 00:31:25	00:39:33 00:39:27	00:47:40 00:47:34
163	163	22	143	1087	ΑΝΔΡΟΥΛΑΚΗΣ ΜΑΝΟΣ Άνδρας - 1977 (M40)	00:00:14 00:00:00	00:00:40 00:00:26	00:08:09 00:07:56	00:15:57 00:15:44	00:23:36 00:23:23	00:31:46 00:31:33	00:39:36 00:39:23	00:47:40 00:47:27
164	164	37	144	1618	ΤΑΣΙΟΠΟΥΛΟΣ ΙΩΑΝΝΗΣ Άνδρας - 1987 (M) ERGO Running Team	00:00:11 00:00:00	00:00:37 00:00:26	00:07:41 00:07:31	00:15:28 00:15:18	00:23:16 00:23:05	00:31:23 00:31:12	00:39:28 00:39:18	00:47:41 00:47:30

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
165	165	29	145	1197	ΔΡΟΛΑΠΑΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1980 (M35)	00:00:15 00:00:00	00:00:42 00:00:27	00:08:19 00:08:04	00:16:18 00:16:03	00:24:02 00:23:47	00:32:02 00:31:47	00:39:44 00:39:29	00:47:43 00:47:28
166	166	4	146	1375	ΛΩΛΗΣ ΔΗΜΗΤΡΗΣ Άνδρας - 2001 (JM) GOSPORT	00:00:19 00:00:00	00:00:45 00:00:27	00:08:18 00:08:00	00:16:20 00:16:02	00:24:10 00:23:52	00:32:08 00:31:50	00:39:51 00:39:33	00:47:43 00:47:25
167	167	21	147	1121	ΒΛΑΧΟΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1967 (M50)	00:00:23 00:00:00	00:00:54 00:00:32	00:08:34 00:08:12	00:16:32 00:16:10	00:24:09 00:23:46	00:32:14 00:31:52	00:39:57 00:39:35	00:47:44 00:47:22
168	168	23	148	1345	ΚΥΡΙΑΚΙΔΗΣ ΙΩΑΝΝΗΣ Άνδρας - 1979 (M40)	00:00:12 00:00:00	00:00:39 00:00:27	00:07:53 00:07:41	00:15:43 00:15:32	00:23:28 00:23:17	00:31:35 00:31:23	00:39:33 00:39:22	00:47:45 00:47:33
169	169	30	149	1584	ΣΟΥΛΕΛΕΣ ΘΟΔΩΡΗΣ Άνδρας - 1982 (M35)	00:00:10 00:00:00	00:00:36 00:00:26	00:07:55 00:07:46	00:15:46 00:15:36	00:23:37 00:23:27	00:31:44 00:31:35	00:39:44 00:39:34	00:47:45 00:47:35
170	170	9	150	1782	ΣΚΟΥΡΑΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1964 (M55)	00:00:04 00:00:00	00:00:28 00:00:24	00:07:58 00:07:54	00:16:07 00:16:03	00:23:56 00:23:52	00:31:56 00:31:52	00:39:44 00:39:41	00:47:47 00:47:43
171	171	24	151	1118	ΒΕΝΕΤΣΑΝΟΣ ΝΙΚΟΣ Άνδρας - 1976 (M40) Alex endurance gang	00:00:17 00:00:00	00:00:46 00:00:30	00:08:22 00:08:06	00:16:02 00:15:46	00:23:34 00:23:18	00:31:33 00:31:17	00:39:30 00:39:14	00:47:48 00:47:32
172	172	5	21	1288	ΚΕΝΑΝΙΔΗ ΕΙΡΗΝΗ Γυναίκα - 1970 (F45) ΣΔΥ ΑΘΗΝΩΝ	00:00:12 00:00:00	00:00:40 00:00:28	00:08:09 00:07:57	00:16:01 00:15:49	00:23:47 00:23:35	00:32:01 00:31:49	00:39:45 00:39:33	00:47:51 00:47:39
173	173	38	152	1899	ΛΙΟΓΑΣ ΑΝΤΩΝΙΟΣ Άνδρας - 1988 (M)	00:01:00 00:00:00	00:01:33 00:00:33	00:09:31 00:08:32	00:17:02 00:16:02	00:24:28 00:23:29	00:32:26 00:31:26	00:40:07 00:39:07	00:47:51 00:46:52
174	174	23	153	1018	ΚΟΤΖΑΚΑΚΑΡΗΣ ΑΘΑΝΑΣΙΟΣ Άνδρας - 1970 (M45) POLIAS RUNNERS	00:00:08 00:00:00	00:00:34 00:00:27	00:07:51 00:07:44	00:15:50 00:15:43	00:23:41 00:23:34	00:31:56 00:31:49	00:39:49 00:39:42	00:47:52 00:47:45
175	175	31	154	1676	ΧΡΟΝΟΠΟΥΛΟΣ ΧΡΗΣΤΟΣ Άνδρας - 1981 (M35)	00:00:50 00:00:00	00:01:22 00:00:33	00:09:29 00:08:40	00:17:25 00:16:36	00:25:01 00:24:12	00:32:49 00:32:00	00:40:19 00:39:30	00:47:53 00:47:04
176	176	22	155	1493	ΠΑΠΑΘΑΝΑΣΙΟΥ ΑΘΑΝΑΣΙΟΣ Άνδρας - 1965 (M50)	00:00:07 00:00:00	00:00:32 00:00:25	00:07:13 00:07:06	00:14:46 00:14:39	00:22:09 00:22:02	00:30:13 00:30:06	00:38:37 00:38:30	00:47:54 00:47:47
177	177	32	156	1867	ΚΑΦΟΡΟΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1981 (M35)	00:00:02 00:00:00	00:00:28 00:00:26	00:08:14 00:08:13	00:16:18 00:16:16	00:24:09 00:24:08	00:32:12 00:32:10	00:40:03 00:40:01	00:48:02 00:48:01
178	178	3	22	1673	ΧΡΙΣΤΑΚΗ ΕΙΡΗΝΗ Γυναίκα - 1985 (F30) ΧΑΜΟΣ	00:00:12 00:00:00	00:00:41 00:00:29	00:08:10 00:07:59	00:16:11 00:15:59	00:23:52 00:23:41	00:32:04 00:31:53	00:39:54 00:39:42	00:48:04 00:47:52
179	179	33	157	1348	ΚΩΝΣΤΑΝΤΑΚΟΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1982 (M35)	00:00:19 00:00:00	00:00:46 00:00:28	00:08:24 00:08:06	00:16:10 00:15:52	00:23:43 00:23:25	00:32:05 00:31:47	00:40:04 00:39:46	00:48:09 00:47:51
180	180	25	158	1133	ΓΑΛΑΝΟΠΟΥΛΟΣ ΓΙΑΝΝΗΣ Άνδρας - 1975 (M40) GLAM ROCK/METAL	00:01:10 00:00:00	00:01:43 00:00:34	00:09:34 00:08:25	00:17:16 00:16:07	00:24:43 00:23:33	00:32:33 00:31:24	00:40:12 00:39:03	00:48:12 00:47:03
181	181	2	159	1409	ΜΟΥΡΕΛΑΤΟΣ ΓΙΩΡΓΟΣ Άνδρας - 1954 (M65) ΠΑΝΑΘΗΝΑΙΚΟΣ	00:00:13 00:00:00	00:00:41 00:00:28	00:08:21 00:08:08	00:16:24 00:16:11	00:24:10 00:23:57	00:32:17 00:32:04	00:40:10 00:39:57	00:48:13 00:48:00
182	182	26	160	1140	ΓΕΩΡΓΑΚΟΠΟΥΛΟΣ ΑΓΓΕΛΟΣ Άνδρας - 1978 (M40)	00:00:18 00:00:00	00:00:47 00:00:30	00:08:30 00:08:12	00:16:32 00:16:15	00:24:23 00:24:05	00:32:21 00:32:03	00:40:16 00:39:58	00:48:13 00:47:55
183	183	8	23	1843	ΣΑΡΑΝΤΗ ΝΙΚΗ Γυναίκα - 1994 (F)	00:00:30 00:00:00	00:00:56 00:00:27	00:08:36 00:08:07	00:16:39 00:16:10	00:24:33 00:24:03	00:32:31 00:32:01	00:40:26 00:39:56	00:48:21 00:47:51
184	184	39	161	1504	ΠΑΠΑΡΙΖΟΣ ΣΤΕΡΓΙΟΣ Άνδρας - 1988 (M)	00:00:40 00:00:00	00:01:10 00:00:31	00:09:12 00:08:33	00:16:58 00:16:19	00:24:45 00:24:06	00:32:50 00:32:11	00:40:38 00:39:59	00:48:22 00:47:43
185	185	34	162	1322	ΚΟΥΖΟΥΠΗΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1984 (M35)	00:00:05 00:00:00	00:00:30 00:00:25	00:07:53 00:07:48	00:15:52 00:15:48	00:23:48 00:23:43	00:32:10 00:32:05	00:40:13 00:40:08	00:48:22 00:48:18
186	186	5	163	1151	ΓΙΑΝΝΟΠΟΥΛΟΣ ΠΑΥΛΟΣ Άνδρας - 2000 (JM)	00:00:16 00:00:00	00:00:45 00:00:30	00:08:53 00:08:38	00:17:26 00:17:10	00:25:29 00:25:13	00:33:49 00:33:33	00:41:11 00:40:56	00:48:28 00:48:13
187	187	10	164	1250	ΚΑΛΦΑΣ ΘΕΟΔΩΡΟΣ Άνδρας - 1963 (M55) ΑΙΟΛΟΣ ΒΡΙΛΗΣΣΙΩΝ	00:00:21 00:00:00	00:00:46 00:00:25	00:08:12 00:07:52	00:16:04 00:15:43	00:23:51 00:23:30	00:32:01 00:31:40	00:40:09 00:39:49	00:48:31 00:48:10
188	188	24	165	1705	ΑΘΑΝΑΣΙΟΥ ΙΩΑΝΝΗΣ Άνδρας - 1970 (M45) Polias Runners	00:00:53 00:00:00	00:01:26 00:00:34	00:09:23 00:08:31	00:17:26 00:16:34	00:25:03 00:24:11	00:33:05 00:32:13	00:40:42 00:39:50	00:48:35 00:47:43
189	189	40	166	1856	ΑΠΟΣΤΟΛΑΚΗΣ ΣΑΡΑΝΤΗΣ Άνδρας - 1996 (M)	00:00:36 00:00:00	00:01:09 00:00:34	00:09:14 00:08:39	00:17:17 00:16:42	00:25:20 00:24:45	00:33:56 00:33:20	00:41:28 00:40:53	00:48:36 00:48:01

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
190	190	25	167	1636	ΤΣΙΑΜΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1970 (M45) S RUNNERS	00:00:09 00:00:00	00:00:36 00:00:27	00:08:10 00:08:02	00:16:04 00:15:56	00:24:01 00:23:52	00:32:20 00:32:12	00:40:29 00:40:20	00:48:39 00:48:31
191	191	41	168	1569	ΣΕΡΒΙΟΥ ΜΑΝΩΛΗΣ Άνδρας - 1988 (M)	00:00:57 00:00:00	00:01:39 00:00:43	00:11:01 00:10:04	00:18:33 00:17:37	00:25:55 00:24:59	00:33:36 00:32:40	00:41:08 00:40:11	00:48:46 00:47:50
192	192	42	169	1598	ΣΤΑΣΙΝΟΠΟΥΛΟΣ ΝΙΚΟΣ Άνδρας - 1987 (M)	00:00:57 00:00:00	00:01:40 00:00:43	00:11:01 00:10:04	00:18:33 00:17:36	00:25:55 00:24:59	00:33:36 00:32:39	00:41:08 00:40:11	00:48:47 00:47:50
193	193	6	170	1312	ΚΟΝΤΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 2004 (JM) ΑΘΛΟΚΙΝΗΣΗ	00:00:14 00:00:00	00:00:42 00:00:28	00:08:14 00:08:00	00:16:06 00:15:53	00:23:38 00:23:24	00:31:20 00:31:06	00:40:31 00:40:18	00:48:48 00:48:34
194	194	43	171	1524	ΠΑΣΤΡΙΚΟΣ ΙΩΑΝΝΗΣ ΜΑΡΙΝΟΣ Άνδρας - 1986 (M) Track & Cross	00:00:17 00:00:00	00:00:43 00:00:26	00:08:14 00:07:57	00:16:16 00:15:59	00:24:15 00:23:58	00:32:40 00:32:23	00:40:46 00:40:29	00:49:04 00:48:48
195	195	35	172	1728	ΔΑΝΙΚΑΣ ΓΙΩΡΓΟΣ Άνδρας - 1981 (M35)	00:01:18 00:00:00	00:01:49 00:00:31	00:10:09 00:08:51	00:17:55 00:16:37	00:25:28 00:24:10	00:33:24 00:32:06	00:41:12 00:39:54	00:49:05 00:47:47
196	196	6	24	1019	ΜΑΡΙΝΟΥ ΔΕΣΠΟΙΝΑ Γυναίκα - 1971 (F45) POLIAS RUNNERS	00:01:14 00:00:00	00:01:49 00:00:35	00:10:18 00:09:04	00:18:29 00:17:15	00:26:14 00:25:01	-	-	00:49:05 00:47:52
197	197	44	173	1383	ΜΑΝΙΟΣ ΣΤΕΦΑΝΟΣ Άνδρας - 1989 (M)	00:00:38 00:00:00	00:01:11 00:00:33	00:09:18 00:08:40	00:17:25 00:16:47	00:25:16 00:24:38	00:33:25 00:32:47	00:41:13 00:40:35	00:49:09 00:48:31
198	198	27	174	1423	ΜΠΑΜΠΑΣΗΣ ΕΛΕΥΘΕΡΙΟΣ Άνδρας - 1979 (M40) SkordoTeam	00:00:27 00:00:00	00:00:55 00:00:29	00:08:32 00:08:06	00:16:48 00:16:22	00:24:30 00:24:04	00:32:51 00:32:25	00:40:42 00:40:16	00:49:13 00:48:47
199	199	3	25	1051	ΛΑΥΒΕΡΓΑ LINDA Γυναίκα - 1981 (F35) MRC	00:00:06 00:00:00	00:00:31 00:00:26	00:07:55 00:07:50	00:16:11 00:16:05	00:24:10 00:24:04	00:32:40 00:32:35	00:40:47 00:40:42	00:49:14 00:49:08
200	200	36	175	1188	ΔΗΜΗΤΡΑΚΟΠΟΥΛΟΣ ΚΩΣΤΑΣ Άνδρας - 1982 (M35)	00:00:14 00:00:00	00:00:45 00:00:31	00:08:52 00:08:38	00:17:12 00:16:58	00:25:15 00:25:01	00:33:29 00:33:15	00:41:23 00:41:09	00:49:17 00:49:03
201	201	37	176	1845	ΙΑΤΡΟΥ ΜΙΧΑΗΛ Άνδρας - 1983 (M35)	00:00:46 00:00:00	00:01:15 00:00:29	00:08:45 00:08:00	00:16:42 00:15:56	00:24:34 00:23:48	00:33:02 00:32:17	00:41:06 00:40:21	00:49:17 00:48:32
202	202	28	177	1787	ΣΤΑΥΡΟΠΟΥΛΟΣ ΜΑΝΟΛΗΣ Άνδρας - 1979 (M40) Complex run	00:00:13 00:00:00	00:00:42 00:00:29	00:08:11 00:07:59	00:16:23 00:16:10	00:24:31 00:24:18	00:33:02 00:32:49	00:41:11 00:40:58	00:49:19 00:49:06
203	203	26	178	1497	ΠΑΠΑΙΩΑΝΝΟΥ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1973 (M45) IBM CLUB	00:00:21 00:00:00	00:00:49 00:00:29	00:08:41 00:08:21	00:16:35 00:16:15	00:24:30 00:24:09	00:32:50 00:32:30	00:40:59 00:40:39	00:49:20 00:49:00
204	204	4	26	1661	ΧΑΡΑΛΑΜΠΙΔΟΥ ΜΑΡΓΑΡΙΤΑ Γυναίκα - 1984 (F35)	00:00:20 00:00:00	00:00:48 00:00:29	00:08:49 00:08:29	00:17:03 00:16:43	00:24:54 00:24:35	00:33:14 00:32:55	00:41:22 00:41:03	00:49:25 00:49:06
205	205	27	179	1829	ΚΩΣΤΟΠΟΥΛΟΣ ΙΩΑΝΝΗΣ Άνδρας - 1974 (M45)	00:00:24 00:00:00	00:00:54 00:00:30	00:08:32 00:08:08	00:16:34 00:16:10	00:24:37 00:24:13	00:33:02 00:32:38	00:41:11 00:40:47	00:49:26 00:49:02
206	206	3	180	1203	ΕΠΙΤΡΟΠΟΥ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1950 (M65) ΑΠΟΛΛΩΝ ΔΥΤΙΚΗΣ ΑΤΤΙΚΗΣ	00:00:03 00:00:00	00:00:27 00:00:24	00:07:54 00:07:51	00:15:56 00:15:54	00:24:01 00:23:58	00:32:33 00:32:31	00:40:50 00:40:47	00:49:27 00:49:24
207	207	9	27	1769	ΠΑΝΑΓΙΩΤΑ ΤΟΚΑ Γυναίκα - 1997 (F) Α.Π.Σ Καλλιस्थενής	00:00:08 00:00:00	00:00:35 00:00:27	00:07:42 00:07:34	00:15:47 00:15:39	00:24:05 00:23:57	00:32:37 00:32:29	00:41:12 00:41:04	00:49:35 00:49:27
208	208	7	28	1817	ΑΡΧΑΝΙΩΤΗ ΓΙΟΥΛΗ Γυναίκα - 1974 (F45) Los Vathros	00:00:13 00:00:00	00:00:39 00:00:26	00:08:00 00:07:47	00:16:09 00:15:56	00:24:12 00:24:00	00:32:41 00:32:29	00:40:55 00:40:42	00:49:35 00:49:22
209	209	11	181	1807	ΧΑΡΑΤΣΗΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1962 (M55) Los Vathros	00:00:13 00:00:00	00:00:40 00:00:28	00:08:09 00:07:56	00:16:09 00:15:56	00:24:12 00:24:00	00:32:41 00:32:29	00:40:54 00:40:42	00:49:36 00:49:24
210	210	28	182	1303	ΚΟΛΟΒΗΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1973 (M45) SCIENCETRAINING.GR	00:00:11 00:00:00	00:00:41 00:00:30	00:08:31 00:08:21	00:16:52 00:16:42	00:24:57 00:24:47	00:33:17 00:33:06	00:41:27 00:41:17	00:49:37 00:49:26
211	211	3	183	1848	ΓΕΩΡΓΟΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1959 (M60)	00:00:26 00:00:00	00:00:58 00:00:33	00:08:46 00:08:20	00:16:58 00:16:33	00:24:58 00:24:33	00:33:33 00:33:08	00:41:36 00:41:11	00:49:45 00:49:19
212	212	4	184	1044	CARR DAVID Άνδρας - 1957 (M60)	00:00:05 00:00:00	00:00:28 00:00:23	00:07:34 00:07:29	00:15:40 00:15:35	00:23:42 00:23:37	00:32:28 00:32:23	00:41:05 00:41:00	00:49:46 00:49:41
213	213	29	185	1706	ΑΛΕΞΟΠΟΥΛΟΣ ΑΡΙΣΤΟΤΕΛΗΣ Άνδρας - 1975 (M40) Δρομείς Πεδίων Άρεως	00:01:11 00:00:00	00:01:47 00:00:37	00:10:51 00:09:41	00:18:58 00:17:48	00:26:36 00:25:26	00:34:38 00:33:28	00:42:09 00:40:59	00:49:53 00:48:43

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργάνισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
214	214	38	186	1572	ΣΙΑΝΟΣ ΚΩΣΤΑΣ Άνδρας - 1981 (M35)	00:00:07 00:00:00	00:00:32 00:00:26	00:07:53 00:07:47	00:16:05 00:15:59	00:24:24 00:24:17	00:32:58 00:32:52	00:41:22 00:41:16	00:49:54 00:49:48
215	215	29	187	1530	ΠΕΤΡΙΚΚΟΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1974 (M45) ΦΛΟΓΑ	00:00:45 00:00:00	00:01:16 00:00:31	00:09:36 00:08:52	00:17:46 00:17:01	00:25:47 00:25:03	00:34:09 00:33:24	00:42:04 00:41:20	00:49:58 00:49:14
216	216	30	188	1054	ΡΑΣΡΑΚΟ JOHNΥ Άνδρας - 1976 (M40) ΡΙΛΙΡΙΝΑΣ RUNNING TEAM -GREECE	00:00:16 00:00:00	00:00:42 00:00:27	00:08:25 00:08:10	00:16:31 00:16:16	00:24:48 00:24:33	00:33:20 00:33:05	00:41:37 00:41:22	00:50:03 00:49:48
217	217	39	189	1078	ΑΝΑΜΟΥΡΛΟΓΛΟΥ ΒΑΣΙΛΕΙΟΣ Άνδρας - 1980 (M35) snails triathlon team	00:00:18 00:00:00	00:00:45 00:00:28	00:08:47 00:08:30	00:17:25 00:17:08	00:25:40 00:25:23	00:34:10 00:33:53	00:42:06 00:41:49	00:50:05 00:49:47
218	218	30	190	1308	ΚΟΝΔΥΛΗΣ ΙΑΚΩΒΟΣ Άνδρας - 1973 (M45)	00:00:14 00:00:00	00:00:44 00:00:31	00:08:32 00:08:19	00:16:55 00:16:42	00:25:19 00:25:06	00:33:49 00:33:36	00:41:47 00:41:34	00:50:07 00:49:54
219	219	5	29	1168	ΓΟΥΝΑΡΗ ΔΗΜΗΤΡΑ Γυναίκα - 1984 (F35)	00:00:19 00:00:00	00:00:46 00:00:27	00:09:04 00:08:45	00:17:33 00:17:14	00:25:39 00:25:21	00:34:01 00:33:42	00:42:04 00:41:46	00:50:07 00:49:49
220	220	45	191	1724	ΓΚΑΤΖΟΛΗΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1991 (M)	00:00:09 00:00:00	00:00:35 00:00:26	00:08:34 00:08:26	00:17:16 00:17:07	00:25:25 00:25:16	00:33:59 00:33:51	00:42:07 00:41:58	00:50:14 00:50:05
221	221	4	192	1645	ΤΣΟΠΕΛΑΣ ΘΑΝΑΣΗΣ Άνδρας - 1952 (M65) ΤΕΛΜΗΣΣΟΣ ΜΑΡΑΘΩΝΑ	00:00:09 00:00:00	00:00:37 00:00:29	00:08:42 00:08:34	00:17:12 00:17:03	00:25:23 00:25:14	00:33:53 00:33:45	00:42:01 00:41:53	00:50:16 00:50:08
222	222	46	193	1031	ΧΑΣΑΚΟΣ ΣΠΥΡΟΣ Άνδρας - 1987 (M) Royal Crossfit	00:00:58 00:00:00	00:01:35 00:00:38	00:10:23 00:09:25	00:18:47 00:17:49	00:26:43 00:25:45	00:34:53 00:33:55	00:42:39 00:41:41	00:50:20 00:49:23
223	223	7	194	1495	ΠΑΠΑΘΑΝΑΣΟΠΟΥΛΟΣ ΑΘΑΝΑΣΙΟΣ Άνδρας - 2004 (JM) ΑΟ ΠΕΥΚΗΣ	00:00:13 00:00:00	00:00:41 00:00:29	00:08:14 00:08:01	00:16:05 00:15:52	00:24:07 00:23:54	00:33:04 00:32:51	00:41:28 00:41:15	00:50:23 00:50:10
224	224	31	195	1751	ΛΕΚΑΡΑΚΟΣ ΑΝΑΣΤΑΣΙΟΣ Άνδρας - 1979 (M40)	00:01:12 00:00:00	00:01:48 00:00:37	00:10:22 00:09:11	00:18:32 00:17:21	00:26:11 00:25:00	00:34:24 00:33:13	00:42:14 00:41:03	00:50:25 00:49:13
225	225	32	196	1430	ΜΠΑΤΣΗΣ ΒΑΣΙΛΕΙΟΣ Άνδρας - 1978 (M40) ΜΟΤΟΡΟΙΛ RUNNING TEAM	00:00:04 00:00:00	00:00:27 00:00:24	00:07:42 00:07:39	00:15:42 00:15:38	00:24:06 00:24:02	00:32:49 00:32:45	00:41:28 00:41:25	00:50:26 00:50:22
226	226	40	197	1132	ΓΑΛΑΝΗΣ ΘΕΟΔΩΡΟΣ Άνδρας - 1983 (M35)	00:00:52 00:00:00	00:01:25 00:00:34	00:09:56 00:09:04	00:18:16 00:17:24	00:25:57 00:25:05	00:34:07 00:33:16	00:42:12 00:41:20	00:50:26 00:49:35
227	227	6	30	1270	ΚΑΡΑΠΑΤΣΙΟΥ ΖΩΙΑΝΝΑ Γυναίκα - 1981 (F35)	00:00:05 00:00:00	00:00:28 00:00:23	00:08:20 00:08:16	00:16:50 00:16:45	00:25:11 00:25:07	00:33:48 00:33:43	00:42:01 00:41:56	00:50:29 00:50:25
228	228	5	198	1562	ΣΑΛΗΣ ΚΥΡΙΑΚΟΣ Άνδρας - 1954 (M65)	00:00:03 00:00:00	00:00:28 00:00:26	00:07:49 00:07:46	00:16:07 00:16:05	00:24:28 00:24:26	00:33:24 00:33:21	00:41:50 00:41:48	00:50:30 00:50:27
229	229	23	199	1654	ΦΙΛΙΠΠΟΥ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1969 (M50)	00:00:09 00:00:00	00:00:36 00:00:27	00:08:19 00:08:11	00:16:29 00:16:21	00:25:07 00:24:58	00:33:43 00:33:35	00:42:02 00:41:54	00:50:30 00:50:21
230	230	24	200	1827	ΧΑΤΖΟΠΟΥΛΟΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1967 (M50)	00:00:26 00:00:00	00:00:58 00:00:33	00:09:20 00:08:55	00:17:40 00:17:15	00:25:40 00:25:15	00:34:12 00:33:47	00:42:26 00:42:01	00:50:30 00:50:05
231	231	12	201	1612	ΣΩΤΗΡΟΠΟΥΛΟΣ ΧΡΗΣΤΟΣ Άνδρας - 1964 (M55) n/a	00:00:11 00:00:00	00:00:37 00:00:26	00:08:18 00:08:07	00:16:48 00:16:37	00:25:15 00:25:04	00:34:03 00:33:52	00:42:23 00:42:12	00:50:32 00:50:21
232	232	31	202	1064	ΑΓΓΕΛΟΠΟΥΛΟΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1973 (M45) n/a	00:00:11 00:00:00	00:00:37 00:00:27	00:08:19 00:08:09	00:16:49 00:16:38	00:25:18 00:25:08	00:34:04 00:33:54	00:42:25 00:42:15	00:50:32 00:50:22
233	233	33	203	1810	ΧΡΙΣΤΟΦΙΔΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1976 (M40) Απολλων Δυτικής Αττικής	00:00:34 00:00:00	00:01:02 00:00:29	00:09:18 00:08:44	00:17:30 00:16:57	00:25:41 00:25:07	00:34:01 00:33:27	00:42:20 00:41:47	00:50:36 00:50:02
234	234	5	204	1667	ΧΑΤΖΗΑΠΟΣΤΟΛΟΥ ΑΝΤΩΝΗΣ Άνδρας - 1958 (M60)	00:00:21 00:00:00	00:00:52 00:00:31	00:08:54 00:08:33	00:17:23 00:17:02	00:25:31 00:25:10	00:34:08 00:33:47	00:42:19 00:41:58	00:50:37 00:50:17
235	235	5	31	1182	ΔΕΔΟΥΣΗ ΕΛΕΝΗ Γυναίκα - 1977 (F40) Σ.Υ.ΕΛΕΥΣΙΝΑΣ	00:00:04 00:00:00	00:00:28 00:00:25	00:08:25 00:08:22	00:16:50 00:16:47	00:25:06 00:25:02	00:33:45 00:33:42	00:42:06 00:42:03	00:50:40 00:50:36
236	236	47	205	1123	ΒΟΒΟΛΙΝΗΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1988 (M)	00:00:07 00:00:00	00:00:34 00:00:27	00:08:20 00:08:13	00:16:53 00:16:46	00:25:09 00:25:02	00:33:49 00:33:42	00:42:11 00:42:04	00:50:49 00:50:42
237	237	34	206	1252	ΚΑΜΠΟΥΡΕΛΛΗΣ ΕΥΣΤΡΑΤΙΟΣ Άνδρας - 1978 (M40)	00:01:21 00:00:00	00:01:55 00:00:34	00:10:54 00:09:34	00:18:58 00:17:38	00:26:34 00:25:14	00:34:42 00:33:21	00:42:43 00:41:22	00:50:52 00:49:32

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
238	238	6	207	1107	ΑΥΓΟΥΣΤΗΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1959 (M60) university campus runners	00:00:39 00:00:00	00:01:12 00:00:34	00:09:35 00:08:57	00:18:00 00:17:22	00:26:11 00:25:32	00:34:32 00:33:54	00:42:42 00:42:04	00:50:53 00:50:15
239	239	41	208	1561	ΣΑΚΚΑΣ ΗΛΙΑΣ Άνδρας - 1980 (M35)	00:01:20 00:00:00	00:01:55 00:00:36	00:10:19 00:08:59	00:18:28 00:17:08	00:26:25 00:25:05	00:34:46 00:33:26	00:42:39 00:41:20	00:50:54 00:49:35
240	240	42	209	1537	ΠΟΛΥΧΡΟΝΟΥ ΔΗΜΗΤΡΗΣ Άνδρας - 1983 (M35)	00:00:21 00:00:00	00:00:51 00:00:31	00:09:14 00:08:54	00:17:44 00:17:24	00:25:53 00:25:33	00:34:33 00:34:13	00:42:38 00:42:18	00:50:54 00:50:34
241	241	43	210	1801	ΤΣΕΚΟΥΡΑΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1982 (M35)	00:00:45 00:00:00	00:01:16 00:00:32	00:10:20 00:09:35	00:18:41 00:17:57	00:26:54 00:26:10	00:35:24 00:34:40	00:43:05 00:42:20	00:50:56 00:50:11
242	242	48	211	1625	ΤΖΩΡΤΖΗΣ ΑΝΑΣΤΑΣΙΟΣ Άνδρας - 1985 (M)	00:00:37 00:00:00	00:01:11 00:00:35	00:09:40 00:09:04	00:18:12 00:17:36	00:26:26 00:25:50	00:35:02 00:34:26	00:42:52 00:42:16	00:50:56 00:50:20
243	243	35	212	1395	ΜΕΙΔΑΝΗΣ ΑΘΑΝΑΣΙΟΣ Άνδρας - 1976 (M40) ΠΟΛΕΜΙΚΟ ΝΑΥΤΙΚΟ	00:00:10 00:00:00	00:00:38 00:00:28	00:08:28 00:08:19	00:16:50 00:16:40	00:25:01 00:24:51	00:33:44 00:33:35	00:42:10 00:42:00	00:50:58 00:50:48
244	244	13	213	1749	ΚΩΝΣΤΑΝΤΟΠΟΥΛΟΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1964 (M55) ΤΕΛΜΗΣΣΟΣ	00:01:04 00:00:00	00:01:40 00:00:36	00:10:13 00:09:10	00:18:44 00:17:41	00:26:50 00:25:47	00:35:08 00:34:05	00:43:00 00:41:57	00:51:02 00:49:59
245	245	6	32	1547	ΡΕΣΒΑΝΗ ΑΜΑΛΙΑ Γυναίκα - 1978 (F40)	00:00:41 00:00:00	00:01:14 00:00:34	00:09:53 00:09:12	00:18:16 00:17:36	00:26:13 00:25:32	00:34:39 00:33:59	00:42:48 00:42:08	00:51:04 00:50:24
246	246	14	214	1854	ΑΠΟΣΤΟΛΑΚΗΣ ΙΩΑΝΝΗΣ Άνδρας - 1964 (M55)	00:00:35 00:00:00	00:01:08 00:00:34	00:09:13 00:08:39	00:17:17 00:16:42	00:25:21 00:24:46	00:33:56 00:33:21	00:42:22 00:41:47	00:51:04 00:50:30
247	247	7	215	1831	ΜΗΝΟΥΔΗΣ ΗΛΙΑΣ Άνδρας - 1958 (M60)	00:00:40 00:00:00	00:01:11 00:00:31	00:09:29 00:08:49	00:17:57 00:17:17	00:26:08 00:25:28	00:34:31 00:33:51	00:42:37 00:41:57	00:51:07 00:50:27
248	248	25	216	1457	ΝΤΟΜΑΛΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1965 (M50) ΚΟΥΤΣΑ - ΚΟΥΤΣΑ	00:00:46 00:00:00	00:01:20 00:00:35	00:09:55 00:09:09	00:18:33 00:17:48	00:26:38 00:25:52	00:34:58 00:34:13	00:42:58 00:42:13	00:51:08 00:50:22
249	249	49	217	1570	ΣΕΡΓΙΕΚΗΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1992 (M)	00:00:42 00:00:00	00:01:16 00:00:34	00:09:31 00:08:50	00:17:49 00:17:08	00:25:57 00:25:16	00:34:20 00:33:38	00:42:40 00:41:59	00:51:13 00:50:31
250	250	36	218	1067	ΑΓΙΟΜΑΥΡΙΤΗΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1975 (M40)	00:00:14 00:00:00	00:00:43 00:00:29	00:08:40 00:08:27	00:17:17 00:17:04	00:25:43 00:25:30	00:34:30 00:34:16	00:42:46 00:42:33	00:51:13 00:50:59
251	251	15	219	1737	ΚΑΛΟΓΛΟΥ ΚΙΜΩΝ Άνδρας - 1964 (M55) Myathlete	00:00:33 00:00:00	00:01:08 00:00:35	00:10:01 00:09:28	00:18:33 00:18:00	00:26:27 00:25:55	00:34:50 00:34:17	00:43:03 00:42:30	00:51:15 00:50:42
252	252	26	220	1083	ΑΝΔΡΕΑΔΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1965 (M50)	00:00:53 00:00:00	00:01:28 00:00:36	00:10:21 00:09:29	- 00:26:17	00:27:10 00:26:17	00:35:16 00:34:24	00:42:58 00:42:05	00:51:16 00:50:24
253	253	44	221	1381	ΜΑΝΑΓΟΥΔΗΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1980 (M35)	00:01:22 00:00:00	00:01:53 00:00:32	00:10:07 00:08:46	00:18:27 00:17:06	00:26:18 00:24:57	00:34:46 00:33:24	00:42:57 00:41:36	00:51:18 00:49:57
254	254	27	222	1126	ΒΟΥΛΓΑΡΗΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1966 (M50)	00:00:26 00:00:00	00:00:57 00:00:31	00:08:46 00:08:20	00:17:14 00:16:48	00:25:28 00:25:02	00:34:17 00:33:51	00:42:43 00:42:18	00:51:19 00:50:53
255	255	32	223	1677	ΧΡΥΣΑΦΗΣ ΔΑΝΙΗΛ Άνδρας - 1972 (M45)	00:00:03 00:00:00	00:00:28 00:00:25	00:08:09 00:08:07	00:16:35 00:16:32	00:24:58 00:24:55	00:33:48 00:33:45	00:42:27 00:42:24	00:51:19 00:51:16
256	256	50	224	1437	ΜΠΟΝΑΤΣΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1985 (M)	00:00:40 00:00:00	00:01:15 00:00:36	00:10:06 00:09:26	00:18:22 00:17:43	00:26:32 00:25:53	00:34:55 00:34:16	00:43:13 00:42:33	00:51:24 00:50:44
257	257	8	33	1631	ΤΣΑΚΟΓΙΑ ΝΙΚΗ Γυναίκα - 1974 (F45) TRACK N CROSS-ΑΘΛΟΚΙΝΗΣΗ Ν.ΗΡΑΚΛΕΙΟΥ	00:00:49 00:00:00	00:01:22 00:00:34	00:09:39 00:08:51	00:18:07 00:17:19	00:26:18 00:25:30	00:34:51 00:34:03	00:43:06 00:42:17	00:51:26 00:50:38
258	258	33	225	1192	ΔΗΜΟΥ ΠΑΝΟΣ Άνδρας - 1972 (M45)	00:00:34 00:00:00	00:01:05 00:00:31	00:09:08 00:08:35	00:17:28 00:16:54	00:25:44 00:25:10	00:34:20 00:33:47	00:42:51 00:42:18	00:51:27 00:50:54
259	259	34	226	1374	ΛΥΚΟΥΡΟΠΟΥΛΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1972 (M45)	00:00:04 00:00:00	00:00:29 00:00:26	00:08:06 00:08:03	00:16:38 00:16:35	00:25:12 00:25:09	00:34:06 00:34:03	00:42:37 00:42:34	00:51:27 00:51:24
260	260	45	227	1502	ΠΑΠΑΠΑΝΑΓΙΩΤΟΥ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1980 (M35)	00:00:33 00:00:00	00:01:02 00:00:30	00:08:43 00:08:10	00:17:21 00:16:49	00:25:43 00:25:11	00:34:31 00:33:59	00:42:52 00:42:20	00:51:29 00:50:57
261	261	7	34	1104	ΑΡΜΑΟΥ ΣΥΛΒΙΑ Γυναίκα - 1976 (F40) The Spot Running Team	00:00:10 00:00:00	00:00:37 00:00:27	00:08:30 00:08:20	00:16:53 00:16:43	00:25:20 00:25:10	00:34:19 00:34:09	00:43:00 00:42:50	00:51:31 00:51:21

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
262	262	7	35	1301	ΚΟΛΛΙΑ ΑΝΤΩΝΙΑ Γυναίκα - 1983 (F35)	00:00:37 00:00:00	00:01:08 00:00:31	00:09:40 00:09:04	00:18:29 00:17:53	00:26:41 00:26:05	00:35:17 00:34:41	00:43:29 00:42:53	00:51:32 00:50:56
263	263	51	228	1069	ΑΔΑΜΟΣ ΒΑΣΙΛΗΣ Άνδρας - 1997 (M)	00:00:06 00:00:00	00:00:32 00:00:26	00:07:40 00:07:34	00:15:20 00:15:14	00:23:35 00:23:29	00:32:08 00:32:02	00:41:48 00:41:42	00:51:32 00:51:26
264	264	16	229	1546	ΡΕΠΑΣ ΣΠΥΡΙΔΩΝ Άνδρας - 1963 (M55) ΝΗΡΕΑΣ ΓΕΡΑΚΑ	00:00:13 00:00:00	00:00:40 00:00:28	00:08:18 00:08:06	00:16:23 00:16:11	00:24:28 00:24:16	00:32:54 00:32:42	00:42:05 00:41:53	00:51:34 00:51:22
265	265	6	230	1347	ΚΩΛΕΤΤΗΣ ΕΜΜΑΝΟΥΗΛ Άνδρας - 1952 (M65) ΠΑΛΛΗΝΙΟΙ ΔΡΟΜΕΙΣ	00:00:08 00:00:00	00:00:38 00:00:30	00:08:43 00:08:35	00:17:12 00:17:04	00:25:32 00:25:24	00:34:18 00:34:10	00:42:45 00:42:37	00:51:36 00:51:28
266	266	28	231	1746	ΚΟΥΜΕΝΤΑΚΟΣ ΠΕΤΡΟΣ Άνδρας - 1967 (M50) SNAILS TEAM	00:00:35 00:00:00	00:01:08 00:00:34	00:09:49 00:09:14	00:18:34 00:17:59	00:26:48 00:26:13	00:35:07 00:34:32	00:43:19 00:42:44	00:51:37 00:51:03
267	267	37	232	1585	ΣΟΥΛΤΑΝΙΑΣ ΘΑΝΑΣΗΣ Άνδρας - 1979 (M40)	00:00:23 00:00:00	00:00:55 00:00:32	00:09:12 00:08:49	00:17:50 00:17:28	00:26:10 00:25:47	00:34:43 00:34:20	00:42:56 00:42:33	00:51:38 00:51:15
268	268	38	233	1509	ΠΑΠΑΧΡΗΣΤΙΔΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1979 (M40) 3DR	00:00:07 00:00:00	00:00:33 00:00:26	00:08:48 00:08:41	00:17:32 00:17:25	00:26:00 00:25:53	00:34:36 00:34:30	00:43:09 00:43:02	00:51:42 00:51:35
269	269	29	234	1425	ΜΠΑΝΤΑΒΑΝΟΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1966 (M50) ΥΜΙΤΤΟΣ RUNNERS	00:00:47 00:00:00	00:01:24 00:00:37	00:10:13 00:09:26	00:18:44 00:17:58	00:27:00 00:26:14	00:35:30 00:34:44	00:43:39 00:42:52	00:51:42 00:50:56
270	270	39	235	1826	ΚΩΣΤΑΛΑΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1978 (M40)	00:01:00 00:00:00	00:01:36 00:00:37	00:10:10 00:09:11	00:18:38 00:17:39	00:26:42 00:25:42	00:35:07 00:34:08	00:43:19 00:42:19	00:51:43 00:50:44
271	271	30	236	1635	ΤΣΕΣΜΕΤΖΗΣ ΓΙΩΡΓΟΣ Άνδρας - 1967 (M50)	00:00:56 00:00:00	00:01:32 00:00:36	00:10:34 00:09:39	00:19:13 00:18:17	00:27:13 00:26:17	00:35:32 00:34:37	00:43:31 00:42:35	00:51:44 00:50:48
272	272	31	237	1539	ΠΡΑΚΑΤΕΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1968 (M50)	00:00:27 00:00:00	00:00:59 00:00:33	00:09:15 00:08:49	00:17:41 00:17:15	00:25:59 00:25:33	00:34:48 00:34:22	00:43:10 00:42:44	00:51:45 00:51:19
273	273	35	238	1309	ΚΟΝΙΔΑΡΗΣ ΣΤΑΘΗΣ Άνδρας - 1970 (M45)	00:00:13 00:00:00	00:00:40 00:00:28	00:08:43 00:08:30	00:17:17 00:17:05	00:25:41 00:25:29	00:34:31 00:34:19	00:43:08 00:42:56	00:51:47 00:51:34
274	274	40	239	1349	ΚΩΝΣΤΑΝΤΙΝΙΔΗΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1976 (M40)	00:00:20 00:00:00	00:00:49 00:00:29	00:08:41 00:08:21	00:16:55 00:16:35	00:25:17 00:24:57	00:34:01 00:33:41	00:42:45 00:42:25	00:51:47 00:51:28
275	275	41	240	1743	ΚΙΤΣΑΚΗΣ ΘΟΔΩΡΗΣ Άνδρας - 1977 (M40)	00:00:23 00:00:00	00:00:54 00:00:32	00:09:09 00:08:46	00:17:42 00:17:20	00:26:06 00:25:43	00:34:53 00:34:31	00:43:16 00:42:53	00:51:48 00:51:25
276	276	42	241	1266	ΚΑΡΑΛΑΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1975 (M40) Orchomenos Runners	00:00:44 00:00:00	00:01:15 00:00:31	00:09:17 00:08:33	00:17:31 00:16:47	00:25:42 00:24:58	00:34:20 00:33:36	00:43:01 00:42:17	00:51:55 00:51:11
277	277	2	242	1477	ΠΑΠΑΔΑΤΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1945 (M70+)	00:00:02 00:00:00	00:00:25 00:00:23	00:08:28 00:08:27	00:17:09 00:17:08	00:25:35 00:25:34	00:34:26 00:34:25	00:43:07 00:43:06	00:51:59 00:51:58
278	278	43	243	1566	ΣΕΪΜΕΝΗΣ ΠΕΤΡΟΣ Άνδρας - 1977 (M40)	00:00:28 00:00:00	00:01:02 00:00:35	00:09:45 00:09:18	00:18:40 00:18:13	00:27:01 00:26:34	00:35:35 00:35:08	00:43:46 00:43:19	00:52:01 00:51:34
279	279	1	36	1049	GONG JIANPING Γυναίκα - 1957 (F60) DSA/SKY WOMEN RUNNING TEAM	00:00:38 00:00:00	00:01:09 00:00:31	00:09:34 00:08:56	00:18:08 00:17:30	00:26:33 00:25:55	00:35:12 00:34:35	00:43:28 00:42:50	00:52:06 00:51:28
280	280	36	244	1388	ΜΑΡΙΝΟΣ ΓΙΑΝΝΗΣ Άνδρας - 1971 (M45)	00:00:31 00:00:00	00:01:01 00:00:30	00:09:10 00:08:39	00:17:44 00:17:14	00:26:02 00:25:31	00:34:52 00:34:21	00:43:24 00:42:54	00:52:09 00:51:38
281	281	37	245	1668	ΧΑΤΖΗΔΗΜΗΤΡΙΟΥ ΔΗΜΗΤΡΗΣ Άνδρας - 1974 (M45)	00:00:24 00:00:00	00:00:54 00:00:31	00:09:02 00:08:39	00:17:42 00:17:19	00:26:13 00:25:50	00:35:07 00:34:44	00:43:34 00:43:11	00:52:09 00:51:46
282	282	52	246	1465	ΠΑΝΑΓΙΩΤΟΥ ΧΡΗΣΤΟΣ Άνδρας - 1989 (M)	00:00:36 00:00:00	00:01:11 00:00:35	00:09:44 00:09:08	00:18:50 00:18:14	00:27:06 00:26:30	00:35:28 00:34:52	00:43:57 00:43:22	00:52:11 00:51:36
283	283	46	247	1860	ΚΑΛΛΑΡΑΣ ΧΑΡΑΛΑΜΠΟΣ Άνδρας - 1982 (M35)	00:00:43 00:00:00	00:01:15 00:00:33	00:09:38 00:08:55	00:17:54 00:17:12	00:26:07 00:25:25	00:34:54 00:34:12	00:43:45 00:43:03	00:52:12 00:51:30
284	284	53	248	1228	ΖΩΤΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1993 (M)	00:00:52 00:00:00	00:01:25 00:00:34	00:09:47 00:08:56	00:18:12 00:17:21	00:26:20 00:25:29	00:34:47 00:33:55	00:43:22 00:42:31	00:52:19 00:51:28
285	285	32	249	1814	ΔΡΟΣΟΥΛΗΣ ΑΝΤΩΝΗΣ Άνδρας - 1965 (M50) Runnerstore	00:00:06 00:00:00	00:00:31 00:00:26	00:08:31 00:08:26	00:17:24 00:17:19	00:26:07 00:26:02	00:35:00 00:34:54	00:43:28 00:43:22	00:52:27 00:52:21

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
286	286	8	37	1251	ΚΑΜΠΑΝΗ ΜΑΡΓΑΡΙΤΑ Γυναίκα - 1980 (F35)	00:00:15 00:00:00	00:00:44 00:00:29	00:09:10 00:08:56	00:18:07 00:17:53	00:26:43 00:26:28	00:35:30 00:35:15	00:43:55 00:43:41	00:52:27 00:52:12
287	287	8	250	1603	ΣΤΥΛΙΑΝΙΔΗΣ ΧΑΡΑΛΑΜΠΟΣ Άνδρας - 2005 (JM) ΑΘΛΟΚΙΝΗΣΗ ΝΕΟΥ ΗΡΑΚΛΕΙΟΥ	00:00:17 00:00:00	00:00:43 00:00:26	00:08:14 00:07:57	00:16:05 00:15:49	00:24:51 00:24:35	00:34:02 00:33:45	00:43:21 00:43:05	00:52:28 00:52:12
288	288	47	251	1804	ΦΡΑΓΚΟΥΛΗΣ ΝΙΚΟΣ Άνδρας - 1982 (M35)	00:00:53 00:00:00	00:01:26 00:00:33	00:09:56 00:09:04	00:18:35 00:17:43	00:27:20 00:26:28	00:36:07 00:35:15	00:44:16 00:43:23	00:52:33 00:51:40
289	289	44	252	1678	ΧΡΥΣΟΝΙΔΗΣ ΚΟΣΜΑΣ Άνδρας - 1975 (M40)	00:00:38 00:00:00	00:01:07 00:00:30	00:08:59 00:08:21	00:17:38 00:17:01	00:26:16 00:25:38	00:35:09 00:34:32	00:43:52 00:43:15	00:52:35 00:51:57
290	290	17	253	1853	ΖΙΛΕΛΙΔΗΣ ΤΑΣΟΣ Άνδρας - 1963 (M55)	00:00:16 00:00:00	00:00:44 00:00:29	00:09:19 00:09:04	00:18:12 00:17:56	00:26:44 00:26:28	00:35:38 00:35:22	00:44:08 00:43:52	00:52:39 00:52:23
291	291	54	254	1207	ΕΥΘΥΜΙΟΠΟΥΛΟΣ ΝΙΚΟΣ Άνδρας - 1994 (M)	00:00:13 00:00:00	00:00:40 00:00:27	00:08:14 00:08:02	00:16:30 00:16:17	00:25:21 00:25:08	00:34:45 00:34:32	00:43:44 00:43:31	00:52:39 00:52:26
292	292	33	255	1086	ΑΝΔΡΙΟΠΟΥΛΟΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1967 (M50) ΑΘΛΟΚΙΝΗΣΗ ΝΕΟΥ ΗΡΑΚΛΕΙΟΥ	00:00:49 00:00:00	00:01:23 00:00:35	00:09:54 00:09:05	00:18:38 00:17:49	00:26:56 00:26:08	00:35:36 00:34:47	00:43:59 00:43:11	00:52:44 00:51:55
293	293	38	256	1716	ΒΕΡΓΟΠΟΥΛΟΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1970 (M45)	00:01:21 00:00:00	00:01:53 00:00:33	00:10:52 00:09:31	00:19:28 00:18:08	00:27:38 00:26:18	00:36:07 00:34:47	00:44:14 00:42:54	00:52:45 00:51:25
294	294	48	257	1837	ΤΖΑΡΔΗΣ ΙΩΣΗΦ Άνδρας - 1982 (M35)	00:01:30 00:00:00	00:02:05 00:00:35	00:10:46 00:09:17	00:19:18 00:17:49	00:27:34 00:26:04	00:36:15 00:34:45	00:44:30 00:43:00	00:52:46 00:51:16
295	295	39	258	1472	ΠΑΠΑΓΕΩΡΓΙΟΥ ΑΝΤΩΝΙΟΣ Άνδρας - 1974 (M45) RunZone	00:00:43 00:00:00	00:01:13 00:00:31	00:09:42 00:09:00	00:18:29 00:17:46	00:26:48 00:26:06	00:35:38 00:34:56	00:44:02 00:43:19	00:52:46 00:52:04
296	296	55	259	1844	ΑΛΕΞΙΑΔΗΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1987 (M)	00:01:29 00:00:00	00:02:05 00:00:37	00:10:46 00:09:18	00:19:18 00:17:49	00:27:33 00:26:04	00:36:14 00:34:45	00:44:30 00:43:01	00:52:47 00:51:18
297	297	40	260	1730	ΔΡΙΤΣΑΣ ΓΙΩΡΓΟΣ Άνδρας - 1971 (M45) ΑΝΕΞΑΡΤΗΤΟΣ	00:01:30 00:00:00	00:02:10 00:00:40	00:11:05 00:09:36	00:19:42 00:18:12	00:27:51 00:26:22	00:36:15 00:34:46	00:44:21 00:42:52	00:52:48 00:51:19
298	298	34	261	1655	ΦΛΕΓΓΑΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1966 (M50) CF WORKOUT DISCTRICT	00:00:30 00:00:00	00:01:03 00:00:33	00:09:21 00:08:51	00:17:43 00:17:14	00:25:50 00:25:20	00:35:24 00:34:54	00:44:21 00:43:51	00:52:48 00:52:18
299	299	45	262	1262	ΚΑΡΑΓΚΙΟΖΗΣ ΜΑΡΙΟΣ Άνδρας - 1978 (M40) ΠΡΟΜΑΧΟΣ	00:00:08 00:00:00	00:00:36 00:00:29	00:08:32 00:08:25	00:17:14 00:17:06	00:26:00 00:25:53	00:34:57 00:34:50	00:43:58 00:43:51	00:52:51 00:52:43
300	300	49	263	1460	ΠΑΓΑΝΟΣ ΧΑΡΗΣ Άνδρας - 1982 (M35)	00:00:52 00:00:00	00:01:25 00:00:34	00:09:56 00:09:04	00:18:24 00:17:32	00:26:43 00:25:51	00:35:34 00:34:42	00:44:14 00:43:23	00:52:52 00:52:00
301	301	8	264	1393	ΜΑΥΡΙΔΗΣ ΣΑΒΒΑΣ Άνδρας - 1958 (M60)	00:00:06 00:00:00	00:00:36 00:00:30	00:08:44 00:08:38	00:17:26 00:17:20	00:25:56 00:25:51	00:34:59 00:34:53	00:43:49 00:43:44	00:52:53 00:52:48
302	302	9	38	1406	ΜΟΛΤ ΚΟΡΝΗΛΙΑ Γυναίκα - 1973 (F45) Adidas Runners	00:00:05 00:00:00	00:00:31 00:00:26	00:08:26 00:08:21	00:17:04 00:16:59	00:25:41 00:25:36	00:35:04 00:35:00	00:44:09 00:44:05	00:52:55 00:52:50
303	303	41	265	1379	ΜΑΚΡΥΠΙΔΗΣ ΑΝΔΡΕΑΣ Άνδρας - 1970 (M45) ΠΑΛΛΗΝΙΟΙ ΔΡΟΜΕΙΣ	00:00:08 00:00:00	00:00:39 00:00:32	00:09:17 00:09:09	00:18:07 00:17:59	00:26:40 00:26:32	00:35:32 00:35:24	00:44:10 00:44:02	00:52:56 00:52:48
304	304	46	266	1586	ΣΟΥΡΤΖΟΠΟΥΛΟΣ ΛΕΩΝΙΔΑΣ Άνδρας - 1977 (M40)	00:00:52 00:00:00	00:01:23 00:00:31	00:09:49 00:08:57	00:18:21 00:17:29	00:26:49 00:25:57	00:35:36 00:34:44	00:44:06 00:43:14	00:52:59 00:52:07
305	305	56	267	1855	ΠΑΠΑΔΟΠΟΥΛΟΣ ΣΟΦΟΚΛΗΣ Άνδρας - 1996 (M)	00:00:35 00:00:00	00:01:09 00:00:35	00:09:15 00:08:40	00:17:31 00:16:57	00:26:14 00:25:39	00:35:24 00:34:50	00:44:31 00:43:56	00:53:05 00:52:31
306	306	50	268	1220	ΖΗΓΟΥΡΗΣ ΓΡΗΓΟΡΗΣ Άνδρας - 1980 (M35) G & M - Χρώμα... Ελληνικό!	00:00:18 00:00:00	00:00:51 00:00:33	00:09:23 00:09:05	00:18:17 00:17:59	00:26:56 00:26:38	00:35:51 00:35:34	00:44:40 00:44:22	00:53:11 00:52:53
307	307	1	39	1542	ΠΡΟΥΣΙΑΝΟΥ ΕΛΛΗ Γυναίκα - 1965 (F50) ΣΔΥΡεθιμνου	00:00:48 00:00:00	00:01:23 00:00:35	00:09:59 00:09:12	00:18:46 00:17:58	00:27:08 00:26:21	00:35:57 00:35:10	00:44:32 00:43:45	00:53:15 00:52:27
308	308	57	269	1225	ΖΟΥΠΗΣ ΙΩΑΝΝΗΣ Άνδρας - 1987 (M) ΜΕΚ	00:00:58 00:00:00	00:01:30 00:00:33	00:10:00 00:09:03	00:18:39 00:17:42	00:26:59 00:26:02	00:35:50 00:34:52	00:44:57 00:44:00	00:53:22 00:52:25
309	309	51	270	1306	ΚΟΛΟΚΥΘΑΣ ΝΙΚΟΣ Άνδρας - 1980 (M35)	00:00:35 00:00:00	00:01:10 00:00:36	00:10:15 00:09:41	00:19:17 00:18:43	00:27:56 00:27:22	00:36:41 00:36:07	00:45:09 00:44:35	00:53:27 00:52:53

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
310	310	42	271	1675	ΧΡΙΣΤΟΦΟΡΙΔΗΣ ΤΑΚΗΣ Άνδρας - 1973 (M45)	00:00:27 00:00:00	00:01:02 00:00:35	00:09:39 00:09:13	00:18:22 00:17:55	00:27:02 00:26:35	00:35:56 00:35:29	00:44:41 00:44:14	00:53:29 00:53:02
311	311	47	272	1298	ΚΟΘΡΗΣ ΕΜΜΑΝΟΥΗΛ Άνδρας - 1976 (M40) extremesurfers	00:00:40 00:00:00	00:01:15 00:00:35	00:10:13 00:09:33	00:19:04 00:18:25	00:27:31 00:26:51	00:36:34 00:35:55	00:45:11 00:44:31	00:53:32 00:52:52
312	312	43	273	1813	ΜΠΟΤΟΥΛΑΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1970 (M45)	00:01:19 00:00:00	00:01:50 00:00:32	00:10:27 00:09:09	00:19:16 00:17:57	00:27:49 00:26:31	00:36:39 00:35:20	00:45:08 00:43:50	00:53:34 00:52:15
313	313	7	274	1533	ΠΛΑΤΗΣ ΘΑΝΟΣ Άνδρας - 1954 (M65)	00:00:02 00:00:00	00:00:22 00:00:21	00:09:19 00:09:17	00:18:36 00:18:35	00:27:36 00:27:35	00:36:45 00:36:43	00:45:18 00:45:17	00:53:35 00:53:33
314	314	48	275	1553	ΡΟΥΣΣΟΣ ΚΩΣΤΑΣ Άνδρας - 1979 (M40)	00:00:48 00:00:00	00:01:19 00:00:32	00:09:35 00:08:47	00:18:22 00:17:34	00:26:55 00:26:08	00:35:55 00:35:07	00:44:34 00:43:46	00:53:37 00:52:49
315	315	52	276	1421	ΜΠΑΛΑΦΟΥΤΗΣ ΜΙΛΤΟΣ Άνδρας - 1982 (M35) PULSE GYM	00:00:49 00:00:00	00:01:25 00:00:36	00:10:06 00:09:17	00:19:10 00:18:21	00:27:42 00:26:53	00:36:27 00:35:38	00:45:02 00:44:13	00:53:37 00:52:48
316	316	35	277	1156	ΓΙΩΤΗΣ ΧΡΗΣΤΟΣ Άνδρας - 1966 (M50) DEUTSCHE SHULE ATHEN RUNNING TEAM	00:00:29 00:00:00	00:01:03 00:00:34	00:09:21 00:08:52	00:17:49 00:17:21	00:26:26 00:25:57	00:35:32 00:35:03	00:44:24 00:43:56	00:53:39 00:53:10
317	317	49	278	1819	ΔΗΜΗΤΡΙΟΥ ΙΩΑΝΝΗΣ Άνδρας - 1977 (M40)	00:00:26 00:00:00	00:00:56 00:00:31	00:08:57 00:08:32	00:17:39 00:17:14	00:26:22 00:25:57	00:35:37 00:35:12	00:44:33 00:44:08	00:53:44 00:53:18
318	318	50	279	1335	ΚΟΥΤΣΙΤΖΗΣ ΑΛΕΞΑΝΔΡΟΣ Άνδρας - 1978 (M40) ΣΦΑΚΙΑΝΑΚΗΣ RUNNING TEAM	00:01:09 00:00:00	00:01:47 00:00:39	00:10:31 00:09:23	00:19:15 00:18:07	00:27:42 00:26:34	00:36:31 00:35:23	00:44:59 00:43:51	00:53:47 00:52:39
319	319	44	280	1713	ΑΡΓΥΡΟΠΟΥΛΟΣ ΔΙΟΝΥΣΙΟΣ Άνδρας - 1972 (M45)	00:00:14 00:00:00	00:00:42 00:00:28	00:09:11 00:08:57	00:18:15 00:18:01	00:27:01 00:26:48	00:36:14 00:36:00	00:44:58 00:44:44	00:53:48 00:53:34
320	320	4	40	1659	ΦΩΤΙΟΥ ΘΕΟΔΩΡΑ Γυναίκα - 1986 (F30)	00:00:21 00:00:00	00:00:51 00:00:31	00:09:14 00:08:54	00:17:46 00:17:26	00:26:12 00:25:52	00:35:40 00:35:20	00:44:48 00:44:28	00:53:51 00:53:30
321	321	51	281	1402	ΜΗΝΑΣ ΑΝΤΩΝΙΟΣ Άνδρας - 1978 (M40)	00:00:15 00:00:00	00:00:43 00:00:29	00:08:47 00:08:32	00:17:21 00:17:07	00:25:56 00:25:41	00:35:08 00:34:54	00:44:15 00:44:01	00:53:55 00:53:41
322	322	9	282	1084	ΑΝΔΡΕΑΔΗΣ ΜΙΧΑΗΛ Άνδρας - 2003 (JM)	00:00:53 00:00:00	00:01:28 00:00:35	00:10:21 00:09:28	00:19:12 00:18:19	00:27:31 00:26:38	00:36:07 00:35:14	00:44:55 00:44:02	00:53:56 00:53:03
323	323	58	283	1711	ΑΝΔΡΙΚΟΠΟΥΛΟΣ ΒΑΣΙΛΕΙΟΣ Άνδρας - 1985 (M) redteam	00:00:16 00:00:00	00:00:43 00:00:28	00:08:45 00:08:29	00:17:30 00:17:15	00:26:14 00:25:59	00:35:21 00:35:06	00:44:29 00:44:14	00:53:58 00:53:43
324	324	8	41	1605	ΣΥΜΕΩΝΙΔΗ ΑΛΕΞΙΑ Γυναίκα - 1978 (F40)	00:00:17 00:00:00	00:00:47 00:00:31	00:09:22 00:09:06	00:18:14 00:17:58	00:26:59 00:26:43	00:36:01 00:35:44	00:44:53 00:44:36	00:54:02 00:53:46
325	325	45	284	1828	ΜΠΡΑΒΟΣ ΙΩΑΝΝΗΣ Άνδρας - 1974 (M45)	00:00:24 00:00:00	00:00:57 00:00:33	00:09:20 00:08:56	00:18:23 00:17:59	00:27:20 00:26:56	00:36:26 00:36:02	00:45:09 00:44:45	00:54:02 00:53:39
326	326	10	42	1036	ΜΑΓΓΙΩΡΟΥ ΚΥΡΙΑΚΗ Γυναίκα - 1972 (F45) ΠΑΝΕΛΛΗΝΙΟΣ ΓΣ	00:00:18 00:00:00	00:00:47 00:00:29	00:09:10 00:08:52	00:18:14 00:17:56	00:26:46 00:26:29	00:35:48 00:35:30	00:44:39 00:44:21	00:54:06 00:53:48
327	327	11	43	1035	ΑΝΑΛΥΤΗ ΡΟΥΛΑ Γυναίκα - 1974 (F45)	00:00:19 00:00:00	00:00:47 00:00:29	00:09:10 00:08:52	00:18:16 00:17:58	00:26:46 00:26:28	00:35:49 00:35:31	00:44:38 00:44:20	00:54:06 00:53:48
328	328	46	285	1764	ΜΠΟΥΡΛΑΣ ΑΛΜΠΕΡΤΟΣ Άνδρας - 1974 (M45) Pollias Runners	00:01:19 00:00:00	00:01:51 00:00:32	00:10:26 00:09:08	00:19:09 00:17:51	00:27:37 00:26:19	00:36:41 00:35:23	00:45:14 00:43:55	00:54:17 00:52:59
329	329	36	286	1494	ΠΑΠΑΘΑΝΑΣΙΟΥ ΠΕΤΡΟΣ Άνδρας - 1965 (M50)	00:00:59 00:00:00	00:01:33 00:00:35	00:10:50 00:09:52	00:19:52 00:18:54	00:28:26 00:27:28	00:37:20 00:36:22	00:45:43 00:44:45	00:54:18 00:53:20
330	330	9	287	1175	ΔΑΚΟΥΤΡΟΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1958 (M60)	00:00:15 00:00:00	00:00:44 00:00:30	00:09:09 00:08:55	00:18:04 00:17:50	00:26:41 00:26:26	00:35:49 00:35:35	00:44:50 00:44:35	00:54:22 00:54:07
331	331	59	288	1300	ΚΟΛΙΟΣ ΑΠΟΣΤΟΛΟΣ Άνδρας - 1996 (M)	00:00:44 00:00:00	00:01:19 00:00:36	00:09:54 00:09:10	00:18:37 00:17:53	00:27:40 00:26:56	00:37:03 00:36:19	00:45:45 00:45:01	00:54:24 00:53:40
332	332	47	289	1398	ΜΕΝΕΓΑΚΗΣ ΛΕΩΝΙΔΑΣ Άνδρας - 1971 (M45)	00:00:20 00:00:00	00:00:48 00:00:29	00:09:16 00:08:57	00:18:14 00:17:55	00:27:03 00:26:44	00:36:33 00:36:14	00:45:26 00:45:07	00:54:25 00:54:06
333	333	60	290	1815	ΜΠΕΣΣΑΣ ΣΕΡΑΦΕΙΜ Άνδρας - 1986 (M)	00:01:15 00:00:00	00:01:50 00:00:36	00:10:42 00:09:27	00:19:16 00:18:01	00:27:51 00:26:36	00:36:46 00:35:32	00:45:43 00:44:29	00:54:27 00:53:12

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
334	334	9	44	1050	GONZALEZ ROSANNA Γυναίκα - 1978 (F40)	00:01:09 00:00:00	00:01:46 00:00:37	00:10:47 00:09:39	00:19:50 00:18:42	00:28:25 00:27:17	00:37:23 00:36:14	00:45:58 00:44:50	00:54:29 00:53:21
335	335	48	291	1357	ΛΑΚΙΩΤΗΣ ΓΙΩΡΓΟΣ Άνδρας - 1973 (M45) LAKFAM	00:00:51 00:00:00	00:01:24 00:00:33	00:09:46 00:08:56	00:18:37 00:17:47	00:27:15 00:26:25	00:36:35 00:35:45	00:45:32 00:44:41	00:54:33 00:53:42
336	336	61	292	1382	ΜΑΝΑΤΟΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1985 (M)	00:01:15 00:00:00	00:01:48 00:00:34	00:10:05 00:08:51	00:18:30 00:17:16	00:27:08 00:25:54	00:36:38 00:35:23	00:45:44 00:44:30	00:54:38 00:53:24
337	337	52	293	1669	ΧΑΤΖΗΛΑΜΠΙΔΗΣ ΧΡΗΣΤΟΣ Άνδρας - 1979 (M40)	00:01:14 00:00:00	00:01:48 00:00:34	00:10:05 00:08:52	00:18:29 00:17:15	00:27:08 00:25:54	00:36:37 00:35:24	00:45:44 00:44:30	00:54:38 00:53:25
338	338	53	294	1812	ΚΟΝΤΟΠΟΥΛΟΣ ΜΑΡΙΟΣ Άνδρας - 1978 (M40)	00:01:14 00:00:00	00:01:48 00:00:34	00:10:06 00:08:52	-	00:27:08 00:25:55	-	00:45:44 00:44:30	00:54:38 00:53:25
339	339	54	295	1440	ΜΠΟΝΥΟ ΑΘΑΝΑΣΙΟΣ ΕΛΙΤΖΑ Άνδρας - 1975 (M40)	00:00:55 00:00:00	00:01:29 00:00:35	00:10:07 00:09:13	00:19:09 00:18:15	00:27:55 00:27:01	00:37:07 00:36:13	00:45:54 00:45:00	00:54:44 00:53:50
340	340	37	296	1679	ΧΩΡΙΑΤΑΚΗΣ ΕΥΤΥΧΙΟΣ Άνδρας - 1969 (M50)	00:01:16 00:00:00	00:01:50 00:00:34	00:10:45 00:09:29	00:19:33 00:18:17	00:28:12 00:26:57	00:37:12 00:35:57	00:45:54 00:44:39	00:54:50 00:53:35
341	341	1	297	1143	ΓΕΩΡΓΟΠΟΥΛΟΣ ΧΡΗΣΤΟΣ Άνδρας - 1900 () CkRaven	00:01:01 00:00:00	00:01:36 00:00:35	00:10:30 00:09:29	00:19:35 00:18:34	00:28:20 00:27:19	00:37:26 00:36:25	00:46:12 00:45:11	00:54:53 00:53:52
342	342	49	298	1161	ΓΚΟΥΒΕΡΟΣ ΙΩΑΝΝΗΣ Άνδρας - 1972 (M45)	00:00:15 00:00:00	00:00:44 00:00:30	00:08:48 00:08:33	00:17:32 00:17:17	00:26:22 00:26:07	00:35:45 00:35:30	00:45:06 00:44:52	00:54:54 00:54:39
343	343	55	299	1116	ΒΑΣΙΛΕΙΟΥ ΑΛΕΞΙΟΣ Άνδρας - 1977 (M40)	00:00:31 00:00:00	00:01:00 00:00:30	00:09:13 00:08:43	00:18:17 00:17:47	00:27:13 00:26:42	00:36:48 00:36:18	00:46:00 00:45:29	00:54:55 00:54:24
344	344	38	300	1548	ΡΗΓΟΣ ΙΩΑΝΝΗΣ Άνδρας - 1968 (M50)	00:01:30 00:00:00	00:02:06 00:00:37	00:11:09 00:09:39	00:19:43 00:18:14	00:28:17 00:26:47	00:37:04 00:35:34	00:46:10 00:44:40	00:54:57 00:53:27
345	345	50	301	1359	ΛΑΜΠΡΗΣ ΑΡΙΣΤΟΤΕΛΗΣ Άνδρας - 1974 (M45)	00:00:31 00:00:00	00:01:04 00:00:34	00:10:04 00:09:34	00:19:14 00:18:44	00:28:15 00:27:45	00:37:24 00:36:54	00:46:11 00:45:41	00:54:58 00:54:28
346	346	56	302	1163	ΓΚΟΥΛΙΟΥΜΗΣ ΑΚΗΣ Άνδρας - 1978 (M40)	00:01:18 00:00:00	00:01:51 00:00:33	00:10:40 00:09:23	00:20:02 00:18:44	00:28:39 00:27:21	00:37:40 00:36:22	00:46:23 00:45:05	00:55:00 00:53:42
347	347	62	303	1029	ΠΑΝΤΕΛΗΣ ΕΥΣΤΑΘΙΟΣ Άνδρας - 1987 (M) Royal Crossfit	00:00:59 00:00:00	00:01:35 00:00:37	00:11:05 00:10:07	00:20:35 00:19:37	00:29:27 00:28:28	00:38:17 00:37:19	00:46:35 00:45:37	00:55:02 00:54:04
348	348	63	304	1577	ΣΚΕΝΤΖΟΣ ΑΝΔΡΕΑΣ Άνδρας - 1988 (M)	00:00:26 00:00:00	00:01:00 00:00:34	00:10:21 00:09:55	00:19:47 00:19:22	00:28:38 00:28:12	00:37:35 00:37:09	00:46:17 00:45:52	00:55:03 00:54:38
349	349	53	305	1511	ΠΑΠΕΛΗΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1984 (M35) SFAKIANAKIS RUNNING TEAM	00:00:25 00:00:00	00:00:58 00:00:33	00:09:28 00:09:04	00:18:28 00:18:03	00:27:18 00:26:53	00:36:32 00:36:08	00:45:42 00:45:17	00:55:05 00:54:41
350	350	51	306	1453	ΝΙΩΤΗΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1972 (M45)	00:00:57 00:00:00	00:01:30 00:00:34	00:10:08 00:09:11	00:19:14 00:18:17	00:28:04 00:27:07	00:37:15 00:36:18	00:46:01 00:45:05	00:55:09 00:54:12
351	351	57	307	1793	ΤΟΓΑΝΙΔΗΣ ΠΑΥΛΟΣ Άνδρας - 1978 (M40)	00:00:20 00:00:00	00:00:50 00:00:31	00:08:52 00:08:33	00:17:48 00:17:29	00:26:52 00:26:32	00:36:23 00:36:04	00:45:31 00:45:12	00:55:10 00:54:50
352	352	10	45	1779	ΡΑΥΤΟΠΟΥΛΟΥ ΚΑΤΕΡΙΝΑ Γυναίκα - 1977 (F40) NOVASPORTS RUNNING TEAM	00:00:20 00:00:00	00:00:55 00:00:36	00:10:05 00:09:45	00:19:06 00:18:46	00:28:22 00:28:02	00:37:32 00:37:12	00:46:30 00:46:10	00:55:11 00:54:51
353	353	58	308	1759	ΜΑΧΑΙΡΑΣ ΝΙΚΟΣ Άνδρας - 1975 (M40) NOVASPORTS RUNNING TEAM	00:00:21 00:00:00	00:00:55 00:00:35	00:10:04 00:09:44	00:19:58 00:19:38	00:28:22 00:28:02	00:37:31 00:37:11	00:46:30 00:46:10	00:55:11 00:54:51
354	354	54	309	1567	ΣΕΛΤΣΙΩΤΗΣ ΠΑΝΤΕΛΕΗΜΩΝ Άνδρας - 1982 (M35)	00:00:28 00:00:00	00:01:00 00:00:32	00:09:16 00:08:48	00:17:56 00:17:28	00:26:42 00:26:14	00:35:53 00:35:26	00:45:21 00:44:54	00:55:12 00:54:44
355	355	64	310	1147	ΓΙΑΝΝΑΚΕΛΟΣ ΦΩΤΙΟΣ Άνδρας - 1985 (M) THE SPOT PERSONAL STUDIO	00:00:08 00:00:00	00:00:32 00:00:25	00:08:34 00:08:26	00:17:47 00:17:40	00:27:04 00:26:56	00:36:39 00:36:32	00:45:57 00:45:49	00:55:12 00:55:04
356	356	52	311	1599	ΣΤΑΥΡΙΔΗΣ ΑΝΤΩΝΙΟΣ Άνδρας - 1973 (M45)	00:00:24 00:00:00	00:00:55 00:00:31	00:09:17 00:08:53	00:18:03 00:17:40	00:26:55 00:26:31	00:36:32 00:36:08	00:45:33 00:45:10	00:55:12 00:54:49
357	357	11	46	1870	ΤΣΙΟΛΑΚΟΥ ANNA Γυναίκα - 1977 (F40)	00:01:13 00:00:00	00:01:44 00:00:32	00:10:12 00:09:00	00:18:57 00:17:45	00:27:49 00:26:36	00:37:11 00:35:58	00:46:08 00:44:56	00:55:19 00:54:07
358	358	2	47	1060	ΑΓΓΕΛΕΤΑΚΗ ΜΑΡΙΑ Γυναίκα - 1957 (F60)	00:00:07 00:00:00	00:00:33 00:00:27	00:09:19 00:09:12	00:18:33 00:18:26	00:27:34 00:27:28	00:36:52 00:36:46	00:46:05 00:45:59	00:55:20 00:55:14

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρεία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
359	359	53	312	1771	ΠΑΠΑΒΑΣΙΛΕΙΟΥ ΧΡΗΣΤΟΣ Άνδρας - 1972 (M45) RunZone	00:00:41 00:00:00	00:01:12 00:00:32	00:09:58 00:09:17	00:19:18 00:18:38	00:28:17 00:27:36	00:37:37 00:36:56	00:46:27 00:45:47	00:55:21 00:54:40
360	360	59	313	1097	ΑΡΒΑΝΙΤΟΠΟΥΛΟΣ ΗΛΙΑΣ Άνδρας - 1976 (M40) RUNZONE	00:00:40 00:00:00	00:01:15 00:00:35	00:09:56 00:09:16	00:19:13 00:18:33	00:28:07 00:27:27	00:37:32 00:36:52	00:46:28 00:45:48	00:55:21 00:54:41
361	361	54	314	1587	ΣΠΑΝΟΣ ΕΜΜΑΝΟΥΗΛ Άνδρας - 1973 (M45)	00:00:11 00:00:00	00:00:36 00:00:26	00:09:15 00:09:05	00:18:35 00:18:25	00:27:42 00:27:32	00:37:19 00:37:09	00:46:21 00:46:11	00:55:26 00:55:15
362	362	55	315	1024	ΗΟΕUNG DAVID Άνδρας - 1980 (M35)	00:00:50 00:00:00	00:01:25 00:00:35	00:10:35 00:09:45	00:19:39 00:18:49	00:28:19 00:27:29	00:37:24 00:36:34	00:46:14 00:45:24	00:55:27 00:54:37
363	363	9	48	1404	ΜΙΛΑΤΟΥ ΝΙΚΗ Γυναίκα - 1982 (F35)	00:00:37 00:00:00	00:01:08 00:00:31	00:09:34 00:08:57	00:18:38 00:18:01	00:27:36 00:26:59	00:37:07 00:36:30	00:46:12 00:45:35	00:55:27 00:54:50
364	364	39	316	1205	ΕΥΑΓΓΕΛΙΝΟΣ ΓΙΑΝΝΗΣ Άνδρας - 1967 (M50) ΑΠΟΛΛΩΝ ΔΥΤΙΚΗΣ ΑΤΤΙΚΗΣ	00:01:05 00:00:00	00:01:37 00:00:33	00:10:16 00:09:12	00:19:24 00:18:20	00:28:19 00:27:14	00:37:45 00:36:41	00:46:36 00:45:31	00:55:29 00:54:24
365	365	65	317	1900	ΠΑΠΑΔΟΠΟΥΛΟΣ ΘΕΟΦΙΛΟΣ Άνδρας - 1987 (M)	00:01:00 00:00:00	00:01:32 00:00:33	00:10:03 00:09:03	00:19:16 00:18:17	00:28:12 00:27:13	00:37:29 00:36:30	00:46:32 00:45:33	00:55:31 00:54:32
366	366	12	49	1146	ΓΙΑΚΟΥΜΑΚΗ ΒΑΣΙΛΙΚΗ Γυναίκα - 1972 (F45) ALIFERIS TRAINING TEAM	00:00:20 00:00:00	00:00:49 00:00:29	00:09:18 00:08:58	00:18:22 00:18:02	00:27:21 00:27:01	00:36:48 00:36:28	00:46:03 00:45:43	00:55:31 00:55:11
367	367	56	318	1176	ΔΑΜΑΝΑΚΗΣ ΣΤΕΛΙΟΣ Άνδρας - 1982 (M35) ΠΑΝΕΛΛΗΝΙΟΣ Γ.Σ.	00:01:06 00:00:00	00:01:45 00:00:40	00:11:03 00:09:57	00:20:17 00:19:11	00:29:01 00:27:55	00:37:59 00:36:53	00:46:47 00:45:42	00:55:34 00:54:28
368	368	55	319	1170	ΓΟΥΡΝΑΚΗΣ ΒΑΣΙΛΗΣ Άνδρας - 1972 (M45)	00:00:45 00:00:00	00:01:17 00:00:33	00:10:21 00:09:37	00:19:38 00:18:54	00:28:43 00:27:59	00:37:57 00:37:13	00:46:48 00:46:04	00:55:41 00:54:57
369	369	57	320	1352	ΚΩΝΣΤΑΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1984 (M35)	00:00:42 00:00:00	00:01:14 00:00:32	00:10:26 00:09:44	00:19:26 00:18:45	00:27:59 00:27:17	00:37:04 00:36:23	00:46:16 00:45:34	00:55:44 00:55:02
370	370	60	321	1337	ΚΡΗΤΙΚΟΣ ΘΕΟΔΩΡΟΣ Άνδρας - 1975 (M40)	00:00:54 00:00:00	00:01:27 00:00:34	00:10:45 00:09:52	00:20:13 00:19:19	00:28:53 00:28:00	00:38:09 00:37:15	00:47:00 00:46:06	00:55:49 00:54:55
371	371	66	322	1150	ΓΙΑΝΝΟΠΟΥΛΟΣ ΔΙΟΝΥΣΗΣ Άνδρας - 1986 (M)	00:00:57 00:00:00	00:01:40 00:00:44	00:11:49 00:10:53	00:22:23 00:21:27	00:32:05 00:31:08	00:39:52 00:38:56	00:47:42 00:46:46	00:55:49 00:54:53
372	372	2	50	1526	ΠΑΤΣΙΛΗ ΠΑΝΑΓΙΩΤΑ Γυναίκα - 2003 (JF) ΙΚΑΡΟΣ	00:00:13 00:00:00	00:00:41 00:00:29	00:09:19 00:09:07	00:18:28 00:18:15	00:27:24 00:27:12	00:37:01 00:36:49	00:46:28 00:46:16	00:55:50 00:55:38
373	373	3	51	1127	ΒΟΥΛΓΑΡΙΔΗ ΝΕΦΕΛΗ Γυναίκα - 2005 (JF) ΙΚΑΡΟΣ Ν. ΙΩΝΙΑΣ	00:00:13 00:00:00	00:00:41 00:00:29	00:09:19 00:09:07	00:18:28 00:18:15	00:27:24 00:27:12	00:37:01 00:36:49	00:46:28 00:46:16	00:55:50 00:55:38
374	374	67	323	1806	ΧΑΜΟΓΕΩΡΓΑΚΗΣ ΠΑΝΤΕΛΗΣ Άνδρας - 1993 (M)	00:00:29 00:00:00	00:01:01 00:00:32	00:09:34 00:09:05	00:18:43 00:18:15	00:28:18 00:27:49	00:37:32 00:37:03	00:46:58 00:46:29	00:55:51 00:55:23
375	375	40	324	1579	ΣΚΟΥΦΟΥΛΑΣ ΛΑΜΠΡΟΣ Άνδρας - 1967 (M50) One step beyond	00:01:48 00:00:00	00:02:17 00:00:30	00:11:35 00:09:47	00:21:13 00:19:25	00:29:45 00:27:57	00:38:45 00:36:57	00:47:20 00:45:32	00:55:52 00:54:04
376	376	68	325	1505	ΠΑΠΑΣΗΜΑΚΟΠΟΥΛΟΣ ΣΤΕΦΑΝΟΣ Άνδρας - 1993 (M)	00:00:20 00:00:00	00:00:50 00:00:30	00:09:12 00:08:52	00:17:53 00:17:33	00:26:44 00:26:24	00:36:30 00:36:10	00:47:01 00:46:41	00:55:54 00:55:34
377	377	69	326	1025	PURDIE HEATHER Άνδρας - 1990 (M)	00:00:49 00:00:00	00:01:25 00:00:36	00:10:51 00:10:02	00:20:07 00:19:18	00:29:03 00:28:14	00:38:18 00:37:29	00:47:08 00:46:19	00:55:57 00:55:08
378	378	56	327	1805	ΧΑΛΙΟΥΛΙΑΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1972 (M45)	00:01:21 00:00:00	00:01:54 00:00:34	00:11:06 00:09:45	00:20:18 00:18:57	00:29:10 00:27:49	00:38:23 00:37:02	00:47:10 00:45:49	00:56:00 00:54:39
379	379	58	328	1080	ΑΝΑΣΤΑΣΟΠΟΥΛΟΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1981 (M35)	00:00:43 00:00:00	00:01:14 00:00:31	00:08:44 00:08:01	00:16:12 00:15:29	00:24:18 00:23:35	00:32:05 00:31:22	00:38:56 00:38:14	00:56:01 00:55:18
380	380	70	329	1707	ΑΛΙΦΕΡΗΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1994 (M) mayro provato	00:00:21 00:00:00	00:00:52 00:00:31	00:09:27 00:09:06	00:18:40 00:18:20	00:27:39 00:27:18	00:37:07 00:36:46	00:46:25 00:46:04	00:56:02 00:55:41
381	381	57	330	1320	ΚΟΥΓΙΟΥΣ ΓΙΑΝΝΗΣ Άνδρας - 1974 (M45) ΑΠΟΛΛΩΝ ΔΥΤΙΚΗΣ ΑΤΤΙΚΗΣ	00:00:08 00:00:00	00:00:36 00:00:29	00:09:09 00:09:02	00:18:31 00:18:24	00:27:40 00:27:33	00:37:16 00:37:09	00:46:40 00:46:32	00:56:04 00:55:57
382	382	10	331	1428	ΜΠΑΡΤΖΩΚΑΣ ΒΑΣΙΛΕΙΟΣ Άνδρας - 1958 (M60) MyAthlete	00:00:55 00:00:00	00:01:29 00:00:34	00:10:25 00:09:31	00:19:45 00:18:51	00:28:42 00:27:47	00:38:14 00:37:20	00:47:11 00:46:16	00:56:07 00:55:13

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
383	383	18	332	1629	ΤΡΙΜΗΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1964 (M55) VASPMEDICAL Pharmaceutical products	00:00:28 00:00:00	00:01:02 00:00:35	00:09:52 00:09:24	00:19:12 00:18:44	00:28:13 00:27:46	00:37:44 00:37:16	00:46:57 00:46:30	00:56:09 00:55:41
384	384	59	333	1027	ΑΓΓΕΛΑΚΟΠΟΥΛΟΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1982 (M35) Royal Crossfit	00:01:02 00:00:00	00:01:36 00:00:34	00:10:33 00:09:31	00:19:59 00:18:58	00:29:16 00:28:15	00:38:15 00:37:14	00:47:02 00:46:01	00:56:10 00:55:09
385	385	61	334	1671	ΧΟΥΛΙΑΡΑΣ ΒΑΣΙΛΗΣ Άνδρας - 1978 (M40)	00:00:47 00:00:00	00:01:21 00:00:34	00:09:56 00:09:09	00:18:53 00:18:06	00:27:58 00:27:11	00:37:21 00:36:34	00:46:43 00:45:57	00:56:10 00:55:23
386	386	2	52	1726	ΓΛΗΓΟΡΗ ΠΑΡΑΣΚΕΥΗ Γυναίκα - 1968 (F50)	00:00:41 00:00:00	00:01:12 00:00:32	00:10:12 00:09:31	00:19:33 00:18:52	00:28:34 00:27:54	00:37:59 00:37:18	00:46:59 00:46:19	00:56:13 00:55:33
387	387	71	335	1009	ΚΥΒΙΤΤΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1990 (M) ΣΕΒΑΣ ΠΑΦΟΥ ΣΤΕΛΙΟΣ ΚΥΡΙΑΚΙΔΗΣ	00:00:14 00:00:00	00:00:46 00:00:32	00:09:38 00:09:24	00:19:14 00:19:00	00:28:28 00:28:14	00:38:12 00:37:58	00:47:12 00:46:58	00:56:16 00:56:03
388	388	41	336	1628	ΤΡΙΑΝΤΑΦΥΛΛΟΥ ΝΙΚΟΣ Άνδρας - 1967 (M50)	00:00:08 00:00:00	00:00:37 00:00:30	00:09:07 00:09:00	00:18:28 00:18:20	00:27:34 00:27:26	00:37:18 00:37:11	00:46:43 00:46:36	00:56:18 00:56:10
389	389	42	337	1702	ΤΣΟΤΣΟ ΑΘΑΝΑΣΙΟΣ Άνδρας - 1967 (M50)	00:00:27 00:00:00	00:01:01 00:00:35	00:10:02 00:09:35	00:19:25 00:18:58	00:28:27 00:28:00	00:37:56 00:37:29	00:47:09 00:46:42	00:56:24 00:55:57
390	390	19	338	1698	ΓΕΡΟΓΙΑΝΝΙΣ ΔΙΜΙΤΡΙΟΣ Άνδρας - 1961 (M55)	00:00:28 00:00:00	00:01:02 00:00:34	00:10:02 00:09:35	00:19:25 00:18:58	00:28:27 00:28:00	00:37:56 00:37:29	00:47:10 00:46:43	00:56:24 00:55:57
391	391	1	53	1529	ΠΕΤΡΙΔΟΥ ΒΑΣΙΛΙΚΗ Γυναίκα - 1963 (F55)	00:00:29 00:00:00	00:01:08 00:00:39	00:11:04 00:10:35	00:21:14 00:20:45	00:30:37 00:30:08	00:40:40 00:40:11	00:48:15 00:47:46	00:56:25 00:55:56
392	392	60	339	1173	ΔΑΓΤΖΙΔΗΣ ΧΡΙΣΤΟΗΛΙΑΣ Άνδρας - 1980 (M35) ΣΤΡΑΤΟΣ ΞΗΡΑΣ (ΕΣ)	00:00:15 00:00:00	00:00:46 00:00:32	00:09:39 00:09:25	00:19:14 00:19:00	00:28:29 00:28:15	00:38:12 00:37:58	00:47:14 00:47:00	00:56:28 00:56:14
393	393	43	340	1111	ΒΑΪΤΣΟΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1966 (M50) Α.Σ. ΠΥΓΜΗ	00:01:41 00:00:00	00:02:12 00:00:31	00:11:31 00:09:50	00:20:42 00:19:01	00:29:21 00:27:40	00:38:27 00:36:46	00:47:26 00:45:45	00:56:28 00:54:47
394	394	61	341	1326	ΚΟΥΛΟΥΜΠΗΣ ΣΠΥΡΙΔΩΝ Άνδρας - 1984 (M35) Α.Σ.Π. ΦΑΕΘΩΝ	00:00:59 00:00:00	00:01:35 00:00:37	00:11:04 00:10:06	00:20:23 00:19:25	00:29:24 00:28:26	00:38:24 00:37:26	00:47:21 00:46:22	00:56:29 00:55:31
395	395	13	54	1632	ΤΣΑΠΙΚΟΥΝΗ ΘΕΟΔΩΡΑ Γυναίκα - 1971 (F45)	00:00:09 00:00:00	00:00:39 00:00:30	00:09:26 00:09:18	00:18:54 00:18:46	00:28:15 00:28:07	00:37:53 00:37:45	00:47:08 00:47:00	00:56:30 00:56:22
396	396	72	342	1864	ΚΑΠΠΟΥ ΤΖΕΝΗ Άνδρας - 1993 (M)	00:00:18 00:00:00	00:00:48 00:00:30	00:09:45 00:09:27	00:19:01 00:18:43	00:28:14 00:27:57	00:38:10 00:37:52	00:47:06 00:46:48	00:56:31 00:56:14
397	397	58	343	1190	ΔΗΜΗΤΡΙΟΥ ΝΙΚΟΛΑΟΣ Άνδρας - 1973 (M45)	00:00:23 00:00:00	00:00:55 00:00:33	00:09:22 00:09:00	00:18:27 00:18:05	00:27:23 00:27:00	00:37:13 00:36:51	00:46:37 00:46:15	00:56:36 00:56:13
398	398	59	344	1709	ΑΝΑΓΝΩΣΤΟΥ ΔΗΜΗΤΡΗΣ Άνδρας - 1974 (M45)	00:00:51 00:00:00	00:01:22 00:00:32	00:10:52 00:10:01	00:20:35 00:19:45	00:29:45 00:28:55	00:39:09 00:38:19	00:47:51 00:47:01	00:56:37 00:55:47
399	399	62	345	1690	ΡΟΥΦΑΝΗΣ ΙΩΑΝΝΗΣ Άνδρας - 1975 (M40) SALIGARIA	00:00:32 00:00:00	00:01:05 00:00:33	00:09:39 00:09:07	00:18:37 00:18:05	00:27:41 00:27:09	00:37:30 00:36:58	00:46:58 00:46:26	00:56:38 00:56:06
400	400	44	346	1869	CURTI MASSIMO Άνδρας - 1965 (M50)	00:00:20 00:00:00	00:00:49 00:00:30	00:09:35 00:09:15	00:18:56 00:18:37	00:28:12 00:27:52	00:37:51 00:37:32	00:47:02 00:46:43	00:56:41 00:56:21
401	401	2	55	1773	ΠΑΠΑΔΟΓΙΑΝΝΗ ΕΡΙΕΤΤΑ Γυναίκα - 1963 (F55) we run	00:00:14 00:00:00	00:00:43 00:00:30	00:09:35 00:09:21	00:18:55 00:18:42	00:28:11 00:27:58	00:37:51 00:37:38	00:47:02 00:46:49	00:56:41 00:56:28
402	402	73	347	1714	ΑΣΗΜΑΚΟΠΟΥΛΟΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1986 (M)	00:00:22 00:00:00	00:00:50 00:00:28	00:08:39 00:08:17	00:17:46 00:17:24	00:27:00 00:26:38	00:37:01 00:36:39	00:46:42 00:46:20	00:56:42 00:56:20
403	403	74	348	1221	ΖΗΣΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1985 (M)	00:00:52 00:00:00	00:01:30 00:00:39	00:12:06 00:11:14	00:22:12 00:21:21	00:30:05 00:29:14	00:38:38 00:37:46	00:47:48 00:46:57	00:56:42 00:55:51
404	404	63	349	1286	ΚΑΦΕΤΖΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1975 (M40)	00:00:56 00:00:00	00:01:30 00:00:35	00:10:29 00:09:33	00:19:27 00:18:32	00:28:16 00:27:20	00:37:33 00:36:38	00:46:59 00:46:04	00:56:43 00:55:48
405	405	4	56	1758	ΜΑΥΡΕΛΛΗ ΚΑΤΙΑ Γυναίκα - 2001 (JF)	00:00:34 00:00:00	00:01:07 00:00:34	00:09:42 00:09:08	00:18:54 00:18:20	00:27:50 00:27:17	00:37:27 00:36:53	00:46:53 00:46:19	00:56:44 00:56:10
406	406	10	57	1165	ΓΚΟΥΡΟΓΙΑΝΝΗ ΕΛΕΝΗ Γυναίκα - 1981 (F35)	00:01:04 00:00:00	00:01:45 00:00:41	00:11:03 00:09:59	00:20:16 00:19:12	00:29:09 00:28:06	00:38:33 00:37:30	00:47:39 00:46:36	00:56:49 00:55:45
407	407	75	350	1512	ΠΑΠΠΑΣ ΒΑΣΙΛΕΙΟΣ Άνδρας - 1988 (M) ΟΚΤΩΝΙΑ	00:01:34 00:00:00	00:02:09 00:00:35	00:11:31 00:09:58	00:20:52 00:19:18	00:29:46 00:28:13	00:38:58 00:37:24	00:47:52 00:46:19	00:56:49 00:55:16

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
408	408	64	351	1336	ΚΡΑΛΛΗΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1978 (M40)	00:01:11 00:00:00	00:01:51 00:00:40	00:11:57 00:10:46	00:21:13 00:20:02	00:29:53 00:28:42	00:38:54 00:37:43	00:47:40 00:46:29	00:56:50 00:55:39
409	409	12	58	1233	ΘΕΟΥ ΜΑΡΙΑ Γυναίκα - 1978 (F40) ΠΡΟΜΑΧΟΣ	00:00:08 00:00:00	00:00:35 00:00:28	00:09:15 00:09:07	00:18:34 00:18:27	00:27:49 00:27:42	00:37:30 00:37:23	00:47:06 00:46:59	00:56:52 00:56:45
410	410	13	59	1745	ΚΟΡΕΛΗ ΑΝΑΣΤΑΣΙΑ Γυναίκα - 1975 (F40)	00:00:29 00:00:00	00:01:02 00:00:33	00:09:53 00:09:24	00:19:17 00:18:48	00:28:28 00:27:59	00:38:10 00:37:41	00:47:24 00:46:55	00:56:53 00:56:24
411	411	76	352	1141	ΓΕΩΡΓΙΟΥ ΓΕΩΡΓΙΑ Άνδρας - 1996 (M) DIAPLASI GYM	00:00:07 00:00:00	00:00:38 00:00:32	00:09:55 00:09:49	00:19:44 00:19:37	00:29:03 00:28:56	00:38:37 00:38:30	00:47:36 00:47:29	00:56:55 00:56:48
412	412	60	353	1687	ΚΑΣΣΑΒΕΤΗΣ ΙΩΑΝΝΗΣ Άνδρας - 1970 (M45) SALIGARIA	00:00:27 00:00:00	00:00:58 00:00:31	00:09:44 00:09:17	00:19:11 00:18:45	00:28:31 00:28:04	00:38:17 00:37:50	00:47:36 00:47:09	00:56:56 00:56:30
413	413	14	60	1754	ΜΑΝΩΛΗ ΣΟΦΙΑ Γυναίκα - 1977 (F40)	00:00:05 00:00:00	00:00:30 00:00:26	00:09:26 00:09:22	00:18:46 00:18:42	00:28:19 00:28:15	00:37:47 00:37:42	00:47:20 00:47:15	00:56:57 00:56:53
414	414	8	354	1756	ΜΑΡΚΑΝΤΩΝΗΣ ΑΝΔΡΕΑΣ Άνδρας - 1953 (M65)	00:00:08 00:00:00	00:00:35 00:00:28	00:08:37 00:08:29	00:17:34 00:17:27	00:27:28 00:27:21	00:37:10 00:37:03	00:46:59 00:46:52	00:56:59 00:56:52
415	415	65	355	1371	ΛΙΟΝΤΟΣ ΛΑΜΠΡΟΣ Άνδρας - 1977 (M40)	00:00:35 00:00:00	00:01:10 00:00:35	00:10:14 00:09:40	00:19:51 00:19:17	00:29:05 00:28:31	00:38:30 00:37:56	00:47:43 00:47:09	00:57:02 00:56:28
416	416	62	356	1515	ΠΑΡΑΣΚΕΥΟΥΛΑΚΟΣ ΑΝΤΩΝΗΣ Άνδρας - 1980 (M35)	00:01:32 00:00:00	00:02:05 00:00:33	00:11:19 00:09:48	00:20:40 00:19:09	00:29:47 00:28:16	00:39:20 00:37:49	00:48:14 00:46:43	00:57:04 00:55:33
417	417	61	357	1268	ΚΑΡΑΜΠΕΛΑΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1970 (M45)	00:00:13 00:00:00	00:00:38 00:00:26	00:09:01 00:08:49	00:18:19 00:18:06	00:27:30 00:27:18	00:37:09 00:36:57	00:47:17 00:47:05	00:57:10 00:56:58
418	418	77	358	1319	ΚΟΥΓΙΑΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1990 (M)	00:00:19 00:00:00	00:00:48 00:00:29	00:09:44 00:09:25	00:19:19 00:19:00	00:28:48 00:28:29	00:38:30 00:38:11	00:47:57 00:47:38	00:57:13 00:56:54
419	419	63	359	1166	ΓΚΟΥΡΟΓΙΑΝΝΗΣ ΣΤΑΥΡΟΣ Άνδρας - 1983 (M35)	00:01:04 00:00:00	00:01:45 00:00:41	00:11:03 00:10:00	00:20:16 00:19:12	00:29:10 00:28:06	00:38:33 00:37:30	00:47:40 00:46:36	00:57:17 00:56:14
420	420	5	61	1783	ΣΚΟΥΦΗ ΑΓΓΕΛΙΚΗ Γυναίκα - 2005 (JF) ΙΚΑΡΟΣ	00:00:13 00:00:00	00:00:41 00:00:29	00:09:19 00:09:07	00:18:28 00:18:16	00:27:24 00:27:11	00:37:02 00:36:49	00:47:29 00:47:16	00:57:17 00:57:05
421	421	66	360	1838	ΤΣΩΝΗΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1978 (M40)	00:00:34 00:00:00	00:01:08 00:00:35	00:10:03 00:09:30	00:19:17 00:18:44	00:28:16 00:27:43	00:37:55 00:37:22	00:47:39 00:47:06	00:57:19 00:56:45
422	422	3	62	1809	ΧΛΗ ΚΑΤΕΡΙΝΑ Γυναίκα - 1968 (F50) MyAthlete	00:00:33 00:00:00	00:01:08 00:00:35	00:10:01 00:09:28	00:19:26 00:18:53	00:28:50 00:28:18	00:38:19 00:37:46	00:47:42 00:47:10	00:57:20 00:56:47
423	423	45	361	1043	BARRION MR.ROMY Άνδρας - 1966 (M50) PILIPINAS RUNNING TEAM -GREECE	00:00:16 00:00:00	00:00:47 00:00:32	00:09:52 00:09:37	00:19:58 00:19:42	00:29:05 00:28:50	00:38:10 00:37:55	00:47:37 00:47:22	00:57:20 00:57:04
424	424	64	362	1042	ΒΑΛΑΝΟΣ ΤΑΣΟΣ Άνδρας - 1983 (M35)	00:00:19 00:00:00	00:00:52 00:00:33	00:09:31 00:09:13	00:19:16 00:18:57	00:28:46 00:28:27	00:38:24 00:38:05	00:47:52 00:47:34	00:57:23 00:57:05
425	425	14	63	1747	ΚΥΡΛΗ ΕΙΡΗΝΗ Γυναίκα - 1972 (F45) ΑΠΣ ΤΕΛΜΗΣΣΟΣ	00:00:37 00:00:00	00:01:12 00:00:35	00:10:20 00:09:43	00:19:50 00:19:13	00:28:54 00:28:17	00:38:34 00:37:58	00:48:01 00:47:24	00:57:24 00:56:47
426	426	46	363	1356	ΛΑΖΑΡΟΥ ΔΗΜΗΤΡΗΣ Άνδρας - 1969 (M50) MOTOR OIL RUNNING TEAM	00:01:12 00:00:00	00:01:48 00:00:37	00:11:07 00:09:56	00:20:38 00:19:26	00:29:39 00:28:27	00:39:04 00:37:53	00:48:15 00:47:03	00:57:27 00:56:16
427	427	62	364	1272	ΚΑΡΝΑΣΙΩΤΗΣ ΣΠΥΡΙΔΩΝ Άνδρας - 1973 (M45) MOTOR OIL RUNNING TEAM	00:01:11 00:00:00	00:01:47 00:00:37	00:11:07 00:09:57	00:20:38 00:19:27	00:29:38 00:28:28	00:39:04 00:37:54	00:48:14 00:47:04	00:57:27 00:56:17
428	428	3	365	1085	ΑΝΔΡΕΑΔΗΣ ΦΡΑΓΚΟΥΛΗΣ Άνδρας - 1949 (M70+) ΕΥΚΛΗΣ	00:01:23 00:00:00	00:01:53 00:00:31	00:11:01 00:09:38	00:20:20 00:18:58	00:29:24 00:28:02	00:38:52 00:37:30	00:48:08 00:46:46	00:57:28 00:56:05
429	429	78	366	1802	ΤΣΕΧΕΛΙΔΗΣ ΠΟΛΥΚΑΡΠΟΣ Άνδρας - 1986 (M)	00:00:51 00:00:00	00:01:29 00:00:38	00:11:45 00:10:54	00:21:37 00:20:46	00:30:35 00:29:44	00:39:48 00:38:57	00:48:47 00:47:56	00:57:28 00:56:37
430	430	4	64	1223	ΖΙΩΒΑ ΖΕΤΑ Γυναίκα - 1969 (F50) SFAKIANAKIS RUNNING TEAM	00:00:25 00:00:00	00:00:59 00:00:34	00:09:51 00:09:26	00:19:19 00:18:54	00:28:51 00:28:26	00:38:36 00:38:11	00:48:00 00:47:35	00:57:30 00:57:05
431	431	67	367	1506	ΠΑΠΑΣΤΑΘΟΠΟΥΛΟΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1975 (M40)	00:00:18 00:00:00	00:00:48 00:00:31	00:09:34 00:09:17	00:18:54 00:18:37	00:28:12 00:27:55	00:37:56 00:37:39	00:47:30 00:47:13	00:57:30 00:57:13

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
432	432	47	368	1699	LYMPERIS CHRIST Άνδρας - 1968 (M50)	00:01:27 00:00:00	00:02:02 00:00:36	00:11:57 00:10:30	00:21:10 00:19:44	00:30:09 00:28:43	00:39:35 00:38:09	00:48:26 00:47:00	00:57:30 00:56:04
433	433	68	369	1750	ΚΩΣΤΑΒΑΡΑΣ ΣΩΤΗΡΗΣ Άνδρας - 1975 (M40)	00:01:27 00:00:00	00:02:03 00:00:36	00:11:57 00:10:30	00:21:12 00:19:45	00:30:09 00:28:42	00:39:35 00:38:09	00:48:26 00:47:00	00:57:30 00:56:04
434	434	9	370	1135	ΓΑΡΥΦΑΛΛΙΔΗΣ ΣΤΑΥΡΟΣ Άνδρας - 1954 (M65) ΣΔΥ ΑΘΗΝΩΝ	00:00:24 00:00:00	00:00:57 00:00:33	00:10:08 00:09:44	00:19:48 00:19:24	00:29:12 00:28:48	00:38:50 00:38:27	00:48:06 00:47:42	00:57:31 00:57:07
435	435	79	371	1155	ΓΙΟΥΛΜΠΑΞΙΩΤΗΣ ΓΙΩΡΓΟΣ Άνδρας - 1988 (M) We Run	00:01:07 00:00:00	00:01:47 00:00:41	00:12:01 00:10:55	00:21:44 00:20:38	00:30:45 00:29:39	00:40:03 00:38:56	00:48:48 00:47:42	00:57:31 00:56:25
436	436	65	372	1071	ΑΘΑΝΑΣΙΟΥ ΓΙΩΡΓΟΣ Άνδρας - 1981 (M35)	00:00:40 00:00:00	00:01:15 00:00:35	00:09:53 00:09:13	00:18:47 00:18:08	00:27:56 00:27:16	00:38:07 00:37:27	00:48:09 00:47:29	00:57:37 00:56:58
437	437	63	373	1386	ΜΑΡΓΑΡΗΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1972 (M45)	00:01:10 00:00:00	00:01:49 00:00:39	00:11:37 00:10:28	00:20:55 00:19:46	00:29:52 00:28:43	00:39:28 00:38:18	00:48:30 00:47:21	00:57:40 00:56:31
438	438	11	65	1142	ΓΕΩΡΓΙΟΥ ΧΡΙΣΤΙΝΑ Γυναίκα - 1982 (F35)	00:01:01 00:00:00	00:01:36 00:00:36	00:11:02 00:10:02	00:20:37 00:19:37	00:29:30 00:28:30	00:38:55 00:37:54	00:48:09 00:47:09	00:57:41 00:56:40
439	439	69	374	1072	ΑΘΑΝΑΣΟΥΛΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1977 (M40)	00:01:24 00:00:00	00:02:00 00:00:36	00:11:42 00:10:19	00:20:55 00:19:32	00:29:46 00:28:22	00:39:03 00:37:40	00:47:54 00:46:31	00:57:41 00:56:18
440	440	64	375	1354	ΚΩΣΤΟΓΙΑΝΝΗΣ ΑΝΤΩΝΗΣ Άνδρας - 1973 (M45) ΣΔΥ ΜΕΣΣΗΝΙΑΣ	00:01:21 00:00:00	00:01:54 00:00:33	00:11:22 00:10:01	00:20:38 00:19:18	00:29:31 00:28:10	00:38:55 00:37:34	00:48:18 00:46:58	00:57:41 00:56:21
441	441	70	376	1076	ΑΜΑΝΑΤΙΑΔΗΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1978 (M40) KOS RUNNERS	00:01:05 00:00:00	00:01:40 00:00:36	00:10:36 00:09:31	00:20:00 00:18:56	00:29:10 00:28:05	00:38:38 00:37:33	00:48:05 00:47:01	00:57:42 00:56:37
442	442	10	66	1061	ΑΓΓΕΛΗ ΓΕΩΡΓΙΑ Γυναίκα - 1991 (F) SFAKIANAKIS RUNNING TEAM	00:00:24 00:00:00	00:00:57 00:00:34	00:09:51 00:09:28	00:19:21 00:18:57	00:28:51 00:28:28	00:38:39 00:38:15	00:48:05 00:47:42	00:57:42 00:57:19
443	443	66	377	1368	ΛΙΑΜΠΟΤΗΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1980 (M35)	00:01:06 00:00:00	00:01:46 00:00:40	00:11:29 00:10:23	00:21:01 00:19:55	00:30:21 00:29:15	00:39:51 00:38:45	00:48:50 00:47:44	00:57:43 00:56:37
444	444	65	378	1422	ΜΠΑΛΟΚΑΣ ΑΛΦΑΙΟΣ Άνδρας - 1970 (M45)	00:00:34 00:00:00	00:01:08 00:00:35	00:10:26 00:09:52	00:19:52 00:19:18	00:29:01 00:28:27	00:38:21 00:37:48	00:47:53 00:47:19	00:57:43 00:57:10
445	445	71	379	1164	ΓΚΟΥΝΤΟΠΟΥΛΟΣ ΠΕΡΙΚΛΗΣ Άνδρας - 1978 (M40)	00:00:22 00:00:00	00:00:48 00:00:26	00:09:16 00:08:54	00:18:49 00:18:27	00:28:17 00:27:56	00:38:19 00:37:57	00:47:47 00:47:25	00:57:46 00:57:24
446	446	12	67	1491	ΠΑΠΑΔΟΥΔΗ ΦΩΤΕΙΝΗ Γυναίκα - 1983 (F35) Α.Π.Σ. ΚΑΛΛΙΣΘΕΝΗΣ	00:00:37 00:00:00	00:01:11 00:00:34	00:10:04 00:09:27	00:19:28 00:18:51	00:28:32 00:27:55	00:38:24 00:37:47	00:47:56 00:47:19	00:57:47 00:57:10
447	447	66	380	1469	ΠΑΝΤΟΥΒΑΚΗΣ ΜΙΧΑΗΛ Άνδρας - 1970 (M45)	00:00:22 00:00:00	00:00:50 00:00:29	00:09:20 00:08:59	00:18:19 00:17:58	00:27:38 00:27:16	00:37:42 00:37:21	00:47:48 00:47:26	00:57:50 00:57:29
448	448	20	381	1536	ΠΟΛΑΚΗΣ ΣΠΥΡΙΔΩΝ Άνδρας - 1964 (M55)	00:00:39 00:00:00	00:01:16 00:00:37	00:10:53 00:10:15	00:20:50 00:20:11	00:30:07 00:29:28	00:39:41 00:39:02	00:48:48 00:48:09	00:57:53 00:57:15
449	449	80	382	1101	ΑΡΚΟΥΜΑΝΗΣ ΓΙΩΡΓΟΣ Άνδρας - 1985 (M)	00:00:57 00:00:00	00:01:32 00:00:36	00:10:34 00:09:38	00:20:11 00:19:14	00:29:44 00:28:48	00:39:24 00:38:28	00:48:55 00:47:58	00:57:59 00:57:03
450	450	48	383	1396	ΜΕΚΛΗΣ ΘΟΔΩΡΗΣ Άνδρας - 1966 (M50) ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	00:00:13 00:00:00	00:00:41 00:00:28	00:09:49 00:09:36	00:19:27 00:19:14	00:28:48 00:28:35	00:38:29 00:38:16	00:48:14 00:48:01	00:58:00 00:57:47
451	451	21	384	1081	ΑΝΑΣΤΑΣΟΠΟΥΛΟΣ ΠΑΥΛΟΣ Άνδρας - 1961 (M55)	00:01:13 00:00:00	00:01:52 00:00:39	00:12:12 00:10:59	00:22:11 00:20:58	00:31:11 00:29:58	00:40:28 00:39:15	00:49:17 00:48:04	00:58:00 00:56:47
452	452	72	385	1275	ΚΑΡΠΟΝΤΙΝΗΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1975 (M40)	00:00:27 00:00:00	00:01:00 00:00:34	00:10:14 00:09:47	00:19:59 00:19:33	00:29:38 00:29:12	00:39:04 00:38:37	00:48:41 00:48:15	00:58:01 00:57:34
453	453	73	386	1415	ΜΟΥΣΤΗΣ ΧΡΗΣΤΟΣ Άνδρας - 1978 (M40) Orchomenos Runners	00:00:44 00:00:00	00:01:16 00:00:32	00:09:48 00:09:04	00:18:29 00:17:46	00:27:43 00:26:59	00:37:45 00:37:02	00:48:14 00:47:30	00:58:02 00:57:18
454	454	67	387	1397	ΜΕΝΑΓΙΑΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1972 (M45) G & M - Χρώμα... Ελληνικό!	00:00:19 00:00:00	00:00:53 00:00:35	00:10:26 00:10:08	00:20:25 00:20:06	00:29:43 00:29:24	00:39:25 00:39:06	00:48:48 00:48:29	00:58:08 00:57:49
455	455	67	388	1583	ΣΟΝΙΔΗΣ ΙΩΑΝΝΗΣ Άνδρας - 1984 (M35)	00:00:48 00:00:00	00:01:25 00:00:37	00:10:58 00:10:11	00:20:36 00:19:48	00:30:04 00:29:16	00:39:38 00:38:51	00:48:55 00:48:08	00:58:09 00:57:22

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
456	456	74	389	1338	ΚΡΙΕΖΗΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1977 (M40) PLANET Runners Team	00:00:42 00:00:00	00:01:16 00:00:34	00:10:22 00:09:41	00:19:59 00:19:18	00:29:17 00:28:36	00:39:00 00:38:19	00:48:30 00:47:49	00:58:10 00:57:29
457	457	13	68	1710	ΑΝΔΡΙΑΝΑΚΗ ΗΡΩ Γυναίκα - 1984 (F35) ΑΠΣ ΜΙΛΤΙΑΔΗΣ ΜΑΡΑΘΩΝΟΣ	00:01:17 00:00:00	00:01:51 00:00:34	00:11:09 00:09:53	00:20:10 00:18:53	00:28:53 00:27:36	00:38:11 00:36:54	00:47:10 00:45:54	00:58:10 00:56:54
458	458	15	69	1531	ΠΗΛΙΓΚΟΥ ΕΥΤΥΧΙΑ Γυναίκα - 1974 (F45) POLIAS RUNNERS	00:00:55 00:00:00	00:01:29 00:00:34	00:10:51 00:09:56	00:20:35 00:19:40	00:29:54 00:28:59	00:39:34 00:38:39	00:48:56 00:48:01	00:58:11 00:57:16
459	459	16	70	1871	ΜΟΥΡΕΛΑΤΟΥ ΚΑΤΕΡΙΝΑ Γυναίκα - 1974 (F45)	00:00:35 00:00:00	00:01:11 00:00:36	00:10:57 00:10:23	00:20:38 00:20:03	00:29:55 00:29:20	00:39:29 00:38:55	00:48:56 00:48:22	00:58:11 00:57:36
460	460	49	390	1235	ΙΩΑΝΝΗΣ ΑΠΟΣΤΟΛΑΚΗΣ Άνδρας - 1969 (M50)	00:01:06 00:00:00	00:01:41 00:00:36	00:11:19 00:10:14	00:20:53 00:19:48	00:30:02 00:28:57	00:39:46 00:38:41	00:48:54 00:47:49	00:58:15 00:57:10
461	461	81	391	1863	ΚΑΤΣΙΝΗΣ ΓΙΩΡΓΟΣ Άνδρας - 1985 (M)	00:00:18 00:00:00	00:00:48 00:00:31	00:09:45 00:09:27	00:19:01 00:18:44	00:28:15 00:27:57	00:38:14 00:37:57	00:48:07 00:47:50	00:58:16 00:57:59
462	462	15	71	1833	ΧΡΥΣΟΣΤΟΜΟΥ ΑΓΓΕΛΙΚΗ Γυναίκα - 1979 (F40)	00:00:22 00:00:00	00:00:54 00:00:32	00:09:59 00:09:38	00:19:38 00:19:17	00:29:06 00:28:44	00:38:58 00:38:37	00:48:36 00:48:14	00:58:17 00:57:55
463	463	16	72	1030	ΠΑΟΛΙΝΟΥ ΑΝΝΑ Γυναίκα - 1977 (F40) Royal Crossfit	00:01:02 00:00:00	00:01:36 00:00:34	00:10:33 00:09:31	00:19:57 00:18:56	00:29:17 00:28:15	00:38:48 00:37:46	00:48:31 00:47:30	00:58:17 00:57:16
464	464	11	73	1613	ΣΩΤΗΡΟΠΟΥΛΟΥ ΕΥΘΑΛΙΑ Γυναίκα - 1990 (F)	00:00:45 00:00:00	00:01:18 00:00:34	00:10:22 00:09:38	00:20:06 00:19:22	00:29:30 00:28:46	00:39:23 00:38:39	00:48:55 00:48:11	00:58:18 00:57:34
465	465	68	392	1559	ΣΑΚΕΛΛΑΡΙΑΔΗΣ ΗΛΙΑΣ Άνδρας - 1981 (M35)	00:00:43 00:00:00	00:01:18 00:00:35	00:10:22 00:09:39	00:20:06 00:19:23	00:29:29 00:28:47	00:39:22 00:38:40	00:48:55 00:48:12	00:58:18 00:57:35
466	466	5	74	1236	ΙΩΑΝΝΙΔΟΥ ΜΑΡΙΑ Γυναίκα - 1969 (F50)	00:00:17 00:00:00	00:00:54 00:00:38	00:10:29 00:10:12	00:20:07 00:19:51	00:29:26 00:29:09	00:39:04 00:38:47	00:48:43 00:48:26	00:58:20 00:58:04
467	467	50	393	1263	ΚΑΡΑΘΑΝΑΣΟΠΟΥΛΟΣ ΑΛΕΞΙΟΣ Άνδρας - 1966 (M50)	00:00:47 00:00:00	00:01:23 00:00:37	00:11:40 00:10:54	00:21:58 00:21:12	00:31:11 00:30:25	00:40:35 00:39:49	00:49:13 00:48:27	00:58:21 00:57:35
468	468	68	394	1280	ΚΑΤΣΑΝΤΩΝΗΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1973 (M45)	00:01:26 00:00:00	00:02:03 00:00:37	00:11:43 00:10:18	00:21:28 00:20:02	00:30:39 00:29:14	00:40:11 00:38:45	00:49:12 00:47:46	00:58:26 00:57:00
469	469	17	75	1488	ΠΑΠΑΔΟΠΟΥΛΟΥ ΕΙΡΗΝΗ Γυναίκα - 1976 (F40)	00:00:48 00:00:00	00:01:24 00:00:36	00:10:45 00:09:57	00:20:22 00:19:35	00:29:43 00:28:56	00:39:26 00:38:39	00:49:03 00:48:15	00:58:30 00:57:43
470	470	22	395	1648	ΤΣΟΥΡΟΥΚΟΓΛΟΥ ΙΟΡΔΑΝΗΣ Άνδρας - 1961 (M55)	00:00:16 00:00:00	00:00:45 00:00:29	00:09:22 00:09:06	00:18:55 00:18:40	00:28:31 00:28:16	00:38:42 00:38:26	00:48:55 00:48:40	00:58:31 00:58:15
471	471	23	396	1796	ΤΣΑΛΤΑΚΗΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1964 (M55) ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	00:00:29 00:00:00	00:01:02 00:00:34	00:09:50 00:09:21	00:19:15 00:18:47	00:28:46 00:28:18	00:38:43 00:38:15	00:48:39 00:48:11	00:58:35 00:58:07
472	472	51	397	1238	ΙΩΑΝΝΟΥ ΓΙΩΡΓΟΣ Άνδρας - 1967 (M50)	00:01:31 00:00:00	00:02:05 00:00:35	00:11:24 00:09:54	00:20:51 00:19:21	00:30:07 00:28:37	00:39:59 00:38:29	00:49:17 00:47:47	00:58:36 00:57:06
473	473	18	76	1214	ΖΑΡΑΝΗ ΚΕΛΛΥ Γυναίκα - 1975 (F40) FREE RUNNERS	00:00:17 00:00:00	00:00:47 00:00:31	00:09:40 00:09:24	00:19:26 00:19:10	00:28:52 00:28:35	00:38:51 00:38:34	00:48:40 00:48:23	00:58:38 00:58:22
474	474	24	398	1582	ΣΟΛΔΑΤΟΣ ΑΛΕΞΑΝΔΡΟΣ Άνδρας - 1962 (M55)	00:00:26 00:00:00	00:00:59 00:00:33	00:09:58 00:09:32	00:19:31 00:19:05	00:29:06 00:28:41	00:38:56 00:38:30	00:48:48 00:48:22	00:58:39 00:58:13
475	475	82	399	1023	DUFES TRISTAN Άνδρας - 1985 (M)	00:00:50 00:00:00	00:01:26 00:00:36	00:10:46 00:09:57	00:20:30 00:19:41	00:29:58 00:29:08	00:39:44 00:38:54	00:49:07 00:48:18	00:58:42 00:57:53
476	476	52	400	1466	ΠΑΝΗΓΥΡΑΚΗΣ ΓΙΩΡΓΟΣ Άνδρας - 1967 (M50)	00:00:51 00:00:00	00:01:26 00:00:36	00:10:46 00:09:56	00:20:06 00:19:15	00:29:25 00:28:35	00:39:03 00:38:13	00:48:38 00:47:48	00:58:43 00:57:53
477	477	69	401	1372	ΛΟΥΤΡΑΡΗΣ ΧΡΗΣΤΟΣ Άνδρας - 1980 (M35)	00:00:42 00:00:00	00:01:12 00:00:31	00:10:06 00:09:25	00:19:40 00:18:58	00:29:06 00:28:25	00:38:55 00:38:14	00:48:39 00:47:58	00:58:43 00:58:02
478	478	25	402	1134	ΓΑΛΑΤΙΑΝΟΣ ΜΑΤΘΑΙΟΣ Άνδρας - 1964 (M55)	00:00:44 00:00:00	00:01:19 00:00:36	00:10:19 00:09:35	00:19:57 00:19:14	00:29:21 00:28:38	00:39:24 00:38:40	00:49:01 00:48:17	00:58:44 00:58:00
479	479	53	403	1419	ΜΠΑΛΑΤΣΟΥΚΑΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1969 (M50) ΣΑΦΑΝΣ	00:00:33 00:00:00	00:01:08 00:00:36	00:11:02 00:10:30	00:21:05 00:20:33	00:30:40 00:30:08	00:40:07 00:39:35	00:49:27 00:48:55	00:58:45 00:58:13
480	480	11	404	1503	ΠΑΠΑΡΙΖΟΣ ΛΕΩΝΙΔΑΣ Άνδρας - 1956 (M60)	00:00:39 00:00:00	00:01:13 00:00:35	00:11:19 00:10:40	00:21:07 00:20:29	00:30:07 00:29:28	00:39:32 00:38:54	00:48:59 00:48:20	00:58:51 00:58:13
481	481	19	77	1185	ΔΕΦΤΕΡΙΓΟΥ ΕΙΡΗΝΗ Γυναίκα - 1977 (F40)	00:00:48 00:00:00	00:01:25 00:00:37	00:11:02 00:10:15	00:20:45 00:19:58	00:29:48 00:29:00	00:40:03 00:39:16	00:49:36 00:48:49	00:58:56 00:58:08

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
482	482	83	405	1269	ΚΑΡΑΠΑΤΣΑΚΗΣ ΓΙΩΡΓΟΣ Ανδρας - 1987 (M)	00:01:33 00:00:00	00:02:06 00:00:33	00:11:08 00:09:36	00:20:29 00:18:56	00:29:41 00:28:08	00:39:40 00:38:08	00:49:28 00:47:55	00:58:58 00:57:25
483	483	12	78	1768	ΝΤΖΙΑΒΙΔΑ ΣΟΦΙΑ Γυναίκα - 1993 (F)	00:00:23 00:00:00	00:00:52 00:00:29	00:09:29 00:09:07	00:18:48 00:18:25	00:28:12 00:27:49	00:38:19 00:37:56	00:48:19 00:47:57	00:59:04 00:58:41
484	484	84	406	1328	ΚΟΥΝΑΔΗΣ ΔΗΜΗΤΡΗΣ Ανδρας - 1988 (M)	00:00:49 00:00:00	00:01:28 00:00:39	00:11:02 00:10:14	00:20:50 00:20:02	00:30:30 00:29:41	00:40:41 00:39:52	00:50:04 00:49:16	00:59:09 00:58:20
485	485	70	407	1363	ΛΕΓΑΚΗΣ ΑΝΔΡΕΑΣ Ανδρας - 1984 (M35)	00:01:07 00:00:00	00:01:45 00:00:38	00:11:50 00:10:43	00:21:52 00:20:45	00:31:07 00:30:00	00:40:41 00:39:35	00:49:49 00:48:42	00:59:11 00:58:04
486	486	13	79	1198	ΔΡΟΣΟΥ ANNA Γυναίκα - 1990 (F)	00:00:26 00:00:00	00:00:59 00:00:33	00:10:09 00:09:43	00:19:40 00:19:14	00:29:16 00:28:50	00:39:23 00:38:58	00:49:19 00:48:54	00:59:17 00:58:52
487	487	85	408	1610	ΣΧΟΙΝΟΧΩΡΙΤΗΣ ΗΛΙΑΣ Ανδρας - 1995 (M)	00:00:55 00:00:00	00:01:26 00:00:32	00:09:37 00:08:43	00:18:59 00:18:05	00:29:06 00:28:12	00:39:19 00:38:25	00:49:41 00:48:46	00:59:18 00:58:24
488	488	86	409	1137	ΓΕΛΑΔΑΣ ΧΡΗΣΤΟΣ Ανδρας - 1989 (M) ΟΡΣΙΠΠΟΣ	00:00:41 00:00:00	00:01:14 00:00:33	00:10:25 00:09:44	00:19:58 00:19:18	00:29:29 00:28:49	00:39:44 00:39:04	00:49:22 00:48:41	00:59:25 00:58:44
489	489	87	410	1455	ΝΤΕΡΤΙΜΑΝΗΣ ΧΡΙΣΤΟΦΟΡΟΣ Ανδρας - 1985 (M) We Run	00:01:03 00:00:00	00:01:46 00:00:43	00:12:28 00:11:25	00:22:33 00:21:30	00:31:37 00:30:35	00:40:45 00:39:43	00:49:24 00:48:22	00:59:26 00:58:23
490	490	71	411	1291	ΚΙΝΤΗΣ ΗΛΙΑΣ Ανδρας - 1980 (M35) We Run	00:01:08 00:00:00	00:01:48 00:00:41	00:12:02 00:10:54	00:21:46 00:20:39	00:30:45 00:29:38	-	00:49:27 00:48:19	00:59:27 00:58:20
491	491	75	412	1555	ΡΩΣΟΠΟΥΛΟΣ ΑΡΓΥΡΗΣ Ανδρας - 1979 (M40)	00:00:22 00:00:00	00:00:56 00:00:34	00:10:12 00:09:51	00:19:58 00:19:36	00:29:18 00:28:57	00:39:09 00:38:47	00:48:54 00:48:32	00:59:28 00:59:06
492	492	72	413	1186	ΔΗΜΑΚΟΠΟΥΛΟΣ ΝΙΚΟΛΑΟΣ Ανδρας - 1980 (M35)	00:01:19 00:00:00	00:01:53 00:00:34	00:11:52 00:10:33	00:21:47 00:20:28	00:30:58 00:29:39	00:40:51 00:39:32	00:50:08 00:48:49	00:59:33 00:58:14
493	493	69	414	1557	ΣΑΒΟΥΛΙΑΝ ΝΙΣΑΝ Ανδρας - 1972 (M45)	00:00:40 00:00:00	00:01:13 00:00:33	00:10:17 00:09:38	00:20:06 00:19:27	00:29:45 00:29:06	00:40:06 00:39:26	00:50:01 00:49:21	00:59:35 00:58:55
494	494	54	415	1213	ΖΑΝΤΖΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Ανδρας - 1967 (M50)	00:00:51 00:00:00	00:01:24 00:00:34	00:10:53 00:10:02	00:20:48 00:19:57	00:30:28 00:29:37	00:40:23 00:39:33	00:50:04 00:49:14	00:59:36 00:58:46
495	495	73	416	1284	ΚΑΤΣΙΜΠΙΡΗΣ ΘΑΝΟΣ Ανδρας - 1983 (M35)	00:00:53 00:00:00	00:01:30 00:00:38	00:10:23 00:09:31	00:19:16 00:18:24	00:28:14 00:27:22	00:37:24 00:36:32	00:48:01 00:47:09	00:59:38 00:58:46
496	496	20	80	1799	ΤΣΑΠΡΟΥΝΗ ΑΣΗΜΙΝΑ Γυναίκα - 1977 (F40)	00:01:08 00:00:00	00:01:46 00:00:38	00:11:44 00:10:36	00:21:40 00:20:32	00:30:58 00:29:50	00:40:46 00:39:38	00:50:03 00:48:55	00:59:39 00:58:31
497	497	70	417	1191	ΔΗΜΟΠΟΥΛΟΣ ΔΗΜΗΤΡΙΟΣ Ανδρας - 1973 (M45)	00:00:47 00:00:00	00:01:23 00:00:36	00:11:40 00:10:53	00:21:58 00:21:12	00:31:12 00:30:25	00:40:39 00:39:52	00:50:00 00:49:13	00:59:39 00:58:53
498	498	55	418	1742	ΚΙΑΤΟΣ ΔΗΜΗΤΡΙΟΣ Ανδρας - 1967 (M50)	00:00:30 00:00:00	00:01:03 00:00:33	00:09:55 00:09:26	00:19:30 00:19:01	00:29:04 00:28:35	00:39:10 00:38:40	00:49:25 00:48:56	00:59:41 00:59:12
499	499	71	419	1210	ΖΑΓΚΛΑΡΑΣ ΒΑΣΙΛΗΣ Ανδρας - 1972 (M45)	00:01:31 00:00:00	00:02:10 00:00:40	00:12:20 00:10:49	00:22:23 00:20:53	00:31:37 00:30:07	00:41:02 00:39:31	00:50:15 00:48:45	00:59:44 00:58:13
500	500	26	420	1232	ΘΕΟΔΩΡΟΥ ΑΡΙΣΤΕΙΔΗΣ Ανδρας - 1963 (M55)	00:00:19 00:00:00	00:00:52 00:00:33	00:10:09 00:09:50	00:20:00 00:19:41	00:29:37 00:29:18	00:39:36 00:39:17	00:49:27 00:49:08	00:59:45 00:59:26
501	501	88	421	1735	ΘΡΕΨΙΑΔΗΣ ΣΠΥΡΙΔΩΝ Ανδρας - 1992 (M) 2ο ΣΥΣΤΗΜΑ ΠΡΟΣΚΟΠΩΝ ΨΥΧΙΚΟΥ	00:00:55 00:00:00	00:01:27 00:00:33	00:10:20 00:09:26	00:20:37 00:19:43	00:29:53 00:28:59	00:40:20 00:39:26	00:50:25 00:49:31	00:59:51 00:58:57
502	502	56	422	1617	ΤΑΡΑΝΤΙΛΗΣ ΠΕΤΡΟΣ Ανδρας - 1969 (M50)	00:00:31 00:00:00	00:01:06 00:00:36	00:11:03 00:10:32	00:21:06 00:20:35	00:30:43 00:30:13	00:40:31 00:40:00	00:50:14 00:49:43	00:59:54 00:59:23
503	503	6	81	1740	ΚΑΧΡΙΜΑΝΙΔΗ ΜΑΡΙΑ Γυναίκα - 2003 (JF) ΟΑΚΑ	00:00:26 00:00:00	00:00:58 00:00:33	00:09:20 00:08:55	00:19:46 00:19:20	00:30:37 00:30:12	00:40:37 00:40:12	00:50:43 00:50:18	00:59:54 00:59:29
504	504	74	423	1739	ΚΑΡΑΧΑΛΙΟΣ ΒΑΛΑΝΤΗΣ Ανδρας - 1980 (M35) ΑΠΣ ΜΙΛΤΙΑΔΗΣ ΜΑΡΑΘΩΝΟΣ	00:01:17 00:00:00	00:01:51 00:00:34	00:11:16 00:09:59	00:20:58 00:19:41	00:30:36 00:29:20	00:40:37 00:39:20	00:50:08 00:48:52	00:59:55 00:58:39
505	505	12	424	1651	ΥΦΑΝΤΙΔΗΣ ΙΩΑΚΕΙΜ Ανδρας - 1957 (M60)	00:00:04 00:00:00	00:00:30 00:00:27	00:09:14 00:09:11	00:18:39 00:18:36	00:28:11 00:28:08	00:38:19 00:38:16	00:48:35 00:48:31	00:59:57 00:59:54
506	506	76	425	1766	ΜΠΡΕΓΙΑΝΝΗΣ ΑΛΕΞΑΝΔΡΟΣ Ανδρας - 1975 (M40) AGB	00:01:25 00:00:00	00:02:02 00:00:37	00:12:11 00:10:46	00:22:19 00:20:55	00:31:46 00:30:21	00:41:25 00:40:00	00:50:42 00:49:17	01:00:00 00:58:35

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
507	507	6	82	1731	ΕΥΑΓΓΕΛΟΠΟΥΛΟΥ ΚΑΙΤΗ Γυναίκα - 1967 (F50) ΖΕΥΣ ΠΙΕΡΙΑΣ	00:00:37 00:00:00	00:01:15 00:00:38	00:10:58 00:10:21	00:20:52 00:20:15	00:30:34 00:29:58	00:40:36 00:40:00	00:50:13 00:49:36	01:00:03 00:59:26
508	508	89	426	1774	ΠΑΠΑΔΟΠΟΥΛΟΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1986 (M) ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΥΓΕΙΑΣ ΜΕΣΣΗΝΙΑΣ	00:01:54 00:00:00	00:02:20 00:00:27	00:12:18 00:10:24	00:22:00 00:20:06	00:31:17 00:29:24	00:40:43 00:38:50	00:50:12 00:48:18	01:00:06 00:58:13
509	509	3	83	1624	ΤΖΙΑΤΖΙΟΥ ΑΛΕΞΑΝΔΡΑ Γυναίκα - 1962 (F55) Run Teacher	00:00:20 00:00:00	00:00:51 00:00:32	00:09:55 00:09:36	00:19:35 00:19:16	00:29:07 00:28:48	00:39:26 00:39:06	00:49:34 00:49:15	01:00:07 00:59:48
510	510	72	427	1435	ΜΠΕΡΤΟΛΗΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1974 (M45)	00:00:14 00:00:00	00:00:41 00:00:27	00:09:12 00:08:59	00:19:13 00:18:59	00:29:24 00:29:11	00:39:54 00:39:40	00:50:03 00:49:49	01:00:10 00:59:57
511	511	90	428	1136	ΓΑΤΕΑΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1990 (M)	00:00:14 00:00:00	00:00:43 00:00:29	00:10:05 00:09:51	00:20:10 00:19:56	00:30:09 00:29:55	00:40:27 00:40:13	00:50:48 00:50:34	01:00:13 00:59:59
512	512	73	429	1367	ΛΙΑΚΟΣΤΑΥΡΟΣ ΙΩΑΝΝΗΣ Άνδρας - 1972 (M45)	00:00:46 00:00:00	00:01:23 00:00:37	00:11:48 00:11:02	00:22:08 00:21:22	00:31:32 00:30:46	00:41:23 00:40:38	00:50:37 00:49:51	01:00:14 00:59:29
513	513	91	430	1351	ΚΩΝΣΤΑΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1986 (M)	00:00:40 00:00:00	00:01:13 00:00:34	00:10:26 00:09:47	00:19:51 00:19:12	00:29:27 00:28:48	00:39:29 00:38:50	00:49:43 00:49:04	01:00:16 00:59:36
514	514	75	431	1254	ΚΑΝΔΑΡΑΚΗΣ ΧΡΗΣΤΟΣ Άνδρας - 1984 (M35)	00:01:07 00:00:00	00:01:47 00:00:41	00:12:21 00:11:15	00:22:28 00:21:22	00:31:24 00:30:18	00:40:54 00:39:48	00:50:43 00:49:37	01:00:23 00:59:16
515	515	57	432	1761	ΜΟΥΣΤΑΚΑΣ ΑΡΗΣ Άνδρας - 1967 (M50)	00:01:05 00:00:00	00:01:40 00:00:36	00:10:48 00:09:44	00:20:28 00:19:24	00:30:07 00:29:03	00:40:16 00:39:12	00:50:04 00:49:00	01:00:23 00:59:19
516	516	74	433	1340	ΚΤΕΝΙΔΗΣ ΧΡΗΣΤΟΣ Άνδρας - 1971 (M45)	00:00:51 00:00:00	00:01:24 00:00:34	00:10:45 00:09:55	00:20:58 00:20:08	00:30:39 00:29:49	00:40:47 00:39:57	00:50:33 00:49:42	01:00:24 00:59:34
517	517	7	84	1079	ΑΝΑΣΤΑΣΙΟΥ ΣΟΦΙΑ Γυναίκα - 1967 (F50) Holmesplace	00:00:56 00:00:00	00:01:31 00:00:36	00:10:48 00:09:52	00:20:41 00:19:45	00:30:29 00:29:33	00:40:39 00:39:43	00:50:26 00:49:31	01:00:29 00:59:33
518	518	76	434	1259	ΚΑΠΡΑΛΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1980 (M35)	00:00:33 00:00:00	00:01:09 00:00:36	00:10:09 00:09:36	00:19:55 00:19:22	00:29:34 00:29:01	00:40:00 00:39:27	00:50:15 00:49:42	01:00:39 01:00:06
519	519	21	85	1432	ΜΠΕΚΙΡΑΚΗ ΧΡΙΣΤΙΝΑ Γυναίκα - 1976 (F40)	00:00:43 00:00:00	00:01:19 00:00:37	00:10:22 00:09:40	00:19:57 00:19:15	00:29:32 00:28:49	00:40:26 00:39:44	00:50:28 00:49:45	01:00:39 00:59:57
520	520	17	86	1296	ΚΟΕΚΕΜΕΡ ΜΑΡΙΑ Γυναίκα - 1970 (F45) ΣΑΦΑΝΣ	00:00:19 00:00:00	00:00:47 00:00:28	00:09:28 00:09:09	00:19:02 00:18:43	00:29:07 00:28:48	00:39:10 00:38:51	00:49:50 00:49:31	01:00:45 01:00:26
521	521	92	435	1543	ΡΑΔΙΚΟΠΟΥΛΟΣ ΓΙΩΡΓΟΣ Άνδρας - 1985 (M) We Run	00:01:08 00:00:00	00:01:48 00:00:40	00:12:28 00:11:21	00:22:33 00:21:26	00:31:37 00:30:30	00:40:46 00:39:39	00:50:40 00:49:32	01:00:47 00:59:40
522	522	22	87	1292	ΚΛΑΔΗ ΝΕΚΤΑΡΙΑ Γυναίκα - 1977 (F40) ΣΔΥ ΑΘΗΝΩΝ	00:00:35 00:00:00	00:01:11 00:00:36	00:11:00 00:10:25	00:20:59 00:20:25	00:30:38 00:30:04	00:40:46 00:40:12	00:50:38 00:50:03	01:00:47 01:00:13
523	523	77	436	1416	ΜΠΑΚΑΣ ΜΠΑΜΠΗΣ Άνδρας - 1975 (M40) Αθλητική Ένωση Κωνσταντινουπόλεως	00:01:22 00:00:00	00:01:55 00:00:34	-	00:20:41 00:19:19	00:30:06 00:28:45	00:40:10 00:38:48	00:50:21 00:49:00	01:00:48 00:59:26
524	524	78	437	1057	ΑΒΡΑΜΙΔΗΣ ΣΤΕΦΑΝΟΣ Άνδρας - 1975 (M40)	00:01:20 00:00:00	00:02:00 00:00:41	00:12:18 00:10:58	00:22:23 00:21:04	00:31:34 00:30:14	00:41:25 00:40:06	00:50:56 00:49:37	01:00:48 00:59:29
525	525	75	438	1154	ΓΙΕΜΕΤΖΟΓΛΟΥ ΠΑΥΛΟΣ Άνδρας - 1974 (M45)	00:01:22 00:00:00	00:02:00 00:00:39	00:12:18 00:10:56	00:22:22 00:21:00	00:31:34 00:30:12	00:41:25 00:40:04	00:50:56 00:49:34	01:00:50 00:59:28
526	526	93	439	1318	ΚΟΥΓΙΑΣ ΑΡΤΕΜΙΟΣ Άνδρας - 1990 (M)	00:00:48 00:00:00	00:01:28 00:00:41	00:11:55 00:11:08	00:22:21 00:21:34	00:32:13 00:31:25	00:43:09 00:42:21	00:52:25 00:51:38	01:00:51 01:00:04
527	527	27	440	1222	ΖΗΣΗΣ ΓΙΑΝΝΗΣ Άνδρας - 1960 (M55)	00:00:54 00:00:00	00:01:31 00:00:38	00:11:41 00:10:47	00:21:50 00:20:56	00:31:22 00:30:28	00:41:15 00:40:21	00:50:54 00:50:01	01:00:52 00:59:59
528	528	77	441	1691	ΣΤΑΓΙΑΝΟΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1981 (M35) SALIGARIA	00:00:32 00:00:00	00:01:06 00:00:34	00:09:55 00:09:23	00:19:37 00:19:06	00:29:29 00:28:57	00:40:05 00:39:33	00:50:22 00:49:50	01:00:53 01:00:21
529	529	58	442	1798	ΤΣΑΠΑΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1967 (M50) ΣΚΥΛΙΑ ΤΟΥ ΔΡΟΜΟΥ	00:01:23 00:00:00	00:02:02 00:00:39	00:12:25 00:11:03	00:22:39 00:21:17	00:32:08 00:30:46	00:41:59 00:40:37	00:51:25 00:50:03	01:00:58 00:59:36
530	530	59	443	1615	ΤΑΒΟΥΛΑΡΗΣ ΓΙΩΡΓΟΣ Άνδρας - 1969 (M50) RUNNER STORE	00:01:23 00:00:00	00:02:01 00:00:39	00:12:26 00:11:04	00:22:40 00:21:18	00:31:51 00:30:29	00:41:25 00:40:03	00:51:09 00:49:47	01:00:58 00:59:36

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
531	531	76	444	1473	ΠΑΠΑΓΙΑΝΝΑΚΗΣ ΜΑΝΩΛΗΣ Άνδρας - 1970 (M45)	00:00:57 00:00:00	00:01:35 00:00:39	00:11:53 00:10:57	00:22:06 00:21:10	00:31:49 00:30:52	00:41:50 00:40:54	00:51:29 00:50:32	01:01:02 01:00:05
532	532	78	445	1152	ΓΙΑΝΝΟΥΛΗΣ ΑΛΕΞΑΝΔΡΟΣ Άνδρας - 1982 (M35)	00:00:34 00:00:00	00:01:04 00:00:31	00:10:12 00:09:39	00:20:02 00:19:29	00:29:44 00:29:10	00:40:09 00:39:36	00:50:32 00:49:59	01:01:02 01:00:29
533	533	94	446	1305	ΚΟΛΟΚΟΤΡΩΝΗΣ ΝΕΟΦΥΤΟΣ Άνδρας - 1991 (M)	00:01:13 00:00:00	00:01:54 00:00:42	00:12:35 00:11:22	00:22:35 00:21:23	00:32:37 00:31:25	00:42:37 00:41:25	00:52:16 00:51:04	01:01:04 00:59:51
534	534	5	88	1461	ΠΑΓΓΕΙΟΥ ΚΩΝΣΤΑΝΤΙΝΑ Γυναίκα - 1987 (F30)	00:00:36 00:00:00	00:01:13 00:00:37	00:10:46 00:10:10	00:21:14 00:20:38	00:31:18 00:30:42	00:41:14 00:40:38	00:51:12 00:50:36	01:01:05 01:00:29
535	535	8	89	1449	ΝΙΚΟΛΑΙΔΟΥ ΑΝΑΣΤΑΣΙΑ Γυναίκα - 1969 (F50)	00:00:30 00:00:00	00:01:06 00:00:36	00:11:02 00:10:33	00:21:33 00:21:04	00:31:31 00:31:02	00:41:47 00:41:18	00:51:24 00:50:54	01:01:08 01:00:38
536	536	28	447	1692	ΗΑΤΗΑΥΑΥ ΣΚΟΤΤ Άνδρας - 1964 (M55) SANTA RUNNING TEAM	00:00:33 00:00:00	00:01:09 00:00:37	00:11:03 00:10:31	00:21:05 00:20:33	00:30:41 00:30:09	00:40:51 00:40:19	00:51:16 00:50:44	01:01:09 01:00:37
537	537	29	448	1325	ΚΟΥΚΟΥΛΙΔΗΣ ΙΩΑΝΝΗΣ Άνδρας - 1964 (M55) ΣΚΥΛΙΑ ΤΟΥ ΔΡΟΜΟΥ	00:01:25 00:00:00	00:02:04 00:00:39	00:12:38 00:11:14	00:23:07 00:21:42	00:32:39 00:31:15	00:42:43 00:41:19	00:51:59 00:50:35	01:01:16 00:59:52
538	538	60	449	1369	ΛΙΑΤΗΡΑΣ ΙΩΑΝΝΗΣ Άνδρας - 1967 (M50) ΣΚΥΛΙΑ ΤΟΥ ΔΡΟΜΟΥ	00:01:24 00:00:00	00:02:02 00:00:38	00:12:39 00:11:15	00:23:07 00:21:43	00:32:39 00:31:15	00:42:42 00:41:18	00:51:59 00:50:35	01:01:16 00:59:52
539	539	14	90	1273	ΚΑΡΟΚΗ ΑΝΝΑ Γυναίκα - 1980 (F35)	00:00:14 00:00:00	00:00:44 00:00:30	00:10:13 00:10:00	00:20:12 00:19:58	00:30:14 00:30:01	00:40:52 00:40:38	00:51:01 00:50:47	01:01:21 01:01:07
540	540	79	450	1384	ΜΑΝΤΟΠΟΥΛΟΣ ΒΑΣΙΛΗΣ Άνδρας - 1976 (M40)	00:00:59 00:00:00	00:01:42 00:00:44	00:12:17 00:11:19	00:23:29 00:22:31	00:33:24 00:32:26	00:43:12 00:42:14	00:52:23 00:51:25	01:01:28 01:00:30
541	541	23	91	1055	ΣΗΑΤΤΥΚ ΕΜΙΛΥ Γυναίκα - 1977 (F40)	00:00:33 00:00:00	00:01:06 00:00:33	00:10:22 00:09:49	00:20:29 00:19:57	00:30:36 00:30:04	00:41:01 00:40:28	00:51:20 00:50:48	01:01:32 01:00:59
542	542	9	92	1693	ΔΕΣΙΠΡΗ ΕΡΙΚΑ Γυναίκα - 1968 (F50) SANTA RUNNING TEAM	00:00:32 00:00:00	00:01:07 00:00:36	00:11:01 00:10:30	00:21:06 00:20:35	00:30:44 00:30:12	00:40:51 00:40:20	00:51:16 00:50:45	01:01:35 01:01:04
543	543	61	451	1438	ΜΠΟΝΕΛΗΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1968 (M50)	00:00:36 00:00:00	00:01:14 00:00:39	00:11:53 00:11:18	00:23:43 00:23:07	00:32:33 00:31:57	00:41:51 00:41:16	00:51:16 00:50:41	01:01:35 01:01:00
544	544	14	93	1405	ΜΙΧΑΛΟΠΟΥΛΟΥ ΖΩΗ Γυναίκα - 1994 (F)	00:00:31 00:00:00	00:01:07 00:00:36	00:11:02 00:10:31	00:21:08 00:20:37	00:30:48 00:30:17	00:40:56 00:40:25	00:51:17 00:50:46	01:01:35 01:01:05
545	545	62	452	1310	ΚΟΝΤΑΞΟΠΟΥΛΟΣ ΜΑΡΚΟΣ Άνδρας - 1969 (M50)	00:01:20 00:00:00	00:01:55 00:00:35	00:11:08 00:09:49	00:20:33 00:19:13	00:29:53 00:28:33	00:40:08 00:38:48	00:50:33 00:49:13	01:01:39 01:00:19
546	546	95	453	1722	ΓΙΑΝΝΟΠΟΥΛΟΣ ΑΡΙΣΤΕΙΔΗΣ Άνδρας - 1987 (M)	00:00:57 00:00:00	00:01:39 00:00:43	00:11:49 00:10:53	00:22:24 00:21:27	00:32:09 00:31:12	00:42:39 00:41:42	00:52:38 00:51:42	01:01:47 01:00:51
547	547	79	454	1278	ΚΑΤΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1983 (M35)	00:01:15 00:00:00	00:01:57 00:00:43	00:12:05 00:10:50	00:22:09 00:20:54	00:31:48 00:30:34	00:42:01 00:40:46	00:51:45 00:50:31	01:01:50 01:00:35
548	548	80	455	1090	ΑΝΤΩΝΙΟΥ ΙΩΑΝΝΗΣ Άνδρας - 1981 (M35) i-run	00:01:03 00:00:00	00:01:36 00:00:33	00:11:02 00:09:59	00:20:37 00:19:35	00:30:24 00:29:21	00:41:04 00:40:01	00:51:24 00:50:21	01:01:51 01:00:48
549	549	18	94	1450	ΝΙΚΟΛΑΚΟΠΟΥΛΟΥ ΑΙΚΑΤΕΡΙΝΗ Γυναίκα - 1974 (F45)	00:01:15 00:00:00	00:01:55 00:00:40	00:12:04 00:10:50	00:22:09 00:20:54	00:31:54 00:30:39	00:42:00 00:40:45	00:51:48 00:50:33	01:01:53 01:00:38
550	550	30	456	1247	ΚΑΛΟΤΥΧΟΣ ΓΙΑΝΝΗΣ Άνδρας - 1964 (M55) Tatoi Club	00:00:32 00:00:00	00:01:05 00:00:33	00:10:22 00:09:50	00:20:36 00:20:04	00:30:36 00:30:04	00:41:00 00:40:28	00:51:26 00:50:54	01:01:59 01:01:27
551	551	19	95	1823	ΚΑΝΤΑ ΑΝΑΣΤΑΣΙΑ Γυναίκα - 1974 (F45)	00:00:03 00:00:00	00:00:30 00:00:27	00:10:07 00:10:05	00:20:34 00:20:31	00:30:31 00:30:29	00:41:08 00:41:06	00:51:34 00:51:31	01:02:02 01:01:59
552	552	81	457	1776	ΠΕΤΡΑΤΟΣ-ΜΠΑΤΖΑΚΙΔΗΣ ΓΙΑΝΝΗΣ Άνδρας - 1982 (M35)	00:01:13 00:00:00	00:01:49 00:00:37	00:11:32 00:10:20	00:21:43 00:20:31	00:31:33 00:30:21	00:41:40 00:40:28	00:51:47 00:50:35	01:02:04 01:00:52
553	553	82	458	1195	ΔΟΥΝΗΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1982 (M35) We Run	00:01:05 00:00:00	00:01:46 00:00:41	00:12:27 00:11:22	00:23:19 00:22:14	00:33:41 00:32:36	00:43:56 00:42:51	00:52:45 00:51:40	01:02:05 01:01:00
554	554	10	96	1112	ΒΑΜΒΑΚΗ ΜΑΡΘΑ Γυναίκα - 1968 (F50)	00:01:03 00:00:00	00:01:40 00:00:38	00:12:04 00:11:02	00:22:03 00:21:01	00:31:40 00:30:38	00:41:45 00:40:43	00:52:17 00:51:15	01:02:09 01:01:06
555	555	83	459	1265	ΚΑΡΑΚΩΣΤΑΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1983 (M35)	00:01:03 00:00:00	00:01:40 00:00:38	00:12:04 00:11:01	00:22:03 00:21:00	00:31:40 00:30:37	00:41:45 00:40:42	00:52:17 00:51:14	01:02:09 01:01:06

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
556	556	6	97	1240	ΚΑΒΕΛΗ ΘΕΩΝΗ Γυναίκα - 1987 (F30)	00:00:23 00:00:00	00:00:54 00:00:31	00:10:21 00:09:59	00:20:46 00:20:23	00:30:44 00:30:21	00:41:25 00:41:02	00:51:28 00:51:05	01:02:10 01:01:47
557	557	80	460	1344	ΚΥΡΙΑΚΙΔΗΣ ΑΝΤΩΝΗΣ Άνδρας - 1977 (M40)	00:00:25 00:00:00	00:00:58 00:00:34	00:10:28 00:10:03	00:20:32 00:20:08	00:30:27 00:30:03	00:41:10 00:40:46	00:51:28 00:51:04	01:02:10 01:01:46
558	558	24	98	1554	ΡΟΥΣΣΟΥΝΕΛΟΥ ΕΥΑΓΓΕΛΙΑ Γυναίκα - 1979 (F40)	00:00:24 00:00:00	00:00:58 00:00:34	00:10:28 00:10:04	00:20:31 00:20:07	00:30:27 00:30:03	00:41:09 00:40:45	00:51:28 00:51:04	01:02:10 01:01:46
559	559	81	461	1757	ΜΑΡΚΟΥ ΣΠΥΡΟΣ Άνδρας - 1978 (M40) WE RUN	00:01:03 00:00:00	00:01:46 00:00:44	00:12:28 00:11:26	00:22:34 00:21:32	00:32:12 00:31:10	00:42:20 00:41:18	00:52:02 00:51:00	01:02:13 01:01:11
560	560	82	462	1862	ΜΑΚΡΗΣ ΓΙΩΡΓΟΣ Άνδρας - 1976 (M40)	00:00:35 00:00:00	00:01:11 00:00:36	00:11:30 00:10:55	00:22:00 00:21:26	00:32:08 00:31:33	00:42:49 00:42:14	00:52:26 00:51:51	01:02:15 01:01:41
561	561	13	463	1244	ΚΑΙΤΑΛΙΔΗΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1959 (M60)	00:00:06 00:00:00	00:00:33 00:00:28	00:09:53 00:09:48	00:19:45 00:19:40	00:29:04 00:28:59	00:38:56 00:38:51	00:48:43 00:48:38	01:02:19 01:02:14
562	562	11	99	1021	ΚΑΡΤΣΟΥΝΗ ΒΙΚΤΩΡΙΑ Γυναίκα - 1967 (F50)	00:00:36 00:00:00	00:01:14 00:00:38	00:11:08 00:10:32	00:21:22 00:20:46	00:31:32 00:30:56	00:42:04 00:41:29	00:52:00 00:51:25	01:02:20 01:01:44
563	563	25	100	1082	ΑΝΑΣΤΑΣΟΠΟΥΛΟΥ ΚΩΝΣΤΑΝΤΙΝΑ Γυναίκα - 1978 (F40)	00:00:43 00:00:00	00:01:20 00:00:37	00:11:10 00:10:27	00:21:00 00:20:18	00:30:49 00:30:06	00:40:46 00:40:03	00:51:21 00:50:39	01:02:22 01:01:39
564	564	83	464	1556	ΣΑΒΒΑΚΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1976 (M40)	00:00:27 00:00:00	00:01:02 00:00:35	00:10:32 00:10:05	00:20:48 00:20:22	00:31:00 00:30:33	00:41:36 00:41:09	00:51:50 00:51:23	01:02:25 01:01:59
565	565	15	101	1046	ΕΝΡΙΚΟΥΕΖ ΑΠΡΙΛ Γυναίκα - 1984 (F35)	00:00:17 00:00:00	00:00:48 00:00:31	00:09:52 00:09:36	00:19:56 00:19:40	00:30:19 00:30:02	00:41:04 00:40:48	00:51:44 00:51:28	01:02:29 01:02:12
566	566	84	465	1763	ΜΠΑΝΤΡΑΣ ΓΡΗΓΟΡΗΣ Άνδρας - 1982 (M35)	00:01:55 00:00:00	00:02:26 00:00:31	00:12:16 00:10:21	00:22:02 00:20:07	00:31:35 00:29:40	00:41:46 00:39:51	00:52:28 00:50:33	01:02:40 01:00:45
567	567	31	466	1574	ΣΙΟΥΤΗΣ ΣΤΕΡΓΙΟΣ Άνδρας - 1961 (M55) ΑΘΛΗΤΙΚΟΣ ΣΥΛΛΟΓΟΣ ΤΥΦΛΩΝ ΟΜΗΡΟΣ	00:00:44 00:00:00	00:02:03 00:01:19	00:13:36 00:12:53	00:24:49 00:24:06	00:34:29 00:33:46	00:44:27 00:43:44	00:53:38 00:52:55	01:02:42 01:01:59
568	568	14	467	1535	ΠΟΔΗΜΑΤΑΣ ΓΙΑΝΝΗΣ Άνδρας - 1956 (M60) Ymittos Runners	00:00:39 00:00:00	00:01:20 00:00:42	00:11:35 00:10:57	00:22:18 00:21:39	00:32:27 00:31:48	00:42:56 00:42:18	00:53:09 00:52:30	01:02:43 01:02:04
569	569	77	468	1105	ΑΡΤΟΠΟΥΛΟΣ ΜΗΝΑΣ Άνδρας - 1972 (M45)	00:00:45 00:00:00	00:01:20 00:00:36	00:10:57 00:10:13	00:20:54 00:20:10	00:31:01 00:30:16	00:41:26 00:40:42	00:51:55 00:51:11	01:02:47 01:02:03
570	570	32	469	1858	ΤΙΜΙΟΝ ΘΕΟΦΙΛΟΣ Άνδρας - 1961 (M55)	00:01:07 00:00:00	00:01:46 00:00:39	00:11:46 00:10:39	00:22:04 00:20:57	00:31:51 00:30:44	00:42:09 00:41:02	00:52:13 00:51:06	01:02:49 01:01:42
571	571	20	102	1241	ΚΑΓΚΟΥΡΑ ΑΚΡΙΒΗ Γυναίκα - 1974 (F45)	00:00:42 00:00:00	00:01:20 00:00:38	00:11:01 00:10:20	00:21:01 00:20:19	00:31:08 00:30:26	00:41:56 00:41:14	00:52:22 00:51:40	01:02:50 01:02:08
572	572	96	470	1075	ΑΛΕΞΟΥΔΗΣ ΘΕΟΔΩΡΟΣ Άνδρας - 1986 (M)	00:00:58 00:00:00	00:01:39 00:00:42	00:11:49 00:10:52	00:22:26 00:21:28	00:32:09 00:31:12	00:42:39 00:41:41	00:52:39 00:51:41	01:02:50 01:01:53
573	573	15	103	1663	ΧΑΡΑΤΣΗ ΦΟΙΒΗ Γυναίκα - 1993 (F)	00:01:19 00:00:00	00:01:58 00:00:40	00:12:33 00:11:15	00:23:09 00:21:51	00:32:54 00:31:36	00:43:14 00:41:55	00:53:07 00:51:49	01:02:54 01:01:36
574	574	21	104	1471	ΠΑΠΑΓΕΩΡΓΙΟΥ ΑΝΤΖΕΛΑ Γυναίκα - 1970 (F45) ΑΘΛΟΚΙΝΗΣΗ	00:00:54 00:00:00	00:01:30 00:00:36	00:11:42 00:10:49	00:22:17 00:21:23	00:32:20 00:31:26	00:42:36 00:41:43	00:52:37 00:51:43	01:02:54 01:02:01
575	575	33	471	1355	ΛΑΖΑΡΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1963 (M55)	00:00:37 00:00:00	00:01:11 00:00:34	00:10:26 00:09:50	00:20:32 00:19:55	00:30:33 00:29:57	00:41:24 00:40:47	00:52:05 00:51:28	01:02:59 01:02:23
576	576	15	472	1159	ΓΚΟΡΓΚΟΛΗΣ ΧΡΗΣΤΟΣ Άνδρας - 1956 (M60) ΚΙΝΕΤΑ RUNNING CLUB	00:00:15 00:00:00	00:00:47 00:00:32	00:10:39 00:10:24	00:21:10 00:20:55	00:31:24 00:31:09	00:42:03 00:41:48	00:52:26 00:52:11	01:03:00 01:02:46
577	577	84	473	1098	ΑΡΓΕΙΤΗΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1978 (M40) SPETSES RUNNING TEAM	00:01:01 00:00:00	00:01:40 00:00:39	00:11:59 00:10:58	00:22:32 00:21:31	00:32:20 00:31:20	00:42:46 00:41:45	00:52:49 00:51:48	01:03:02 01:02:01
578	578	85	474	1257	ΚΑΠΛΑΝΗΣ ΙΩΑΝΝΗΣ Άνδρας - 1979 (M40)	00:01:03 00:00:00	00:01:43 00:00:41	00:12:16 00:11:14	00:22:49 00:21:47	00:32:53 00:31:51	00:43:07 00:42:05	00:53:01 00:51:59	01:03:03 01:02:01
579	579	63	475	1138	ΓΕΝΝΑΤΟΣ ΑΝΤΩΝΗΣ Άνδρας - 1966 (M50)	00:01:03 00:00:00	00:01:43 00:00:41	00:12:16 00:11:14	00:22:47 00:21:45	00:32:54 00:31:51	00:43:07 00:42:05	00:53:01 00:51:58	01:03:03 01:02:01
580	580	16	105	1059	ΑΓΑΘΟΥ ΡΕΝΙΑ Γυναίκα - 1991 (F)	00:00:49 00:00:00	00:01:28 00:00:39	00:11:11 00:10:22	00:21:17 00:20:28	00:31:18 00:30:29	00:41:51 00:41:02	00:52:20 00:51:31	01:03:04 01:02:15

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
581	581	16	476	1089	ΑΝΤΑΡΑΚΗΣ ΣΠΥΡΟΣ Άνδρας - 1959 (M60) ΣΦΑΚΙΑΝΑΚΗΣ RUNNING TEAM	00:01:09 00:00:00	00:01:47 00:00:39	00:10:50 00:09:42	00:20:04 00:18:55	00:30:02 00:28:53	00:40:44 00:39:36	00:51:49 00:50:41	01:03:04 01:01:56
582	582	78	477	1560	ΣΑΚΕΛΛΑΡΟΠΟΥΛΟΣ ΦΙΛΙΠΠΟΣ Άνδρας - 1970 (M45)	00:00:54 00:00:00	00:01:30 00:00:37	00:11:41 00:10:47	00:22:04 00:21:10	00:31:49 00:30:56	00:42:28 00:41:34	00:52:28 00:51:35	01:03:10 01:02:17
583	583	7	106	1218	ΖΑΧΑΡΙΑΚΗ ΕΛΕΝΗ Γυναίκα - 2001 (JF)	00:00:50 00:00:00	00:01:32 00:00:42	00:12:30 00:11:40	00:23:19 00:22:29	00:33:20 00:32:30	00:43:27 00:42:37	00:53:26 00:52:36	01:03:11 01:02:21
584	584	22	107	1323	ΚΟΥΚΑ ANNA Γυναίκα - 1971 (F45) ΥΜΙΤΤΟΣ RUNNERS	00:00:42 00:00:00	00:01:15 00:00:33	00:11:35 00:10:53	00:22:17 00:21:35	00:32:27 00:31:45	00:42:56 00:42:14	00:53:10 00:52:28	01:03:12 01:02:30
585	585	4	108	1183	ΔΕΣΠΟΤΑΚΗ ΔΙΚΑΙΑ Γυναίκα - 1960 (F55) ΥΜΙΤΤΟΣ RUNNERS	00:00:39 00:00:00	00:01:15 00:00:36	00:11:35 00:10:56	00:22:19 00:21:40	00:32:27 00:31:48	00:42:57 00:42:19	00:53:10 00:52:31	01:03:12 01:02:33
586	586	5	109	1550	ΡΙΖΟΥ ΚΑΤΕΡΙΝΑ Γυναίκα - 1963 (F55)	00:00:36 00:00:00	00:01:14 00:00:38	00:11:08 00:10:32	00:21:24 00:20:49	00:31:32 00:30:56	00:42:06 00:41:31	00:52:40 00:52:04	01:03:14 01:02:39
587	587	10	478	1410	ΜΟΥΡΕΛΑΤΟΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1951 (M65) One step beyond	00:01:49 00:00:00	00:02:18 00:00:30	00:11:35 00:09:47	00:21:40 00:19:51	00:31:47 00:29:59	00:42:23 00:40:35	00:52:45 00:50:56	01:03:15 01:01:26
588	588	64	479	1243	ΚΑΘΕΡΗΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1966 (M50)	00:01:12 00:00:00	00:01:50 00:00:38	00:11:58 00:10:46	00:22:07 00:20:55	00:32:47 00:31:35	00:43:00 00:41:48	00:53:18 00:52:06	01:03:16 01:02:04
589	589	17	480	1532	ΠΙΚΟΛΗΣ ΠΕΤΡΟΣ Άνδρας - 1957 (M60)	00:01:01 00:00:00	00:01:35 00:00:35	00:11:42 00:10:42	00:21:59 00:20:59	00:32:11 00:31:11	00:42:39 00:41:39	00:53:07 00:52:06	01:03:21 01:02:21
590	590	79	481	1160	ΓΚΟΤΖΑΜΑΝΗΣ ΓΙΩΡΓΟΣ Άνδρας - 1971 (M45)	00:01:29 00:00:00	00:02:03 00:00:35	00:11:52 00:10:24	00:22:05 00:20:36	00:31:54 00:30:25	00:42:21 00:40:52	00:52:47 00:51:18	01:03:26 01:01:57
591	591	80	482	1762	ΜΠΑΛΤΖΙΑΚΗΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1972 (M45)	00:01:15 00:00:00	00:01:54 00:00:39	00:11:40 00:10:25	00:21:39 00:20:24	00:31:25 00:30:10	00:41:57 00:40:42	00:52:29 00:51:14	01:03:46 01:02:31
592	592	26	110	1401	ΜΕΤΑΞΑ ΕΛΛΗ Γυναίκα - 1978 (F40)	00:01:35 00:00:00	00:02:11 00:00:37	00:12:23 00:10:49	00:23:02 00:21:27	00:33:06 00:31:31	00:43:21 00:41:47	00:53:32 00:51:58	01:03:46 01:02:12
593	593	86	483	1392	ΜΑΣΤΡΟΠΑΥΛΟΣ ΝΙΚΟΣ Άνδρας - 1978 (M40)	00:01:35 00:00:00	00:02:12 00:00:37	00:12:23 00:10:48	00:23:02 00:21:27	00:33:06 00:31:31	00:43:21 00:41:47	00:53:32 00:51:57	01:03:48 01:02:13
594	594	81	484	1525	ΠΑΤΡΑΣ ΑΘΑΝΑΣΙΟΣ Άνδρας - 1970 (M45)	00:01:08 00:00:00	00:01:44 00:00:37	00:11:27 00:10:20	00:21:47 00:20:40	00:31:52 00:30:45	00:42:16 00:41:08	00:52:51 00:51:44	01:03:52 01:02:45
595	595	18	485	1442	ΜΠΟΥΝΟΣ ΙΩΑΝΝΗΣ Άνδρας - 1959 (M60)	00:01:08 00:00:00	00:01:45 00:00:38	00:11:27 00:10:20	00:21:48 00:20:41	00:31:52 00:30:45	00:42:18 00:41:11	00:52:52 00:51:45	01:03:53 01:02:45
596	596	87	486	1580	ΣΚΡΙΝΗΣ ΣΤΑΥΡΟΣ Άνδρας - 1976 (M40)	00:01:30 00:00:00	00:02:04 00:00:35	00:11:27 00:09:58	00:21:35 00:20:06	00:31:36 00:30:07	00:42:20 00:40:51	00:53:06 00:51:37	01:03:57 01:02:28
597	597	27	111	1387	ΜΑΡΙΑ ΕΛΕΝΑ ΜΠΙΟΝΤΙΝΙ Γυναίκα - 1975 (F40)	00:01:04 00:00:00	00:01:41 00:00:37	00:11:51 00:10:47	00:22:04 00:21:00	00:32:05 00:31:01	00:42:48 00:41:44	00:53:10 00:52:07	01:03:58 01:02:55
598	598	82	487	1206	ΕΥΔΑΙΜΩΝ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1974 (M45)	00:00:52 00:00:00	00:01:31 00:00:40	00:12:16 00:11:24	00:22:59 00:22:07	00:33:09 00:32:17	00:43:18 00:42:26	00:53:34 00:52:42	01:04:01 01:03:09
599	599	7	112	1145	ΓΙΑΒΟΥΔΗ ΘΕΟΔΩΡΑ Γυναίκα - 1986 (F30)	00:01:22 00:00:00	00:02:02 00:00:40	00:12:44 00:11:22	00:23:41 00:22:19	00:33:57 00:32:35	00:44:25 00:43:04	00:54:31 00:53:09	01:04:04 01:02:42
600	600	16	113	1652	ΦΑΚΟΥΔΗ ΑΝΘΟΥΛΑ Γυναίκα - 1983 (F35)	00:01:22 00:00:00	00:02:02 00:00:40	00:12:44 00:11:22	00:23:41 00:22:19	00:33:57 00:32:35	00:44:25 00:43:03	00:54:30 00:53:09	01:04:04 01:02:42
601	601	83	488	1063	ΑΓΓΕΛΙΔΗΣ ΝΙΚΟΣ Άνδρας - 1973 (M45)	00:01:04 00:00:00	00:01:37 00:00:34	00:11:36 00:10:33	00:21:43 00:20:40	00:31:38 00:30:34	00:42:25 00:41:21	00:53:07 00:52:04	01:04:05 01:03:02
602	602	11	489	1564	ΣΑΡΙΜΑΝΩΛΗΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1953 (M65)	00:01:09 00:00:00	00:01:48 00:00:39	00:12:37 00:11:29	00:23:15 00:22:06	00:33:26 00:32:18	00:43:43 00:42:35	00:53:57 00:52:49	01:04:06 01:02:58
603	603	17	114	1589	ΣΠΥΡΑΤΟΥ ΜΑΡΙΑ Γυναίκα - 1990 (F)	00:01:09 00:00:00	00:01:48 00:00:40	00:12:37 00:11:29	00:23:15 00:22:07	00:33:26 00:32:18	00:43:43 00:42:35	00:53:57 00:52:49	01:04:08 01:03:00
604	604	84	490	1486	ΠΑΠΑΔΟΠΟΥΛΟΣ ΣΤΕΦΑΝΟΣ Άνδρας - 1973 (M45)	00:01:26 00:00:00	00:02:03 00:00:38	00:12:21 00:10:56	00:22:37 00:21:11	00:32:18 00:30:52	00:42:30 00:41:04	00:53:09 00:51:43	01:04:11 01:02:45
605	605	17	115	1596	ΣΤΑΜΟΠΟΥΛΟΥ ΕΥΑΓΓΕΛΙΑ Γυναίκα - 1981 (F35) ΣΤΡΑΤΟΣ ΞΗΡΑΣ	00:00:44 00:00:00	00:01:17 00:00:34	00:11:02 00:10:18	00:21:28 00:20:44	00:32:03 00:31:20	00:43:05 00:42:21	00:53:41 00:52:57	01:04:12 01:03:28

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
606	606	19	491	1239	ΚΑΒΒΑΔΙΑΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1955 (Μ60) ΟΕΒΑΣ	00:00:28 00:00:00	00:01:01 00:00:33	00:10:19 00:09:51	00:20:49 00:20:21	00:31:13 00:30:45	00:42:13 00:41:45	00:53:04 00:52:36	01:04:13 01:03:45
607	607	65	492	1518	ΠΑΡΩΝΗΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1968 (Μ50)	00:01:28 00:00:00	00:02:06 00:00:39	00:12:29 00:11:02	00:23:00 00:21:33	00:33:08 00:31:40	00:43:27 00:42:00	00:53:37 00:52:10	01:04:15 01:02:48
608	608	23	116	1427	ΜΠΑΡΛΑ ΜΑΡΙΝΑ Γυναίκα - 1972 (F45)	00:00:06 00:00:00	00:00:31 00:00:26	00:10:16 00:10:10	00:20:50 00:20:45	00:31:18 00:31:13	00:41:47 00:41:42	00:52:36 00:52:31	01:04:15 01:04:10
609	609	97	493	1672	ΧΟΥΛΛΗΣ ΜΑΝΩΛΗΣ Άνδρας - 1985 (Μ)	00:00:21 00:00:00	00:00:49 00:00:29	00:09:54 00:09:34	00:20:36 00:20:16	00:31:35 00:31:15	00:42:46 00:42:26	00:53:35 00:53:15	01:04:16 01:03:56
610	610	88	494	1685	ΒΟΥΤΡΙΑΡΙΔΗΣ ΧΡΙΣΤΟΔΟΥΛΟΣ Άνδρας - 1975 (Μ40) SALIGARIA	00:00:40 00:00:00	00:01:22 00:00:43	00:11:59 00:11:20	00:22:24 00:21:45	00:32:47 00:32:08	00:43:13 00:42:34	00:54:06 00:53:27	01:04:18 01:03:39
611	611	28	117	1498	ΠΑΠΑΚΥΡΙΛΛΟΥ ΙΣΜΗΝΗ Γυναίκα - 1977 (F40)	00:00:31 00:00:00	00:01:06 00:00:35	00:10:46 00:10:16	00:21:15 00:20:45	00:31:29 00:30:59	00:42:05 00:41:35	00:53:04 00:52:34	01:04:20 01:03:50
612	612	98	495	1818	ΧΩΡΙΑΤΑΚΗΣ ΣΤΑΥΡΟΣ Άνδρας - 1999 (Μ)	00:01:16 00:00:00	00:01:52 00:00:37	00:11:59 00:10:43	00:22:03 00:20:47	00:31:49 00:30:34	00:42:18 00:41:02	00:52:39 00:51:23	01:04:30 01:03:14
613	613	89	496	1601	ΣΤΕΦΟΣ ΜΙΧΑΛΗΣ Άνδρας - 1976 (Μ40)	00:01:00 00:00:00	00:01:43 00:00:43	00:12:07 00:11:07	00:22:42 00:21:42	00:32:55 00:31:55	00:43:35 00:42:36	00:53:57 00:52:58	01:04:33 01:03:33
614	614	20	497	1641	ΤΣΙΟΚΑΣ ΚΩΣΤΑΣ Άνδρας - 1956 (Μ60) ΣΔΥ ΑΘΗΝΩΝ	00:01:23 00:00:00	00:02:02 00:00:40	00:12:39 00:11:17	00:23:20 00:21:58	00:33:33 00:32:10	00:44:14 00:42:51	00:54:18 00:52:56	01:04:38 01:03:16
615	615	99	498	1102	ΑΡΜΑΓΟΣ ΓΙΩΡΓΟΣ Άνδρας - 1992 (Μ)	00:00:31 00:00:00	00:01:08 00:00:38	00:11:06 00:10:35	00:21:18 00:20:48	00:30:44 00:30:14	00:42:04 00:41:33	00:52:51 00:52:21	01:04:41 01:04:10
616	616	10	499	1281	ΚΑΤΣΑΡΟΣ ΑΡΙΣΤΕΙΔΗΣ Άνδρας - 2005 (JM) NikatsTeam	00:00:34 00:00:00	00:01:13 00:00:39	00:11:53 00:11:19	00:22:57 00:22:23	00:33:13 00:32:39	00:44:10 00:43:37	00:54:16 00:53:42	01:04:43 01:04:09
617	617	18	118	1688	ΚΟΥΛΟΥΡΗ ΜΑΡΙΑ Γυναίκα - 1984 (F35) SALIGARIA	00:00:56 00:00:00	00:01:32 00:00:36	00:11:54 00:10:58	00:22:06 00:21:10	00:32:11 00:31:15	00:42:50 00:41:54	00:53:36 00:52:40	01:04:43 01:03:47
618	618	34	500	1283	ΚΑΤΣΑΡΟΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1964 (Μ55) NikatsTeam	00:00:35 00:00:00	00:01:13 00:00:39	00:11:53 00:11:19	00:22:57 00:22:23	00:33:13 00:32:38	00:44:10 00:43:35	00:54:16 00:53:41	01:04:43 01:04:09
619	619	85	501	1496	ΠΑΠΑΙΩΑΝΝΟΥ ΓΙΩΡΓΟΣ Άνδρας - 1972 (Μ45)	00:00:22 00:00:00	00:00:52 00:00:30	00:10:08 00:09:46	00:20:54 00:20:32	00:31:20 00:30:58	00:42:37 00:42:15	00:53:41 00:53:19	01:04:46 01:04:24
620	620	86	502	1602	ΣΤΥΛΙΑΝΙΔΗΣ ΙΟΥΛΙΟΣ Άνδρας - 1974 (Μ45) TRACK N CROSS-ΑΘΛΟΚΙΝΗΣΗ Ν. ΗΡΑΚΛΕΙΟΥ	00:01:28 00:00:00	00:02:05 00:00:38	00:12:52 00:11:24	00:23:28 00:22:01	00:33:44 00:32:16	00:44:12 00:42:44	00:54:34 00:53:06	01:04:48 01:03:20
621	621	35	503	1600	ΣΤΕΜΠΙΛΗΣ ΟΔΥΣΣΕΑΣ Άνδρας - 1963 (Μ55)	00:00:41 00:00:00	00:01:23 00:00:43	00:11:02 00:10:22	00:21:33 00:20:53	00:31:55 00:31:15	00:43:04 00:42:24	00:54:02 00:53:22	01:04:52 01:04:12
622	622	66	504	1099	ΑΡΓΥΡΟΠΟΥΛΟΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1965 (Μ50)	00:01:05 00:00:00	00:01:44 00:00:40	00:11:54 00:10:50	00:22:29 00:21:24	00:32:59 00:31:54	00:43:48 00:42:43	00:54:33 00:53:28	01:04:59 01:03:55
623	623	36	505	1741	ΚΑΨΟΚΕΦΑΛΟΣ ΔΙΟΝΥΣΙΟΣ Άνδρας - 1964 (Μ55) ΣΑΦΑΝΣ	00:00:59 00:00:00	00:01:38 00:00:39	00:12:20 00:11:21	00:23:12 00:22:13	00:33:37 00:32:38	00:44:24 00:43:25	00:54:40 00:53:41	01:05:03 01:04:04
624	624	67	506	1130	ΓΑΒΡΙΕΛΑΤΟΣ ΠΑΥΛΟΣ Άνδρας - 1967 (Μ50) ΠΑΛΛΗΝΙΟΙ ΔΡΟΜΕΙΣ	00:00:09 00:00:00	00:00:40 00:00:31	00:10:13 00:10:04	00:20:53 00:20:45	00:31:42 00:31:33	00:42:53 00:42:44	00:53:58 00:53:50	01:05:03 01:04:54
625	625	87	507	1517	ΠΑΡΠΑΪΡΗΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1972 (Μ45)	00:01:20 00:00:00	00:02:01 00:00:41	00:12:38 00:11:18	00:23:53 00:22:33	00:33:54 00:32:34	00:44:17 00:42:57	00:54:23 00:53:03	01:05:04 01:03:44
626	626	18	119	1110	ΒΑΘΗ ΔΕΣΠΟΙΝΑ Γυναίκα - 1992 (F) ΣΦΑΚΙΑΝΑΚΙΣ RUNNING TEAM	00:01:09 00:00:00	00:01:47 00:00:39	00:11:58 00:10:49	00:22:25 00:21:16	00:33:05 00:31:56	00:44:56 00:43:47	00:55:07 00:53:58	01:05:05 01:03:56
627	627	88	508	1074	ΑΛΕΞΑΝΔΡΟΠΟΥΛΟΣ ΒΑΓΓΕΛΗΣ Άνδρας - 1971 (Μ45)	00:00:46 00:00:00	00:01:23 00:00:38	00:11:40 00:10:55	00:22:00 00:21:15	00:32:07 00:31:21	00:43:06 00:42:21	00:53:58 00:53:13	01:05:08 01:04:23
628	628	90	509	1822	ΣΤΕΦΑΝΑΚΗΣ ΧΡΗΣΤΟΣ Άνδρας - 1979 (Μ40) ΔΡΟΜΕΙΣ ΚΑΙ ΟΧΙ ΜΟΝΟ	00:01:31 00:00:00	00:02:10 00:00:39	00:13:05 00:11:34	00:24:46 00:23:15	00:35:42 00:34:11	00:45:48 00:44:17	00:55:13 00:53:42	01:05:24 01:03:53
629	629	89	510	1304	ΚΟΛΟΒΟΣ ΕΜΜΑΝΟΥΗΛ Άνδρας - 1970 (Μ45)	00:01:06 00:00:00	00:01:46 00:00:41	00:11:47 00:10:42	00:22:09 00:21:04	00:32:33 00:31:28	00:43:24 00:42:18	00:54:14 00:53:09	01:05:25 01:04:20

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
630	630	91	511	1644	ΤΣΙΩΚΟΣ ΘΕΟΔΩΡΟΣ Άνδρας - 1976 (M40) ΑΥΡΑ ΚΩΝΣΤΑΝΤΙΝΑΣ	00:00:33 00:00:00	00:01:09 00:00:36	00:10:37 00:10:05	00:21:09 00:20:36	00:32:11 00:31:39	00:43:12 00:42:39	00:54:36 00:54:04	01:05:27 01:04:54
631	631	100	512	1697	ΣΑΜΟΪΛΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1986 (M)	00:01:32 00:00:00	00:02:10 00:00:39	00:13:05 00:11:33	00:24:46 00:23:15	00:35:43 00:34:11	00:45:48 00:44:17	00:55:44 00:54:13	01:05:29 01:03:58
632	632	4	513	1590	ΣΠΥΡΟΠΟΥΛΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1947 (M70+)	00:01:08 00:00:00	00:01:47 00:00:39	00:12:38 00:11:31	00:23:15 00:22:08	00:33:28 00:32:20	00:44:05 00:42:58	00:54:45 00:53:38	01:05:30 01:04:23
633	633	12	514	1800	ΤΣΑΤΣΑΚΛΑΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1950 (M65) ΥΜΙΤΤΟΣ RUNNERS	00:00:39 00:00:00	00:01:21 00:00:43	00:12:55 00:12:16	00:23:53 00:23:15	00:34:36 00:33:57	00:45:08 00:44:30	00:55:21 00:54:43	01:05:35 01:04:57
634	634	3	120	1708	ΑΜΠΡΑΒΑΝΕΛ ΕΛΙΑΝΑ Γυναίκα - 1956 (F60)	00:01:20 00:00:00	00:01:56 00:00:37	00:12:25 00:11:05	00:23:03 00:21:44	00:33:21 00:32:02	00:44:08 00:42:49	00:54:43 00:53:24	01:05:35 01:04:16
635	635	19	121	1847	ΝΕΛΛΗ ΑΜΠΡΑΒΑΝΕΛ Γυναίκα - 1984 (F35)	00:01:19 00:00:00	00:01:58 00:00:39	00:12:25 00:11:06	00:23:04 00:21:45	00:33:22 00:32:03	00:44:08 00:42:49	00:54:43 00:53:24	01:05:35 01:04:16
636	636	19	122	1180	ΔΑΣΚΑΛΟΠΟΥΛΟΥ ΧΡΙΣΤΙΝΑ Γυναίκα - 1990 (F) We Run	00:01:01 00:00:00	00:01:45 00:00:44	00:12:31 00:11:30	00:23:19 00:22:18	00:33:44 00:32:43	00:44:24 00:43:23	00:54:50 00:53:49	01:05:38 01:04:37
637	637	20	123	1179	ΔΑΣΚΑΛΟΠΟΥΛΟΥ ΒΑΣΙΛΙΚΗ Γυναίκα - 1992 (F) We Run	00:01:02 00:00:00	00:01:45 00:00:44	00:12:31 00:11:29	00:23:19 00:22:17	00:33:44 00:32:43	00:44:22 00:43:21	00:54:50 00:53:49	01:05:38 01:04:37
638	638	92	515	1307	ΚΟΜΙΛΗΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1975 (M40) Σύλλογος Πυροπροστασίας Δασών Λουτρακίου	00:01:40 00:00:00	00:02:15 00:00:35	00:13:03 00:11:24	00:23:49 00:22:10	00:34:08 00:32:28	00:44:50 00:43:11	00:54:54 00:53:14	01:05:41 01:04:01
639	639	29	124	1803	ΦΑΡΑΖΗ ΑΝΑΣΤΑΣΙΑ Γυναίκα - 1976 (F40)	00:00:36 00:00:00	00:01:14 00:00:38	00:12:17 00:11:42	00:23:28 00:22:53	00:34:02 00:33:27	00:44:43 00:44:07	00:55:05 00:54:30	01:05:41 01:05:05
640	640	30	125	1070	ΑΘΑΝΑΣΙΑΔΗ ΧΡΙΣΤΙΝΑ Γυναίκα - 1978 (F40)	00:00:07 00:00:00	00:00:35 00:00:29	00:10:30 00:10:23	00:21:10 00:21:03	00:31:43 00:31:36	00:42:55 00:42:48	00:54:16 00:54:09	01:05:51 01:05:45
641	641	93	516	1261	ΚΑΡΑΓΙΩΡΓΟΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1975 (M40)	00:00:58 00:00:00	00:01:42 00:00:44	00:12:16 00:11:19	00:23:36 00:22:39	00:33:25 00:32:27	00:44:26 00:43:28	00:55:25 00:54:28	01:05:54 01:04:56
642	642	31	126	1830	ΚΟΥΛΟΥΡΙΔΟΥ ΚΩΝΣΤΑΝΤΙΝΑ Γυναίκα - 1977 (F40) OLYMPIA RUNNERS	00:01:02 00:00:00	00:01:37 00:00:35	00:11:48 00:10:47	00:22:25 00:21:24	00:32:34 00:31:32	00:43:45 00:42:43	00:54:40 00:53:39	01:05:54 01:04:53
643	643	24	127	1623	ΤΖΕΝΤΖΕΡΑ ΕΛΕΝΗ Γυναίκα - 1973 (F45)	00:00:54 00:00:00	00:01:32 00:00:39	00:12:03 00:11:10	00:22:56 00:22:03	00:33:30 00:32:37	00:44:45 00:43:51	00:55:25 00:54:32	01:05:55 01:05:02
644	644	85	517	1332	ΚΟΥΡΟΥΝΗΣ ΙΩΑΝΝΗΣ Άνδρας - 1980 (M35)	00:00:56 00:00:00	00:01:31 00:00:36	00:12:03 00:11:08	00:22:56 00:22:01	00:33:30 00:32:35	00:44:46 00:43:51	00:55:25 00:54:30	01:05:56 01:05:01
645	645	94	518	1226	ΖΩΗΣ ΠΕΤΡΟΣ Άνδρας - 1977 (M40)	00:00:53 00:00:00	00:01:32 00:00:39	00:12:03 00:11:10	00:22:56 00:22:03	00:33:30 00:32:37	00:44:45 00:43:52	00:55:25 00:54:33	01:05:56 01:05:03
646	646	86	519	1857	ΣΤΟΓΙΑΝΝΗΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1983 (M35)	00:01:05 00:00:00	00:01:46 00:00:41	00:12:27 00:11:22	00:23:19 00:22:14	00:33:44 00:32:39	00:44:26 00:43:21	00:55:04 00:53:59	01:05:59 01:04:54
647	647	8	128	1480	ΠΑΠΑΔΟΓΙΑΝΝΗ ΧΡΙΣΤΙΝΑ Γυναίκα - 1989 (F30) ΑΠΟΛΛΩΝ ΔΥΤΙΚΗΣ ΑΤΤΙΚΗΣ	00:00:23 00:00:00	00:00:56 00:00:34	00:10:49 00:10:27	00:21:36 00:21:13	00:32:15 00:31:52	00:43:33 00:43:10	00:54:25 00:54:02	01:05:59 01:05:37
648	648	32	129	1479	ΠΑΠΑΔΗΜΗΤΡΙΟΥ ΠΑΝΑΓΙΩΤΑ Γυναίκα - 1978 (F40)	00:00:33 00:00:00	00:01:09 00:00:36	00:11:54 00:11:21	00:22:47 00:22:14	00:33:15 00:32:42	00:44:12 00:43:39	00:54:49 00:54:16	01:06:02 01:05:29
649	649	90	520	1825	ΔΑΒΟΥΛΑΡΗΣ ΚΩΣΤΑΣ Άνδρας - 1970 (M45)	00:01:28 00:00:00	00:02:05 00:00:37	00:12:16 00:10:48	00:22:26 00:20:58	00:32:34 00:31:06	00:43:26 00:41:58	00:54:23 00:52:55	01:06:06 01:04:38
650	650	9	130	1704	ΖΑΙΡΙ ΕΒΙ Γυναίκα - 1989 (F30)	00:01:04 00:00:00	00:01:44 00:00:41	00:11:57 00:10:54	00:22:35 00:21:32	00:32:38 00:31:35	00:43:31 00:42:28	00:55:49 00:54:46	01:06:07 01:05:04
651	651	25	131	1020	ΠΑΝΑΓΙΩΤΑΡΟΥ ΣΜΑΡΑΓΔΑ Γυναίκα - 1974 (F45) POLIAS RUNNERS	00:00:49 00:00:00	00:01:22 00:00:33	00:10:38 00:09:49	00:21:11 00:20:22	00:32:13 00:31:25	00:43:54 00:43:06	00:54:54 00:54:06	01:06:13 01:05:24
652	652	101	521	1417	ΜΠΑΚΟΛΑΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1987 (M)	00:00:48 00:00:00	00:01:29 00:00:42	00:11:56 00:11:08	00:22:23 00:21:36	00:32:17 00:31:30	00:43:10 00:42:23	00:55:02 00:54:14	01:06:14 01:05:26
653	653	95	522	1789	ΣΥΓΙΖΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1979 (M40)	00:01:29 00:00:00	00:02:04 00:00:35	00:12:52 00:11:23	00:24:13 00:22:44	00:34:48 00:33:20	00:45:32 00:44:04	00:55:53 00:54:25	01:06:21 01:04:53

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
654	654	96	523	1187	ΔΗΜΗΤΡΑΚΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1976 (M40)	00:01:35 00:00:00	00:02:09 00:00:35	00:11:31 00:09:57	00:21:28 00:19:54	00:31:36 00:30:02	00:42:30 00:40:56	00:54:15 00:52:41	01:06:30 01:04:56
655	655	10	132	1412	ΜΟΥΣΟΥΡΑΚΗ ΜΑΡΙΑ Γυναίκα - 1989 (F30)	00:01:25 00:00:00	00:02:03 00:00:39	00:12:45 00:11:21	00:23:38 00:22:14	00:33:49 00:32:25	00:44:47 00:43:22	00:55:14 00:53:50	01:06:33 01:05:09
656	656	87	524	1627	ΤΡΙΑΝΤΑΦΥΛΛΟΥ ΓΕΩΡΓΙΟΣ Άνδρας - 1981 (M35)	00:00:49 00:00:00	00:01:28 00:00:40	00:11:55 00:11:07	00:22:21 00:21:33	00:32:14 00:31:25	00:43:09 00:42:21	00:54:58 00:54:10	01:06:35 01:05:47
657	657	6	133	1293	ΚΛΑΔΟΥΧΑ ΝΙΚΗ Γυναίκα - 1961 (F55)	00:01:19 00:00:00	00:01:59 00:00:40	00:12:33 00:11:15	00:23:11 00:21:53	00:33:22 00:32:03	00:44:52 00:43:33	00:55:59 00:54:40	01:06:40 01:05:22
658	658	12	134	1209	ΕΦΡΑΙΜΟΓΛΟΥ ΜΥΡΤΩ Γυναίκα - 1968 (F50)	00:01:31 00:00:00	00:02:11 00:00:40	00:12:27 00:10:57	00:23:15 00:21:45	00:33:55 00:32:25	00:44:59 00:43:28	00:55:51 00:54:20	01:06:44 01:05:13
659	659	97	525	1686	ΓΑΛΑΝΗΣ ΝΑΣΟΣ Άνδρας - 1977 (M40) SALIGARIA	00:00:31 00:00:00	00:01:04 00:00:34	00:10:56 00:10:26	00:21:38 00:21:08	00:32:20 00:31:49	00:43:39 00:43:08	00:54:29 00:53:59	01:06:44 01:06:14
660	660	98	526	1483	ΠΑΠΑΔΟΠΟΥΛΟΣ ΜΑΝΟΣ Άνδρας - 1975 (M40)	00:00:40 00:00:00	00:01:15 00:00:36	00:10:48 00:10:08	00:21:29 00:20:50	00:32:09 00:31:30	00:43:27 00:42:47	00:54:55 00:54:16	01:06:46 01:06:06
661	661	26	135	1144	ΓΕΩΡΓΟΥΛΙΑ ΔΗΜΗΤΡΑ Γυναίκα - 1973 (F45) PLATON RUNNING TEAM	00:01:34 00:00:00	00:02:11 00:00:37	00:12:53 00:11:19	00:23:47 00:22:13	00:34:04 00:32:30	00:44:40 00:43:06	00:55:54 00:54:20	01:06:46 01:05:13
662	662	13	136	1527	ΠΑΤΣΟΥΛΕ ΑΓΓΕΛΙΚΗ Γυναίκα - 1969 (F50) ΑΘΛΟΚΙΝΗΣΗ	00:00:55 00:00:00	00:01:32 00:00:38	00:12:04 00:11:10	00:22:59 00:22:05	00:33:37 00:32:43	00:44:38 00:43:44	00:55:34 00:54:39	01:06:54 01:06:00
663	663	91	527	1073	ΑΚΡΙΤΙΔΗΣ ΜΙΛΤΙΑΔΗΣ Άνδρας - 1974 (M45) ΟΡΕΣΚΕΙΑ ΣΕΡΡΩΝ	00:00:12 00:00:00	00:00:39 00:00:27	00:10:25 00:10:13	00:21:19 00:21:08	00:32:26 00:32:15	00:43:58 00:43:46	00:55:16 00:55:04	01:06:56 01:06:45
664	664	99	528	1640	ΤΣΙΜΠΟΥΡΗΣ ΒΑΛΑΝΤΗΣ Άνδρας - 1975 (M40) novasports running team	00:01:29 00:00:00	00:02:08 00:00:39	00:12:55 00:11:27	00:23:52 00:22:23	00:34:29 00:33:00	00:45:48 00:44:19	00:56:33 00:55:04	01:06:58 01:05:29
665	665	102	529	1264	ΚΑΡΑΙΣΚΟΣ ΜΙΧΑΛΗΣ Άνδρας - 1990 (M)	00:01:48 00:00:00	00:02:22 00:00:35	00:12:59 00:11:12	00:24:19 00:22:32	00:34:58 00:33:11	00:46:07 00:44:19	00:56:45 00:54:57	01:07:00 01:05:13
666	666	103	530	1719	ΒΟΥΛΓΑΡΗΣ ΣΩΤΗΡΗΣ Άνδρας - 1989 (M)	00:01:47 00:00:00	00:02:22 00:00:35	00:12:59 00:11:12	00:24:19 00:22:32	00:34:58 00:33:11	00:46:06 00:44:19	00:56:44 00:54:57	01:07:00 01:05:13
667	667	104	531	1125	ΒΟΥΚΕΛΑΤΟΣ ΑΘΑΝΑΣΙΟΣ Άνδρας - 1989 (M)	00:01:47 00:00:00	00:02:22 00:00:36	00:12:59 00:11:13	00:24:19 00:22:32	00:34:58 00:33:12	00:46:07 00:44:21	00:56:44 00:54:58	01:07:01 01:05:15
668	668	105	532	1689	ΜΙΧΑΗΛΙΔΗΣ ΓΙΩΡΓΟΣ Άνδρας - 1991 (M) SALIGARIA	00:00:28 00:00:00	00:00:58 00:00:31	00:09:43 00:09:15	00:21:07 00:20:40	00:33:48 00:33:21	00:45:25 00:44:58	00:55:57 00:55:29	01:07:09 01:06:42
669	669	37	533	1790	ΣΦΗΚΑΚΗΣ ΠΕΤΡΟΣ Άνδρας - 1961 (M55)	00:00:46 00:00:00	00:01:16 00:00:31	00:10:20 00:09:35	00:20:53 00:20:08	00:31:58 00:31:13	00:43:47 00:43:02	00:55:21 00:54:36	01:07:18 01:06:33
670	670	106	534	1573	ΣΙΔΗΡΟΠΟΥΛΟΣ ΣΤΕΦΑΝΟΣ Άνδρας - 1985 (M)	00:01:36 00:00:00	00:02:11 00:00:35	00:12:26 00:10:50	00:23:22 00:21:47	00:34:01 00:32:25	00:45:34 00:43:58	00:56:18 00:54:43	01:07:18 01:05:42
671	671	20	137	1588	ΣΠΑΝΟΥ ΑΛΕΞΑΝΔΡΑ Γυναίκα - 1984 (F35)	00:01:06 00:00:00	00:01:47 00:00:41	00:12:25 00:11:20	00:23:10 00:22:04	00:33:44 00:32:38	00:44:55 00:43:50	00:55:52 00:54:46	01:07:20 01:06:14
672	672	107	535	1725	ΓΚΙΟΥΛΟΣ ΦΩΤΗΣ Άνδρας - 1991 (M)	00:01:25 00:00:00	00:02:02 00:00:38	00:12:37 00:11:12	00:23:00 00:21:35	00:33:16 00:31:52	00:44:10 00:42:46	00:55:40 00:54:15	01:07:23 01:05:59
673	673	21	138	1658	ΦΡΑΓΚΟΥ ΞΑΝΘΗ Γυναίκα - 1982 (F35)	00:00:55 00:00:00	00:01:31 00:00:36	00:11:26 00:10:31	00:21:41 00:20:47	00:32:08 00:31:13	00:43:14 00:42:19	00:54:34 00:53:39	01:07:25 01:06:30
674	674	100	536	1258	ΚΑΠΟΥΛΑΣ ΘΑΝΑΣΗΣ Άνδρας - 1979 (M40)	00:01:11 00:00:00	00:01:50 00:00:40	00:12:58 00:11:48	00:24:18 00:23:08	00:35:04 00:33:54	00:46:16 00:45:06	00:56:56 00:55:46	01:07:29 01:06:19
675	675	21	139	1576	ΣΚΑΡΛΑΤΟΥ ΜΑΡΙΑΛΕΝΑ Γυναίκα - 1991 (F)	00:00:59 00:00:00	00:01:35 00:00:37	00:11:59 00:11:01	00:22:32 00:21:34	00:33:15 00:32:17	00:44:28 00:43:30	00:55:46 00:54:48	01:07:32 01:06:34
676	676	88	537	1772	ΠΑΠΑΓΓΕΛΗΣ ΘΡΑΣΥΒΟΥΛΟΣ Άνδρας - 1982 (M35)	00:00:17 00:00:00	00:00:48 00:00:32	00:10:09 00:09:53	00:20:36 00:20:19	00:32:15 00:31:58	00:43:51 00:43:35	00:55:35 00:55:19	01:07:33 01:07:17
677	677	33	140	1194	ΔΟΥΒΟΓΙΑΝΝΗ ΕΦΗ Γυναίκα - 1978 (F40)	00:01:27 00:00:00	00:02:05 00:00:38	00:12:54 00:11:27	00:24:07 00:22:40	00:34:47 00:33:20	00:45:51 00:44:24	00:56:43 00:55:17	01:07:34 01:06:08
678	678	101	538	1835	ΠΑΠΑΔΗΜΗΤΡΟΠΟΥΛΟΣ ΓΙΩΡΓΟΣ Άνδρας - 1976 (M40) RUN N FUN	00:01:17 00:00:00	00:02:00 00:00:44	00:12:51 00:11:34	00:24:11 00:22:54	00:34:57 00:33:40	00:46:04 00:44:48	00:57:09 00:55:52	01:08:01 01:06:45

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
679	679	92	539	1836	ΣΕΝΔΕΛΙΔΗΣ ΘΕΟΔΩΡΟΣ Άνδρας - 1974 (M45) RUN N FUN	00:01:18 00:00:00	00:02:01 00:00:43	00:12:50 00:11:33	00:24:09 00:22:52	00:34:57 00:33:39	00:46:04 00:44:47	00:57:08 00:55:50	01:08:02 01:06:45
680	680	22	141	1358	ΛΑΜΠΑΔΙΑΡΗ ΕΒΙΤΑ Γυναίκα - 1984 (F35)	00:01:29 00:00:00	00:02:10 00:00:41	00:13:34 00:12:05	00:25:08 00:23:39	00:35:54 00:34:26	00:47:00 00:45:31	00:57:32 00:56:04	01:08:05 01:06:36
681	681	23	142	1253	ΚΑΝΑΚΗ ΜΑΡΙΑ Γυναίκα - 1981 (F35) ΕΚ ΠΑΡΑΔΡΟΜΕΙΣ	00:01:25 00:00:00	00:02:03 00:00:38	00:12:30 00:11:05	00:23:28 00:22:03	00:34:11 00:32:46	00:45:30 00:44:06	00:56:46 00:55:21	01:08:12 01:06:47
682	682	102	540	1656	ΦΛΕΣΟΥΡΑΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1979 (M40)	00:01:01 00:00:00	00:01:38 00:00:38	00:11:56 00:10:56	00:22:53 00:21:53	00:33:56 00:32:56	00:45:42 00:44:41	00:56:45 00:55:45	01:08:26 01:07:26
683	683	14	143	1128	ΒΡΑΚΑ ΒΙΚΥ Γυναίκα - 1966 (F50) ΑΘΛΟΚΙΝΗΣΗ	00:00:55 00:00:00	00:01:30 00:00:35	00:11:52 00:10:58	00:22:54 00:22:00	00:33:54 00:33:00	00:45:20 00:44:26	00:56:52 00:55:58	01:08:32 01:07:38
684	684	103	541	1459	ΞΕΦΤΕΡΗΣ ΑΝΤΩΝΗΣ Άνδρας - 1978 (M40)	00:01:05 00:00:00	00:01:45 00:00:40	00:12:59 00:11:54	00:24:37 00:23:32	00:35:16 00:34:12	00:46:00 00:44:56	00:57:14 00:56:09	01:08:34 01:07:30
685	685	89	542	1139	ΓΕΡΜΑΝΙΔΗΣ ΑΡΓΥΡΗΣ Άνδρας - 1981 (M35)	00:00:30 00:00:00	00:01:03 00:00:34	00:10:31 00:10:01	00:21:02 00:20:32	00:32:20 00:31:51	00:44:23 00:43:54	00:56:08 00:55:38	01:08:48 01:08:19
686	686	93	543	1452	ΝΙΧΩΡΛΗΣ ΧΡΗΣΤΟΣ Άνδρας - 1972 (M45)	00:01:39 00:00:00	00:02:17 00:00:39	00:13:30 00:11:51	00:24:37 00:22:59	00:35:06 00:33:27	00:46:12 00:44:33	00:57:30 00:55:52	01:08:55 01:07:16
687	687	21	544	1608	ΣΥΜΕΩΝΙΔΗΣ ΧΑΡΑΛΑΜΠΟΣ Άνδρας - 1956 (M60)	00:01:22 00:00:00	00:02:02 00:00:41	00:12:41 00:11:19	00:23:59 00:22:37	00:35:07 00:33:46	00:46:28 00:45:07	00:57:33 00:56:11	01:09:00 01:07:39
688	688	90	545	1434	ΜΠΕΝΟΓΛΟΥ ΑΡΙΣΤΟΤΕΛΗΣ Άνδρας - 1981 (M35)	00:00:54 00:00:00	00:01:32 00:00:39	00:11:47 00:10:54	00:22:44 00:21:51	00:33:33 00:32:40	00:45:19 00:44:26	00:57:13 00:56:20	01:09:04 01:08:11
689	689	24	144	1058	ΑΒΡΑΜΙΔΟΥ ΕΛΕΥΘΕΡΙΑ Γυναίκα - 1980 (F35) Α.Π.Σ. ΤΕΛΜΗΣΣΟΣ	00:00:29 00:00:00	00:01:03 00:00:35	00:12:16 00:11:48	00:23:46 00:23:18	00:34:56 00:34:27	00:46:34 00:46:06	00:57:53 00:57:25	01:09:04 01:08:36
690	690	5	546	1056	ΑΒΡΑΜΙΔΗΣ ΠΑΝΤΕΛΗΣ Άνδρας - 1941 (M70+) Α.Π.Σ. ΤΕΛΜΗΣΣΟΣ	00:00:28 00:00:00	00:01:03 00:00:35	00:12:16 00:11:48	00:23:46 00:23:18	00:34:57 00:34:29	00:46:34 00:46:06	00:57:53 00:57:25	01:09:04 01:08:37
691	691	13	547	1593	ΣΤΑΘΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1954 (M65)	00:01:01 00:00:00	00:01:40 00:00:40	00:12:35 00:11:34	00:23:58 00:22:57	00:35:21 00:34:20	00:46:49 00:45:48	00:58:02 00:57:02	01:09:07 01:08:06
692	692	22	548	1510	ΠΑΠΑΧΡΙΣΤΟΔΟΥΛΟΥ ΔΗΜΗΤΡΗΣ Άνδρας - 1955 (M60)	00:01:04 00:00:00	00:01:38 00:00:35	00:12:12 00:11:09	00:23:26 00:22:23	00:34:46 00:33:42	00:46:37 00:45:34	00:57:54 00:56:51	01:09:08 01:08:05
693	693	38	549	1816	ΤΡΙΧΑΚΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1962 (M55)	00:00:32 00:00:00	00:01:07 00:00:35	00:12:29 00:11:57	00:24:17 00:23:46	00:35:42 00:35:10	00:47:23 00:46:52	00:58:38 00:58:06	01:09:11 01:08:40
694	694	4	145	1350	ΚΩΝΣΤΑΝΤΙΝΟΥ ΧΡΙΣΤΙΝΑ Γυναίκα - 1955 (F60) ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	00:00:32 00:00:00	00:01:07 00:00:35	00:12:29 00:11:57	00:24:17 00:23:45	00:35:42 00:35:10	00:47:23 00:46:51	00:58:38 00:58:06	01:09:11 01:08:40
695	695	11	146	1721	ΓΑΒΑΛΑ ΔΗΜΗΤΡΑ Γυναίκα - 1989 (F30) WE RUN	00:01:03 00:00:00	00:01:47 00:00:45	00:12:48 00:11:46	00:23:59 00:22:57	00:34:30 00:33:28	00:45:53 00:44:51	00:57:31 00:56:29	01:09:20 01:08:18
696	696	108	550	1119	ΒΕΡΓΕΝΑΚΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1985 (M)	00:01:18 00:00:00	00:01:53 00:00:36	00:12:41 00:11:23	00:23:54 00:22:36	00:34:54 00:33:37	00:46:21 00:45:03	00:58:15 00:56:57	01:09:25 01:08:07
697	697	15	147	1327	ΚΟΥΜΠΑΤΗ ΜΑΡΙΑ Γυναίκα - 1969 (F50)	00:01:00 00:00:00	00:01:36 00:00:37	00:11:34 00:10:35	00:22:20 00:21:20	00:33:24 00:32:25	00:44:57 00:43:58	00:57:01 00:56:02	01:09:28 01:08:29
698	698	34	148	1500	ΠΑΠΑΜΑΝΤΕΛΛΟΥ ΣΥΛΒΙ Γυναίκα - 1975 (F40) We Run	00:01:03 00:00:00	00:01:44 00:00:41	00:11:58 00:10:55	00:22:35 00:21:33	00:33:05 00:32:02	00:43:35 00:42:32	00:57:02 00:55:59	01:09:31 01:08:28
699	699	91	551	1028	ΚΥΡΙΑΚΟΥΛΗΣ ΘΩΜΑΣ Άνδρας - 1980 (M35) Royal Crossfit	00:00:58 00:00:00	00:01:36 00:00:38	00:12:30 00:11:32	00:24:22 00:23:24	00:36:11 00:35:13	00:48:07 00:47:09	00:58:37 00:57:39	01:09:39 01:08:41
700	700	94	552	1219	ΖΕΓΚΟΣ ΣΩΤΗΡΗΣ Άνδρας - 1971 (M45)	00:00:45 00:00:00	00:01:24 00:00:39	00:12:30 00:11:45	00:24:12 00:23:27	00:35:19 00:34:34	00:46:59 00:46:15	00:58:08 00:57:24	01:09:41 01:08:56
701	701	109	553	1096	ΑΡΒΑΝΙΤΗΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1987 (M)	00:00:47 00:00:00	00:01:21 00:00:35	00:11:13 00:10:27	00:22:26 00:21:39	00:33:53 00:33:07	00:45:29 00:44:42	00:57:58 00:57:12	01:09:51 01:09:05
702	702	68	554	1752	ΛΙΑΠΗΣ ΙΩΑΝΝΗΣ Άνδρας - 1965 (M50) ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	00:00:30 00:00:00	00:01:06 00:00:36	00:11:03 00:10:33	00:22:03 00:21:33	00:33:49 00:33:19	00:45:59 00:45:30	00:58:07 00:57:37	01:09:57 01:09:28

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
703	703	7	149	1642	ΤΣΙΠΑΡΗ ΜΑΡΙΑ Γυναίκα - 1964 (F55) ΑΠΟΛΛΩΝ ΔΥΤΙΚΗΣ ΑΤΤΙΚΗΣ	00:00:23 00:00:00	00:00:58 00:00:35	00:11:39 00:11:16	00:23:15 00:22:52	00:34:35 00:34:12	00:46:33 00:46:10	00:58:23 00:58:00	01:10:04 01:09:41
704	704	92	555	1520	ΠΑΣΑΛΑΡΗΣ ΤΑΣΟΣ Άνδρας - 1983 (M35)	00:00:17 00:00:00	00:00:42 00:00:26	00:10:40 00:10:24	00:22:11 00:21:55	00:33:33 00:33:17	00:45:50 00:45:34	00:57:48 00:57:31	01:10:19 01:10:03
705	705	104	556	1436	ΜΠΟΜΠΟΥΛΟΣ ΜΙΛΤΙΑΔΗΣ Άνδρας - 1979 (M40)	00:01:05 00:00:00	00:01:42 00:00:37	00:12:37 00:11:32	00:23:56 00:22:51	00:34:22 00:33:17	00:46:10 00:45:05	00:57:50 00:56:45	01:10:26 01:09:21
706	706	16	150	1316	ΚΟΡΩΝΑΡΧΗ ΒΑΣΙΛΙΚΗ Γυναίκα - 1967 (F50) ΑΘΛΟΚΙΝΗΣΗ ΝΕΟΥ ΗΡΑΚΛΕΙΟΥ	00:00:55 00:00:00	00:01:32 00:00:38	00:12:53 00:11:59	00:24:56 00:24:02	00:36:06 00:35:11	00:47:51 00:46:57	00:59:01 00:58:07	01:10:28 01:09:34
707	707	95	557	1521	ΠΑΣΠΑΤΗΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1970 (M45) ΣΦΑΚΙΑΝΑΚΙΣ RUNNING TEAM	00:00:25 00:00:00	00:00:59 00:00:34	00:10:41 00:10:16	00:22:47 00:22:22	00:34:52 00:34:27	00:46:53 00:46:28	00:58:55 00:58:30	01:10:54 01:10:29
708	708	96	558	1732	ΖΕΡΒΟΣ ΔΙΟΝΥΣΗΣ Άνδρας - 1972 (M45) ΑΠΣ ΜΙΛΤΙΑΔΗΣ ΜΑΡΑΘΩΝΟΣ	00:01:16 00:00:00	00:01:54 00:00:39	00:12:17 00:11:02	00:22:45 00:21:29	00:34:17 00:33:02	00:46:35 00:45:19	00:59:08 00:57:53	01:11:14 01:09:59
709	709	39	559	1407	ΜΟΥΖΟΥΡΑΚΗΣ ΕΜΜΑΝΟΥΗΛ Άνδρας - 1962 (M55) Α.Π.Σ. ΑΠΟΛΛΩΝ ΔΥΤΙΚΗΣ ΑΤΤΙΚΗΣ	00:00:25 00:00:00	00:01:00 00:00:35	00:11:37 00:11:12	00:23:12 00:22:48	00:34:34 00:34:10	00:46:46 00:46:21	00:58:52 00:58:28	01:11:15 01:10:50
710	710	69	560	1767	ΝΙΝΟΣ ΓΙΑΝΝΗΣ Άνδρας - 1967 (M50) ΑΠΣ ΜΙΛΤΙΑΔΗΣ ΜΑΡΑΘΩΝΟΣ	00:01:16 00:00:00	00:01:54 00:00:39	00:12:17 00:11:02	00:22:53 00:21:38	00:34:17 00:33:02	00:46:35 00:45:19	00:59:09 00:57:53	01:11:20 01:10:05
711	711	25	151	1343	ΚΥΡΙΑΚΙΔΗ ΑΝΘΟΥΛΑ Γυναίκα - 1983 (F35) The spot	00:00:11 00:00:00	00:00:41 00:00:30	00:10:40 00:10:30	00:22:10 00:22:00	00:34:01 00:33:51	00:46:28 00:46:17	00:58:41 00:58:31	01:11:27 01:11:17
712	712	8	152	1048	FABRO CONCHITA Γυναίκα - 1960 (F55)	00:00:18 00:00:00	00:00:48 00:00:31	00:11:36 00:11:18	00:23:20 00:23:03	00:35:21 00:35:03	00:47:17 00:47:00	00:59:11 00:58:54	01:11:33 01:11:16
713	713	70	561	1256	ΚΑΠΙΤΣΑΛΑΣ ΜΑΡΙΟΣ Άνδρας - 1966 (M50) ΣΦΑΚΙΑΝΑΚΙΣ RUNNING TEAM	00:00:26 00:00:00	00:01:06 00:00:40	00:11:38 00:11:12	00:22:39 00:22:14	00:34:18 00:33:52	00:47:37 00:47:11	00:59:27 00:59:01	01:11:39 01:11:13
714	714	105	562	1414	ΜΟΥΣΤΑΚΑΣ ΠΕΤΡΟΣ Άνδρας - 1976 (M40)	00:00:59 00:00:00	00:01:42 00:00:44	00:12:17 00:11:18	00:23:43 00:22:45	00:34:39 00:33:41	00:46:49 00:45:51	00:58:40 00:57:41	01:11:51 01:10:52
715	715	22	153	1317	ΚΟΤΣΙΝΗ ΑΓΛΑΪΑ Γυναίκα - 1992 (F)	00:01:24 00:00:00	00:02:04 00:00:41	00:12:36 00:11:13	00:23:17 00:21:54	00:34:59 00:33:36	00:47:28 00:46:04	00:59:49 00:58:25	01:11:51 01:10:28
716	716	110	563	1364	ΛΕΠΤΟΚΑΡΙΔΗΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1987 (M)	00:01:24 00:00:00	00:02:04 00:00:41	00:12:36 00:11:13	00:23:09 00:21:46	00:34:59 00:33:36	00:47:27 00:46:04	00:59:48 00:58:25	01:11:51 01:10:28
717	717	106	564	1694	ΒΙΤΣΑΞΑΚΗΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1977 (M40)	00:01:31 00:00:00	00:02:10 00:00:39	00:13:35 00:12:05	00:25:54 00:24:23	00:37:01 00:35:31	00:48:39 00:47:08	00:59:52 00:58:21	01:12:01 01:10:31
718	718	107	565	1696	ΠΕΤΡΑΚΗΣ ΙΩΑΝΝΗΣ Άνδρας - 1979 (M40)	00:01:33 00:00:00	00:02:11 00:00:39	00:13:35 00:12:03	00:26:26 00:24:54	00:37:01 00:35:29	00:48:14 00:46:42	00:59:51 00:58:19	01:12:07 01:10:35
719	719	108	566	1492	ΠΑΠΑΘΑΝΑΣΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1979 (M40) ΔΡΟΜΕΙΣ ΚΑΙ ΟΧΙ ΜΟΝΟ	00:01:31 00:00:00	00:02:10 00:00:40	00:13:35 00:12:04	00:25:53 00:24:23	00:37:01 00:35:30	00:48:38 00:47:08	00:59:50 00:58:19	01:12:07 01:10:37
720	720	109	567	1727	ΓΟΥΣΙΑΣ ΣΕΡΑΦΕΙΜ Άνδρας - 1976 (M40)	00:00:46 00:00:00	00:01:20 00:00:35	00:11:18 00:10:33	00:22:01 00:21:16	00:33:52 00:33:07	00:46:29 00:45:43	00:58:50 00:58:05	01:12:12 01:11:26
721	721	40	568	1022	ΛΙΑΝΕΡΗΣ ΙΩΑΝΝΗΣ Άνδρας - 1963 (M55)	00:00:57 00:00:00	00:01:35 00:00:39	00:12:25 00:11:28	00:23:50 00:22:54	00:35:10 00:34:14	00:47:17 00:46:21	00:59:52 00:58:56	01:12:32 01:11:35
722	722	71	569	1674	ΧΡΙΣΤΟΔΟΛΟΥΛΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1965 (M50) PLATON RUNNING TEAM	00:01:34 00:00:00	00:02:11 00:00:38	00:12:53 00:11:19	00:23:48 00:22:15	00:35:30 00:33:56	00:47:58 00:46:24	01:00:35 00:59:02	01:12:44 01:11:11
723	723	27	154	1408	ΜΟΥΜΤΖΗ ΣΟΦΙΑ Γυναίκα - 1974 (F45)	00:00:58 00:00:00	00:01:42 00:00:44	00:13:33 00:12:35	00:25:53 00:24:55	00:37:18 00:36:21	00:49:14 00:48:16	01:00:35 00:59:38	01:12:49 01:11:51

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ. ομάδα) - Εθνικ. Ομάδα/Σύλλογος/Εταιρεία/Οργανισμός	Start	Split 1	1.67 km	3.33 km	5km	6.66 km	8.33 km	Finish
724	724	17	155	1788	ΣΤΟΥΜΠΟΥ ΑΓΓΕΛΙΚΗ Γυναίκα - 1968 (F50)	00:01:16 00:00:00	00:01:51 00:00:36	00:13:06 00:11:50	00:24:42 00:23:27	00:36:06 00:34:50	00:48:11 00:46:56	01:00:20 00:59:05	01:13:07 01:11:51
725	725	93	570	1120	ΒΕΡΕΡΑΚΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1982 (M35)	00:00:58 00:00:00	00:01:36 00:00:39	00:12:48 00:11:51	00:25:19 00:24:21	00:37:16 00:36:18	00:49:54 00:48:57	01:01:44 01:00:46	01:13:20 01:12:22
726	726	94	571	1267	ΚΑΡΑΜΑΝΟΣ ΑΝΑΣΤΑΣΙΟΣ Άνδρας - 1981 (M35)	00:00:35 00:00:00	00:01:10 00:00:36	00:11:22 00:10:48	00:22:34 00:22:00	00:34:20 00:33:46	00:46:52 00:46:18	00:59:41 00:59:07	01:13:40 01:13:06
727	727	95	572	1650	ΤΣΩΛΗΣ ΑΝΑΣΤΑΣΙΟΣ Άνδρας - 1981 (M35) RUNNER STORE TEAM	00:00:49 00:00:00	00:01:27 00:00:38	00:12:36 00:11:47	00:25:12 00:24:23	00:36:55 00:36:07	00:49:10 00:48:21	01:01:43 01:00:54	01:13:48 01:12:59
728	728	72	573	1062	ΑΓΓΕΛΗΣ ΒΑΣΙΛΕΙΟΣ Άνδρας - 1966 (M50) NOVASPORTS Running Team	00:01:29 00:00:00	00:02:09 00:00:41	00:14:10 00:12:42	00:26:21 00:24:53	00:37:51 00:36:23	00:50:03 00:48:35	01:01:41 01:00:13	01:14:06 01:12:38
729	729	5	156	1431	ΜΠΕΓΚΑ ΑΓΓΕΛΙΚΗ Γυναίκα - 1958 (F60)	00:00:43 00:00:00	00:01:20 00:00:37	00:12:19 00:11:36	00:24:10 00:23:27	00:36:02 00:35:19	00:48:31 00:47:48	01:01:00 01:00:17	01:14:16 01:13:33
730	730	73	574	1637	ΤΣΙΓΓΙΣΤΡΑ ΕΛΕΝΗ Άνδρας - 1966 (M50) ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	00:00:31 00:00:00	00:01:07 00:00:36	00:12:29 00:11:58	00:24:17 00:23:46	00:35:45 00:35:14	00:47:26 00:46:55	01:01:02 01:00:31	01:14:19 01:13:48
731	731	41	575	1514	ΠΑΡΑΣΚΕΥΑΔΗΣ ΧΡΗΣΤΟΣ Άνδρας - 1960 (M55) ΣΦΑΚΙΑΝΑΚΙΣ RUNNING TEAM	00:00:27 00:00:00	00:01:06 00:00:40	00:12:34 00:12:07	00:25:02 00:24:35	00:37:19 00:36:52	00:50:43 00:50:16	01:02:47 01:02:20	01:15:07 01:14:40
732	732	110	576	1321	ΚΟΥΔΟΥΝΑΣ ΑΘΑΝΑΣΙΟΣ Άνδρας - 1979 (M40)	00:01:21 00:00:00	00:02:03 00:00:42	00:13:02 00:11:41	00:25:23 00:24:02	00:37:41 00:36:20	00:50:38 00:49:18	01:02:47 01:01:27	01:15:26 01:14:06
733	733	96	577	1591	ΣΠΥΡΟΥ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1983 (M35)	00:01:21 00:00:00	00:02:03 00:00:42	00:13:02 00:11:41	00:25:23 00:24:02	00:37:41 00:36:20	00:50:38 00:49:17	01:02:47 01:01:26	01:15:27 01:14:06
734	734	23	157	1196	ΔΡΑΚΟΥΛΗ ΦΡΟΣΥΝΗ Γυναίκα - 1996 (F) Adidas Runners	00:01:11 00:00:00	00:01:49 00:00:38	00:12:40 00:11:29	00:25:35 00:24:24	00:38:25 00:37:15	00:50:39 00:49:28	01:02:53 01:01:42	01:15:36 01:14:25
735	735	111	578	1734	ΘΕΟΔΩΡΟΠΟΥΛΟΣ ΘΑΝΟΣ Άνδρας - 1978 (M40)	00:00:22 00:00:00	00:00:54 00:00:33	00:11:01 00:10:40	00:22:31 00:22:10	00:34:55 00:34:34	00:47:39 00:47:18	01:01:30 01:01:09	01:16:06 01:15:44
736	736	23	579	1684	ΜΑΥΡΙΔΗΣ ΘΕΟΔΩΡΟΣ Άνδρας - 1956 (M60)	00:01:12 00:00:00	00:01:53 00:00:42	00:13:34 00:12:23	00:26:32 00:25:21	00:38:31 00:37:19	00:50:56 00:49:45	01:03:38 01:02:27	01:16:07 01:14:55
737	737	24	580	1122	ΒΛΟΝΤΑΡΤΖΙΚ ΓΙΩΡΓΟΣ Άνδρας - 1957 (M60)	00:01:10 00:00:00	00:01:48 00:00:39	00:12:31 00:11:21	00:24:59 00:23:50	00:37:36 00:36:26	00:50:42 00:49:33	01:03:42 01:02:33	01:16:34 01:15:24
738	738	26	158	1095	ΑΡΒΑΝΙΤΗ ΓΕΩΡΓΙΑ Γυναίκα - 1984 (F35)	00:01:27 00:00:00	00:02:05 00:00:38	00:12:54 00:11:27	00:24:22 00:22:56	00:37:20 00:35:54	00:50:12 00:48:45	01:03:42 01:02:15	01:16:44 01:15:17
739	739	35	159	1549	ΡΗΤΑ ΣΤΕΛΛΑ Γυναίκα - 1978 (F40) ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	00:00:21 00:00:00	00:00:53 00:00:33	00:12:31 00:12:11	00:25:17 00:24:57	00:37:55 00:37:35	00:51:06 00:50:45	01:04:16 01:03:56	01:18:12 01:17:52
740	740	97	581	1380	ΜΑΛΑΜΑΣ ΦΩΤΟΔΟΤΗΣ Άνδρας - 1970 (M45)	00:01:10 00:00:00	00:01:50 00:00:40	00:13:52 00:12:43	00:27:11 00:26:01	00:40:35 00:39:26	00:54:38 00:53:28	01:07:12 01:06:02	01:20:16 01:19:06
741	741	98	582	1202	ΕΞΑΡΧΟΣ ΗΛΙΑΣ Άνδρας - 1972 (M45)	00:01:37 00:00:00	00:02:15 00:00:39	00:14:25 00:12:49	00:27:43 00:26:07	00:41:34 00:39:58	00:55:32 00:53:56	01:08:47 01:07:10	01:22:12 01:20:36
742	742	42	583	1433	ΜΠΕΛΛΟΣ ΗΛΙΑΣ Άνδρας - 1964 (M55) ΑΠΣ ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ	00:01:36 00:00:00	00:02:15 00:00:40	00:14:25 00:12:49	00:27:45 00:26:10	00:41:42 00:40:07	00:55:34 00:53:58	01:08:47 01:07:11	01:22:13 01:20:37
743	743	28	160	1478	ΠΑΠΑΔΑΤΟΥ ΑΝΝΑ Γυναίκα - 1973 (F45) ΣΦΑΚΙΑΝΑΚΗΣ RUNNING TEAM	00:01:09 00:00:00	00:01:49 00:00:40	00:14:52 00:13:44	00:26:15 00:25:06	00:41:17 00:40:09	00:52:10 00:51:02	-	01:24:18 01:23:09
744	744	74	584	1541	ΠΡΟΥΝΤΖΟΣ ΘΕΟΔΩΡΟΣ Άνδρας - 1969 (M50) RUNNER STORE TEAM	00:00:50 00:00:00	00:01:27 00:00:38	00:12:36 00:11:46	00:25:16 00:24:26	00:38:05 00:37:15	00:52:21 00:51:31	01:08:14 01:07:24	01:24:45 01:23:55
745	745	1	161	1748	ΚΥΡΛΗ ΟΛΥΜΠΙΑ Γυναίκα - 1944 (F70+) ΑΠΣ ΤΕΛΜΗΣΣΟΣ	00:00:45 00:00:00	00:01:30 00:00:45	00:15:53 00:15:08	00:31:52 00:31:07	00:46:34 00:45:49	01:01:36 01:00:51	01:17:45 01:17:00	01:32:30 01:31:46